



May 14, 2025

A Hands-on Training Program on Dhingri (Oyster) Mushroom Cultivation

A hands-on training program on Dhingri (Oyster) mushroom cultivation was conducted on 14th May 2025 at the Crop Cafeteria, Shoolini University, Bajhol, Solan (Himachal Pradesh) under the Initiative for Social Empowerment and Sustainability of Rural Population in the Western Himalayan Region. The program aimed to empower rural women with practical skills in Dhingri mushroom cultivation as a means of sustainable income generation, improved nutrition, and entrepreneurship development. Organized for the women members of the Self-Help Group “Pragati” at the M. S. Swaminathan School of Agriculture, Shoolini University, the training emphasized hands-on learning and skill development. Participants received practical exposure to various stages of mushroom cultivation, enabling them to adopt low-cost, sustainable agri-enterprises for livelihood enhancement. As a result of the program, rural women were equipped with essential cultivation skills, encouraged toward self-reliance, and motivated to explore entrepreneurial opportunities, thereby contributing to sustainable income generation and nutritional security in the Western Himalayan region.

