College: Bharati college, University of Delhi

Society: UBA committee Date: 14 July, 2024

Title: Chaukhandi Medical Camp and Health Awareness Campaign

Program: Unnat Bharat Abhiyan

Summary:

The UBA Committee of Bharati College in partnership with Sewa Bharati, YUVA, NSS Bharati and NMO came together on 14th July, 2024 to make a difference in our community's health by organising a medical camp and health awareness campaign in Chaukhandi village. Delhi. This initiative was part of the ongoing efforts to improve public health and sanitation standards in rural communities. Recognizing the critical role that education and practical interventions play in fostering healthy living environments, the program aimed to engage the villagers through a series of informative and interactive activities. The primary objectives were to provide healthcare services to the villagers, educate the residents on essential health practices, encourage better hygiene habits, and inspire collective action towards maintaining a clean and healthy village. The camp had a major success with approximately 90 people participating and getting their health checked. The age group of people were 40 to 65. The ratio of males and females was almost the same. The team of volunteers also went door to door to spread awareness about the importance of health and sanitation and prevention from diseases like malaria and dengue during rainy seasons. The Health and Sanitation Awareness Program and Survey was a significant step towards fostering a healthier and cleaner community. Also, volunteers led a powerful Health and Awareness rally, spreading crucial messages about hygiene, cleanliness, waterborne diseases and community health.

Objectives:

- 1. To offer medical assistance to the residents of Chaukhandi village.
- 2. To diagnose and treat common health issues prevalent in the community.
- 3. To conduct awareness rally and door to door campaign to effectively communicate and aware the villagers about healthcare and hygiene practices

Key Participants:

- 1.Student volunteers and teachers from Bharati College
- 2. Medical professionals Dr. Pawan, Dr. Santosh and Dr. Rashmi
- 3. Volunteers from Sewa Bharti, YUVA and NSS Bharati
- 4. Residents of Chaukhandi village

Key Outcomes:

- 1. 90 villagers attended the medical camp seeking assistance for various health problems.
- 2. Common health issues addressed included headaches, body pain, eye problems, throat infections, blood pressure/sugar diagnosis, allergies, and general check-ups.

- 3. Medical professionals provided consultations, medications, and referrals for further treatment when necessary.
- 4. Health education sessions were conducted to promote preventive healthcare practices.
- 5. The male to female ratio was almost the same and the major age group observed were between 40 to 65.
- 6. Rally and door to door campaign were conducted to spread awareness among the villagers regarding cleanliness and various diseases caused by the garbage and water collection.
- 7. Villagers seemed to be content and they encouraged their family and friends to actively participate in the same.

Achievements:

- 1. Successfully provided medical care to 90 villagers.
- 2. Diagnosed and treated a range of health concerns effectively.
- 3. Raised awareness about healthcare and hygiene practices in the community.
- 4. Strengthened the bond between Bharati College, Sewa Bharati, YUVA and the residents of Chaukhandi Village.
- 5. The successful rally and door to door awareness programs had a positive impact on the villagers, promoting health and cleanliness.

Conclusion:

The medical camp and health awareness campaign organized by the UBA Committee of Bharati College in collaboration with Sewa Bharati, YUVA and NMO in Chaukhandi Village on 14th July, 2024 turned out to be a wonderful success. The event not only provided essential healthcare services and awareness about health and cleanliness to the villagers but also fostered a sense of community engagement and support. The interactive sessions with the villagers were particularly impactful, as they helped build a stronger connection between healthcare providers and the community, allowing for a better understanding of essential health and hygiene practices. Such initiatives are crucial in bridging the health gap and enhancing well-being in disadvantaged communities like Chaukhandi Village.













