

HEALTH CAMP-ANAEMIA PREVENTION ON 04-04-2024

A health camp was conducted as a part of Unnat Bharat Abhiyan on 04-04-2024, under the guidance of faculties Dr Lavannya Mary, Dr. Akhilesh Shetty (MO) and Dr. Gunjan (PG). Mili Tom, Meghna Rajeev (interns) attended the camp. It was coordinated by Mr. Ranjith (MSW).

The check-up involved general examination and screening for systemic hypertension and diabetes mellitus among different age groups. 8 individuals were screened, and those needing immediate care were given referrals to higher centers. Health education was provided regarding the importance of hemoglobin (Theme: My health, My right). They were advised about the various causes and symptoms of anemia and how to prevent it. The importance of iron-rich foods like dates, nuts, green leafy vegetables and citrus fruits were also told. We also mentioned the importance of iron tablets during pregnancy. We guided them regarding regular health check-ups to be continued in this locality to monitor the health status of beneficiaries.



HEALTH CAMP NCD ON 12-04-2024

A health camp was conducted as a part of Unnat Bharat Abhiyan on 12-04-2024, under the guidance of faculties Dr Amith Rao (MO), Dr. Gireesh (PG). Faiz and Midhuna (interns) attended the camp. It was coordinated by MSW Ranjith.

The check-up involved general examination and screening for systemic hypertension and diabetes mellitus among different age groups. 10 individuals were screened, those needing immediate care were given referrals to higher centres. Health education was provided regarding control of diabetes, hypertension and obesity. They were advised about the importance of salt restricted diet, dally moderate exercises (walking for 30 minutes per day), regular BP monitoring, diabetics were advised dietary restrictions and regular blood sugar monitoring. We guided them regarding regular health check-ups to be continued in this locality to monitor the health status of beneficiaries and provide necessary interventions.



HEALTH CAMP NCD ON 18-04-2024

A health camp conducted as a part of Unnat Bharat Abhiyan on 18-04-24 under the guidance of Dr. Akhilesh Shetty (MO), Dr. Meera P (PG) and MSW Mr. Harish & Mr. Ranjith. Nisarg Kunder, Nutheti Karthik (interns) attended the camp.

The check-up involved general examination and screening for systemic hypertension and diabetes mellitus among different age groups 9 individuals were screened, those needing immediate care were given referrals to higher centres. Health education was provided regarding control of diabetes, hypertension and obesity. They were advised about the importance of salt restricted diet, dally moderate exercises (walking for 30 minutes per day), regular BP monitoring, diabetics were advised dietary restrictions and regular blood sugar monitoring. We guided them regarding regular health check-ups to be continued in this locality to monitor the health status of beneficiaries.



HEALTH CAMP- NCD ON25- 04-2024

A health camp was conducted as a part of Unnat Bharat Abhiyan on 25-04-24 under the guidance of Dr Akhilesh Shetty (MO), Dr. Naveen (PG), Niha Mithaal, Nitin Mundhra & Adelyn D'Souza (interns) and MSW Mr. Ranjith.

The check-up involved general examination and screening for systemic hypertension and diabetes mellitus among different age groups. 13 individuals were screened, those needing immediate care were given referrals to higher centers. Health education was provided regarding control of diabetes, hypertension and obesity. They were advised about the importance of salt restricted diet, daily moderate exercises (walking for 30 minutes per day), regular BP monitoring, diabetics were advised dietary restriction and regular blood sugar monitoring. We guided them regarding regular health check-ups to be continued in this locality to monitor the health status of beneficiaries.



HEALTH EDUCATION NCD ON 09/05/2024

Health awareness programme was done as a part of Unnat Bharat Abhiyan on 09/05/24 under the guidance of Dr Lavanya (Medical Officer) Dr Meera (PG), Niharika, Nikhil, Amith & Athil (interns) and Mr. Harish (MSW).

The check-up involved general examination and screening for systemic hypertension and diabetes mellitus among different age groups. Hemoglobin estimation was also performed especially in people complaining of weakness and fatigue. Around 25 to 30 individuals were screened, those needing immediate care were given referrals to higher centres. Health education was provided regarding control of diabetes, hypertension and obesity. We guided them regarding regular health check-ups to be continued in this locality to monitor the health status of beneficiaries and provide necessary interventions.



HEALTH CAMP NCD -ON 15-05-2024

A health camp was conducted as a part of Unnat Bharat Abhiyan on 15-05-2024, under the guidance of our faculties Dr Amit (MO), Dr Farzana (PG), Rishabh Kant Singh and Rashika Asija (interns) attended the camp. It was coordinated by MSW Ranjith.

The check-up involved general examination and screening for systemic hypertension and diabetes mellitus among different age groups. 12 individuals were screened, those needing immediate care were given referrals to higher centers Health education was provided regarding control of diabetes and hypertension. They were advised about the importance of salt restricted diet, daily moderate exercise (walking for 30 minutes per day), regular BP monitoring, diabetics were advised dietary restriction and regular blood sugar monitoring. We guided them regarding regular health checkups to be continued in this locality to monitor the health status of beneficiaries.



HEALTH CAMP NCD -ON 23-05-2024

Health awareness programme was done as a part of Unnat Bharat Abhiyan on by under the guidance of, Dr Akhilesh Shetty (MO), Dr Meera P (PG), Rithesh S, Riya & Ruchir (interns) and Mr. Harish (MSW).

The check-up involved general examination and screening for systemic hypertension and diabetes mellitus among different age groups. Hemoglobin estimation was also performed especially in people complaining of weakness and fatigue. Around 10 to 15 individuals were screened, those needing immediate care were given referrals to higher centres. Health education was provided regarding control of diabetes, hypertension and obesity. We guided them regarding regular health check-ups to be continued in this locality to monitor the health status of beneficiaries and provide necessary interventions.



HEALTH CAMP NCD-ON 05-06-2024

A health camp was conducted as a part of Unnat Bharat Abhiyan on 05-06-2024, under the guidance of faculties Dr Amit (MO), Dr Subash (PG), Pranav & Pranshu (interns) attended the camp. It was coordinated by MSW Mr. Ranjith.

The check-up involved general examination and screening for systemic hypertension and diabetes mellitus among different age groups. Hemoglobin estimation was also performed especially in people complaining of weakness and fatigue. Around 20 individuals were screened, those needing immediate care were given referrals to higher centers. Health education was provided regarding control of diabetes, hypertension and obesity. We guided them regarding regular health check-ups to be continued in this locality to monitor the health status of beneficiaries and provide necessary interventions.



HEALTH CAMP NCD ON 13-06-2024

Health awareness programme was done as a part of Unnat Bharat Abhiyan, on 13/6/24 under the guidance of Dr Akhilesh Shetty (MO), Dr Riswana (PG), Pratibha Sethi & Soumya Manjhi (interns) and Mr. Harish (MSW)

The camp included various facilities provided to the local people consisting of history taking, general physical examination, screening for non-communicable diseases such as systemic hypertension, diabetes mellitus, and anemia. Any patient requiring further help were identified and referred to a higher center. Around 10-15 people were screened consisting of various age groups. Health education was also provided regarding lifestyle changes, control of diabetes, hypertension, obesity. We explained to them the importance of regular health checkups and cleared any further doubts they had.



HEALTH CAMP NCD ON 20-06-2024

A health camp was conducted as a part of Unnat Bharat Abhiyan on 29-2-2024, under the guidance of our faculties Dr Akhilesh Shetty (Medical Officer), Dr Riswana (PG), Shikha Agrawal and Shamil Shajim (interns) attended the camp. It was coordinated by Mr. Ranjith & Mr. Harish (MSWs).

The camp included various facilities provided to the local people consisting of history taking, general physical examination, screening for non-communicable diseases such as systemic hypertension, diabetes mellitus, and anemia. Any patient requiring further help were identified and referred to a higher center. Around 10-15 people were screened consisting of various age groups. Health education was also provided regarding lifestyle changes, control of diabetes, hypertension, obesity. We explained to them the importance of regular health checkups and cleared any further doubts they had any.

