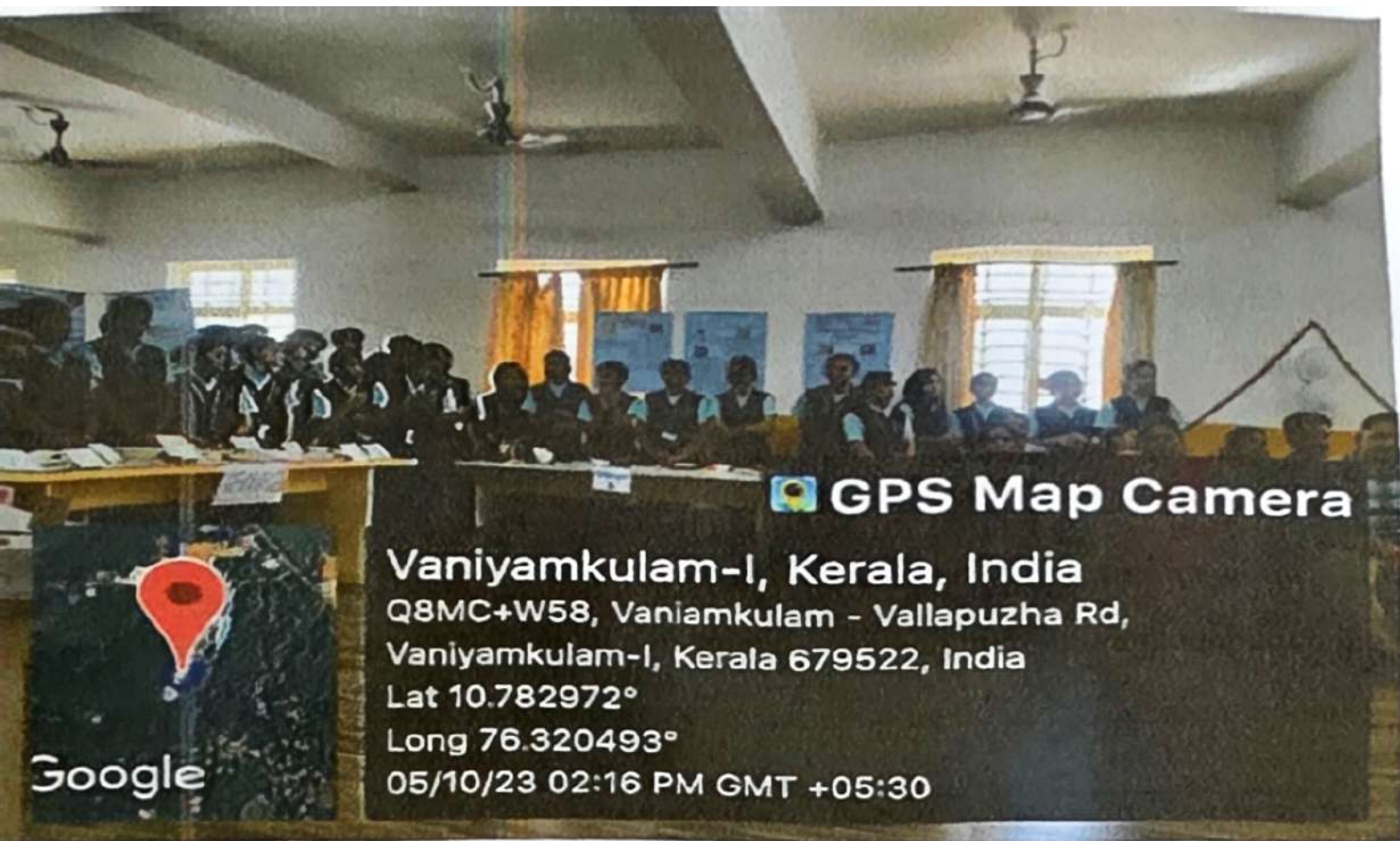






NEHRU COLLEGE
of NURSING



NUTRITION FEST



ORGANISED BY
**Dept. of Nursing
Foundation**

*Hosted by: II Sem.B.Sc
Nursing students*

**Venue:
NCN Auditorium
On**

5th & 6th Oct.2023

REPORT ON NUTRITION FEST -AHARAM AHLADHAM 2K23

The second semester BSc Nursing students -RYZENTRONS of Nehru College Of Nursing conducted Nutrition fest AAHARAM AHLADHAM as a part of their curriculum on 5 and 6 October 2023. 90 students were divided into six groups .On 5th October , the students prepared Therapeutic diet for Diabetic mellitus ,protein energy malnutrition ,childhood obesity .On 6th October students had practical session on preparation of for a,Atherosclerosis,Tuberculosis,Diarrhoea . The programme was inaugurated by Prof.Priya Mary Stella Vice Principal Nehru College Of Nursing .On both days practical was conducted as two sessions. 8 am to 12.30 pm students prepared a day menu for the assigned category, followed by presentation of RDA, sample menu plan, calorie value of food items included in menu plan, method of preparation of food items with the display of ingredients used. Presentation was attended and evaluated by Principal and Faculty of College of Nursing. After the presentation the teaching and non teaching staff joined to taste the food prepared by students.The nutrition practical sessions were an opportunity for the students to understand in depth the applied nutrition and dietetics topics learned in the curriculum and also was a platform to bring out their culinary skills, team work, creativity and hospitality. Ms.Aparna dietician P K Das Institute Of Medical Sciences, Subject incharge Faculty /Mrs.Shincy .K ,Class Coordinator Nehru College Of Nursing provided guidance to the students for the conduct of Nutrition programme .



Prepared by



Authorized by



NEHRU COLLEGE of NURSING

PANAYUR (P.O), VANIYAMKULAM, PALAKKAD -

(Approved by Indian Nursing Council, Kerala Nurses & Midwives Council & Kerala Government)

Affiliated to Kerala University of Health Sciences



ATTENDANCE LIST

Name of the Programme Nutrition Fest.

Date: 5/10/2023.

Venue: SECOND SEMESTER LECTURER HALL

S.No	Name	Signature
1	ABHAYA SURAN	
2	ABHINA A S	
3	AGRAJA TG	
4	AISWARYA REMESH	
5	AKHIL SHANTY	
6	AKSHAYA K	
7	AKSHAYA T	
8	ALAN SHANTY	
9	ALEENA JOLLY	
10	ALEENA T	
11	ALENA SANTIAGO	
12	ALIN ALEX	
13	ALMA ISMAIL	
14	AMRITHA LAL	
15	AMRITHA S R	
16	AMRU MOHAMMED USMAN MALAVATTATH	
17	ANAGA PAUL	
18	ANAGHA T RAJESH	
19	ANAGHALAKSHMI J	
20	ANGEL M J	
21	ANJANA A P	
22	ANN MARIYA SYRIL	
23	ANN MARY SEBY	
24	ANSABA A	
25	ANUSREE M	
26	ARATHY N U	
27	ARCHANA M ANIL KUMAR	
28	ARJUN M	
29	ARUN SHANTY	
30	ARYA V R	
31	ASHIQA M JALEEL	

Programme coordinator

Principal

(Sponsors: Nehru College of Educational and Charitable Trust)

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32	ASWATHY P	
33	ASWIN M	
34	ATHIRA MURALI	
35	BILNA M S	
36	BINCY YACOB	
37	BLENITO BABY	
38	DONA BIJU	
39	DONA VJEEES B	
40	FATHIMA FARSANA P T	
41	FATHIMATHIUL SHERIASHERIN K A	
42	FIDA SHERIN	
43	FIDHA	
44	GEORGEENA THOMAS	
45	HEERA	
46	JEETHU JOY	
47	JESMI JOY	
48	JESNA K SOMI	
49	K ABHIRAM	
50	KRISHNA PRIYA R	
51	LAKSHMI PRIYA M D	
52	LAKSHMI SAHADEVAN	
53	MEGHA NAIR	
54	MERITTA ELDHO	
55	MOHAMMED ANSHID C	
56	MUBASHIRA N	
57	N SHAJIN	
58	NAHLA SAKER V	
59	NAJLA K	
60	NANDANA K	
61	NANDANA K T	
62	NANDANA T	
63	NANDHANA M	
64	NANDHANA M C	
65	NASMIN KA	
66	NAYANA P P	
67	NAYANA SEBASTIAN	
68	NIKHILA UNNI	
69	NIMISHA KURUVILA	
70	NIYAS AHMED K K	

Programme Coordinator

Principal



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71	P CHANDHANA	
72	PAVITHRA P M	
73	PRASHEE RAJ P R	
74	REKHA RAMESH M	
75	RENU RAMESH M	
76	RESHMA RAJ M	
77	RIFA ANVAR K K	
78	RINSHA MAJEED V T	
79	SANDRA GIREESH	
80	SATIIPRIYA S	
81	SHAHALA N V	
82	SNEHA A P	
83	SONY S	
84	SREELAKSHMI K S	
85	SREENAND C K	
86	SREYA P	
87	SWINET JOBY	
88	THAHIRA A	
89	THEJALAKSHMI C P	
90	VAISHNAV PRAKASH	

Programme co-ordinator

Principal