

MEENAKSHI MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE
DEPARTMENT OF COMMUNITY MEDICINE,
UNNAT BHARAT ABHIYAN, NATIONAL SERVICE SCHEME
Report on Family Adoption Health camp – July 9TH 2024

Date: 09.07.2024

Time: 10 am – 1.30pm

Venue: Parandhur (Kottavakkam) village

No. of. Participants: 91

Under the Patronage of Meenakshi Academy of Higher Education and Research, special medical camp was conducted in the Government primary school at Parandhur (Kottavakkam) village on 09.07.2024. Program was organized by the Meenakshi Medical College & Hospital in coordination with Department of community medicine in collaboration with Unnat Bharat Abhiyan and National Service Scheme. The people were examined and diagnosed by various specialties of Orthopedics, General Medicine, Pediatrics, Ophthalmology and OBG. Blood pressure, blood sugar levels, hemoglobin levels, urinary protein and sugar levels were monitored for all the patients who attended the camp. Height, weight and BMI of each patient were recorded and personalized dietary advices and nutritional education were provided by the postgraduates and CRMIs of community medicine. A total of 91 beneficiaries were benefited from the medical camp, among which 73 patients were screened for diabetes out of which 27 patients were found to have elevated blood sugar and 14 were newly diagnosed. Similarly 70 patients were screened for hypertension out of which 16 patients found to have elevated blood pressure out of which 7 were newly diagnosed hypertension patients. Out of 91 beneficiaries 33 patients were found to be anemic. Health education on nutrition and lifestyle modifications was given to the concerned patients. A total of 18 pediatric cases attended the medical camp. Height, weight, MUAC was monitored for all the Under 5 children. Patients were provided with basic medicines and 28 patients were referred to Meenakshi Medical College & Hospital for further evaluation and treatment.

