Unnat Bharat Abhiyan

HALF YEARLY REPORT 2023-2024 (April – September)

Kerala Agricultural University Regional Coordinating Institution Unnat Bharat Abhiyan 2.0



KERALA AGRICULTURAL UNIVERSITY DIRECTORATE OF EXTENSION Mannuthy P O, Thrissur 680652 PH- 0487 2370086, 0487 2370 150 Email:- ubakau.rci@gmail.com & de@kau.in



Unnat Bharat Abhiyan is a flagship programme of the Ministry of Education, with the intention to enrich Rural India. The knowledge base and resources of the Premier Institutions of the country are to be leveraged to bring in transformational change in the rural developmental process. It also aims to create a vibrant relationship between the society and the higher educational institutes, with the latter providing the knowledge and technology support to improve the livelihoods in rural areas and to upgrade the capabilities of both the public and private organizations in the society. As part of Unnat Bharat Abhiyan 2.0 with the vision of bringing transformational change in rural development processes, Kerala Agricultural University, Thrissur (Participating Institute, UBA 2.0) has selected five-Gram Panchayats *viz*; Mattathur, Nadathara, Pazhayannur, Venkitangu and Sreenarayanapuram panchayats of Thrissur district to impart knowledge and technology support and thereby to improve the livelihood of the people.

Being the RCI Kerala Agricultural University is trying its best to ensure the quality of works done by its participating institutes. We are always in channel with all access to address their queries and management activities. Being a PI, KAU also found its major time for the development of the villages selected under UBA. Scientifically assessed programmes and technology transfer were the focused area of KAU.

UBA is also associating with other agencies who could act accordingly in such developmental activities and also channelize the funds to ensure more productive action. Some of the major activities held in the first half of the year 2023-2024 by KAU majorly in the role of RCI and PI were listed.

List of Activities:

Title of the Activity: World Environment Day programme on 05.06.2023 at Communication Centre, Mannuthy

Realizing the importance of World Environment Day, Kerala Agricultural University conducted tree planting programme at Communication Centre, Mannuthy. The officials, Scientists, Staffs from Kerala Agricultural University were attended the programme. The theme for World Environment Day on 5 June 2023 focussed on solutions to plastic pollution under the campaign #BeatPlasticPollution.The world is being inundated by plastic. More than 400 million tonnes of plastic is produced every year, half of which is designed to be used only once. Of that, less than 10 per cent is recycled. An estimated 19-23 million tonnes end up in lakes, rivers and seas. Today, plastic clogs our landfills, leaches into the ocean and is combusted into toxic smoke, making it one of the gravest threats to the planet. Not only that, what is less known is that microplastics find their way into the food we eat, the water we drink and even the air we breathe. Many plastic products contain hazardous additives, which may pose a threat to our health. The good news is that we have science and solutions to tackle the problem and a lot is already happening. What is needed most now is a surge of public and political pressure to scale up and speed actions from governments, companies and other stakeholders to solve this crisis. This underscores the importance of World Environment Day mobilizing action from every corner of the world. World Environment Day 2023 showcased how countries, businesses and individuals are learning to use the material more sustainably, offering hope that one day, plastic pollution will be history. Dr. Sunil V G, Professor, Communication Centre, KAU lead a session about the importance to beat plastic pollution and conservation of our biodiversity. The UBA cell of Kerala Agricultural University made interventions to mitigate the problems in the abandoned area by using the assistance from vast areas of expertise scientists in various disciplines to develop strategies for achieving heathy environment in this region. This initiative has facilitated to eliminate the consequences / effects of environmental pollution.



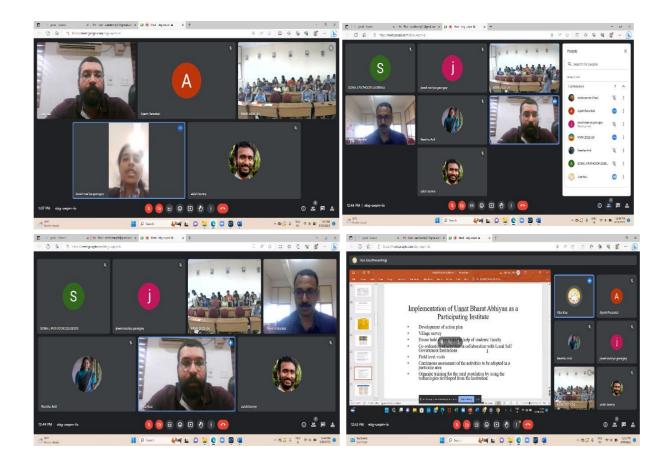
Title of the Activity: Extension activity in adopted villages

By realising the importance of farmers in our country, we decided to organize an extension activity at Pazhayannur, Mattathur, Venkidangu and S.N Puram gramapanchayats. After discussion with the Agricultural Officer, Panchayath President and other officials of respective panchayaths we led to provide a facility for farmers by arranging a Mobile Exhibition Unit Vehicle for the easy availability of raw materials for their farming practices at their door steps. We provided the raw materials including seeds, fertilizers, biocontrol agents, organic manures and other value-added products. We also accompanied a Farm Officer for an interactive session about the pest and diseases, importance of organic manures, scientific method for higher productivity and other problems raised by the individuals respective to their topographic area. We organized this venture in the months of June, July and August as per the convenience proposed by each Krishi Bhavan and respective grama panchayath



Orientation programme for Marian College Kuttikkanam (Autonomous) on 20 August 2023

An orientation programme for Marian College Kuttikkanam (Autonomous) on 20 August 2023 via online mode. Vision, mission, purpose of UBA, update on UBA activities, all the basic knowledge about the UBA2.0, role of higher education institution for envisage rural development, the plan of action, help and support options were demonstrated, the financial aids under UBA including technical intervention and general expenses were explained. Shared experience of KAU working with 5 Gram Panchayats selected on the basis of different agro climatic units in Thrissur district, surveys of Gram Panchayats, preparation of status reports and implementing action plan. Explained the features of UBA website by logging in as Participating institutes, displaying the information available and showing the procedure for adding new villages, filling the required information and saving them on the website were explained.



Title of the Activity: Seminar on "Tribute to M S Swaminathan- Icon of Hunger Free World"

The passing away of Professor **M.S. Swaminathan** recently at the age of 98 years has led to an outpouring of grief from thousands of ordinary people. A high proportion of them are from rural India, engaged in crop agriculture, animal husbandry, fisheries or forestry as their main source of livelihood, and most are poor. Many in the scientific community, well-informed urban middle classes, policymakers and bureaucrats working in the area of rural development, and highly qualified/skilled professionals including teachers, doctors, engineers, and so on, also feel a great sense of loss. Kerala Agricultural University conducted a Seminar on **"Tribute to M S Swaminathan- Icon of Hunger Free World"** on 06/10/2023 at Communication Centre, Mannuthy. Honorable Revenue Minister of Kerala, Adv. K Rajan, Honorable, Vice Chancellor, Dr. B. Ashok IAS, Dr. Shakeela v, Director, M S Swaminathan Research Foundation, Scientists, Faculties and active students of Unnat Bharat Abhiyan of Kerala Agricultural University were be a part of the programme.



ANSAR WOMEN'S COLLEGE PERUMPILAVU

PLEDGE FOR PLANET

As you are aware, the 18th Heads of State and Government Summit of the Group of 20 (G20) will take place in September 2023 in New Delhi, India. Under the Indian Presidency, the G20 in 2023 will focus on the theme, 'One Earth, One Family, One Future'. The mission makes everyone trustees of the environment, responsible for nurturing and preserving it. It aims to change our collective approach to sustainability by nudging individuals to practice environment-friendly actions. Our college also be the part of the Campaign by taking the 'Pledge for LiFE' on 17th May 2023. This pledge aware the students that LiFE can benefit by changing our choices of fashion, food, habitat water, waste management etc. by educating ourselves and changing the Acharana!



WORLD ENVIRONMENT DAY

World Environment Day is celebrated annually on June 5th to raise awareness about environmental issues and promote global action to protect the planet. Each year, World Environment Day has a specific theme that addresses a pressing environmental concern. This theme is chosen to highlight a particular issue and encourage governments, businesses, and individuals to take action. The day is celebrated with various activities, such as tree planting, clean-up campaigns, educational programs, and advocacy efforts. World Environment Day provides an opportunity for people and organizations to come together and engage in activities that can make a positive impact on the environment. Ansar Women's College organized activities for World Environment Day, such as planting trees andholding awareness talks on 5th June 2023 by taking an active role in promoting environmentalawareness and sustainable practices.



INTERNATIONAL YOGA DAY

International Day of Yoga, often referred to as International Yoga Day, is celebrated on June 21st every year. The purpose of International Yoga Day is to promote and raise awareness about the benefits of practicing yoga and its role in achieving a healthier, balanced lifestyle.It is known for its positive effects on physical and mental well-being, helping to reduce stress, improve flexibility, increase strength, and promote relaxation. On International Yoga Day, Ansar Women's College organized Yoga Awareness program including Yoga workshop on 23rd June 2023. The day serves as a reminder of the importance of incorporating yoga into daily life and reaping its many health and wellness benefits.



WORLD REFUGEE DAY

World Refugee Day is observed on June 20th each year to raise awareness about the global refugee crisis and to honour the resilience and courage of refugees worldwide. Colleges and educational institutions play a crucial role in educating students and the community about important social and humanitarian issues, like the refugee crisis. Our College also conducted events like Skit on , to contribute to greater awareness and understanding of the challenges refugees face and the need for support and protection 21st June 2023.

ക്രവിലായം



'ഐലൻ കുർദി സ്റ്റിൽ അലൈവ്' എന്ന പേരിൽ വിദ്യാർഥിനികൾ അവതരിപ്പിച്ച സ്കിറ്റ്

ലോക അഭയാർഥി ദിനാചരണം

ദ്ധീൻ അധ്യക്ഷനായി. അഭയാർ ഥി ദിനാചരണത്തിന്റെ ഭാഗമാ യി കോളജ് വിദ്യാർഥിനികൾ 'ഐലൻ കുർദി സ്റ്റിൽ അലൈ വ്' എന്ന പേരിൽ സ്കിറ്റ് അവത രിപ്പിച്ചു.

വൈസ് പ്രിൻസിപ്പൽ ആരി ഫ്.ടി.എ, ലൈഫ് സ്കിൽ ഡി പ്പാർട്മെന്റ് മേധാവി ജമാൽ.പി .കെ, അധ്യാപകരായ ഹബീബ് റഹ്മാൻ കെ.പി, ഹൈറുന്നിസ. ടി.എ സംസാരിച്ചു.

പെരുമ്പിലാവ് • അൻസാർ വി മൻസ് കോളജിൽ ലോക അഭ യാർഥി ദിനാചരണം സംഘടി പ്പിച്ചു. അൻസാർ എഡ്യുക്കേഷ ണൽ ഇൻസ്റ്റ്യൂഷൻസ് സി. ഇ. ഒ ഡോ. നജീബ് മുഹമ്മദ് ഉദ്ഘാ ടനം ചെയ്യു. അൻസാർ ടെയിനി ങ് കോളജ് പ്രിൻസിപ്പൽ ഡോ. മഹമൂദ് ശിഹാബ് ചടങ്ങിൽ മു ഖ്യ പ്രഭാഷണം നടത്തി. അൻ സാർ വിമൻസ് കോളജ് പ്രിൻ സിപ്പൽ ഡോ. കെ.ടി.കമാലു

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PADDY CULTIVATION AS A RAPPORT BUILDING ACTIVITY

Cultivating paddy as part of the National Service Scheme (NSS) unit of our college can be a rewarding and educational experience for both the students and the community. The general outline of how you can initiate and carry out paddy cultivation through your NSS unit is - Planning and Preparation, Training, Land Preparation, Planting, Maintenance like Weeding, Pest and Disease Control and Irrigation, Harvesting, Post-Harvest Activities, Threshing, Drying, Storage, Record Keeping, Community Engagement, Evaluation. They Organize awareness programs and workshops for the local community to share knowledge about sustainable farming practices and the importance of agriculture. Paddy cultivation through our NSS unit not only provides students with valuable agricultural knowledge but also fosters community engagement and can contribute to sustainable agricultural practices in the area. It's important to collaborate with local experts and authoritiesto ensure the project's success and to have a positive impact on both the students and the community.



പ്രല്പെടായം



നെൽക്കഷിയ്ക്ക് തുടക്കം കുറിച്ച് വിമൻസ് കോളജ് വിദ്യാർഥികൾ

പെരുമ്പിലാന് ഇരു ഷ്യപ്പ് പ് തുടക്കം കുറിച്ച് പെരുമണ്ണൂർ പാ ടശേഖരത്തിൽ ഞാറ് നീട്ട് പെ രുമ്പിലാന് അൻസാർ വിമൻസ് കോളജിലെ വിദ്യാർഥികൾ. കാ ലിക്കറ്റ് യൂനിവേഴ്സിറ്റി സംഘ ടിപ്പിച്ച വിത്തു സുരക്ഷയിലുടെ ഭക്ഷ്യ സുരക്ഷയിലെയ്ക് എന്ന പരിപാടിയുടെ ഭാഗമായാണ് പരിപാടിയുടെ ഭാഗമായാണ് തിക്കുന്നത്. അൻസാർ വിമൻ തിക്കുന്നത്. അൻസാർ വിമൻ സ് കോളജ് പ്രിൻസിപ്പൽ ഡോ കെ.ടി കമാലുദ്ധീൻ ഞാറു നട്ട തോടെയാണ് ക്ഷിയ്ക്ക് തുടക്ക മായൽ. പെരുമണ്ണൂർ കെ.എച്ച ഹംസയാണ് നെൽക്ക്കിക്കായ് വിദ്യാർഥികൾക്ക് പാടശേഖരം നൽകിയത്.

നൽകിയൽ. പാടംശേഖര കമ്മിറ്റിക്കാരായ ജിതേഷ്, കർഷകനായ വേലാ യുധൻ നേത്തത്തിൽ ചാലിശ്ശേ രീ ക്ഷി ഓഫിസറുടെയും പെരു മണ്ണൂർ പഞ്ചായത്ത് വാർഡ് മെം

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ബറുടെയും സഹകരണത്തോ ടെയാണ് ഞാറു നടീൽ നടത്തി

യത്. എ ൻ.എ സ്.എ സ് പ്രോ ഗ്രാം ഓഫിസർ ഹാസീന .കെ. അധ്യാപകരായ ഡോം. റസീൽ റഹ്മാൻ, ഗ്രീഷ്യ രവീന്ദ്രൻ, ഹാബീ ബ് റഷാൻ, എൻ.എസ്.എസ് വളണ്ടിയർമാരായ സ്വാതി വി എസ്.യ്തിലക്ഷ്, സവ്യ. ജുമാന ജണിയ്ക് പങ്കെടുത്തു.

WORLD BIOFUEL DAY

The concept of promoting biofuels and raising awareness about their benefits and importance for sustainability is crucial. Our College Conducted a Placard Making Competition to aware the students and community. Celebrating such a day would be a positive initiative to promote sustainable and eco-friendly energy sources.



INDEPENDENCE DAY CELEBRATION AT THE ADOPTED VILLAGEPAZHANJI

If your college celebrates Independence Day every year, it's a meaningful tradition that allows students and staff to come together to honour the nation's independence and its values. It's also an opportunity to promote a sense of unity and patriotism among the college community. This year Unnat Bharath Abhiyan and NSS unit of our college celebrated Independence Day in the



Local community and Adopted Villages. The NSS Unit honoured a Soldier and distributes food kit for the needy ones in our college premises.

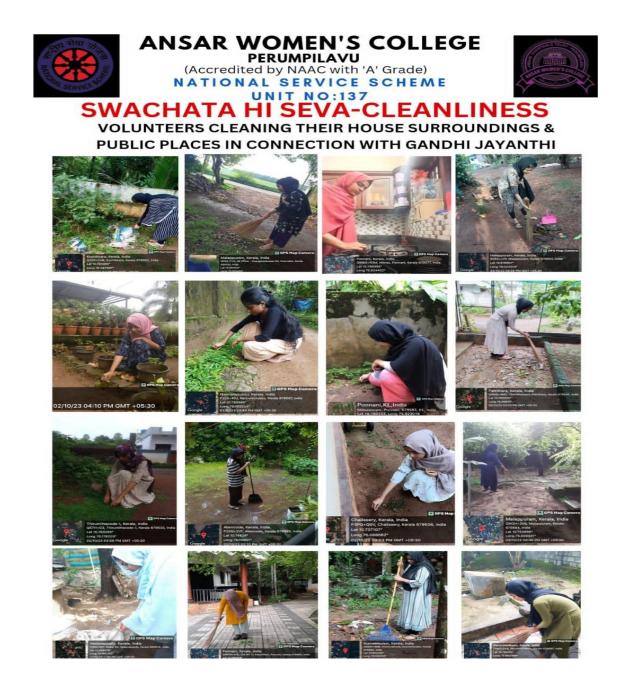
WORLD OZONE DAY

World Ozone Day, also known as the International Day for the Preservation of the Ozone Layer, is observed annually on September 16th. This day is dedicated to raising awareness about the importance of the ozone layer and the global efforts to protect it. Energy conservation cell of our college conducted a Quiz Competition on behalf of this day. The day was a reminder of the importance of the ozone layer and the need to continue protecting it. It provided an opportunity to educate people about the causes and consequences of ozone layer depletion and the actions they can take to contribute to its preservation.



SWACHHATA HI SEVA-CLEANLINESS CAMPAIGN

"Swachhata Hi Seva" is a cleanliness campaign in India that aims to promote and strengthen the culture of cleanliness and sanitation. Ansar Women's College NSS Unit and Unnat Bharath Abhiyan jointly conducted Swachhata Hi-Seva Cleanliness Campaign on 2nd October 2023 in connection with Gandhi Jayanthi the birthday of Mahatma Gandhi, who advocated for cleanliness and sanitation. Volunteers cleaned their house premises and public places as directed by the coordinators.



ST. STEPHEN'S COLLEGE, UZHAVOOR.

Aims and Objectives

A survey was conducted in the academic year 2022-23 under Unnat BharatAbhiyan (under MHRD) by students of St. Stephen's College, Uzhavoor.

The major objectives were:

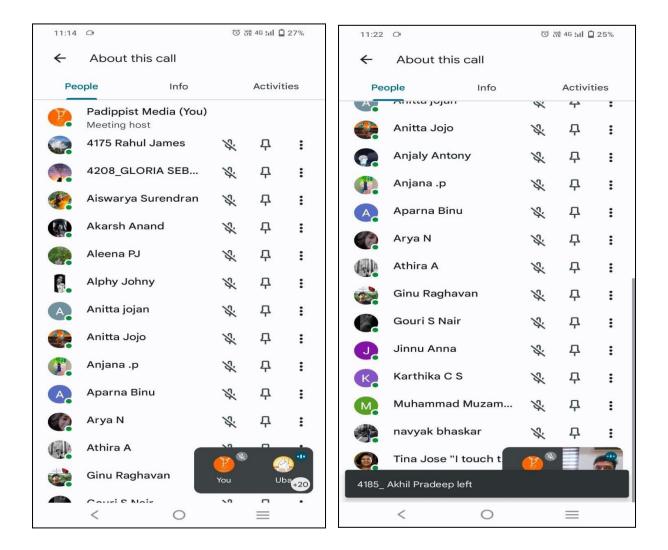
- 1. To find the number of beneficiaries of various government schemes andto find whether these schemes are reaching common people.
- 2. To identify major problems of the villagers and to find solutions for the same. The villagers were asked questions based on a household survey form provided by Unnat Bharat Abhiyan.

Orientation about UBA

An orientation session for the Unnat Bharath Abhiyan project for our college was held on 5th November 2022, 11.00 am via Google Meet platform. The resource person was Mr. AkhilGS, Regional Program Coordinator, Unnat Bharath Abhiyan. The orientation was held for members of the Women's cell and NSS of the college. Principal Investigator, Ms. Asha Raju coordinated the event. Various programs to be organized as part of the project were explained. The meeting concluded around 11.30 am.



The Village Surveys to be conducted were initiated. Student participants of the women's cell and NSS of the college were identified through Google forms, based on their locations of residence and instructed to conduct the house surveys. The process is ongoing in Uzhavoor, Veliyannoor, Kurichithanam, Mulakulam and Njeezhoor villages even though the University exams and summer vacation delayed the process in between. Currently the survey forms are being consolidated.





The UBA Team behind the household survey

Uzhavoor Village



Uzhavoor grama panchayat office



Uzhavoor city

Uzhavoor is a village in Meenachil Tehsil, Kottayam district and Kerala State. Uzhavoor C.D. Block name is Uzhavoor. Uzhavoor Village Total population is 9063 and number of houses are 2454. Female Population is 50.5%. Village literacy rate is 88.2% and the Female Literacy rate is 44.2%. Uzhavoor is 11 km distance from Sub District Head Quarter, Palai and it is 30 km distance from District HeadQuarter Kottayam. Nearest Statutory Town is Palai in 13 km distance . Uzhavoor Total area is 988.8 hectares, Non-Agricultural area is 179.28 hectares and Total irrigated area is 7 hectares.

Census Parameter	Census Data
Total Population	9063
Total No of Houses	2454
Female Population %	50.5 % (4578)
Total Literacy rate %	88.2 % (7997)
Female Literacy rate	44.2 % (4007)
Scheduled Tribes Population %	0.3 % (29)
Scheduled Caste Population %	6.1 % (552)
Working Population %	38.0 %

Child(0 -6) Population by 2011	777
Girl Child(0 -6) Population % by 2011	52.5 % (408)



Education

Private Preprimary, Govt Primary, Govt Middle and Govt Secondary Schools are available in this Village. A Govt Arts and Science degree college is available in this village. Nearest Private Engineering College is in Bharananganam. Nearest Private MBA college is in Ramapuram. Nearest Govt Medical College is in Arpookara. Nearest Govt Polytechnic College is in Lalam. Nearest Govt ITA College is in Veliyannoor.

Health

KR Narayanan memorial hospital, 1 Primary Health care center, 1 Primary Health Sub-Centre, 1 Maternity And Child Welfare center, 1 TB Clinic, 1 Veterinary Hospital, 1 Mobile Health center, 1 Family Welfare center, 3 MBBS Doctor Practices, 10 Medical Shops are available in this village.

Agriculture

Coconut and Rubber are the agriculture commodities grown in this village. 24 hours agricultural power supply in summer and 24 hours agricultural power supply in winter is available in this village. Total irrigated area in this village is 7 hectares.

Drinking-Water and Sanitation

Mosquito infestation was one of the major issues raised by the people. Covered Well, UnCovered Well, Hand Pump and Tube Wells/Boreholes are other Drinking Water sources. No Drainage SystemAvailable in this Village. This Village Covered Under Total Sanitation. House to House wasteCollection available through Haritha Karma Sena. There is a system to Collect garbage on thestreet. Drain water is discharged into the sewer plant.

Communication

Post office is available in this Village. Sub Post Office is available in this Village. Landline available. Mobile Coverage is available. Internet Center available in this village. Private Courier Facility available in this village.

Transportation

Public Bus service available in this village. Private Bus service available in this village. There is no Railway Station less than 10 km away. Autos Available in this Village. No Nearest National Highway in less than 10 km. Nearest State Highway is 5 - 10 km. District Road passes through this village. Pucca road, Kuccha Road, Macadam Road and Footpath are other Roads and Transportation within the village.

Commerce

ATM available in this village. Commercial Bank available in this village. Cooperative Bank available in this village. Mandis/Regular Market, Weekly Haat/santha and Agricultural Marketing Society are available in this village.

Other Amenities

This Village has a Power supply with 24 hour power supply in summer and 24 hour power supply in winter, Anganwadi center, ASHA, Birth & Death registration office, Sports facilities, Public library, Daily News Paper and Polling station are the other amenities in the village. Government schemesare benefited by the villagers and all houses has toilet facilities.

Njeezhoor Village



Njeezhoor grama panchayath

Njeezhoor is a Village in Kaduthuruthy Block in Kottayam District of Kerala State, India. It belongs to the South Kerala Division. It is located 25 KM towards North from District HQs Kottayam. 6KM from Kaduthuruthy. 178 KM from State capital Thiruvananthapuram. This Place is on the border of the Kottayam District and Ernakulam District. Ernakulam District Mulanthuruthy is west towards this place. Also, it is on the border of another district Alappuzha. Njeezhoor Local Language is Malayalam. Njeezhoor Village Total population is 17608 and number of houses are 4362. Female Population is 50.2%. Village literacy rate is 88.3% and the Female Literacy rate is 44.1%.

Census Parameter	Census Data
Total Population	17608

Total No of Houses	4362
Female Population %	50.2 % (8831)
Total Literacy rate %	88.3 % (15552)
Female Literacy rate	44.1 % (7764)
Scheduled Tribes Population %	0.2 % (44)
Scheduled Caste Population %	5.6 % (994)
Working Population %	39.6 %
Child(0 -6) Population by 2011	1514
Girl Child(0 -6) Population % by	49.1 % (743)
2011	

Drinking-Water and Sanitation

Covered Well, UnCovered Well, Hand Pump and Tube Wells/Boreholes are other Drinking Water sources. No Drainage System Available in this Village. This Village Covered Under Total Sanitation. Community Toilet Complex Available in this village. House to House waste Collection available. There is no system to Collect garbage on the street. Drain water is discharged into the sewer plant.

Transportation

Public Bus service available in this village. Private Bus service available in this village, but of less frequency. One of the major things to be improved is the transportation facilities of this village. There is no Railway Station less than 10 km away. Autos Available in this Village. No Nearest National Highway in less than 10 km. Nearest State Highway is in 5 - 10 km. District Road passes through this village. Pucca road, Kuccha Road, Macadam Road and Footpath are other Roads and Transportation within the village.

Commerce

ATM available in this village. Commercial Bank available in this village. Cooperative Bank available in this village. Mandis/Regular Market, Weekly Haat/santha and Agricultural Marketing Society are available in this village.

Other Amenities

This Village has a Power supply with 24-hour power supply in summer and 24 hour power supply in winter, Anganwadi center, ASHA, Birth & Death registration office, Sports facilities, Public library, Daily News Paper and Polling station are the other amenities in the village. Government schemesare benefited by the villagers and all houses has toilet facilities.

Veliyannoor Village



Veliyannoor is a Village in Uzhavoor Block in Kottayam District of Kerala State, India. It belongs to the South Kerala Division. It is located 33 KM towards North from District headquarters Kottayam. 8 KM from Uzhavoor. 180 KM from State capital Thiruvananthapuram. Veliyannoor Village Total population is 9917 and number of houses are 2582. Female Population is 50.2%. Village literacy rate is 88.3% and the Female Literacy rate is 44.0%.

Census Parameter	Census Data
Total Population	9917
Total No of Houses	2582
Female Population %	50.2 % (4975)
Total Literacy rate %	88.3 % (8760)
Female Literacy rate	44.0 % (4363)
Scheduled Tribes Population %	0.3 % (32)
Scheduled Caste Population %	2.8 % (281)
Working Population %	41.6 %
Child(0 -6) Population by 2011	790
Girl Child(0 -6) Population % by 2011	48.4 % (382)

Transportation

Public Bus service available in this village. Private Bus service available in this village. There is no Railway Station less than 10 km away. Autos Available in this Village. No Nearest National Highway in less than 10 km. Nearest State Highway is in 5 - 10 km. District Road passes through this village. Pucca road, Kuccha Road, Macadam Road and Footpath are other Roads and Transportation within village.

Commerce

People of this village depends on agriculture and other private/public sector jobs to survive. ATM available in this village. Commercial Bank available in this village. Cooperative Bank available in

this village. Mandis/Regular Market, Weekly Haat/ santha and Agricultural Marketing Society are available in this village.

Drinking-Water and Sanitation

Covered Well, Uncovered Well, Hand Pump and Tube Wells/Boreholes are other Drinking Water sources. No Drainage System Available in this Village. This Village Covered Under Total Sanitation. Community Toilet Complex Available in this village. House to House waste Collection available. There is no system to Collect garbage on the street. Drain water is discharged into the sewer plant.

Other Amenities

This Village has a Power supply with 24-hour power supply in summer and 24 hour power supply in winter, Anganwadi center, ASHA, Birth & Death registration office, Sports facilities, Public library, Daily News Paper and Polling station are the other amenities in the village. Government schemesare benefited by the villagers and all houses have toilet facilitie

s.

Kurichithanam Village



Kurichithanam village office

Kurichithanam is a small Village/hamlet in Uzhavoor Block in Kottayam District of Kerala State, India.It comes under Marangattupilly panchayat. It belongs to the South Kerala Division. It is located 26 KM towards North from District headquarters Kottayam. 0 KM from Uzhavoor. 172 KM from State capital Thiruvananthapuram. This Place is on the border of the Kottayam District and Ernakulam District. Ernakulam District Pampakuda is North towards this place. Kurichithanam Local Language is Malayalam. Kurichithanam Village Total population is 9383 and number of houses are 2302. Female Population is 49.5%. Village literacy rate is 88.9% and the Female Literacy rate is 44.0%.

Census Parameter	Census Data
Total Population	9383
Total No of Houses	2302
BFemale Population %	49.5 % (4649)
Total Literacy rate %	88.9 % (8341)
Female Literacy rate	44.0 % (4133)
Scheduled Tribes Population %	0.3 % (24)
Scheduled Caste Population %	5.1 % (482)
Working Population %	41.7 %
Child(0 -6) Population by 2011	766
Girl Child(0 -6) Population % by 2011	49.2 % (377)

Transportation

Very less public transportation is available in this region. Private vehicles are the major sources of transportation. There is no Railway Station less than 10 km away. Autos Available in this Village. No Nearest National Highway in less than 10 km. Nearest State Highway is 5 - 10 km. District Road passes through this village. Pucca road, Kuccha Road, Macadam Road and Footpath are other Roads and Transportation within the village.

Commerce

Banking service is available in this village. Cooperative Bank available in this village. Mandis/Regular Market, Weekly Haat/ santha and Agricultural Marketing Society are available in this village. Agriculture is one of the main livelihoods of residents.

Other Amenities

Agriculture is the major job undertaken by the people. This Village has a Power supply with 24hour power supply in summer and 24-hour power supply in winter, Anganwadi center, ASHA, Birth & Death registration office, Sports facilities, Public library, Daily News Paper and Polling station are theother amenities in the village. Government schemes are benefited by the villagers and all houses have toilet facilities.

Mulakulam Village



Mulakulam village office



Mulakulam city



Muvattupuzha river through Mulakulam village

Mulakulam is a Village in Kaduthuruthy Block in Kottayam District of Kerala State, India. It belongs to the South Kerala Division. It is located 34 KM towards North from District headquarters Kottayam. 10 KM from Kaduthuruthy. 187 KM from State capital Thiruvananthapuram. Mulakulam Local Language is Malayalam. Mulakulam Village Total population is 22360 and number of houses are 5676. Female Population is 50.6%. Village literacy rate is 87.3% and the Female Literacy rate is 43.9%.

Census Parameter	Census Data
Total Population	22360
Total No of Houses	5676
Female Population %	50.6 % (11305)
Total Literacy rate %	87.3 % (19510)
Female Literacy rate	43.9 % (9821)
Scheduled Tribes Population %	0.2 % (38)
Scheduled Caste Population %	9.1 % (2035)
Working Population %	41.9 %
Child(0 - 6) Population by 2011	1802
Girl Child(0 -6) Population % by 2011	48.9 % (881)

Transportation

Public Bus service available in this village. Private Bus service available in this village. There is no Railway Station less than 10 km away. Autos Available in this Village. Nearest National Highway in less than 10 km. Nearest State Highway is 5 - 10 km. District Road passes through this village. Pucca road, Kuccha Road, Macadam Road and Footpath are other Roads and Transportation within the village.

Commerce

The income of residents comprises daily wages and private/public sector jobs. Agriculture is alsoone of the income sources of the people. ATM available in this village. Major Commercial Banks available in this village. Cooperative Banks are also available in this village. Mandis/Regular Market, Weekly Haat/santha and Agricultural Marketing Society are available in this village.

Other Amenities

Muvattupuzha river passing through this village makes it accessible through waterways as well. This Village has a Power supply with 24-hour power supply in summer and 24-hour power supply in winter, Anganwadi center, ASHA, Birth & Death registration office, Sports facilities, Public library, Daily News Paper and Polling station are the other amenities in the village. Government schemesare benefited by the villagers and all houses have toilet facilities.

One day training on Organic Farming

A one-day training on Organic Farming was conducted on 13th August, 2022 at 10:30amat the greenhouse facility of our college in association with the Department of Zoology of our college. Interested students were given hands-on training in organic farming and related practices. Students were trained on mixing of the soil, manure collection from vermicompost units, pot filling and planting of saplings. Dr. Sincy Joseph and Ms. Asha Raju from the department gave guidance to the students. Capt. Jais Kurian provided his expertise on the propagation and maintenance of Adenium plants. Students were highly motivated to continue the practice of organic farming at their homes. The group dispersed after lunch together at the college canteen.



UBA team conducting the training session





Free medical check-up

Women's Cell and National Service Scheme (NSS) in association with Unnat Bharath Abhiyan of this college, in hands with K. R Narayanan Multi speciality hospital has organized a free medical check-up for the benefit of staff of this college on 22nd August 2022 in Room no :107. The team arrived at 11.am. Mr Manoj Varghese (Jr Health Inspector), Deepa P.D (Jr PHN), Laisamma V.G (Jr PHN) and Bessy Simon (ASHA Worker) were present. The Medicalcheck-up included Blood pressure, Blood sugar level and Eye vision check. 39 staff of this college underwent their health check-ups and were benefited by the medicines provided free of charge.



Summer camp for school children of the rural neighborhood

A vacation summer camp which includes free education in various respects was provided for the school children of the local neighborhood from 17th April 2023 to 29th April 2023. Various skill training programs were provided including mushroom cultivation, LED bulb preparation, cooking etc..





Uzhavoor, Kerala, India Seenai Residential School for M.R, P.O, Kottaya Uzhavoor, Kerala 686634, India Lat 9.786655° Long 76.606942° 18/04/23 01:58 PM GMT +05:30



Uzhavoor, Kerala, India Uzhavoor, Alppara, Uzhavoor, Kerala 6 Lat 9.78661° Long 76.606949° 18/04/23 01:58 PM GMT +05:30





ADI SHANKARA INSTITUTE OF ENGINEERING AND TECHNOLOGY, KALADY

BLOOD DONATION CAMP

NSS units of ASIET conducted blood donation camp on 27/4/2023 in association with IMA blood bank Aluva. Program was conducted at Mechanical block of ASIET. Students and faculty members donated blood. 68 units of blood samples were collected



LIFE FOR URJJA SAMRAKSHAN- ENERGY CONSERVATION CAMPAIGN

UBA cell conducted a awareness class on Energy conservation and Energy efficiency on 24/5/2023. This program was conducted in association with Energy management center Kerala under the theme life for Urjja samrakshan as part of Mission LiFe of Government of India.Volunteers took the misson life pledge. Prof Sijo George Resource Person Energy management center Kerala handled the session. Dr Deepa Sankar HOD EEE delivered the keynote address.



DISTRIBUTION OF STUDY MATERIALS

UBA cell of Adi Shankara Institute of Engineering and Technology, Kalady distributed study materials to the deserving school students of Adopted village on 31/5/2023. The program was inaugurated by Mr Eldhose, K T Member of Kalady Panchayath. Dr Sreepriya S Principal ASIET handed over the school kits to the students.



WORLD CYCLE DAY OBSERVATION

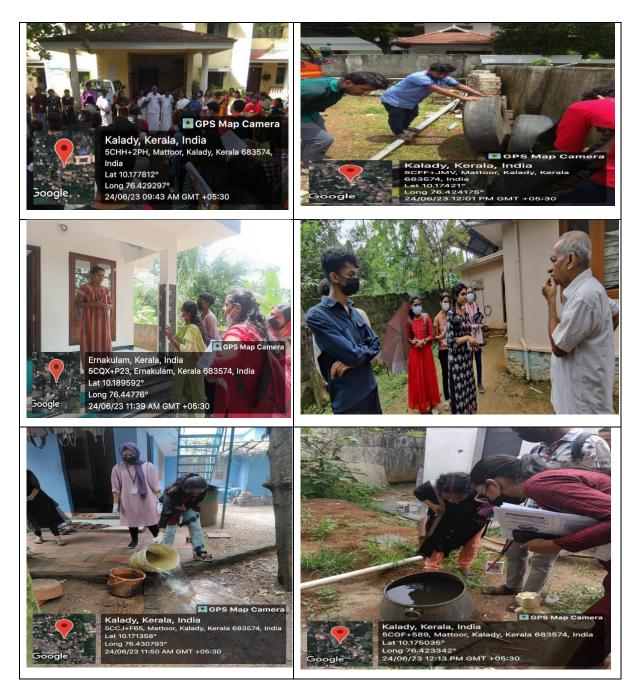
UBA cell and NSS units of ASIET observed world cycle in association with Government hospital, Mattoor on 3/6 2023. The theme for Cycle rally was cycle for health and Energy conservation The rally was flagged off by Dr Sreepriya S, Principal ASIET. Dr Naseema Najeeb, Medical officer facilitated the program. Students from Sree Sarada School and youth and students from nearby areas participated in this rally. Rally was end at Panchayat office, Kaldy. Mr M.P Antony, President Kalady Panchayat addressed the gathering. Members of Kaldy Panchayat and Officers of health department facilitated the program.



DENGUE FEVER AWARENESS CAMPAIGN

In connection with increased number of dengue fever cases in Kalady and nearby places an awareness program was conducted by UBA cell and NSS units of ASIET on 24/6/2023 in association with Government hospital Mattoor. Mr M.P Antony President of Kaaldy Panchayat inaugurated the program. Smt Ambika Balakrishanan Vice President Kalady Panchayat presided the inaugural function. Dr Naseema Najeeb, Medical officer delivered the keynote address. Mr K T Eldhose, member of Kalady Panchayat, Mrs Sreekala Junior health inspector and Mr Sijo George NSS

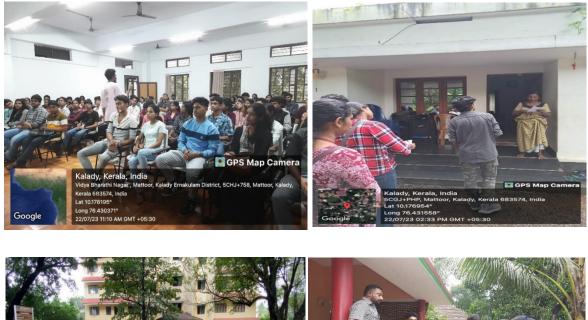
program officer facilitated the function. 130 volunteers participated. Volunteers divided in to four groups and visited the houses in various location under each primary health center along with health workers and Panchayat officials to create awareness and to destroy the larva's of Mosquitos. Students visited 1200 houses.



BLOOD DONATION AWARENESS AND BLOOD DONORS REGISTRATION CAMPAIGN

To promote the voluntary blood donation by students and public a blood donation awareness campaign was conducted by UBA cell and NSS units of ASIET on 22/7/2023. 140 volunteers

participated in this one-day program. Mr Sijo George NSS Program officer delivered the keynote Address. Rudhira sena regional coordinator Gokul G, Ashik and Ansa were handled the awareness sessions. In afternoon session students were divided in to different groups to create awareness about blood donation and collect the names of people who are willing to donate blood. Awareness notices were distributed among public during house visit.





BLOOD DONATION CAMP

UBA cell and NSS unit of ASIET organized a blood donation camp in association with IMA blood bank Aluva and HDFC bank on 4/8/2023. 61 units of blood samples were collected through this camp.



OLD AGE HOME VISIT

UBA cell members and NSS volunteers of ASIET visited old age home at Sreemoolanagaram (Thekkumbhagam village) on 24/8/2023. Students interacted with inmates and performed cultural activities. New clothes and food were distributed.



VEGETABLE KIT DISTRIBUTION

UBA cell of ASIET distributed food kits to cleaning staff and security memebers of ASIET in connection with Onam celebration on 26/8/2023



PAINTING OF ANGANWADI

UBA Cell members of ASIET painted the walls of aganwadi play school with beautifull pictutes on 10/9/2023.



ENERGY CONSERVATION AWARENES PROGRAMME

Door to Door visist program to spread the messages of energy conservation and Energy efficiency was conducted by UBA cell and NSS unit of ASIET on 27/9/2023.



CLEANLINESS DRIVE

Adi Shankara Institute of Engineering and Technology organized a cleanliness drive at Manappaattu Chira on 2/10/2023.Program was inaugurated by Mr Wilson Koyikara,President Malayattoor Panchayat.



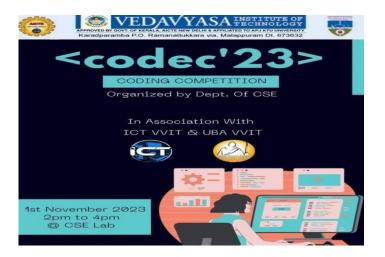
VEDAVYASA INSTITUTE OF TECHNOLOGY

Name of the institute & AISHE	
code	VEDAVYASA INSTITUTE OF TECHNOLOGY
	C-8196
Name of villages where rural	
development activities was	VAZHAKKAD, VAZHAYUR
carried out	
Title of your success story	• INNERVE - BUILD CUM CAREER EXPO
	• ENVIRONMENTAL DAY CELEBRATION -
	PLANTING OFSAMPLINGS
	• MINIATURE FOREST AS A PART OF
	VIDYAVANAMPROJECT
	• ONAM KIT DISTRIBUTION
	• CLEANING OF COLLEGE PREMISES AS
	PART OFGANDHI JAYANTHI
	BLOOD DONATION CAMP
	• FOOD DONATION
Photos Of the events:	





Onam Kit Donation



Coding competition for village students



Blood Donation Camp



5. Description of each photo in maximum of 50 word

1. Planting of samplings as part of Environment Day Celebration

As part of environmental day, UBA cell of VVIT initiated the programme of Planting of Slapping's at VVIT Campus 5th June 2023. Prof. Balakrishna Pillai welcomed the gathering and the trees were planted by Dr. Raji Rajan (principal) Mr. Manish Raj Rajan (Social Security officer, ESIC) Dr. Kavitha S Murugesan (Vice Principal) Mr. Narayanan Thannani (Administrative officer).

2. Vidyavanam Project

Forest club and UBA VVIT Vedavyasa Institute of Technology launches "Miniature Forest" as a part of "Vidyavanam project" with the assistance of forest department of the state government. The Inauguration of Forestry club for the academic year 2023-24 was conducted on 24/07/2023 at Vedavyasa Institute of Technology. All the staff, students and officials from State Forestry Department took active participation in organizing the function. As a part of Forestry club activities students and college staff were involved planting and maintenance of saples of trees and herbal garden at VVIT.

3. Onam Kit Distribution

NSS UNIT and UBA VVIT conducted an ONAM KIT Distribution ceremony to families staying nearby the college on 23/08/2023. Programme was started by a welcome speech done by NSS unit Secretary Kumari ShadhaSubair. The diocese was presided by Dr. Raji Rajan, Principal VVIT. Felicitation speeches were given by Dr. Periyasamy HOD ECE, Prof. Mr. Balakrishnan, HOD EEE, Er.Divya KK, HOD CE, Dr.Lijin George, HOD ME, Mr.Sanal Kumar, HOD S and H.NSS volunteer Anurag presented Vote of thanks.

4. Blood Donation Camp

Vedavyasa Institute of Technology in association with NSS unit and BDAK Kakkove conducted a BloodDonation Camp on 5th Oct 2023. 60 of them including faculty members and students donated blood which is handed to Govt. General Hospital, Kozhikode. Ms. Shadaa NSS Secretary delivered Vote of Thanks.

5. Coding Competition

Dept Of CSE, VVIT in association with UBA VVIT organized a workshop on "Web Development " on 19th October at CSE Department Lab. The session was handled by Mr. Mubarak NM (Software Engineer - Spark Technomedia). The program coordinator is Ms. Ranjana C, HOD Dept Of CSE, Staff coordinator: Ms. Mishaha MK and student coordinators are Mr. Rohith, S7 CSE Mr Ashwin, S3 CSE.

6. Food donation

As a part of World Flood Day, NSS unit and UBA VVIT conducted a Food donation camp at outskirts of Kozhikode and Malappuram on 16th October 2023.





Photos of Meetings/ workshops/ conference/ Gram Sabha etc.



JYOTHI ENGINEERING COLLEGE, CHERUTHURUTHY

Introduction

Unnat Bharat Abhiyan a flagship programme of the government of India and inspired by the vision of transformational change in rural development processes by leveraging knowledge institutions to help build the architecture of an Inclusive India. This was the dream of the father of nation Mahatma Gandhi that real India is residing in rural areas and their development must be our top priority. This mission is conceptualised as a movement to enable processes that connect institutes of higher education with local communities to address the development challenges of rural India through participatory processes and appropriate technologies interventions for accelerating sustainable growth with available human and natural resource in the adopted villages. It also aims to create a virtuous cycle between the society and an inclusive university system by providing knowledge and practices for emerging professions and to upgrade the capabilities of both the public and the private sectors.

• Vision: Unnat Bharat Abhiyan is inspired by the vision of transformational change in rural development processes by leveraging knowledge institutions like IITs/NITs/Central Universities/IISERs/State universities and colleges to help & build the architecture of an Inclusive India.

.Mission: The Mission of Unnat Bharat Abhiyan is to enable higher educational institutions to work with the people of rural India in identifying development challenges and evolving appropriate solutions for accelerating sustainable growth. It also aims to create a virtuous cycle between society and an inclusive academic system by providing knowledge and practices for emerging professions and to upgrade the capabilities of both the public and the private sectors in responding to the development needs of rural India.Jyothi Engineering college is a self-finance college run by the archdiocese of Thrissur. In the scenario of higher education this institution is a leading one in the state with ample facilities in terms of human resource and infrastructure. In the area of social service as well the college has proved excellent spheres and Unnat Bharath Abhiyan is only one among them. it is a member in the UBA with number C-8003.the villages benefitted are **Panjal, Painkulam, Nedupura, Kilimangalam. Cheruthuruthy** spread in the two panchayaths ie **Vallathol Nagar and Panjal** The complete area is thickly populated and density of wells are very high the area and hence there are various pollution problems which affect the traditional water sources like wells borewells etc Solid waste disposal is also a serious issue in the area since the land area occupied by each house is less. In order to give awareness to

the people as well the concerned Govt officials in the area, this workshop is arranged as a joint activity of Unnat Bharath Abhiyan and Jyothi Enineering college and the details of which are furnished here. Health inspectors of state health department of both panchayath (all the five villages) were invited. In addition to that same category of people from the nearby areas are also invited to get their support in benefiting the area in this relevant field

2.0 Background

There are about 60 lakhs of open wells existing in the state of Kerala. In addition to that huge number of borewells, tube wells etc are also in use. These traditional water sources are existing along with the other polluting sources of a house say excrete disposal systems, waste water disposal systems, solid waste disposal systems and similar type of other polluting sources. The land area occupied by a house is less due to the high density of population. This co – existence results in to contamination of many water sources and it is manifested in various forms. In all the studies it is confirmed beyond doubt that more than 80 % of the open wells contain coliform. Presence of Iron and low pH are also predominant water quality issues in urban areas of the state. Seldom Presence of organic matter is also observed along with other water quality issues. In order counteract this scenario awareness among the general public is a must and this workshop is oriented to this primary objective of training Govt officials to guide the people in this line. Since Jyothi Engineering college is having a tradition of long exposure with such issues through the activities of centre for water research and education (CWRE), we have determined to conduct this workshop. It is also proposed to have a WhatsApp group for dissemination of the acquired knowledge in future as a follow up action



3.0 Objective

Objective of the workshop is to improve the domestic water quality and sanitation condition in the area by training govt officials like health inspectors, junior health inspectors, officials of local self govt departments and local people etc who can guide people in the respective area to ensure

proper household sanitation and better practice for maintaining water quality, By doing so we expect that such message will be communicated to all people and that will improve the condition in the surrounding area mainly the targeted five villages

4.0 Centre for Water Research and Education

Centre for Water Research and Education (CWRE) was established on 05-08-2016 as subsidiary of Civil Engineering department Jyothi Engineering College, Cheruturuthy. The centre aims at providing services to the people on remediation of various water issues such as water transmission and distribution, water quality, micro-irrigation systems, water flow measurement, rain water harvesting, water treatment and with special focus on maintenance of domestic water sources of Kerala. The centre maintenance an approved water testing laboratory with facilities for analysis of conventional water quality parameters. A panel of experts from the sector are assigned the job of clearing doubts of the people on various issues related to water. The work shop is arranged with the technical input from the CWRE as it is mainly aimed to fulfil the objective of CWRE

5.0 Programme schedule

The programme was arranged on 22.09 2023 and the venue is insight hall of Jyothi Engineering college. The programme was inaugurated by the president of Panjal panchath Smt. Thankamma in a function presided over by Nirmala Devi vice president Vallathol Nagar panchayath. Welcome speech was delivered by Dr Vincy verghese, HOD civil department and. Felicitation speech was delivered by Fr Dr Jose Kannampuzha. Vote of thanks was proposed by Anna Joseph co-ordinator of the programme.



Dr Vincy Verghese HOD civil delivering the welcome address



Presidential address by Vice President Vallathol Nagar Grama Panchayat



Smt. Thankamma President Panjal Panchayath inaugurating the programme



Fr Dr Jose Kannambuzha delivering the felicitation address



Vote of thanks by Smt. Anna Joseph, Co -Ordinator

6.0 Coordinator Participants and faculties

The programme was formulated and implemented under the civil Engineering Department. Dr Vincy Varghese HOD civil department, took the lead in the process. Smt Anna Joseph and Smt Jeffy Johny, Assistant Professors in the department were assigned as Co-Ordinator and Asst coordinator of the programme There were 60 participants for the programme which includes Health inspectors – 4 Junior health inspectors – 28 Members of Friends of Bharathapuzha-3 villagers Staff of Jyothi engineering College -12- staying in the village Others – 14 – various categories of people beneficial to the villages

Faculties

The main faculties were Prof S. Rathish and Prof M.G. Cyriac. Those faculties were selected due to their long exposure in the field and the details are furnished below

Prof S Rathish

Former experiences are as follows

- 1)Chief Engineer, Kerala Water Authority
- 2) Director communication and capacity development WRD, Kerala state
- 3) HOD civil Jyothi Engineering College
- 4)Director operations, Kerala Rural Water Supply and Sanitation Agency

5) Team leader Kerala Solid Waste Management Project

M.G. Cyriac

Former experiences are as follows

- 1)Executive Engineer, Kerala Water Authority
- 2) Director communication and capacity development WRD, Kerala state
- 3) Associate Professor civil Jyothi Engineering College
- 4)Manager Environmnet, Kerala Rural Water Supply and Sanitation Agency
- 5) Environmental Safeguard expert Kerala Solid Waste Management Project
- 6)Founder and Co-ordinator of Centre for Water Research Education, Jyothi Engineering College



Participants in the programme



View of the audience



Prof Rathish delivering his speech

Vote of thanks proposed by Mrs Anna Joseph, Coordinator of the programme

7.0 Subject coverage and materials provided

The subject coverage was oriented in such a way that the final outcome is beneficial for the controlling of domestic pollution. We have also focussed on the Environmental planning of house and the surroundings. Various water treatment methodologies were discussed and introduced. Due to our continued effort in the field various typical water quality issues were identified are discussed. we have also focused on the environmental planning of house and the surrounding by considering the effect of air, sunlight, water, bacteria, earthworms, trees soil character etc on the wellbeing of the residents in the house etc were discussed. the prominent water quality issues which we discussed is listed below

Water quality issues in Kerala State and remedial measures

The important water quality issues affecting traditional water sources of Kerala are listed below

- 1)Presence of Bacteria (indicator organism coliform)
- 2)Variation in pH value a) Low pH and high pH
- 3)Excess Iron
- 4) Excess Turbidity
- 5)Excess Fluoride
- 6) Excess chloride

7)Pollution due to organic matter

8)Excess hardness

10)Growth of Algae

Apart from the above of domestic sanitation has also been included so that the participants can become aware on the subject

6.0 Feedback

Feedback was taken from all the participants in the prescribed format given in appendix D. generally, the participants expressed happiness and satisfaction on the outcome of the workshop. Verbal feedback was also given many including Dr Anitha Jacob, Sri Mahesh of FOB, Vinod Health inspector, Kunnamkulam and health inspector Wadakkanchery and all of them appreciated the program Interactions are also continuing with good result and feed back

7.0 Follow up action

Effective follow up action is proposed in the programme for continued engagement of water quality and sanitation related issues in the adopted area. Following are the

- A WhatsApp group of all the participants for interaction and implementation of the remedial measures. Co-ordnator CWRE of Jyothi Engineering College will give weekly messages through this WhatsApp group on water and sanitation related subjects which will be of use to the concerned and will be beneficial to the village people. It was started already and the messages on various dates are appended as appendix E
- 2) Telephonic conversation with the participants or general public depending upon the need
- 3) Online classes with the concerned-on water quality and remedies
- 4) Any other beneficial programmes that crop up in future

8.0 Financial aspects of the Programme

Total expenditure for the programme comes to about Rs20872(Rs twenty thousand eight hundred and seventy-two)

9.0 Conclusion

The programme was effectively arranged and conceived. We have also arranged future plans to intensify the campaign on water quality and sanitation. The main target group of the programme was Health inspectors and junior health inspectors of health department to whom the people generally approach for such type of assistance. So, we have charted out programmes for benefitting the general public of the area

Brochure for the Programme



Programme Schedule

Programme Schedule

എകദിന ശില് പശാല

ഗാർഹിക മലിനീകരണവും നിയന്ത്രണമാർഗ്ഗങ്ങളും

9.00 am	: Registration
9.30 am	: Inauguration
Welcome	: Dr. Vincy Verghese, HOD Civil Engineering
Presidential Address	: Ms. Nirmala Devi, Vice President, Vallathol Nagar Panchayath
Inaugural Address	: Ms. V. Thankamma, President Panjal Panchayth
Felicitation	: Fr. Dr. Jose Kannampuzha, Academic Director, JEC
Vote of thanks	: Ms. Anna Joseph, Asst. Professor Civil Engineering
10.00am-11.30 am	: Session by Prof. S. Rathish on,
	"Water Quality Issues and Remedial Measures"
11.30am-11.45am	: Tea Break
11.45am – 1.00pm	: Session by Prof. M.G. Cyriac on,
1	: Session by Prof. M.G. Cyriac on, Inning of House and Surrounding"
1	
"Environmental Pla	nning of House and Surrounding"

: Interaction among participants and students

List of participants

2.15-4.00pm

ഏകദിന ശില്പശാല "ഗാർഹിക മലിനീകരണവും നിയന്ത്രണമാർഗ്ഗങ്ങളും "

Attendance sheet 22/08/2023

Sl. No.	Name	Designation	Mobile number	email id	Signature
1	Jiney K. K	7 HI GA]]	9400512055	Jinay kakkesseny 1995@gnall. Com	ding .
2	Drrishyg - C	JHI ONI	8075417027	dsishyanasayonan 555 @ gmail.com	Dodyti:
3	Arjun Vasu.vc	ΣHI gr∏	9567422302	Vca+junvasu(6)gm eil- Com	E.
4-	Megho · M	JHI gr <u>II</u>	8129360490	meghaarun m.ª 4 @gmail.com	Langle
5	SHAHINA P.H	JHI 91 <u>U</u>	6238506974	Jhishahinganeesh@gmail.com	2m
67	Chuyu Ray.	JHL GNI	8086852627	reychingraj @ gmailion	Chyy

SI. No.	Name	Designation	Mobile number	email id	Signature
7	LEENESH.V	AHI GAY]	9947909301	leeneshuyayan Ogmail.cu	Hos!
8	P. Nirmak Devi	Vics Prasident Valition	9947 759 7-76		Numich
9	13 EENTO.V	JHI WI	7994113262		Beend
10	Pawith ran . N. U	JHI WI	984685689		P
11	Nihala. 77	UH2 40F	7909182126		Nil
12	Anugha.s.B	JHI Gradeli	9207776074		Anaghs
13	Antony Thomas	JH G. T	9867038044		

SI. No.	Name	Designation	Mobile number	email id	Signature
14	ANEESIIA- 7	JHI GRŪ	9447748245	anushe Krn@ g.m.ril . Con.	Hude
15	Santhimols	ਗ਼ਸ਼ CarⅡ	8086231004	Santhi sasidharan 103 g meel com	Buch
16	Raghu Rows. A.M	Friends of Bhahathabuzha	9447135737	naghunamakunpilly Øgmail.tom	Ame
17	Mohaman . to	19	9447232098	mahan kindukattilo (J mend. con	Game
18	Anitha Jacob	Lecturer _ Curil CrPC Cheldehass	9447092923	newanithajacob Qgnail. com	churchy
19	Manjush. K-M	Ji- Hailth Inspector Gr - 1. Nordeltrite	9947706545	PHC Mundationicode. Manyushdeva @ gnail Gog	N
20	Shilps Prekoch	JA. HI GTON FHC Elound	9497070973	shipppekerkps 1@qmi	Alt

SI. No.	Name	Designation	Mobile number	email id	Signature
21	BABU. P.G	Tr. Health Inspect	9495503513	bebnpomala Ogmail. Cm	Bird
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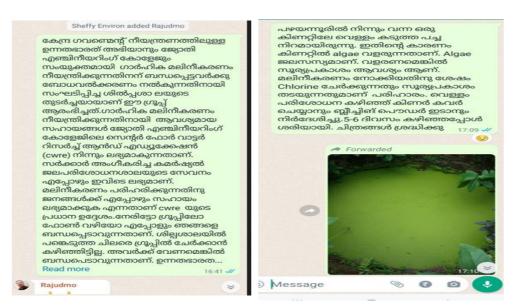
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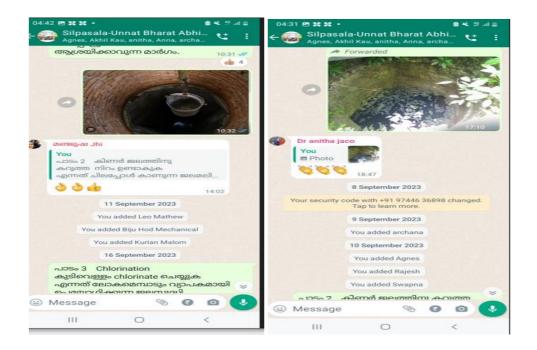
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Follow up action

WhatsApp group -weekly messages to the participants

Group was formed with the participants who are interested and willing with group name **Silpasala -Unnat Bharath Abhiyan and Jyothi Engineering College**. The sole purpose of this group is to communicate water quality and sanitation related subjects to the group members so that they can communicate the same to the villagers. Few of such messages are given below for reference Details from WhatsApp message to the participants on water quality and sanitation.





Newspaper Reports

(00)

പ്പു. ജ്യോതി എന്ജിനീയറിങ് കോളേജ് സിവിൽ വിഭാഗത്തിന്റെ

നതൃത്തതിലാണ് ശില്പശാല സംഘടിപ്പിച്ചത്.



Deepika Daily 23 .8.2023



ജ്യോതി എൻജിനീയറിൽ കോളേജിൽ നടന്ന ഏകദിന ശില്പശാല

Catholica Sabha published monthly – for the month of September 2023



Inspecting a water source in cheruthuthry village and giving guidance to people on conservation of water sources

Editorial page articles in Deepika daily on various aspects related to pollution control





Don Bosco College, Mannuthy

D-DAD (DIGITAL DE-ADDICTION CENTRE) AGENCY VISIT REPORT

Program Type – Agency visit & Interactive program

Date of visit - 12/10/2023

Time Taken – 9:30 Am – 1Pm

No of UBA volunteers Participated -14

UBA Don Bosco college, Mannuthy organised an agency visit and interactive session at D-DAD (Digital De-Addiction Centre), initiative of social Policing Divison of Kerala Police. D-DAD is envisioned as dedicated centre equipped with cutting edge services to ensure psychological interventions to support children facing various behavioural and emotional issues resulting from unhealthy internet use. It has 6 centres in Kerala which was established on the basis of the no of addiction cases reported. Centres in Kerala includes Kochi, Kozhikode, Kollam ,Kannur, Thrissur ,Thiruvananthapuram . During the visit students were given orientation by D-DAD coordinator Ms Maya Manoharan, she introduced their activities and their organisational structure apart from that she also gave them a live demonstration on various acts such as importance of voice modulation, observing a client, way of building rapport. Disscussed about various cases they came across. As a UBA volunteer this session was useful as they got an insight about the negatives of addiction prevailing in societies. This would help them in identifying and dealing with such cases if they come across . The class was winded up with the interative session.



WORLD MENTAL HEALTH DAY-CELEBRATION

UBA as key devote to World Mental Health Day organized an awareness program to address the importance of mental health. The program was conducted on 10th October 2023. An introduction about the world mental health day. The awareness program was included with a flash mob, mime and a chart work prepared by the psychology students. The program was witnessed by the whole college including Principal, Vice Principal and other dignitaries of the college. The program went successful which also attracted diverse range of audience.



SUICIDE PREVENTION SEMINAR

UBA Don Bosco College, Mannuthy observed suicidal prevention day by organising a session on 27th sept,2023 on the topic suicide prevention, the session was inaugrated by Dr. Girish enon, consultant psychiatrist and asst professor key resource person of the session. The session was taken well with theory as well as the case studies, the session ended with question -answer round. Students participated well and raised their queries which was explained in detail. The session was fruitful, positing feedbacks and comments that was extremely overwhelming.



RURAL CAMP



UBA camp for the year 2023 was held at Govt. LP school Peechi about 12 km from Mannuthy. The camp lasted seven days with a participation of 49 volunteers. The Activities were held mainly in the village, Thamaravilachal, Pananchary Panchayat an Sc/St Colony. The activities involved were cleaning the colonies, data collection and onam celebration.

WORLD ENVIRONMENT DAY CELEBRATION

UBA as a part of observing World Environment Day visited 3 Migrant camp in Thiroor, Kolazhy Panchayat, covering 200 Interstate Migrant Workers, Saplings were distributed and also an awareness was taken on the importance of planting more trees and keeping our nature clean and having proper waste disposal



Carmel College (Autonomous), Mala

Report on ElderFit Wellness Programme

The ElderFit Wellness Program, jointly organized by NSS Units (2,89) with Department of Zoology, Carmel College (Autonomous), Mala brought together enthusiastic NSS volunteers, expertise of the Department of Zoology under the leadership of dedicated healthcare professional Sr. Annie Jose, Nurse, Carmel Palliative to create a holistic health initiative tailored for our senior citizens of Aged Home Puliyalakkunnu. ElderFit Wellness Program held on October 20, 2023, at St. Joseph's Aged Home. The event aimed to enhance the well-being of our elderly community members by providing essential health services, including weight checks, blood pressure checks, blood sugar checks, and blood group detection.

Program Outcome:

The ElderFit Wellness Program witnessed active participation from residents, staff, and volunteers alike. Through the event, we achieved the following outcomes:

Increased Health Awareness: Residents gained valuable knowledge about their health status, fostering a proactive approach to their well-being.

Enhanced Empathy and Compassion: Volunteers developed a deeper understanding of the challenges faced by the elderly, fostering empathy and compassion for their needs and concerns.

Improved Communication Skills: Engaging with residents honed volunteers' communication skills, enabling them to effectively interact with individuals from diverse backgrounds and age groups.

Sense of Fulfillment: By actively contributing to the well-being of others, volunteers experienced a profound sense of fulfillment, reinforcing the value of altruism and social responsibility.



Program Outcome Report: Extension Activities at Annamanada Grama Panchayath by NSS Units (2, 89)

Dates: August 10, 11, and 25, 2023 Location: Annamanada Grama Panchayath

Over the course of three days, a total of 125 enthusiastic NSS volunteers actively participated in the extension activities in collaboration with Annamanada Grama Panchayath on August 10, 11, and 25, 2023. The event aimed to promote environmental sustainability and community engagement through the installation of the "Harithamithra App," a smart waste management solution developed by Suchitwa Mission, in households across the panchayath. The primary objective was to raise awareness about efficient garbage collection and instil a sense of responsibility among residents towards waste management.

Activities and Achievements:

Installation of Harithamithra App: NSS volunteers visited households in Annamanada Grama Panchayath, providing informative sessions on the importance of waste management and assisting residents in installing the Harithamithra App.

QR Code Implementation: Volunteers affixed QR codes on each house, enabling seamless communication between residents and waste management authorities.

Community Coverage: The dedicated efforts of our volunteers led to the successful coverage of nearly 1000 houses within the panchayath, creating a substantial impact on waste management practices at the grassroots level.

Program Outcomes:

Technological Empowerment: Residents gained technological proficiency by using the Harithamithra App, enhancing their ability to actively participate in waste management efforts.

Increased Environmental Awareness: The program significantly raised awareness about sustainable waste management practices, promoting a cleaner and greener environment.

Community Collaboration: By involving residents directly in the waste management process, the program strengthened community bonds and instilled a sense of shared responsibility.

Leadership Development: Volunteers honed their leadership skills by organizing and participating in community outreach activities, fostering a spirit of responsibility and accountability.

Social Responsibility: NSS volunteers demonstrated a strong sense of social responsibility, contributing to the betterment of society and inspiring positive change in the community.

Skill Enhancement: Volunteers developed communication, teamwork, and organizational skills, valuable assets that will serve them well in their future endeavours.

In conclusion, the extension activities at Annamanada Grama Panchayath served as a testament to the positive change that can be achieved through collective efforts and community engagement. We remain committed to organizing similar initiatives in the future, furthering our mission of creating sustainable, eco-friendly communities.



ANGANWADI VISIT REPORT



An Anganwadi visit Programme organized by Department of Sociology as a part of extension programme. It is an exposure to students for an interactive session with children and teachers. It helped the students to know about the functioning of Anganwadi and the importance of Anganwadi's in our society. A team of six students and two teachers visited nearby Kavanadu Anganwadi on August 21, Monday as a part of extension programme. The students spent the quality of the time with children and they entertained them with group song and dance. An interaction with teachers gives the opportunity to understand functioning and development of Anganwadi.

Outcome:

- 1. It helped to develop the interaction skills of students
- 2. It gave an insight in to functioning and Anganwadi
- 3. It helped students to know about the importance of Anganwadi



NIT Calicut

Moon day celebration in 2023:

The Lunar Day celebration program organized at Chenoth Govt. School by exploring the wonders of the sky and unveiling the history of lunar missions. The sessions which demonstrated the basics of solar systems, space science, rockets, etc., became interesting and curious for the students. They blessed the Lunar Parliament by raising many questions about space and celestial bodies. The sessions were handled by research scholars from solar physics and climate physics, NIT Calicut.





7/31/23, 11:46 PM



എന്റെ മുക്കംന്യൂസ് Group chat invite

എന്റെ മുക്കം ന്യൂസ്

21-07-2023 വെള്ളി

അമ്പിളി മാമനെ തൊട്ടറിഞ്ഞ് ചേനോത്ത് ഗവ: സ്കൂളിൽ ചാന്ദ്ര പാർലമെന്റ്

കട്ടാങ്ങൽ:വാനവിസൂയങ്ങളുടെ ചെപ്പഴിച്ചും ചാന്ദ്രദൗതൃങ്ങളുടെ ചരിത്രം അനാവരണം ചെയ്യും എൻ.ഐ.ടി ചേനോത്ത് ഗവ: സ്കൂളിൽ സംഘടിപ്പിച്ച ചാന്ദ്രദിനാഘോഷ പരിപാടികൾ വിദ്യാർത്ഥികൾക്ക് കൗതുകവും ജിജ്ഞാസ ദായകവുമായി. വാനലോകത്തെക്കുറിച്ച് ഒത്തിരി ചോദ്യങ്ങൾ ഉയർത്തി അവർ ചാന്ദ്ര പാർലമെന്റ് ധന്യമാക്കി. എൻ.ഐ.ടി സോളാർ ഫിസിക്സ് റിസർച്ച് സ്കോളർ പി. ബിഥോവ് , ക്ലൈമാറ്റ് ഫിസിക്ല് റിസർച്ച് സ്കോളർ സിദ്ദ അരീക്കോട് എന്നിവർ വിദ്യാർത്ഥികളുമായ സംവദിച്ചു. രക്ഷിതാക്കളും ദിനാഘോഷത്തിൽ പങ്കാളികളായി. ഹെഡ് മാസ്റ്റർ ശുക്കൂർ കോണിക്കൽ ഉദ്ഘാടനം ചെയ്യു.

പി. സത്യാനന്ദൻ ,സീനിയർ അസിസ്റ്റന്റ് പ്രീത പി പീറ്റർ , പി.ടി.എ വൈസ് പ്രസിഡണ്ട് എം. ഷൈബ്, അധ്യാപകരായ സി.കെ. മുഹമ്മദ് മജാസ് , ദിൽഷ രവീന്ദ്രൻ , ധനില, റിൻഷിന പുള്ളാവൂർ, അനാമിക, സ്കൂൾ ലീഡർ ആരോൺ ആന്റണി, പി.കെ. ആദിദേവ് , പി.എം. ആദിഷ് , നിവിൻ പ്രസംഗിച്ചു.

As a result of support from UBA cell NIT Calicut in terms of the interventions that helped to improve the academic excellence the school has been awarded the **BEST INNOVATIVE SCHOOL AWARD**



Plan of actions for 2024

Village	School	Proposed project
Kodencheri	Govt. Up school, Chembukadavu,	Developing digital class
	Kodenchri, Kozhikode	room and library

About the project: Kodencheri panchayath is one of the five pachayaths identified by the UBA cell NIT Calicut.The Chembukadavu UP school is the only government UP school in the Kodencheri panchayath. This school has a large portion of the students belonging to scheduled tribe category. Though the school has adequate class rooms and other infrastructure facilities, the

lack of a smart class room integrating the modern digital devices and learning platforms has been a major concern affecting the holistic development of the students. Similarly, the school has around 3000 books, but there is no means for organizing, searching, and retrieving the content contained in the collection. In this background we propose to convert one class room as a smart class room with facilities for digital library as well hoping to minimize the present digital divide experienced by the students. Chembukadave (P.O.), Kodenchery (Via), Calicut - 673 580

Date: 8.11.2023

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SURESH THOMAS HEADMASTER G.U.P. School Chembukadavu Kozhikode - 673 580

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Bishop Kurialacherry College for women, Amalagiri, Kottaym

Since its very inception, Our College, the Bishop Kurialacherry College for women, Amalagiri has given prior importance to inculcating social values in our students. The College promotes regular engagement of students and faculty members with the nearby villages and the neighborhood community under the Unnath Bharath Abhiyan (UBA). As instilled in the motto of the College, 'Accendere Lumen'- to kindle the light, the College continues to remove the darkness of the minds from the rural communities specially. Following the vision and guidelines of the UBA, Bishop Kurialacherry College for Women, had adopted 5 villages, where various our students and faculty have conducted a number of outreach programmes, skill development classes, awareness class, life skill orientation and sensitization programs all of which has certainly helped in the up-liftment of the rural neighbourhood communities. The activities initiated under the UBA for the year 2022- 2023 are,

Successful Anti - Drug Awareness Program at Onamthuruth Panchyath

As part of the UBA (Unnat Bharat Abhiyan) guidelines, aligning with socially committed ventures, the Department of Commerce at B.K College took a proactive step by organizing an impactful awareness program for the residents of Onamthuruth Panchayat. The event, held on July 9th, 2023, included a special session during the ward committee meeting at the panchayat office. Despite age differences, ward members actively participated in the program, focusing on increasing awareness about the various issues related to drug use and abuse. Mr. V.K Pradeep, the president of Onamthuruth Panchayat, initiated the session with an introductory note, while Mr. M. Murali, a dedicated ward member, presided over the event. Recognizing the crucial role of youth in shaping initiatives for drug abuse prevention, the students of the Commerce Department at B.K College contributed significantly to the session. They presented an insightful note on the Anti-drug campaign and even organized a spirited flash mob, highlighting the importance of the cause. The session emphasized that while the risks of drug abuse are well-known, individuals continue to make choices that can have devastating consequences for both themselves and their communities. Teachers and students from the Department of Commerce actively participated in the program, engaging with the participants.

The positive response from the attendees was evident, with many expressing gratitude for the initiative. The participants actively responded to the information presented, and the session generated a robust discussion on the issue. The program concluded with requests for similar initiatives to be conducted at other venues, showcasing its success in achieving its primary goal – making the public aware of drugs and their adverse effects. In summary, the anti-drug awareness program at Onamthuruth Panchayat, driven by the Department of Commerce, B.K College, received widespread acclaim from the audience, solidifying its impact on community education and engagement.



Enriching Educational Outreach: UBA cells extend support to SMV NSS Higher Secondary School

On August 4th, 2023, the UBA cells from the Chemistry and Botany Departments of B.K. College orchestrated a meaningful visit to SMV NSS Higher Secondary School in Kallara. The event aimed to foster educational engagement and inspire the students for their future endeavors. Mrs. Seema, the Head Mistress of the school, extended a warm welcome to the visiting delegation and provided insightful introductory remarks about the school's operations. Dr. Lincy Sara Varghese, representing B.K. College, conducted an engaging interactive session on Current Affairs, seamlessly transitioning into a spirited General Knowledge Quiz. The winners were duly recognized, and prizes were distributed, adding an element of healthy competition to the educational interaction. Following this, Dr. Asha S. Mathew, an Assistant Professor in the Department of Chemistry, delivered a motivational class titled 'Tips for Success: Learn from the Stories of Mrs. Sudha Murthy' tailored for the Upper Primary students. Dr. Mathew emphasized the crucial role of morals, values, ethics, and character in shaping a student's life. She further discussed the significance of education in achieving success, explored prospects for higher education, and provided guidance on courses available after completing their school education.

To infuse an entertaining and cultural dimension into the program, First Year degree students from the Botany and Chemistry Departments showcased a variety of performances, creating a vibrant atmosphere for the school students. The event reached its conclusion with Sr. Aji Joseph, Head of the Department of Chemistry, delivering heartfelt concluding remarks and extending a vote of thanks to all participants. Approximately 150 students from classes 5, 6, and 7 actively participated in the program, symbolizing the success of the collaborative educational initiative between B.K. College and SMV NSS Higher Secondary School.



Fostering Holistic Rural Development: UBA initiative by BK college's Economics and Geology Departments

In a collaborative effort to contribute to holistic rural development, the Departments of Economics and Geology at Bishop Kurilacherry College, Amalagiri, have joined hands as part of the UBA initiative. Their collective efforts have been dedicated to the betterment of the designated village, Kothanaloor. On October 11th, three dedicated undergraduate students from the Department of Economics volunteered their time and creativity to paint the walls of the Anganwadi with vibrant cartoon characters and caricatures. This artistic endeavor aimed to bring joy to the young minds of the village, creating a visually appealing environment for the tiny tots. The social commitment initiative undertaken by the students received widespread appreciation from both the Panchayat members and the general public. The colorful transformation of the Anganwadi walls not only beautified the space but also marked the beginning of a series of community service programs geared towards the holistic rural development of the Manjoor Panchayath. This joint initiative reflects the commitment of BK College for Women to make a positive impact on the communities they serve, exemplifying the spirit of social responsibility and collective efforts towards comprehensive rural development.



Empowering Women Through Self - Defense: UBA Initiative by BK College's English And Mathematics Departments

Lock and Throw: Learn to Defend in a Kung Fu Style

In alignment with the UBA guidelines and a commitment to social responsibility, the Departments of English and Mathematics at BK College took an innovative step by organizing a self-defense class for women representatives from Aymanam Panchayath. Master Sr. Juby Elza, a dedicated first-year student pursuing graduation in the Department of English, showcased her proficiency by attaining a Black Belt grade in self-defense. Her expertise was put to use as she demonstrated various effective defense techniques designed to empower women in challenging situations.

The self-defense class aimed to equip participants with practical skills and knowledge to enhance their personal safety. The active engagement and response from the women representatives highlighted the relevance and importance of such initiatives in fostering a sense of empowerment and security within the community. This collaborative effort between the English and Mathematics Departments underscores BK College's commitment to not only academic excellence but also the holistic development and well-being of individuals within the communities they serve. The self-defense class stands as a testament to the college's dedication to nurturing skills that go beyond the classroom, contributing to the empowerment of women in Aymanam Panchayath. Thus adhering to the vision and mission of the UBA, Our College continues to imbibe social responsibility in our students and faculty to ensure inclusive development of the whole community. Looking forward to participate in more of such fruitful endeavours under the Unnath Bharath Abhiyan



Sanjo College of Management and Advanced Studies, Rajakkad

Number of villages reached: 5

Name of the villages where the rural development activities carried out: Vellathooval, Pallivasal, Bisonvally. Kanthipara and Rajakkad

Unnat Bharath Abhiyan, an innovative concept of involving Higher Education Institutions in rural development, is a distinct and appreciable programme that is running successfully in many parts of our country. Sanjo College (SCMAS), Rajakkad, had adopted about five villagesto promote the development of these areas through various strategies. The adopted villages include Pallivasal, Bisonvalley, Vellathooval, Mankulum, and Kathipara.

FLASH MOB

On behalf of Sanjo College of Management and Advanced Studies, the students of various departments conducted a flash mob regarding gender equality. The flash mob was conducted in Munnar. Students were able to uphold the importance of women in our society. The students were successful in disseminating the general idea about women empowerment and equality to a large number of audiences in that locality. Thus, the flash mob conducted by the students of Sanjo College was effective.

RALLY

On behalf of UBA, the students of Sanjo College of Management and Advanced Studies, Rajakkad, organized a rally with respect to women's empowerment and equality. The rally kicked off from Munnar old bus stand and came to an end at VSSS. The rally was flagged off by the superintendent of police, Munnar. Most of the students carried placards showing various aspects of gender inequality in our society, domestic violence, and so on. The rally was able to express the current situation of women in our society

NEED ASSESSMENT SURVEY

On behalf of UBA, need assessment survey was conducted in three different Grama panchayat by students of Sanjo College. The main objective of the survey was to identify the immediate needs of the people living in those areas. The main method used was simple random sampling to collect the needed information. The need assessment questionnaire was used to collect the data. For the purpose of the survey, the students were divided into different groups so that they could cover a large area.

DRUG AWARENESS CLASS

Drug addiction is a common curse faced by teenagers these days. Excessive use of drugs such as alcohol or illegal drugs can lead to physical, social, or emotional harm. Peer pressure, physical and sexual abuse, etc. may lead to early exposure to drugs. As part of UBA initiatives, the students of SCMAS organized a drug awareness programme at Mar Basil VHSS Senapathi on February 20, 2022. Mr. Antony James (health inspector, PHC) and Seidh Muhammed (SI, Udumbanchola police station) had taken the classes regarding the Physical, Mental and Legal consequences of drug addiction. The majority of participants were teenagers. It was very effective, and they enthusiastically participated.

CANCER DETECTION CAMP

As part of the UBA activities, a medical camp was organized for local people, which included cancer detection, BP/diabetic check-ups, diet counselling, HPU counselling, etc. The programme was organized in collaboration with KARKINOS, an NGO working in the field of cancer.

DRUG AWARENESS CAMPAIGN

UBA had organized an awareness campaign on drug abuse and alcohol usage, especially among youth in Rajakkad, which included a rally, theme dance, street play, different talks on the topic, etc. The rally, which began at GVHSS Rajakkad, ended at the central junction of Rajakkad after encompassing the city. Students had performed a street play that portrays the evil impact of drugs in society, especially among youngsters, followed by an awareness talk by Mr. Titto Cheriyan (Excise Officer Udumbanchola) and Mr. Anish Kumar (NSS coordinator, Sanjo College).

BASELINE HOUSEHOLD SURVEY

Panchayats: Nedumkandam, Senapati, Baisonvalley, Pallivasal and Vellathooval.

In the month of April 2023, the Department of Social Work, in collaboration with UBA, conducted a baseline household survey in the five panchayats mentioned above. A baseline survey was conducted in various areas as per the Unnat Bharat Abhiyan (UBA) survey form.

First, basic information such as a resident's profile, including name and contact number, general household information, category, poverty line status, infrastructure, and family member information was collected. One of the main objectives of this survey was to find out, through the survey, information about seventeen important policies available to rural people and whether these villagers are beneficiaries of these policies. In addition, the survey inquired about education and literacy rates, number of male and female individuals across different education levels, whether they were part of any self-help groups, held a job card, and were beneficiaries of a social security pension. Apart from these, the survey also sought information on their land holdings, such as agricultural lands, barren areas, and irrigated areas. Furthermore, through this survey, information on infrastructure facilities, including water, energy sources, electricity, and cooking gas, available in the villages was collected.

AWARENESS ON DEFORESTATION AND ENERGY CONSERVATION

Deforestation has also become a major hazard in rural areas. As part of the UBA activities, the students are encouraged to spread awareness in adopted villages. As part of the same, students visited Rajakkad, Kunjithanny, Pottankad, and Senapathy regions, especially the schools in such villages, and disseminated awareness on nature conservation. They also planted saplings at those schools. At Ellackal, as part of the UBA activities, social work students organized awareness sessions on drug abuse and addictions among youth in collaboration with Kudumbashree. In Bisonvally region, students organized an awareness session on energy conservation as part of the UBA activities. The programme was conducted in collaboration with the anganwadis ofthat panchayath.

AWARENESS ON SCREEN ADDICTION AND STRESS MANAGEMENT

As part of the UBA initiatives of Sanjo College of Management and Advanced Studies, Rajakkad an awareness session on screen addiction and stress management in the name "Good Usage, Better Future" were conducted at St. Martin De Pores Church, Adimaly on 21st October 2023. The programme was organized in collaboration with Vijayapuram Social Service Society (VSSS). The session which began by welcome address by Mrs Ancy Antony, Animator of VSSS was followed by inauguration and awareness session. The activity orientedsession was highly productive. The session was fruitful for the target audience to understand and comprehend the subject.

MEDICAL CAMP

As part of the UBA activities of Sanjo College of Management and Advanced Studies, Rajakkad free medical camp were conducted at St. George U.P. School, Vazhathope on 17th September 2023. The programme was conducted in collaboration with High range Development Society (HDS) and Cherupushppam Mission league and Mar Sleeva Medicity's,Palai. The camp was begun by 9:30 am and extends up to 1:00 pm. A multidisciplinary team from the Mar Sleeva Medicity including physician, cardiologist had carried out a brieforientation on various health issues. Free physical examination like blood sugar tests, blood pressure tests and ECG tests was conducted. The hospital was also ready to given further diagnosis at 10% discount.

ASSUMPTION COLLEGE AUTONOMOUS, CHANGANSSERY

To involve in the development process of rural areas in the country to achieve sustainable development and better quality of life, Assumption College Autonomous, Changanassery, Kottayam, Kerala as participating Institute has initiated steps to adopt villages under UBA program. On 24th November 2022, an application for participating Institute along with the relevant documents were sent to Unnat Bharat Abhiyan (UBA). The five villages in the districts of Kottayam and Alappuzha were proposed to adopt are:

- 1. Kumarankary
- 2. Mampuzhakary
- 3. Paittupakka
- 4. Vettithuruthu
- 5. Eara

On 11th January 2023, we received an acknowledgement from UBA stating the release of seed money along with further guidelines in the first week of March 2023. A UBA committee was formulated in the college to do the activities under UBA and to conduct village survey and house hold survey to understand the livelihood of the local people in the adopted villages. On 16th March 2023, our Institution has received the seed money of 50,000/- (10,000/- per village). As part of the survey initiative, several meetings have been conducted at our Institution since March 2023. Preceding the survey, dedicated committee members visited all adopted villages, engaged in discussions with panchayat secretaries and scheduled survey days for each panchayat. The village engagement involved educational sessions, recreational events, interactive programs, exhibitions, and demonstrations. The focal points encompass health and fitness, waste management, energy conservation, organic farming, and financial literacy.

Initially, a meeting of the officials of Neelamperoor, Ramankari and Vazhappally West grama panchayath was organised on 24th May 2023 in the Institution. Subsequently, the team members of UBA committee met officials and councilors of each panchayath to ensure their assistance. Subsequently, the students of our Institution were allocated to each village panchayat for the survey. The survey was carried out using a random sample from the population. The pilot survey of 220 houses was carried out on 21st July 2023 in Eara by students of MSW program. An orientation class to the second year NSS volunteers was conducted on 20th August 2023 and baseline household survey of 85 houses in Eara was completed on 27th August 2023. Then, the orientation class to the second year and third year students was conducted on 14th September 2023. The survey in Vettithuruth and Paittupakka was successfully completed on 20th September 2023 by the second-year students. The next phase involves consolidating the collected data and

conducting a rural participatory appraisal, scheduled for December. A comprehensive final report, encompassing fund utilization, will be submitted in January 2024. However, due to the inclement weather conditions in our area, we have encountered significant delays that have made it impossible for us to meet the original deadline for the completion of survey and submission of Utilization Certificate. We have sent an extension request of 90 days for the submission of Utilization Certificate on 4th October 2023.

ST. PETERSCOLLEGE, KOLENCHERYC-11840

Name of villages where rural development activities was carried out:

- 1) Poothrikka
- 2) Ramamangalam
- 3) Aikkaranadu
- 4) Mazhuvanoor
- 5) Kunnathunadu

BLOOD DONATION

YouTube channel or social media account's link: petronian you tube channellink: UCn37kTJxuUd2Fincr2zvAcA

Outreach activity link:

- 1) https://youtu.be/EPXcO9Wh1v8
- 2) https://instagram.com/blooddonation_spcklcy?utm_medium=copy_link
- 3) https://seenewskerala.com/archives/3709

The UBA (Unnat Bharat Abhiyan) of St. Peter's College conducted a variety of programs on the campus and in the adopted villages based on the 'Need Assessment Reports' of 2022. UBA prioritized raising awareness about its activities in the villages. The UBA Coordinator, Dr. Gracy K.S, along with the village in charge, Panchayath president, and members, discussed the different challenges faced in the villages. Subsequently, an action plan was prepared by UBA for the village. The UBA committee recommended encouraging innovation in various fields. The Panchayath emphasized the importance of instilling motivation for new startups and the adoption of new technology in the village.

June-5-Environment Day Observation

Environment Day was observed in the college through the creation of a kitchen garden on the campus. Students actively participated by planting various vegetables in plastic covers. The initiative aimed not only to celebrate Environment Day but also to promote sustainable practices and educate students about the importance of growing their own food. The use of plastic covers for planting serves a dual purpose by recycling materials for a practical and eco-friendly gardening approach. Additionally, workshops and informational sessions were organized to impart knowledge on sustainable gardening techniques and the significance of cultivating a green environment. This event reflects the college's commitment to environmental awareness and sustainable living.



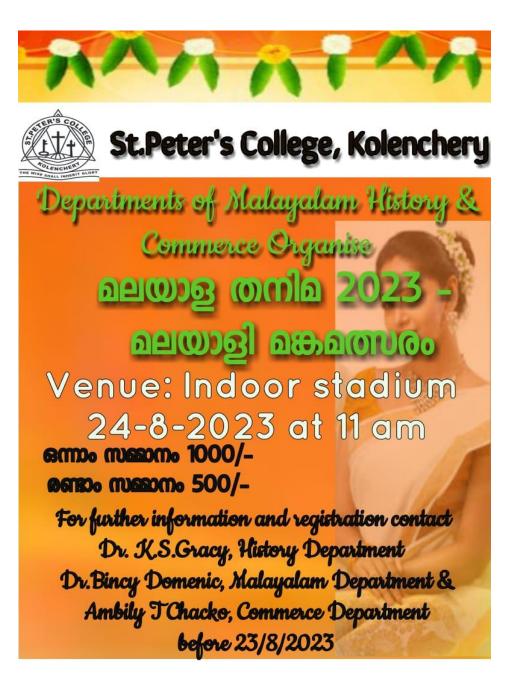


Blood Donation Camp -June 13





Blood donation stands as a highly successful and commendable activity on our campus. Students willingly and voluntarily participate in blood donation drives, contributing to adjacent hospitals, with a particular focus on MOSC Medical Mission in Kolenchery. This altruistic initiative not only reflects the spirit of compassion among the student community but also plays a vital role in supporting healthcare services. The collaboration with MOSC Medical Mission strengthens the impact of the blood donation efforts, contributing to a larger network of healthcare facilities. To enhance the impact and awareness of blood donation, the campus regularly organizes awareness campaigns and workshops. These initiatives aim to educate students about the importance of donating blood, dispel myths surrounding the process, and highlight the significant role it plays in saving lives. The active participation of students in these campaigns further strengthens the culture of blood donation on campus. Moreover, the campus actively collaborates with local blood banks and healthcare organizations to organize regular blood donation camps, ensuring a sustained and meaningful contribution to the community's well-being. The success of these activities not only underscores the campus's commitment to social responsibility but also fosters a sense of unity and empathy among the student body.







St.Peter's College, Kolenchery

ലെയാള തനിമ 2023 RULES & REGULATIONS



To preserve and celebrate Kerala's rich traditions, a vibrant competition featuring girls in traditional attire was organized during the college's Onam celebrations. The event witnessed enthusiastic participation from numerous girls, each proudly showcasing the cultural heritage of Kerala through their traditional dresses. The competition aimed not only to provide a platform for students to express their cultural identity but also to foster a sense of pride and appreciation for Kerala's diverse traditions. The colorful array of traditional attire brought a festive atmosphere to the campus, enhancing the overall spirit of the Onam celebrations. In addition to the cultural display, the competition served as a means to encourage creativity and innovation in incorporating traditional elements into contemporary fashion. This fusion of tradition and modernity showcased

the dynamic and evolving nature of Kerala's cultural heritage. To recognize the participants' efforts and promote healthy competition, cash prizes were awarded. The first prize, a commendable Rs. 1000, was presented to the winner, while the second prize of Rs. 500 acknowledged the outstanding contributions of the runner-up. Such incentives not only add excitement to the competition but also encourage continued engagement with and celebration of Kerala's rich cultural traditions

Salkara café

Salkara Café, a novel initiative within the campus, was established to empower students with the opportunity to earn while they learn. The inauguration ceremony, held on September 21, 2023, was graced by the presence of the College Principal, Dr. Shaju Varghese, who officially launched Salkara Café by cutting a ceremonial cake. This student-centric venture not only provides a platform for practical learning in the hospitality and business sectors but also fosters a sense of entrepreneurship among the student community. The café serves as a dynamic space where students can apply their academic knowledge in a real-world setting, gaining invaluable hands-on experience in various aspects of café management, customer service, and culinary skills. Salkara Café aims to create a supportive environment for student employees, offering flexible work hours that complement their academic schedules. By participating in this initiative, students not only enhance their financial independence but also develop essential life skills such as teamwork, communication, and problem-solving. In addition to providing a source of income for students, Salkara Café contributes to the overall campus atmosphere, offering a welcoming space for social interactions and community building. The café endeavors to maintain high standards of quality and service, becoming a preferred spot for both students and faculty addition to providing a source of income for students, Salkara Café contributes to the overall campus atmosphere, offering a welcoming space for social interactions and community building. The café endeavors to maintain high standards of quality and service, becoming a preferred spot for both students and faculty addition to providing a source of income for students, Salkara Café contributes to the overall campus atmosphere, offering a welcoming space for social interactions and community building. The café endeavors to maintain high standards of quality and service, becoming a preferred spot for both students and faculty. The inauguration marked the beginning of a new chapter for both the college and its students, emphasizing the institution's commitment to holistic education and

the holistic development of its student body. As Salkara Café continues to flourish, it is expected to become a hub for creativity, collaboration, and experiential learning within the campus community.

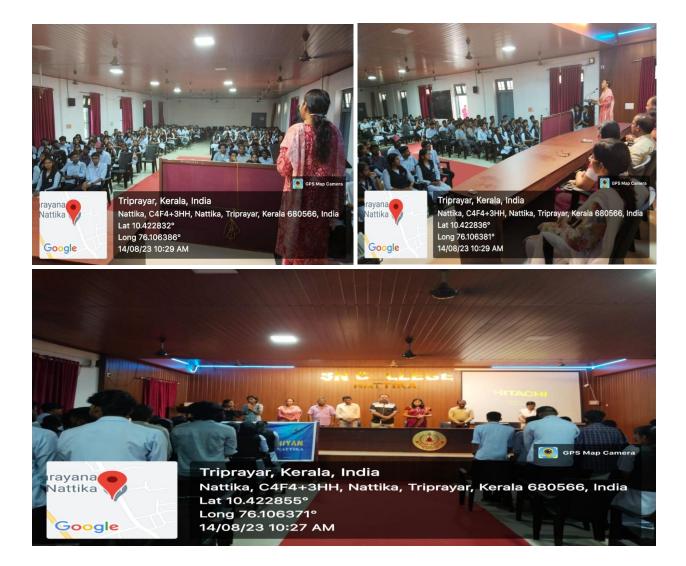




Sree Narayana College, Nattika

On August 14, 2023, UBA Sree Narayana College in association with Alpha Palliative Care organized an orientation session on palliative care at the college campus. The keynote speaker for the session was Sri. Suresh Sridharan, Community Director at Alpha Palliative Care. The session focused on the importance and impact of palliative care in society. Mr. Sridharan explained that palliative care is a holistic approach to caring for patients with life-limiting illnesses. It focuses on relieving pain and other symptoms, providing emotional and spiritual support, and improving the quality of life for patients and their families. He explained that palliative care can help to reduce the burden on healthcare systems and allow patients to live their remaining days with dignity and respect. The orientation session was well-attended by students and faculty of Sree Narayana College, Nattika. The students took active participation in the session and asked many questions about palliative care. Overall, the orientation session on palliative care was a success. It helped to raise awareness about the importance of palliative care and its impact on society.





MAR AUGUSTHINOSE COLLEGE RAMAPURAM, KOTTAYAM

PARTICIPATORY RURAL APPRAISAL (PRA) REPORT

1. Introduction:

A Participatory Rural Appraisal (PRA) was conducted in four wards in Ramapuram Grama Panchayat to understand the potential for small entrepreneurship and income-generating opportunities utilizing local resources. This initiative aimed to promote self-employment, particularly for small farmers.

2. Methodology:

Data Collection: Focus group discussions, wealth ranking, Venn diagrams, and matrix ranking.

Participants: Local farmers, potential entrepreneurs, women, youth, and other community stakeholders.

3. Findings:

3.1 Local Resources:

Fertile Soil: All four wards boast fertile soil, ideal for diverse agricultural activities.

Predominant Crops: The primary crops include rice, vegetables, pulses, pineapple fruits, rubber and certain medicinal plants.

3.2 Potential Entrepreneurship Opportunities:

Value-Added Products: The fertile soil allows for the cultivation of various crops. There's potential for producing products such as pickles, preserves, herbal oils, and organic fertilizers.

Agro-tourism: Given the scenic beauty and agrarian culture of the wards, agro-tourism can be an attractive venture, offering farm stays and interactive agricultural experiences.

Nursery and Plantation: Leveraging the fertile soil to establish plant nurseries for selling indigenous and medicinal plants.

Training Centers: Establish centers to train locals in organic farming, sustainable agricultural practices, and crop diversification, fostering knowledge sharing and local innovation.

3.3 Opportunities for Small Farmers

Farmers' Cooperatives: Forming cooperatives can help in procuring inputs at lower costs and accessing wider markets for output.

Direct Market Platforms: Establish farmer markets in nearby urban centers, allowing farmers to sell their produce directly to consumers, eliminating middlemen and ensuring better prices.

Micro-credit Facilities: Encourage local banks and financial institutions to provide low-interest loans to small farmers, promoting self-employment and entrepreneurial initiatives.

3.4 Challenges Identified:

Limited Knowledge: Most farmers possess traditional farming knowledge but are unaware of modern techniques and entrepreneurship opportunities.

Capital Constraints: The initial investment is a challenge for many aspiring entrepreneurs.

Market Access: While there's potential for diverse products, accessing broader markets remains a concern.

4. Recommendations:

Training and Skill Development: Offer training programs for locals focusing on value addition, entrepreneurship, and modern agricultural practices.

Funding and Financial Support: Collaborate with NGOs and financial institutions to offer micro-loans and grants to budding entrepreneurs.

Market Linkages: Establish partnerships with urban businesses and online platforms to sell the products produced in the wards, ensuring a broader reach and better pricing.

5. Conclusion:

The PRA in the four Panchayathu wards revealed the immense potential for small entrepreneurship by harnessing local resources. By equipping locals with the right skills and resources, there's an opportunity to elevate the socio-economic status of the community and offer sustainable incomegenerating ventures.

WORLD ENVIRONMENT DAY CELEBRATION 2023 and FRUIT TREE GARDEN MAKING

NSS unit of Mar Augusthinose College Ramapuram celebrated World Environment Day on 5th of June 2023. The celebration was conducted at adopted school: Sacred Heart Girls High School Ramapuram. The program was inaugurated by headmistress Sister. Mariya Rose. Volunteers were actively participated in the fruit tree garden making which has been done at school premises. The fruit tree garden is a prestigious project of National service scheme of M.G University Kottayam. The aim of the project is to produce pesticide free vegetables and fruits in college/school premises and villages.



International Yoga Day Celebration 2023

The Yoga Club of Mar Augusthinose College Ramapuram, in association with the National Service Scheme (NSS) unit of the college, organized a grand celebration for the International Yoga Day on June 21, 2023. The event aimed to promote the practice of yoga and its holistic benefits among the college community. The program was a resounding success, with distinguished guests and enthusiastic participants coming together to commemorate this special occasion. Mr. Abhilash V Pandiankal led a pranayama session. Participants were guided through various breathing

exercises, enhancing their focus, relaxation, and overall well-being. Mr. Pandiankal's expertise and guidance facilitated a rejuvenating and transformative experience for all.





INDEPENDENCE DAY CELEBRATION AND SWATCH BHARATH CAMPAIGN

15 August 2023

NSS unit (Unit no 73) of Mar Augusthinose College Ramapuram celebrated Independence Day of our Nation in a befitting manner. Mr. Jobin P Mathew hoisted the National flag and gave the Independence Day message. He exhorted the volunteers to dedicate themselves for the nation. The celebration was followed by Swatch Bharath campaign and cleanliness drive. The volunteers cleaned the premises of the college and also the public road in front of the college. A painting competition called **ART BEAT 2023** for school students also conducted in association with Ramapuram cultural and social welfare society. 50 volunteers participated in the programme.

Programme officers Jobin P Mathew and Vineeth Kumar, Mr.Arun K Abraham, Faculty, Dept.of Computer science and volunteer secretaries Akash Parthasarathy, Karthu Santhosh, Vysakh, Arun Mathew,Krishnapriya B, Bibin B, and Bitty Mattachan were co-ordinated the programme. The programme was a great success as the volunteers could imbibe the importance of cleanliness and in realizing the importance of collective work in making our country a beautiful place to live in.



GANDHI JAYANTHI CELEBRATION 2023

The NSS volunteers of Mar Augusthinose College Ramapuram (Unit no:73) gathered together on 2nd October 2023 to commemorate the birth anniversary of the father of our nation Mahathma Gandhi. Volunteer leader Akash Parthasarathy gave a talk on the life and ideals of Mahathma Gandhi. The observance was followed by Clean India campaign. The NSS volunteers came forward to clean adopted school's premises. With the collective efforts of the volunteers, we could make the school premises clean and also prepared an organic vegetable garden. The volunteers

also segregated the plastic waste for safe disposal. NSS program officers Jobin P Mathew and Vineeth Kumar and 25 volunteers participated in the program.



ST. THOMAS COLLEGE (AUTONOMOUS), THRISSUR

SURVEY

We conducted a comprehensive study aimed at shedding light on the prevailing issues surrounding drug usage of Puthur Grama Panchayat in Thrissur district. This survey represents a critical step in our mission to gather empirical data, analyze its implications, and propose evidence-based interventions to support community well-being.



FOCUSED GROUP DISCUSSION

As part of Rural Living Camp - GRAMA SRI, a series of focused group discussions (FGDs) was undertaken as a crucial step toward understanding the multifaceted dimensions of drug usage within the community of Puthur Grama Panchayat. These discussions brought together by the individuals from various backgrounds. The aim was to create a forum where diverse perspectives and insights could converge, offering a holistic view of the challenges posed by drug abuse and, more importantly, fostering collaborative efforts to address them.



SRAMADANAM

In the spirit of active community engagement and a commitment to fostering a clean and sustainable environment, we actively engaged in sramadanam.



Saintgits College of Applied Sciences

This report is based on the survey conducted by the UBA committee from Saintgits College of Applied Sciences. We initiated a survey on the general details of the households and the various problems faced by the community from 5 different Villages which are as follows:

- Panchikadu
- Vazhapalli
- Manarkadu
- Vakathanam
- Kurichy

Based on the survey, we found that the major issue faced by the majority households in all 5 villages was that there were no street lights in most of these areas followed by street dog nuisance. It was also reported that many households did not have access to clean water supply and few even complained about improper waste and drainage systems in their areas. Because there isn't any proper drainage system, water is getting collected in these areas that lead to water getting inside houses during heavy rainfall, unwanted diseases to rise and transport issues. Many faces electricity problems on a regular basis and also faces range issues in those areas which makes it difficult for them to communicate and continue with their daily chores without access to proper electricity.

Bad road condition was also one of the major issues faced by the households. The senior members of a few households mentioned that they aren't getting their pension making it difficult for them to fulfill their daily needs.

Activities undertaken by college for the welfare of the soceity

(A) Snehaveedu 2022-23

Students of this college found a house in the neighbourhood of the college during the socioeconomic survey conducted by Unnat Bharat Abhiyan of this college during February 2022. Mr. Issac Idathuruthel of Pathamuttom, a 72-year-old man who is physically incapable of working requested assistance from the students for flooring, roofing and painting.



(B)Organic farming 2022-23

The students of our college, the turmeric were cultivated by the volunteers in the college campus and was harvested in the month of July. There were 30 students participated in the programme. The harvested turmeric was distributed among the nearby houses.



S.S.V COLLEGE, VALAYANCHIRANGARA

Blood Donation Camp at Airapuram Village

UBA in association with NSS, Blood Donors club of the college has organized a blood donation camp with the cooperation of District Hospital, Aluva. The camp was organized as helping hand for the poor people as well as to spread the message of the importance of blood donation among the adopted village. Brochures and messages were spread among student's groups and village groups in advance of the camp. The blood bank team arrived college at 9.30am and started the donation with our office staff and volunteers. All donors were provided with juice and snacks. 46 (Forty-Six) donors participated in the camp including the villagers. The camp concluded by 2pm.



ORGANIC FARMING -HARITHAM AT SSV- INAUGURATION

The UBA cell of SSV College in association with Organic Farming club and National Service scheme initiated an organic farming on 14th July 2023 morning 10 am. The inauguration of the farming was done by Sri. Brigesh P D, the manager of the college by planting the Vegetable saplings. Dr. Sudhakaran K M (College Principal), Dr Remya K R (Co-Ordinator, Organic

Farming Club), Sri Jebin Jacob (Programme Officer, NSS) and volunteers of NSS and UBA were participated in the inaugural function. An area of about 25 cents of the college used for the farming and planted saplings of 60 green chillies, 50 brinjals, 60 tomato, 102 tapioca and 10 pumpkins.



Harvest festival (Vilaveduppu Ulsavam)

The harvest festival organised to take the yield of the vegetable farming and to distribute the same in the Abhayabhavan-an orphanage for the mentally challenged people at Koovappady, Perumbavoor. The college council has decided to donate the first harvest to the orphanage to which we are associating for the last 9 years and is located in one of the adopted villages of UBA, the Koovappady Village.



Distribution of Vegetables at Abhaya bhavan, Koovappady Village

