



UNNAT BHARAT ABHIYAN
AMITY UNIVERSITY HARYANA

PROGRESS REPORT

April 2022

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Sr. No.	ADOPTED VILLAGES	TALUKA(Block)	DISTRICT
1	Gwalior	Manesar	Gurgaon
2	Fazalwas		
3	Kukrola		
4	Fakharpur		
5	Chandla Dungerwas		

List of Activities:

ACTIVITY 1:

Title of the Activity: Prevention of Alcohol Addiction in Community organized on 3rd April 2022

Need of the Activity: Create awareness regarding solar PV systems, solar water heating systems and solar pumps.

Brief Description (Need/Impact/Action/Picture (if any)):

Amity Institute of Clinical Psychology (AICP), Amity University Haryana, Gurgaon organized a camp at Fakharpur Village of Panchgaon. Mustafa Nadeem Kirmani (Associate Professor), Dr. Mehfooz Ahmed (Assistant Professor-II), Ms Nidhi Mehta and Mr Mohit along with MPhil Clinical Psychology students participated and significantly contributed in the programme. The session covered overview of basic concepts related with alcohol addiction were discussed for getting more clarity about the symptoms, etiology, theories of tobacco addiction, types, treatment and relapse prevention of the disorder. Subsequently, villagers share the experience with the alcohol addiction and the family members of addicts. The programme also highlighted the strategies for early identification and prevention of alcohol use in the community. The current situation was discussed in the light of social psychological perspective. The role play was done to understand practical aspect in alcohol addiction. If the community members has strong will power social support, positive attitude and the proper treatment then it is not impossible to quit alcohol consumption. The programme followed by the question answer session and the reflections of all the participants. The programme emphasized the role of Clinical psychologist in creating the awareness about the alcohol issues and the effective coping strategies for them. The pamphlets were distributed to the community members to circulate the information.

The following M. Phil. trainees participated in the program: Ms. Jesmeen, Ms. Pryanks, Ms. Divya, Ms. Sakshi, Ms. Vasudha, Ms. Pooja Jaiswal, Ms. Shefeen Jacob, Ms Ria Bhatia, Ms sheenu, Ms Vandana Hooda, Ms Kanak, Ms Pragyaasha, Ms Parnika, Ms Steffi Jadhava, Ms Akanksha

16 Participants from Fakharpur Village. Mr. Chaman Singh and about 30 community members

Impact: Creating awareness about alcohol addiction
Strategies to prevent/cope with issues of alcohol addiction.



UBA Team members from Amity University Haryana with the Village Panchs.



Dr Nadeem conducting the training



Students interacting and counselling locals



Next action plan:

Sr. No.	Activity to be conducted(along with reason)
1	Amity Medical School is planning of Speech & Hearing check up camp
2	Solar Training Camp
3	