

UNNAT BHARATH ABHIYAN

Report

Title: Awareness on Blood donation and its importance

Date: 07-10-2024

Time: 11.00 AM to 12.30PM

Location: GMR Institute of Technology, Rajam

Facilitator/Chair: Sri R L Naidu garu

Attendees: GMRIT students,

An awareness program on ****Blood Donation and Its Importance**** was organized by R.L. Naidu Garu, with active participation from 87 students. The objective of this program was to educate students about the significance of blood donation, clear misconceptions, and encourage voluntary blood donation for the greater benefit of society.

The key objectives of the awareness session were:

- To highlight the critical need for blood donations in saving lives.
- To inform students about the eligibility criteria and health benefits of donating blood.
- To encourage students to become regular blood donors.
- To debunk myths surrounding blood donation, ensuring that potential donors feel safe and confident in donating.

Key Highlights of the Awareness Program

1. Presentation by R.L. Naidu Garu:

R.L. Naidu Garu opened the session by giving a detailed presentation on the importance of blood donation. He explained how blood shortages affect hospitals, especially during emergencies, and the importance of having a constant supply of safe and healthy blood.

The presentation included:

Statistics on Blood Donation: Facts about how many lives are saved annually through donations.

Eligibility for Blood Donation: Detailed information on who can donate, including age, weight, and health conditions.

Process of Donation: Step-by-step details of what happens during blood donation, from registration to post-donation care.

Health Benefits for Donors: R.L. Naidu Garu explained how blood donation can also benefit the donor by promoting healthy blood regeneration and potentially reducing the risk of heart disease.

2. Interactive Session with Students:

After the presentation, there was an interactive Q&A session. Students raised questions about their eligibility, the safety of the donation process, and concerns about health risks. R.L. Naidu Garu and health experts present at the event patiently answered all queries, helping to debunk common myths surrounding blood donation.

3. Live Testimonial from Donors:

The program also featured testimonials from regular blood donors, who shared their experiences, reinforcing the ease and importance of donating blood. Their stories helped inspire the students to consider becoming donors themselves.

4. Call to Action:

R.L. Naidu Garu concluded the session by urging students to take a pledge to donate blood at least once every year. He emphasized the importance of creating a culture of giving and solidarity, especially among young people.

Student Feedback

The 87 students who participated expressed a deeper understanding of the importance of blood donation after the session. Many admitted that they had prior misconceptions about blood donation but felt reassured by the information shared. Some students expressed interest in organizing a blood donation drive on campus in the near future.

Outcome and Future Initiatives

- ****Increased Awareness:**** The session successfully raised awareness among students about the life-saving impact of blood donation.
- ****Volunteer Sign-Up:**** A significant number of students signed up to volunteer in future blood donation camps and to participate as donors.
- ****Plans for a Blood Donation Drive:**** Discussions have begun for organizing a blood donation camp at the institution, facilitated by R.L. Naidu Garu, to turn awareness into immediate action.

Conclusion

The blood donation awareness program led by R.L. Naidu Garu was a great success, engaging 87 students and imparting crucial knowledge about the significance of donating blood. This initiative not only educated participants but also inspired them to take part in future donation drives, fostering a culture of social responsibility and compassion among the youth.

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