

**MEENAKSHI MEDICAL COLLEGE HOSPITAL AND RESEARCH INSTITUTE**  
**DEPARTMENT OF COMMUNITY MEDICINE,**  
**UNNAT BHARAT ABHIYAN, NATIONAL SERVICE SCHEME**  
**Report on Family Adoption Health camp – July 24<sup>TH</sup> 2024**

**Date:** 24.07.2024.

**Time :** 10 am – 1.30pm

**Venue:** Valathur (Purusai) village

**No. of. participants:** 109

Under the Patronage of Meenakshi Academy of Higher Education and Research, special medical camp was conducted in the Government primary school at Valathur (Purusai) village on 24.07.2024. Program was organized by the Meenakshi Medical College & Hospital in coordination with Department of community medicine in collaboration with Unnat Bharat Abhiyan and National Service Scheme. The people were examined and diagnosed by various specialties of Orthopedics, General Medicine, Pediatrics, Ophthalmology and OBG. Blood pressure, blood sugar levels, hemoglobin levels, urinary protein and sugar levels were monitored for all the patients who attended the camp. Height, weight and BMI of each patient were recorded and personalized dietary advices and nutritional education were provided by the postgraduates and CRMIs of community medicine. A total of 109 beneficiaries benefited from the medical camp among which 84 patients were screened for diabetes out of which 35 patients were found to have elevated blood sugar and 5 were newly diagnosed. Similarly 89 patients were screened for hypertension out of which 37 patients found to have elevated blood pressure and 11 among them were newly diagnosed. Out of 109 beneficiaries 28 patients were found to be anemic. Health education on nutrition and lifestyle modifications was given to the concerned patients. A total of 24 pediatric cases attended the medical camp. Height, weight, MUAC were monitored for all the Under 5 children. Patients were provided with basic medicines and around 46 patients were referred to Meenakshi Medical College & Hospital for further evaluation and treatment.



Dr.K.Shankar  
Prof & HOD