

# Report on Free Health Checkup Camp at Nasalapur Report under Unnat Bharat Abhiyan

## Organized by:

- Department of Panchakarma
- Department of Kayachikitsa
- Department of Swasthvritta
- Dental Department

**Date: 20th June 2024**

**Venue: Nasalapur, Belagavi, Karnataka**

## Inauguration:

The free health checkup camp was inaugurated by Shri Suresh Chougule, along with other esteemed members of the Nasalapur Panchayat Committee. Their presence and support were instrumental in the successful execution of this event, aimed at improving the health and well-being of the Nasalapur residents.

## Objective:

The primary objective of the camp was to provide free health checkups and raise awareness about preventive healthcare. This initiative aligns with the Unnat Bharat Abhiyan's goals of promoting sustainable development in rural areas through active participation and healthcare interventions.

## Departments Involved:

- 1. Panchakarma Department:**
  - Offered consultations and therapies related to detoxification and rejuvenation.
  - Educated patients on the benefits of Panchakarma treatments for maintaining overall health.
- 2. Kayachikitsa Department:**
  - Conducted general medical checkups.
  - Provided consultations and treatment plans for chronic diseases.
  - Shared information on lifestyle modifications and Ayurvedic medicines.
- 3. Swasthvritta Department:**
  - Focused on preventive healthcare and healthy lifestyle practices.
  - Conducted sessions on yoga, nutrition, and hygiene.
  - Educated attendees on disease prevention methods and health maintenance.
- 4. Dental Department:**
  - Provided dental checkups and oral hygiene education.
  - Addressed common dental issues and advised on preventive care.
  - Distributed free dental care kits to patients.

## **Participation and Beneficiaries:**

A total of 162 patients from Nasalapur and nearby areas benefited from the health checkup camp. The camp served as an opportunity for residents to receive free medical consultations, treatments, and health education.

## **Activities and Services Provided:**

- **Medical Checkups:** Comprehensive health checkups including blood pressure, blood sugar, BMI, and general health assessments.
- **Consultations:** Personalized consultations with doctors from various departments.
- **Health Education:** Sessions on preventive healthcare, lifestyle modifications, and disease management.
- **Therapies:** Demonstrations and introductory sessions on Panchakarma therapies.
- **Dental Care:** Oral checkups, treatment advice, and distribution of dental hygiene kits.

## **Impact and Feedback:**

The camp received positive feedback from the community. Participants expressed their gratitude for the free services and valuable health information provided. The initiative helped in diagnosing and treating health issues while raising awareness about the importance of regular health checkups and preventive care.

## **Conclusion:**

The free health checkup camp at Nasalapur on 20th June 2024 was a significant step towards improving rural healthcare. The collaboration of the Panchakarma, Kayachikitsa, Swasthviritta, and Dental departments ensured a holistic approach to health and wellness. The success of this camp highlights the importance of such initiatives in bridging the healthcare gap in rural areas and promoting sustainable development through community involvement.

## **Acknowledgements:**

We extend our heartfelt thanks to Shri Suresh Chougule, the Nasalapur Panchayat Committee members, the organizing departments, and all volunteers who contributed to the success of this event. Their dedication and efforts have made a positive impact on the health and well-being of the Nasalapur community.

# PHOTOS







Nasalapur, Karnataka, India  
GMJQ+54R, Nasalapur, Karnataka 591213, India  
Lat 16.53035°  
Long 74.687619°  
20/06/24 02:03 PM GMT +05:30

GPS Map Camera



Nasalapur, Karnataka, India  
GMJQ+54R, Nasalapur, Karnataka 591213, India  
Lat 16.530607°  
Long 74.68766°  
20/06/24 11:24 AM GMT +05:30

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