



P. K. DAS COLLEGE
of **NURSING**
BANAYUR (PO), VANIAMKULAM, PALAKKAD - 679522



24.08.2024

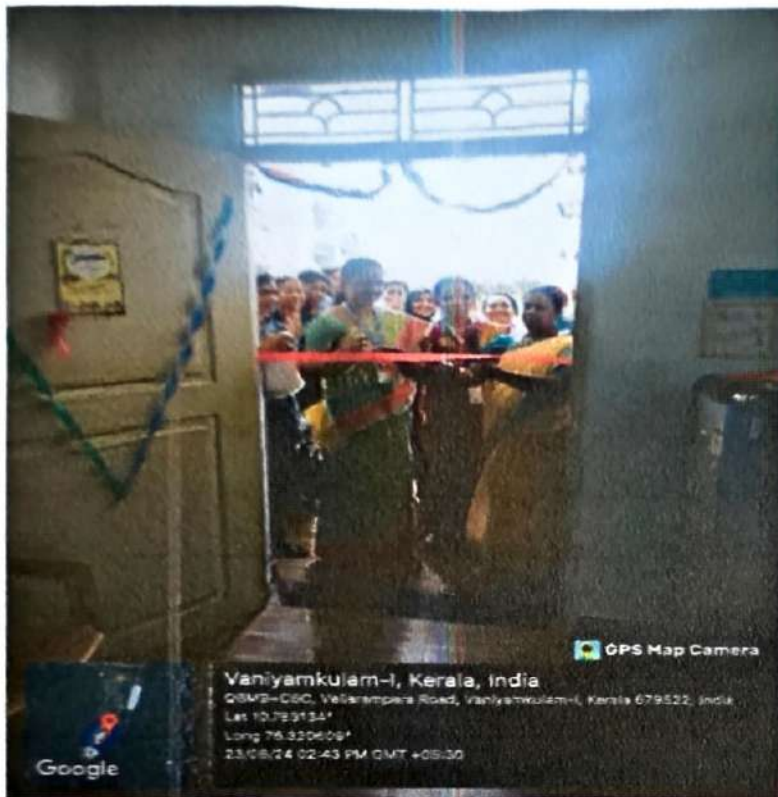
NUTRITION FEST- FOODTOPIA

The Nutrition Fest was an engaging and educational event aimed at promoting healthy eating habits and spreading awareness about the importance of nutrition. It will help the students to know about balanced diets and the nutritional value of different foods, to raise awareness about the role of nutrition in maintaining overall health and preventing diseases, to encourage the adoption of healthier eating habits in daily life, to provide a platform for experts to share knowledge and interact with the community.

Second semester BSc. Nursing students of P K Das college of nursing conducted a nutrition fest **FOODTOPIA** @P K Das college of nursing on 23.08.2024 & 24.08.2024 from 8.30 am to 4.30 pm under the guidance of Class coordinator Prof. Sathyasri R, Ms. Aneeta B, Dietician PKDIMS & Mrs. Krishna Prabha. P K. First day programme was inaugurated by Prof Priya Mary Stella, Principal P K Das College of Nursing. 90 students are divided in to six groups. First day first three group students prepared food items such as diet for Obesity, Underweight and Constipation which was tasty as well as healthier. Second day students prepared food for Diabetic Mellitus, Coronary Artery Disease and Burns. The fest brought together to participate in a variety of activities focused on health and wellness.


Class coordinator


Principal







GPS Map Camera

Google

Vaniyankulam-I, Kerala, India
 Q8M9+C6C, Vellampara Road, Vaniyankulam-I, Kerala 679522, India
 Lat 10.782918°
 Long 76.32055°
 24/08/24 01:48 PM GMT +05:30



GPS Map Camera

Google

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Shreya



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NAME OF THE PROGRAMME : FOODTOPIA VENUE: NUTRITION LAB

ATTENDANCESHEET

SL NO	NAME OF THE STUDENT	SIGNATURE OF THE STUDENTS
1	AATHIRA RANJITH	
2	ABHIJITHA A	
3	ABHIJITH.E	
4	ABHINAND P	
5	ABHINAV.S	
6	ADARSH ANIL	
7	ADONA ELIZABETH SHAJI	
8	AHAMMED SHAKKIR	
9	A H HANNA FATHIMA	
10	ALAKANANDHA T S	
11	AMRUTHA.M.S.	
12	ANAGHA SUJESH	
13	ANAS SADHIN C K	
14	ANAYA ALEX	
15	ANEENA ROSE C D	
16	ANEETA BABU	
17	ANIRUDH P	
18	ANITTA THAMBY	
19	ANJANA ARAVINDAKSHAN	
20	ANJANA V.S	
21	ANNET MARIYA M T	
22	ANUSREE A D	
23	APARNA M	
24	APARNA T D	



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25	ARFA M	
26	ARSHAPRAKASH	
27	ARUNIMA K	
28	ASHLIN RUPESH	
29	ASHLY LALU	
30	ATHULYA V R	
31	BLESSY BENEDICT	
32	CATHERINE JAMES	
33	DEVAPRIYA M P	
34	DEVKA M D	
35	DEVIKA P	
36	DILNA K T	
37	EDWIN DAVIS	
38	FARSANA I S	
39	FATHIMA MIRSANA.P.T	
40	FATHIMA SHAHANA	
41	GAYATHRI K B	
42	GOPIKA K S	
43	GOPIKA SUNIL	
44	GRACE J MATHEW	
45	HIBA SHARAFUDHEEN V S	
6	JANFISHAN.M.P	
47	JASNA FEBIN	
48	JIBI B J	
49	KRISHNA A S	



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50	LAKSHMI. R. NAIR	
51	LEYA FRANCIS	
52	LIYA MARIAM BIJU	
53	MALAVIKA M	
54	MALAVIKA T M	
55	MARIYA SANTHOSH	
56	MARIYET JOHNY	
57	MEENAKSHI S	
58	MEGHA H	
59	MIDHUN RAJAN	
60	NANDANA G NAIR	
61	NANDANA K N	
62	NANDHANA. N	
63	NAVYA BALAN P	
64	NEHA M	
65	PRANAV N C	
66	PRANEESHA P	
67	PRAVEENA. K.P	
68	PREESHNA.M	
69	RANA FATHIMA. C	
70	RASMINA FARVIP	
71	RINSU ANNA REJI	
72	ROSEMOL GEORGE	
73	SAFVANA SHERIN.M	
74	SAIFUNNEESA. M	



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75	SALAMA K K	<i>[Signature]</i>
76	SAMPRITHA K J	<i>[Signature]</i>
77	SAMUEL SEBASTIAN	<i>[Signature]</i>
78	SANA PALAKKAL RASHEED	<i>[Signature]</i>
79	SANA SHAJAN	<i>[Signature]</i>
80	SANTA MARIYA	<i>[Signature]</i>
81	SASWITHA NAIR	<i>[Signature]</i>
82	SHABANA SABU	<i>[Signature]</i>
83	SHIDHANA. A. V	<i>[Signature]</i>
84	SHIFA N	<i>[Signature]</i>
85	SHOORFA V P	<i>[Signature]</i>
86	SREERAG P	<i>[Signature]</i>
87	SUPRABHA P P	<i>[Signature]</i>
88	SURYA PRABHA M B	<i>[Signature]</i>
89	THERESA RAJESH	<i>[Signature]</i>
90	VARSHA N M	<i>[Signature]</i>