



UNNAT BHARAT ABHIYAN

S.S.V COLLEGE, VALAYANCHIRANGARA

PROGRESS REPORT 2024-25

UBA Coordinator's Name: Viswan M G

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Phone Number:9495567216

Sr. No.	ADOPTED VILLAGES	TALUKA(Block)	DISTRICT
1	Arakapady	Kunnathunadu	Ernakulam
2	Irapuram	Kunnathunadu	
3	Koovappady (CT)	Kunnathunadu	
4	Rayamangalam	Kunnathunadu	
5	Valakam	Moovattupuzha	

*Approved mail from NCI received on 7th October 2021.

Academic Year 2024-25

1. FREE DENTAL, EYE TESTING, AND CATARACT SURGERY CAMP

Date: August 17, 2024

Venue: SSV College, Valayanchirangara, Perumbavoor

Organized by: Unnat Bharat Abhiyan, National Service Scheme (NSS)

In Association With: Amritha Hospital, Ernakulam; Sree Bhavani Foundation, Kalady

Main Beneficiaries: Villagers of Airapuram and Rayamangalam Villages

Objective:

The primary aim of this camp was to provide free medical services, including dental checkups, eye testing, and cataract surgeries, to the underserved communities in Airapuram and Rayamangalam villages. This initiative was part of the ongoing efforts of the Unnat Bharat Abhiyan and National Service Scheme (NSS) to bridge the healthcare gap in rural areas and improve the well-being of residents in these villages.

Program Overview:



The camp was conducted on August 17, 2024, at SSV College, Valayanchirangara, in collaboration with Amritha Hospital, Ernakulam, and Sree Bhavani Foundation, Kalady. The program focused on providing essential healthcare services, especially targeting dental issues and eye-related problems. A special focus was placed on free cataract surgeries for backward elderly villagers who may not have had access to medical facilities otherwise.

Key Activities:

Dental Checkup and Treatment:

A team of qualified dentists from Amritha Hospital conducted free dental checkups, offering consultations and treatments such as fillings, extractions, and advice on oral hygiene to the participants.

Eye Testing and Consultation:

Free eye testing was conducted by ophthalmologists from Amritha Hospital. The tests included vision screening, glaucoma checks, and overall eye health assessments.

Eyeglasses were provided to individuals with refractive errors, and those diagnosed with cataracts were referred for further check-ups at Amritha Hospital and then for surgery.

Cataract Surgery:

The camp included free cataract surgeries for 18 eligible participants. Those diagnosed with cataracts were examined and scheduled for immediate or follow-up surgeries.

Health Education and Awareness:

Volunteers from NSS and Unnat Bharat Abhiyan distributed pamphlets and conducted awareness sessions on the importance of dental care and regular eye checkups.

Information was provided to the villagers about how to maintain good oral and eye health and the need for timely medical interventions.

Participants:

The camp attracted over 150 villagers from Airapuram and Rayamangalam villages.

A total of 88 people benefited from free eye testing and approximately 75 individuals received free dental checkups and treatments.

Medical professionals from Amritha Hospital and Sree Bhavani Foundation actively participated in conducting the tests, surgeries, and providing consultations.

Outcomes and Impact:

Access to Healthcare: Many villagers, especially the elderly, who had limited access to healthcare services, benefited from the free services provided. For several elderly villagers, the



cataract surgeries helped restore vision and significantly improve their quality of life. Through the camp, many villagers became more aware of the importance of maintaining oral and eye health. Several individuals were encouraged to regularly visit medical facilities for checkups.

Sustainability: The collaboration between Unnat Bharat Abhiyan, NSS, Amritha Hospital, and Sree Bhavani Foundation highlights the importance of community-based healthcare initiatives. The camp has set the stage for future programs to improve the health and well-being of rural populations.

Successes:

The camp was a great success, with over 150 beneficiaries receiving free health services. The cataract surgeries were especially impactful, improving the vision of elderly villagers who otherwise could not afford such procedures. The collaboration between different organizations (Amritha Hospital, Sree Bhavani Foundation, NSS, and Unnat Bharat Abhiyan) ensured smooth coordination and effective delivery of services.

Conclusion:

The Free Dental, Eye Testing, and Cataract Surgery Camp organized on August 17, 2024, was a significant success in providing essential healthcare services to the underprivileged communities in Airapuram and Rayamangalam villages. The camp not only delivered medical treatments but also empowered the villagers with health education. This initiative demonstrates the positive impact of community healthcare programs in rural areas, and similar future efforts are anticipated to further uplift these communities.

ശ്രീ ശങ്കര വിദ്യാപീഠം കോളേജ്
 വളയൻചിറങ്ങര, പെരുമ്പാവൂർ
 (NAAC Re Accredited with 'A++' Grade)

സൗജന്യ നേത്ര/ദന്ത പരിശോധന ക്യാമ്പ്
സൗജന്യ തിമിര ശസ്ത്രക്രിയ

17/08/2024 ശനി രാവിലെ 09 മുതൽ 1 മണി വരെ

സ്ഥലം: അദ്വൈതഹാൾ എസ്.എസ്.വി കോളേജ്
 സംഘടിപ്പിക്കുന്നത്
 നാഷണൽ സർവ്വീസ് സ്കീം (യൂണിറ്റ് നമ്പർ-49)
 & ഉന്നത് ഭാരത് അഭിയാൻ, എസ്.എസ്.വി കോളേജ്,
 അമൃത ആശുപത്രി, എറണാകുളം, ശ്രീ ഭവാനി ഫൗണ്ടേഷൻ, കാലടി
ഏവർക്കും പ്ലാഹാരം

For Registration: 9495567216, 94958 41537



Inauguration by the Member, Mazhuvannoor Panchayath



A snap from the Camp



GPS Map Camera

Valayanchirangara, Kerala, India
3G44+X9G, Valayanchirangara, Airapuram, Kerala 683541, India
Lat 10.057893°
Long 76.505676°
17/08/24 10:58 AM GMT +05:30

Google



2.BREAST CANCER AWARENESS PROGRAM - AUGUST 24, 2024

VENUE: ORGANIZED BY: UNNAT BHARAT ABHIYAN, NATIONAL SERVICE SCHEME (NSS), DEPARTMENT OF ECONOMICS

The Breast Cancer and Menstrual Awareness Program was designed to educate and raise awareness among the students and villagers about the risks, prevention, early detection, and treatment options for breast cancer. The program aimed to empower women to take charge of their health and seek regular screenings.

Program Overview:

Educational Sessions: A team of experts from Medicon conducted informative sessions on breast cancer, focusing on risk factors, symptoms, and the importance of early detection through self-examinations and mammograms.

Breast Cancer Screening: Free breast cancer screening services were provided for women in the villages, helping detect any potential early signs of the disease.

Awareness Campaign: Pamphlets and visual aids were distributed to increase awareness about breast cancer, along with instructions on how to perform self-examinations.

Breast Cancer Education: Volunteers explained the significance of early detection and regular screenings. A discussion on lifestyle changes and diet that can reduce cancer risk was also conducted.

Participants:

The program saw participation from over 100 women including students. Many women expressed gratitude for the free screening and the awareness imparted about early cancer detection.

Outcomes and Impact:

Increased Health Awareness: Both programs significantly raised awareness among the villagers about the importance of regular health checkups. Many women, especially, gained a deeper understanding of breast cancer and its prevention.

Proactive Health Measures: Participants were empowered with the knowledge to act early in detecting health issues like breast cancer, and many women were encouraged to schedule regular screenings. The Breast Cancer Awareness Program was a standout success, as it brought attention to a critical health issue in a rural setting where such discussions are often limited.

The Breast Cancer Awareness Program were highly successful initiatives that made a lasting impact on the students of SSV College and communities of Airapuram village. This programme



helps to empower villagers with the knowledge to take charge of their health. The collaboration between various organizations helped ensure the success of these programs, and similar efforts are expected in the future to continue improving the health and well-being of rural populations.



Department of Economics
Sree Sankara Vidyapeetom College
Valayanchirangara
NAAC Re-Accredited with A++ Grade

in collaboration with
NSS& UBA
organise
Seminar on

**Breast Cancer
&
Menstrual Awareness**



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More Information :



Dr. K M Sudhakaran (Principal)

Rashmi K P -9846612342
Lijo Johny-9446604751



ssv.economics@gmail.com



P N Nampoothiri Hall
SSV College



24/08/2024
Saturday, 3 pm

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About the College

Sree Sankara Vidyapeetom College, established in 1967, is a renowned institution dedicated to the ideals of the great visionary, Sree Sankaracharya. Under Sree Sankara Trust and the leadership of P N Nampoothiri, the college has been committed in providing higher education to generations of students. With its motto "Tamasoma Jyothir Gamaya" (Lead us from darkness to light), the college has been a beacon of knowledge and wisdom. The College is accredited with a prestigious NAAC A++ Grade - a testament to its excellence in education. Today, Sree Sankara Vidyapeetom College stands as a shining example of academic excellence and a tribute to the enduring legacy of Sree Sankaracharya.

About the Department

The Department of Economics was started in 1998 with an undergraduate programme. Since then, it has grown and developed into a thriving department, providing students with a strong foundation in economic theory, analysis, and applications. The department aims to equip students with the knowledge and skills needed to succeed in various careers, in government, finance, and industry.

About the MEDCON

MEDICON is a student-led initiative that promotes scientific thinking in medicine, aiming to bridge the gap between medical knowledge and the community. Through interactive workshops, discussions, and debates, MEDICON raises public awareness about the importance of evidence-based medical practices, debunking unscientific tendencies and misconceptions. By empowering the public with accurate information, MEDICON contributes to informed healthcare decisions and improved well-being.



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GPS Map Camera



Google

Valayanchirangara, Kerala, India
3G44+X9G, Valayanchirangara, Airapuram, Kerala 683541, India
Lat 10.058034°
Long 76.505806°
24/08/24 03:19 PM GMT +05:30



Valayanchirangara, Kerala, India
3G44+X9G, Valayanchirangara, Airapuram, Kerala 683541, India
Lat 10.057955°
Long 76.50571°
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Valayanchirangara, Kerala, India
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Long 76.50572°
24/08/24 03:45 PM GMT +05:30



3. BLOOD DONATION CAMP AT AIRAPURAM VILLAGE 02/09/2024-

UBA in association with NSS, Blood Donors club, and Department of Commerce of the college has organised a blood donation camp with the cooperation of Amritha Hospital Ernakulam and Sree Bhavani Foundation, Kalady. The camp was organised as to spread the message of the importance of blood donation among the adopted village and as a helping hand for the poor people as well. Brochures and messages were spread among student's groups and village groups in advance of the camp.

47 (Forty-Seven) donors participated in the camp including the villagers. The Blood Donation Camp showcased the spirit of community service, selflessness, and collaboration, as it provided a valuable contribution to the local healthcare system by ensuring a consistent and safe blood supply. The initiative also highlighted the college's commitment towards society. The camp concluded by 1.30 pm.





4. BLOOD DONATION CAMP 06-01-2025

The second Blood Donation Camp of the year was organized by the UBA, National Service Scheme (NSS) Unit No. 49, the Blood Donors Club and the Department of Commerce at SSV College, Valayanchirangara on 6th January 2025 in association with District Hospital, Aluva and with the financial support of Lions Club, Kolenchery. The objective of the camp was to encourage voluntary blood donation and contribute to the critical need for a safe and steady blood supply. The event was conducted in association with the District Hospital in Aluva, Ernakulam. The program was coordinated by Dr. Viswan M G, Sri Jebin Jacob, Dr. Prathibha P.H and Dr. Resmi R. Forty-one students and staff donated their blood in the camp

Speech by the District Secretary, Lions Club





Inauguration by the Prof. K M Sudhakaran, Principal, SSV College



Sd/-

Viswan M G

UBA Co-Ordinator

Valayanchirangara

31-03-2025

Sd/-

Prof.(Dr.) Sudhakaran K M

Principal in charge