



**SARADA KRISHNA  
HOMOEOPATHIC MEDICAL COLLEGE**

Kulasekharam, Kanniyakumari Dist, Tamil Nadu 629161



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college@skhmc.org



www.skhmc.org



उन्नत भारत अभियान  
UNNAT BHARAT ABHIYAN

(Accredited By NAAC with B+ Grade & NABH)

**UNNAT BHARAT ABHIYAN [C - 45616]  
ANNUAL REPORT – 2024 - 2025**

Sl. No	Date	Nature of Activity	Place
1	08/04/2024	Sexual Assault Awareness Event	N.M Vidya Kendra, Chithral, Vellamcode Panchayat
2	20/05/2024	World Honey Bee day	SKHMC, Kulasekharam
3	21/05/2024	Round Table Workshop on Promotion of Innovation & Incubator	SKHMC, Kulasekharam
4	01/06/2024	Writeshop on Intellectual Property Rights in Homoeopathy	SKHMC, Kulasekharam
5	06/07/2024	Medical Exhibition for-School students	NM Vidya Kendra Chitharal, Vellamcode Panchayat
6	16/07/2024	Awareness Programme on World Paper Bag Day	Govt. High School, Vellamcode
7	07/08/2024	Awareness Programme on World Breast Feeding Week 2024	Ankanwadi Centre, Ambalakadi, Vellamcode panachayat
8	15/08/2024	Gramasabha Meeting	Ayacode, Vellamcode and Aruvikarai panchayat
9	27.08.2024	Awareness on "Women's Equality day"	Govt. Middle School, Andoor, Ayacode Panchayat
10	20.09.2024	School Health Programme – General Mental Health Awareness Programme	ARKA the Green school, Andoor, Ayacode Panchayat.
11	27.09.2024	"POSHAN MAAH 2024" Awareness programme on "Health Education on Child Growth"	Ankanwadi centre, Ambalakadi, Vellamcode panchayat.
12	28.09.2024	Swachhata Hi Seva - Cleaning drive and awareness	Ankanwadi centre near Ayacode Panchayat Office
13	02/10/2024	Gramasabha Meeting	Ayacode, Aruvikkara Panchayat
14	17.10.2024	Household health survey & Awareness	Vellamcode panchayat

	& 18.10.2024	programme	
15	16.11.2024	Awareness programme on Substance Abuse & Behavioral Problem in Children	ARKA The Green School, Andoor, Ayacode Panchayat
16	24/01/2025	International Girls child day	Govt. High School, Vellamcode
17	24/01/2025	Tuberculosis Awareness Programme	Govt. High School, Vellamcode
18	24/01/2025	Awareness and Screening Learning Disability	Govt. High School, Vellamcode
19	26/01/2025	Gramasabha Meeting	Ayacode, Aruvikkara, vellamcode Panchayat
20	13/02/2025	Entrepreneurship Awareness Programme for SC Community	SKHMC, Kulasekharam
21	18/02/2025 to 20/02/2025	Capacity Building program for Tribal Farmers (Spices Board of India)	SKHMC, Kulasekharam
22	26/03/2025	School Health Programme - Nutritional Assessment and Screening	NM Vidya Kendra Chitharal, Vellamcode Panchayat
23	29/03/2025	Gramasabha Meeting	Ayacode, Aruvikkara, vellamcode Panchayat



**Principal  
&  
UBA Coordinator**

**Co-ordinator  
Unnat Bharat Abhiyan**  
Sarada Krishna Homoeopathic Medical College  
Kulasekharam, Kanniyakumari District,  
Tamil Nadu - 629 161  
PI Code : C-45616



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HOMOEOPATHIC MEDICAL COLLEGE**  
Kulasekharam, Kanniyakumari District, Tamil Nadu-629 161  
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## SEXUAL HARASSMENT PREVENTION CELL

### REPORT ON

### AWARENESS PROGRAMME ON "SAAM DAY OF ACTION"

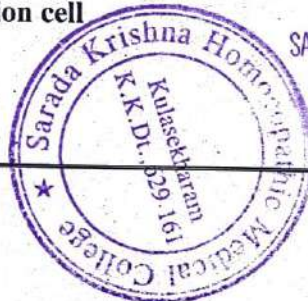
**Organised by** : Sexual Harassment Prevention Cell, SKHMC.  
**Date / Time** : 08.04.2024 / 3.30 p.m. – 04.30p.m.  
**Venue** : N.M. Vidya Kendra, CBSE Senior Secondary School, Chitharal.

The Sexual Harassment Prevention Cell of Sarada Krishna Homoeopathic Medical College, Kulasekharam, organised an awareness programme related to "SAAM Day of Action" on April 8, 2024 from 03.30 p.m. to 04.30 p.m. at N.M. Vidya Kendra, CBSE Senior Secondary School Chitharal. Mr. Satheesh Kumar, Principal, N.M. Vidya Kendra, welcomed the gathering and introduced Dr. Sheeba. S. Coordinator of the Sexual Harassment Prevention Cell, SKHMC, to their students. Dr. Sheeba, S., made detailed presentations about the Sexual Assault Awareness Month of the Day and sexual harassment through social media. Dr. Aparna Ilankumaran, PG scholar, gave a speech about the concepts of the particular topic. Dr. Shalini, PG scholar, gave an awareness of good touch and bad touch to the students. Students they opined that the faculty handled the session with the utmost professionalism and gratified upon all aspects of sexual assault and sexual harassment through social media, which helps to recover from various mental health conditions, such as depression and anxiety. It increases the visibility of young women and girls acting against the normalization of sexual violence in all its forms concerning their sexual and reproductive healthcare and rights. The students learned how to report unlawful behaviours if they ever witnessed such acts and offer support to any potential victims. This day aims to stop sexual assault, harassment, and abuse before they happen through education. Teaching about consent and understanding boundaries is important, but it also requires societal change. A total of 54 participants participated in the programme. Mrs. Manju, the former principal, delivered the vote of thanks.

  
Co - Ordinator,  
Sexual Harassment & Prevention cell

  
Principal  
PRINCIPAL

SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
KULASEKHARAM, KANNIYAKUMARI DISTRICT  
TAMIL NADU - 629 161





# SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE

An Establishment of K.V. Education Trust,  
Door No. 21-41 B, Cheruppaloor – 629161, Kulasekharam  
(Regd. No. 132/97 under Trust Act of India)  
Accredited by NAAC with B+ Grade & NABH  
KULASEKHARAM, KANNIYAKUMARI DIST., PIN - 629 161, TAMIL NADU  
PHONE : 04651 – 279448  
Website : www.skhmc.org E-mail: college@skhmc.org

SKHMC/A2 /PdI .3/2024(2)

Date: 06.04.2024

## Circular

Sub: Sarada Krishna Homoeopathic Medical College, Kulasekharam – Sexual Harassment Prevention Cell conducting Awareness Programme on 08.04.2024 – Reg

Ref: Proposals from the Co- Ordinator, Sexual Harassment Prevention Cell

Sexual Harassment Prevention Cell of Sarada Krishna Homoeopathic Medical College, Kulasekharam is conducting an Awareness Programme on “SAAM DAY (Sexual Assault Awareness Month) on 08.04.2024 from 3.30 p.m – 4.30 p.m at NM Vidhyakendra, CBSE Senior Secondary School, Chitharal

  
Principal

To

All Faculty members  
Copy submitted to Chairman, SKHMC  
Copy to Co- Ordinator, Sexual Harassment Prevention Cell  
Copy to Coordinator IQAC

PRINCIPAL

SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
KULASEKHARAM, KANNIYAKUMARI DISTRICT  
TAMIL NADU - 629 161





# SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE

(A Unit of K. V. Education Trust)  
Kulasekharam, Kanniyakumari Dist., Tamil Nadu – 629 161  
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## SEXUAL HARASSMENT PREVENTION CELL

*Conducting*

### AWARENESS PROGRAMME

*On*

*SAAM DAY (Sexual Assault Awareness Month)*



Participants:

Students & Staff of N. M. Vidya Kendra, CBSC Senior Secondary School  
Chitharal, Kanniyakumari District

Date: 08 April, 2024

Time: 03.30 p.m. to 04.30 p.m.

Venue: N. M. Vidya Kendra, CBSC Senior Secondary School  
Chitharal, Kanniyakumari District

**Dr. S. Sheeba M. D. (Hom.)**  
Co-ordinator  
Sexual Harassment Prevention Cell

**Dr. N. V. Sugathan M. D.(Hom.), Ph.D.**  
Principal



**SARADA KRISHNA  
HOMOEOPATHIC MEDICAL COLLEGE**  
Kulasekharam, Kanniyakumari District, Tamil Nadu-629 161  
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**GEOTAGGED PHOTOGRAPHS OF THE EVENT  
SEXUAL HARASSMENT PREVENTION CELL  
AWARENESS PROGRAMME  
SAAM DAY OF THE ACTION**

**Date:08.04.2024**



Welcome speech by Mr. Sathesh kumar



Dr. Sheeba speech – SAAM Day



Dr. Aparna Concepts of program



Vote of thanks by Mrs. Manju



  
**PRINCIPAL**  
SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
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**ECO CLUB & UNNAT BHARAT ABHIYAN UNIT**  
**REPORT ON**  
**WORLD PAPER BAG DAY 2024**  
**AWARENESS PROGRAM**  
**“STOP BAGGING THE PLANET-SAY “NO” TO PLASTIC BAG”**

**ORGANIZED BY** : Eco Club & UBA Unit, SKHMC  
**DATE / TIME** : 16.07.2024 / 10:30 a.m. to 12.30 p.m.  
**VENUE** : Government High School, Vellangcode

Eco Club and UBA Unit of Sarada Krishna Homoeopathic Medical College, Kulasekharam conducted an awareness programme on “Stop Bagging the Planet-Say “NO” to plastic bags” as part of observing the World Paper Bag Day in Government High School, Vellangcode on July 16,2024 from 10.30 a.m. to 12.30 p.m. in the school campus Dr Sowmya R.S.G Assistant Professor Department of Pathology, Eco Club member coordinated the programme. Programme started with Welcome speech by Mr.Thulasi, Head Master Government High School, Vellangcode followed by an Awareness class by Dr Sowmya R.S.G. Assistant Professor Department of pathology this was followed by the demonstration of paper crafts by Ms Beril Stali , Ms. Soorya M. Suresh Interns and Dr. J. Sumija Jenith , PG Scholar Vote of thanks was delivered by Mr. Rajeev, PRO SKHMC. The programme was successful in creating awareness about the paper crafts to create pollution free environment as eco-friendly and to make paper products as a part of our daily life with lowcost paper bags 102 students of Government High School, Vellangcode participated in the programme. Finally, the program was conducted successfully.

  
**Eco Club Co-Ordinator**

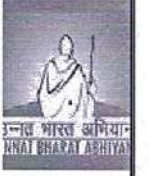


  
**Principal**  
**PRINCIPAL**

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KULASEKHARAM, KANNIYAKUMARI DISTRICT  
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**ECO CLUB & UNNAT BHARAT ABHIYAN UNIT  
WORLD PAPER BAG DAY 2024  
AWARENESS PROGRAM  
“STOP BAGGING THE PLANET-SAY “NO” TO PLASTIC BAG”**

**LIST OF PARTICIPANTS:**

Sl. No	Name
1.	Dr Sowmya R.S.G
2.	Ms Beril Stali
3.	Ms.Soorya M.Suresh
4.	Dr.J.Sumija Jenith
5.	Mr.Rajeev,

  
Eco Club Co-Ordinator

  
Principal

**PRINCIPAL**

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KULASEKHARAM, KANNIYAKUMARI  
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**ECO CLUB & UNNAT BHARAT ABIYAN**

**AWARENESS PROGRAMME**

**WORLD PAPER BAG DAY**

**“STOP BAGGING THE PLANET - SAY NO TO PLASTIC BAGS AND CRAFT FROM THRASH”**

**DATE / TIME** : 16.07.2024 / 10.30 a.m. to 12.30 p.m.

**VENUE** : Government High school, Vellamcode village.

**LIST OF PARTICIPANTS**

Sl. No	Name of the Students	Class	Signature
1.	T.I. Jeffy Shalu	VI	Jeffy
2.	B.A. Abisree	VI	Abi
3.	E. Abishma	VI	Abishma
4.	R.S. Aganshiya	VI	Aganshiya
5.	V.S. Kaviya	VI	Kaviya
6.	M.C. Aniya	VI	Aniya
7.	P. Preethi mol	VI	Preethi
8.	R. Rashika	VI	Rashika
9.	Y. Valenteera Theresgova	VI	Y. Valente.
10.	S.A. Sherbika	VI	Sherbika
11.	K.S. Mega Jasmin	VI	K.S. Mega
12.	B.S. Vaishnavi	VI	B.S. Vaishnavi
13.	S.O. Arunya	VI	Arunya
14.	J.S. Jaya Sree	VI	Jaya Sree
15.	P. Anjana	VII	P. Anjana
16.	A.S. Anamika	VII	A.S. Anamika

17.	R.J. Anushaka	VII	Anushaka
18.	R. Abisha	VII	Abisha
19.	G.U. Sree Rithra	X	Rithra
20.	A. Abishaka	X	Abishaka
21.	W.G. Praethi	VII	Praethi
22.	R. Sabitha	VII	Sabitha
23.	S.S. Mithara	VII	Mithara .ss.
24.	R. Ashmitha	VII	Ashmitha
25.	R. Rashmi	VII	Rashmi
26.	P.V. Sree Rupa	VII	Rupa
27.	R. J. Jyeshtha Ravi	VII	R. J. Jyeshtha Ravi
28.	V.K. Hana Joy	VIII	V.K. Hana Joy
29.	B. Damini Babee	X	B. Damini Babee
30.	J. Nirupama	X	J. Nirupama
31.	C.P. Pratheeksha	VIII	C.P. Pratheeksha
32.	R. Rashi	VII	R. Rashi
33.	K. Dhanshini	VII	K. Dhanshini
34.	H. Dhanshika	VII	H. Dhanshika
35.	S. Abisha	VIII	S. Abisha
36.	S.J. Blessing	VIII	Blessing
37.	R. Ashika	VIII	Ashika R
38.	A. Hepsiba	X	A. Hepsiba
39.	R. Shalfifa Rifi	VIII	R. Shalfifa Rifi
40.	C. Dhobitha	VIII	C.
41.	B.A. Anusra	VIII	Anusra
42.	B. Bemila Shylu	VIII	Bemila
43.	V. Abijinisha	VII	Abijinisha

44.	D.S. Dhibisha	VIII	Dhibisha
45.	G.R. Gowrinandhana	VII	Gowrinandhana
46.	T.J. Akshaya	IX	T.J. Akshaya
47.	A.M. Jensika	IX	Jensika
48.	J.N. Joshanthini	IX	Joshi
49.	M.S. nandhana	VIII	Nandhana
50.	K.S. Negajasmin	VIII	Neg
51.	Varsha. D.V	X	Varsha
52.	J. Anuja	X	Anuja
53.	S. Asvini	X	Asvini
54.	Kavya copu a.s	X	Kavya
55.	LS. Arsha	X	Arsha
56.	S. Jebitra	IX	Jebitra
57.	K.J. Abinaya	IX	Abinaya
58.	R. Rebisha	IX	Rebisha
59.	V.S. Jesibha	IX	V.S. Jesibha
60.	R. Sree Nandhana	IX	R. Sree Nandhana
61.	S. sneha	VIII	Sneha
62.	R. S. Anupama	VIII	R.S. Anupama
63.	R. Reshna	VIII	Reshna. R
64.	S. J. Anuja	VIII	Anuja
65.	J. Ashika	VIII	Ashika
66.	S.A. Ashika	VIII	Ashika
67.	R. Lincy	IX	R. Lincy
68.	Ruthra S	IX	Ruthra S
69.	Abinisha. V	IX	Abinisha
70.	S.P. Litni	IX	Litni

71.	S.L. Shakina	<u>IX</u>	shaki.
72.	R.S. Aarthi	<u>IX</u>	R.S. Aarthi
73.	<del>P.R. Phamuna sharmi</del>	<u>IX</u>	<del>Sharmi</del>
74.	v. Vaishani	<u>IX</u>	Vaishu
75.	M. Haritha	<u>IX</u>	Harith
76.	Aathirsha .S.S.	<u>IX</u>	Aathirsha
77.	A.S. Anju	<u>IX</u>	A.S. Anju
78.	J. Sharon Immanuel	<u>X</u>	Sharon
79.	V.M. Vinith	<u>X</u>	Vinith
80.	P.S. Sharon paul	<u>X</u>	Sharon
81.	S.O.J. Ancil Joe	<u>X</u>	Ancil
82.	S. Bruce Tobi	<u>X</u>	Bruce
83.	R. Ashlin	<u>X</u>	Ashlin
84.	<del>B.</del>		
85.	P.M. Abishek	<u>X</u>	Abishek
86.	S.S. Arce Saath	<u>VIII</u>	Arce
87.	G.V. Tyathish	<u>VIII</u>	Tyathish
88.	P. Abil	<u>VIII</u>	Abil
89.	J.S. Jothish	<u>VIII</u>	J.S. Jothish
90.	S. Jebeesh	<u>VIII</u>	S. Jebeesh
91.	V.S. Gokul	<u>VIII</u>	V.S. Gokul
92.	R.K. Sanjeev	<u>VIII</u>	R.K. Sanjeev
93.	R.V. Ashwath	<u>VIII</u>	R.V. Ashwath
94.	A.S. Ompragash	<u>VIII</u>	Ompragash
95.	R.S. Roshan	<u>VIII</u>	Roshan
96.	JES ho	<u>VIII</u>	JES ho
97.	S.O. Aaruthran	<u>VII</u>	Aaruthran

98.	Adharsh.S.L	VII	<del>Adha</del>
99.	Prajwal.P.V	VII	<del>Praj</del>
100.	Sherjin R.	VII	Sherjin
101.	J. John Daison	VII	Daison
102.	R.P. Kevin Felix	VII	Kevin
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PRINCIPAL  
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 KULASEKHARAM, KANYAKUMARI DISTRICT  
 TAMIL NADU - 629 161

HEADMASTER  
 Govt. High School  
 Vellamende  
 Chitharal - 629 151



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PHONE : 04651 – 279448  
Website : www.skhmc.org E-mail: college@skhmc.org

SKHMC/A4/PdI 44/2024

Date: 15.07.2024

## Circular

**Sub:** Sarada Krishna Homoeopathic Medical College Kulasekharam- World Paper Bag Day  
2024 Celebration- Eco Club conducting an awareness programme on 16.07.2024-reg

**Ref:** Proposals of Committee Head, Eco Club

ECO club of Sarada Krishna Homoeopathic Medical College, Kulasekharam, is organizing a World Paper Bag Day - Awareness programme on "Stop Bagging the planet -say no to plastic Bags and craft from thrash" on 16.07.2024 from 10.30 am -12.30 p.m at Government High School ,Vellangcode Village.

Dr. RSG Soumya, Assistant Professor & ECO Club member will the conduct the programme

Following students shall also attend

1. Dr. Sumija Jenith .J , PG Student
2. Ms. Beril Stali, Intern
3. Ms. Soorya .M.Suresh, Intern

To

All Faculty Members  
Copy submitted to Chairman, SKHMC  
Copy to PG Co- Ordinator  
Copy to Deputy Medical Superintendent  
Copy to Co- Ordinator, IQAC  
Copy to Co- Ordinator, ECO Club



Principal

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KULASEKHARAM, KANNIYAKUMARI DISTRICT  
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**GEOTAGGED PHOTOGRAPHS OF THE EVENT  
ECO CLUB & UNNAT BHARAT ABHIYAN UNIT**

**WORLD PAPER BAG DAY 2024  
AWARENESS PROGRAM**

**“STOP BAGGING THE PLANET-SAY “NO” TO PLASTIC BAG”**

**DATE: 16.07.2024**



Welcome speech by Mr.Thulasi,  
Head master, Govt High school, Vellangode



Awareness class by Dr Sowmya R.S.G  
Asst Professor, Dept. of Pathology



Demonstration of paper crafts by Interns



Students attending the programe



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**DEPARTMENT OF OBSTETRICS AND GYNAECOLOGY**

**&**

**UNNAT BHARAT ABHIYAN UNIT**

**AWARENESS PROGRAM ON**

**“PUBLIC AWARENESS PROGRAMME ON WORLD BREASTFEEDING WEEK 2024”**

**ORGANIZED BY :** Department of Obstetrics and Gynecology and UBA Unit

**DATE & TIME :** 07.08.2024 / 09.00 a.m. to 12.00 p.m.

**VENUE :** Vallancodu UBI Village

A “Public Awareness Programme on World Breast Feeding Week 2024” for the mothers of Feeding Week 2024” was conducted for the mothers of by **Department Of Obstetrics and Gynecology and UBA Unit** on August 07, 2024 Wednesday at 09.00 a.m to 12.00 p.m.in the Anganwadi Ambalatharai, Vallancodu UBI Village. The objective of the programme was to create public awareness regarding the Breast Feeding and to support for all to promote maternal and child health. 44 participants including mothers and their children along with Anganwadi workers and parents attended the awareness program. The programme started with lighting the kuthuvilakku and then welcomed by Mrs. M.Amutha, Grade I Anganwadi worker. She also explained the role of ICDS in World Breast Feeding Week 2024. The awareness program was conducted by Dr. Shanthi Serene Sylum. V, Professor and Head of the Department of Obstetrics and Gynecology. She explained about various aspects of breast feeding which can act as an equalizer in our society and efforts must be made to ensure everyone should access to breastfeeding support and opportunities to close the gap in breastfeeding inequalities and support breastfeeding for all especially the vulnerable groups and explained about the importance of Homoeopathic medicines for the ailments during breast feeding. PG Scholars named Dr. Mounika. G, and Dr. Kavibala. M explained about the methods of breast feeding and Breast examination. Interns named Ms. Halwath Samathani Raanya and Mrs. Fousiya. N. Ashraf Felicitated by promoting the activities of UBI. The program was concluded with Vote of thanks by Mrs. V. Bharathi Grade II Anganwadi worker. All the participants cherished the

talk. Session concluded with discussion and clarification of doubts. It was a highly informative session which made awareness regarding various aspects of Breast Feeding. The outcome of the programme was to create awareness to the participants regarding various aspects of Public Awareness Programme on World Breast Feeding Week 2024.

*Obasth*  
HOD

Dept. of Obstetrics and Gynecology

Dept. of OBSTETRICS AND GYNAECOLOGY  
SARADA KRISHNA  
HOMOEOPATHIC MEDICAL COLLEGE  
KULASEKHARAM, KANYAKUMARI DIST,  
TAMIL NADU 629 161



*[Signature]*

Principal

PRINCIPAL

SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
KULASEKHARAM, KANYAKUMARI DIST.  
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**DEPARTMENT OF OBSTETRICS AND GYNAECOLOGY AND  
UNNAT BHARAT ABHIYAN  
AWARENESS PROGRAMME ON  
WORLD BREAST FEEDING WEEK 2024**

**DATE / TIME** : 07.08.2024 / 10.00 a.m to 12.00 p.m

**VENUE** : Anganwadi, Ambalakadai, Vellamcode

**LIST OF THE PARTICIPANTS**

Sl. No	Name of the Participants	signature
1.	M. AMUTHA GR-I	M. Amutha
2.	V. BHARATHI . GR- II	Bharathi
3.	S. Vinisha	S. Vinisha
4.	A. Anusha	A. Anusha
5.	Aneesha	Aneesha
6.	Victoriya Mari	Victoriya
7.	Sreedevi	Sreedevi
8.	S. Malika	S. Malika
9.	J. Sujia Gladia	J. Sujia Gladia
10.	M. Chithra	M. Chithra
11.	K. Shalini	K. Shalini
12.	M. Keerthana	M. Keerthana
13.	Sajitha S.D.	Sajitha S.D.
14.	Athiya Jayan.	Athiya Jayan.
15.	Abisha. K	Abisha. K
16.	V. Rajasree (A-w-w)	Rajasree
17.	R. Shoba (A-w-w)	R. Shoba

18.	S. Saranya Devi (A.W.W)	S. Saranya
19.	Ambika. D (A.W.W)	Ambika
20.	சரண்யா தேவி (அ.வ.வ)	சரண்யா தேவி
21.	R. Sunanda (A.W.W)	R. Sunanda
22.	D. Anitha (A.W.W)	D. Anitha
23.	C. Senthil (A.W.W)	C. Senthil
24.	செந்தில்	SR
25.	R. Senthil	R. Senthil
26.	T. Jesanthi	T. Jesanthi
27.	A. Anbu	Anbu
28.	N. Ghyja	N. Ghyja
29.	Nisha A	Nisha
30.	Roshini Chandran	Roshini
31.	G.D. Denilda (A.W.W)	Denilda
32.	M.U. Menisha	Menisha
33.	Abelvi	Abelvi
34.	Suma	Suma
35.	Rekha	Rekha
36.	Saji	Saji
37.	சாஜி	சாஜி
38.	சாஜி	சாஜி
39.	R. Libina	R. Libina
40.	Vijaya	Vijaya
41.	Jareg	Jareg
42.	Vijaya	Vijaya
43.	Sumitha	Sumi
44.	K. K. D.	K. K. D.

Dept. of OBSTETRICS AND GYNAECOLOGY  
 SARADA KRISHNA  
 HOMOEOPATHIC MEDICAL COLLEGE  
 KULASEKHARAM, KANYAKUMARI DIST.  
 TAMIL NADU 629-161



PRINCIPAL  
 SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
 KULASEKHARAM, KANYAKUMARI DIST.  
 TAMIL NADU - 629 161  
 PCDS



# SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE

An Establishment of K.V. Education Trust,  
Door No. 21-41 B, Cheruppaloor – 629161, Kulasekharam  
(Regd. No. 132/97 under Trust Act of India)

Accredited by NAAC with B+ Grade & NABH  
KULASEKHARAM, KANNIYAKUMARI DIST., PIN - 629 161, TAMIL NADU  
PHONE : 04651 – 279448

Website : [www.skhmc.org](http://www.skhmc.org) E-mail: [college@skhmc.org](mailto:college@skhmc.org)

SKHMC/A2/Pdl 3/2024

Date: 06.08.2024

## Circular

Sub: Sarada Krishna Homoeopathic Medical College, Kulasekharam –  
Dept. of Obstetrics and Gynaecology and UBA Unit conducting an Awareness  
Programme on World Breast Feeding Week 2024 on 07.08.2024 - Reg

Ref: Proposal from HoD, Obstetrics and Gynaecology

As part of the “World Breast Feeding Week 2024”, Dept. of Obstetrics and  
Gynaecology and Unnat Bharat Abhiyan Unit of Sarada Krishna Homoeopathic Medical  
College, Kulasekharam is conducting an Awareness Programme on World Breastfeeding  
Week 2024 for the mothers of Anganwadi Children in the Topic “Awareness on Breast  
Feeding” on 07.08.2024 from 10 a.m – 12 p.m at Anganwadi, Ambalakkadai,  
Vellamcode, UBA Village.

Dr. Shanthi Serene Sylum.V, Professor, Dept. of Obstetrics and Gynaecology will  
conduct the programme.

To

All faculty members

Copy submitted to Chairman, SKHMC

Copy to UBA Co- Ordinator

Copy to PG Co- Ordinator

Copy to Deputy Medical Superintendent

Copy to HoD, Obstetrics and Gynaecology

Copy to Co- Ordinator, IQAC

Principal

PRINCIPAL

SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
KULASEKHARAM, KANNIYAKUMARI DISTRICT  
TAMIL NADU - 629 161





**SARADA KRISHNA  
HOMOEOPATHIC MEDICAL COLLEGE**  
Kulasekharam, Kanniyakumari District, Tamil Nadu-629 161  
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**GEOTAGGED PHOTOGRAPHS OF THE EVENT  
DEPARTMENT OF OBSTETRICS AND GYNECOLOGY &  
UNNAT BHARAT ABHIYAN  
WORLD BREASTFEEDING WEEK 2024  
Date :07.08.2024**



Lighting the Kuthu vilakku



public awareness about breast feeding and its importance – Audience



Awareness on method of breast feeding by Dr.Mounika.G



Awareness Class by Dr.Shanthi Serene Sylum



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TAMIL NADU - 629 161



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**EQUAL OPPORTUNITY AND ANTI-DISCRIMINATION CELL &  
UNNAT BHARAT ABHIYAN**

**REPORT ON**

**AWARENESS PROGRAMME ON WOMEN'S EQUALITY DAY - 2024**

**ORGANISED BY : Equal Opportunity and Anti -Discrimination Cell, & UBA unit**

**DATE / TIME : 27.08.2024 / 11.00 a.m.**

**VENUE : Govt. Middle school, Andoor, Ayyacode panchayat**

The Equal Opportunity and Anti-Discrimination Cell of Sarada Krishna Homoeopathic Medical College celebrated Women's Equality Day on August 27, 2024 by conducting an awareness programme on "Women Empowerment Inspire Inclusion" for students of Govt. Middle School, Andoor, Ayyacode Panchayat at 11.00 am. The programme was co-ordinated by Dr. Berlina Terrence Mary. D, Coordinator, Equal Opportunity and Anti-Discrimination Cell, SKHMC. The program began with a welcome speech by Mrs. Mary Reta, Headmister, Govt. Middle School, Andoor, Ayyacode Panchayat.

Introductory speech given by Dr. Berlina Terrence Mary. D, Coordinator, Equal Opportunity and Anti-Discrimination Cell, SKHMC. Dr. Sayasri S.M. PG Scholar, Dept. of Repertory, gave a brief speech highlighting the importance of recognizing and appreciating the contributions of women in all aspects of life. Dr. Aishwarya R. PG Scholar, Dept. of Repertory, explained about the history and significance of Women's Equality Day. There were 8 teachers and 30 students who participated in this programme.

The session created awareness among the students about the stands as a testament to the resilience, achievements, and ongoing struggle for gender equality and women's empowerment. We can build a world where all women and girls can thrive and reach their full potential. The Programme was concluded with a vote of thanks by Mr. Ramesh, teacher, Govt. Middle School, Andoor, Ayyacode panchayat.

  
Co -Ordinator

Equal Opportunity & Anti -Discrimination Cell



  
Principal  
PRINCIPAL

SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
KULASEKHARAM, KANYAKUMARI DISTRICT  
TAMIL NADU - 629 161



**SARADA KRISHNA  
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Kulasekharam, Kanniyakumari District, Tamil Nadu-629 161  
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**EQUAL OPPORTUNITY & ANTI-DISCRIMINATION CELL  
& UNNAT BHARAT ABHIYAN**

**AWARENESS PROGRAMME ON  
WOMEN EMPOWERMENT**

**DATE / TIME** : 27.08.2024 / 11.00 a.m Onwards  
**VENUE** : Govt.Middle School, Andoor, Ayyacode panchayat

**LIST OF PARTICIPANTS**

Sl. No	Name of the Student	Signature
1.	w. Athasha xavier	Athasha
2.	S. Vinisha Selin mol	Vinisha
3.	S. Beautlin Josy	Beautlin
4.	S. Ashlin	Ashlin
5.	J. Jesom John	Jesom
6.	M. S. Adharshana	Adharshana
7.	V. Anushkara	Anushkara
8.	D.H. Derlin Hensika	Hensika
9.	Y. J. Albin Dijo	Albin Dijo
10.	R. J. Uthilah	Uthilah
11.	S. Vecheswar	S
12.	A. E. Ashwath	A
13.	R. Bemilto	Bem
14.	R. J. Rishikesh	R
15.	M. Adharsh	A
16.	V. Akash	A
17.	Pi. Poojesh	P
18.	A. S. Anshitha	A
19.	R. S. Bernisha	B

20.	R.J Rishmitha	R
21.	W. Ashna Xavier	W
22.	S. Sivanika.	Sivanika
23.	R.G. Adlin Reshma	Adlin Reshma
24.	S.A. Anish	A
25.	R.V. Ashwinth	Ashwinth
26.	J. Sivanandhanan	Sivanandhanan
27.	G. Aspin	A
28.	R.J. Nuwan	R
29.	J. Jeshon John	Jeshon
30.	R. Mahesh	<del>Mahesh</del>
31.	S. Merlin Shalbia	S. Merlin
32.	V. Lidwin Henry	L
33.	S. Jaya Kumari	J
34.	A. Jeniba	J
35.	S. Sijitha	S
36.	J. Josephin Sibila	J. Josephin
37.	M. Ramesh	M
38.	E. Kalathir.	K
39.		
40.	Berda	
41.	Dr. BERLINA TERRENCE MARY, Coordinator	B. Terrence
42.	Equal Opportunity & Antidiscrimination Scheme Cell	HEADMASTER Govt. Middle School Andoor, Vendalcode-P.O K.K. District - 629 161
43.		
44.		
45.		
46.		PRINCIPAL
47.		SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE KULASEKHARAM, KANYAKUMARI DISTRICT TAMIL NADU - 629 101





# SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE

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PHONE: 04651 – 279448  
Website: www.skhmc.org E-mail: college@skhmc.org

Lr. No. SKHMC/E4/PdI.47/2024

Date: 22.08.2024


## CIRCULAR

Sub: SKHMC – Equal Opportunity & Anti-discrimination cell & UBA unit conducting an Awareness programme on women Empowerment – Inspire inclusion on 27.08.2024 -reg

Ref: Proposals from the Dr. Berlina Terrence Mary. D, Equal Opportunity & Anti Discrimination cell Coordinator

Equal Opportunity & Anti-Discrimination cell & Unnat Bharat Abhiyan unit of SKHMC is conducting Awareness Programme on Women Empowerment – Inspire inclusion on 27.08.2024 from 11.00 am at Govt. Middle school, Andoor, Ayyacode Panchayat.

Dr. Berlina Terrence Mary. D, Coordinator Equal opportunity & Anti-discrimination cell and PG Students(2) Repertory Department will conduct the Programme.

  
Principal

**PRINCIPAL**

SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
KULASEKHARAM, KANYAKUMARI DISTRICT  
TAMIL NADU - 629 161

To

- All Faculty Members
- Copy Submitted to Chairman SKHMC
- Copy to PG Coordinator
- Copy to HoD, Repertory
- Copy to Equal Opportunity & Anti discrimination cell, Coordinator
- Copy to UBA, Coordinator
- Copy to Coordinator IQAC



**SARADA KRISHNA  
HOMOEOPATHIC MEDICAL COLLEGE**  
Kulasekharam, Kanniyakumari District, Tamil Nadu-629 161  
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**GEOTAGGED PHOTOGRAPHS OF THE EVENT  
EQUAL OPPORTUNITY AND ANTI - DISCRIMINATION CELL**

**WOMEN'S EQUALITY DAY – 2024**

**DATE: 27.08.2024**



Welcome Speech by Mrs.Mary Reta, Headmistress  
Govt. Middle School, Andoor



Introductory speech by Dr.Berlina Terrence Mary.D  
Co-ordinator, Equal opportunity and Anti-discrimination Cell



Awareness speech by Dr. Aishwarya R & Dr. Sayasri S.M. PG Scholars, Department of Repertory





Students participated in the programme



Doubt clearance session



Vote of thanks by Mr. Ramesh, Teacher Govt. Middle school, Andoor



  
**PRINCIPAL**  
**SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE**  
**KULASEKHARAM, KANYAKUMARI DISTRICT**  
**TAMIL NADU - 629 161**



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**UNNAT BHARATH ABHIYAN  
&  
ANGANAWADI**

**AWARENESS ON 'HEALTH EDUCATION ON CHILD GROWTH'**

**ORGANIZED BY :** Unnat Bharat Abhiyan & Anganwadi  
**DATE & TIME :** 27.09.2024 / 10.30 a.m. to 12.00 p.m.  
**VENUE :** Anganwadi Center Ambalakadai

A anganawadi Programme on the topic "Health Education on Child Growth" was conducted by Sarada Krishna Homoeopathic Medical College, Kulasekharam. The programme was scheduled from 27 September 2024 from 10.30 a.m. to 12.00 p.m. at Anganwadi Center Ambalakadai of Thiruvattar Block. Dr. Gokul Krishna. K. [associate professor], Dr. Sayasri [PG], and Dr. Gowtham S. attended this programme. The programme would start with a welcome by the corresponding Anganwadi Coordinators, followed by the awareness session on health education on child growth by Internee Gowtham S. and also awareness of nutrients and diets by Dr. Sayasri. Following the awareness session, the coordinator of the anganwadi also expressed her views and encouraged the audience to raise their doubts regarding this topic on health education on child growth and nutrition. The programme was well organized and produced the intended result for the community members. Finally, this programme concluded with a vote of thanks and the national anthem.

  
Dr. Gokul Krishna. K  
Anganawadi Co-ordinator

  
Principal

**PRINCIPAL**

**SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
KULASEKHARAM, KANNIYAKUMARI DISTRICT  
TAMIL NADU - 629 161**





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**UNNAT BHARAT ABHIYAN UNIT, SKHMC**

&

**ANGANWADI PROGRAMME UNIT, SKHMC**

**POSHAN MAAH 2024**

**ASSESSMENT OF GROWTH IN CHILDREN**

**DATE / TIME** : 27.09.2024 / 10.30 a.m.  
**VENUE** : Anganwadi, Vellamcode

**LIST OF PARTICIPANTS**

Sl. No	Name of the Participant	Signature
1.	R. Santhini	R. Santhini
2.	S. vijayasarithi	S. vijayasarithi
3.	P.P. Sheeba	P.P. Sheeba
4.	R. Indira Devi	R. Indira Devi
5.	T. Arin	T. Arin
6.	T. Mary Stella	T. Mary Stella
7.	B. Dhivy	B. Dhivy
8.	B. Arin	B. Arin
9.	V. Sreerani	V. Sreerani
10.	v. vidhya	v. vidhya
11.	k. Subashini	k. Subashini
12.	R. Indira Devi	R. Indira Devi
13.	Rajankumari S	Rajankumari S
14.	Y. Reji	Y. Reji
15.	C. Silpha Arun	C. Silpha Arun
16.	L. Rebekkal	L. Rebekkal
17.	Mr. Selva Kumari	Mr. Selva Kumari

18.	P. Mary Pinesa	
19.	V. Rajasree	
20.	C. Ajisha	
21.	K. Vijaya Kumar	
22.		
23.	N. Joyia	N. Joyia
24.		
25.		
26.	செலா	
27.	செந்திரா	
28.	செந்திரா	
29.	R. Thangam	
30.		
31.		
32.	மேல் சந்திரா	மேல் சந்திரா
33.	செந்திரா	செந்திரா
34.		
35.	15 செந்திரா	15 செந்திரா
36.		
37.	T. Malini	T. Malini
38.	T. Rani	
39.	R. Rethinam	Rethinam
40.		
41.		
42.		PRINCIPAL
43.		SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE KULASEKHARAM, KANYAKUMARI DISTRICT TAMIL NADU - 629 161
44.		



Cultural Committee



# SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE

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Website: www.skhmc.org E-mail: college@skhmc.org

Lr. No. SKHMC/E4/Pdl.47/2024

Date: 21.09.2024

## CIRCULAR

Sub: Unnat Bharat Abhiyan Unit of SKHMC & Anganwadi (Vellamcode) conducting Poshan Maah 2024 (Assessment of growth in children) on 27.09.2024 reg.

Ref: Proposal from Coordinator Cultural committee

Unnat Bharat Abhiyan Unit of SKHMC & Anganwadi (Vellamcode) is conducting Poshan Maah 2024 (Assessment of growth in children) on 27.09.2024 from 10.30am at Anganwadi (Vellamcode).

Dr. Gokul Krishna. K, Associate Professor, Dept. of Materia Medica, Dr. Sayasri (PG student) & Gowtham (Intern) will conduct the program.

Principal

**PRINCIPAL**

SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
KULASEKHARAM, KANYAKUMARI DISTRICT  
TAMIL NADU - 629 161

To

All Faculty members  
Copy Submitted to Chairman SKHMC  
Copy to PG Coordinator  
Copy to DMS  
Copy to UBA Coordinator  
Copy to IQAC Coordinator  
Copy to Concerned staff & Students



GM



**SARADA KRISHNA  
HOMOEOPATHIC MEDICAL COLLEGE**

**Kulasekharam, Kanniyakumari District, Tamilnadu-629 161**  
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**GEOTAGGED PHOTOGRAPHS OF THE EVENT**

**UNNAT BHARATH ABHIYAN  
&  
ANGANAWADI**

**AWARENESS ON 'HEALTH EDUCATION ON CHILD GROWTH**

**DATE: 27.09.2024**



Lighting the Kuthuvilakku by Dr.Gokul Krishna    Awareness of Nutritious and diets by Dr. Sayasri



Awareness session on Health Education on Child Growth by Internee Gowtham S



  
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**KULASEKHARAM, KANYAKUMARI DISTRICT**  
**TAMIL NADU - 629 161**



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## **NATIONAL SERVICE SCHEME**

**Unit No-45**

(The Tamil Nadu Dr. MGR Medical University, Chennai)

**&**

## **UNNAT BHARAT ABHIYAN**

**REPORT ON SWACHHATA HI SEVA 2024**

**CLEANING DRIVE**

**ORGANIZED BY :** NSS Unit & UBA, SKHMC  
**DATE & TIME :** 28/09/2024 / 11:00 AM - 1:00 PM  
**VENUE :** Ayacode Panchayath Office

The Swachhata Hi Seva cleaning drive was successfully conducted on 28th September 2024 at Ayacode Panchayat Office. The event was part of a nationwide initiative to promote cleanliness and hygiene in the community, in alignment with the mission of the National Service Scheme (NSS). The event was inaugurated by Panchayat President Mr. P. T. Chellaoan. A short address was given by Dr. Sibin R. A., NSS Programme Officer, and Dr. Bindhusaran R., Associate Professor in the Department of Pathology, highlighting the importance of maintaining hygiene and cleanliness in rural areas to improve overall health outcomes. After the inauguration, the NSS volunteers and faculty proceeded to clean the Ayacode Panchayat Office and its surroundings. NSS volunteers engaged with the local population to raise awareness about personal and environmental cleanliness. The Swachhata Hi Seva cleanliness drive was a resounding success, bringing attention to the importance of cleanliness in Ayacode Panchayat and actively involving the local community in the process. The efforts of the NSS unit and volunteers were highly appreciated by the residents. The drive not only improved the cleanliness of the area but also raised significant awareness about sustainable hygiene practices.

  
**Programme officer**

**PROGRAM OFFICER**  
NATIONAL SERVICE SCHEME UNIT NO - 45  
SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE,  
KULASEKHARAM, KANNIYAKUMARI DISTRICT,  
TAMIL NADU - 629161



  
**Principal**  
**PRINCIPAL**

SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
KULASEKHARAM, KANNIYAKUMARI DISTRICT  
TAMIL NADU - 629 161



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PHONE : 04651 – 279448  
Website : www.skhmc.org E-mail: college@skhmc.org

SKHMC No. A4/11577/2023

Date: 27.09.2024

## CIRCULAR

Sub: SKHMC- NSS unit and UBA unit conducting the “Cleaning Drive” as part of the “Swachhta Hi Seva campaign ” on 28.09.2024 –reg

Ref: Proposals of NSS Programme Officer

NSS and UBA unit of SKHMC is conducting a “Cleaning Drive” as part of Swachhta Hi Seva campaign on 28.09.2024 at 11.00 am at Ayacode Panchayath.

Dr. Bindhusaran.R Associate Professor and Dr. Sibin R.A NSS Programme Officer and 10 NSS Volunteers are conducting the programme



**Principal**

**PRINCIPAL**

SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
KULASEKHARAM, KANNIYAKUMARI DISTRICT  
TAMIL NADU - 629 161

To

All Faculty Members  
Copy Submitted to Chairman, SKHMC  
Copy to Deputy Medical Superintendent  
Copy to Program Officer NSS  
Copy to Coordinator UBA  
Copy to Coordinator, IQAC



**SARADA KRISHNA  
HOMOEOPATHIC MEDICAL COLLEGE**  
Kulasekharam, Kanniyakumari District, Tamil Nadu-629 161  
(Accredited by NAAC with B+ Grade & NABH)

**GEOTAGGED PHOTOGRAPHS OF THE EVENT  
UNNAT BHARAT ABIYAN  
SWACHHTA HI SEVA CAMPAIGN  
CLEANING DRIVE  
DATE : 28.09.2024**



NSS volunteers and faculty proceeded to clean the Ayacode Panchayat Office



**PRINCIPAL**  
SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
KULASEKHARAM, KANYAKUMARI DISTRICT  
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**DEPARTMENT OF PSYCHIATRY  
&  
UNNAT BHARAT ABHIYAN UNIT**

**REPORT ON  
SCHOOL HEALTH PROGRAMME  
“AWARENESS ON SUBSTANCE ABUSE AND BEHAVIOURAL PROBLEM IN CHILDREN”**

**ORGANIZED BY :** Department of Psychiatry & UBA

**DATE / TIME :** 16.11.2024 / 10.00 a.m. to 12.00 p.m.

**VENUE :** Arka, The green school, Andoor

The Department of Psychiatry, Sarada Krishna Homoeopathic Medical College, Kulasekharam, and Unnat Bharat Abhiyan jointly conducted a mental health awareness and screening programme on the topic “Awareness on Substance Abuse and Behavioural Problems in Children.” The aim of this programme is to give awareness about drug abuse and empower wellness through awareness.

**Target audience:** Students, teachers, and parents.

**Participants and Beneficiaries:** Parents and students from 9th, 10th, and 11<sup>th</sup> grades participated in this event, and for 19 students, follow-up assessments were conducted using the DASS 21 Questionnaire.

**Objectives:** To educate about risks and consequences of drug abuse and provide resources for support.

**Speakers:** Dr. Bharat raj, Assistant Professor, Department of Psychiatry  
Dr. Rohith P.S., Assistant Professor, Department of Psychiatry  
Dr. Sabari Sindhu R, PG Part-1, Department of Psychiatry  
Dr. Nandhini, PG Part-1, Department of Paediatrics

The event began with an awareness speech on drug abuse by Dr. Rohith P.S., Dr. Bharatraj, Dr. Sabari Sindhu R., and Dr. Nandhini, who discussed drug abuse. They briefly explained substance abuse, types, warning signs, consequences, risks, and coping mechanisms, and called to action for seeking help and support. Following the speech, a mental health follow-up screening was conducted using the DASS-21 Questionnaire under the guidance of Dr. Bharatraj S. A and Dr. Rohith P.S. In the last programme around 37 students were assessed, in which 19 students

exhibited mild depression, mild and moderate anxiety, and mild stress. Those with mild depression, anxiety, and stress were advised to practice relaxation techniques, engage in psychotherapy, and incorporate meditation into their routine. Students showing signs of moderate depression, anxiety, & stress were advised to seek medication and psychotherapy. In today's programme we conducted further DASS-21 junior assessments for 19 students who were advised to take psychotherapies on the previous programme.



HOD

Department of Psychiatry

**H.O.D.**  
**DEPARTMENT OF PSYCHIATRY**  
**SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE**  
**KULASEKHARAM, K.K. DIST., TAMILNADU**



Principal

**PRINCIPAL**

**SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE**  
**KULASEKHARAM, KANYAKUMARI DISTRICT**  
**TAMIL NADU - 629 161**





**SARADA KRISHNA  
HOMOEOPATHIC MEDICAL COLLEGE**  
Kulasekharam, Kanniyakumari District, Tamil Nadu-629 161  
(Accredited by NAAC with B+ Grade & NABH)

**MENTAL HEALTH ASSESSMENT (FOLLOW UP)**

**VENUE:** ARKA, THE GREEN SCHOOL, ANDOOR

**TIME:** 10.00 AM TO 12.00 PM 16.11.2024

**LIST OF PARTICIPANTS**

SL NO	NAME OF PARTICIPANT	SIGNATURE
1.	S.J. ASHISH EDIN BARD	
2.	K.J. Abinandaran	
3.	ASwini Krishna	
4.	Sherwin Sam George S.H	
5.	Tajin S.S. Singh	
6.	Juliat Anusha R.D	
7.	P. Dheebika	
8.	R.V. Varsha	
9.	T.V. JOTHISHA	
10.	R.K. Varsha	
11.	A. LIFERINDIO	
12.	S. SHINJU	
13.	A. Ranjana	
14.	Christa Betshika C.B	
15.	Haffin Isena	
16.	Abhimol	
17.	Babisha	
18.	Praya Gifty .J	
19.	Praya sweety .J	
20.		
21.		
22.		

PRINCIPAL

SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
KULASEKHARAM, KANNIYAKUMARI DISTRICT  
TAMIL NADU - 629 161



Principal  
**ARKA - The Green School**  
Global Holism Ground  
Andoor, Vandaliced's Road  
Kanniyakumari District, Tamil Nadu



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**DEPARTMENT OF PSYCHIATRY  
&  
UNNAT BHARAT ABHIYAN UNIT**

**SCHOOL HEALTH PROGRAMME  
"AWARENESS ON SUBSTANCE ABUSE AND BEHAVIOURAL PROBLEM IN CHILDREN"**

**DATE : 16 .11. 2024**

**LIST OF PARTICIPANTS**

Sl. No.	Name of the Participant	Reg. No.	Year of Study
1.	Dr. Jino saira Koshy	442321505503	PG
2.	Dr. Sabari sindhu	442321505505	PG
3.	Dr.Nandhini	442623505502	PG

HOD

Department of Psychiatry.

H.O.D.

**DEPARTMENT OF PSYCHIATRY  
SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
KULASEKHARAM, K.K. DIST., TAMILNADU**

Principal

**PRINCIPAL**

**SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE,  
KULASEKHARAM, KANYAKUMARI DISTRICT  
TAMIL NADU - 629 161**





# SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE

An Establishment of K.V. Education Trust,  
Door No. 21-41 B, Cheruppaloor – 629161, Kulasekharam  
(Regd. No. 132/97 under Trust Act of India)  
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KULASEKHARAM, KANNIYAKUMARI DIST., PIN - 629 161, TAMIL NADU  
PHONE : 04651 – 279448  
Website : www.skhmc.org E-mail: college@skhmc.org

SKHMC/A2/ Pdl 3 /2024(2)

Date: 13.11.2024

## Circular

Sub: Sarada Krishna Homoeopathic Medical College, Kulasekhram – Dept. of Psychiatry and  
Unnat Bharat Abhiyan Unit conducting awareness programme on 16.11.2024 - Reg

Ref: Proposals of the HoD, Psychiatry

Dept.of Psychiatry and Unnat Bharat Abhiyan Unit of Sarada Krishna Homoeopathic  
Medical College, Kulasekhram is conducting an awareness programme on “Substance abuse and  
Behavioural Problem in Children on 16.11.2024 from 10 a.m - 12 p.m at the ARKA The Green  
School, Andoor.

Dr. Bharat Raj..S.A and Dr. Rohit.P.S Asst. Professors will conduct the programme.

The following PG students shall participate in the programme.

1. Dr. Jino Saira Koshy
2. Dr. Sabari Sindhu.R

To.

All faculty members

Copy submitted to Chairman SKHMC  
Copy to Deputy Medical Superintendent  
Copy to Dept. of Psychiatry  
Copy to UBA Co- Ordinator  
Copy to Coordinator IQAC



Principal

PRINCIPAL

SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
KULASEKHARAM, KANNIYAKUMARI DISTRICT  
TAMIL NADU - 629 161



# SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE

(A Unit of K. V. Education Trust)  
Kulasekharam, Kanniyakumari Dist., Tamil Nadu – 629 161  
(Accredited by NAAC with B+ Grade & NABH)

**DEPARTMENT OF PSYCHIATRY**

**&**

**UNNAT BHARAT ABHIYAN UNIT**

Conducting

## AWARENESS PROGRAMME

### *Substance Abuse and Behavioural Problem in Children*

#### **Resource Persons**

Dr. Bharat Raj S. A.  
Asst. Prof. Dept. of Psychiatry  
Sarada Krishna Homoeopathic Medical College

Dr. Rohit P.S.  
Asst. Prof. Dept. of Paediatrics  
Sarada Krishna Homoeopathic Medical College

#### **Participants**

Teachers & Students  
ARKA The Green School

**Date: November 16, 2024**

**Time: 10.00 a.m. to 12.00 p.m.**

**Venue: ARKA The Green School  
Andoor**



**Dr. R. Diana**

Assoc. Prof. Dept. of Psychiatry

**Dr. N. V. Sugathan**

Principal & UBA Co-ordinator



**SARADA KRISHNA  
HOMOEOPATHIC MEDICAL COLLEGE**  
Kulasekharam, Kanniyakumari District, Tamil Nadu-629 161  
(Accredited by NAAC with B+ Grade & NABH)  
**GEOTAGGED PHOTOGRAPHS OF THE EVENT**  
**DEPARTMENT OF PSYCHIATRY**  
&  
**UNNAT BHARAT ABHIYAN UNIT**  
**SCHOOL HEALTH PROGRAMME**



**“AWARENESS ON SUBSTANCE ABUSE AND BEHAVIOURAL PROBLEM IN CHILDREN”**  
**DATE:16.11.2024**



Inauguration function



Awareness speech on drug abuse by Dr. Rohith P.S



Awareness speech on drug abuse by Dr. Bharatraj



Dr. Sabari Sindhu R, Dr. Nandhini PG Scholars



**PRINCIPAL**  
**SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE**  
**KULASEKHARAM, KANYAKUMARI DISTRICT**  
**TAMIL NADU - 629 161**



**SARADA KRISHNA  
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**WOMENS CELL  
&  
UNNAT BHARAT ABHIYAN UNIT**  
**AWARENESS PROGRAMME ON "RIGHTS OF GIRL CHILD"**  
**NATIONAL GIRL CHILD DAY-2025**


The Women's Cell of Sarada Krishna Homoeopathic Medical College, in association with the Unnat Bharat Abhiyan unit, organised a program for the students of Government High School, Vellamcode, on January 24, 2025, from 10.00 a.m. to 10.30 a.m. on the occasion of the celebration of National Girl Child Day - 2025. The program included a speech on the rights of the girl child by Dr. Subaitha Afrin, PG Scholar, Department of Practice of Medicine, and Dr. Nagasuvedha, PG Scholar, Department of Practice of Medicine. They also addressed the importance of recognising good and bad touch.


**Objectives:**

1. Recognizes the importance of National Girl Child Day
2. To make aware about the Rights of Girls to the female students
3. To make aware of the good and bad touch.

A total of 42 students attended and benefitted from a program.

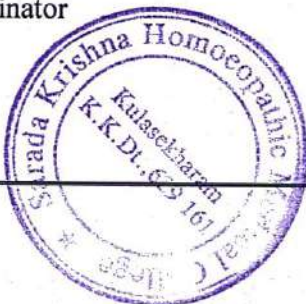
Sl. No.	Date	Programme	Faculty attended	PG attended	No of beneficiaries
1.	24.01.2025	National girl child day 2025	Dr. Aparna.S	1. Dr. Subaitha Afrin 2. Dr.Nagasuvedha	42

  
Dr. Nisha Gopinath  
Women cell, co-ordinator

  
Principal

**PRINCIPAL**

SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
KULASEKHARAM, KANNIYAKUMARI DISTRICT  
TAMIL NADU - 629 161





SARADA KRISHNA  
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WOMEN CELL  
&  
UNNAT BHARAT ABHIYAN UNIT

AWARENESS PROGRAMME ON RIGHTS OF GIRL CHILD

DATE / TIME : 24.01.2025 / 10.00 a.m.

VENUE : Govt. High School, Vellamcode

LIST OF PARTICIPANTS

Sl. No	Name of the Participants	Signature
1.	A. S. Anju	A. S. Anju
2.	M. Haritha	M. Haritha
3.	Aarthisha. S. J.	Aarthisha
4.	J. N. Jashanthini	J. N. Jashanthini
5.	R. Rebisha	R. Rebisha
6.	S. U. Sree Ruthra	S. U. Sree Ruthra
7.	B. Damini Babee	B. Damini Babee
8.	Varsha. D. V	Varsha. D. V
9.	Y. Valenteena Theresgova	Y. Valenteena
10.	L. S. Arsha	L. S. Arsha
11.	J. Anuja	J. Anuja
12.	J. Niroopama	J. Niroopama
13.	S. A. Sharbika	S. A. Sharbika
14.	P. A. Abishkia	P. A. Abishkia
15.	S. Asvini	S. Asvini
16.	S. Ashika	S. Ashika

17.	S. A. Ashika	Ashika
18.	S. I. Blessing	Blessing
19.	V. Abijinisha	Abijinisha
20.	B. A Anusroo	Anu
21.	R. Reshma	Resh
22.	J. Ashika	Ashika
23.	S. J. Ancija	Ancija
24.	R. Ashika	Ashika. R
25.	R. S. Anupama	Anupama R.S.
26.	V. Hana Joy	Hana Joy. V
27.	C. P. Pratheeksha	C. P. Pratheeksh
28.	G. R. Gowri Nandhana	G. R. Gowri Nandhana
29.	D. S. Dhibisha	Dhibisha
30.	K. S. Nega jasmin	Negy
31.	H. Dhanshika	Dhanshika
32.	K. Dharshini	K. Dharshini
33.	R. Ralfri	R. Ralfri
34.	R. Salitha	R. Salitha
35.	R. Ashmita	R. Ash
36.	P. Anjana	P. Anjana
37.	R. Rashmi	R. Rashmi
38.	R. Abisha	R. Abisha
39.	R. J. Anushaka	Anushaka
40.	W. G. Preethi	Preethi
41.	B. J. Tijesona Paral	B. J. Tijesona Paral
42.	PRINCIPAL SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE KULASEKHARAM, KANYAKUMARI DISTRICT TAMIL NADU 622 161 D. N. Isha 909020 cell. contact	Aarunya. S. O



*(Handwritten signature and notes in green ink)*



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PHONE : 04651 – 279448  
Website : www.skhmc.org E-mail: college@skhmc.org

SKHMC/A2/ Pdl 3 /2025

Date: 22.01.2025

## Circular

Sub: Sarada Krishna Homoeopathic Medical College, Kulasekhram – Women Cell  
and UBA Unit conducting Awareness Program on 24.01.2025 – Reg

Ref: Proposals of the Co- Ordinator, Womens Cell

Womens Cell and UBA unit of Sarada Krishna Homoeopathic Medical College,  
Kulasekhram an Awareness Programme on “Rights of Girl Child” in connection with  
National Girl Childs Day 2025 on 24.01.2025 at 10 a.m at Govt. High School, Vellamcode.

Dr. Aparna.S, Assistant Professor, Member, Womens Cell will conduct the Program.  
Dr. Rayushe.J, Dr. Sangavi V L , PG students shall also participate in this Programme.

Principal

PRINCIPAL

SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
KULASEKHARAM, KANNIYAKUMARI DISTRICT  
TAMIL NADU - 629 161

To.

All faculty members  
Copy submitted to Chairman SKHMC  
Copy to PG Co- Ordinator  
Copy to Co- Ordinator, UBA  
Copy to Co – Ordinator, Womens Cell  
Copy to Coordinator IQAC





**SARADA KRISHNA  
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Kulasekharam, Kanniyakumari Dist., Tamil Nadu – 629 161  
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**WOMEN'S CELL  
&  
UNNAT BHARAT ABHIYAN UNIT-SKHMC**

Organising

**AWARENESS PROGRAMME**

ON

**"RIGHTS OF GIRL CHILD"**

ON

**NATIONAL**

**GIRL**

**CHILD DAY 2025**



Participants:

Students and Staff

Govt. High School, Vellamcode

Date: 24-01-2025

Time: 10.00 a.m. onwards

Venue: Govt. High School, Vellamcode

Dr. Nisha Gopinath  
Co-ordinator, Women's Cell

Dr. N. V. Sugathan  
Principal



**SARADA KRISHNA  
HOMOEOPATHIC MEDICAL COLLEGE**  
Kulasekharam, Kanniyakumari District, Tamil Nadu-629 161  
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**WOMENS CELL  
&  
UNNAT BHARAT ABHIYAN UNIT**  
**AWARENESS PROGRAMME ON “RIGHTS OF GIRL CHILD”**  
**NATIONAL GIRL CHILD DAY-2025**  
**DATE: 24.01.2025**



Dr.Nagasuvedha is talking about good and bad touch



Dr.Subaitha Afrin is taking awareness class on Girl child's Rights



Women cell and UBA team of SKHMC with Teachers of Government High school



**PRINCIPAL**  
SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
KULASEKHARAM, KANYAKUMARI DISTRICT  
TAMIL NADU - 629 161



**SARADA KRISHNA  
HOMOEOPATHIC MEDICAL COLLEGE**  
Kulasekharam, Kanniyakumari District, Tamil Nadu-629 161  
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**LEARNING DISABILITY UNIT  
REPORT ON  
SCHOOL HEALTH PROGRAMME  
“ANXIETY SCREENING PROGRAMME”**

**ORGANIZED BY :** LD Unit, SKHMC  
**DATE / TIME :** 24.01.2025, 09.30 a.m. to 02.00 p.m.  
**VENUE :** Government High School, Vellamcode

The Learning Disability Unit of Sarada Krishna Homoeopathic Medical College, Kulasekharam, conducted a learning disability screening programme on 24-01-2025 at Government High School, Vellamcode, from 09.30 a.m. to 02.00 p.m. The aim of the programme is to identify the health status and learning problems prevailing in school children. General health checkups and learning disability screening tests are conducted to assess the health status of children. Those children identified with physical, behavioural, and mental issues are directed to the SKHMC hospital for further interventions.

**Participants and Beneficiaries:** 79 schoolchildren participated and benefitted from the programme. 1 medical officer, 1 speech therapist, 4 PG students, and 5 interns from Sarada Krishna Homoeopathic Medical College participated in the programme. Interns Ms. Kaaviya, Mr. Gokul Krishna, and Ms. Praveena had done the registration of the children. Intern Ms. Rasviya Banu checked the anthropometric measurements, which include height and weight, mid-arm circumference, chest circumference, and head circumference. Intern Mr. Harisankar had done the eye examination. PG, Dr. Kavya P B, did the ENT and dental checkup. PG, Dr. Nandhini did the case taking. PG students, Dr. Winnie Mathew and Dr. Surya Gayathri, checked the students behavioural issues and intelligence quotient, and medical officers, Dr. Reshma Reghu, consulted the children, and those with disabilities were directed for treatment and further management. Speech therapist Mrs. Anitha Mary identified the children having speech disorders.

By this programme, the parents understood the health status of their children; issues in the school children can be identified early, and adequate treatments can be provided to the


children as early as possible. This can further help the children to improve their physical and mental health and learning outcomes.


Children identified with diseases are

Sl. No	Diagnosis	No. of children
1	Learning disorder	2
2	Anxiety disorder	1
3	Gastritis	1
4	Refractive error	5
5	Sinusitis	1
36	URTI	4
7	Dermatitis	5
8	Allergic rhinitis	6
9	Bronchitis	2
10	Vitamin deficiency	5
11	ASOM	2
12	Gingivitis	1
13	Tonsillitis	1
14	Renal Calculi	1
15	Pediculosis	1
16	Thyroid disorder	1
17	Acne	1
18	Dental caries	1



  
Program Co-ordinator



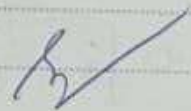
  
Principal  
PRINCIPAL  
SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
KULASEKHARAM, KANYAKUMARI DISTRICT  
TAMIL NADU - 629 161

S.No.	Date & Time	Venue	PROGRAMME	Beneficiaries	PARTICIPANTS :	SIGNATURE OF COORDINATOR
1.	24-01-2025 10 am to 2:30 pm	Government High School Vellamcode	Screening programme for students - Anxiety Screening	79	1. Dr. Reshma Jeghu. 2. Mrs. Anitha Mary 3. Dr. Surya Gayathri 4. Dr. Nandhini 5. Dr. Winnie Mathew 6. Dr. LAVYA P.B 7. Gokul Krishna 8. Harisankar V.R 9. Kavya T.S 10. Fousiya Shajahan 11. Praveena D	



  
 24/1/2025  






**PRINCIPAL**  
 SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
 KULASEKHARAM, KANYAKUMARI DISTRICT  
 TAMIL NADU - 629 161



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PHONE : 04651 – 279448  
Website : www.skhmc.org E-mail: college@skhmc.org

SKHMC/A2/ Pdl 3 /2025

Date: 22.01.2025

## Circular

Sub: Sarada Krishna Homoeopathic Medical College, Kulasekhram - Learning Disability Unit conducting School Health Program on 24.01.2025 - Reg

Ref: Proposals of Co- Ordinator, School Health Programme.

Learning Disability Unit of Sarada Krishna Homoeopathic Medical College, Kulasekhram is conducting School Health Programme, “Anxiety Screening Programme” for the School students of Govt. High School, Vellamcode on 24.01.2025 from 9.30 a.m – 2 p.m

Faculty Members/Medical Officers, PG students and Interns deputed for the Programme

Faculty/Medical Officer	PG students	Interns
Dr.Reshma Reghu	Dr.Nandhini.M	Hari Shankar V R
	Dr. Winnie Mathew	Kaaviyaa T S
	Dr. Kavya.P.B	Fousiya Shajahan Praveena D

To.

All Faculty members

Copy submitted to Chairman SKHMC  
Copy to Co- Ordinator, School Health Programme.  
Copy to Coordinator IQAC

Principal

PRINCIPAL

SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
KULASEKHARAM, KANNIYAKUMARI DISTRICT  
TAMIL NADU - 629 161





**SARADA KRISHNA  
HOMOEOPATHIC MEDICAL COLLEGE**  
Kulasekharam, Kanniyakumari District, Tamil Nadu-629 161  
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**GEOTAGGED PHOTOGRAPHS OF THE EVENT  
LEARNING DISABILITY UNIT  
SCHOOL HEALTH PROGRAMME**

**“ANXIETY SCREENING PROGRAMME”**

**DATE: 24.01.2025**



Registration of students



Eye Check up



Interns collected details from students



Medical team Consulting the student



  
**PRINCIPAL**  
SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
KULASEKHARAM, KANYAKUMARI DISTRICT  
TAMIL NADU - 629 161



**SARADA KRISHNA  
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Kulasekharam, Kanniyakumari District, Tamil Nadu-629 161  
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**DEPARTMENT OF PRACTICE OF MEDICINE**

**REPORT ON**

**SCHOOL HEALTH PROGRAMME**

**ORGANIZED BY :** Department of Practice of Medicine

**DATE / TIME :** 26.03.2025 / 09.30 a.m.

**VENUE :** N.M.Vidhya kendra, Senior secondary School, Chitharal

The Department of Practice of Medicine, Sarada Krishna Homoeopathic Medical College has organised a school health programme on 26.03.2025 at N.M.Vidya Kendra, CBSE Senior Secondary School, Chitharal, Kanniyakumari District, from 09.30 a.m. The following members from the college, under the leadership of Dr Nisha Gopinath, associate professor, Department of Practice of Medicine, conducted the School Health Programme.

**NAME OF THE MEDICAL OFFICERS**

Medical officer	Interns	Staff nurse
Dr. Nisha Gopinath	1. Sumana.N	Mrs. Siva priya
	2. Unnamalai.A.S	
	3. Vigneshwari sowjanya	
Total beneficiaries - 58		

The students of classes VI, VII, VIII, IX and X were consulted, and medicines were distributed for the students in the presence of their parents and teachers. A total number of 58 students got benefitted. The students were affected with allergic rhinitis, dermatitis, acute bronchitis and viral fever.

H.O.D

Department of Practice of medicine  
Dept. of PRACTICE OF MEDICINE  
SARADA KRISHNA  
HOMOEOPATHIC MEDICAL COLLEGE  
KULASEKHARAM, KANYAKUMARI DIST,  
TAMIL NADU - 629 161.

Principal

PRINCIPAL

SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
KULASEKHARAM, KANYAKUMARI DIST.  
TAMIL NADU - 629 161



## SCHOOL HEALTH PROGRAMME

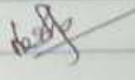
Date: 26/02/25


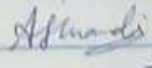

School: NM VIDYA KENDRA

Place: CHITHARAL.


As regular school health programme we visited N.M. Vidya Kendra. We have consulted students of V to X standards, and medicines were dispensed. The cases were allergic rhinitis, headache, bronchitis.

Total Beneficiaries: 58

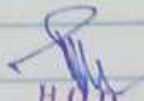
Medical officer: Dr. Nisha Gopinath 

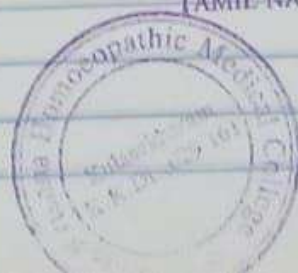
Informs: Sumana: N   
 Unnatpalai: A.S   
 Vigneshwara Sawjanya: S 

Staff Nurse: Siva Priya 

  
26/02/25

PRINCIPAL  
 N.M. VIDYA KENDRA SENIOR SECONDARY SCHOOL  
 CHITHARAL, KANYAKUMARI DIST.,  
 TAMILNADU - 629 151

  
 HOD  
 Dept. of PRACTICE OF MEDICINE  
 SARADA KRISHNA  
 HOMOEOPATHIC MEDICAL COLLEGE  
 KULASEKHARAM, KANYAKUMARI DIST.,  
 TAMIL NADU - 629 161.





**SARADA KRISHNA  
HOMOEOPATHIC MEDICAL COLLEGE**  
Kulasekharam, Kanniyakumari District, Tamil Nadu-629 161  
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**GEOTAGGED PHOTOGRAPHS OF THE EVENT**  
**DEPARTMENT OF PRACTICE OF MEDICINE**  
**SCHOOL HEALTH PROGRAMME**

**DATE: 26.03.2025**



Dr.Nisha Gopinath consulting the students



Interns collecting details from School childrens



  
**PRINCIPAL**  
SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE  
KULASEKHARAM, KANYAKUMARI DISTRICT  
TAMIL NADU - 629 161