

S. M. PATEL COLLEGE OF HOME SCIENCE
Activity Report under Unnat Bharat Abhiyan
(2023-2024)

Activity: 5 **Ayurvedic Medical Checkup camp**

Basic Science Department: Date: (19/03/2024)

To promote the overall well-being and health of the school children, an Ayurvedic medical checkup camp was organized at L. C. Patel Primary School at Bhavanipura village, Ta. Petlad, Dist. Anand, on March 19, 2024. An experienced team of Ayurvedic doctors of S. G. Patel Ayurved Hospital/College, New Vallabh Vidyanagar, Gujarat extended their expert service for the noble purpose. The camp focused on diagnosing common health problems among the children, such as cold, cough, weakness, digestive issues, and nutritional deficiencies. Through a series of holistic assessments including pulse diagnosis, tongue examination, and observation of physical symptoms, the practitioners provided personalized recommendations for diet, lifestyle, and herbal remedies to improve the children's health. The camp not only addressed existing health concerns but also emphasized preventive measures, fostering a culture of holistic wellness within the community. A total of 202 children were examined during the camp.



