



UNNAT BHARAT ABHIYAN (UBA) CELL
IN COLLABORATION
with
FITNESS CLUB - MIMT
Organises
"RURAL PHYSICAL ACTIVITY ENHANCEMENT INITIATIVE - UBA"

Date

25th November, 2025

Venue

Village Tugalpur, Greater Noida

Timing

9:30 AM to 2:30 PM

Toll Free : 1800 103 3797 | www.mangalmay.net.in
Plot No. 8 & 9, Knowledge Park-II, Greater Noida, Delhi-NCR, India

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NOTICE

Date: 22-11-2025

The Unnat Bharat Abhiyan Cell of Mangalmay Institute of Management and Technology is hereby informing all the students of BBA that a **Sports Drive (Theme – Rural Physical Activity Enhancement Initiative- UBA)** is scheduled and for the said activity details are as follows:

Name of the Activity: Sports Drive (Theme – Rural Physical Activity Enhancement Initiative - UBA)

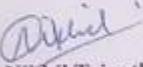
Date: 25th November 2025

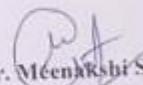
Time: 10:00 AM to 2:00 PM

Venue: Community Play Ground, Tugalpur, Greater Noida

Activity Coordinators: Mr. Nikhil Tripathi, Mr. Abhay Varshney and Mr. Vishal Mavi Faculty, MIMT

Note: Interested Candidate will give their name to Mr. Nikhil Tripathi, Faculty MIMT till 24.11.2025.


Mr. Nikhil Tripathi
(UBA Coordinator)


Dr. Meenakshi Sharma
(Associate Director)

CC to:
Principal, MIMT
IQAC Coordinator
HOD/Coordinators
Faculty members
Student Notice Board
Office file



Report

Name of Activity	<u>Rural Physical Enhancement Initiative - UBA</u>
Date	25 th November, 2025 (Tuesday)
Time	10:30a.m.–01:30p.m.
Venue	Village-Tugalpur, Greater Noida
Organized by	Unnat Bharat Abhiyan Cell, MIMT
Participated by	18 Students of B.B.A.
Beneficiaries	36 Children of Tugalpur.
Activity In-charge	Mr. Nikhil Tripathi Faculty, MIMT Mr. Abhay Varshney Faculty, MIMT Mr. Vishal Mavi, Faculty and Sports Cordinator, MIMT
Objectives	Encourage children to stay active, develop motor skills, and adopt healthy habits through regular sports participation. To foster a sense of social responsibility and compassion among students and volunteers. <ol style="list-style-type: none">1. To promote community engagement and strengthen the bond between the institution and local communities.2. To raise awareness about the importance of collective efforts in addressing societal needs.3. To encourage participation in sustainable and impactful extension activities for holistic development.
Content	The Unnat Bharat Abhiyan Cell of MIMT organized a Rural physical enhancement initiative as an Extension Activity in the village Tugalpur, Greater Noida. The Rural Physical Enhancement Initiative is designed to promote fitness, teamwork, and active living among children and youth in rural communities through structured sports activities. This initiative aims to create an inclusive and engaging environment where participants can develop essential physical skills, build confidence, and cultivate healthy lifestyle habits. Through activities such as athletics, local traditional games, team sports, and guided fitness sessions, the program encourages regular participation while addressing the lack of accessible recreational facilities in rural areas. By fostering discipline, cooperation, and sportsmanship, the initiative not only enhances the physical well-being of participants but also strengthens community bonding and nurtures a culture of active living.



Outcome of Activity	<ol style="list-style-type: none">Improved Physical Fitness: Participants develop better strength, stamina, flexibility, and overall health through regular sports and physical exercises.Enhanced Motor and Sports Skills: Children and youth gain fundamental movement skills, coordination, and sport-specific abilities that support long-term athletic development.Boost in Confidence and Social Skills: Engagement in team activities helps participants build self-esteem, communication skills, teamwork, and leadership qualities.Promotion of Healthy Lifestyle Habits: The initiative encourages daily physical activity, reduces sedentary behavior, and builds awareness about fitness and well-being.Strengthened Community Participation: The program fosters community bonding by involving families, teachers, and local leaders, creating a supportive environment for youth development..
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Attendance Sheet

Rural Physical Enhancement Initiative-UBA



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Attendance Sheet

Name of the Activity: *Rural Physical Enhancement Initiative - UBA*

Course: *BBA - 1st Sem*

Date: *25/11/2025*

S. No.	List of beneficiaries	Sign.
1	Riya yadav	Riya
2	Aditya mishra	Aditya
3	Prashant	Prashant
4	Lucky	Lucky
5	Yudhishthir	Yudhishthir
6	Nikhil Kumar	Nikhil
7	Kunal Kumar	Kunal
8	Nikhil Kumar Raja	Raja
9	Abhay Kumar BBA (A)	Abhay
10	Adneek Singh BRA (A)	Adneek
11	Shrawan Raj BBA (C)	Raj
12	Ravi mishra	Ravi
13	Durgesh Pal	Durgesh
14	Pawashish Pathak	Pawashish
15	Ankit Sharma	Ankit
16	Deepanshu Kumar	Deepanshu
17	Sonam Kumar	Sonam
18	Manish Agarwal	Manish
19		
20		
21		



Glimpse of Rural Physical Enhancement Initiative - UBA





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