

SHIVALIK INSTITUTE OF NURSING, BHATTKUFER, SHIMLA

REPORT ON TUBERCULOSIS AWARENESS PROGRAMME

INTRODUCTION:

Tuberculosis (TB) remains a major public health concern worldwide. To spread awareness regarding prevention, early diagnosis, and treatment adherence, a TB awareness programme was organized at CHC **Mahoshobra** and **Chamiana village**.

DATE

- **Date:** 23/3/26,24/3/26

OBJECTIVES:

- To create awareness about Tuberculosis among the community and students
- To educate about signs, symptoms, and prevention of TB
- To promote early diagnosis and treatment adherence
- To encourage community participation in TB elimination

Participants

- Nursing students
- Faculty members **Activities Conducted**

a) Quiz Competition

A quiz competition was organized to assess and enhance knowledge about TB. Students actively participated and answered questions related to:

- Causes and transmission of TB
- Symptoms and diagnosis
- Treatment (DOTS therapy)
- Government TB programmes

b) Poster Making Competition

Students prepared creative posters highlighting:

- TB prevention
 - Importance of early diagnosis
 - Slogans like “*End TB*” and “*TB is Curable*”
- The posters were displayed to spread awareness.

c) Role Play

Role play performances were conducted to demonstrate:

- Symptoms of TB
- Importance of timely treatment
- Social stigma and its impact

These performances helped in easy understanding for both students and community.

d) Rally

A rally was organized at CHC Mahoshobra and college to spread awareness among the public.

- Students carried placards with slogans
- Awareness messages were delivered
- Community members were encouraged to seek early diagnosis

Outcome

- Increased awareness among students and community
- Better understanding of TB prevention and treatment
- Active participation enhanced learning and engagement

Prize distribution: Students were awarded for different competitions.

CONCLUSION

The TB awareness programme was successfully conducted with enthusiastic participation. It played a significant role in educating people and promoting the message of a **TB-free society**.

9. Acknowledgement

We express our sincere gratitude to:

- Principal
- Faculty members
- Organizing committee
- Participants

for their support and cooperation in making this programme successful.

