# St. Francis Collegefor Women Begumpet, Hyderabad, Telangana Unnat Bharat Abhiyan Village DevelopmentPlan

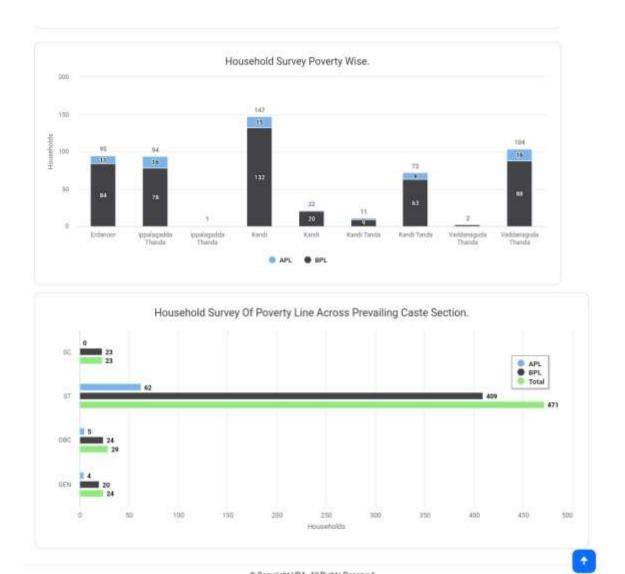
St. Francis College for Women, Begumpet, Hyderabad has adopted four Thandas and physically challenged colonies of Laxmi Nagar colony in Kandi village from Sangareddy District of Telangana, namely Vaddenaguda Thanda, Erdanoor Thanda, Ippalagadda Thanda, Kandi Thanda and Laksminagar colony from kandi village as a participating institute in the Unnat Bharat Abhiyan (UBA), a flagship program of Ministry of Education. The UBA team accompanied by ninety students 12 faculty members from different departments and two nonteaching staff visited the SFC-adopted villages and conducted a survey. The data was collected from the following number of respondents:

https://unnatbharatabhiyan.gov.in/baselinesurvey?csrf\_uba=2e8a4c7f5250b7755ee7b9418c5e2cab&sta te id=31&district id=635&institute id=49521

S.NO	District	Adopted Village	Total Number of Household Survey
1.	Sangareddy	Erdanoor Thanda	47
2.	Sangareddy	Ippalagadda Thanda	55
3.	Sangareddy	Kandi Village (Laxminagar Colony)	124
4.	Sangareddy	Kanda Thanda	59
5.	Sangareddy	Vaddenanguda Thanda	75
		Total	360

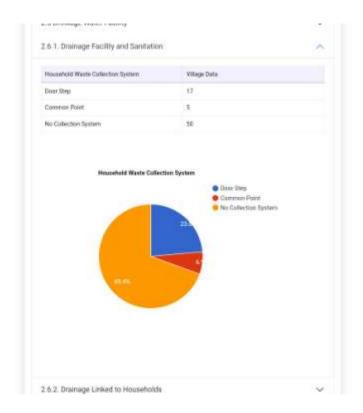
#### **Survey Gap Observations:**

<u>Economic Status</u>: The survey of all four Thandas and the physically challenged colony of Laxmi Nagar in Kandi village reveals significant economic challenges, indicating widespread socio-economic hardship within these communities.



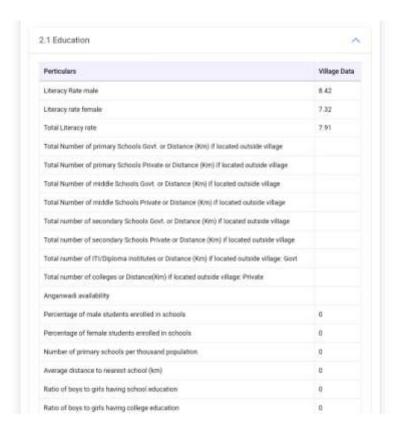
<u>Awareness of Health and hygiene</u>: There is a noticeable lack of awareness among villagers regarding various diseases, health issues, and sanitation practices, underscoring the need for targeted education and awareness camps.

<u>Skill Development Disparity</u>: The survey highlights a higher proportion of unskilled labour compared to skilled labour in the villages, This underscores the necessity for skill development courses in small-scale formats to address this imbalance and enhance self-employment opportunities.



<u>Lack of awareness about social issues and government-sponsored schemes</u>: It has been observed that more than 90% of the respondents are not familiar with the programs and policies of the government of India. Lack of awareness about government initiatives has hindered the development of the people.

Low student enrolment in higher education: The survey indicates a low rate of student enrolment in higher education, emphasizing the need for initiatives to encourage and support higher educational pursuits within these communities.



Based on the above survey gap the institution has planned the following village development plan

# <u>VILLAGE DEVELOPMENT PLAN OF UBA</u> PROPOSAL FOR ENVIRONMENTAL SUSTAINABILITY

#### **Goals:**

• Empowering communities through green practices for environmental sustainability

#### **Objectives:**

- To bring awareness to Mission LiFE (Lifestyle for Environment)
- To ensure proper waste segregation and composting
- To empower women in making sustainable cleaning products.
- To encourage women in sustainable start-ups
- To Enhance Community Greenery through Tree Planting

#### **Strategies and Activities:**

- Conducting awareness campaigns on Mission LiFE (Lifestyle for Environment)
- Establish a waste management committee for proper coordination
- Conducting workshops on waste management and preparation of sustainable cleaning products
- Collaborate with local authorities and NGOs to design and implement waste management methods.
- Monitoring waste management regularly in partnership with NGO.
- Implement green practices such as waste reduction, recycling, and promoting a circular economy model to foster a sustainable environment
- Connecting the community with Green Hub (EPTRI) to sell their products
- Encouraging tree plantation drives among local people

#### **Collaboration:**

- Collaborate with a regional NGO specialized in waste management and making ecofriendly cleaning products (Suggested NGOs- Dhruvansh and BEA)
- Partner with the local government's rural development department for technical assistance and funding.

#### **Resource Allocation:**

- Allocate funds from the college's social responsibility budget for waste management
- Mobilize volunteers from the college and personnel from the NGO and community for organizing workshops and regular monitoring.

#### **Monitoring and Evaluation:**

- Establish a monitoring committee comprising college students, village representatives, student volunteers from villages, NGO members and experts from the community to track the progress of each initiative.
- Conduct regular surveys and feedback sessions with villagers to assess the impact of the implementations.

#### **Sustainability Plan:**

- Train local community members in the maintenance of compost pits.
- Empower village youth in lifestyle for the Environment
- Encourage the village women to make sustainable cleaning products and sell the same to the public with the help of Green Hub (EPTRI)
- Educate community members on the environmental impact of their actions to promote sustainable behaviors and practices

#### **Outcomes:**

- Implementation of Lifestyle for Environment
- Proper waste segregation and management
- Self-sustained organic fertilizer
- Application of eco-friendly cleaning products in daily life
- Skill enhancement and economic empowerment
- Planting trees within the community can provide significant environmental benefits, including creating bird corridors, enhancing biodiversity, and improving water quality

# **Problem-Activity-Support Matrix for Environmental Sustainability**

Problem Identified	Activities Proposed	Government Scheme Relevant	Relevant Government Office/Officer	Collaborative Organisation
Lack of environmental awareness	Conduct awareness campaigns on Mission LiFE  -Say no to Single Use Plastice	Mission LiFE	Ministry of Environment, Forest and Climate Change  Officers-Village Development Officer and Panchayat Secretary	NIRD
Improper waste management	Demonstration of Waste Segregation and Composting  Establish Village level waste management committees	Swachh Bharat Mission	Local Municipal Office  Officers- Village Development Officer and Panchayat Secretary	Dhruvansh
Limited knowledge of sustainable products	Awareness on Sustainable period products	Mission LiFE, Atal Innovation Mission	Local Rural Development Office  Officers- Village Development Officer and Panchayat Secretary	Swachhabadi
Need for economic empowerment of women	Preparation of All- Purpose Cleaner  Encourage women in sustainable start- ups	National Rural Livelihoods Mission	Ministry of Rural Development  Officers- Village Development Officer and Panchayat Secretary	BioEnzyme Entrepreneur Academy(BEA)
Insufficient greenery	Tree plantation drive & Kitchen Garden	National Afforestation Programme	Forest Department/National Institute for Rural Development  Officers- Village Development Officer and Panchayat Secretary	NIRD

#### PROPOSAL FOR IMPROVING HEALTH AND HYGIENE

#### Goals:

To promote and ensure improved health and hygiene practices through community education

#### **Objectives:**

- Raise awareness of the importance of health and hygiene
- To ensure the consumption of safe drinking water.
- To provide education on the importance of a Balanced Diet
- To encourage women to develop low-cost recipes.
- To provide a health camp for screening of clinical condition.
- To foster awareness of common diseases

#### **Strategies and Activities**

- Conducting awareness campaigns on hygiene and sanitation practices.
- Ensure clean and safe drinking water by using home-scale methods to prevent waterborne diseases.
- Conducting a Nutrition education program on a Balanced diet and to education on consumption of nutritious meals, using locally available ingredients to promote healthy eating habits
- Conducting workshops on the preparation of healthy low-cost recipes.
- To conduct health check camps- by monitoring their haemoglobin, blood sugar and blood pressure levels.
- Organizing talks on various disease conditions by renowned doctors
- Regular monitoring and evaluation of program impact through surveys and feedback sessions.

#### **Collaboration:**

• Partner with local health NGOs for expertise in health education and hygiene promotion.

#### **Resource Allocation:**

- Allocate funds from local government budgets for community development initiatives.
- Mobilize volunteers from within the community and local NGOs to assist in organizing programs and workshops.
- Monitoring and Evaluation:
- Establish a monitoring committee comprising village leaders, representatives from NGOs, and health experts to track program progress.
- Conduct regular assessments and surveys to measure changes in awareness levels and adoption of sustainable practices.

#### **Sustainability Plan:**

- Train local community members as hygiene ambassadors to continue spreading awareness.
- Establish community-led initiatives for maintaining cleanliness and sanitation.
- Educate local community members on the consumption of locally available foods.
- Enhancing the quality of food by using simple methods to retain maximum nutrition from foods.

#### **Outcomes:**

- Increased awareness and adoption of hygiene practices.
- Encourage the consumption of a Balanced Diet.
- Ensure Water portability
- Understanding the overall health status of the community.
- Skill enhancement on development of low-cost nutritious meals.

# **Problem-Activity-Support Matrix for Improving Health and Hygiene**

Problem Identified	Activities Proposed	Relevant Government Scheme	Relevant Government Office/Officer	Collaboration
Low awareness of Health and Hygiene	Conduct awareness campaigns and education	Swachh Bharat Mission	Local Municipal Office Officers- Village Development Officer and Panchayat Secretary	Local Students
Poor nutritional knowledge	Nutrition education and low-cost recipe workshops	National Nutrition Mission (POSHAN Abhiyaan)	Ministry of Women and Child Development Officers- Village Development Officer and Panchayat Secretary	Commissionerate of Health and Family Welfare
Unsafe drinking water	Ensuring safe drinking water	Jal Jeevan Mission	Ministry of Jal Shakti Officers- Village Development Officer and Panchayat Secretary	Panchayat Officers
Common diseases	Health camps and talks by doctors	Ayushman Bharat	Local Health Department  Officers- Village Development Officer and Panchayat Secretary	NGO's

# **Proposal for Awareness of Social Issues and Government-Sponsored Schemes**

#### Goals:

To promote awareness about social issues and government-sponsored schemes

# **Objectives:**

- To disseminate information about central government programs
- To disseminate information about state government programs
- To foster awareness of social issues like alcoholism, women's and children's rights
- To encourage positive behavioral changes towards social issues and government programs

### **Strategies and Activities**

- To promote the central and state government programs/schemes that will enhance their living standards
- To organize social awareness of the negative effects of alcoholism on family and health
- To conduct counseling sessions for people who are in need
- Providing awareness through nuked Natak, distribution of pamphlets, display of banners, songs, etc on social problems
- Forums for discussions and decision-making on social issues.
- Incorporate Behavioural Change Communication (BCC) strategies to encourage positive changes in attitude and practices
- Regular monitoring and evaluation of program impact through surveys and feedbacksessions.

# **Sustainability Plan:**

- Train local community members as ambassadors to ensure continuous dissemination of information and awareness.
- Integrate behavioral change communication strategies for long-term positive impacts.
- Implement regular feedback and monitoring systems to assess and improve program effectiveness.
- Foster partnerships with local NGOs, healthcare providers, and educational institutions for sustained support.

#### **Outcomes:**

• Increased awareness and understanding of central and state government programs.

- Enhanced community engagement in addressing social issues like alcoholism, and women's and children's rights to name a few.
- Sustained positive behavioral changes toward health, hygiene and nutrition.
- Improved living standards through better utilization of government schemes.
- Development of local leadership and a sense of community responsibility for ongoing initiatives.
- Healthier, more informed community with better access to education and economic opportunities.

# **Problem-Activity-Support Matrix for Awareness of Social Issues and Government-Sponsored Schemes**

Problem Identified	Activities Proposed	Relevant Government Scheme	Relevant Government Office/Officer
Lack of awareness of government schemes	Promote central and state government programs	Digital India, Pradhan Mantri Jan Dhan Yojana	Local Government Office, Panchayat Raj Institutions  Officers- Village Development Officer and Panchayat Secretary
The negative impact of alcoholism	Organize awareness campaigns on alcoholism	National Drug De- Addiction Programme	Ministry of Social Justice and Empowerment  Officers- Village Development Officer and Panchayat Secretary
Lack of support for people in need	Conduct counseling sessions	National Mental Health Programme	Ministry of Health and Family Welfare  Officers- Village Development Officer and Panchayat Secretary
Poor knowledge of social rights	Provide awareness through nuked natak, pamphlets	Beti Bachao Beti Padhao, POSHAN Abhiyaan	Ministry of Women and Child Development, Local NGOs Officers- Village Development Officer and Panchayat Secretary
Lack of community	Create forums for	Mahatma Gandhi National	Ministry of Rural

engagement	discussions on social issues	Rural Employment Guarantee Act (MGNREGA)	Development  Officers- Village Development Officer and Panchayat Secretary
Need for behavioral change	Incorporate BCC strategies	Swachh Bharat Mission, National Nutrition Mission	Ministry of Drinking Water and Sanitation, Local Health Department  Officers- Village Development Officer and Panchayat Secretary

#### Major Contribution by Higher Education Institutions under Unnat Bharat Abhiyan

- As part of the Unnat Bharat Abhiyan, the institution has made an exemplary contribution to higher education by offering free education to five deserving girls from the adopted villages. These students have the opportunity toenroll in any course from the available stream at St. Francis College for Women, with free hostel accommodation. This initiative has positively impacted the academic journey of a student from Laxmi Nagar Colony in Kandi village, who is currently pursuing a degree in M.P.CS. for the academic year 2024-2025. This initiative exemplifies the institution's commitment to empowering rural youth and fostering educational equity.
- Each of the three proposals for the village development plan exemplifies a green budget approach with high-impact outcomes. These initiatives effectively target key areas such as rural development, healthcare, sanitation, education, vocational skills, sustainable livelihoods, and resource management, ensuring significant community benefits while maintaining minimal financial expenditure.