



**UNNAT BHARAT ABHIYAN**  
**Dr.NGP Institute of Technology**

**ANNUAL PROGRESS REPORT**

**2023 - 2024**

**April 2023 – March 2024**

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<b>Sr. No.</b>	<b>ADOPTED VILLAGES</b>	<b>TALUKA (Block)</b>	<b>DISTRICT</b>
1	Akkaraisengapalli	Mettupalayam	Coimbatore
2	Palayur	Coimbatore South	
3	Ganapathi pudur	Ganapathy	
4	Kakkadavu	Pollachi	
5	Jallipatti	Palladam	

**List of Activities:**

**ACTIVITY 1:**

**Title of the Activity: Trucking camp and cleaning the plastic waste on 11.08.2022**

**Need of the Activity:** To raise awareness about plastic pollution and promote community involvement in environmental conservation by cleaning up plastic waste in a designated area

**Brief Description (Need/Impact/Action/Picture (if any)):**

Organize a Community Plastic Waste Cleanup to raise environmental awareness and promote conservation. The activity, lasting 2-3 hours, involves participants cleaning designated areas, sorting waste, and safely disposing of it. Start with a brief introduction on plastic pollution, followed by the cleanup, waste sorting, and a debrief to discuss the impact.



## ACTIVITY 2:

**Title of the Activity: Health Diet through healthcare club – An Extension Activity on 10.08.2023**

**Need of the Activity:** The Health Diet Program is essential for promoting overall well-being and preventing lifestyle-related diseases. Many individuals struggle with understanding proper nutrition, leading to poor eating habits and associated health issues like obesity, diabetes, and heart disease. By organizing this activity through the healthcare club, members can gain valuable knowledge about balanced diets, learn practical skills for healthier eating, and be motivated to make long-term positive changes.

**Brief Description (Need/Impact/Action/Picture (if any)):**

A **Health Diet Program** through the healthcare club focuses on educating members about balanced nutrition and healthy eating habits. The program includes workshops on understanding essential nutrients, creating personalized meal plans, and addressing common dietary challenges. Members will learn how to make informed food choices, manage portion sizes, and incorporate a variety of foods to support overall well-being. Activities may include cooking demonstrations, guest talks by nutritionists, and group discussions to encourage a sustainable, health-conscious lifestyle.



## ACTIVITY 3:

**Title of the Activity: “Clean India camp” on 13.07.2023**

**Need of the Activity:** To conduct an awareness on plastic waste inside campus

**Brief Description (Need/Impact/Action/Picture (if any)):**

The awareness of this activity is conducted inside our campus to make sure there should not be any plastic usage. This programme has volunteered by UBA members and 15 students took part in this event. The collected the wastage and disposed in the appropriate bin. In addition to this, we also conducted the awareness among the students inside campus. As next, the same will be followed at every village adopted under UBA.





#### ACTIVITY 4:

**Title of the Activity: Road Safety Awareness rally in association with UYIR Club on 22.07.2023**

**Need of the Activity:** To educate the community about road safety rules and promote safer behavior on the roads, reducing the risk of accidents and saving lives.

**Brief Description (Need/Impact/Action/Picture (if any)):**

The Road Safety Awareness Rally is an activity designed to educate the community on road safety and promote safer driving behaviors. The rally, lasting 2-3 hours, involves participants marching along a designated route with banners and placards, distributing flyers, and sharing safety tips through megaphones. The event includes interactive sessions with experts, demonstrations of safety gear, and concludes with a debriefing. The rally aims to reduce road accidents by encouraging the public to adopt responsible road practices.



**Dr.N.G.P INSTITUTE OF TECHNOLOGY**  
 (An Autonomous Institution)  
 Coimbatore - 641 048

In Association with **ROAD SAFETY - UYIR CLUB**

INEA Code **2736**

**மக்களின் சாலை பாதுகாப்பிற்கு  
 நெருஞ்சாலைத்துறையின் அன்பான வேண்டுகோள்!**

**சாலை பாதுகாப்பு ஒரு சமுதாய தேவை - சேவை!**

- வாகனம் இயக்குபவர்கள் திறமையற்ற ஊர் ஓட்ட வேண்டும்.
- சாலை விதிகள், சமீகத்தைகள் பின்பற்ற வேண்டும்.
- சாலை குறிப்பாசனியூம்,பாசினிள் மற்றும் கண்ணி அடையாளப்பிழை வாகனங்கள் கவனமாக ஓட்ட வேண்டும்.
- வகுறிஞ்சாள் தாது பிணைகூடாத சாலை விதிகள் மற்றும் சாலை குறிப்பினை விளக்கி கற்பிக்க வேண்டும்.
- பிணைகள் வகுறிஞ்சாலை தலைக்கவரம் மற்றும் இடுக்கை பெய்யுனை அணிப வியலுத வேண்டும்.
- இது சகர வளைதில் பிணைக் அபத்திரபெரும் கட்டபம் தலைக்கவரம் அணிப வேண்டும். சிலபு விளக்குகளை லீர் வளைம் ஓட்டக்கூடாது.
- ஊர் ஓடும் பெய்யுறு குள் மற்றும் பிள் இடுக்கைகளில் இடுபவர்களும் இடுக்கை பெய்யுனை அணிப வேண்டும்.
- முழுதலைக்கவம் இடுக்கைம் வளைம் ஓட்டக்கூடாது.
- சைக வடிபய பிடுக்கூடாது.
- மது அருந்திக்கு வளைம் ஓட்டக்கூடாது.
- அலைபசிபிள் பெய்யுறு வளைம் ஓட்டக்கூடாது.

குறை அமைத்திதழ் போலா, பெறுக்காசினி குள் சாலை பாதுகாப்பு விழிமறைகவம் விபத்தி, விபத்தான தவித்து, பாதுகாபனை வலம் பாடிக்காணி வித்திரைவ வேணவை உறவைக்குறவை.

DEPARTMENT OF CIVIL ENGINEERING  
 Dr.N.G.P INSTITUTE OF TECHNOLOGY

சாலை பாதுகாப்பு சிலை  
 நெருஞ்சாலை துறாபிளி திணைகுடி

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## ACTIVITY 5:

### Title of the Activity: Plant sapling on 10.07.2023

**Need of the Activity:** To promote environmental conservation and increase green cover by engaging participants in planting saplings in a designated area.

### Brief Description (Need/Impact/Action/Picture (if any)):

The Plant Sapling Activity is an environmental initiative where participants plant saplings in a designated area to promote green cover and conservation. The 2-3 hour event includes a brief on the importance of tree planting, followed by the planting of saplings with proper guidance. Participants label their saplings and are encouraged to care for them regularly. The activity concludes with a reflection on the environmental impact and distribution of eco-friendly tokens. This activity fosters community involvement and contributes to a healthier environment.



## ACTIVITY 6:

### Title of the Activity: Aadhar camp & Medical Camp on 12.07.2023

**Need of the Activity:** To facilitate the enrollment and updating of Aadhar details for community members, ensuring that everyone has access to this essential identification document.

### Brief Description (Need/Impact/Action/Picture (if any)):

The Aadhar Camp is a community initiative designed to help individuals enroll in or update their Aadhar details. On the day event is organized with stations for biometric data capture, document verification, and form filling. Participants are guided through the process, ensuring they have the necessary documents and receive acknowledgment receipts. The camp also provides support for the elderly and differently-abled, with additional services like on-the-spot photocopying. This activity ensures that everyone can easily access their Aadhar, essential for availing government services and benefits.





### ACTIVITY 7:

**Title of the Activity: Medical Camp on 10.08.2023**

**Need of the Activity:** To provide free medical check-ups, consultations, and basic health services to the community, enhancing access to healthcare and raising awareness about health issues.

**Brief Description (Need/Impact/Action/Picture (if any)):**

The Medical Camp is a community event offering free medical check-ups, consultations, and basic health services over 1-2 days. It provides access to healthcare through various stations for general consultations, screenings, and basic treatments. The camp also includes health education and informational pamphlets. Participants are registered, receive necessary medical services, and are provided with follow-up care information. The event enhances community health and access to medical resources while promoting wellness.

