## MEENAKSHI MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE DEPARTMENT OF COMMUNITY MEDICINE,

## NATIONAL SERVICE SCHEME, UNNAT BHARAT ABHIYAN

## Report on Special Medical Camp - June 27, 2024

Venue : Siruvakkam village

Under the Patronage of Meenakshi Academy of Higher Education and Research, special medical camp was conducted in the Government primary school at Siruvakkam village on 27.06.2024 . Program was organized by the Meenakshi Medical College & Hospital in coordination with Department of community medicine in collaboration with Unnat Bharat Abhiyan and National Service Scheme. The patients were examined and diagnosed by various specialties of Orthopedics, ENT, General Surgery, General Medicine, Pediatrics, Dermatology, Ophthalmology, Dentistry, OBG and Respiratory medicine. For patients aged above 30 years, blood pressure and blood sugar levels were monitored. Height, weight and BMI of each patient were recorded and personalized dietary advices and nutritional education were provided by the postgraduates and CRMIs of community medicine using IEC materials. A total of 106 beneficiaries were benefited from the medical camp among which 77 patients were screened for diabetes out of which 22 patients were found to have elevated blood sugar and 9 were newly diagnosed and referred to our institute for further management and evaluation. Similarly 93 patients were screened for hypertension, out which 15 patients found to have elevated blood pressure and 5 among them were newly diagnosed hypertension patients. Health education on nutrition and lifestyle modifications was given to the concerned patients. A total of 15 pediatric cases attended the medical camp. Patients were provided with basic medicines and 25 patients were referred to Meenakshi Medical College & Hospital for further evaluation and treatment.



