



UNNAT BHARATH ABHIYAN

Title	Awareness on Food Adulteration
Date	09-11-2024
Time	9.00 AM to 1PM
Location	Balakavi Valasa
Facilitator/Chair	Sri CLVRSV Prasad garu
Attendees	GMRIT students, College Management, Village President Chandra Sekhar garu and other

Date: 07-11-2024

Rajam

To
The Principal
GMR Institute of Technology
Rajam

Subject: Request for Permission and Support for UBA Grama Sabha and Household Survey at Balakavivalasa & Paarampeta

Dear Sir,

As part of the Unnat Bharat Abhiyan, our team will visit Balakavivalasa to participate in the Grama Sabha and conduct a household survey on 9/11/2024 (Saturday). Therefore, I kindly request your permission to carry out this activity.

Additionally, I would like to request transportation arrangements and lunch provisions for 60 students. We plan to complete the morning session (9 AM to 12.30 PM) at Balakavivalasa and the afternoon session (1.30 PM to 4 PM) at Paarampeta.

Thank you for your support

Yours Sincerely

Dr. D. Tejeswararao

UBA Coordinator

Objective of the Visit

As part of the Unnat Bharat Abhiyan (UBA) initiative, the GMRIT UBA team visited Balakavivalasa with the objective of creating awareness about food adulteration and promoting safe food practices. This program aimed to educate villagers on identifying adulterated food products and the health risks associated with consuming such items.

Activities Conducted

1. Awareness on Food Adulteration

- Our students conducted interactive sessions in which they demonstrated simple, practical experiments to help villagers identify adulterants in everyday spices such as tea powder, turmeric powder, and chili powder.
- These demonstrations included showing how to check for common adulterants that may affect quality and health, empowering villagers with tools to assess food safety independently.

2. House-to-House Interaction

- The team visited each household in the village, ensuring every family was personally involved in the awareness drive. This approach fostered direct engagement and allowed villagers to ask questions and gain confidence in food safety practices.

3. Education on Food Preservation and Packaging

- Our team discussed the importance of proper food packaging and the use of preservatives. Information was provided on how certain preservatives, though widely used, can affect health over time. The session encouraged villagers to be cautious with packed foods and to look for reliable sources.

Outcome and Response

The initiative received a positive response from the villagers, with many expressing appreciation for the knowledge shared. Villagers were eager to learn about food safety, and the hands-on demonstrations were well-received, providing practical value and immediate application in their daily lives.

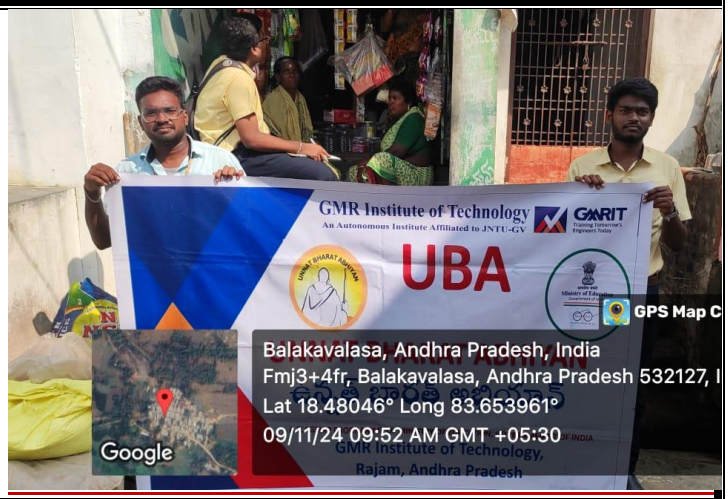
Remarks by Village President

The village president Sri Chandrasekhar garu praised the efforts of the GMRIT UBA team, acknowledging the program's impact in promoting health and safety within the community. The president commended the students for their dedication and encouraged ongoing collaboration to further benefit the village.

Conclusion

The visit to Balakavivalasa was successful, achieving its goal of raising awareness about food adulteration and empowering villagers to make informed choices about the food they consume. The GMRIT UBA team plans to continue similar initiatives, building on the success of this visit to foster health and well-being across other communities.

Photos



Signature Statement

GMR Institute of Technology
An Autonomous Institute Affiliated to JNTU GV, Vizianagaram



UBA

Date: 09/11/2025

Signature Statement

S.No.	Name of the Student	JNTU Number	Year	Signature
1.	T. Tammai	24341A05M5	I	T. Tammai
2.	T.V. Srivalli	24341A05N6	I	T.V. Srivalli
3.	v. Samyuktha	24341A04J6	I	v. Samyuktha
4.	A. Meenakshi	24341A0510	I	Ameen
5.	m. venu	24341A0496	I st	m. venu
6.	A. Santosh preetam	24341A03A7	I st	A.P.P.
7.	R. Ramdarsidhima	24341A0196	I st	Ram
8.	B. Syamal Rao	24341A4218	I st	Syamal Rao
9.	U. Krishna	24341A0201	I st	Krishna
10.	Y. Shanmukh Sai	24341A0502	I st	Y. Shanmukh Sai
11.	m. Gopi	24341A0373	I st	Gopi
12.	P. Babani sankar	24341A0389	I st	P. Babani
13.	S. V. Lalitha	24341A4201	I st	S. Lalitha
14.	R. V. Kus	24341A0511	I st	V. Kus
15.	G. V. S. Narayana	24341A0494	I st	G. V. S. N
16.	K. Deepika	24341A05E3	I st	Deepika
17.	K. Ratnaji	24341A4526	I st	Ratnaji
18.	U. Pranavi	24341A4200	I st	Pranavi
19.	D. Prasuna	24341A0328	I st	D. Prasuna
20.	P. Anurtha	22341A04E5	3 rd	P. Anurtha
21.	P. Chandana	22341A04D1	3 rd	P. Chandana
22.	P. Dharrani	22341A05E4	3 rd	P. Dharrani


UBA Coordinator Signature

Date:

Signature Statement

<u>S.No.</u>	<u>Name of the Student</u>	<u>JNTU Number</u>	<u>Year</u>	<u>Signature</u>
23	P. Nikitha	22341A4545	III rd	Nikitha
24	P. Nanditha	22341A05B6	III rd	P.Nanditha
25	P. Saurala	22341A1297	III rd	P. Saurala
26	D. Parani	24341A0440	I st	D. Parani
27	S. Harsh vardhan Raju	22341A4551	III rd	S. Harsh vardhan Raju
28	N. Durga Prasada	22341A4539	III rd	N. Durga Prasada
29	K. Bhuvan	22345A1204	III rd	K. Bhuvan
30	M. Abhinav Anja	23345A1211	III rd	M. Abhinav Anja
31	B. V. N. Murthy	22341A0319	III rd year	B. V. N. Murthy
32	K. S. S. Karthik	22341A0485	3 rd year	K. S. S. Karthik
33	B. Harsh vardhan	22341A1218	3 rd year	B. Harsh vardhan

[Signature]
UBA Coordinator Signature