## SACRED HEART COLLEGE (AUTONOMOUS), TIRUPATTUR

PANCHAYAT :KODUMAMPALII DATE : 15.02.2024

INDICATOR: PLACE: KODUMAMPALII

**THEME: CHILD FRIENDLY VILLAGE** 

(Under the low cost and no cost activity)

TITLE: AWARENESS YOUTH DEVELOPMENT



## **INTRODUCTION**

The activity of Awareness about youth development was conducted on 20.02.2024 (Tuesday) under the theme of Child Friendly village. The main vision of this theme is "To Give Awareness about youth Development with current affairs". There are so many targets are there to achieve the theme of Child Friendly village. Such as to give some speech with cultural activity based on youth development.

## **Process of Authorization**

Before conducting the program, the trainee first got permission from the Panchayath President of kodumampalli Mr. S Thirunavukarasu. He give permission to do camp fire based on youth development in kodumampalli village, the trainee find resourse for camp fire like place, wood in the village

## **Objectives**

- 1) To give awareness program based on youth development.
- 2) To motive youth to live good life in society
- 3) To encourage the community people to participate in the awareness program.
- 4) To do camp fire for the community people.

## Resource persons for the awareness program

MR. S Thirunavukarasu, Kodumampalli panchayat President,

Rev. Fr. Andrews Raja, Head of the departmeant

Dr. Christi Anandhan, Assistant professor

### Activities carried out

The awareness program based on youth development, the trainee invite all the community people for program, after that trainee give awareness talk to the community people, the trainee make awareness dance and camp fire to the community people

Awareness talk about youth development

Camp fire for community people

The awareness program based on youth development in kodumampalli panchayath with help of sacred college students Master. Sibi Abishek .A

### **PARTICIPANTS:**

- Kodumampalli panchayat President
- Anganwadi teacher
- 32 Parents
- 59 Children

## **CONCEPT**

- Career Guidance
- Phone usage
- Life Skills training
- Healthy food and Unhealthy food

### **IMPACT**

- Youth Community people got knowledge about career guidance
- Community people got knowledge about healthy food and unhealthy food and Cleanliness.
- Community people told this awareness program is very usefully to know about the Life Skills training

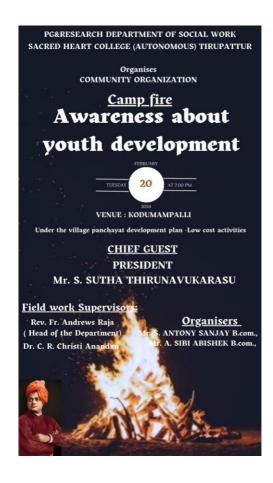
## Conclusion

The Kodumampalli panchayath successfully organize the Camp fire based on youth development with help of Sacred Heart College (Autonomous), PG & Research department of social work students.

## **ARTIFACTS**







## SACRED HEART COLLEGE (AUTONOMOUS) TIRUPATUR

THEMATIC VILLAGE: PALNANKUPPAM(CO 2)

THEME NO : 05

TITLE OF THEME. : GREEN AND CLEAN VILLAGE

INDICATOR NO. : 23

TITLE OF PROGRAM: AWARENESS ON AVOID PLASTIC

NAME OF THE TRAINEE: J.JOSHITH DAISEENA SHAWLA AND S.J.NISHA



The program was conducted on 23.02.2024 in Govt Primary School Palnankuppam for 100 students of class 1st to 5th in the topic of AWARENESS ON AVOID PLASTIC on LOW COST AND NO COST ACTIVITY with the support of 2 faculty and the school Headmaster Mr. Shanmugam.

The objectives are to create aware of plastic. To avoid eating plastic packed food. To separate the plastic waste. To keep the village green and clean.

The students said that, it's useful to them and they will follow it. Especially they said that, they will not eat plastic containing food and they separate the plastic waste and put.

## PG & RESEARCH DEPARTMENT OF SOCIAL WORK SACRED COLLEGE (AUTONOMOUS) TIRUPATUR

We cordially invite you all for an Awareness on

## **AVOID PLASTIC**

February 23, 2024 PALNANKUPPAM

Under the Village panchayat development plan
Low cost No cost Activity

J Joshith Daiseena Shawla S J Nisha

## SACRED HEART COLLEGE (AUTONOMOUS) TIRUPATUR

THEMATIC VILLAGE: PALNANKUPPAM

THEME NO: 05

TITLE OF THEME: GREEN AND CLEAN VILLAGE

**INDICATOR NO.: 19** 

TITLE OF PROGRAM: AWARENESS ON SAVE TREE SAVE EARTH

NME OF THE TRAINE: J. JOSHITH DAISEENA SHAWLA AND S. NISHA



The program was conducted on 15.02.2024 in Govt Hr Sec School Palnankuppam for 50 students of

class 6th and 7th in the topic of AWARENESS ON SAVE TREE SAVE EARTH on LOW COST AND NO COST ACTIVITY with the support of 3 faculty and the school Headmaster Mr. Senthil.

The objectives are to create aware of cutting down trees. To plant the trees. To maintain the trees to grow. To keep the village green and clean.

The students said that, it's useful to them and they will follow it. Especially they said that, they will plant trees and pour water for plants to grow.

## SACRED HEART COLLEGE (AUTONOMOUS) TIRUPATUR

THEMATIC VILLAGE : VENGAYAPALLI

**THEME NO** : 03

TITLE OF THEME : CHILD FRIENDLY

INDICATOR NO :

**TITLE OF PROGRAM**: AWARENESS OF POLIO PRECAUTIONS

NME OF THE TRAINEE : S.NISHA AND J.JOSHITH DAISEENA SHAWLA





- The program was conducted on 23.2.2024 in Anganwadi for 15 children and 6 parents in the topic of polio precautions with the help of Mrs. Roja Ramani.
- The objective of the theme is to aware on polio precautions of parents, there is no cure for polio but it can be prevented with safe and effective vaccination.
- The parents said that ,this is very useful for our children they know more about on polio precautions.

## TIRUPATUR

THEMATIC VILLAGE : VENGAYAPALLI

**THEME NO** : 03

**TITLE OF THEME** : Child Friendly

INDICATOR NO : 11

TITLE OF PROGRAM : Awareness on Health And hygiene

**NME OF THE TRAINEE**: S.J.NISHA





- The program was conducted on 13.3.2024 in primary school Annual day function Vengayapalli for 36students and 1to5th standard in the topic Awareness of health and hygiene on low cost and no cost activities with the support of 2 teachers & Hm shenbagavalli And parents
- The objective of the program is how to maintain our health in daily life no one will not aware and take care of our health so trainee teach the skit for students, the students act the skit on annual day function
- The Hm appreciate the trainee to make a good skit of today's children are not care of our health and hm told that to take care of our health to students

## TIRUPATUR

THEMATIC VILLAGE : VENGAYAPALLI

**THEME NO** : 03

**TITLE OF THEME** : CHILD FRIENDLY

INDICATOR NO : 8

TITLE OF PROGRAM : AWARENESS ON HEALTH AND NUTRITIOUS FOOD

**NME OF THE TRAINEE**: S.J.NISHA



## **INTRODUCTION**

In the Vengayapalli Village we visited the primary school . Totally 34 students and 2 teachers are involved in this program

## **IMPACT**

The awareness is given to the students about the Awareness on health and nutritious food because today's world childrens are not aware about the nutritious food

- Healthy food contains all the necessary elements for our body like protein , vitamins and fats and carbohydrates
- Encourage your child to eat and drink fat free or low fat dairy products like, such as milk and yogurt and cheese
- Healthy food keep our body disease free

## **CONCLUSION**

Nutrition education can help people understand that diet is related to the health and provide information on what food to eat for health. The student said that they aware on the nutritious food we don't eat junk food.

## **TIRUPATTUR - 635601**

THEME NO	03
THEME TITLE	CHILD FRIENDLY VILLAGE
INDICATOR NO	08
INDICATOR TITLE	PROVIDE ESSENTIAL HEALTH CARE SERVICE
ACTIVITY NO	01
ACTIVITY TITLE	AWARENESS ABOUT YOUTH DEVELOPMENT

### Introduction

The activity of Awareness about youth development was conducted on 20.02.2024 (Tuesday) under the theme of Child Friendly village. The main vision of this theme is "To Give Awareness about youth Development with current affairs". There are so many targets are there to achieve the theme of Child Friendly village. Such as to give some speech with cultural activity based on youth development.

### **Process of Authorization**

Before conducting the program, the trainee first got permission from the Panchayath President of kodumampalli Mr. S Thirunavukarasu . He give permission to do camp fire based on youth development in kodumampalli village , the trainee find resourse for camp fire like place, wood in the village

## **Objectives**

- 1) To give awareness program based on youth development.
- 2) To motive <u>youthyputh</u> to live good life in society
- 3) To encourage the community people to participate in the awareness program.
- 4) To do camp fire for the community people.

## **Resource persons for the awareness program**

- MR. S Thirunavukarasu, Kodumampalli panchayat President,
- Rev. Fr. Andrews Raja, Head of the departmeant
- Dr. Christi Anandhan, Assistant professor

## **Activities carried out**

The awareness program based on youth development, the trainee invite all the community people for program, after that trainee give awareness talk to the community people, the trainee make awareness dance and camp fire to the community people

- Awareness talk about youth development
- o Camp fire for community people

The awareness program based on youth development in kodumampalli panchayath with help of sacred college students **Master. Antony Sanjay S and Master. Sibi Abishek A.** 

## **Conclusion**

The Kodumampalli panchayath successfully organize the Camp fire based on youth development with help of Sacred Heart College (Autonomous), PG & Research department of social work students.

## **TIRUPATTUR – 635601**

THEME NO	02
THEME TITLE	HEALTHY VILLAGE
INDICATOR NO	08
INDICATOR TITLE	PROVIDE ESSENTIAL HEALTH CARE SERVICE
ACTIVITY NO	01
ACTIVITY TITLE	HAPTOGLOBIN TEST FOR SCHOOL STUDENT

### Introduction

The activity of Haptoglobin Test was conducted on 17.02.2024 (Saturday) under the theme of healthy village. The main vision of this theme is "Ensure healthy lives and well-being for school student". There are so many targets are there to achieve the theme of healthy village. Such as eliminate stunting and wasting, eliminating anemia amongst adolescent girl and calculating blood level to identify any problem to prevent it.

### **Process of Authorization**

Before conducting the Haptoglobin test, the trainee first got permission from the Panchayath President of Nellivasalnadu Mrs. Alamelu Selvam and Forest higher secondary school Nellivasalnadu Head Master Mr. Chandrakumar for place arrangement. After that the students are went to Mrs. Thamizharasi (Nellivasalnadu Nurse) for seeking permission to conducting HP test for school student in Nellivasalnadu panchayath. The trainee have got permission from Forest Higher Secondary School for conducting Awareness program with Haptoglobin Test for School student. Mrs. Thamizharasi also accepted to make the Program in Nellivasalnadu school.

## **Objectives**

- To Organize the Awareness program and Haptoglobin Test in Nellivaslnadu panchayath.
- To Provide some Awareness about the anemia and how to protect.
- To Create some Health topic to follow it daily.
- To check students Blood level, Height and Weight.

## Resource persons for medical camp

- Mrs. Alamelu Selvam, Nellivasalnadu President,
- Mrs. Thamizharasi, Nellivasalnadu Nurse,
- Mr. Chandra kumar, Head Master,
- Dr. Christi Anandhan, Assistant professor
- Dr. Clayton Micheal Fonceca.

## **Activities carried out**

In Awareness Program and Haptoglobin Test in Nellivasalnadu School such as

- Blood level checkup,
- Height checkup,
- Weight checkup,
- Awareness about student Health,
- Awareness about anemia for Girls

The Haptoglobin test in Nellivaslnadu panchayath with help of sacred college students **Master. Mozhivanan A and Master. Elavarasan S.** The resource for this Community organization have been arranged within the Primary Healthcare Centre. Approximately 120 students are attended the session.

## Conclusion

The Nellivasalnadu panchayath successfully organize the Haptoglobin Test for School Student with help of Sacred Heart College (Autonomous), PG & Research department of social work students. Mrs. Alamelu selvam and Mrs. Thamizharsi (Nellivaslnadu Nurse) facilitate the program with their speech.

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Under village panchayat development plan with NO COST ACTIVITY PANCHAYAT NAME: NELLIVASALNADU

RESOURCE PERSON

## MRS. THAMIZHARASI

(NELLIVASALNADU NURSE)

## HAPTOGLOBIN TEST (HP) FOR SCHOOL STUDENT

HEAD OF THE DEPARTMENT: Rev . Fr. J. andrews raja

SUPERVISORS: Dr. Christi Anandan Dr. Clayton Michael Fonceca

FACULTY MEMBERS:
DR. AROKIARAJ
REV. FR. S. HENRY DANIEL AMBROSE
DR. SELVAM

DATE: 17-02-2024 (SATURDAY)

TIMING: 11.00 AM

VENUE: FOREST HIGHER SECONDARY SCHOOL NELLIVASALNAD

ORGANISERS:

S. ELAVARASAN A. MOZHEVANAN



## **TIRUPATTUR – 635601**

THEME NO	02
THEME TITLE	HEALTHY VILLAGE
INDICATOR NO	08
INDICATOR TITLE	PROVIDE AWARENESS ON PEDIATRIC CACER RELATED TO JUNK FOOD
ACTIVITY NO	02
ACTIVITY TITLE	AWARENESS ON PEDIATRIC CANCER

### Introduction

The activity of Awareness on Pediatric Cancer was conducted on 07.03.2024 (Thursday) under the theme of healthy village. The main vision of this theme is "Ensure healthy lives and well-being for school student". There are so many targets are there to achieve the theme of healthy village. Such as eliminate stunting and wasting, eliminating anemia amongst adolescent girl and making then Awareness about junk food and Fast Food they regularly having in there day to day life.

### **Process of Authorization**

Before conducting the Awareness Program, the trainee first got permission from the Panchayath President of Nellivasalnadu Mrs. Alamelu Selvam and Primary School in Puliyur Under Nellivasalnadu Panchayath, Head Master Mr. Govind raj for place arrangement. After that the students are went to Mrs. Sathiyavani (Puliyur Nurse) for seeking permission to conducting Awareness Program for school student in Puliyur.

## **Objectives**

- To Organize the Awareness program
- To Provide some Awareness about the anemia and how to protect.
- To Create some Health topic to follow it daily.

## Resource persons for medical camp

- Mrs. Alamelu Selvam, Nellivasalnadu President,
- Mrs. Sathiyavani, VHN Nellivasalnadu Nurse,
- Mr. Govind Raj, Head Master,
- Dr. Christi Anandhan, Assistant professor
- Dr. Clayton Micheal Fonceca.

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### **Activities carried out**

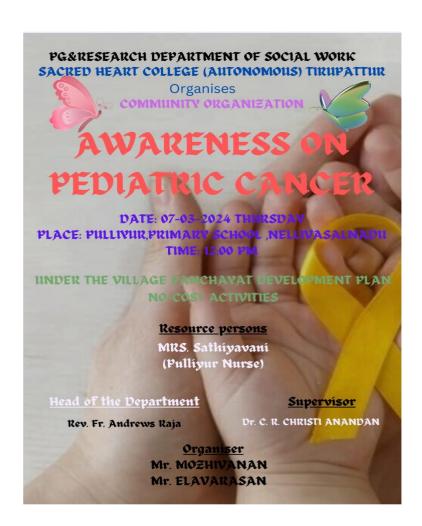
In Awareness Program and Haptoglobin Test in Nellivasalnadu School such as

- Awareness On Junk Food,
- English Song related to Junk food topic,
- Awareness about student Health,
- Awareness about anemia for Girls

The Awareness on Pediatric Cancer with help of sacred college students **Master. Mozhivanan A and Master. Elavarasan S.** The resource for this Community organization have been arranged within the Primary Healthcare Centre. Approximately 80 students are attended the session.

### **Conclusion**

The Nellivasalnadu panchayath successfully organize the Awareness Program on Pediatric Cancer to School Student with help of Sacred Heart College (Autonomous), PG & Research department of social work students. Mrs. Alamelu selvam and Mrs. Sathiyavani VHN (Nellivaslnadu Nurse) facilitate the program with their speech.







## TIRUPATTUR.

Panchayat: Pudukottai Date: 08.02.2024

Indicator: Place: Primary School

Thematic Area: 3

## UNDER THE LOW COST AND NO COST ACTIVITY

TITLE: AWARENESS PROGRAM –CHILDREN (Good touch and Bad touch)



In the Pudukottai Village the trainee visited the primary school. Totally 27 students involved in this activity. Mrs. Bakkiyam the Headmistress of the school, she helped the trainee and co-trainee to do this activity in the school.

The awareness is given to all the students about the Good touch and bad touch. The trainee learned lot of skills and qualities to be improved in the next level

- The trainee learnt how to communicate with officials
- How to organize the community organization to the students effectively
- The skills learnt by the trainee are Being Patience, active listening plays an important role then proper communication with the students
- Especially engaging skill because while the trainee teaching the action song on the laptop. Unexpectedly, It was disconnected but the trainee is able to manage the situation confidently
- The importance of giving awareness is to provide proper understanding about the subject to the children
- When the trainee spends time with the children the trainee felt her inner child

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## CONCLUSION:

By giving clear explanation and critical thinking about their life. Teaching them the difference between good touch and bad touch puts them in a better position of stopping such incidents from happening.

## **ARTIFACTS**

## SACRED HEART COLLEGE (AUTONOMOUS), TIRUPATTUR.

Panchayat: Pudukottai Date: 08.02.2024

Indicator: Place: Primary School

Thematic area: 3

## UNDER THE LOW COST AND NO COST ACTIVITY

TITLE: AWARENESS PROGRAM –CHILDREN (Good touch and Bad touch)





In the Pudukottai Village we visited the primary school. Totally

27 students involved in this activity . Mrs. Bakkiyam the Headmistress of the school , she helped us to do this activity in the school.

The awareness is given to all the students about the Good touch and bad touch. Touch plays an important role in a child's life.

- Start conversations at an early age.
- Encourage open communication.
- Teach children what to do if someone tries to use bad touch.

- Teach children who they can approach if they are in an uncomfortable situation or are in appropriately touch.
- The importance of dialing 911 if there is an emergency.
- The children can go to their parent, teacher, doctor or police officer if they feel unsafe.
  - Teach them to fight back.

## CONCLUSION:

"YOUR BODY IS YOUR OWN, AND YOU HAVE THE RIGHT TO SAY NO TO ANY TOUCH THAT FEELS WRONG"

By giving clear explanation and critical thinking about their life. Teaching them the difference between good touch and bad touch puts them in a better position of stopping such incidents from happening.

## **ARTIFACTS**





## SACRED HEART COLLEGE (AUTONOMOUS), TIRUPATTUR.

**Panchayat:** Anneri

**Date:** 15-02-2024

**Place:** Primary School

**Indicator**:

Thematic Area: Two

UNDER THE VILLAGE PANCHAYAT DEVELOPMENT PLAN -

**NO COST ACTIVITY** 

**TITLE:** AWARENESS PROGRAMME ON **HEALTH AND SAFETY** 

The programme was conducted around 10:15 AM to 11:30 AM. The resource person of the programme was **Miss. M. Latha Munuswamy** Assistant professor of Counselling Psychology and she is the **Counsellor of Sacred Heart College**, Tirupattur. The programme was attended by the students of 6<sup>th</sup> standard, 7<sup>th</sup> standard, 8<sup>th</sup> standard. The students attended the programme was around **50 members**.

The resource person of the programme first conducted a **Gym Dance** for the students to keep them alert. After that the session was started by the welcome address and the welcome address was given by trainee. The resource person was honored with a shawl and gift by the Head master of the school. Then resource person questioned the students that "**Who is a healthy person?**" then all the students answered to the mam and mam explained to the students about "**Physical Health, Mental Health, Social Health**". After that students of the psychology department teached a hand exercise to the students which helps them to focus on the things they are doing. Then mam explained about the safety of the students, friends, family members and mam teached about "**Good touch and Bad touch**" to the students.

Then the programme was concluded with vote of thanks by the Head Master of the school. HM thanked the resource person that the programme was very useful for the students of their school and our students had learned many things and exercise from the you. And she said that **they will do the gym dance everyday morning in the prayer before the class**. Students also thanked mam by saying that they gained some knowledge and they thanked the trainee and co-trainee for arranging this programme for them. And the Head Master of the school asked the resource person and trainee to conducted **any other awareness programme for the students** so that the students can learn something other than syllabus.



WE COORDINATELY INVITE YOU FOR AN AWARENESS PROGRAMME ON

**HEALTH** 

&

## **SAFETY**

### **RESOURCE PERSON:**

MISS. M. LATHA MUNUSWAMY
ASSISTANT PROFESSOR IN COUNSELLING PSYCHOLOGY DEPARTMENT
COUNSELLOR, SACRED HEART COLLEGE

FEB THUR 10 AM

SUPERVISOR NAME:

Dr. CLAYTON MICHAEL FONCECA

Dr. T. SELVAM

PLACE:

ANNERI GOV. SCHOOL.

ORGANISERS:
KRISHNA PRIYADHARSHINI. G
HARSHITHA. M





## SACRED HEART COLLEGE (AUTONOMOUS), TIRUPATTUR.

**Panchayat:** Rachamangalam

**Date**: 22-02-2024

**Place:** Primary School

UNDER THE VILLAGE PANCHAYAT DEVELOPMENT PLAN -

NO COST ACTIVITY

## TITLE: AWARENESS PROGRAMME ON EXAM PREPARATION AND

### **PRESENTATION**

The programme was conducted around 11:15 AM to 12:00 AM. The trainee itself prepared for the community organization programme and presented for the school students. The programme was attended by the students of 6<sup>th</sup> standard, 7<sup>th</sup> standard, 8<sup>th</sup> standard. The students attended the programme was around **50 members**.

The trainee first said that you should give yourself enough time to study by making a study schedule and do not leave anything for the last minute. Then in a note or paper write down how many exams you have, how many pages you have to learn and how many days left. Then accordingly you organize your study timetable. And you should make sure that your study space is organized well without any disturbance. You should ensure that sufficient bright light is provided and there should not be any distract materials and make sure that the place is silence. Then the trainee explained them about the visual way of studying helps more. Then while studying you should take notes that you can understood. So that during exam time it could be very helpful for your preparation and you should also revise the previous exams question papers.

Then after learning you can explain to your friends because it could help your friends and it will be benefit for you also to keep in the memory. And you can also organize study groups with your friends. But it should be only for positive study use. Then while studying you can take breaks, snacks by taking healthy food which is good for your health and for your brain. Then you should take plenty of water to drink. Then the trainee and co-trainee conducted some activities. Then the trainee explained how to present the exam. First you should see the question paper properly and then you should schedule timings for each question in each section and again read over each questions carefully. Then present your paper neatly by using blue and black pens to write. Before this you all should be in very peaceful manner. So, that you can present it well and you should go to bed early before your exams night and you should wake up early morning and revise everything that you had prepared for your exam. Then everyone thanked the trainee and co-trainee that the students had gained some knowledge.









## SACRED HEART COLLEGE (AUTONOMOUS), TIRUPATTUR.

**Panchayat:** RACHAMANGALAM

**Date**: 08-03-2024

Place: Rachamangalam

## <u>UNDER THE VILLAGE PANCHAYAT DEVELOPMENT PLAN -</u> NO COST ACTIVITY

## **TITLE:** AWARENESS PROGRAMME ON **UNDERWEIGHT CONCERNS IN KIDS**

The programme was conducted around 11:00 AM to 11:45 AM. The trainee itself prepared for the community organization programme and presented for the parents of the panchayat. The community organization programme was attended by 20 members.

The trainee and co-trainee gathered the parents of the childrens and started the community organization programme by playing the video. The video was on the underweight concern in kids by Dr. Sivaraman. In the video he talks about the underweight and health of kids. He says there is no tonic for the kids to increase their weight suddenly and before thinking of increasing the weight of the kid. We should first know why the weight is not increasing. We can know by going to hospital and by ourselves by observing them properly. During the birth time itself the baby should be 3kgs. If the child is born before 10 months the kid will be in low weight.

When the child reaches 1 year of age the weight should be 9 to 10 kgs and there will be metabolic growth and the child in the underweight should be taken care by giving them healthy food. And he says the kid should take healthy food like: Ragi, Coconut milk, Nendran bananas (Nethrampalam), Grains, Green gram, Health mix, Groundnut, Bananas. We should not give more fiber content food for the kids. After that the trainee explained what are the impact of Weakened Immune System, Delayed growth and development, Nutritional underweight. deficiencies, Bone health, Emotional and Psychological effects. After that explained the stages the (Moderate), underweight: Underweight (Mild), Underweight Underweight (Severe), Malnutrition's, Wasting, Stunted growth.

After the community organization programme all of the parents thanked the trainee for the useful programme. And they said that it will be very useful for them and for their childrens to be in the correct weight.





P. G. & RESEARCH DEPARTMENT OF SOCIAL WORK SACRED HEART COLLEGE (AUTONOMOUS) TIRUPATTUR DISTRICT

UNDER THE VILLAGE PANCHAYAT DEVELOPMENT PLAN NO COST ACTIVITIY

WE CORDIALLY INVITE YOU FOR AN AWARENESS PROGRAMME ON

# Underweight concerns in kie

On 08th Friday 2024 @ 11:30 am

SUPERVISOR:

Dr. Clayton Michael Fonceca

Place:

Organiser:

Rachamangalam

Krishna Priyadharshini G





Rachamangalam, Tamil Nadu, India FH2C+XPR, Rachamangalam, Tamil Nadu 635653, India Lat 12.453085° Long 78.572556° 22/02/24 11:31 AM GMT +05:30

## SACRED HEART COLLEGE (AUTONOMOUS) TIRUPATTUR DISTRICT.

Panchayat name: Aneri Date:07-03-2024

Indicator: Place: Aneri

Theme no.:05

Theme: Clean and Green

UNDER THE VILLAGE PANCHAYAT DEVELOPMENT PLAN -NO COST ACTIVITY

TITLE: BIODEGRADABLE AND NON-BIODEGRADABLE

Trainee reached the village at 10.30 AM then got permission from school assistant HM. Trainee gathered 20 students for rally, they are school students.

Then trainee along with co- trainees and school students started the rally on the topic biodegradable and Non – biodegradable . We went through out the village by walk and we insist them to separate the waste properly and we visit some house and explain them about the separate of waste.

Then we explain them about what are the biodegradable waste and what are the non-biodegradable waste. And most of them ask doubts related to our topic we answer them and some of them ask questions beyond our topic even to them also we answered. Finally we get back to school and even to school students also we explain them about the topic and how to separate the waste.











## SACRED HEART COLLEGE (AUTONOMOUS) TIRUPATTUR DISTRICT.

PANCHAYAT NAME: ANERI Date:15-03-2024

INDICATOR: Place: Aneri Anganwadi

THEME NO.:03

THEME: CHILD FRIENDLY VILLAGE

UNDER THE VILLAGE PANCHAYAT DEVELOPMENT PLAN-NO COST ACTIVITY

TITLE: SPORTS COMPITATION OF ANGANWADI STUDENTS

Trainee along with co-trainee reached the village at 10.30 AM, then we met Anganwadi incharge malathi mam to ask permission then we gathered the students in play ground. First we ask their names, then we tell them we are going to conduct the games they are really very happy. Then trainee explained the instructions of the game and how to play. They all actively listened what we explained.

Trainee tell them to stand in a circle and conduct the game called 'Ball passing' they are played well. Then we separate two teams one team for boys and one team for girls, then conduct a game called 'Ball throwing' they played well but some of the not catching the ball properly because the are too small and they can't able to catch the ball immediately, and few of them really played well.

Then we conduct a game called 'Ball on the bucket', trainee said them to stand in a line and mark a line to throw the ball into the bucket and other side we place the bucket. One by one they thrown the ball into the bucket, some of them thrown the ball into the bucket correctly but some of them missed out the ball. And we gave them three chance to throw the ball. After that they said the rhymes in Tamil as well as in English what they learned in their classes. Then finally we gathered the students in the class and thank the staffs who gave permission to us and who stayed along with



us throughout the games.



## SACRED HEART COLLEGE (AUTONOMOUS) TIRUPATTUR DISTRICT

Panchayat: Rachamangalam. Date:21.02.2024

Indicator: place: Panchayat office

Theme no.:03

Theme: Child friendly village

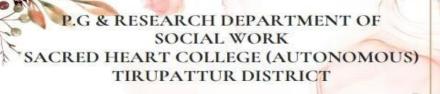
UNDER THE VILLAGE PANCHAYAT PLAN - NO COST ACTIVITY

TITLE: ENTREPRENEURSHIP

Trainee went to Rachamangalam panchayat on 21st February, Wednesday. Trainee reached the panchayat at 11:30 AM . Trainee planned to conduct awareness programme on Entrepreneurship, totally 22 self help group (SHG)members attended this programme . Trainee along with co-trainee conducted this programme.

Trainee asked them about the roles of SHG they explained about SHG. Then trainee explained them about entrepreneurship, trainee said them about training programme of entrepreneurship and explained about types of business like pickle making, jam making, embroiding, art making, etc.... Then trainee said them if you are interested to became entrepreneur contact us, we gave contact number to them and one of the member said she is interested in tailoring and if any classes is start related to tailoring you insist me, I will join the training programme like that she said.

And trainee said them not only you if others are interested to be an entrepreneur kindly inform us we will explain them about entrepreneurship. After that few members asked about how to sell our products. Trainee said them in Tirupattur so many entrepreneurs are there for them Mrs. Faiza mam is the incharge, trainee said about her, if you are interested we will ask Faiza Mam then she will help you to learn about business ideas.



WE CORDIALLY INVITE YOU FOR AN AWARENESS PROGRAMME ON

## Entrepreneurship

UNDER THE VILLAGE PANCHAYAT
DEVELOPMENT PLAN-NO COST
ACTIVITY

## SUPERVISORS:

Dr. T. SELVAM
Dr. CLAYTON MICHAEL FONCECA

21st Wednesday 2024 @ 11:00AM

## PLACE:

RACHAMANGALAM PANCHAYAT OFFICE

ORGANISERS : Ms. HARSHITHA . M Ms. KRISHNA PRIYADHARSHINI.G



PANCHAYAT : KURUSILAPATTU DATE : 14.03.2024

INDICATOR: 03 PLACE: Anganwadi

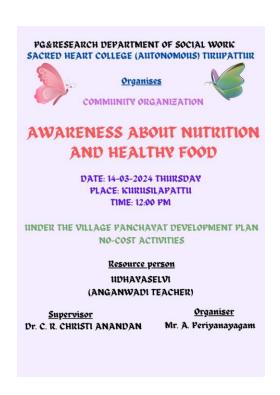
#### THEME: CHILD FRIENDLY VILLAGE

(Under the low cost and no cost activity)

#### TITLE: AWARENESS ABOUT NUTRITION AND HEALTHY FOOD

The trainee organized a Community Organized a Community Organization in kurusilapattu village for Anganwadi Children Mothers.

- The programme started at 11:45am.
- The trainee invited the resource person Anganwadi teacher Mrs.Udhayaselvi. then she talked about the nutrition foods and its importance.
- Then the trainee talked about the child mobile addiction and Pediatric Cancer.
- After that the programme was ended at 12:30 pm.
- Then the trainee gave a notice about Awareness for Pediatric Cancer.















PANCHAYAT : PERUMAPATTU DATE : 16.02.2024

INDICATOR: PLACE: Primary school

**THEME: CHILD FRIENDLY** 

(Under the low cost and no cost activity)

TITLE: AWARENESS ON CHILD HEALTH



#### **INTRODUCTION**

We visited the Perumapattu village panchayat Govt.Primary School. We organized an awareness program about child health.

#### **PARTICIPANTS:**

- School teachers
- 60 school students
- Urban health nurse

#### **CONCEPT**

- Healthy food and Unhealthy food
- Health and Hygiene
- Awareness about vitamin tablets for school children

#### **IMPACT**

Students got knowledge about healthy food and unhealthy food, Cleanliness and the benefits of vitamin tablets.

#### **ARTIFACTS**











PANCHAYAT : KURUSILAPATTU DATE : 03.03.2024

INDICATOR: 04 PLACE: Kurusilapattu

#### THEME: POVERTY FREE AND ENHANCED LIVELIHOOD VILLAGE

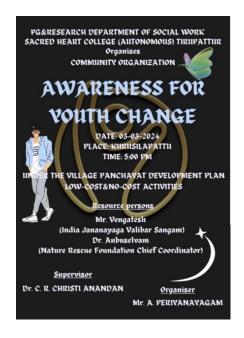
(Under the low cost and no cost activity)

#### TITLE :AWARENESS FOR YOUTH CHANGE

The trainee organized a Community Organized a Community Organization in kurusilapattu village for Youth.

- The programme started at 5 pm on Sunday.
- The trainee invited the resource persons to gave a talk, the resource persons are Dr.Anbuselvam (nature rescue foundation chief coordinator) and Mr.Vengatesh(India Jananayaga Valibar Sangam).
- They gave a talk about youth responsibilities, entreneurship, skill development and select the good leader for our country.
- Then the trainee talked about the schemes which are available for youth.
- After that the programme was concluded at 6:30 pm.

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Tirupathur, Tamil Nadu, India GM52+263, Periyar Nagar, Tirupathur, Tamil Nadu 635702, Ind Lat 12.507379\* Long 78.650799\* 03/03/24 05:51 PM GMT+05:30



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PANCHAYAT: Kakanampalayam DATE: 16.02.2024

INDICATOR: PLACE: Panchayat office

#### THEME: CLEAN AND GREEN VILLAGE

(Under the low cost and no cost activity)

#### TITLE: AWARENESS ON ORGANIC FARMING



#### INTRODUCTION

We visited the Kakanampalayam village panchayat office. I organized an awareness program about Organic Farming.

#### **PARTICIPANTS:**

- Panchayat president
- Dr.Anbu Selvam(chief coordinator of nature rescue foundation)
- Mr.Radhakrishnan (social activist)
- Dr.Arockiaraj and Dr.Selvam (assistant professors)
- Panchayat Secretary
- 30 community people

#### **CONCEPT**

- Awareness about organic farming
- Terrace garden
- Awareness about health and hygiene

#### **IMPACT**

 Community people got knowledge about organic farming, natural food and health and hygiene • Community people told this awareness program is very usefully to know about organic farming.

#### **ARTIFACTS**





The trainee went to the field and study the village and made relationship among the community people Then the trainee takes to the next level of community need i.e **The Theme 5 Clean And Green Village**. People were not aware of the open defecation and also does not know about the effect of the problem also they were not aware of the theme

clean and green, Segregate wates so the trainee gave an awareness program on 22.02.2024. the participants were comprising of 35 female and 2 male. The program was conduct at govt middle school in Jamunapudur village panchayat. The program was held by panchayat president and school head master and teachers. After finishing the program, the trainee planted some saplings in memory of the awareness program. During the program discuss with:

- 1. HEALTH AND
- 2. HYGIENE
- 3. SEGREGATE WASTES
- 4. OPEN DEFICATION





## SACRED HEART COLLEGE (AUTONOMOUS) TIRUPTTUR – 635 601.

LSDG - LOCALIZATION SUSTAINABLE DEVELOPMENT GOALS

**DISTRICT: TIRUPATTUR** 

**BLOCK: TIRUPATTUR** 

NAME OF THE VILLAGE: A.K MOTTUR.

THEME OF THE VILLAGE: THEME: 03 - CHILD FRIENDLY VILLAGE



















#### NO COST/ LOW COST ACTIVITY

- 1. அங்கன்வாடி குழந்தைகளின் தாய்மார்களுக்கு உணவு ஊட்டச்சத்து குறித்த விழிப்புணர்வு மற்றும் பயிற்சி வழங்குதல்
- 2.ஆரோக்கியமான ஊட்டச்சத்து உணவு வகைகள் பற்றிய முக்கியத்துவம் மற்றும் அதன் பயன்கள் குறித்த பயிற்சி நடத்துதல்

3.பழ மரக்கன்றுகள் விநியோகம் செய்து அதன் மூலம் தாய்மார்களுக்கு ஊட்டச்சத்து கிடைக்க வழிவகை செய்தல்

#### COMMUNITY ORGANIZATION .II

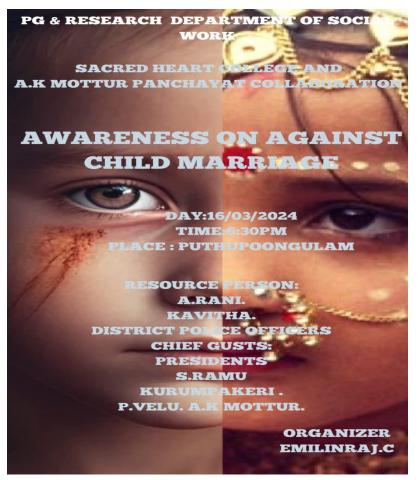
**VILLAGE: A.K MOTTUR** 

BLOCK : TIRUPATTUR

THEME: 03.CHILD FRIENDLY VILLAGE

#### NO COST / LOW COST ACTIVITY

கிராம வறுமை குறைப்புத் திட்டத்தின் கீழ்
 திருமணத்திற்கு எதிரான விழிப்புணர்வை ஏற்படுத்துதல்











THEME NO	05
THEME TITLE	
	CLEAN GREEN VILLADE
INDICATOR NO	
	23
INDICATOR TITLE	Instead of buying products from plastic bags, encourage
	people to carry clothes and buy products
ACTIVITY NO	01
ACTIVITY TITLE	LESS PLASTIC, MORE LIFE

#### Inroduction

A resilience awareness program was organized in thatavalli village in association with T.Krishnapuram Panchayat and Social Work Department students of sacred heart College tirupatur under the low cost activity.

Topic: LESS PLASTIC, MORE LIFE,

Date: 23/02/2024 (Friday)

Chief guest: Mr. Ramajhayam (president)

Mr.cleaning staff (panchayat)

In that panchayat, there is a lot of plastic waste, and when the panchayat searched for the problem, it was revealed that the people were using plastic in excess, and with the aim of creating awareness among them, this was conducted in the area If this program is conducted for adults it will not reach his knowledge. We conducted this for school students knowing that. A total of 65 guys participated in this It started at 11 am.

If you look at the subjects included in this, we told them about the history of plastic, the periodical nature of plastic, its effects, diseases, and everything.

#### conclusion

The program was conducted with the intention that the men would refrain from using elastic in the next quarter, so that they would refrain from using it in the future, This will sustain all the vegetation and livelihoods in the area.

PG&RESEARCH DEPARTMENT OF SOCIAL WORK SACRED HEART COLLEGE (AUTONOMOUS)

**TIRUPATTUR** 



# AWARENESS PROGRAM ABOUT



Date: 23 /02/2024

Place: T. Krishnapuram

UNDER THE VILLAGE PANCHAYAT DEVELOPMENT PLAN LOW-COST&NO-COST ACTIVITIES

### **CHIEF GUEST**

president: Mr. Ramachayam

Secretary: Mr. Sundar

## <u>Supervisor</u>

Dr. K. Arockiya raj





## <u>Organiser</u>

Mr.R. Sanjayrao









Theme no	
	08
Theme title	A village panchayat with on poverty and full of
	livelihood
Indicator no	
	02
Indicator title	Providing awareness to self-help groups with
	panchayat organizations to work together for
	the social economy of the poor and needy
	people
Activity no	
	01
Activity title	Awareness program on entreprenureship

Under the law cast activity village panchayat development programme, social work student of sacred heart college organized people aggregation and entrepreneuship awareness program in T.Krishnaporam panchayat on Thursday (15/02/2024) this program was conducted by the panchayat with the objective of benefiting the people through the care provided under LSDG to increase their income

Place : T.Krishnaporam

Chief guest:Mr.G.sandanam (District resourceperson)

In order to get a subsidy from the government, he has to pay monthly installments to get a subsidy from the government, to buy something through handicrafts, self-employment, or livestock, so that he can get an entrepreneur, so it is a very big opportunity for people to increase their income. People have taken on excessive debt and this has changed the livelihood of many people.

Around 42 members of the public participated in this awareness program and one of the special guests was Mr. Sanjayrao, the organizer of the program, and the head of the Self Help Group also participated. ParticipatedThis program was conducted with the idea that people will benefit from this LSTG. It was conducted to create purpose in some way for people who have no purpose..

#### **INVITATION**



#### AWARENESS PROGRAM ON ENTREPRENURESHIP

CHIEF GUEST:
MR.G. SANDHANAM (DISTRICT RESOURCE PERSON)
MR. VENKATESH (PRESIDENT)
MR.SUNDAR(SECRETARY)

HEAD OF THE DEPARTMENT: Rev.FR.J.ANDREWS RAJA

SUPERVISOR:

Or.K.AROCKIYA RAJ

Rev.FR.J.ANDREWS RAJA

FACULTY MEMBERS:
DR.CRISTI ANANDAN
Dr. CLAYTON MICHAEL FONCECA
Dr. AROKIARAJ
Rev. Fr. S. HENRY DANIEL AMBROSE
Dr. SELVAM
MR. MOIEESON THAIRIYAM

WE ARE INVITING YOU TO JOIN OUR AWARENESS PROGRAM

THURSDAY

15

12:PM

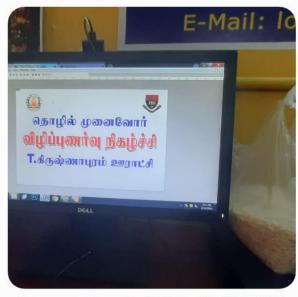
2024

T.KRISHNAPURAM

#### **ORGANISERS**

R.SANJAY RAO B.PRAKASH

UNDER THE VILLAGE PANCHAYAT DEVELOPMENT PLAN-LOW COST ACTIVITIES









THEME NO	05
THEME TITLE	CLEAN GREEN VILLADE
INDICATOR NO	02
INDICATOR TITLE	Awareness program related to health and hygiene
ACTIVITY NO	03
ACTIVITY TITLE	HYGIENE & HEALTH

#### Itroductoion

An awareness program was conducted for the people about sanitation under the **low cost activity** under the leadership of **T.Krishnapuram Panchayat** and social work students **of sacred Heart College.** 

**TOPIC: HEALTH & HYGIENE** 

**DATE: 08/03/2024 (FIRDAY)** 

**CHIEF GUEST:Mrs. Narmada (VHN)** 

Mr. Ramajayam (president)

#### Coordinator: sanjayroa. R

Students in that village have little knowledge about sanitation. Based on that, I told them about hygiene for their daily welfare, how we can protect our body, diet, physical health, and they were given a special awareness program in about 45 minutes

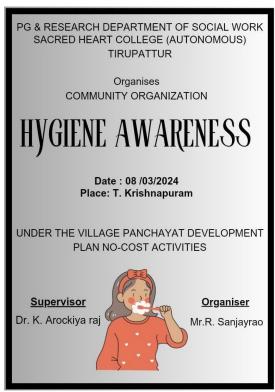
#### TIPS:

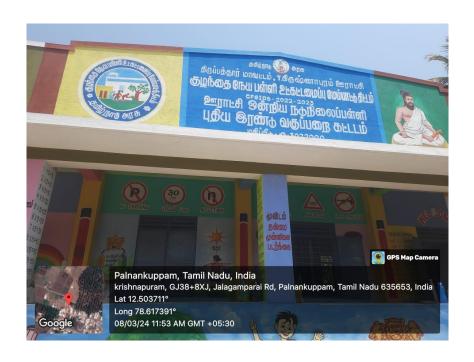
Handwashing, Dental care, Shower regulary, Clean clothes, Nail care, Healthy dief, Stay hydrated, proper toilet habits, clean living space, regular execise

#### Conclusion

This program was conducted under the leadership of Panchayat and Social Work Department students as we felt that the health program would benefit the students and improve their daily physical health.









## SACRED HEART COLLEGE (AUTONOMOUS)

#### **TIRUPATTUR - 635601**

THEME NO : 3

**THEME TITLE**: CHILD FRIENDLY VILLAGE

**INDICATOR NO**: 9

**INDICATOR TITLE:** TO ENCOURGE THE SCHOOL STUDENTS EDUCATION

**ACTIVITY NO**: 2

**ACTIVITY TITLE**: CAREER COUNSELING FOR 10<sup>TH</sup> STD SCHOOL STUDENTS

**DATE** : 09/02/2024

**LOCATION** : MADAPALLI

TITLE : CAREER COUNSELING FOR 10<sup>TH</sup> STD STUDENTS

The community organization program titled "Career Counseling for 10th Std Students" aimed to provide guidance and support to the students of Madapalli village in making informed decisions about their future careers. The program featured various interactive sessions and workshops conducted by professionals from different fields.

The program began with an introduction to the importance of career planning and the variety of career options available in today's world. The students were encouraged to explore their interests, strengths, and goals to help them make well-informed career choices.

Overall, the career counseling program in Madapalli village successfully provided the students with valuable insights, inspiration, and practical skills needed for their career planning. It was an empowering experience that encouraged them to explore their passions and make informed decisions about their future pathways.

#### Learning from this program:

The career counseling program for 10th standard students in Madapalli village offered several valuable lessons. Firstly, it highlighted the importance of early career planning and guidance to help students make informed decisions. It emphasized the significance of exploring diverse career options and discovering one's interests and strengths.

Overall, the career counseling program in Madapalli village served as a valuable learning experience, emphasizing the significance of early planning, exposure to diverse careers, skill development, and community engagement in shaping the future of students.



PG & RESEARCH DEPARTMENT OF SOCIAL WORK
SACRED HEART COLLEGE
(AUTONOMOUS), TIRUPATTUR

## Career Counselling for 10th Students Free E-

Certificate!

09th Feb

02 PM onwards

#### **School Grounds**

we invite all the faculties and students to this Mega Event

Fieldwork Supervisor
Dr. Clayton Michael Fonceca
Asst.Professor

Resoure Person Dr. Christi Anandan Asst.Profossor



Government Girls Higher Secondary School Madavalam, Tirupattur.









THEME NO : 3

**THEME TITLE**: CHILD FRIENDLY VILLAGE

**INDICATOR NO**: 7

**INDICATOR TITLE:** AWARENESS ABOUT THE IMPORTANCE OF EDUCATION

**ACTIVITY NO** : 3

**ACTIVITY TITLE**: DISCIPLINE AND STUDY TIPS FOR PRIMARY SCHOOL

**CHILDREN** 

**DATE** : 26/01/2024

**LOCATION** : MADAPALLI

TITLE : AWARENESS ON GRAMA SABHA AND LSDG

The community organization program titled "Discipline and Study Tips for Primary School Children" aimed to provide guidance and support to young students in developing effective study habits and maintaining discipline in their daily lives. The program included interactive sessions, workshops, and activities designed to engage and inspire the children.

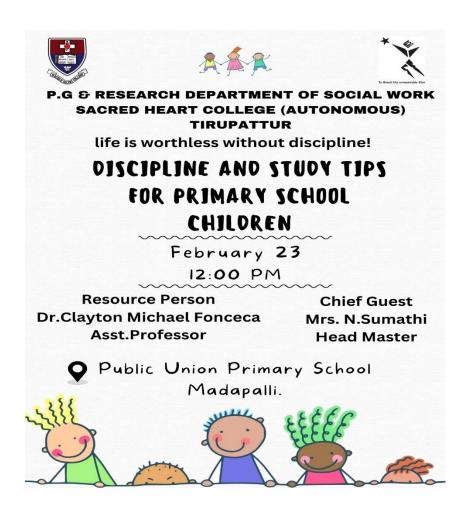
During the program, various important aspects of discipline and study skills were discussed. The sessions emphasized the importance of time management, organization, and focus in achieving academic success. The children were encouraged to set goals and prioritize their tasks to make the most of their study time.

Overall, the program aimed to instill discipline, study skills, and a positive mindset in the young students, laying a strong foundation for their future academic and personal growth.

#### **Key Learnings:**

- 1. Importance of Time Management: The program highlighted the significance of managing time effectively to balance study, play, and other activities. Teaching the children how to create schedules and prioritize tasks could help them stay organized and make the most of their time.
- 2. Development of Study Skills: The sessions emphasized the importance of developing effective study habits, such as active learning, note-taking, and problem-solving techniques. The children learned strategies that could improve their understanding and retention of information.
- 3. Individual Learning Styles: The program introduced the concept of different learning styles and encouraged the children to explore their own preferences. Recognizing that everyone learns differently, the sessions taught them to adapt their study methods accordingly for better results.

- 4. Fostering Discipline: Engaging activities and games in the program promoted discipline, teamwork, and positive behavior. The children learned the value of self-discipline and cooperation, which are essential qualities in achieving personal and academic goals.
- 5. Promoting a Love for Learning: By making the learning process enjoyable and interactive, the program aimed to develop a lifelong love for education among the children. This positive attitude towards learning can greatly contribute to their overall academic success and personal growth.







THEME NO : 8

**THEME TITLE**: VILLAGE WITH GOOD GOVERNANCE

INDICATOR NO: 4

INDICATOR TITLE: MOTIVATE THE PEOPLE TO PARTICIPATE IN GARAMA

**SABHAMEETING** 

**ACTIVITY NO**: 1

**ACTIVITY TITLE:** AWARENESS ON GRAMA SABHA AND LSDG

**DATE** : 26/01/2024

**LOCATION** : MADAPALLI

TITLE AWARENESS ON GRAMA SABHA AND LSDG

On 26<sup>th</sup> January 2024, a community organization program was successfully conducted in Madapalli Panchayat, focusing on creating awareness about Grama Sabha and Local Self Government (LSDG). The event aimed to empower the community with knowledge about participatorydecision-making and the importance of local governance.

A total of 78 enthusiastic individuals actively participated in the program, representing diverse sections of the community. Dr.Clayton Michael Fonceca, our esteemed resource person participated in the awareness program. The Speaker of the awareness program is Mr.Ajay,Social Work Trainee explained about the importance of Grama Sabha and LSDG's low cost, no cost activities.









பேச்சாளர்: அஜய் ர சமூக பணி துறை

கிராம சபை மற்றும் பஞ்சாயத்து ராஜின் **9** கருப்பொருள்கள் பற்றிய விழிப்புணர்வு

முன்னிலை திரு. கோமதி கார்த்திகேயன் பஞ்சாயத்து தலைவர் சிறப்பு விருந்தினர் டாக்டர். கிளேட்டன் மைக்கேல் பொன்சிகா கல்லூரி பேராசிரியர்

இடம்: மாடப்பள்ளி ஊராட்சி, கவரையூர் கோவில் அருகில்.

**தேதி:** 26/01/2024 வெள்ளிகிழமை **நேரம்:** சரியாக காலை 11 மணி அளவில்



# SACRED HEART COLLEGE (AUTONOMOUS), TIRUPATTUR-635601

THEME NO:05

THEME TITLE: HEALTHY VILLAGE PANCHAYAT

**INDICATOR NO:** 

INDICATOR TITLE: AWARENESS ON DEWARMING PILL

**ACTIVITY NO:01** 

ACTIVITY TITLE: AWARENESS ON HEALTH AND NUTRITION OF WOMEN

#### **Introduction:**

The activity of awareness programme on health and nutrition of women was held on 9<sup>th</sup> February 2024 under the village development plan in **Melachamangalam**.

#### **OBJECTIVE:**

- To create awareness on health and nutrition of women
- To give awareness for the school going children on dewarming pill
- To tell the importance of yearly checkup for breast cancer
- To give awareness on fibroids

#### **RESPURCE PERSON:**

- Mrs. M. Uma(VHN)
- Mrs. Jagadha(Headmistress)

#### **ACTIVITIES CARRIED OUT:**

The trainee first visited the primary health centre of melachamangalam to find the difficulties faced by both people and health nurse of the village. The nurse said that people are ignorant of their health and they are not willing to visit the health centre. Intead they want the nurse to come to their home for treating them. The trainee thought of giving awareness to the people based on health and nutrition. The trainee carried out a community organization programme for women to help the in understanding about breast cancer and fibroids which are major health issues faced by women now-a-days.

# **CONCLUSION:**

The awareness programme for women began at 11.am ,.24 women participated. By 1.00pm the programme got over .The awareness programme on dewarming pill for shool students began at 1.30pm in primary government school ,by 2.45pm the programme got over.



# **AWARENESS ON HEALTH AND NUTITION OF WOMEN:**

24 Women participated in the awareness programme

Melachamangalam heath nurse was the resource person in the awareness programm



# AWARENESS PROGRAMME ON DEWARMING PILL:

- 34 Students participated in the awareness programme.
- 11 parents attended the awareness programme

join us

P.G. & RESEARCH DEPARTMENT OF SOCIAL WORK

#### SACRED HEART COLLEGE

(Autonomous), Tirupattur-635601

#### COMMUNITY ORGANIZATION

AWARENESS PROGRAMME ON HEALTH AND NUTRITION OF WOMEN

# RESOURCE PERSON

Mrs.M.UMA (VHN)

#### FIELD WORK GUIDE

Mr. MOIEESON THAIRIYAM

#### HEAD OF THE DEPARTMENT

REV.FR. ANDREWS RAJA

FACULTIES:

DR.C.R.CHRISTY ANANDAN
DR.K. AROKIYA RAJ
DR.CLAYTON MICHAEL FONCECA
REV.FR.HENRY DANIEL AMBROSE
DR.T.SELVAM

VENUE: MELACHAMANGALAM,
RATION SHOP STREET

#### INVITATION

P.G & RESEARCH DEPARTMENT OF SOCIAL WORK SACRED HEART COLLEGE (AUTONOMOUS), TRUPATTUR

# (GOOD TOUCH AND BAD TOUCH AWARENESS)

Under the village panchayat development plan -no cost activities

#### CHIEF GUEST

PRESIDENT: Mr. E. KUPPUSAMY SECRETARY: Mr. SANKAR HEAD MISTRESS: Mrs. BAKIYAM

Field work supervisor

Fr. Andrews Raja (Head of Department) Dr. Clayton Micheal fonceca Organised by

Miss. A. Sharmila Miss. P. Stefania Ancil

FEB | THU | 2024

PLACE: PUDUKOTTAI

# SACRED HEART COLLEGE (AUTONOMOUS) TIRUPATTUR - 635601

THEME NO: 5

**THEME TITLE:** CLEAN AND GREEN VILLAGE

**INDICATOR NO: 4** 

INDICATOR TITLE: MOTIVATE THE PEOPLE TO PARTICIPATE IN GARAMA SABHA

**MEETING** 

**ACTIVITY NO: 1** 

**ACTIVITY TITLE:** AWARENESS ON GRAMA SABHA AND LSDG

**DATE**: 26/01/2024

**LOCATION**: KADIRIMANGALAM

TITLE: AWARENESS ON GRAMA SABHA AND LSDG

Distribute flyers or pamphlets door-to-door with information about the meeting dates, times, and agendas.

Organize community gatherings or information sessions to discuss the importance of Grama Sabha meetings and LSDGs.

A community organization program was successfully conducted in KADIRIMANGALAM Panchayat on 26th January 2024, focusing on creating awareness about Grama Sabha and Local Self Government (LSDG). The event aimed to empower the community with knowledge about participatory decision-making and the importance of local governance.

In this Grama sabha 60 individuals actively participated in the awareness program. In this awareness program Social Work Trainee explained about the importance of Grama Sabha and LSDG's low cost, no cost activities.

Work with local community leaders and influencers to encourage attendance and participation.

Encourage active participation by explaining how decisions made in these meetings impact local development and welfare.



# SACRED HEART COLLEGE (AUTONOMOUS), TIRUPATTUR

# LSDG LOW-COST/NO-COST ACTIVITES

Date:23<sup>rd</sup> February, 2024 Panchayat Name: Kadirimangalam

Theme No: 1 Theme Title: POVERTY FREE & ENHANCED LIVELIHOOD VILLAGE Indicator No: 3 & 4 Indicator Title: Mahatma Gandhi National Rural Employment Guarantee Act

(MGNREGA)

Activity No.:2 Activity Title: SPECIAL GRAMA SABHA on MGNREGA

A community meeting on the MGNREGA audit was held in Kadirimangalam on February 23, 2024. About fifty people showed up, including prominent individuals like Panchayat President Mr. Mari Selvaraj, Vice President Mr. Vadivelu, Secretary Mr. Kumar, and two MSW trainees, Mr. Benzigar Nolas (Resources Speaker) and Mr. John Barjo (Support Assistance). These individuals and organizations effectively publicized the event and ensured that a large number of people attended.

Some of the Prominent Person were:

- 1. Mr. Mari Selaiyaraja (President, Kadirimangalam)
- 2. Mr. Vadive (Vice President, Kadirimangalam)
- 3. Mr. Kumar (Secretary, Kadirimangalam)

The gathering offered a forum for a productive discussion of the MGNREGA audit, with attendees addressing urgent problems and offering workable fixes. The attendance of significant players demonstrated the community's dedication to open governance and demonstrated a shared desire for equitable resource distribution and inclusive development.

All in all, the event demonstrated the effectiveness of community involvement in bringing about constructive change, highlighting the community's critical role in influencing laws that directly affect their daily lives. By means of cooperative initiatives and candid discussions, participants established the foundation for heightened responsibility and well-informed choices in Kadirimangalam's development undertakings.

#### Artifacts:











# SACRED HEART COLLEGE (AUTONOMOUS) TIRUPATTUR.

Panchayat: Selanthampalli Date:09.02.2024

Indicator: 2, 15, 23. Place: Primary school.

Thematic area: 5

# UNDER THE LOW COST AND NO COST ACTIVITY

TITLE: AWARENESS PROGRAM –RALLY ABOUT BIO DEGRADABLE AND NON BIODEGRADABLE WASTE





# **PARTICIPANTS:**

In this activity held in Selanthampalli village school children's, Panchayat secretory, School head master, Janitors (Mrs. Chithra and Mrs. Vanathi) and some community members are involved.

THEME: 5 (CLEAN AND GREEN VILLAGE) INDICATORS: 2 ACCORDING TO SIRD

# Awareness program related to clean and hygienic environment. INDICATOR: 15:

Awareness program related to handling the biodegradable and non-biodegradable garbage.

#### **INDICATOR: 23:**

To create the awareness about avoiding the plastic bags during the purchasing the product instead of using tote bags.

#### **IDEAS:**

Using the PRI tools- Problem tree,

Research and survey-Interview and questionary, Charts, Notes, Quotes.

#### MAIN CONCEPT:

To separate the wastes Reduce the usage of plastic.

Community peoples aware of recycling the plastic wastes.

# **IMPACT:**

Peoples start using the dustbins.

To get knowledge about separation of wastes.

# **FEEDBACK:**

Community people got the clarity about differentiation between biodegradable and non biodegradable wastes.

The community people knows the pains and struggles of Janitors during the waste collecting.

Separation of wastes very useful for them to reduce their work.

# **ARTIFACTS:**



# P AND RESEARCH DEPARTMENT OF SOCIAL WORK SACRED HEART COLLEGE (AUTONOMOUS) TIRUPATTUR.

Panchayat: Agaram Date: 19.01.2024

Indicator: Place: Government Middle School.

Thematic area:3

# UNDER THE LOW COST AND NO COST ACTIVITY

TITLE: AWARENESS PROGRAM – CHILDREN (Good touch and bad

touch)



In the Agaram middle school. Totally 80 students involved in this activities .Mrs. Uma the Headmaster of the school, she helped us to do the activity in the community.

The awareness is given to all the students about the Good touch and bad touch. How to approach the victim during the problem.

By given example with students demo they get clear knowledge about sexual abuse and harassment .How to handle the situation and over come trauma.

#### **ARTIFACTS**



# SACRED HEART COLLEGE (AUTONOMOUS), TIRUPATTUR

PANCHAYAT : ANDIYAPPANUR DATE : 15.02.2024

INDICATOR: 02 PLACE: ANNA NAGAR

THEME: VILLAGE WITH GOOD GOVERNENCE

(Under the Village Panchayat Development Plan)-LOW COST AND NO COST ACTIVITIES

# TITLE: AWARENESS ON ENTREPRENEURSHIP



# **INTRODUCTION**

We visited the Andiyappanur village panchayat.

We organized an awareness program about Entrepreneurship.

# **RESOURCES PERSON:**

- Mr.G.Santhanam(District Resource Person)DIC, Tirupattur
- Mr.Venkatesh(President)
- Mrs.Janatha (SHG Leader)
- Rev.Fr.S.Henry Daniel Ambrose

# **CONCEPT**

• Awareness Program on Entrepreneurship

#### **IMPACT**

- To create awareness about entrepreneurship among the people.
- To provide the welfare schemes on Entrepreneurship.
- To strengthen their self help groups.
- To developing the people.

# ARTIFACTS





# P.G. & RESEARCH DEPARTMENT OF SOCIAL WORK SACRED HEART COLLEGE, TIRUPATTUR

UNDER THE VILLAGE PANCHAYAT DEVELOPMENT PLAN - LOW
COST ACTIVITY

# AWARENESS PROGRAM ON ENTREPRENURESHIP

#### CHIEF GUEST:

MR.G. SANTHANAAM (DISTRICT RESOURCE PERSON)
MR. VENKATESH (PRESIDENT)

MRS.JANATHA (SHG LEADER)

**HEAD OF THE DEPARTMENT:** 

Rev . Fr. J. ANDREWS RAJA

#### SUPERVISOR:

Rev. Fr. S. HENRY DANIEL AMBROSE

#### **FACULTY MEMBERS:**

DR.CRISTI ANANDAN
Dr. CLAYTON MICHAEL FONCECA
Dr. AROKIARAJ
Rev. Fr. S. HENRY DANIEL AMBROSE
Dr. SELVAM
MR. MOIEESON THAIRIYAM

We Are Inviting You To Join Our AWERENESS PROGRAM

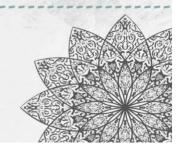
#### ORGANISERS:

R.REMO ALBINUS Y.MOSES VIMAL DASS

EB

THU | 15 | 2024

04.00 PM ANDIYAPPANUR



# SACRED HEART COLLEGE (AUTONOMOUS), TIRUPATTUR

**THEME**: CLEAN AND GREEN VILLAGE

(Under the Village Panchayat Development Plan)-LOW COST AND NO COST ACTIVITIES

TITLE: ENCOURAGING THE PLANTING OF TREES TO REDUCE THE ENVIRONMENTAL POLLUTION

#### **INTRODUCTION:**

The program was conducted on 08/03/24 (Friday) under the theme of clean and green village. The main vision of this program is to make understand the students about the importance of plants then,how to reduce environmental pollution.

# **RESOURCES PERSON:**

- Mrs Jabeen Banu(Head master)
- Rev.Fr.S.Henry Daniel Ambrose

#### TITLE:

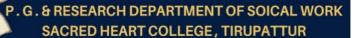
# ENCOURAGING THE PLANTING OF TREES TO REDUCE ENVIRONMENTAL POLLUTION

#### **IMPACT:**

- To reduce pollutants and prevents soil erosion.
- To improved the air quality by planting the trees.
- Let the students know about the importance of plants. Then,how to reduce environmental pollution the trainee gave some awareness about that.

# **ARTIFACTS:**





UNDER THE VILLAGE PANCHAYAT PLAN
NO COST ACTIVITY

# ENCOURAGING THE PLANTING OF TREES TO REDUCE ENVIRONMENTAL POLLUTION

#### **CHIEF GUEST:**

MRS. JABEEN BANU (HEAD MASTER)

# HEAD OF THE DEPARTMENT:

REV. FR. J. ANDREWS RAJA

#### SUPERVISOR:

REV. FR. S. HENRY DANIEL AMBROSE

#### **FACULTY MEMBERS:**

DR. CRISTI ANANDAN
DR. CLAYTON MICHAEL FONCECA
DR. AROKIARAJ
REV. FR. S. HENRY DANIEL AMBROSE
DR. SELVAM
MR. MOIEESON THAIRIYAM

WE ARE HEARTLY WELCOME YOU FOR OUR COMMUNITY ORGANISATION PROGRAM

# **FRIDAY, MAR 08 2024**

**ANDIYAPPANUR** 

#### **ORGANISERS:**

REMO ALBINUS. R MOSES VIMAL DASS. Y



# SACRED HEART COLLEGE (AUTONOMOUS), TIRUPATTUR

# LSDG LOW-COST/NO-COST ACTIVITES

Date:26<sup>th</sup> January, 2024 Panchayat Name: Poorigamanimitta & Kadirimangalam

Theme No: 8 Theme Title: VILLAGE WITH GOOD GOVERNANCE

Indicator No: 4 Indicator Title: Motivate the people to participate in Garam Sabha Meeting

Activity No.:1 Activity Title: AWARENESS ON GRAMA SABHA AND LSDG

A community organization event, with the goal of raising awareness of Grama Sabha and Local Self Government (LSDG), was successfully carried out at Kadirimangalam & Poorigamanimitta Panchayat on January 26, 2024. The purpose of the program was to educate the public about local governance and the value of participatory decision-making.

Some of the Prominent Person were:

- 1. Mrs. Mari Elaiyaraja (President, Kadirimangalam)
- 2. Mr. Vadive (Vice President, Kadirimangalam)
- 3. Mr. Paramasivam Gowdappan (President, Poorigamanimitta)
- 4. Mr. Anbarasu K (Secretary, Poorigamanimitta)

A total of 78 and 50 enthusiastic individuals, representing various segments of the community, actively participated in the two separate Panchayat programs. Mr. Benzigar Nolas, the awareness program's speaker, and Mr. John Barjo, a social work trainee, discussed the significance of Grama Sabha and LSDG's low-cost, no-cost activities.

In summary, the event demonstrated the ability of community engagement to bring about positive change, highlighting the community's critical role in shaping policies that directly affect their lives. Through cooperative efforts and candid conversation, participants laid the foundation for greater accountability and well-informed decision-making in Kadirimangalam & Poorigamanimitta's development undertakings.

# Artifacts:

# KADIRIMANGALAM: Awareness on Grama Sabha and LSDG





# POORIGAMANIMITTA: Awareness on Grama Sabha and LSDG





# SACRED HEART COLLEGE (AUTONOMOUS), TIRUPATTUR

# LSDG LOW-COST/NO-COST ACTIVITES

Date:15<sup>th</sup> March, 2024 Panchayat Name: Poorigamanimitta

Theme No: 2 Theme Title: HEALTHY VILLAGE

Activity No.:3 Activity Title: SCHOOL FIESTA UNITING CO0MMUNITY, UNLEASHING FUN

# INTRODUCTION: -

The Community Awareness Program, titled "School Fiesta Uniting Community, Unleashing Fun," was organized by a team of Social Work trainees. The program aimed to foster community cohesion and promote healthy lifestyles through engaging activities.

The Prominent Chief Guest & Resource Person were:

Mrs Vellai (HM of Middle Elementary School)

Mr John Barjo (Organiser)

Mr Benzigar ((Resources Person)

Mr Mozhili (Resources Person)

Mr Antony (Resources Person)

A total of 30 students of different standard of 6,7 and 8 were the participants.

Program, on Awareness of Healthy Food Habits and on predict cancer with action song and games on healthy active were conducted by the social worker trainee.

#### **OUTCOME:**

Participants gained knowledge about healthy food choices and experienced the benefits of community engagement. They also learned the importance of teamwork and social cohesion.

# **CONCLUSION:**

The School Fiesta successfully united the community and provided a platform for education and enjoyment. It highlighted the importance of community involvement in promoting healthy lifestyles and fostering social connections.

# **ARTIFACT:**









# SACRED HEART COLLEGE (AUTONOMOUS), TIRUPATTUR

# LSDG LOW-COST/NO-COST ACTIVITES

Date:8th March, 2024 Panchayat Name: Poorigamanimitta

Theme No: 1 Theme Title: POVERTY FREE & ENHANCED LIVELIHOOD VILLAGE

Indicator No: 3 & 4 Indicator Title: Mahatma Gandhi National Rural Employment Guarantee Act (MGNREGA)

Activity No.:2 Activity Title: SPECIAL GRAMA SABHA on MGNREGA

A community meeting on the MGNREGA audit was held in Poorigamanimitta on March 8, 2024. About 130 people showed up, including prominent individuals like Panchayat President Mr. Parasivam, Vice President Mr. Anbasres, Secretary Mr. Sakthivel, and other wards and dignitaries and two MSW trainees, Mr. Benzigar Nolas (Resources Speaker) and Mr. John Barjo (Support Assistance). These individuals and organizations effectively publicized the event and ensured that a large number of people attended.

Some of the Prominent Person were:

- 1. Mr. Parasivam (President, Poorigamanimitta)
- 2. Mr. Anbasres (Vice President, Poorigamanimitta)
- 3. Mr. Sakthivel (Secretary, Poorigamanimitta)

The gathering offered a forum for a productive discussion of the MGNREGA audit, with attendees addressing urgent problems and offering workable fixes. The attendance of significant players demonstrated the community's dedication to open governance and demonstrated a shared desire for equitable resource distribution and inclusive development.

All in all, the event demonstrated the effectiveness of community involvement in bringing about constructive change, highlighting the community's critical role in influencing laws that directly affect their daily lives. By means of cooperative initiatives and candid discussions, participants established the foundation for heightened responsibility and well-informed choices in Poorigamanimitta's development undertakings.

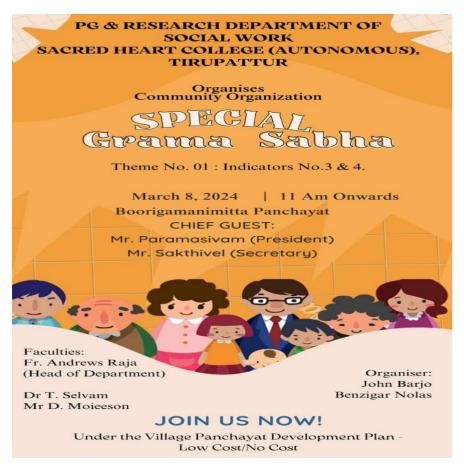
#### Artifacts:











#### SACRED HEART COLLEGE (AUTONOMOUS) TIRUPATTUR – 635601

Theme No : 7

Theme Title: Socially Just and Socially Secured Village

Indicator No : 12

Indicator Title: Giving Awareness on Food for Healthy Living

Activity No : 2

Activity Title : Awareness on Health and Hygiene

Date : 08/03/2024

Location : Primary School, Pallavalli

The Community Organization program titled "Awareness on Health and Hygiene" aimed to provide awareness to the Primary School students of Pallavalli Village in making aware to know about the Healthy Food Vs Hygienic Food (Junk Food). The program was conducted by the Professional Social Worker (Trainee).

The program began with an introduction about Health and Hygiene. The trainee taught What is Health and Hygiene. And then, trainee taught about the Food (3 times meal per day). The trainee compelled the students to take Morning Breakfast regularly without skipping.

Trainee taught What are all the Healthy and Hygienic Food such as Nutritious Food, Nuts, Seeds, Cereals, Fats, Milk, Egg, Vegetables, Fruits, Vitamin-C Food, Vitamin-D Food and Vitamin-E). And What are all the Unhealthy Food or Junk Food, they are Oil contained Food and Snacks, Hotel Food or Fast Food, Paratha, Chicken Rice, Biriyani, Paani poori, Bhel poori, Mushroom, Chips, Chocolates, Cool drinks should not eat daily.

These are all the Food items that What should eat and What should not eat, were taught by the trainee (MSW Student). And also trainee advised students to wash their hands before going to eat. The trainee showed to the students to know How to wash the hands properly before going to eat.

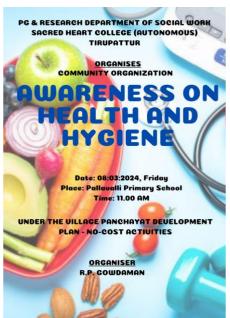
And further on this particular day, after finishing the orientation about the talk of Health and Hygiene, trainee told a story to the students because it was a Women's Day. So that trainee had told a story based on a Women Football Commentator of her Goals and Achievements.

These are all the Activities or program conducted by MSW the trainee to the Primary School Students. From above awareness program we can expect that the younger generation will grow in health and hygiene.











# Sacred Heard College (Autonomous) Tirupattur

Panchayat : Achamangalam Date : 16/02/2024

Place: Tirupattur

Thematic Area: 01 No Poverty

# Under the low cost and no cost activitySPECIAL GRAMA SABHA

On February 16, 2024, Achamangalam hosted a community gathering centered on the MGNREGA audit, with around 50 attendees, including key figures like Panchayat President Mr.Sasi Kumar, Secretary Mr. Saravanan, and Auditor Ms. Archana. MSW students, Ms. Joe Virgin and Ms. Priya, effectively spread the word about the event, ensuring broad participation fromboth individuals and organizations.

The meeting provided a platform for a fruitful exchange of ideas on the MGNREGA audit, with participants discussing pressing issues and suggesting actionable solutions. The presence of influential stakeholders underscored the community's commitment to transparent governance, highlighting a collective drive for fair resource allocation and inclusive progress.

In essence, the gathering showcased the power of community engagement in driving positive change, emphasizing the community's pivotal role in shaping policies that directly impact their lives. Through collaborative efforts and open dialogue, attendees laid the groundwork for increased accountability and informed decision-making in Achamangalam's developmentendeavors.



# Sacre Heart College (Autonomous) Tirupattur

Panchayat :Achamangalam Date: 22 /02/2024

Place:Tirupattur

Thematic Area: 02 Healthy villages

# Under the low cost and no cost activity

#### **HEALTH AND NUTRITION**

On February 22,2024, hosted a community gathering centre on the community people with

Around 50 attendees including key figure like panchayat president Mr.sivakumar secretary Mr.Saravanan and Resource Person Ms.Uma Msw student Ms.Joe virgin spreading a health and nutrition awareness campaign aimed at empowering individuals to make informed the choice about their well being.

The awareness program provided a platform for a fruitful interactive workshops and nutritional value of various food, highlighting the benefits of incorporating fresh fruits ,vegetables and whole grains into their nutrition .

furthermore ,joe addresses the importance of preventive healthcare measures such as regular checkups screenings, and vaccination in preventing and managing various health condition, including diabetes ,hypertension and certain cancer .By raising awareness about the importance of proactive healthcare the women in his community .



# Sacred Heart College(Autonomous)

# Tirupattur

Panchayat : Achamangalam Date: 29 /02/2024

Place:Tirupattur

Thematic Area: 5 clean and green village

# Under the low cost and no cost activity

#### **SEGREGATION OF WASTE**

On February 29,2024, hosted a community gathering centre on the community people with

Around 30 attendees including key figure like panchayat president Mr.sivakumar secretary Mr.Saravanan and Resource Person Mr.Muthuvel Msw student Ms.Joe virgin as the organiser of the awareness program on waste segregation in the community ,needs to tailor his approach to effectively engage the women in the panchayat.

The awareness program provided the importance of waste segregation for the health and cleanliness of their surroundings Ms.joevirgin highlight how proper waste management can prevent disease ,reduce pollution and contribute to a safer environment for their biodegradable ,recyclable and hazardous waste.

Joevirgin should encourage active participation and commitment from the women involving them in decision making processes regarding waste management initiative in their community joe effectively organize an awareness program that empowers women to take proactive steps towards waste segregation and management in their community.



# SACRED HEART COLLEGE (AUTONOMOUS) TIRUPATTUR.

Panchayat: Sowdekuppam Date:16.02.2024

Indicator: 15, 23. Place: Elementary school.

Thematic area: 5

# UNDER THE LOW COST AND NO COST ACTIVITY

#### TITLE: AWARENESS PROGRAM -RALLY ON SAY NO TO PLASTIC





#### **PARTICIPANTS:**

The awareness rally on Say No to Plastic was conducted in Sowdekuppam village panchayat with government elementary school students. More than 40 students participated, and the headmaster, Mrs. Brindha, and staff, Mrs. Sharmila, were coordinated through this rally.

THEME: 5

**INDICATOR: 15:** 

Awareness program related to handling the biodegradable and non-biodegradable garbage.

**INDICATOR: 23:** 

To create the awareness about avoiding the plastic bags during the purchasing the product instead of using plastic bags

#### **IDEAS:**

- Charts
- Slogans

# MAIN CONCEPT:

- To create a awareness on plastic usages
- To reduce the plastic bags
- To avoid plastic burning and polluting the environment

#### IMPACT:

People stood and took a look at the rally

• Students were learned about consequence of plastic usage



PLACE: SOUDEKUPPAM

Under the village panchayat development plan -Low cost activities



# SACRED HEART COLLEGE (AUTONOMOUS) TIRUPATTUR.

Panchayat: Sowdekuppam Date: 15.02.2024

Indicator: 2. Place: Elementary school.

Thematic area: 5

# UNDER THE LOW COST AND NO COST ACTIVITY

TITLE: AWARENESS PROGRAMME on HEALTH AND HYGIENE





# **PARTICIPANTS:**

The awareness programme on Health and Hygiene was conducted in Government elementary school, Sowdekuppam village panchayat. Village Health Nurse Mrs Deepa Lakshmi was invited to give a speech on health and hygiene and totally 54 students are participated in this programme.

THEME: 5

**INDICATOR: 2:** 

Awareness program related to health and hygiene

#### MAIN CONCEPT:

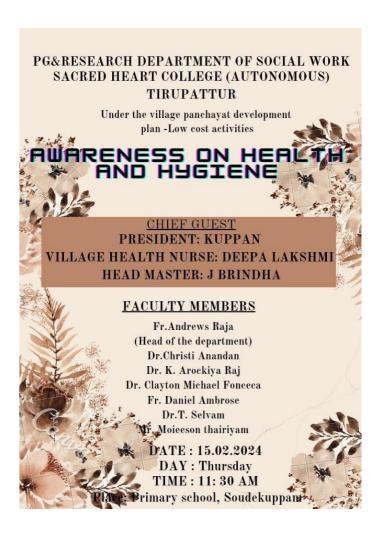
The resource person Mrs.Deepa Lakshmi has explained about

- Personal hygiene
- Regular bath
- Nail cutting and side effects uncleanned nails
- Applying oil to hair regularly
- Handwash techniques
- Washing hands after using toilet
- Iron tablet provided by governments every students should take
- Stay hydrated in summer
- Drinking water to keep body cool
- Hemoglobin level maintainence by eating iron rich foods

#### **IMPACT:**

- Students get knowledge about personal hygiene and health.
- After awareness programme the Students are followed the hand wash techniques.

# **ARTIFACT:**



# SACRED HEART COLLEGE (AUTONOMOUS) TIRUPATTUR.

Indicator: 13,3 Place: Panchayat office

Panchayat: Sowdekuppam Date: 01.03.2024

Thematic area: 5,8

# UNDER THE LOW COST AND NO COST ACTIVITY

TITLE: WOMEN'S DAY CELEBRATION





# PARTICIPANTS:

The women's day celebration was conducted in Sowdekuppam panchayat office, District SHG trainer Mrs Malathi was invited to give a speech for woman's day celebration and totally 36 community people are participated in this programme.

**THEME: 5,8** 

**INDICATOR: 13,3** 

Program on creating awareness through various activities like distributed saplings to participants and also encouraging women to participate in panchayat activities.

# MAIN CONCEPT:

The resource person Mrs Malathi has explained about

- Child marriage
- Education
- Schemes related to women
- The woman rights in the society
- Business ideas for women to improve their economy
- Women helpline scheme -181

Then the resource person distributed saplings to the participant. We conduct some activities for them like

Balloon blast

- > Musical chair
- Keep the balloon up
- Cup pyramid
- > Dance
- The resource person distributed prize to the winners

# **IMPACT:**

- The participant knows about help line number and women rights in this program
- After the activities they feel very relaxed and happy.

# ARTIFACT:











# SACRED HEART COLLEGE (AUTONOMOUS) TIRUPATTUR - 635601

Theme No : 7

Theme Title: Socially Just and Socially Secured Village

Indicator No: 4

Indicator Title: Conducting awareness camp about Govt. Schemes to protect family welfare, healthy life

and physical health.

Activity No : 1

Activity Title : Importance on Govt. Schemes for people

Date : 01/03/2024

Location : Pallavalli Panchayat Office

The Community Organization program title "Importance on Govt. Schemes for people" aimed to provide awareness to the people of Pallavalli Village in making awareness on certain schemes which are already introduced by the Govt. (Central and State).

The program began with an introduction to the importance on Govt. Schemes and various other schemes which are introduced by the Central Govt. such as 1) Atal Pension Yojana 2) Ayushman Bharat 3) Pradhan Mantri Awas Yojana 4) Jal Jeevan Mission etc. and State Govt. such as 1) Tamil Nadu Pudhumai Penn Scheme 2) T.N. Unemployed Youth Employment Generation Program 3) T.N. Kalaignar Magalir Urimai Thittam Scheme. This awareness program aims to know about the schemes which are given by the Govt., whether all schemes related to health, education, women and child, employment etc. are all useful to the village people or not.

This program was conducted by the professional Social Worker (MSW trainee) and Nature Rescue Foundation Chief Coordinator.

Awareness on Importance of Govt. Schemes program were helpful to the people by giving some helpline numbers for various departments introduced by the both Central and State Govt. For example, the helpline no. for women and child security and various other related areas of the village.

The people of Pallavalli village were got awareness regarding importance of both State and Central Govt. schemes and knowing to use all the schemes in their Village.





# **ACTIVITIES**







### SACRED HEART COLLEGE(AUTONOMOUS), TIRUPATTUR-635601

THEME NO:05 THEME TITLE:CLEAN AND GREEN VILLAGE

INDICATOR NO:02 INDICATOR TITLE: AWARENESS ON CLEAN VILLAGE

ACTIVITY NO:02 ACTIVITY TITLE: AWARENESS ON (ODF) VILLAGE

### **RESOURCE PERSON:**

• Mrs. Jagadha (Headmistress) Primary Government School

• Mrs. Shanthi (Cleaning Staff)

### **INTRODUCTION:**

On 15 th February 2024 the trainee organized awareness programme on Open Defecation Free (ODF) village in Melachamangalam. The programme began at 11.00am and got over at 3.00 pm.

#### **OBJECTIVE:**

- To give awareness on (ODF) village
- To explain about cleanliness and waste management
- To tell the importance of growing plants

### **ACTIVITIES CARRIED OUT:**

The trainee reached Melachamangalam at 9.00am and started to arrange the classroom for the awareness programme. By 11.00 am the programme began ,the trainee first gave the inaugural speech and then started the programme by teaching action song related to clreanliness. Then the Headmistrss of the school explained about Bio-Degradable and Non Bio-Degradable waste. To keep the students attentive the trainee conducted games. The trainee asked the students to collect plastics in an area ,then the trainee gave price for those who collected large amount of waste plastics. The students were so happy and enjoyed all the sessions. AT 2.00pm the trainee organized rally on clean and green village in Melachamangalam, at 3.00pm the rally got over.

### **CONCLUSION:**

After the community organization programme under the village panchayat development the panchayat secretary appreciated the trainee. The Headmistress said that after the programme the students have changed a lot also she asked the trainee to come to the school often.

### **ARTIFACTS:**

- The trainee gave awareness on clean and green village
- The students actively participated by singing songs and playing games
- The trainee had conversation with the cleanin staffs







# P.G. & RESEARCH DEPARTMENT OF SOCIAL WORK SACRED HEART COLLEGE(Autonomous) TIRUPATTUR - 635601

organises
COMMUNITY ORGANIZATION

### AWARENESS PROGRAMME TO CREATE OPEN DEFECATION (ODF) FREE VILLAGES

UNDER THE VILLAGE PANCHAYAT DEVELOPMENT PLAN - NO COST ACTIVITY

THURSDAY

15

2024

11 A M

Resource Person
Mrs. Jagadha (Headmistress)
Melachamangalam

VENUE Melachamangalam

Rev. Fr. Andrews Raja Head of the Department Mr. Moieeson Thairiyam Field Work Guide

ORGANISED BY S. PRIYA DHARSHINI

### SACRED HEART COLLEGE (AUTONOMOUS) TIRUPATTUR – 635601

THEME NO	02
THEME TITLE	HEALTHY VILLAGE
INDICATOR NO	08
INDICATOR TITLE	PROVIDE ESSENTIAL HEALTH CARE
	SERVICE
ACTIVITY NO	01
ACTIVITY TITLE	FREE MEDIACAL CAMP

### Introduction

The activity of free medical camp was conducted on 16.02.2024 (Friday) under the theme of healthy village. The main vision of this theme is "Ensure healthy lives and well-being for all in all ages". There are so many targets are there to achieve the theme of healthy village. Such as eliminate stunting and wasting, eliminating anemia amongst adolescent girl and women, preventing and curative measures for communicable diseases.

#### **Process of Authorization**

Before conducting the medical camp, the trainee first got permission from the Panchayath President of Puthurnadu Mrs. Mahalakshmi Ayyapan for place arrangement. After that the students are went to Directorate of public health and preventive center for meet Mr. TR Senthil – assistant director of DPHPC for got permission from him for conducting free medical camp at Puthurnadu panchayath. The students are provided the permission letter given the PG & Research Department of Social Work, Sacred heart college (Autonomous), Tirupattur. Mr. TR Senthil circulate the permission letter to respective person for medical camp.

### **Objectives**

- To Organize the free medical camp with Puthurnadu panchayath.
- To Provide all medical checkups to people of the village.
- To Create awareness about health among the people.
- To Apply the health insurance card for people of the village

### Resource persons for medical camp

- Mrs. Mahalakshmi ayyapan. Panchayath President of Puthurnadu
- Dr. Ramesh MBBS. Medical officer of Puthurnadu
- Dr. Raage Sudha BSMS.
- Dr. Christi Anandhan. Assistant professor
- Dr. Clayton Micheal Fonceca.

### **Activities carried out**

### In free medical camp, there are various checkups are conducted by Puthurnadu VHN such as

- Diabetes checkup
- Eye checkup
- Leprosy checkup
- Breast cancer checkup
- Uterus cancer checkup
- BP checkup
- Hemoglobin checkup
- Dental checkup
- Physiotherapy
- ECG checkup
- Siddha treatment
- General checkup

• Apply for free medical insurance card

The medical camp was arranged by Puthurnadu panchayath with help of sacred college students Master. Elavarasan S and Master. Mozhivanan A. The resource for medical camp utilized from Puthurnadu panchayath and Primary health care center, Puthurnadu. Such as place, Charminar, tent, chairs, medical equipment. Exactly 182 people are attended the medical camp.

### **Conclusion**

The Puthurnadu panchayath successfully organize the medical camp with help of Sacred Heart College (Autonomous), PG & Research department of social work students. Mrs. Mahalakshmi ayyapan and Dr. Ramesh MBBS facilitate the program with their speech.

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P.G. & RESEARCH DEPARTMENT OF SOCIAL WORK SACRED HEART COLLEGE (AUTONOMOUS) TIRUPATTUR IN COLLABORATION WITH WITH GOVERNMENT PRIMARY HEALTHCARE CENTRE, PUDURNADU.

### Dr. Ramesh Pudurnadu

- 1. BLOOD PRESSURE CHECKUP,
- 2 DIABETES CHECKUP,
- 3. CERVICAL CANCER CHECKUP, 4. BREAST CANCER CHECKUP,
- 5. EYE CHECKUP,
- 7. LEPROSY CHECKUP.
- 8. SCAN FOR PREGNANT WOMEN,
- 10. ECG CHECKUP,
- II. PHYSIOTHERAPY,
- 13. GENERAL CHECKUP.

### **HEAD OF THE DEPARTMENT:**

Rev. Fr. J. ANDREWS RAJA

#### SUPERVISORS:

Dr. CHRISTI ANANDAN Dr. CLAYTON MICHAEL FONCECA

### **FACUTY MEMBERS:**

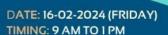
Dr. AROKIARAJ

Rev. Fr. S. HENRY DANIEL AMBROSE

Dr. SELVAM

MR. MOIEESON THAIRIYAM

"Patience educates, enlightens, deepens, and frees your body, mind, and soul"



VENUE: PRIMARY HEALTHCARE CENTRE, PUDURNADU

ORGANISORS: S. ELAVARASAN & A. MOZHIVANAN









அரசு மேம்படுத்தப்பட்ட ஆரம்ப சுகாதார நிலையம், புதூர்நாடு மற்றும் புதூர்நாடு ஊராட்சியுடன்

இணைந்து தூய நெஞ்சக்கல்லூரி சமூகப்பணி துறை, திருப்பத்தூர்

ஒருங்கிணைந்து நடத்தும்

கிராம ஊராட்சி வளர்ச்சித் திட்ட குறைந்த செலவின பணிகளுக்கு கீழ்

## சிறப்பு மருத்துவ முகாம்

### நாள்: 16-02-2024 வெள்ளிக்கிழமை

நேரம்: காலை 9.00 மணி முதல் பிற்பகல் 1.00 மணி வரை இடம்: அரசு மேம்படுத்தப்பட்ட ஆரம்ப சுகாதார நிலையம் ,

புதூர்நாடு

### முன்னிலை

குலைமை) திரு.A. நல்லதம்பி MLA (சட்ட மன்ற உறுப்பினர்)

தலைவர்: திருமதி. **மகாலட்சுமி ஐய்யப்பன்** ஊராட்சி மன்ற தலைவர்

துணை தலைவர்: திரு. சாம்பசிவம் ஒன்றியகுழுத்தலைவர்: திரு. விஜயா அருணாச்சலம் ஒன்றிய கவுன்சிலர்: திரு. துக்கன் மாவட்ட கவுன்சிலர்: திருமதி. சத்தியவாணி கமலநாதன் சிறப்புரை செயலாளர்: திரு. மாதேஸ்வரன்

### மருத்துவர்கள்

திரு. Dr. T.R. **செந்தில் MBBS**, DAH ( துணை இயக்குநர், சுகாதார பணி, திருப்பத்தூர்)

திருமதி. Dr. P. **சௌந்தரியா** (வட்டார மருத்துவ அலுவலர்)

குட்ட விளக்க உரை) திரு. **Dr. ரமேஷ்** (புதுநாடு மருத்துவர்), த<sub>குமதி</sub>. R. **ராஜேசுதா** BSMS (சித்தா மருத்துவர்)

### வார்டு உறுப்பினர்கள்

திரு. திக்கி திரு. விஜியானந்தம் திருமதி. சித்ரா திருமதி. அன்பழகி திருமதி. பார்வதி திருமதி. நாச்சி திரு. பழனி திரு. ராஜகோபால்

### துறை பேராசிரியர்கள்

திரு. J. ஆண்ட்ரூஸ் ராஜா, HOD, திரு.Dr.C.R.கிறிஸ்டி ஆனந்தன், திரு.Dr. ஆரோக்கியராஜ், திரு.Dr. கிளேட்டன் மைக்கேல் ஃபொன்செகா திரு. Fr. அம்புரோஸ், திரு.Dr. செல்வம் திரு. மொயீசன் தைரியம்

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- தொழுநோய் பரிசோதனை
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- ஹீமோகுளோபின் பரிசோதனை
- பல் பரிசோதனை மற்றும் சிகிச்சை
- பிசியோதெரபி
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- 💠 கர்பிணி பெண்களுக்கு ஊடுகதிர் பரிசோதனை
- சித்த பிரிவு மற்றும் சிகிச்சை
- காச நோய் மற்றும் அனைத்து நோய்களுக்கும் பொது பரிசோதனை அளிக்கப்படும்.

30 வயதிற்கு மேற்பட்ட அனைவருக்கும் சh;க்கரைநோய், இரத்த அழுத்தம், பெண்களுக்கு மார்பகப்புற்று நோய் பரிசோதனை மற்றும் கர்பிணி பெண்களுக்கு முழு நேர உடற்பரிசோதனையும்; மற்றும் மாணவர்களுக்கு கண், காது, மூக்கு, தொண்டை, பல் சிகிச்சையும் அளிக்கப்படும்.

தொழுநோய், யானைக்கால் நோய், புற்றுநோய் போன்ற நோய்களுக்கும் தகுந்த சிகிச்சை அளிக்கப்படும். எனவே, அனைவரும் இந்த முகாமில் கலந்து கொண்டு பயன் பெறுமாறு கேட்டுகொள்கிறோம்.

ஆதார் அட்டை மற்றும் ஸ்மார்ட் கார்டு கொண்டுவருவோர்க்கு இலவச காப்பீடு அட்டை பதிவுசெய்துதரப்படும்.

> முகாம் ஒருங்கிணைப்பாளர்கள் சா. இளவரசன் ஆ. மொழிவாணன்

### P.G. & RESEARCH DEPARTMENT OF SOCIAL WORK

### Sacred Heart College (Autonomous)

A Dan Basco Institute of Higher Education, founded in 1951 \* Affiliated to Thiruvalluvar University. Vellore Accredited by NAAC (4th Cycle) With CGPA of 3.31/4 at 'A+' grade

### From:

J. Andrews Raja
Assistant Professor & Head
PG & Research Department of Social Work
Sacred Heart College (Autonomous)
Tirupattur – 635601

To:

Mr. G. Naga Sathish IFS District Forest Officer Tirupattur – 635601

### Respected Sir,

Sub: Seeking permission for organizing free medical camp at Forest Higher secondary School, Puthurnadu, Jawadhi hills.

Greeting from the PG & Research Department of Social work, Sacred Heart College, Trupattur. The Department of Social Work was established in the year 1979 and it's the 43 years of service in the community & educating the students in professional social work.

Our students Mr. Elavarasan S and Mr. Mozhivanan A are willing to organize free medical camp at Puthurnadu, Jawadhi hills. We have already approached the Assistant Director of Directorate of Public Health and Preventive Medicine with regard to assisting them in organizing the medical camp. They have approved the same.

We are in need of a bigger space for organizing this camp effectively. So, we seek your kind support for this work done with Tribal community. We will coordinate, take responsibility in carefully using this opportunity to help the Tribals. Can you kindly grant permission for using Forest Higher Secondary School in Puthurnadu on 17.02.2024 – Saturday for medical camp. It will be of great help to tribal and students who are in the school. We are indeed very grateful to you for your support & guidance.

Thank you

Your J.

T. Judges Roys

04179 - 220553 / 220103, dswshctpt@gmail.com

Tirupattur, Tirupattur Dt. 635601, Tamil Nadu, India, www.dswshc.org

The Department with a Difference Since 1979

### P.G. & RESEARCH DEPARTMENT OF SOCIAL WORK

### Sacred Heart College (Autonomous)

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Accredited by NAAC (4th Cycle) With CGPA of 3.31/4 at 'A+' grade

#### From:

J. Andrews Raja
Assistant Professor & Head
PG & Research Department of Social Work
Sacred Heart College (Autonomous)
Tirupattur – 635601

To:

Dr. T.R Senthil
Assistant Director
Directorate of Public Health and Preventive Medicine
Tirupattur – 635601

Sub: Seeking permission for organizing free medical camp at Puthur Nadu, Jawadhi Hills

### Respected Sir

Greetings from the PG & Research Department of Social work, Sacred Heart College, Tirupattur. The Department of Social Work was established in the year 1979 and it's the 43 years of service in the Community & educating the students in professional social service. We would be very happy to receive assistance in the process of educating our students in the domain of community health practice as part of their academic requirement.

Our students Mr. Elavarasan S and Mr. Mozhivanan A are willing to organize free medical camp at Puthurnadu Panchayath of Tirupattur Block. Can you kindly facilitate a free medical camp at Puthurnadu. It will be of great help to the people and students in their study & work with community. We are indeed very grateful to you for your support & guidance.

Thank you

04179 - 220553 / 220103, dswshctpt@gmail

Tirupattur, Tirupattur Dt. 635601, Tamil Nadu, India, www.dswshe.org

Sincerely 29 0124

Department with a Difference Since 1979



சுழைப்புகார் :-

தா. கினவரசன் ஆ. எமாநிவானன் தோய வநஞ்சக் கல்வூரி திகப்பத்தார் மாவட்டம் - 635 601

வபறுநர் :-இர. த. gn . சைந்தில்

துகை கயக்கிகார், சுவிதார பணிகள் கையிற சுவிதாரம் மற்றும் தொய்த்தில் மடுத்துத்துறை திகுப்பத்தார் மாவமடம் - 635601

வாடுள் :- திலவச மக்குமை மக்கம் நடத்தவேண்டி விண்ணப்பம்

Bwn!

நால் சுறையை வயர் நா. கணவர்கள் மற்றும் கூ. வடியின்னன் பயன்று வக்கிகள்ளுள்ளல் முதலாம் ஆண்டு முதுகளை தடுகப்பணர்த்துறையில் மக்கணம்த்தில் கில அனுபவங்கள் வறவேண்டியும். திகப்பத்தார் மாவம் வளது கோதற்றும் மற்றும் கோய்தம்பு மக்குத்துறையும் கிகப்பத்தார் மாவம் வளது கோதற்றும் மற்றும் கோய்தம்பு மக்குத்துறையும் கணைற்கு, திகப்பத்தார் கேள்குயத்தில் அமைந்துள்ளை புதார்நாக வைறாம்கியல் கவைச மகித்துவ சகாம் நடித்த அனும்கி வழங்கமாறு பணவுடன் கேம்க்க்வகான்கிகறாம்.

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கம்மழக்க் .

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### **SIDHAREGISTER**

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### SACRE HEART COLLEGE (AUTONOMOUS) TIRUPATTUR – 635601

THEME NO	02
THEME TITLE	HEALTHY VILLAGE
INDICATOR NO	08
INDICATOR TITLE	PROVIDE ESSENTIAL HEALTH CARE
	SERVICE
ACTIVITY NO	02
ACTIVITY TITLE	FREE MEDICAL CAMP

#### **INTRODUCTION:**

The activity of free medical camp was conducted on 07.03.2024 (Thursday) under the theme of healthy village. The main vision of this theme is "Ensure healthy lives and well-being for school students". There are so many targets are there to achieve the theme of healthy village. Such as eliminate stunting and wasting, eliminating anemia amongst adolescent girl and women, preventing and curative measures for communicable diseases.

### PROCESS OF AUTHORIZATION:

Before conducting the medical camp, trainees approached the Andiyappanur primary health care center to conduct a camp in the village but a lot of authorizations needed for the camp so, trainees asked camp for the middle school students under the scheme of "makkalai thedi maruthuvam". The trainees got approval with the head Mrs. S. Soundarya. Then the trainees got permission from the village panchayat president Mr. venkatesh and got permission in the middle school head master Mrs. Jabeen banu.

#### **OBJECTIVES:**

- To Organize the free medical camp for school students.
- To provide the necessary medical cheakups to the students.
- To know about their health conditions and needed precautions.

#### RESOURCE PERSON FOR THE MEDICAL CAMP:

- Andiyappanur primary health centre.
- Mr. Venkatesh (Panchayat president)
- Mrs. Jabeen banu (head master)
- Rev. Fr. S. Henry Daniel Ambrose

### **ACTIVITIES CARRIED OUT:**

The trainees had a plan to conduct the medical camp in Andiyappanur but a lot of procedures to intake we request a camp for the middle school students. Then trainees had a conversation with the chief mam Dr.

soundarya she permitted the camp under the scheme of "makkalai thedi maruthuvam". Then trainees went to the panchayat president Mr. venkatesh and informed about the medical camp and got approval from him. Then trainees met the school head master Mrs. jabeen banu and asked permission for conducting the medical camp and she also approved for the camp.

The medical camp was arranged by Andiyappanur panchayath with help of sacred college students Master. Remo Albinus and Master. Moses vimal dass. The resource for medical camp utilized from Primary health care center, Andiyappanur. Such as place, Charminar, medical equipment. Exactly 76 students are attended the medical camp.

### CONCLUTION:

The Andiyappanur panchayath successfully organize the medical camp with help of Sacred Heart College (Autonomous), PG & Research department of social work students.

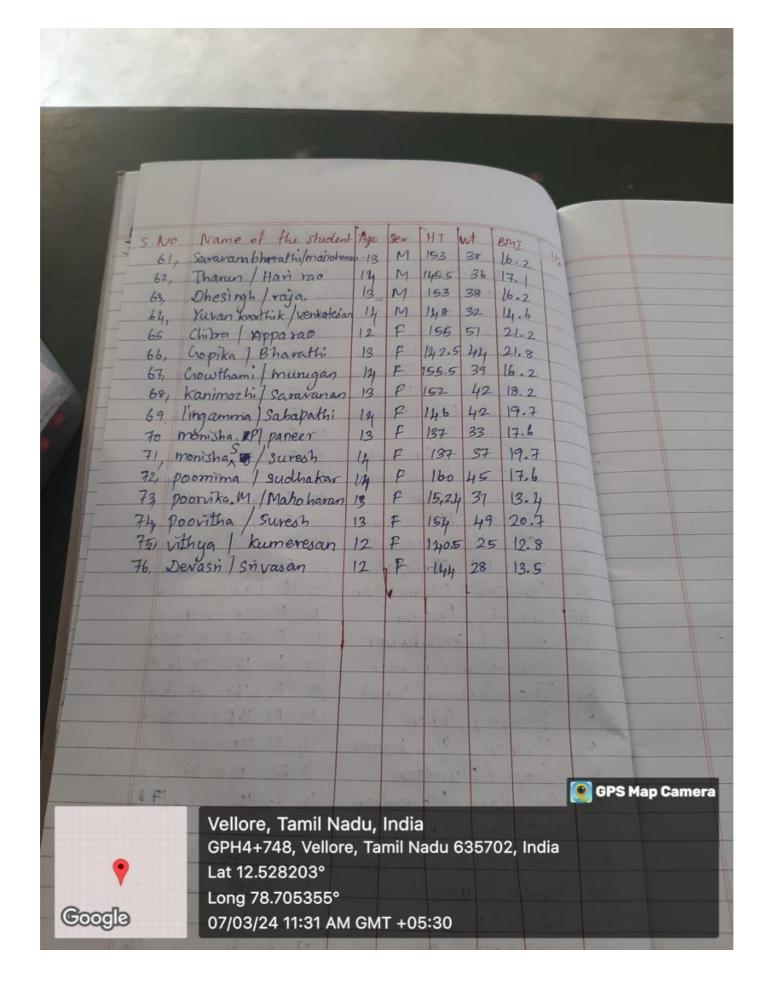
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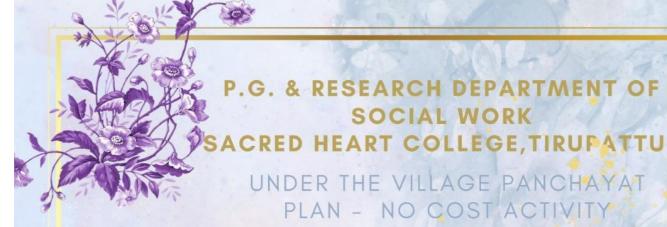
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# FREE HEALTH CAMP AND AWARENESS ON HEALTH

CHIEF GUEST:
ANDIYAPPANUR PRIMARY HEALTH CENTER
MRS. JABEEN BANU (HEAD MASTER)

**HEAD OF THE DEPARTMENT:**REV.FR. J. ANDREWS RAJA

#### SUPERVISORS:

REV.FR. S. HENRY DANIEL AMBROSE

#### **FACULTY MEMBERS:**

DR. CRISTI ANANDAN
DR.CLAYTON MICHAEL FONCECA
DR. AROKIARAJ
REV.FR.S. HENRY DANIEL AMBROSE
DR.SELVAM
MR. MOIEESON THAIRIYAM

MAR

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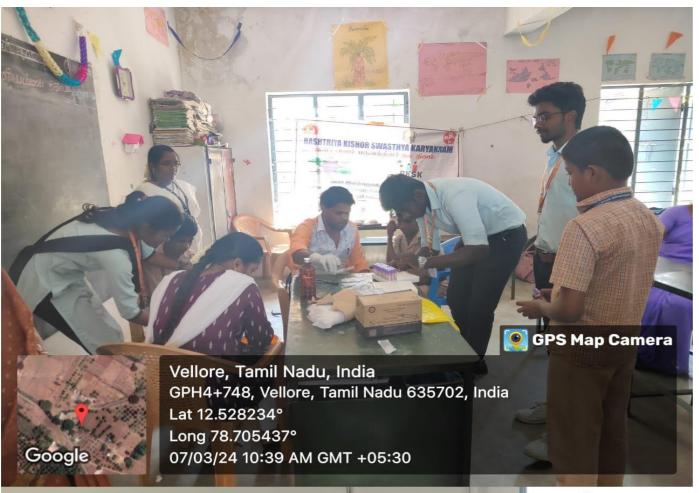
2024

WE ARE INVITING YOU TO JOIN OUR HEALTH CAMP AND AWARENESS ON HEALTH

09:00 AM ANDIYAPPANUR

ORGANISERS:
REMO ALBINUS .R
MOSES VIMAL DASS .Y















## SACRED HEART COLLEGE, (AUTONOMOUS)TIRUPATTUR – 635601

THEME NO	05
THEME TITLE	CLEAN AND GREEN VILLAGE
INDICATOR NO	13
INDICATOR TITLE	ENCOURAGING THE PLANTING OF TREES TOREDUCE EVIRONMENTAL POLLUTION
ACTIVITY NO	03
ACTIVITY TITLE	PLANTATION

#### INTRODUCTION:

The Activity of plantation program was conducted on 08/03/24 (Friday) under the theme of clean and green village. The main vision of this program is to make understand the students about the importance of plantation why it important.

#### **OBJECTIVES:**

- To plant trees in the school premises.
- To let the students know the importance of plantation
- To enable the students in the plantation

#### **RESOURCE PERSON:**

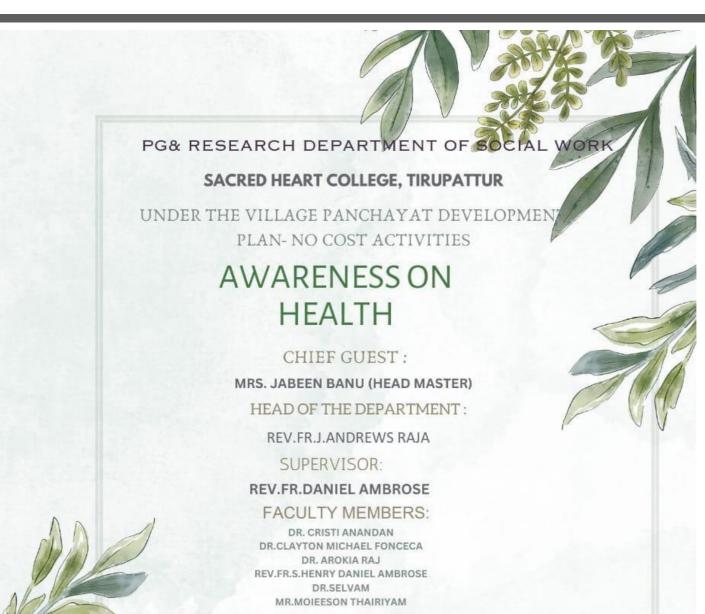
- Mrs. Jabeen banu (head master)
- Rev. Fr. S. Henry Daniel Ambrose

#### **ACTIVITIES CARRIED OUT:**

The program was held in andiyappanur middle school with the permission of panchayat president Mr. Venkatesh and with the school head master Mrs. Jabeen banu. The trainess started the plantation program at 10 AM. The students are very cooperative and the trainees started to explain the importance of planting the trees and why we should plant trees. As the deforestation is occurring more we should plant more trees. The plantation program was organized by Andiyappanur middle school with the help of sacredheart college students Master Remo Albinus . R and Master Moses Vimal Dass Y.

#### CONCLUTION:

The Andiyappanur panchayath successfully organize the Plantation program with help of Sacrec Heart College (Autonomous), PG & Research department of social work students.



MR.MOIEESON T

THURSDAY

7

**AT 12.00PM** 

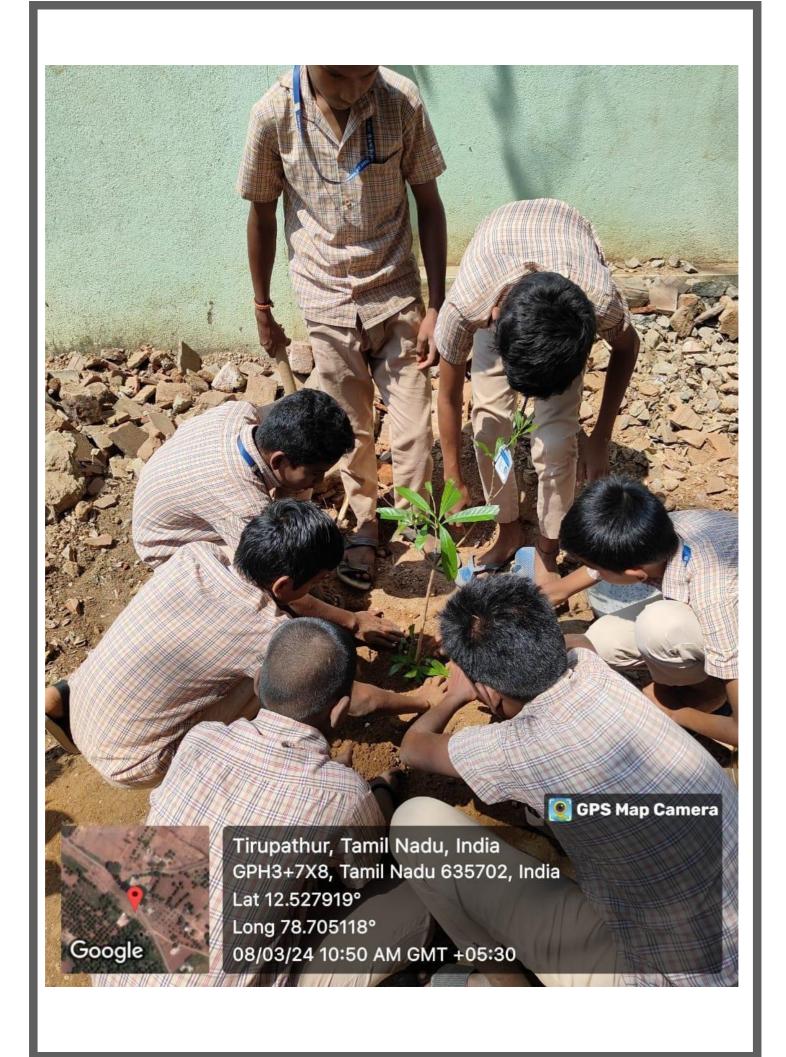
2024

ORGANISERS
REMO ALBINUS . R
MOSES VIMAL DASS .Y

PLACE: ANDIYAPPANUR, MIDDLE SCHOOL









#### SACRED HEART COLLEGE (AUTONOMOUS) TIRUPATTUR - 635601

Theme no	08
Theme title	Village with good governence
Indicator no	02
Indicator title	Providing awareness to self help groups with panchayat organisations to work together for the social economy of the poor and needy people.
Activity no	01
Activity title	Awareness on entreprenership

#### Introduction:

The Activity of Awareness program on entrepreneurship was conducted on 15/02/24 (Thursday) under the theme of village with good governance. The main vision of this program is to give awareness to the self-help groups about entrepreneurship and empower them to unleash their poverty.

#### **OBJECTIVES:**

- To create awareness about entrepreneurship among people.
- To strengthen their self-help groups with innovative ideas.
- To provide the welfare schemes on entrepreneurship
- To help the community to create their own resources.

#### RESOURCES PERSON:

- MR.G. SANTHANAAM (DISTRICT RESOURCE PERSON) DIC, THIRUPATTUR.
- MR. VENKATESH (PRESIDENT)
- MRS. JANATHA (SHG LEADER)
- REV.FR.S. HENRY DANIEL AMBROSE

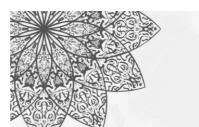
#### **ACTIVITIES CARRIED OUT:**

The program was held in andiyappanur village with the permission of the village president Mr. venkatesh. The program started at 4:00 pm with the resource person Mr.G. santhanaam. First the trainess started with a small introduction about the resource person and then the resource person started to explain the importance of entrepreneurship.

The program was very effective and helpful for the people in the villages. The awareness program was arranged by andiyappanur panchayat with the help of sacred college students Master. Remo Albinus R and Master. Moses Vimal Dass Y. Exactly 60 people are attended the awareness program.

#### CONCLUTION:

The Andiyappanur panchayath successfully organize the Awareness program with help of Sacred Heart College (Autonomous), PG & Research department of social work students.





# P.G. & RESEARCH DEPARTMENT OF SOCIAL WORK SACRED HEART COLLEGE, TIRUPATTUR

UNDER THE VILLAGE PANCHAYAT DEVELOPMENT PLAN - LOW
COST ACTIVITY

# AWARENESS PROGRAM ON ENTREPRENURESHIP

#### **CHIEF GUEST:**

MR.G. SANTHANAAM (DISTRICT RESOURCE PERSON)
MR. VENKATESH (PRESIDENT)

MRS.JANATHA (SHG LEADER)

**HEAD OF THE DEPARTMENT:** 

Rev. Fr. J. ANDREWS RAJA

#### SUPERVISOR:

**Rev. Fr. S. HENRY DANIEL AMBROSE** 

#### **FACULTY MEMBERS:**

DR.CRISTI ANANDAN
Dr. CLAYTON MICHAEL FONCECA
Dr. AROKIARAJ
Rev. Fr. S. HENRY DANIEL AMBROSE
Dr. SELVAM
MR. MOIEESON THAIRIYAM

We Are Inviting You To Join Our AWERENESS PROGRAM

#### **ORGANISERS**:

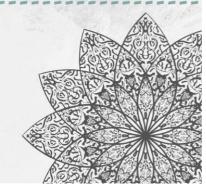
R.REMO ALBINUS

Y.MOSES VIMAL DASS

FEB

THU | 15 | 2024

04.00 PM ANDIYAPPANUR









# மாவட்ட தொழில் மையம்

திருப்பத்தூர் மாவட்டம்.

### பாரத பிரதமரின் உணவு பதப்படுத்தும் சிறு நிறுவனங்களை முறைப்படுத்தும் திட்டம்

Prime Minister Formalisation of Micro Food Processing Enterprises Scheme - PMFME

அன்புடையீர் ! வணக்கம்,

பாரத பிரதமாின் உணவு பதப்படுத்தும் சிறு நிறுவனங்களை முறைப்படுத்தும் திட்டத்தீன் கீழ் (PM-FME) உணவு, பதப்படுத்தும் மற்றும் வேளாண் சார்ந்த மதிப்பு கூட்டு தொழில் தொடங்க விருப்பமுள்ள தனிநபர், மகளிர் சுய உதவிக் குமுக்கள், உழவர் உற்பத்தியாளர் குமுக்கள் ஆகியோருக்கு தகுதியின் அடிப்படையில் 35% அரசாங்க மானியத்துடன் கூடிய கடனுதவி வங்கிகள் மூலம் வழங்கப்படுகிறது.

# யார் பயன் பெறலாம் • உழவர் உற்பத்தியாளர் நிறுவனங்கள் (FPO) • தனிநபர் • மகளிர் சுய உதவி குழுக்கள் • உழவர் உற்பத்தியாளர் குழுக்கள், ஏற்கனவே தொழிவில் ஈடுபட்டுள்ளோர்.

#### தேவையான ஆவணங்கள் - தொடர்புக்கு 9442684554

District Industries Centre, No. 86/5 Ezhil Nagar, Tirupattur. Landline: 04179-299099 Email: dictptr@gmail.com



## பாரத பிரதமரின் உணவு பதப்படுத்தும் சிறு நிறுவனங்களை முறைப்படுத்தும் தீட்டம்

முக்கிய வேளாண் உணவு சார்ந்த மதிப்பு கூட்டு தொழில்கள்

அரிசி சார்ந்த பொருட்கள் பயிறு வகை சார்ந்த பொருட்கள் எண்ணெய் வித்து சார்ந்த பொருட்கள் சிறுதானியம் சார்ந்த பொருட்கள் முந்திரி சார்ந்த பொருட்கள் பரை பழம் சார்ந்த பொருட்கள் மீன் சார்ந்த பொருட்கள் காளான் சார்ந்த பொருட்கள் மஞ்சள் சார்ந்த பொருட்கள் பப்பாளி சார்ந்த பொருட்கள் எலுமிச்சை சார்ந்த பொருட்கள் மாங்காய் சார்ந்த பொருட்கள் இஞ்சி சார்ந்த பொருட்கள் பனை சார்ந்த பொருட்கள் கரும்பு சார்ந்த பொருட்கள் வெங்காயம் சார்ந்த பொருட்கள் தேன் சார்ந்த பொருட்கள்

செக்கு எண்ணெய் ஆடுதல் ரெடி மிக்ஸ் உணவு வகைகள் சத்து மாவு வகைகள் மசாலா பொருட்கள் ஊறுகாய் வகைகள் தொக்கு வகைகள் உணவு பொடி வகைகள் அப்பள வகைகள் வற்றல் வகைகள் வேப்ப இலை சாறு பூண்டு மாவு, பூண்டு மாத்திரை இஞ்சி பவுடர், இஞ்சி சாறு கால்நடை உணவு உப்பு சிப்ஸ் வகைகள் கரும்பு சாறு, மூலிகை சாறு கரும்பு சாறு, மூலிகை சாறு நாட்டுச் சர்க்கரை முளைக் கட்டிய பயிறு வகைகள் மாடு கோழி மீன் தீவனங்கள்

பால் சாந்த பொருட்கள் ஊட்டச் சத்து மாவு டூட்டி புருட்டி வடக வகைகள் குளிர் பாளங்கள் பழ கூழகள் ஜாம் வகைகள் கீர் வகைகள் சிரப் வகைகள் **ஐஸ் கிரீம்** சூப் வகைகள் இனிப்பு வகைகள் மிட்டாய்கள் பர்பி வகைகள் கேக்குகள் உரை பழங்கள் தைல வகைகள் முருங்கை இலைப்பொடி

மேலும் அனைத்து வகை வேளாண் உணவு சார்ந்த மதிப்பு கூட்டு தொழில்கள்

## தொடர்பு அலுவலர்கள்

மாவட்ட வள அலுவலர்கள் (District Resource Persons) திருப்பத்தூர் மாவட்டம். தொடர்பு எண்: 9442684554

















