



Ph. : 0177-2640091
Mob. : 98160-24917, 98163-21042

Shivalik Institute of Nursing

(Run by Shivalik Educational Welfare Society-Regd.)

CHIBBER COMPLEX, KAMLA NAGAR, SANJAULI, SHIMLA - 6

Recognised by : Indian Nursing Council, New Delhi and Govt. of Himachal Pradesh

Affiliated to : Atal Medical & Research University, Ner Chowk & HPNRC

Email : shivalikshimla@gmail.com Website : shivaliknursingshimla.com

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Report on Unnat Bharat Foundation Day Celebration

Shivalik Institute of Nursing Marks UBA Foundation Day with Community Service

Date: November 11, 2025

Prepared by: Mrs. Parul and Ms. Priya

Location: Mashobra Village (Adopted Village), [Shimla, Himachal Pradesh]

1. Introduction

Shivalik Institute of Nursing proudly celebrated the Unnat Bharat Abhiyan (UBA) Foundation Day on Tuesday, November 11, 2025. This celebration highlighted the institute's commitment to community welfare and social responsibility, which are core values of the UBA program. Our team conducted a special outreach and donation program in Mashobra Village.

2. Focus of the Program

The celebration's theme was 'Empowerment Through Health and Dignity.' The main goal was to provide support and essential health donations to institutions caring for women and girls in the local community of Mashobra.

3. Detailed Outreach and Donation Drive in Mashobra

The team from Shivalik Institute of Nursing, including students and faculty, successfully carried out a comprehensive two-part distribution and donation drive:

Visit 1: Women's Care Home

* Location: Mashobra area, which houses around 13 residents.

* Donation: The team provided a donation of essential sanitary napkins and refreshments to the residents.

* Support: This contribution was aimed at ensuring menstrual hygiene access and providing nutritional support to the women in the care home.

Visit 2: Girls' Home - Main Program Site

* Location: Mashobra the main venue for the program, which is home to approximately 52 to 53 girls.

* Donation: As part of the main program, the team distributed essential sanitary napkins to all the girls, along with refreshments.

* Interaction: The students emphasized the importance of self-care and hygiene. This donation was a valuable step towards promoting health and education among young girls.

4. Conclusion

The Unnat Bharat Foundation Day celebration was a meaningful success for the Shivalik Institute of Nursing. By making valuable donations of sanitary napkins and refreshments at Mashobra, This experience was highly motivating for all participating students and faculty members.

