



**P. K. DAS COLLEGE
of NURSING**

PANAYUR (PO), VANIYAMKULAM, PALAKKAD - 679522



(Approved by Indian Nursing Council, Kerala Nurses & Midwives Council & Kerala Government
Affiliated to Kerala University of Health Sciences)

REPORT ON WORLD BREAST FEEDING WEEK

DEBATE

ON 08TH AUGUST 2024

Venue: PKDCN, Auditorium

Time: 2.00-4.00 PM

Beneficiaries: 4th year BSC nursing students and 2nd sem students

On 08th August 2024, fourth year B.Sc. Nursing students and 2nd Sem BSC nursing students who participated in DEBATE which was coordinated by Dept. Of Paediatric Nursing and Dept. of OBG Nursing. Mrs. Yamunadevi.S, Lecturer, Dept. of OBG Nursing delivered an introduction regarding the world breast feeding week, which was conducted in PKDCN Auditorium. The Debate was regarding the topic **“Breast Feeding Is the Responsibility of Mother V/S Breast Feeding Is the Shared Responsibility of Both Family and Society”**. The moderator was Ms. Ardra R from fourth year BSC Nursing. There are two interactive session with Group A and Group B in between the first session was the true statement of their own topic and the next section was opposition of both topics. Through the session the beneficiaries who gained thorough knowledge regarding the importance of Breast feeding. Group B Was finalized as the winner of the debate which was decided by the judging panel. The programme was concluded by vote of thanks by Ms. Ardra R and national anthem by Ms. Pranavya and Ms. Anjana Unni.


Programme Coordinator


Principal



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Name of the Programme: World Breast Feeding Week 2024
Detox

Date: 8/08/24

ATTENDANCE SHEET

S.No.	Name	Designation	Signature
1.	Pranaya Das	Student	
2.	Padmaja	Student	
3.	Niya B. Benny	Student	
4.	Ida Jose	Student	
5.	Priya Mridhula	Student	
6.	Reehma M	Student	
7.	Rama K.P	Student	
8.	Sony marian sus	Student	
9.	Aleena Benny	Student	
10.	Geetha Nandhana	Student	
11.	Aleena Kumaran	Student	
12.	Alby mariya mathew	Student	
13.	Anu Augustine	Student	
14.	Jensiya Samuel	Student	
15.	Anitta Jay	Student	
16.	Angana Um	Student	
17.	Aniswarya	Student	
18.	Vyshnawi	Student	
19.	Aswathy	Student	
20.	Nandana	Student	
21.	Suryagayathai	Student	
22.	Sreethi	Student	
23.	Sweetha	Student	
24.	Vinitha ki v	Student	
25.	Aparna	Student	
26.	Anitta Sae a	Student	
27.	Anala Rose	Student	
28.	Aneena Anto	Student	
29.	Abhilami	Student	
30.	Thaskeema vk	Student	
31.	Breelackshmi um	Student	
32.	Surya P	Student	

Programme Co-ordinator

Principal

Name of the Programme:

Date:

ATTENDANCE SHEET

[illegible]

Programme Co-ordinator

Principal



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WORLD BREAST FEEDING WEEK 2024

HEALTH EDUCATION AND DIET EXHIBITION

Venue: Anganwadi, Panayur.

Date: 07-08-2024

Beneficiaries: Antenatal and Postnatal mothers

Time: 2.00 - 3.00PM

Child Health nursing department of P K Das College of Nursing observed World breast feeding week 2024 with a health education and diet exhibition to the mothers on 7/08/2024 at 2 pm in Panayur Anganwadi. The health education was regarding the importance of diet, the diet that helps for lactation and health of a lactating mother. The fourth-year students of P K Das College of nursing prepared a full day diet according to the caloric needs of a lactating mother. The programme was started with a welcome speech and one of the students explained the importance of good diet for a lactating mother. The students have prepared:

Breakfast: Almond milk, poha, two eggs and two boiled bananas

11am: fruit salad

Lunch: rice, fish curry, spinach thoran, Payasam

Snacks: Raggi cake and tea

Dinner: fenugreek porridge


Programme coordinator


Principal



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The students exhibited this diet to the mothers after the health education and explained the preparation also. The program was concluded with vote of thanks by one of the students and feedback was collected from the mothers.


Programme coordinator


Principal

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Name of the Programme:

Date: 7/8/24

Preparation, Exhibition & health education on
galactagogue

ATTENDANCE SHEET

[illegible]

Programme Co-ordinator

Principal



**P. K. DAS COLLEGE
of NURSING**
PANAYUR (PO), VANIVANKULAM, PALAKKAD - 679522



FEEDBACK FORM

Name: Senthil M-K

Date: 7/8/2024

Name of the programme: Preparation, Exhibition & Health Education on Galactagogues

Sl.no	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities of the programme	✓✓	✓			
2	Organization of programme		✓			
3	Relevance					
4	Presentation	✓				
5	Interactive session					
6	Team work performance	✓✓				
7	Professional competence within the programme	✓	✓			
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme	✓				
10	Information sharing to others	✓				

General comments and suggestions:

Name and signature:

Senthil



**P. K. DAS COLLEGE
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FEEDBACK FORM

Name: Sindhumol K.K Date: 7/8/2024

Name of the programme: Preparation, Exhibition & health education on galactagogues

Sl.no	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities of the programme	✓				
2	Organization of programme	✓				
3	Relevance	✓				
4	Presentation	✓				
5	Interactive session	✓				
6	Team work performance	✓				
7	Professional competence within the programme	✓				
8	Usefulness in your future career opportunities	✓				
9	Overall experience in the programme	✓				
10	Information sharing to others	✓				

General comments and suggestions:

Name and signature: Sindhu



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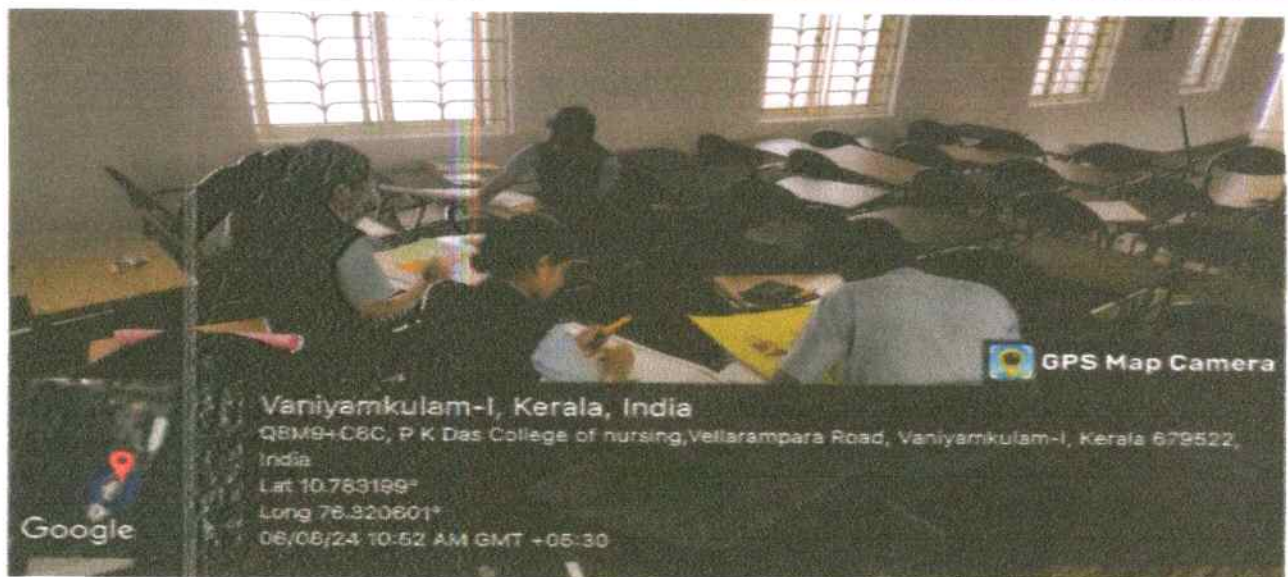
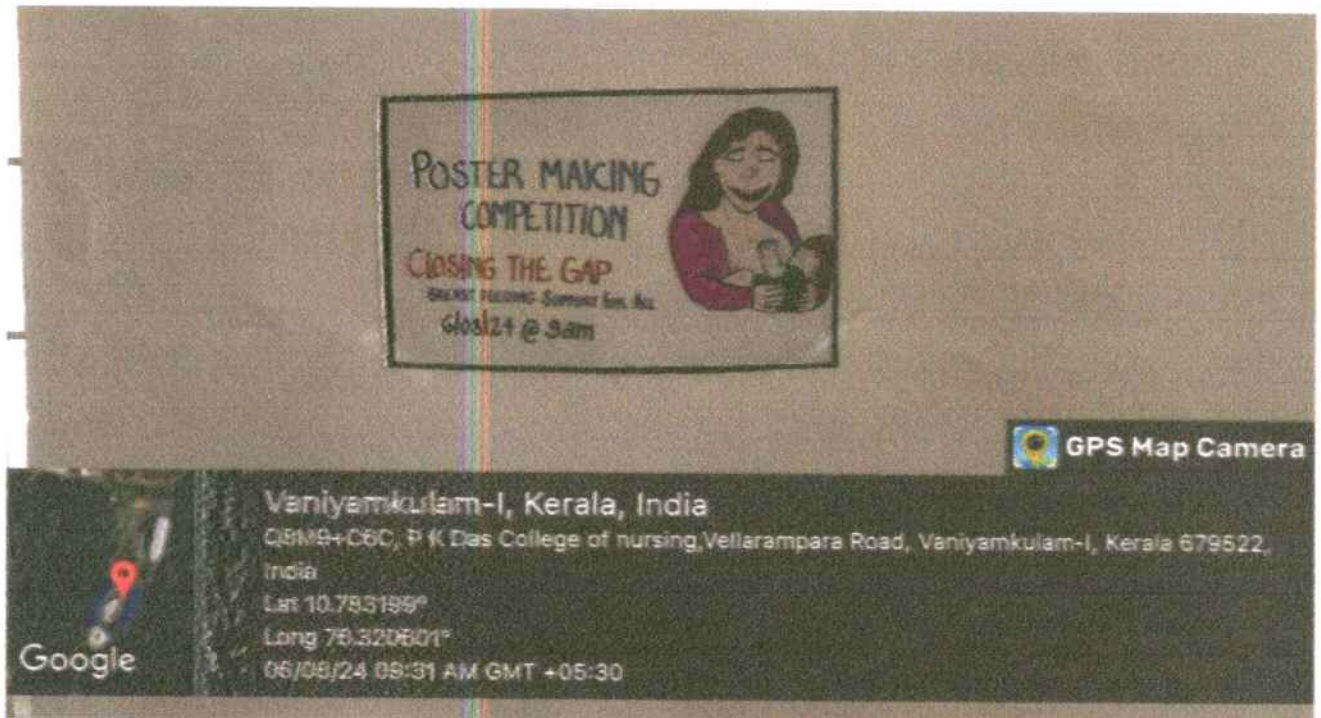
BRANCH: BSCN, VANIAMKULAM, PALAKKAD - 679522



WORLD BREAST FEEDING WEEK 2024

POSTER COMPETITION

Poster competition was conducted as a part of World Breast Feeding Week celebrations on 06/08/2024 from 9.00 am to 11.00 am in Second semester Bsc Nursing lecture hall. There were 15 students from all batches participated. The theme for the competition was "Closing the Gap, Breastfeeding support for all".

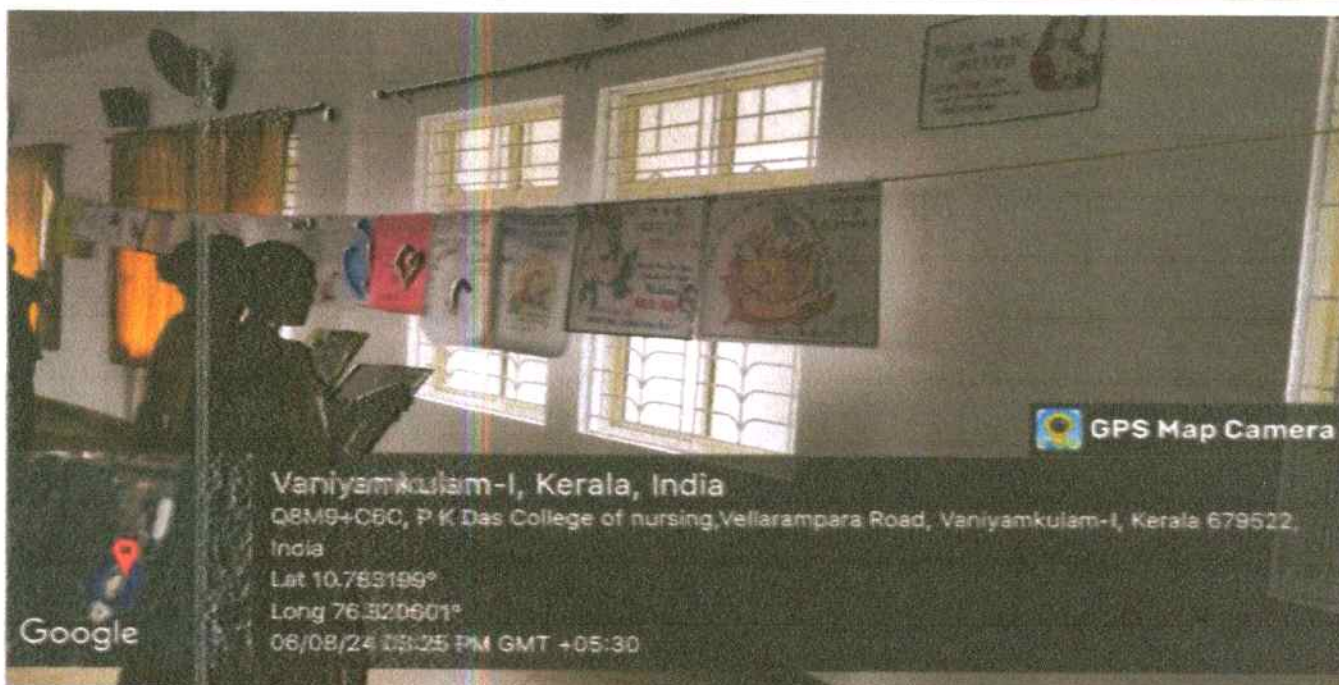
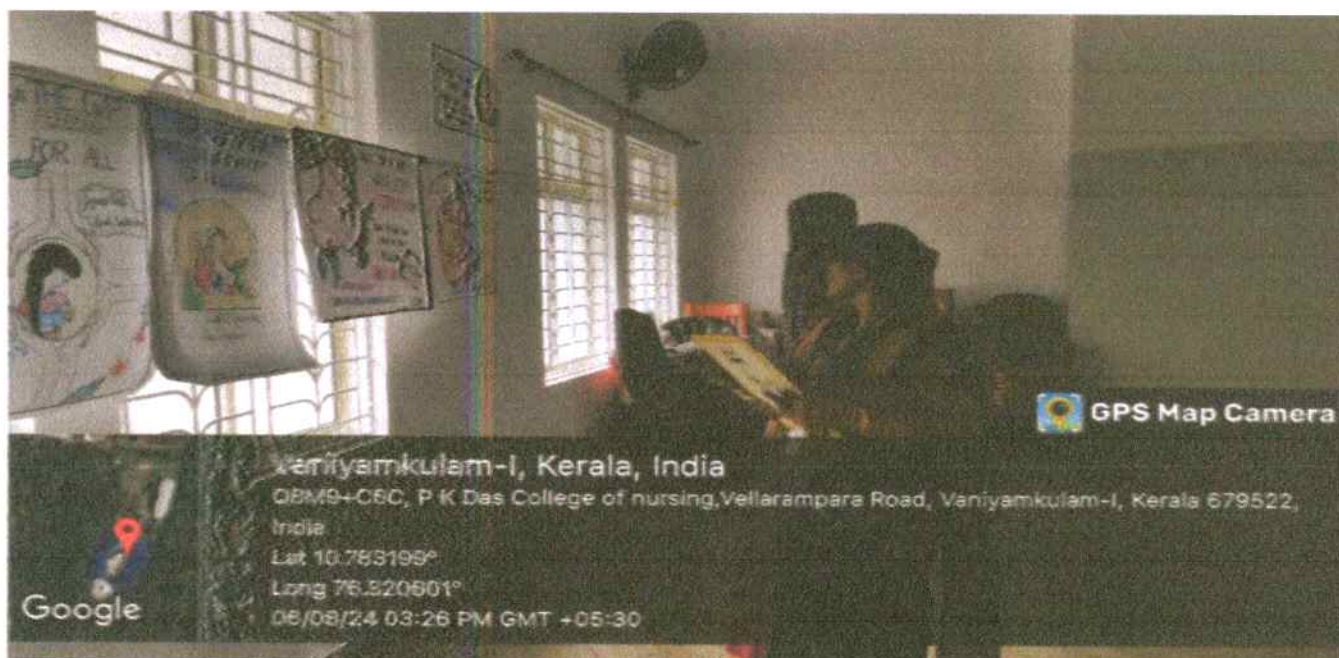


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Judges evaluated the posters based on predefined criteria. The winners were.,

First prize: Swetha., IV year Bsc Nursing

Second Prize: Amritha.S.R., IV semester Bsc nursing

Third Prize: Padmaja.K., IV year Bsc Nursing


Programme co-ordinator

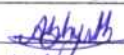
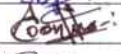
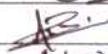
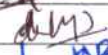
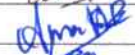
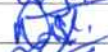

Principal



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Name of the Programme: *World Breastfeeding Week 2024*
- *Poster Competition* Date: *06/08/2024*

ATTENDANCE SHEET

S.No.	Name	Designation	Signature
1	Abhijith E	Student - 2 nd Sem	
2	Megha H	"	
3	Adona Elizabeth	"	
4	Ancena Rose	"	
5	Aneeta Babu	"	
6	Ansuitha SR	Student - 4 th Sem	
7	Agraja TG	"	
8	Nikhula - Unni	"	
9	N. Shajin	"	
10	Arjun m	"	
11	K. Abhiram	"	
12	Swetha	Student - 1 st year	
13	Nandhana	"	
14	Reshma m	"	
15	Padma J. K	"	

Programme Co-ordinator

Principal



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WORLD BREAST FEEDING WEEK 2024

SEMINAR

World Breast Feeding Week 2024 was observed with a seminar on 06/08/2024 at 2.00 PM in PKDCN Auditorium. The event commenced with a two minutes silent prayer in memory of Founder Chairman late Sri. P K Das and in mourning of landsliding disaster in Wayanad. Miss. Liviya.C.Wilson, IV year Bsc nursing student welcomed the gathering. Prof. Dr. Srinivasan.G made the inaugural speech.



G.S.



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Programme co-ordinator

Principal



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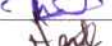
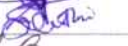
World Breast Feeding Week 2024

Name of the Programme: Seminar

Date: 06/08/2024

ATTENDANCE SHEET

S.No.	Name	Batch	Signature
1	ABHIRAMI P DAS		
2	AJEESH KRISHNA V		
3	ALBY MARIYA MATHEW		
4	ALEENA BINS		
5	ALEENA JAIMON		
6	AMALA ROSE		
7	ANEENA ANTO		
8	ANEESHA C B		
9	ANITTA JOY		
10	ANITTA SARA JAISON		
11	ANJANA C R		
12	ANJANA UNNI		
13	ANU AUGUSTINE		
14	APARNA K		
15	ARDRA R		
16	ARIFA N A		
17	ARYA AJAYAN		
18	ASWANI AJI		
19	ASWATHY M V		
20	BLESSY BIJU		
21	DEVIKA S		
22	DIVYA JOHNY		
23	DIVYA K K		
24	FATHIMA SALAM		
25	GOWRI NANDANA		
26	HARITHA HARIKUMAR		
27	JENSIYA SAMUEL		
28	JESNA JOHNSON		
29	JOSNA JOSEPH		
30	JOYES JOY		

31	K M PRANAVYA DAS		
32	LIVIYA C WILSON		
33	LIYA JOSE		
34	MIDHYA SARA THOMAS		
35	MOHAMMED THARIQUE		
36	NANDANA P		
37	NIDAL P V		
38	NIYA K BENNY		
39	P.M. MRIDULA		
40	PADMAJA K		
41	RASNA K P		
42	RESHMA M		
43	SABITHA SIBI		
44	SANDRAMOL S		
45	SHABNAM		
46	SHASIYA S		
47	SILPA M		
48	SNEHA S		
49	SONCY MARIAM SAM		
50	SREELAKSHMI V M		
51	SRUTHY A		
52	SURYA GAYATHRI K		
53	SURYA P S		
54	SWETHA K		
55	THASLEEMA V K		
56	VINITHA.K.V		
57	VYSHNAVI S		
58	AISWARYA.M		


Programme Co-ordinator


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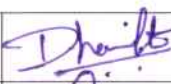
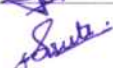
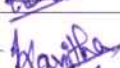
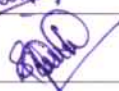
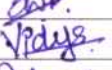
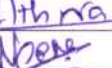
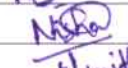
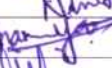
Name of the Programme: Breast feeding week celebration 2024

Date: 6/8/24

Venue: PKDCN Auditorium

ATTENDANCE SHEET

S.No.	Name	Desig	Signature
1	Prof. Dr. Srinivasan G	Principal	
2	Mrs. A Priya Mary Stella	Vice Principal	
3	Ms. Ushas Jose	Professor	
4	Mrs. Sathyasri.R	Professor	
5	Dr.Ariyalakshmi.B	Professor	
6	Ms. Zaina Elizabeth Jose	Professor	
7	Lt.Col.Dr Regina P.F	Professor	
8	Mr. Liju James	Asso. Prof	
9	Mrs. Udhaya Jayanthi.B	Asso. Prof	
10	Mrs. Dana Baby	Asso. Prof	
11	Mrs.Aswani.B	Asst.Prof	
12	Mrs. Rani G S	Asst.Prof	
13	Mrs. Annu Pinto	Asst.Prof	
14	Ms.Anitha.M	Asst.Prof	
15	Ms. L Mahalakshmi	Asst.Prof	
16	Mr. Nowfel. P. M	Asst.Prof	

17	Ms. Dhanalakshmi T	Asst.Prof	
18	Mrs. Nisha Sukumaran	Asst.Prof	
19	Ms. Krishna Prabha P K	Asst.Prof	
20	Mrs. Shincy. K	Lecturer	
21	Mrs. Lakshmidevi U	Lecturer	
22	Mrs.Sruthi. M	Lecturer	
23	Mrs. Sumi K Mathew	Lecturer	
24	Ms. Greeshma. K	Lecturer	
25	Ms. Ajantha Antony	Lecturer	
26	Ms. Aswathy. P	Lecturer	
27	Mrs. Krishnendu U B	Lecturer	
28	Mrs Biya Benny	Lecturer	
29	Ms.K. Kavitha	Lecturer	
30	Mrs. Kavitha. D	Lecturer	
31	Ms. Yamunadevi	Lecturer	
32	Mr Saravanakumar	Tutor	
33	Ms. Sruthi.V	Tutor	
34	Ms. Jisa Joy	Tutor	
35	Ms. Shibi.K.A	Tutor	
36	Ms. Vidhya.M	Tutor	
37	Ms. Athira.E.D	Tutor	
38	Ms. NeenaChacko	Tutor	
39	Ms. Nisha Chacko	Tutor	
40	Ms. Nimitha.G	Tutor	
41	Ms. Dhanya Gopi	Tutor	
42	Ms. Athulya. K. Joby	Tutor	

 Programme co-ordinator

 Principal

REPORT ON WORLD BREAST FEEDING WEEK

ROLE PLAY

ON 05TH AUGUST 2024

Venue: Anganwadi , Panayur

Time: 10.30-12.00 p.m

Beneficiaries: Antenatal and Post natal Mothers .

On 05th August 2024, fourth year B.Sc. Nursing students who conducted a role play which was coordinated by Dept. of Pediatric Nursing and Dept. of OBG Nursing. Mrs. Aswani. B, Assistant Professor, Dept. of Pediatric Nursing delivered a welcome speech. The roleplay was started at 10:30am at Panayur Anganawadi in the presence of Ante natal and Post natal mothers and their children. The role play was on the topic **IMPORTANCE OF BREAST FEEDING AND ITS MYTHS**. The sessions were included along with Ante-natal and Post-natal exercises and it was demonstrated by Niya K Benny and Liya Jose. It was an informative session for the audience. The final responses were given by Sudha teacher and the audience.

The programme was concluded by the vote of thanks given Liviya C Wilson



Program Coordinator

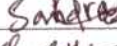
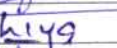

Principal

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Name of the Programme: WORLD BREAST FEEDING WEEK 2024
ROLEPLAY

Date: 06/08/2024

ATTENDANCE SHEET

S.No.	Name	Designation	Signature
1.	ARDRA . R		
2.	Dwya Johny		
3	Vinitha . k . u		
4	Thasleema . uk		
5 -	Swaya PS		
6 -	Sandya . S		
7 -	Shasiya . S		
8 -	Tharique		
9 -	Nida		
10.	Liya		
11.	Medha Sara Thomas		
12.	Anjana CR		
13.	Lopa Goll		
14	Aleera Janner		
15	Arushi Alwar		
15	Aliya . k . Benny		
17	Jessa Johnson		
18)	Riya Raju		


Programme Co-ordinator

Principal



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REPORT ON QUIZ COMPETITION AS A PART OF WORLD BREASTFEEDING WEEK CELEBRATION 2024

Venue : PK Das college auditorium

Date : 5th August 2024

Time : 2pm

Beneficiaries : 4th year BSc Nursing students

As a part of world breastfeeding week celebration 2024, a quiz competition was conducted at PK Das college of Nursing, Vaniyamkulam by Department of Child Health Nursing for 4th year BSc Nursing students. The program was organized by Ms Greeshma K, Lecturer of Child Health Nursing Department. Total ten students were participated in the program. Ms. Jensiya Samuel & Ms Haritha Harikumar won the first prize in the competition.

Program coordinator

Principal



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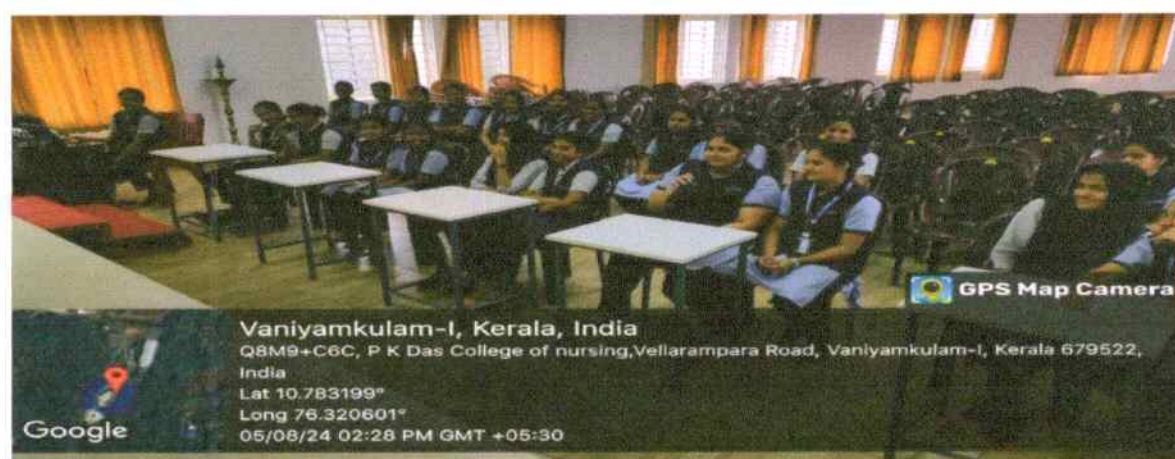
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Vaniyankulam-I, Kerala, India
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India
Lat 10.783199°
Long 76.320601°
05/08/24 02:27 PM GMT +05:30



Vaniyankulam-I, Kerala, India
Q8M9+C6C, P K Das College of nursing, Vellarampara Road, Vaniyankulam-I, Kerala 679522,
India
Lat 10.783199°
Long 76.320601°
05/08/24 02:31 PM GMT +05:30



Vaniyankulam-I, Kerala, India
Q8M9+C6C, P K Das College of nursing, Vellarampara Road, Vaniyankulam-I, Kerala 679522,
India
Lat 10.783199°
Long 76.320601°
05/08/24 02:28 PM GMT +05:30

Program coordinator

Principal

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Name of the Programme: World Breastfeeding week 2024
Quiz competition

Date: 5/8/2024

ATTENDANCE SHEET

S.No.	Name	Designation	Signature
1.	Aedea	Student	
2.	Thaiseema	Student	
3.	Hadiether Hesiikumeit	Student	
4.	Gocoi Adara	Student	
5.	Josya Samuel	Student	
6.	Aleena Simon	Student	
8.	Roshma	Student	
9.	Padmaja	Student	
10.	Alby	Student	
11.	Aswani	Student	
12.	Anil	Student	
13.	Aleena Bini	Student	
14.	Dany Johny	Student	
15.	Lyn Jose	Student	
16.	Poo Maudula	Student	

Programme Co-ordinator

Principal