



SAVEETHA
INSTITUTE OF MEDICAL AND TECHNICAL SCIENCES
(Declared as Deemed to be University under Section 3 of UGC Act 1956)

UNNAT BHARAT ABHIYAN

SAVEETHA INSTITUTE OF MEDICAL AND TECHNICAL SCIENCES (U-0475)

PROGRESS REPORT

NOVEMBER 2019 -APRIL 2020

UBA Coordinator's Name: Dr.Sindhu Ramesh

Email: dean.acd@saveetha.com

Phone Number: 9840136543

Sr No	ADOPTED VILLAGES	TALUK	DISTRICT
1	Sembarambakkam	Poonamallee	Tiruvallur
2	Madhuramangalam	Sriperumbudur	Kancheepuram
3	Molachur	Sriperumbudur	Kancheepuram
4	Mevalurkuppam	Sriperumbudur	Sriperumbudur
5	Nesapakkam	Chennai	Chennai

Next Plan of Action - Activity to be conducted (along with reason)

1. To raise awareness about hand hygiene during COVID 19 and importance of maintaining good hand hygiene.To raise awareness regarding the pollution in the environment to the patients visiting Saveetha Dental College.To raise awareness about the importance of blood donation and its impact on the society.
2. To raise awareness about the importance of nutrition during a pandemic, to raise awareness about the oral manifestations of poor nutrition.
3. To increase awareness among the people and the importance of voluntary blood donation and to inspire those who have not donated blood to start donating blood.
4. Plan to encourage women of adopted villages to engage in Entrepreneurship.
5. Plan to instill varied career prospects than traditional options.
6. Plan to innovate in entrepreneurship and map with Government programs.
7. Plans to conduct periodical medical examinations and camps.
8. Plan to organise life skills training periodically.
9. Plan to organise village level people participatory water and waste management strategies and implement them.
10. Plan to inculcate proper sanitation habits among students and nextgen men and women.

List of Activities

ACTIVITY 1

Title of the Activity: School oral health screening and awareness program - St. John's Matriculation Higher Secondary School, Puliambedu 13.12.2019.

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total of 44 school children were benefitted. Mean dmft score was 2.20. mean DMFT was 0.47. Heavy Calculus deposits were

observed in 31.8%. Oral hygiene instructions were given.

https://drive.google.com/file/d/1PakYbHxQz_uGKL0gTmrqnHpC0eGJwF0T/view?usp=sharing

ACTIVITY 2

Title of the Activity: Community oral health screening and awareness program - Chennai Arunattu Vellalar Sangam, Lingi chetty street. 22.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 58 people were benefited. Gingivitis was prevalent among the participants, followed by dental caries. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/1v3zcNhj0CfxuZZ4si2LJxo0r8qHonlua/view?usp=sharing>

ACTIVITY 3

Title of the Activity: Community oral health screening and awareness program - Rhein Buele IT Consulting, Ekkaduthangal 11.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among employees. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total of 39 employees were benefitted. Mean DMFT score was 1.3. Prevalence of gingivitis was high among the employees. Brushing technique was demonstrated.

<https://drive.google.com/file/d/1omFB5JJ2TNibC72tTvVcnTzN-tYK4pqm/view?usp=sharing>

ACTIVITY 4

Title of the Activity: Community oral health screening and awareness program - Shatrunjay Apartments, Vepery 15.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 50 residents were benefitted. Mean DMFT score was 3.8. Gingivitis was highly prevalent among the residents. Treatment cards were distributed among the residents.
https://drive.google.com/file/d/1b8YWaWk_Nal4rAbaw_xW-N9GDX3hxXdD/view?usp=sharing

ACTIVITY 5

Title of the Activity: School oral health screening and awareness program - St. John's Matriculation Higher Secondary School, Puliambedu 20.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total of 55 children were benefitted. Mean dmft score was 1.3. Brushing techniques were demonstrated. Oral hygiene instructions were provided.
<https://drive.google.com/file/d/1LiAlMSyq0u5k7d9JZo6zoAcLVH1geHXX/view?usp=sharing>

ACTIVITY 6

Title of the Activity: Community oral health screening and awareness program - All the children NGO home, Vyasarpadi 26.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 31 children were benefitted. Mean DMFT was 1.31. Gingivitis was seen among 61% of the residents. Brushing techniques were demonstrated. Treatment cards were provided.

<https://drive.google.com/file/d/1U37zDMJWre1R8xFD3tSRzfC2XuDHK35k/view?usp=sharing>

g

ACTIVITY 7

Title of the Activity: Community Oral health screening and awareness program - Astrantia Builders, Tharapakkam 28.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 12 employees were benefitted. Topical fluoride application was carried out among the employees.
<https://drive.google.com/file/d/11ZTNIP4tPPgl3Rh6txRvObUpZnt6fg4j/view?usp=sharing>

ACTIVITY 8

Title of the Activity: Sivanandha Yoga Center 11.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 49 students were benefitted. Mean DMFT was 0.76 for permanent dentition. Gingivitis was prevalent among 79% of the residents followed by dental care . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated
<https://drive.google.com/file/d/1aOo4lGpMr9ELTdhE2qKSW1TbPbt1B71/view?usp=sharing>

g

ACTIVITY 9

Title of the Activity: The Satkaarya trust 18.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and

restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 61 students were benefitted. Mean DMFT was 0.62 for permanent dentition. Gingivitis was prevalent among 57.37% of the residents followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.
<https://drive.google.com/file/d/1bPwEzCzli2IysKj3DwTijvC5spcD6wln/view?usp=sharing>

ACTIVITY 10

Title of the Activity: GNSA Infotech (p) ltd 21.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 52 students were benefitted. Mean DMFT was 1.85 for permanent dentition. Gingivitis was prevalent among 76.92% of the residents followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.
<https://drive.google.com/file/d/1xEXeQ13Y4Nalrmn5KxVYKR6vALkvwPCR/view?usp=sharing>

ACTIVITY 11

Title of the Activity: The Schram academy 24.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 92 students were benefitted. Mean DMFT was 1.13 for permanent dentition. Calculus deposits were prevalent among 10.86% of the residents followed by gingivitis . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.
<https://drive.google.com/file/d/1i9N4NG53s5rdLiCuV0pYxQWzTie93xRA/view?usp=sharing>

ACTIVITY 12

Title of the Activity: Pink gym and fitness one initiative 25.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 51 students were benefitted. Mean DMFT was 0.63 for permanent dentition. Gingivitis was prevalent among 74.5% of the residents followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.
<https://drive.google.com/file/d/119BjwPJclN2GEYpVcGh4g8fSRKoeyp92/view?usp=sharing>

ACTIVITY 13

Title of the Activity: Panchayath union middle school 13.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total 79 students were benefitted. Mean DMFT was 0.63 for permanent dentition. Gingivitis was prevalent among 82.27% of the students followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/1qsNqmsgghka5aJwaM9QpyIdro9Uga6J7o/view?usp=sharing>

ACTIVITY 14

Title of the Activity: Ncc urban temple trees apartments 13.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 59 students were benefitted. Mean DMFT was 0.63 for permanent dentition. Gingivitis was prevalent among 57.62% of the residents followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/1Xa-b6I4jcSgygD4augllqXbr5rStKNU6/view?usp=sharing>

ACTIVITY 15

Title of the Activity: APostnatal Care of Mothers including Counselling 1st and 3rd tuesday (December 2019 to March 2020)

Need of the Activity: Maternal Health Care

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries - RHC (60), Activity- PNC Checkup, Postnatal Baby care, Immunisation, Breast Feeding & Complementary Feeding, Counselling on Nutrition, Danger signs & Family Planning

<https://drive.google.com/file/d/19CB4J7OzEY-DO7UT8DCrba4WqSYs72x8/view?usp=sharing>

ACTIVITY 16

Title of the Activity: Pupil School Saveetha 29.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total 57 students were benefitted. Mean DMFT was 1.4 for permanent dentition. Gingivitis was prevalent among 78.71% of the residents followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/106Yxuvt5A5KUNZ55f3-vnV1WFpOze1sV/view?usp=sharing>

ACTIVITY 17

Title of the Activity: Cankids NGO 30.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 54 students were benefitted. Mean DMFT was 0.63 for permanent dentition. Gingivitis was prevalent among 66.6% of the residents followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

https://drive.google.com/file/d/17my0NcMwhDExG6b5a_BiABB27qXTSj7l/view?usp=sharing

ACTIVITY 18

Title of the Activity: Sishya nursery and primary school 31.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total 98 students were benefitted. Mean DMFT was 0.63 for permanent dentition. Gingivitis was prevalent among 79.59% of the students followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

https://drive.google.com/file/d/1V0fczUHirp2GNh_16-1cyV2Ldc6q0qnF/view?usp=sharing

ACTIVITY 19

Title of the Activity: Community oral health screening and awareness program- Institute of leather technology, Tharamani 01.02.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal

diseases and Malocclusion among Students. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total 85 students were benefitted. Mean DMFT was 0.67 for permanent dentition. Dental caries were prevalent among 65% of the students followed by Gingivitis . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

https://drive.google.com/file/d/1SmzP9fUBSM4HSRL5_RMQscRre-hEBAL-/view?usp=sharing

ACTIVITY 20

Title of the Activity: Community oral health screening and awareness program- Institute of textile technology, Tharamani 03.02.2020

Need of the Activity:To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among Students. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total 125 students were benefitted. Mean DMFT was 0.89 for permanent dentition and Mean dmft was 2.45 for primary dentition. Gingivitis was prevalent among 83% of the students followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

https://drive.google.com/file/d/1NjTB5Kr_Qnq6t5S7YCTZTpMeZvHzI7_p/view?usp=sharing

ACTIVITY 21

Title of the Activity: School oral health screening and awareness program- Vaigundam municipal middle school, Kanchipuram 04.02.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total 67 students were benefitted. Mean DMFT was 0.48 for permanent dentition. Dental caries were most prevalent among school children followed by gingivitis . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

https://drive.google.com/file/d/1DeBI6rho_SZxl0mqMCKyTd2foOzsmNe5/view?usp=sharing

ACTIVITY 22

Title of the Activity: School oral health screening and awareness program - Pupil School Saveetha, Poonamallee 10.02.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total 258 students were benefitted. Mean DMFT was 0.95 for permanent dentition and Mean dmft was 2.45 for primary dentition. Gingivitis was more prevalent followed by dental caries was prevalent . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

https://drive.google.com/file/d/10cALsNhs7ioxEWLqADXmk_SXRznIQZFW/view?usp=sharing

ACTIVITY 23

Title of the Activity: Community oral health screening and awareness program- Iniya Udayam charitable trust, Avadi 23.02.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 37 school children were benefitted. Mean DMFT was 1.98 for permanent dentition. Dental caries followed by Gingivitis

were prevalent among the school children. Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/10uMTdYSHWUHbKyIKk9IZtATIPhfx0jo/view?usp=sharing>

ACTIVITY 24

Title of the Activity: Community oral health screening and awareness program- Royal Enfield Showroom, Sriperumbudur 05.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 49 employees were benefitted. Mean DMFT was 0.76 for permanent dentition. Gingivitis was most prevalent among employees followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

https://drive.google.com/file/d/1i45ZK_M0_7Ye05DTGPtQknQVC3fK2LWR/view?usp=sharing

ACTIVITY 25

Title of the Activity: Vel Tech tech arts college 05.03.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 70 village people were benefitted. Among the participants dental caries prevalence 81.24%, gingivitis prevalence was 70% and edentulousness was 11.42%. Mean DMFT score was 0.66 Oral hygiene instructions were given.

https://drive.google.com/file/d/1Rx92G8B_uDnB37sXtFehHHalZXZZdDr5/view?usp=sharing

ACTIVITY 26

Title of the Activity: ADW Middle school 08.03.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): ADW Middle school, Vellanur, Villivakam. A total of 53 participants were screened and health education was given on importance of brushing twice daily and proper brushing techniques were taught using teeth model. Cards for free basic treatments were distributed. Mean DMFT score was 0.47. Dental caries followed by gingivitis were prevalent among the population.

https://drive.google.com/file/d/1sg5gwrshqT_AVcHOVO3K1rTJRAahzi5I/view?usp=sharing

ACTIVITY 27

Title of the Activity: World Women's day 08.03.2020

Need of the Activity: To raise awareness about the importance of oral health for girls stressing about the hormonal imbalance during pregnancy, puberty and menopause.

Brief Description (Need/Impact/Action/Picture (if any)): On the international women's day, the Department of Public Health dentistry joined hands with women empowerment cell, Saveetha Dental College, conducted an awareness programme on oral health for girls. The talk also throws light on ways of promoting oral health and also suggesting oral hygiene maintenance tips. Students were also taught about proper tooth brushing techniques.

<https://drive.google.com/file/d/1e3otu9Trc50C-ewDliyVgOdOuzKcyOt/view?usp=sharing>

ACTIVITY 28

Title of the Activity: World Water Day 23.03.2020

Need of the Activity: To raise awareness about scarcity of water and ways to conserve water.

Brief Description (Need/Impact/Action/Picture (if any)): Pamphlets were distributed

among the outpatients visiting Saveetha Dental College. Videos regarding conservation of water were shown as well.

<https://drive.google.com/file/d/1UQeDhhayg54inxKiiVuRWQHvMPODPB/view?usp=sharing>

ACTIVITY 29

Title of the Activity: World health day 07.04.2020

Need of the Activity: To raise awareness about the importance of oral health and its impact on general health, pamphlets were distributed to the people visiting saveetha dental college. Health education and oral hygiene instruction were given

Brief Description (Need/Impact/Action/Picture (if any)): Pamphlets were distributed among the outpatients visiting Saveetha Dental College and the importance of oral health and brushing technique was highlighted.

<https://drive.google.com/file/d/1uBU3BO9HKHu7vBmgT6clg0Ik LuaLuyU/view?usp=sharing>

ACTIVITY 30

Title of the Activity:Health Education on Epidemiology & Prevention of AIDS 31.12.2019

Need of the Activity: World Aids day Celebration

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries - General Public (25), Activity - Powerpoint presentation and discussion, Area -UHTC, Thirumazhisai

<https://drive.google.com/file/d/1Skip4tcx2wMTd1 K-L1i29jgQ4x0RnAv/view?usp=sharing>

ACTIVITY 31

Title of the Activity: Health Camp - NCD 20.12.2019, 17.01.2020, 14.02.2020, 20.03.2020, 17.04.2020

Need of the Activity: Reduction in mortality and hospitalisation due to diabetes,

hypertension and acute cardiovascular/ cerebro -vascular diseases.

Brief Description (Need/Impact/Action/Picture (if any)): Total Beneficiaries - 214, Conducted Monthly Once, Free Specialist Consultation and Basic Investigations including, FBS, PPBS & HbA1c

https://drive.google.com/file/d/1W6_TknhaA_hzg4pjicUSkR_TNcCqsUcp/view?usp=sharing

ACTIVITY 32

Title of the Activity: Health Camp - Old Age Home 12.12.2019, 09.01.2020, 06.02.2020,12.03.2020, 09.04.2020

Need of the Activity: Welfare and wellbeing of elderly Population

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries - 9 Inmates, Place - Swami Charitable Trust,Free Home-based Consultation and treatment of Minor ailments and referral services - monthly once

<https://drive.google.com/file/d/1i1YN8vo0SyXP-nqocCgiVH8jL3mqkgnG/view?usp=sharing>

ACTIVITY 33

Title of the Activity: Antenatal Care of Mothers including Counselling

Need of the Activity: Maternal Health Care

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries - UHC (14), Activity- ANC Checkup, High risk screening & Counselling on Nutrition, Danger signs, Institutional delivery, Cash benefit schemes

<https://drive.google.com/file/d/15KtV9A6ukGWUoFnZRs-PIIeQOoHJY1YI/view?usp=sharing>

ACTIVITY 34

Title of the Activity: World AIDS day 30.11.2019

Need of the Activity: Create Awareness on AIDS

Brief Description (Need/Impact/Action/Picture (if any)): Created Awareness through Debate, Poster presentation and Rangoli on stigma reduction regarding AIDS

<https://drive.google.com/drive/folders/1fo2f1Ck1rrhiQZnAajupSNFkD0ly-ulZ?usp=sharing>

ACTIVITY 35

Title of the Activity: Goodapakkam Camp 11.2.2019

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of physiotherapy conducted a camp in Gudapakkam on 11th february 2019 and treated patients with musculoskeletal problems like low back ache, trapezitis, periarthrits shoulder, plantar fasciitis. screened 24 patients and taught physiotherapy exercise to the patients.

<https://drive.google.com/drive/folders/19sL5-WIKeaA0UMQws8NsG24Ro8nuIwY9>

ACTIVITY 36

Title of the Activity: Tree Plantation 13.11.2019

Need of the Activity: To get more oxygen

Brief Description (Need/Impact/Action/Picture (if any)): Trees contribute to their environment over long periods of time by providing oxygen, improving air quality, climate amelioration, conserving water, preserving soil, and supporting wildlife.

<https://drive.google.com/file/d/1Z1r0Upd5Gi-AjB8pudvRPcmO6--kWLEV/view?usp=sharing>

ACTIVITY 37

Title of the Activity: Clean Coom campaign 02.11.2019

Need of the Activity: Natural resources must be preserved and passed on to younger generations in a sustainable way

Brief Description (Need/Impact/Action/Picture (if any)): To Clean up the coom river

inside the city after decades, but the riverside is fast turning out to be a dumpyard at certain stretches.

https://drive.google.com/file/d/1gM0D3eZikzfYQeAFvsLffFpehyr1_3D/view?usp=sharing

ACTIVITY 38

Title of the Activity: Sriperumbudur Camp 04.07.2019

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of physiotherapy organized a camp in Sri Venkateshwara engineering college Sriperumbudur .35 police personnel attended the camp who had musculoskeletal problems like low back ache ,trapezitis , periarthrits shoulder ,plantar fasciitis got benefited from the camp and were taught therapeutic exercises for their ailments

<https://drive.google.com/drive/folders/19sL5-WIKeaA0UMQws8NsG24Ro8nuIwY9>

ACTIVITY 39

Title of the Activity: Navalur Camp 10.7.2019

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of physiotherapy conducted a camp in Navalur 10th february 2019 and treated patients with musculoskeletal problems like low back ache, trapezitis,periarthrits shoulder,plantar fasciitis.screened 28 patients and taught physiotherapy exercise to the patients

<https://drive.google.com/drive/folders/19sL5-WIKeaA0UMQws8NsG24Ro8nuIwY9>

ACTIVITY 40

Title of the Activity: Keevalur Camp 03.07.2019

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of

physiotherapy organized a camp in the Precision industry at keevalur. screened 30 patients with various musculoskeletal problems like Osteoarthritis knee, low back ache and trapezitis.

<https://drive.google.com/drive/folders/19sL5-WIKeaA0UMQws8NsG24Ro8nuIwY9>

ACTIVITY 41

Title of the Activity: Gunakarambakkam Camp 1.07.2019

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of physiotherapy organised a camp in government school in Gunakarambakkam . 35 patients with low back ache, trapezitis calcaneal spur, cervical spondylosis ,finger injury. Patients were given exercise prescription for their musculoskeletal problems.

<https://drive.google.com/drive/folders/19sL5-WIKeaA0UMQws8NsG24Ro8nuIwY9>

ACTIVITY 42

Title of the Activity: Thiruvallur Camp 30.08.2019

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of physiotherapy conducted a camp in Sri veeraraghava perumal temple premises on auspicious occasion of Amavasya on 30-8-2019. 45 devotees with various ailments like osteoarthritis, low back ache ,plantar fasciitis and peri-arthritis shoulder

<https://drive.google.com/drive/folders/19sL5-WIKeaA0UMQws8NsG24Ro8nuIwY9>

ACTIVITY 43

Title of the Activity: Guruvarajapettai Camp 25.09.2019

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of physiotherapy conducted a camp in Guruvarajapettai on 25-09-2019 in Government Boys

higher secondary school. Treated 20 patients with musculoskeletal problems like osteoarthritis knee joint, low back ache, Achillis tendon partial tear, hemiplegic patient and diabetic Neuropathy.

<https://drive.google.com/drive/folders/19sL5-WIKeaA0UMQws8NsG24Ro8nuIwY9>

ACTIVITY 44

Title of the Activity: Nemam Camp 17.10.2019

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of physiotherapy organized a camp on 17-10-2020 in Nemam .screened 35 patients with various musculoskeletal problems and taught therapeutic exercises to the patients

<https://drive.google.com/drive/folders/19sL5-WIKeaA0UMQws8NsG24Ro8nuIwY9>

ACTIVITY 45

Title of the Activity: Kovur Camp 15.11.2019

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Physiotherapy organized a camp in St Joseph College Kovur, Kundrathur. treatment for 83 patients with Low Back ache, Trapezitis and Plantar fasciitis.

<https://drive.google.com/drive/folders/19sL5-WIKeaA0UMQws8NsG24Ro8nuIwY9>

ACTIVITY 46

Title of the Activity: Ill-effects of Pollution and its Control 02.01.2020

Need of the Activity: World Pollution Day celebration

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries - General Public (38), Activity - Powerpoint presentation and discussion, Area -UHTC, Thirumazhisai

<https://drive.google.com/file/d/1iH05HLPZOpA98Nmd4M7nQ9tunkJIOPx4/view?usp=sharing>

ACTIVITY 47

Title of the Activity: Family Health Advisory Programme - UHTC 04.12.2020, 11.12.2020, 18.12.2020; 08.01.2020, 22.01.2020, 29.01.2020; 05.02.2020, 12.02.2020, 19.02.2020, 26.02.2020

Need of the Activity: To study the changing health status of family members and health problems in family over a period of time to understand the interplay of environmental and social factors

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries - UHC (160 families), Areas Covered - West Madam Street, V O C Street, Thiruvallur Street, Alpha College Road UHTC, Thirumazhisai

https://drive.google.com/file/d/1MUh4G-Z_Xi3K7HXreWYvXfOsiPqLlxua/view?usp=sharing

ACTIVITY 48

Title of the Activity: Outreach Programmes - Legal Aid Camp 10.01.2020

Need of the Activity: conducting legal awareness based on the Problem solving Theme

Brief Description (Need/Impact/Action/Picture (if any)): Around 54 students of Saveetha School of Law went for a Legal Aid Camp on 10/01/2020 to Veppampattu village in Thiruvallur District. Our students gave awareness about Women safety and women empowerment and brought about examples of successful women who were able to achieve great success and reach many heights. The villagers were approached for their grievance and around 25 villagers have given the details of the problems faced by them in the village in common and our students have made a record of the same in the Legal Aid forms and have assured them to provide solutions. Later our students also visited the Government Higher Secondary School which had 1000 or more students who were residents of the Veppampattu village. Our students provided several safety awareness in common and also talked about women empowerment and achievement and motivated the students and made them believe

anything is possible if the drive and determination is, in their mind. Overall the Camp was a great success and step to a better future for the villagers.

<https://drive.google.com/drive/folders/1yoMpj7ke6JRTZffsPMIISmfW-COCoulr>

ACTIVITY 49

Title of the Activity: School Health Program 10.01.2020

Need of the Activity:

- Health Assessment
- Dressing for wound and skin disease
- Health education on nutritional anaemia
- Dengue awareness
- Video display with good touch and bad touch
- Puppet shows on control and prevention of skin disease,
- Health education on menstrual hygiene
- Food expo on calcium, iron, protein rich foods and avoided food

Brief Description (Need/Impact/Action/Picture (if any)): School health program was organized at Government school at Erayamagalam. A total 90 students were participated in this programme

https://drive.google.com/drive/folders/1QmH-dBLjkqI-MNIDI9aC6W_kieI8XXX9?usp=sharing

ACTIVITY 50

Title of the Activity: Institute of chemical technology Awareness for oral health 31.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 73 students were benefitted. Mean DMFT was 1.39 for permanent dentition. Gingivitis was prevalent among

89.04% of the students followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

https://drive.google.com/file/d/19r78-7LWjc2U_HRiV6xY2YmbXVCF8qc/view?usp=sharing

ACTIVITY 51

Title of the Activity: School oral health screening and awareness program - Pupil School Saveetha, Poonamallee 01.02.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total 125 school children were benefitted. Mean DMFT was 0.63 for permanent dentition. Mean dmft was 0.53 for primary dentition. Dental caries followed by Gingivitis were prevalent among the school children. Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

https://drive.google.com/file/d/1SmzP9fUBSM4HSRL5_RMQscRre-hEBAL-/view?usp=sharing

ACTIVITY 52

Title of the Activity: Antenatal Care of Mothers including Counselling 2nd and 4th Thursday (December 2019 to March 2020)

Need of the Activity: Maternal Health Care

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries - RHC (88), Activity- ANC Checkup, High risk screening & Counselling on Nutrition, Danger signs,

<https://drive.google.com/file/d/1RjVNTg-vzinTO3q6vIrlmLw00PTeWHKK/view?usp=sharing>

ACTIVITY 53

Title of the Activity: World Leprosy Day 31.01.2020 to 06.02.2020

Need of the Activity: To raise awareness about leprosy and ways to prevent it among the population. To prevent stigmatising patients affected with leprosy

Brief Description (Need/Impact/Action/Picture (if any)): On World Leprosy day, the Department of Public Health dentistry conducted an awareness programme for leprosy patients in Gremaltes Leprosy Hospital, Shenoy Nagar. Effects of leprosy, symptoms and treatment of leprosy were explained. Health education, Brushing technique and oral hygiene instructions were given.

https://drive.google.com/file/d/1iEORiEbRAhgiRxjc7eV1YOFgV_99b6cf/view?usp=sharing

ACTIVITY 54

Title of the Activity: Vallimayil supermarket 29.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 57 people were benefited. Mean DMFT was 1.41 for permanent dentition. Gingivitis was prevalent among 87.71% of the residents followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/1Xa-b6I4jcSgygD4augllqXbr5rStKNU6/view?usp=sharing>

ACTIVITY 55

Title of the Activity: Doctor K.N Kesari nursery and primary school 28.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total 81 students were

benefitted. Mean DMFT was 0.68 for permanent dentition. Gingivitis was prevalent among 80.24% of the students followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/1TOCgoETh5xK4Ww-04d511CdLBeeuHrrz/view?usp=sharing>

ACTIVITY 56

Title of the Activity: Govt girls hr sec school 22.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total 52 students were benefitted. Mean DMFT was 2.06 for permanent dentition. Gingivitis was prevalent among 75% of the students followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/11LY9mQgc7RKhd6IsNtlOIq9TVDYBDa2H/view?usp=sharing>

ACTIVITY 57

Title of the Activity: Suseela old age home 20.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 52 people were benefitted. Mean DMFT was 4.1 for permanent dentition. Gingivitis was prevalent among 46.1% of the residents followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

https://drive.google.com/file/d/1Z_sOA03kJqcGDK3NqcvwByCka_wdvTEM/view?usp=sharing

[ng](#)

ACTIVITY 58

Title of the Activity: Mindmap enterprises 20.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 51 students were benefitted. Mean DMFT was 0.62 for permanent dentition. Gingivitis was prevalent among 76.47% of the residents followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/1kZchvd61heYzjdS8wl0W2DgcErWoUpKC/view?usp=sharing>

ACTIVITY 59

Title of the Activity: Pulse Polio Immunization Program 19.01.2020

Need of the Activity: To immunize the polio vaccine among under five children

Brief Description (Need/Impact/Action/Picture (if any)): Participate in the pulse polio immunization programme in Avadi, Medavakkam, K.K Nagar and T. Nagar and surrounding areas of UPHC on 19.01.2020

https://drive.google.com/drive/folders/1Tg0Ca0092nL_aA00V_dx9abOELum3Nh9?usp=sharing

ACTIVITY 60

Title of the Activity: Salim's Winter Park, Engineering Enterprises-Prevalence of Oral diseases 19.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 51 students were benefitted. Mean DMFT was 0.63 for permanent dentition. Gingivitis was prevalent among 80.39% of the residents followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/1OqzuycDbvGUSuYXPnhUdPRiFoc5RKsXO/view?usp=sharing>

ACTIVITY 61

Title of the Activity: Geriatric Health Camp 20.01.2020

Need of the Activity: Welfare and wellbeing of elderly Population

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries - Inmates (110), Activity - Free Home-based Consultation and treatment of Minor ailments and referral services, Area - Susheelambal Old age Home, Kosavan Palayam

https://drive.google.com/file/d/1h4Q9GNP8jwCBHWndm2Zm981hasTEZ_Mm/view?usp=sharing

ACTIVITY 62

Title of the Activity: The Crystal Court Apartment AP Road 14.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 51 people were benefitted. Mean DMFT was 0.54 for permanent dentition. Gingivitis was prevalent among 74.5% of the residents followed by dental caries . Oral hygiene instructions were given using chalk and

talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/1fYMSTK7IZ9Q2dH4aXV-JUU3CwYwN51sZ/view?usp=sharing>

ACTIVITY 63

Title of the Activity: MHMA Apartment 16.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 51 people were benefited. Mean DMFT was 0.7 for permanent dentition. Gingivitis was prevalent among 78.43% of the residents followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/1gO7JpVwF1wxqYjELxTi92h8Ovjkiw2eh/view?usp=sharing>

ACTIVITY 64

Title of the Activity: Madrasa Kashiful Hunda 17.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 75 students were benefited. Mean DMFT was 1.67 for permanent dentition. Gingivitis was prevalent among 49.33% of the residents followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated

<https://drive.google.com/file/d/1o6t90UTszlPHJnCb50WrmjETY-bjXtgm/view?usp=sharing>

ACTIVITY 65

Title of the Activity: ThirumayalamSanthi Sri Sathya saileya organization (Shri

Krishnaswamy college for women) 10.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 132 students were benefitted. Mean DMFT was 0.63 for permanent dentition. Gingivitis was prevalent among 65.9% of the residents followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/15gEDfleQRM9xFImThz2dcvOzPuAJdyNK/view?usp=sharing>

ACTIVITY 66

Title of the Activity: Community oral health screening and awareness program - M.M Foundation, K K Nagar 27.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 49 residents were benefitted. Mean DMFT score was 1.29. Gingivitis was prevalent among the residents. Oral hygiene instructions were provided along with demonstration of proper brushing technique.

<https://drive.google.com/file/d/1UzGrdDEW6Bwrb2cT7ZOiWyYjYdj3HEB8/view?usp=sharing>

ACTIVITY 67

Title of the Activity: Community oral health screening and awareness program - Makizam Apartment, Kotivakkam 21.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and

restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 41 residents benefited from the program. Prevalence of gingivitis was observed. Treatment cards were distributed for availing treatments in Saveetha Dental College.

https://drive.google.com/file/d/1cHLROZ7IRf_o4xKOVZZM_uwkyr3XpaL8/view?usp=sharing

ACTIVITY 68

Title of the Activity: Community oral health screening and awareness program - Kotivakkam Apartment, Kotivakkam 19.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 41 residents were benefitted. Mean DMFT score was 1.3. Gingivitis was prevalent among the residents. Brushing technique demonstrated, oral hygiene instructions given.

https://drive.google.com/file/d/1RuQ_Zb49Hqxr_-2iL9VrdK-OeVgp0lqo/view?usp=sharing

ACTIVITY 69

Title of the Activity: Community oral health screening and awareness program - Pleasant Foods, Orakkadu 14.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among employees. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 53 employees were benefitted. Prevalence of gingivitis was high among the participants. DMFT score was 1.1. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/1aMVSbn5-2i30qjh8643T6qzFSXC8DKNw/view?usp=sharin>

[g](#)

ACTIVITY 70

Title of the Activity: School Oral health Screening and Awareness Program - Government Primary School, Orakkadu 12.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total of 53 school children were benefitted. Mean DMFT was 2.0. Prevalence of dental caries, gingivitis was observed among the children. Brushing technique was demonstrated.

https://drive.google.com/file/d/1xwK_OGeu0CUCBrbrHTM_chAx2b5230Yv/view?usp=sharing

ACTIVITY 71

Title of the Activity: Stigma, Myths and Facts on Leprosy 29.01.2020

Need of the Activity: World Leprosy Day Celebration

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries - School Children (110), Activity - Flex presentation and discussion, Area - Panchayat Union Middle School, Thirumazhisai

https://drive.google.com/file/d/1q0l_zp45lVYNYdHCpulQOzkMeWP6zxiV/view?usp=sharing

ACTIVITY 72

Title of the Activity: Community Oral Health Screening and Awareness Program - VGN Minerva, Mogappair 08.12.19

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 40 residents of VGN Minerva apartments were benefitted. About 60% of the screened population were suffering from gingivitis. Mean DMFT score was 2.3. Oral hygiene instructions were given along with demonstration of brushing technique. Cards for availing dental treatments were distributed among the residents.

<https://drive.google.com/file/d/1lWUtbUx76lcZls1tlvytNEsZ8Ue9ovBe/view?usp=sharing>

ACTIVITY 73

Title of the Activity: School Oral health Screening and Awareness Program - Hindu Primary School, Poonamallee 09.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total 105 school children were benefitted. Mean dmft 1.6. Malocclusion had higher prevalence among the screened population. Oral hygiene instructions were given followed by demonstration of brushing technique.

<https://drive.google.com/file/d/13Wv40IpC4jspDPs8ZOTqIltzQ1aflkFV/view?usp=sharing>

ACTIVITY 74

Title of the Activity: School Oral Health Screening and Awareness program - Panchayat Union Primary School, Poonamallee 09.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total 99 children were benefitted. Mean dmft was 0.46. Gingivitis was prevalent. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/1AijZx6p4ZFBNEqJBwSpO-1W IVsSP2Qn/view?usp=sharing>

ACTIVITY 75

Title of the Activity: School Oral health Screening and Awareness Program - Hindu Primary School, Poonamallee 10.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 65 school children were benefitted. Mean dmft was 1.9. Gingivitis was prevalent among the population. Oral hygiene instructions were given.

<https://drive.google.com/file/d/1fm1mjNwbYEA8KIuSWNDwtek7xL2bxr82/view?usp=sharing>

ACTIVITY 76

Title of the Activity: Leprosy Day celebration 30.01.2020

Need of the Activity: Leprosy awareness & Screening of Leprosy

Brief Description (Need/Impact/Action/Picture (if any)): Leprosy Day celebration was organized by the Community Health Nursing Department of SCON at Nemam PHCOath and leprosy eradication measures were taken by participants. Students were participated were participating in Sparsh Leprosy awareness & screening camp

https://drive.google.com/drive/folders/1srvSZZdUZ_VyA4AKRThzlMtFWnsR-Y1-?usp=sharing

ACTIVITY 77

Title of the Activity: Cervical Cancer Awareness Programme 31.01.2020

Need of the Activity: Emphasized the significance of the Cervical Cancer Awareness

Brief Description (Need/Impact/Action/Picture (if any)): Enacted Therukoothu based on Cervical Cancer risk factors, Signs & Symptoms, Diagnostic investigation, Treatment and Preventive measures, followed by telecasting of video clipping

<https://drive.google.com/drive/folders/1FAp7keIpJ4z1m9bu64HcB58AIC4xyhXt?usp=sharing>

ACTIVITY 78

Title of the Activity: School Oral Health Screening and Awareness Program - TBM Primary School, Karyanchavadi 03.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total 23 school children were benefitted. Mean DMFT was 2.8 for permanent dentition. Mean dmft was 2.9 for primary dentition. Gingivitis followed by dental fluorosis was prevalent among the school children. Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

https://drive.google.com/file/d/1BuHLc_s6egkGNS2p3LUcnt8eqFRWPOZK/view?usp=sharing

ACTIVITY 79

Title of the Activity: School oral health screening and awareness program - Hakeem Nursery & Primary School, Triplicane 04.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total 136 children were benefitted. Oral hygiene instructions were given. Cards were provided for basic treatments at

Saveetha Dental College.

<https://drive.google.com/file/d/15mTrNUMrDEOqPVFwImhxVWVbRiR74dT4/view?usp=sharing>

ACTIVITY 80

Title of the Activity: School Oral Health Screening and Awareness Program - Government Girls Primary School, Poonamallee 05.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)):

Total 64 school children were screened. Gingivitis was mostly prevalent among the school children. Oral hygiene instructions were provided.

<https://drive.google.com/file/d/1cOGVierbVfkiAyUO9RiFC000BSEz190/view?usp=sharing>

ACTIVITY 81

Title of the Activity: School Oral Health Screening and Awareness Program - Government Girls Primary School, Poonamallee 06.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)):

Total 40 school children were benefitted. Among the children, heavy calculus deposits were found in 40.5% of the students, followed by 32.5% suffering from malocclusion. Mean DMFT score was 1.36. Oral hygiene instructions were given.

<https://drive.google.com/file/d/1sTsBkJGuHJLSEjm7hzrGANM6Ymyw1Hu/view?usp=sharing>

ACTIVITY 82

Title of the Activity: Special school oral health screening and awareness program, Don Gunella Special School, Poonamallee 01.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)):A total of 196 special children were screened. Oral hygiene instructions, brushing demonstrations were provided to the children and their caretakers.

<https://drive.google.com/file/d/1Rz-TdxNCI11LDQh1fpLvvPFqyDfGh-6a/view?usp=sharing>

ACTIVITY 83

Title of the Activity:World AIDS Day 01.12.2019

Need of the Activity: To raise awareness about AIDS and ways to prevent it among the population. To prevent stigmatising patients affected with AIDS.

Brief Description (Need/Impact/Action/Picture (if any)): Book donation drive was organised for HIV positive children at SIP Memorial Trust, Kolathur.

<https://drive.google.com/file/d/1ArRsafbu9HsQaAZXDmE1Nb5le0AAbIXR/view?usp=sharing>

ACTIVITY 84

Title of the Activity:School Oral Health Screening and Awareness Program - SVS International School, Poonamallee 03.12.19

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total 108 primary school children were benefitted. Mean dmft was 1.03. Prevalence of dental caries and marginal gingivitis were seen among the children. Brushing techniques were demonstrated on a model among the population.

https://drive.google.com/file/d/13KHsYf7nymN4GRYg-Llq05ckMZkD_pfv/view?usp=sharing

ACTIVITY 85

Title of the Activity: National Safe Motherhood day 11.04.2020

Need of the Activity: to raise awareness to the women to ensure they receive high-quality gynecological, family planning, prenatal, delivery and postpartum care, in order to achieve optimal health for the mother, fetus and infant during pregnancy,

Brief Description (Need/Impact/Action/Picture (if any)):

On the National Mother Safemotherhood day, the Department of Public Health dentistry conducted a programme where mothers were educated about the oral health problems in their pregnancy after the child birth. Pamphlets were distributed to the mothers and brushing technique was taught.

<https://drive.google.com/file/d/1Jcz0I6Xk2DIpOCy1ZwThn6HbCx2OVAYb/view?usp=sharing>

ACTIVITY 86

Title of the Activity: Sri annai vidyashram matric higher secondary school 09.03.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)):

Sri Annai Vidyashram Matriculation Higher Secondary School, Thiruverkadu. 150 school children were benefitted. Gingivitis followed by dental caries were prevalent among the

population. Brushing techniques were demonstrated to the children.

https://drive.google.com/file/d/1_mBDEqhZ_oM25j93mVGbcGWYX5F585AQ/view?usp=sharing

ACTIVITY 87

Title of the Activity: Tamil Nadu police officer own flats 14.03.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)):

The Secretary,160/58, Tamil Nadu Police Officers Own Flats ,Velachery main Road, Velachery. 30 people benefited. Mean DMFT score is 1.90. Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

https://drive.google.com/file/d/1U1RyN-5s_hAEkqefFOZYD80K2H5o4sJ/view?usp=sharing

ACTIVITY 88

Title of the Activity: World Oral Health Day 20.03.2020

Need of the Activity: To raise awareness about oral health and importance of maintaining good oral hygiene and tips to prevent dental caries

Brief Description (Need/Impact/Action/Picture (if any)):

On the World Oral Health Day, the Department of Public Health dentistry conducted a programme where patients visiting the dental college were educated about the importance of oral health, causes of oral diseases, their symptoms and prevention of oral diseases. Pamphlets were distributed to the patients and brushing technique was taught.

https://drive.google.com/file/d/1qWH7uu21OnGkwJcgQ71JO-HnViTfZ_a5/view?usp=sharing

ACTIVITY 89

Title of the Activity:World Cancer Day 04.02.2020

Need of the Activity: Awareness on Warning Signs of Cancer and Early detection of Cancer

Brief Description (Need/Impact/Action/Picture (if any)): Charts and posters were displayed regarding causes, risk factors,warning signs, early detection, treatment modalities and prevention of cancer

<https://drive.google.com/drive/folders/1hJHip0NM5U-Uw8zzPpcV5cCzaTxAp2a7?usp=sharing>

ACTIVITY 90

Title of the Activity:PUMS 05.03.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Panchayat Union Middle School, Melmanambedu. 43 school students were benefited. Mean DMFT score was - 1.49. Dental caries and gingivitis was a common finding in most of the screened individuals.

<https://drive.google.com/file/d/1pkam0PqoovhGOiqJBUgeMK3CVgAiXFgw/view?usp=sharing>

ACTIVITY 91

Title of the Activity: Sri annai vidyashram matric higher secondary school 07.03.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Sri Annai Vidyashram Matric Higher Secondary School, Abirami Nagar, Eswaran Nagar, Thiruverkadu. 147 school students were benefited. Mean DMFT score- 0.50. Gingivitis followed by malocclusion were prevalent

among the school children. Oral hygiene instructions were given using chalk and talk method. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/13W0Ur2I94ImbBaImPFICdAvun3LC8Zd6/view?usp=sharing>

ACTIVITY 92

Title of the Activity: School Oral Health Screening and Awareness Program-Sembarambakkam 07.03.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Kalaimagal Nursery and Primary School, Sri Krishna Nagar, Sembarambakkam Mean DMFT Score: 1.31

<https://drive.google.com/file/d/1hqbxPIBtsrVLMZ7xR0Svr2UR85B4ZQl6/view?usp=sharing>

ACTIVITY 93

Title of the Activity: STUDENT AFICIONADO LECTURE SERIES - Higher Education in UK for Law Students 05.02.2020

Need of the Activity: conducting legal awareness based on the Lecture series

Brief Description (Need/Impact/Action/Picture (if any)): On 5th February, 2020 Saveetha School of law has organized a special lecture on "Higher Education in the UK for Law Students" in partnership with Queen Mary University London. The eminent speaker, Ms. Clare Burke, International Partnership Officer at Queen Mary University apprised the students about the various specialisations the law students can pursue in the UK. The session was exclusively attended by our 4th and 5th year students who were keen to know the nuances of LLM abroad process and law summer school programs offered by UK universities.

<https://drive.google.com/drive/folders/11TVqnyynZJVIpN7jE0IHurHQsfvWvCCc>

ACTIVITY 94

Title of the Activity: COVID 19 Awareness Campaign 06.02.2020

Need of the Activity: Covid 19 - Hygiene Etiquettes

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries - General Public (195), Activity - Oath Taking, Powerpoint presentation and discussion, Area -UHTC, Thirumazhisai, Vellavedu & Senthamarai Engineering works Ltd Thirumazhisai

https://drive.google.com/file/d/1-uvm5Mk-MqBqDUMUq1fEBxtJ69tRFLd_/view?usp=sharing

ACTIVITY 95

Title of the Activity:National Deworming Day 08.02.2020

Need of the Activity: Created awareness on Deworming and its Importance

Brief Description (Need/Impact/Action/Picture (if any)): National Deworming Day in Government Middle and High School at Saidapet, Chennai. Nurse explained to the students about the causes and consequences of worm infestation and the importance of Deworming Day through role play. Taught about preventive measures of worm infestation such as proper hand washing using soap and water before eating. Fruits and vegetables should be washed thoroughly before use. Personal hygiene, like washing hands thoroughly after using the restroom or defecation is very important. Distributed Deworming Tablet as per the Directive of the Department of Health, Tamil Nadu Government. Tablets were supplied by the Public Health And Family Welfare Department, Govt. of Tamil Nadu, Chennai. 1000 Tablets were issued to the students on the day for consumption. Total number of beneficiaries is 1000 school students.

https://drive.google.com/drive/folders/1a5GRed4AG_ovnn9eNbZg-cd42hCuo7-s?usp=sharing

ACTIVITY 96

Title of the Activity:School oral health screening and awareness program - Pupil School

Saveetha, Poonamallee 03.02.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)):

Total 69 students were benefitted. Mean DMFT was 0.95 for permanent dentition and Mean dmft was 1.4 for primary dentition. Gingivitis was more prevalent followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/1An4XTe-gsWhaTmT3nOvh-5C6M0huY0oh/view?usp=sharing>

ACTIVITY 97

Title of the Activity: Pupil School Saveetha 31.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total 286 students were benefitted. Mean DMFT was 0.16 for permanent dentition. Gingivitis was prevalent among 21.67% of the students followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

https://drive.google.com/file/d/19r78-7LWjc2U_HRiV6xY2YmbXVCF8qc/view?usp=sharing

ACTIVITY 98

Title of the Activity: School health program – “Awareness on Communicable Diseases
11.02.2020

Need of the Activity: Awareness on communicable diseases

Brief Description (Need/Impact/Action/Picture (if any)): Created awareness on preventive measures such as hand hygiene, respiratory hygiene and nutritional supplementation against COVID 19

<https://drive.google.com/drive/folders/1Ro-WX0HqQsnI4DWCD6M3F-bPH2jH6jRK?usp=sharing>

ACTIVITY 99

Title of the Activity: Pupil School Saveetha 30.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)):

Total 219 students were benefitted. Mean DMFT was 0.95 for permanent dentition. Gingivitis was prevalent among 79.9% of the students followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/12EXEWZrAUFyrKGnBFHKWIXrJCHHoVFeT/view?usp=sharing>

ACTIVITY 100

Title of the Activity: SPARSH 2020 Program 13.02.2020

Need of the Activity: Leprosy Case Detection Campaign - National Leprosy Eradication Program

Brief Description (Need/Impact/Action/Picture (if any)): Area - Urban field Practice Area, 1 week campaign for case detection and Health education by Interns and PGs in collaboration with District Director Leprosy - Thiruvallur

https://drive.google.com/file/d/1NSXUDugb7pYG_wA3CXlA8uS7s-PetRCg/view?usp=sharing

ACTIVITY 101

Title of the Activity: Anemia and Hookworm Infestation - Insight 17.02.2020

Need of the Activity: World Deworming Day Celebration

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries - School Children (200 & 99), Activity - Flex presentation, demonstration of Hand Hygiene and discussion, Area - Panchayat Union Middle School, Prayambattu & Melmanambedu

https://drive.google.com/file/d/13GfUq_cNqX-mm2s175lqyBlWX5A2ShmL/view?usp=sharing

ACTIVITY 102

Title of the Activity: Legal Awareness Camp (Criminal Law) 17.02.2020

Need of the Activity: Legal Awareness Camp (Criminal Law)

Brief Description (Need/Impact/Action/Picture (if any)): A legal awareness camp was conducted by the Criminal Law department in Government High Schools. The awareness was for Tolerance, Attitude, and Fight against corruption, Safety of women and Children, Fight against social evils. Our students around 6 members conducted this awareness camp for 2 Government schools namely Gunduperumbedu govt high school and Vengadu govt high school. Around 193 students put together in both the schools of standard 6 to 10th where provided awareness on the above mentioned topic by our students. The principal of both the schools Mrs.Jayanthi and Mr.Purushothaman welcomed and felicitated the staff. They were very happy for the initiative taken by our students to come to their remote place and provide such informative information.

<https://drive.google.com/drive/folders/15Jj0f608xN72jZyJ2DQ2LABS-aaXmQYN>

ACTIVITY 103

Title of the Activity: General Industrial Health Camp 18.02.2020

Need of the Activity: Occupational Health

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries - workers (150), Activity - Dental checkup, Ophthal checkup, General checkup, Ergonomics & Drug distribution; Area -Alpha Eng. Co., Smidh Tec, New Tec, Senthamari Engineering works, Thiruamzhisai

<https://drive.google.com/file/d/16liPXtaVG2Vf6AafSpFpjadZ6dqVse-4/view?usp=sharing>

ACTIVITY 104

Title of the Activity: Kesari hr sec School 20.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total 106 students were benefitted. Mean DMFT was 0.68 for permanent dentition. Gingivitis was prevalent among 81.13% of the students followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

https://drive.google.com/file/d/1EXV7g-ugvkenVyufbIqGV6Z3_l8XVCz0/view?usp=sharing

ACTIVITY 105

Title of the Activity: Akshaya Associates 13.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 52 students were benefitted. Mean DMFT was 0.67 for permanent dentition. Gingivitis was prevalent among 73.07% of the residents followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated

<https://drive.google.com/file/d/1Sgfi3qsUvjAGcK4SpwvfaQlc0JYpguUy/view?usp=sharing>

ACTIVITY 107

Title of the Activity: Community oral health screening and awareness program - Dr. Moorthy Nagar welfare committee, Padi 24.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 55 residents were benefitted. Gingivitis was prevalent among the screened population. Mean DMFT score was 1.29. Oral hygiene instructions were given.

https://drive.google.com/file/d/1SPVrXsa-UZgyhCpJMQaP2KA0iMagP_BL/view?usp=sharing

ACTIVITY 108

Title of the Activity: Community oral health screening and awareness program - Win Technologies, T Nagar 16.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among employees. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 22 employees were benefitted. Mean DMFT was 1.7. Prevalence of gingivitis was observed. Oral hygiene instructions were given.

https://drive.google.com/file/d/1uTiNNxYcKMk9fhUMheFoV8ZSBe_TMRqZ/view?usp=sharing

ACTIVITY 109

Title of the Activity: Community oral health screening and awareness program - Shri Krishnaswamy Womens College, Anna Nagar 13.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal

diseases and Malocclusion among college students. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total 213 college students were benefitted. Mean DMFT was 0.94. Prevalence of malocclusion was 45%. Brushing techniques were demonstrated, oral hygiene instructions were given. Treatment cards were provided to the participants.

<https://drive.google.com/file/d/1jswuWH0gxpr-e6NuBSe5s1ihM6MvEVUO/view?usp=sharing>

ACTIVITY 110

Title of the Activity: School Oral Health Screening and Awareness Program - Government Girls Primary School, Poonamallee 07.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total of 38 school children were benefitted. Mean DMFT score was 1.10. Prevalence of malocclusion was 26.31% among the school children. Oral hygiene instructions were given, brushing techniques were demonstrated.

<https://drive.google.com/file/d/1HIIPMBHNQOr7zAncXT7Imie16Dk4rha6/view?usp=sharing>

ACTIVITY 111

Title of the Activity: "SSL Marathon - Women's Safer 01.03.2020

Need of the Activity: Conducting legal awareness

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha School of Law arranged the marathon for safety of women on 1 st March 2020. More than 200 students from various universities and colleges participated in the event, one Mrs. Shanthi Director of Tamil

Nadu Labour Studies and additional Commissioner of Labour, Flag the Marathon. Chief Guest Mr.BaskaranKasinathan, Indian Kabadi Team Coach, Gold Medal winner Asian game, distributed the prize for the winner and participants. R.K.Vilasini International RJ, felicitated the function

<https://drive.google.com/drive/folders/11TVqnyynZJVIpN7jE0IHurHQsfvWvCCc>

ACTIVITY 112

Title of the Activity: Marathon 01.03.2020

Need of the Activity: A run to emphasis the safety of women

Brief Description (Need/Impact/Action/Picture (if any)):

Running regularly strengthens your heart by increasing your VO2 Max and helping keep your blood pressure and high cholesterol at health levels.

<https://drive.google.com/file/d/1jvS4nAVcLGAT-GF7VogN29reGaV09ky1/view?usp=sharing>

ACTIVITY 113

Title of the Activity: International seminar on the administration of law and justice. 02.03.2020

Need of the Activity: conducting legal programmes based on the Informative Theme

Brief Description (Need/Impact/Action/Picture (if any)): On 2nd March 2020 Saveetha School of Law, Centre for Criminal Justice Research (CCJR) has organised a one- day international seminar on the Administration of Law and Justice. Prof. Dr. Vasileios Adamidis, Professor and Principal Lecturer Nottingham Law School where the chief guest. The chief guest spoke on Aristotle's idea of law and justice. He explained Nicomachaen ethics. He narrated the dichotomy between justice in the sense of proportionality and justice in a narrower sense in terms of the telios. Dr. S. Anuja, Assistant Professor, TNNLU, Trichy, delivered the keynote address focusing on the various dimensions of law and justice. She resonated with Salmond's ideology of "just and righteous" nature of humans and the need for external force for the maintenance of an orderly society. The afternoon technical session was

handled by Dr. A Raghunatha Reddy, Director in charge, Dr. Ambedkar Law University, Chennai. He highlighted law as a non-static concept. He asked the students what is justice and opined that justice depends on the situation and there's no one step that fits all definitions. Justice and morality are inversely proportional to each other and evolves with the change in the collective wisdom of the society.

<https://drive.google.com/drive/folders/11TVqnyynZjVlPn7jE0lHurHQsfvWvCCc>

ACTIVITY 114

Title of the Activity: School Health Camp 05.03.2020

Need of the Activity: Welfare and wellbeing of Children and Adolescents

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries - workers (99), Activity - Dental checkup, Ophthal checkup & General checkup Area -Panchayat Union Middle School Melmanambedu

https://drive.google.com/file/d/1F4zho3jT51-UdJo2hzFQ0r3NrizMuK_W/view?usp=sharing

ACTIVITY 115

Title of the Activity: School Oral Health Screening and Awareness Program-Mevalurkuppam
Venue: Panchayat Union Primary School, Mevalurkuppam 27.02.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Panchayat Union Primary School, Mevalurkuppam, A total of 119 Children were screened and health education was given. Mean DMFT Score-0.99

https://drive.google.com/file/d/1ErqOAKCQs_7S2vaoAU2eYiHWwP7AkkMN/view?usp=sharing

ACTIVITY 116

Title of the Activity: Community oral health screening and awareness program- Mahalakshmi womens college of arts and science, Annanur 29.02.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 49 residents were benefitted. Mean DMFT was 0.47 for permanent dentition. Dental caries followed by Gingivitis were prevalent among the school children. Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/1t49n7iM-nZJnBph2nY91qllzqpeeZOqUR/view?usp=sharing>

ACTIVITY 117

Title of the Activity: Community oral health screening and awareness program- Alpha engineering company, Thirumazhisai 18.02.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among the General population. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total 46 employees were benefitted. Mean DMFT was 0.47 for permanent dentition. Dental caries was most prevalent among employees followed by gingivitis . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

https://drive.google.com/file/d/10oNd4QJyce8uyCUC1wX_ddl_r5Ln5O4B/view?usp=sharing

ACTIVITY 118

Title of the Activity: School oral health screening and awareness program- Patrician college of arts and science (Government Primary School), Pattabiram 18.02.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental

College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total 137 school children were benefitted. Mean DMFT was 0.98 for permanent dentition. Dental caries followed by Gingivitis were prevalent among the school children. Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

https://drive.google.com/file/d/10oNd4QJyce8uyCUC1wX_ddl_r5Ln504B/view?usp=sharing

ACTIVITY 119

Title of the Activity: World Cancer Day 04.01.2020

Need of the Activity: To raise awareness about the ill effects of tobacco consumption among the general population.

Brief Description (Need/Impact/Action/Picture (if any)): In association with Indian Association of Public Health Dentistry, a rally from Saveetha Dental College to Kumaranchavadi traffic signal was conducted. Pamphlets regarding bad effects of tobacco were distributed among the populations at the traffic signal.

https://drive.google.com/file/d/1-OcTo6Tz0hCg6xu_whpyZxxTefj12wn/view?usp=sharing

ACTIVITY 120

Title of the Activity: National Toothache day 09.02.2020

Need of the Activity: To raise awareness about oral health and importance of maintaining good oral hygiene and tips to prevent dental caries

Brief Description (Need/Impact/Action/Picture (if any)): On National Toothache day, the Department of Public Health dentistry conducted an awareness programme for school children. Health education, Brushing technique and oral hygiene instructions were given to prevent early dental caries.

https://drive.google.com/file/d/1jl81zDISUT0p08JEYioswS_xVMYmM6Dg/view?usp=sharing

ACTIVITY 121

Title of the Activity:School oral health screening and awareness program - Pupil School Saveetha, Poonamallee 03.02.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Total 269 students were benefitted. Mean DMFT was 0.95 for permanent dentition and Mean dmft was 2.45 for primary dentition. Gingivitis was more prevalent followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/1An4XTe-gsWhaTmT3nOvh-5C6M0huY0oh/view?usp=sharing>

ACTIVITY 122

Title of the Activity: World Kidney Day 11.03.2020

Need of the Activity: Awareness on the world Kidney Day theme "Kidney Health for Everyone Everywhere – From Prevention to Detection and Equitable Access to Care"

Brief Description (Need/Impact/Action/Picture (if any)): Explained the importance of world kidney day and prevention of kidney disease. B.Sc.(N) II year students enacted the role play regarding the risk factors, early detection and prevention and treatment modalities of kidney disease. Charts and posters were displayed and explained to the general public regarding the structure of Kidney, risk factors of kidney disease, its signs and symptoms, diagnostic tests & treatment and 8 golden rules to prevent kidney disease". Health talk on the importance and prevention of kidney disorders

https://drive.google.com/drive/folders/1KioQD1u7B_-6Da4yds5e7hDNdcXsAk-e?usp=sharing

ACTIVITY 123

Title of the Activity: Kiran global chem ltd 27.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 62 students were benefitted. Mean DMFT was 0.67 for permanent dentition. Gingivitis was prevalent among 79.03% of the students followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/1-yGcdjZj6hCBvJyElwg94rmegvlnFbPk/view?usp=sharing>

ACTIVITY 124

Title of the Activity:Health Education on Breast Cancer Awareness 17.03.2020

Need of the Activity: Importance of screening for Breast Cancer

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries - MGNREGA workers (40), Activity - Poster presentation, Demonstration of BSE & Discussion -Panchayat Union Middle School Melmanambedu

<https://drive.google.com/file/d/1LTsjH73OaHbmB2z22jxOexZVCYanU19V/view?usp=sharing>

ACTIVITY 125

Title of the Activity: DBCS Camp 17.03.2020

Need of the Activity: To increase the awareness about the importance of eye care and also to screen patients for presence of any vision related problems.

Brief Description (Need/Impact/Action/Picture (if any)): Camps are organised not only to identify the cataract patients but also the other common eye problems like glaucoma, retina, diabetic retinopathy, refractive errors etc.

https://drive.google.com/file/d/1_m9U4G5bHPjaJ3LdG4e1huWeZ3fEzXUz/view?usp=sharin

g

ACTIVITY 126:

Title of the Activity: WASH Response to COVID 19 Preparedness 20.03.2020

Need of the Activity: Safety Measures of water, sanitation and hygiene

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Nursing (SCON) had organized WASH Response to COVID 19 Preparedness programme on 20.03.2020 to the House keeping Employees of Saveetha Institute of Medical and Technical Sciences (SIMATS) Considering the need of Safely managed water, sanitation, and hygiene (WASH) services as an essential part of preventing and protecting human health during infectious disease outbreaks, including the current COVID-19 pandemic.

https://drive.google.com/drive/folders/1Y7uKE_-F6HOf2M0Q0vc5tAKhk-n04IXC?usp=shari

ng

ACTIVITY 127:

Title of the Activity: Community oral health screening and awareness program - Association for Rural & Urban Needy, Rainbow House, Purasawalkam 23.12.2019

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)):

Total 35 residents were benefitted. Dmft score was high at 4.12. About 40% of the screened population were experiencing edentulousness. Oral hygiene maintenance, nutrition advice were provided.

<https://drive.google.com/file/d/1o597j7D-9qlShtVT1QlwYG3fiDcrvGdX/view?usp=sharing>

ACTIVITY 128

Title of the Activity: School oral health screening and awareness program - Pupil School Saveetha, Poonamallee 11.02.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)):

Total 203 school children were benefited. Mean DMFT score was 0.3. Mean dmft score was 0.4. Prevalence of malocclusion was 69%. Brushing technique was demonstrated.

<https://drive.google.com/file/d/1eFOwCLTZ1uwMvHMMaVaP0OWfin-TcGce/view?usp=sharing>

ACTIVITY 129

Title of the Activity: Arrow Diagnostics 30.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)):

Total 54 students were benefitted. Mean DMFT was 1.1 for permanent dentition. Gingivitis was prevalent among 92.59% of the residents followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/19NOwZebwCylAwpnknybBb9szpIMjjBYc/view?usp=sharing>

ACTIVITY 130

Title of the Activity: COVID-19 Pandemic Relief Activities 13.04.2020 to 16.04.2020

Need of the Activity: Pandemic Relief Activities such as Fever Screening Survey, preventive measures for sanitary workers, Distribution Rice and Grocery items to needy people

Brief Description (Need/Impact/Action/Picture (if any)):

Students of Saveetha College of Nursing (SCON) actively engaged in Start-ups have stepped up with different initiatives to help support people doing commendable jobs in whatever way they can during the COVID-19 pandemic relief lockdown period.

<https://drive.google.com/drive/folders/1QnecTcHUaPr3nIGmrTi3IlykIcA5vZje?usp=sharing>

ACTIVITY 131

Title of the Activity: TB DOTS Centre - UHTC, Thirumazhisai 24.04.2020

Need of the Activity: To decrease mortality and morbidity due to TB and cut transmission of infection.

Brief Description (Need/Impact/Action/Picture (if any)):

Beneficiaries - Tb Patients (6), Activity - Free Specialist Consultation, Sputum Collection and Drug Distribution Center & Follow-up on every Saturday, Area -UHTC, Thirumazhisai

https://drive.google.com/file/d/1k8SSKETzUo0t_8TJkcBiUg73EKAPbjQu/view?usp=sharing

ACTIVITY 132

Title of the Activity: Good Shepherd Matric Hr Sec School 10.1.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)):

Total 185 students were benefitted. Mean DMFT was 0.73 for permanent dentition. Gingivitis was prevalent among 76.21% of the students followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were

demonstrated

https://drive.google.com/file/d/1sYCicdA0pLld4_pgiBe3D2W-aeU60eCi/view?usp=sharing

ACTIVITY 133

Title of the Activity: Awareness on constitutional law 17.02.2020

Need of the Activity: conducting legal awareness based on the Informative Theme

Brief Description (Need/Impact/Action/Picture (if any)):

Saveetha School of Law students S. SOZHIYA, V.RAVALI, V.DINESH NARAYANAN conducted Legal awareness programme on 17.2.20 in 2 schools namely JAYA JAYA SHANKARA INTERNATIONAL SCHOOL, Nazarethpet and GT VIDHYA MANDIR CBSE SCHOOL, Vengal near Periyapalayam .The students gave awareness and explained details about constitutional law. Separation of powers in detail. Awareness about collar crimes and conducted activities for enhancement of student's presence of mind. Discussion about problems faced by the students outside the school campus and guidelines for redressal.

<https://drive.google.com/drive/folders/1UHWjzcG6jhenuJmwvbV-mXZVDz8kVjDM>

ACTIVITY 134

Title of the Activity: Rural Reforestation Awareness April/May 2020

Need of the Activity: Tree Plantation

Brief Description (Need/Impact/Action/Picture (if any)): The Rural Reforestation Campaign is to generate awareness in the village communities on the role and relevance of Tree Planting. During Climate change, these rural areas are facing unpredictable temperatures. Considering the diverse benefits of trees, including that they release oxygen into the air, absorb unpleasant odours as well as harmful gases such as carbon dioxide.

https://drive.google.com/file/d/1ZaEfkU-BIFqUiOM35Zpog_ar2bQWxz-g/view?usp=sharing

ACTIVITY 135

Title of the Activity: Village Cleaning 13.11.2019

Need of the Activity: Helped cleaning the village for the sustainable development

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha school of management conducted a community based project at CTS corporation school, Mogappair in November, 2019. With the super power of coordination, planning and analyzing the manpower requirements, Virtuoso served as one such project to set library with 2500+ books, novels, newspapers, magazines; cleaning the racks by arranging books; painting the entire campus including walls and black boards; repairing the computers, audio system, CCTV camera, speakers and projector. The students not only restricted themselves with cleaning, they also decorated the campus by planting saplings. With 30+ Rotaractors on field, the project accomplished and benefitted 100+ students. Our students received positive feedback from the management.

https://drive.google.com/file/d/1-HQd-U450jBixSq8Egm-qMtml4fu_hl/view?usp=drivesdk

https://drive.google.com/file/d/1-5AdxQidsmXcZ3Go0jDQBF_BJ5iacvon/view?usp=drivesdk

ACTIVITY 136

Title of the Activity: Technological Literacy 18.12.2019

Need of the Activity: to educate the children, youth, SHGs and older people about technological upgradations

Brief Description (Need/Impact/Action/Picture (if any)): Technological Literacy activity is a dawn to educate the children, youth, SHGs and older people about technological upgradations which would assist them in their daily life. I year MBA students conducted this activity in two sessions. The target audience was enlightened by teaching them about internet usage, security threats, online education courses, internet/mobile banking and online bookings at schools, colleges, rural areas, old age homes and self help groups. This field work enabled students to communicate with people belonging to different age groups, networking, proper planning, coordination and scheduling of tasks through appropriate allocation of resources.

https://drive.google.com/file/d/1-6B4wqV2340UhOkYOSKNu7FLMP6w1jEr/view?usp=drive_sdk

https://drive.google.com/file/d/1-9IwFqwEziRndzdF3MuNeiCju56g_rFY/view?usp=drivesdk

ACTIVITY 137

Title of the Activity: Blood donation camp 22.01.2020

Need of the Activity: Blood donation

Brief Description (Need/Impact/Action/Picture (if any)):

Blood donation is the real act of humanity because it costs nothing, but means everything. Rotaract club of Saveetha School of Management organized Blood donation Camp 'Be Positive' along with VS blood bank at Seminar hall, Saveetha School of Management. Student, staff and volunteer donors from Saveetha school of law, Saveetha school of management and Saveetha dental college actively donated blood. Each individual spared 15 mins to save 3 lives by donating 350 ml of blood. On this great initiative, 115 donors donated blood and received certificates which will be used for treating cancer patients and anemic children.

https://drive.google.com/file/d/1-4SbHZ9YbkIIIWl2Ux_I0ygPzTAYacbC/view?usp=drivesdk

https://drive.google.com/file/d/19Qz22Rw4PjG_TNqKVkRMjBRyvMCL1yi6/view?usp=drivesdk

ACTIVITY 138: Trip to Chithathur village 08.02.2020

Title of the Activity: Trip to village

Need of the Activity: Trip to village, to know th requirements

Brief Description (Need/Impact/Action/Picture (if any)):

Saveetha School of Management have initiated an interview with the people of Chithathur Village about their living in rural areas and their requirements were listed by our team. It was an experience for our members from city life to village with a lot of learning, board and raw fun.

<https://drive.google.com/file/d/1-IAVsJ9-spx-4XbCU5IUihMoiNm78SI7/view?usp=drivesdk>

ACTIVITY 139

Title of the Activity: Nakshatra 01.03.2020 to 14.03.2020

Need of the Activity: social event

Brief Description (Need/Impact/Action/Picture (if any)):

Saveetha School of management joined hands with Rotaract club of Ambattur for an ongoing project Nakshatra for the 16th season. This season was conducted virtually to keep people engaged and to showcase their talents. N'16 conducted with the cause of providing sanitary vending machines to government schools around chennai.

<https://drive.google.com/file/d/1-NDNJ75Sxt3XZLgklIwuOPmFC4LeqcvL/view?usp=drivesdk>

ACTIVITY 140

Title of the Activity: Workshop 25.01. 2020

Need of the Activity: Directed by UBA

Brief Description (Need/Impact/Action/Picture (if any)): The UBA Coordinator participated in the Regional Workshop for Participating Institutes held at SRMIST

https://drive.google.com/file/d/1_PltwMP0D75BmrVlo64kZH0Hx-1dUtMD/view?usp=drivesdk

ACTIVITY 141

Title of the Activity: Women's Day Program 5th to 7th March 2020

Need of the Activity: Women Empowerment

Brief Description (Need/Impact/Action/Picture (if any)):

As part of Womens day celebration, SSE invited women from the adopted villages to participate in the women's day program and also their Self Help Groups to install a shop during the three day event.

<https://drive.google.com/file/d/1vvrgQe5UvZKGF0qNeXU6erZ7OvBn4Ytu/view?usp=drivesdk>

ACTIVITY 142

Title of the Activity: Motivational seminar English by British council 02.02.2020

Need of the Activity: Career Guidance

Brief Description (Need/Impact/Action/Picture (if any)):

A Motivational Seminar on career prospects through English Language Skills was conducted under Career Guidance Theme

<https://drive.google.com/file/d/1E4rVDcCciuxvZSRQIZOYly7NInGuSdst/view?usp=drivesdk>

ACTIVITY 143

Title of the Activity: Entrepreneurship and Empowerment 20.01.2020

Need of the Activity: Career Guidance

Brief Description (Need/Impact/Action/Picture (if any)):

A session on Entrepreneurship and Empowerment of women was taken by leading experts in the field as panel discussion. Insights were gained about entrepreneurship.

https://drive.google.com/file/d/1ncXzoY_w_ouvL4nl368dlAYvOTR0TYt3/view?usp=drivesdk

ACTIVITY 144

Title of the Activity: Awareness on Sanitation and Health 23rd January 2020

Need of the Activity: Sanitation

Brief Description (Need/Impact/Action/Picture (if any)):School students at Mappedu were made aware on steps of Handwashing and Positive Sanitation Habits

<https://drive.google.com/file/d/1tNfAyMuqgTBIO4l5hXOwOqfFAUYpAawk/view?usp=drivesdk>

ACTIVITY 145

Title of the Activity: Awareness on Sanitation and Health

Need of the Activity: Sanitation

Brief Description (Need/Impact/Action/Picture (if any)):

School students at Erayamangalam were made aware on steps of Handwashing and Positive Sanitation Habits

<https://drive.google.com/file/d/1kEnKZvp4kAi5i07gQeI8-EJvOgL4z-AT/view?usp=drivesdk>

ACTIVITY 146

Title of the Activity: Awareness on Sanitation and Health

Need of the Activity: Sanitation

Brief Description (Need/Impact/Action/Picture (if any)):

School students at Samathuvapuram were made aware on steps of Handwashing and Positive Sanitation Habits

https://drive.google.com/file/d/1mmgQuMSS6mMeKzHa3HClN_6IFw-K2X-z/view?usp=drive
[sdk](#)

ACTIVITY 147

Title of the Activity: Awareness on Sanitation and Health

Need of the Activity: Sanitation 20.01.2020

Brief Description (Need/Impact/Action/Picture (if any)):

School students at Kondanjery were made aware on steps of Handwashing and Positive Sanitation Habits

<https://drive.google.com/file/d/1aYkwfFJv1NtRTdu-d8Mcsv6wn8pkwlP3/view?usp=drivesdk>

ACTIVITY 148

Title of the Activity: Awareness on Sanitation and Health

Need of the Activity: Sanitation

Brief Description (Need/Impact/Action/Picture (if any)):

School students at Ulundai were made aware on steps of Handwashing and Positive Sanitation Habits

https://drive.google.com/file/d/1ybXEuNK_stO2Kn3cxpTdZG9YBo4_gKAh/view?usp=drivesdk

ACTIVITY 149

Title of the Activity: Covid 19 - Relief Material Distribution

Need of the Activity: Charity

Brief Description (Need/Impact/Action/Picture (if any)):

Groceries were provided to Covid 19 hit daily wage laborers in select villages of adoption

https://drive.google.com/file/d/1K4PcXZ-uU9i0UG1z8_eWx5UQPQi1KJFb/view?usp=drivesdk

ACTIVITY 150

Title of the Activity: Covid 19 - Relief Material Distribution

Need of the Activity: Charity

Brief Description (Need/Impact/Action/Picture (if any)):

Groceries were provided to Covid 19 hit daily wage laborers in select villages of adoption

<https://drive.google.com/file/d/1INX9WiL2jG8fllmIywrLgibL00gf4o1q/view?usp=drivesdk>

ACTIVITY 151

Title of the Activity: Village Cleaning Program at Mappedu 24.01.2020

Need of the Activity: Sanitation

Brief Description (Need/Impact/Action/Picture (if any)):

A village cleaning program was organised and cleaned a playground for youngsters and children. Emphasised the need for safety and importance of sanitation.

https://drive.google.com/file/d/1IFCa8vHYBPf12h_Kx7x5ETkpgCyCBeI2/view?usp=drivesdk

ACTIVITY 152

Title of the Activity: Precautionary Measures During Covid-19 10.04.2020

Need of the Activity: Pandemic Support

Brief Description (Need/Impact/Action/Picture (if any)):As soon as the Covid 19 started showing its impact socially and physically, the institution organised a webinar on precautionary measures during covid 19.

<https://drive.google.com/file/d/1k11GcW9ilza-Nm1WdzF6xSsXz9UecvLo/view?usp=drivesdk>

ACTIVITY 153

Title of the Activity:Womens Day Program 05.03.2020 to 07.03.2020

Need of the Activity: Women Empowerment

Brief Description (Need/Impact/Action/Picture (if any)):As part of Womens day celebration, SSE invited women from the adopted villages to participate in the women's day program and also their Self Help Groups to install a shop during the three day event.

<https://drive.google.com/file/d/1vvrgQe5UvZKGF0qNeXU6erZ7OvBn4Ytu/view?usp=drivesdk>

ACTIVITY 154

Title of the Activity:Innovation and Entrepreneurship 19.02.2020

Need of the Activity: Career Guidance

Brief Description (Need/Impact/Action/Picture (if any)): A session on Innovation and Entrepreneurship was conducted for the benefit of the audience. Insights were gained about entrepreneurship.

https://drive.google.com/file/d/16l3Ji5fKgqt8mh5VvtiRVzBK1OT_gvRy/view?usp=drivesdk

ACTIVITY 155

Title of the Activity:Health Camp - Old Age Home 12.12.2019, 09.01.2020, 06.02.2020,12.03.2020, 09.04.2020

Need of the Activity: Welfare and wellbeing of elderly Population

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries - 9 Inmates, Place - Swami Charitable Trust,Free Home-based Consultation and treatment of Minor ailments and referral services - monthly once

<https://drive.google.com/file/d/1i1YN8vo0SyXP-nqocCgiVH8jL3mqkgnG/view?usp=sharing>

ACTIVITY 156

Title of the Activity:Ill-effects of Pollution and its Control 02.01.2020

Need of the Activity: World Pollution Day celebration

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries - General Public (38), Activity - Powerpoint presentation and discussion, Area -UHTC, Thirumazhisai

<https://drive.google.com/file/d/1iH05HLPZOpA98Nmd4M7nQ9tunkJIOPx4/view?usp=sharing>

ACTIVITY 157

Title of the Activity:Health Education on Breast Cancer Awareness 17.03.2020

Need of the Activity: Importance of screening for Breast Cancer

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries - MGNREGA workers (40), Activity - Poster presentation, Demonstration of BSE & Discussion -Panchayat Union Middle School Melmanambedu

<https://drive.google.com/file/d/1LTsjH730aHbmB2z22JxOexZVCYanU19V/view?usp=sharing>

ACTIVITY 158

Title of the Activity:COVID 19 - INTERNATIONAL PERSPECTIVE 3.06.2020

Need of the Activity: conducting legal awareness via webinar

Brief Description (Need/Impact/Action/Picture (if any)):The resource person focused on 3 stages of this pandemic disease and also discussed in detail about the role played by China in producing the virus which he termed as Trade war. The resource person shared the presentations and discussed it widely and gave a better understanding of the concept to the students. Also he clarified the doubt in a crisp and effective manner, thus eradicating the doubts in the student's minds. PhD scholars had also participated and asked some case laws which were really related to our issue.

https://drive.google.com/drive/folders/1PII1_dy0SKqJh2zISQhRc9cZGgGen2K3

ACTIVITY 159

Title of the Activity:WASH Response to COVID 19 Preparedness 20.03.2020

Need of the Activity: Safety Measures of water, sanitation and hygiene

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Nursing (SCON) had organized WASH Response to COVID 19 Preparedness programme on 20.03.2020 to the House keeping Employees of Saveetha Institute of Medical and Technical Sciences (SIMATS) Considering the need of Safely managed water, sanitation, and hygiene (WASH) services as an essential part of preventing and protecting human health during infectious disease outbreaks, including the current COVID-19 pandemic..

<https://drive.google.com/drive/folders/1Y7uKE-F6HOf2M0QOvc5tAKhk-n04JXC?usp=sharing>

ACTIVITY 160

Title of the Activity: Community oral health screening and awareness program - Makizam Apartment, Kotivakkam 21.12.19

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 41 residents were benefited from the program. Prevalence of gingivitis was observed. Treatment cards were distributed for availing treatments in Saveetha Dental College.

https://drive.google.com/file/d/1cHLROZ7IRf_o4xKOVZZM_uwkyr3XpaL8/view?usp=sharing

ACTIVITY 161

Title of the Activity: Community oral health screening and awareness program - Association for Rural & Urban Needy, Rainbow House, Purasawalkam

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)): Total 35 residents were

benefitted. Dmft score was high at 4.12. About 40% of the screened population were experiencing edentulousness. Oral hygiene maintenance, nutrition advice were provided.

<https://drive.google.com/file/d/1o597j7D-9qlShtVT1QlwYG3fiDcrvGdX/view?usp=sharing>

ACTIVITY 162

Title of the Activity:The Crystal Court Apartment AB Road

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)):Total 51 students were benefitted. Mean DMFT was 0.54 for permanent dentition. Gingivitis was prevalent among 74.5% of the residents followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/1fYMSTK7IZ9Q2dH4aXV-JUU3CwYwN51sZ/view?usp=sharing>

ACTIVITY 163

Title of the Activity:MHMA Apartment 16.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)):Total 51 students were benefitted. Mean DMFT was 0.7 for permanent dentition. Gingivitis was prevalent among 78.43% of the residents followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/1gO7JpVwF1wxqYjELxTi92h80vkiw2eh/view?usp=sharing>

ACTIVITY 164

Title of the Activity:Madrasa Kashiful Huda 17.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)):Total 75 students were benefitted. Mean DMFT was 1.67 for permanent dentition. Gingivitis was prevalent among 49.33% of the residents followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated

<https://drive.google.com/file/d/1o6t90UTszJPHInCb50WrmjETy-bjXtgm/view?usp=sharing>

ACTIVITY 165

Title of the Activity:The Satkaarya trust 18.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)):Total 61 students were benefitted. Mean DMFT was 0.62 for permanent dentition. Gingivitis was prevalent among 57.37% of the residents followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/1bPwEzCzli2IysKj3DwTijvC5spcD6wln/view?usp=sharing>

ACTIVITY 166

Title of the Activity:Salim's Winter Park, Engineering Enterprises 19.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)):Total 51 students were

benefitted. Mean DMFT was 0.63 for permanent dentition. Gingivitis was prevalent among 80.39% of the residents followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/1OqzuycDbvGUSuYXPnhUdPRiFoc5RKsXO/view?usp=sharing>

ACTIVITY 167

Title of the Activity:Panchayat union middle school 29.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)):Total 79 students were benefitted. Mean DMFT was 0.63 for permanent dentition. Gingivitis was prevalent among 82.27% of the students followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/1qsNqmsgghka5aJwaM9QpyIdro9Uga6J7o/view?usp=sharing>

ACTIVITY 168

Title of the Activity:NCC urban temple trees apartments 29.01.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)):Total 59 students were benefitted. Mean DMFT was 0.63 for permanent dentition. Gingivitis was prevalent among 57.62% of the residents followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/1Xa-b6l4jcSgygD4augllqXbr5rStKNU6/view?usp=sharing>

ACTIVITY 169

Title of the Activity:Community oral health screening and awareness program- Institute of leather technology, Tharamani 03.02.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among Students. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)):Total 85 students were benefitted. Mean DMFT was 0.67 for permanent dentition. Dental caries were prevalent among 65% of the students followed by Gingivitis . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/1An4XTe-gsWhaTmT3nOvh-5C6M0huY0oh/view?usp=sharing>

ACTIVITY 170

Title of the Activity:Community oral health screening and awareness program- Alpha engineering company, Thirumazhisai 18.02.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among the General population. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)):Total 46 employees were benefitted. Mean DMFT was 0.47 for permanent dentition. Dental caries was most prevalent among employees followed by gingivitis . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

https://drive.google.com/file/d/10oNd4QJyce8uyCUC1wX_ddl_r5Ln504B/view?usp=sharing

ACTIVITY 171

Title of the Activity:School oral health screening and awareness program- Partician college of arts and science (Government Primary School), Pattabiram 20.02.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal

diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)):Total 137 school children were benefitted. Mean DMFT was 0.98 for permanent dentition. Dental caries followed by Gingivitis were prevalent among the school children. Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

https://drive.google.com/file/d/10oNd4QJyce8uyCUC1wX_ddl_r5Ln504B/view?usp=sharing

ACTIVITY 172

Title of the Activity:Community oral health screening and awareness program- Iniya Udayam charitable trust, Avadi 23.02.2020

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)):Total 37 school children were benefitted. Mean DMFT was 1.98 for permanent dentition. Dental caries followed by Gingivitis were prevalent among the school children. Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/10uMTdYSHWUHbKyIKk9IZtATIPhfx0jo/view?usp=sharing>

ACTIVITY 173

Title of the Activity:Community oral health screening and awareness program- Royal Enfield Showroom, Sriperumbudur

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)):Total 49 employees were benefitted. Mean DMFT was 0.76 for permanent dentition. Gingivitis was most prevalent

among employees followed by dental caries . Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

https://drive.google.com/file/d/1i45ZK_M0_7Ye05DTGPtQknQVC3fK2LWR/view?usp=sharing

ACTIVITY 174

Title of the Activity:Community oral health screening and awareness program- Mahalakshmi womens college of Arts and Science, Annanur

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

Brief Description (Need/Impact/Action/Picture (if any)):Total 49 residents were benefitted. Mean DMFT was 0.47 for permanent dentition. Dental caries followed by Gingivitis were prevalent among the school children. Oral hygiene instructions were given using chalk and talk methods. Brushing techniques were demonstrated.

<https://drive.google.com/file/d/1t49n7iM-nZJnBphnY91qllzqpeeZOqUR/view?usp=sharing>

ACTIVITY 175

Title of the Activity:ADW Middle school 08.03.2020

Need of the Activity:To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among School Children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)):ADW Middle school, Vellanur, Villivakam. A total of 53 participants were screened and health education was given on importance of brushing twice daily and proper brushing techniques were taught using teeth model. Cards for free basic treatments were distributed. Mean DMFT score was 0.47. Dental caries followed by gingivitis were prevalent among the population.

https://drive.google.com/file/d/1sg5gwrshqT_AVcHOVO3K1rTjRAahzi5I/view?usp=sharing

ACTIVITY 176

Title of the Activity: Cultural Program 20.09.2019

Need of the Activity: Culture provides important social and economic benefits

Brief Description (Need/Impact/Action/Picture (if any)): Cultural activities not only help students to identify themselves with the university, but also assist students to develop themselves in a desired field and also improve skills such as organization, presentation, Leadership and interpersonal communication.

<https://drive.google.com/file/d/1lz7OBlZam3pDImjLSMYB5pcgwL38CcPk/view?usp=sharing>

ACTIVITY 177

Title of the Activity: Postnatal Care of Mothers including Counselling 10.12.2019, 28.01.2020, 11.02.2020, 25.02.2020

Need of the Activity: Maternal Health Care

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries - UHC (11), Activity- PNC Checkup, Postnatal Baby care, Immunisation, Breastfeeding & Complementary Feeding, Counselling on Nutrition, Danger signs & Family Planning

<https://drive.google.com/file/d/1D8-wbOLZ1z8ZBGw35cF1bNe382bFgYsK/view?usp=sharing>

ACTIVITY 178

Title of the Activity: NCD Clinic 06,13,20,27.12.2019; 03,10,17,24,31.01.2020; 07,14,21,28.02.2020; 06,13,20,27.03.2020

Need of the Activity: Reduction in mortality and hospitalisation due to diabetes, hypertension and acute cardiovascular/ cerebro-vascular diseases.

Brief Description (Need/Impact/Action/Picture (if any)):Weekly NCD Clinic, Beneficiaries - UHC (391 includes followup cases). Activities - Opportunistic Screening, Consultation and Treatment, Lifestyle modification counselling and follow up

<https://drive.google.com/file/d/1aOKSwnjkCrJ1685YRAcaJkrA8gbmVm1D/view?usp=sharing>

ACTIVITY 179

Title of the Activity:Fever Clinic 02.04.2020

Need of the Activity: For effective and Expeditious referral and to reduce the risk of transmission of COVID-19 to other vulnerable patients and healthcare workers presenting to the Centre.

Brief Description (Need/Impact/Action/Picture (if any)):Started from April 2020, Beneficiaries - UHC (28), Activities - Rapid Assessment & referral, Monitoring Vitals including saturation, drug distribution and counselling on quarantine and hygiene etiquettes.

https://drive.google.com/file/d/1MMSD-CTIcU0sm7BIWLxo2viX_gCA9Nzg/view?usp=sharing

ACTIVITY 180

Title of the Activity:AIDS Awareness Program 01.12.2019

Need of the Activity: World Aids day Celebration

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries: Clinicians, UGs, PGs and General Public. Activities: Health education about HIV virus transmission, giving support for People Living with HIV, nutritional diet for HIV affected persons

https://drive.google.com/file/d/1Skip4tcx2wMTd1_K-L1i29jgQ4x0RnAv/view?usp=sharing

ACTIVITY 181

Title of the Activity:Antibiotic Awareness Program 24.11.2019

Need of the Activity: World Antibiotic Awareness Week

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries: UGs, PGs and General Public Activity: Posters and Flyers highlighting best practices among general public, health workers and policy makers to help stop further emergence and spread of antibiotic resistance.

https://drive.google.com/file/d/1vyYOh5x0RCD0NyFaA7_8N1ck8Gsv--KI/view?usp=sharing

ACTIVITY 182

Title of the Activity:Paediatric Health Camp19.10.2019

Need of the Activity: Paediatric Health Screening

Brief Description (Need/Impact/Action/Picture (if any))Beneficiaries: Children Activity: General checkup to screen for any illness and provide treatment

<https://drive.google.com/file/d/1xXiNK4jZkzylLHMcGcRaXVWF3bq-G1Pu/view?usp=sharing>

ACTIVITY 183

Title of the Activity:AIDS Awareness Slogan Writing Competition "Hands up for HIV" 10.12.2019

Need of the Activity: World Aids day Celebration

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries: School Students (50), Activity: Slogans were made based on theme of World AIDS Day and displayed to create awareness on HIV/AIDS

https://drive.google.com/file/d/1TjXLzkK46z-dTjZP0hZ0xIy91cnJH7g_/view?usp=sharing

ACTIVITY 184

Title of the Activity:Cancer Awareness and Screening Camp 26.01.2020

Need of the Activity: To spread awareness of cancer among school students

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries: School Students (500) Activity: Screening for common cancers among school children, Create awareness of various cancers using posters and flyers.

<https://drive.google.com/file/d/1SCfU2QKIIReDgH7QH4eIv-9M-AkwQkbu/view?usp=sharing>

ACTIVITY 185

Title of the Activity: Childhood Cancer Awareness Program 15.02.2020

Need of the Activity: World Childhood Cancer Awareness Day

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries: General Public Activity: Motorcycle Rally to create awareness about cancer

<https://drive.google.com/file/d/1DqqpOCi9e-HhZWEepAI65V1U6lqFyKUf/view?usp=sharing>

ACTIVITY 186

Title of the Activity: Blood Donation Camp 14.02.2020

Need of the Activity: World Blood Bank Day

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries: General Public Activity: Donation of blood by Doctors and Students and cadets of CISF.

<https://drive.google.com/file/d/1D18uWKVWD5QHycmdGa2WlcS70kYA7BYo/view?usp=sharing>

ACTIVITY 187

Title of the Activity: Iraivi 28.02.2020

Need of the Activity: To create awareness about good and bad touches among school children

and awareness of POSCO act among teachers

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries: Students and teachers at Goodwill School, Chennai. Activity: Education about self defense, good and bad touches and awareness creation about POSCO Act among school teachers

<https://drive.google.com/file/d/1eKRrs-4ExcD6DuY0YRBKXYEeouZY3MuVt/view?usp=sharing>

ACTIVITY 188

Title of the Activity:NCD Screening among SMCH Female Staff 11.03.2020

Need of the Activity: International Women's Day Celebration

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries: SMCH Non-teaching female staff above 35 years of age, Activity: Opportunistic Screening, Consultation and Treatment, Lifestyle modification counselling.

https://drive.google.com/file/d/1VPSw_qEfiTOExMiZh23Zfa2O8kBa9prT/view?usp=sharing

ACTIVITY 189

Title of the Activity: SHAKTHI 09.03.2020

Need of the Activity: To enable women empowerment through Community Service

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries: Housekeeping Staff (50), Activity: They were taught art of soap making and marketing

[https://drive.google.com/file/d/1o5q23sW0GaHK023GzcgFT1pKTi3\]x1lu/view?usp=sharing](https://drive.google.com/file/d/1o5q23sW0GaHK023GzcgFT1pKTi3]x1lu/view?usp=sharing)

ACTIVITY 190

Title of the Activity:SHUDDHI 10.03.2020

Need of the Activity: To create awareness about Handwashing Techniques

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries: School Students

(200) Activity: Health education and discussion on proper handwashing techniques

https://drive.google.com/file/d/1RRxFMsuldKeytXnB_ZLKx_zmw5aaR6ca/view?usp=sharing

ACTIVITY 191

Title of the Activity: Organ Donation Awareness 08.03.2020

Need of the Activity: To create awareness and empower general public to voluntarily come forward for organ donation

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries: General Public
Activity: Walkathon as awareness drive for organ and body donation

<https://drive.google.com/file/d/1D7YFAWu8ncn47ClD0qaX5hLtTYIRy5fC/view?usp=sharing>

ACTIVITY 192

Title of the Activity: Sehat 09.03.2020

Need of the Activity: For early diagnosis of Diabetes and Hypertension among Mappedu villages

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries: General public
(50) Activity: Door to door screening for T2DM and HTN in Mappedu Village

<https://drive.google.com/file/d/1Lq6lLBXL0FkqTlZ5j01ZcHVZv96CKSug/view?usp=sharing>

ACTIVITY 193

Title of the Activity: Vasudheva Kuthumbam 11.03.2020

Need of the Activity: For Peace and Conflict Prevention / Resolution

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries: SMCH Students
Activity: Debate on "Dealing with violence", forming of human chain on peace symbol in SIMATS Grounds.

<https://drive.google.com/file/d/1JwhvDKD6P4bJVAYlrsrIM-U014q8e4M0/view?usp=sharing>

ACTIVITY 194

Title of the Activity:KSHEMA 12.03.2020

Need of the Activity: To screen for cancer like breast and cervical cancer and screening for common medical illness

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries: Female outpatients in RHC Activity: NCD Screening, Cervical and breast Cancer screening among women,

<https://drive.google.com/file/d/1S87hReAbdCbba8qEGlnLCpzmhi2S-tHr/view?usp=sharing>

ACTIVITY 195

Title of the Activity:EDESIA 01.04.2020

Need of the Activity: To provide food for food for homeless, frontline workers each day a month during COVID 19 Pandemic

Brief Description (Need/Impact/Action/Picture (if any)): Homeless and frontline workers (500) Activity: Distribution of food amidst the COVID 19 Pandemic.

<https://drive.google.com/file/d/1WHPMIPrHjsYkKgLjZKrWSACFc04QLYyO/view?usp=sharing>

ACTIVITY 196

Title of the Activity:Family Health Advisory Programme every Monday (December2019 to March 2020)

Need of the Activity: To study the changing health status of family members and health problems in family over a period of time to understand the interplay of environmental and social factors

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries - RHC (737

families), Areas Covered - mappedu, kondancheri, erayamangalam, KK nagar, Samathuvapuram

https://drive.google.com/file/d/1eRiNYGEHkxo-AqwSLXxx46UkR2KUNYw_/view?usp=sharing

ACTIVITY 197

Title of the Activity:School health camp 06.12.2019

Need of the Activity: Welfare and wellbeing of Children and Adolescents

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries- 46, Activity- Charts and Poster presentation, Area- Mappedu- 6/12/19

<https://drive.google.com/file/d/1f0B9ojSGPaYIsV4aHRum3llz0X3bNft-/view?usp=sharing>

ACTIVITY 198

Title of the Activity:Health education on universal health coverage 14.12.2019

Need of the Activity: Universal health coverage day celebration

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries- 65 (general public), Activity- Discussion, Poster presentation, Area- Mappedu

Beneficiaries- 65 (general public), Activity- Discussion, Poster presentation, Area- Mappedu

https://drive.google.com/file/d/1N0YIVXOAMYfCHJWi_XyKO7BGMKjH8vXd/view?usp=sharing

ACTIVITY 199

Title of the Activity:Health education on Nutrition and diet 28.12.2019

Need of the Activity: Old Age home visit

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries- 14, Activity- chart and poster presentation, Area- Govindamedu

<https://drive.google.com/file/d/12mweKaAvMtwfS-thZYa0nbTfHHX4ioLT/view?usp=sharing>

ACTIVITY 200

Title of the Activity:health camp- old age home 28.12.2019

Need of the Activity: Welfare and wellbeing of elderly Population

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries - 14 Inmates, Place - Govindamedu, Free Home-based Consultation and treatment of Minor ailments and referral services - monthly once

<https://drive.google.com/file/d/1BFwXGOrkBk0nx96TSRSddc-zGrmuSEt5/view?usp=sharing>

ACTIVITY 201

Title of the Activity:Outreach camp- Erayamangalam 14.12.2019

Need of the Activity: Basic health care services and screening for Non communicable diseases

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries - workers (65), Activity - Dental checkup, Ophthal checkup & General checkup Area -Erayamangalam- 14/12/19

<https://drive.google.com/file/d/15SRwGbJObOj9SO2bKZ I-Mz35ai34oet/view?usp=sharing>

ACTIVITY 202

Title of the Activity:School health camp 24.01.2020

Need of the Activity: Welfare and wellbeing of Children and Adolescents

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries- 79, Activity- Charts and Poster presentation, Area- Samathuvapuram

<https://drive.google.com/file/d/1umyesU4m2ffp1W-vxz8C2tk3l-bND20F/view?usp=sharing>

ACTIVITY 203

Title of the Activity:health education on importance of reproductive health and menstrual hygiene 24.01.2020

Need of the Activity: School health camp and awareness

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries - School children (79), Activity - Dental checkup, Ophthal checkup & General checkup Area -Samathuvapuram

<https://drive.google.com/file/d/1umyesU4m2ffp1W-vxz8C2tk3l-bND20F/view?usp=sharing>

ACTIVITY 204

Title of the Activity:Health education on importance of cardiovascular disease prevention 30.01.2020

Need of the Activity: Old Age home visit

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries- 14, Activity- chart and poster presentation, Area- Govindamedu

<https://drive.google.com/file/d/1BFwXGOrkBk0nx96TSRSddc-zGrmuSEt5/view?usp=sharing>

ACTIVITY 205

Title of the Activity:health camp- old age home 30.01.2020

Need of the Activity: Welfare and wellbeing of elderly Population

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries - 14 Inmates, Place - Govindamedu, Free Home-based Consultation and treatment of Minor ailments and referral services - monthly once

<https://drive.google.com/file/d/12mweKaAvMtwfS-thZYa0nbTfHHX4ioLT/view?usp=sharing>

ACTIVITY 206

Title of the Activity:Leprosy Awareness day 31.01.2020

Need of the Activity: Observing world leprosy day

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries-10, Activity- Health education by Charts and poster, SPARSH Oath, Mappedu

https://drive.google.com/file/d/1Q5qRWgHFADsFB5Dk7-Fyp4up8-Zt3G6_/view?usp=sharing

ACTIVITY 207

Title of the Activity:outreach camp- Erayamangalam 08.02.2020

Need of the Activity: Basic health care services and screening for Non communicable diseases

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries - MGNREGA workers (85), Activity - Dental checkup, Ophthal checkup & General checkup Area -Erayamangalam

https://drive.google.com/file/d/15SRwGbJObOj9SO2bKZ_I-Mz35ai34oet/view?usp=sharing

ACTIVITY 208

Title of the Activity:Health education on prevention of coronavirus infection 03.02.2020

Need of the Activity: To create awareness and preparedness among health care staff

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries- 25, Activity- powerpoint presentation, Mappedu

https://drive.google.com/file/d/12aIQ4lhekVxjtf3Q_sTr0at8CjErYImx/view?usp=sharing

ACTIVITY 209

Title of the Activity:Health education on Warning Signs of common Cancers and prevention 05.02.2020

Need of the Activity: Observing World Cancer day

Brief Description (Need/Impact/Action/Picture (if any)):beneficiaries- 45, attending NCD clinic, Activity- Chart presentation and discussion, Mappedu

<https://drive.google.com/file/d/13HHUGvI3dQDS4iS55JNuIJCrsGqxDZgP/view?usp=sharing>

ACTIVITY 210

Title of the Activity:General Industrial Health Camp 07.02.2020

Need of the Activity: Occupational Health

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries - workers (80), Activity - Dental checkup, Ophthal checkup, General checkup, Ergonomics , NIRMITI Automobile industry, Mappedu 7/2/20

<https://drive.google.com/file/d/166sppX9WX3qxEOuV39h9nxUQy3UoVpqD/view?usp=sharing>

ACTIVITY 211

Title of the Activity:Health education on prevention of workplace injuries and first aid Kit 07.02.2020

Need of the Activity: Occupational Health

Brief Description (Need/Impact/Action/Picture (if any)):beneficiaries- 80, Activity- Powerpoint presentation and demonstration, Mappedu, 7/2/20

<https://drive.google.com/file/d/1YYadIYFnbeg98SpQyBaRdH6u-j7LBasK/view?usp=sharing>

ACTIVITY 212

Title of the Activity:School health camp 17.02.2020

Need of the Activity: Welfare and wellbeing of Children and Adolescents

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries - School children (86), Activity - Dental checkup, Ophthal checkup & General checkup Area -Erayamangalam-

17/2/20

<https://drive.google.com/file/d/1YYadIYFnbeg98SpQyBaRdH6u-j7LBasK/view?usp=sharing>

ACTIVITY 213

Title of the Activity:Health education on importance of regular deworming and causes of worm infestation 17.02.2020

Need of the Activity: observing National deworming Day

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries- 86, Activity- Charts and Poster presentation, Area- Erayamangalam- 17/2/20

<https://drive.google.com/file/d/1t7TtGybwWb3YsTKdlsyLSYYCQelX1aek/view?usp=sharing>

ACTIVITY 214

Title of the Activity:outreach camp- Kottaiyur 15.02.2020

Need of the Activity: Basic health care services and screening for Non communicable diseases

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries - MGNREGA workers (171), Activity - Dental checkup, Ophthal checkup & General checkup Area -Kottaiyur

<https://drive.google.com/file/d/1Tajzllbe9ubrdVvvsLtLQo94mdylyDCe/view?usp=sharing>

ACTIVITY 215

Title of the Activity:health camp- old age home 25.02.2020

Need of the Activity: Welfare and wellbeing of elderly Population

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries - 27 Inmates, Place - Thayinkoodu old age home, perambakkam, Free Home-based Consultation and treatment of Minor ailments and referral services

https://drive.google.com/file/d/1x-WUKVK-2-sIbyQLz1A_PCzj2JYVeE4Q/view?usp=sharing

ACTIVITY 216

Title of the Activity:School health camp 13.03.2020

Need of the Activity: Welfare and wellbeing of Children and Adolescents

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries - School children (60), Activity - Dental checkup, Ophthal checkup & General checkup Area -Kondancheri-13/3/20

<https://drive.google.com/file/d/1cGARDnvdgtg2VZ-wcL2kUv9G8TFmqKzS0/view?usp=sharing>

ACTIVITY 217

Title of the Activity:COVID 19 Awareness Campaign 17.03.2020

Need of the Activity: Covid 19 - Hygiene Etiquettes

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries - managers and supervisors (50), Activity - powerpoint presentation and discussion, Area -Endurance company, Sipcot, Irungattukottai

ACTIVITY 218

Title of the Activity:COVID 19 Awareness Campaign 13.03.2020

Need of the Activity: Covid 19 - Hygiene Etiquettes

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries - School children (60), Activity - Charts and poster presentation and discussion, Area -Kondancheri 13/3/20

https://drive.google.com/file/d/1slePAU_x16xueh9nEllpIyoVzxwLgzEd/view?usp=sharing

ACTIVITY 219

Title of the Activity:COVID 19 Awareness Campaign 17.03.2020

Need of the Activity: Covid 19 - Hygiene Etiquettes

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries - managers,

working staff (200), Activity - powerpoint presentation and discussion, Area -Nirmiti company, Mappedu, 17/3/20

https://drive.google.com/file/d/1B88ec7zjYkfidS53McBHnGaB3_H-S22o/view?usp=sharing

ACTIVITY 220

Title of the Activity:COVID 19 Awareness Campaign 19.03.2020

Need of the Activity: Covid 19 - Hygiene Etiquettes

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries - managers, working staff (2000), Activity - powerpoint presentation and discussion, Area -OTTO textile company, Kuthambakkam, 19/3/20

<https://drive.google.com/file/d/1VKnvV0g6gmj4lfQrSILuKXBdrjEzRipk/view?usp=sharing>

ACTIVITY 221

Title of the Activity:Eligible couples and adolescent survey 23.01.2020

Need of the Activity: To identify eligible couples

Brief Description (Need/Impact/Action/Picture (if any)):beneficiaries identified- 25 Eligible couples, 20 adolescents at Samathuvapuram 23/1/20

<https://drive.google.com/file/d/1jd0nQUGDGFQUvaK1TFIUgAxQnyzifabL/view?usp=sharing>

ACTIVITY 222

Title of the Activity:COVID 19 Awareness Campaign 20.03.2020

Need of the Activity: Covid 19 - Hygiene Etiquettes

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries - managers and supervisors (60), Activity - powerpoint presentation and discussion, Area -Sintex company, Sipcot, Irungattukottai, 20/3/20

<https://drive.google.com/file/d/1j35IowLPh8MgednmGDHRigwpeQyJVI4W/view?usp=sharing>

ACTIVITY 223

Title of the Activity:Outreach camp- Koovam brick kiln area 07.03.2020

Need of the Activity: Basic health care services and screening for Non communicable diseases

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries - brick kiln workers (78), Activity - Dental checkup, Ophthal checkup & General checkup Area -koovam

<https://drive.google.com/file/d/16devqV-GWV2c74ANZb2SD-49HvItrSKE/view?usp=sharing>

ACTIVITY 224

Title of the Activity:A Postnatal Care of Mothers including Counselling 1st and 3rd tuesday (December 2019 to March 2020)

Need of the Activity:Maternal Health Care

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries - RHC (60), Activity- PNC Checkup, Postnatal Baby care, Immunisation, BreastFeeding & Complementary Feeding, Counselling on Nutrition, Danger signs & Family Planning

<https://drive.google.com/file/d/19CB4J7OzEY-DO7UT8DCrba4WqSYs72x8/view?usp=sharing>

ACTIVITY 225

Title of the Activity:outreach camp- Koovam village 14.03.2020

Need of the Activity: Basic health care services and screening for Non communicable diseases

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries - general public (92), Activity - Dental checkup, Ophthal checkup & General checkup Area -koovam 14/3/20

https://drive.google.com/file/d/1U5hwhazps5C8SKMOUz_TM5RrG3QW-KgR/view?usp=sharing

[ing](#)

ACTIVITY 226

Title of the Activity:health camp- old age home 19.03.2020

Need of the Activity: Welfare and wellbeing of elderly Population

Brief Description (Need/Impact/Action/Picture (if any)):Beneficiaries - 25 Inmates, Place - Apaara old age home, kilacheri, Free Home-based Consultation and treatment of Minor ailments and referral services, 19/3/20

https://drive.google.com/file/d/1yelXpfp2m_sNhMNjsEujMhru30BRI5qb/view?usp=sharing

ACTIVITY 227

Title of the Activity:General camp 13.03.2020

Need of the Activity: screening for cancer

Brief Description (Need/Impact/Action/Picture (if any)):beneficiaries- 50, screened- 15, RHTC mappedu 13/3/20

https://drive.google.com/file/d/1RQyFVJTo21HdIUNKLwzcupEzU_MUEZxJ/view?usp=sharing

ACTIVITY 228

Title of the Activity:Fever Clinic 01.04.2020

Need of the Activity: For effective and Expeditious referral and to reduce the risk of transmission of COVID-19 to other vulnerable patients and healthcare workers presenting to the Centre.

Brief Description (Need/Impact/Action/Picture (if any)):Started from April 2020, Beneficiaries - RHC (19): Activities - Rapid Assessment & referral, Monitoring Vitals including saturation, drug distribution and counselling on quarantine and hygiene etiquettes.

https://drive.google.com/file/d/1sdz_6cXPAA4X-Ww53Vk4nxC9aCBbd_Rz/view?usp=sharing

ACTIVITY 229

Title of the Activity:NCD Clinic every Wednesday (December to April 2020)

Need of the Activity: Reduction in mortality and hospitalisation due to diabetes, hypertension and acute cardiovascular/ cerebro -vascular diseases.

Brief Description (Need/Impact/Action/Picture (if any)):Weekly NCD Clinic, Beneficiaries - RHC (380); Activities - Opportunistic Screening, Consultation and Treatment, Lifestyle modification counselling and follow up

<https://drive.google.com/file/d/1hjD3jd7PrM7DeUp-DbfBSGiVH9kFy9bg/view?usp=sharing>



UNNAT BHARAT ABHIYAN

SAVEETHA INSTITUTE OF MEDICAL AND TECHNICAL SCIENCES (U-0475)

PROGRESS REPORT

MAY 2020 -AUGUST 2020

UBA Coordinator's Name: Dr Sindhu Ramesh

Email: dean.acd@saveetha.com

Phone Number: 9840136543

Sr No	ADOPTED VILLAGES	TALUK	DISTRICT
1	Sembarambakkam	Poonamallee	Tiruvallur
2	Madhuramangalam	Sriperumbudur	Kancheepuram
3	Molachur	Sriperumbudur	Kancheepuram
4	Mevalurkuppam	Sriperumbudur	Sriperumbudur
5	Nesapakkam	Chennai	Chennai

Next Plan of Action -Activity to be conducted(along with reason)

1. To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents of Mappedu Village.
2. To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases,

Malocclusion and Oral cancer among residents. To provide basic preventive and restorative dental treatments.

3. To increase awareness among the people and the importance of mental health and to enlighten the people who are undergoing depression and anxiety.
4. Health education of patients attending centers and hospitals regarding Covid 19 pandemic.
5. Health education regarding the importance of wearing masks, washing hands and social distancing which are important to prevent the spread of Covid 19 to all the drivers and housekeeping staff of SMCH.
6. Since it is not safe to visit the ANC and PNC mothers at their door steps, we have planned to start Tele follow up of ANC and PNC cases in the villages adopted under UBA and neighbouring our health centers.
7. NCD clinic along with the patient counselling on diet, physical activity will continue in both the centers along with other routine patient works of the center
8. Fever Clinic which was started in April will continue in next quarter also. It helps to screen people with Covid 19 symptoms and manage them without mixing them with other patients in the center.
9. PPE like Face hoods which were designed and developed by the Saveetha Research Team will be distributed to the front line workers like police personnel, doctors and CISF personnel in and around SIMATS.
10. Creation of Health education material like posters, flyers and pamphlets in local language to distribute to the villagers adopted under UBA for creating awareness regarding COVID 19 pandemic.
11. Planning for Tele education of Industrial workers regarding safety precautions amid Covid 19 in the workplace once the industries start opening.

List of Activities

ACTIVITY 1

Title of the Activity: World Hand Hygiene Day 05.05.2020

Need of the Activity: To raise awareness about hand hygiene during COVID 19 and importance of maintaining good hand hygiene

Brief Description (Need/Impact/Action/Picture (if any)): On World Hand Hygiene Day, the Department of Public Health dentistry conducted a programme where patients visiting the dental college were educated about the importance of hand hygiene, ways to wash hands and maintaining good hygiene and sanitation to prevent diseases. Pamphlets were distributed to the patients and brushing technique was taught.

<https://drive.google.com/file/d/1dpGMcL7h2BAsDJRnrd41-NOliFBKojSd/view?usp=sharing>

ACTIVITY 2

Title of the Activity: Food distribution to needy ones 08.05.2020

Need of the Activity: To show love and concern to needy ones

Brief Description (Need/Impact/Action/Picture (if any)): This initiative was done by SSM students to show the love and concern for needy ones by delivering food packets which were prepared at their respective houses and packed with lots of love.

https://drive.google.com/file/d/1r5RMg_jE-lrjuzaphSVBhY4_be4owE-1/view?usp=sharing

ACTIVITY 3

Title of the Activity: International Nurses Day 12.05.2020

Need of the Activity: To highlight the importance of the nursing workforce among the general population and raise awareness among the importance of oral hygiene among nurses.

Brief Description (Need/Impact/Action/Picture (if any)): Pamphlets were distributed among nurses working in Saveetha Dental College.

<https://drive.google.com/file/d/1NUhvjTaBWt-NlBgaNR018OMXjLwZPoB-/view?usp=sharing>

ACTIVITY 4

Title of the Activity: Facehood Distribution to CISF Personnel 17.05.2020

Need of the Activity: To protect Frontline warriors against COVID 19

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries: CISF Personnel (1000), Activity: More than 25000 facehoods were distributed to CISF Personnel working at Airports across India

<https://drive.google.com/file/d/1Vo4pLjFQzZHqadyaXy8GSGYmO4ddjOhO/view?usp=sharing>

ACTIVITY 5

Title of the Activity: Facehood Distribution to Industrial workers 20.05.2020

Need of the Activity: COVID 19 protection measures for Industrial workers

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries: Industrial workers at SIPCOT, Delphi TVS, DWSI Corp and Caterpillar Corp. for use among their employees. (250), Activity: Facehoods and Face shields were distributed to employees

<https://drive.google.com/file/d/1Qd31Z1tp4ABhjawPzd2mKYcFZIW05fCI/view?usp=sharing>

ACTIVITY 6

Title of the Activity: Health Education on Social Distancing 29.05.2020

Need of the Activity: Covid 19 Pandemic

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries - Healthcare workers (20), Activity - Demonstration & Discussion Area -RHC

<https://drive.google.com/file/d/1cfheig6xLPDWYQNQbY52z1WNO03ETSrV/view?usp=sharing>

ACTIVITY 7

Title of the Activity: Health education on Corona Awareness and safety at workplace 29.05.2020

Need of the Activity: Covid 19 hygiene etiquettes

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries-50, BYD company, Sipcot, Irungattukottai

<https://drive.google.com/file/d/1WD43XUYLrKlbAgGZRJVyr06TahRlFN49/view?usp=sharing>

ACTIVITY 8

Title of the Activity: World No tobacco day 31.05.2020

Need of the Activity: To raise awareness about ill effects of tobacco among patients visiting saveetha dental college

Brief Description (Need/Impact/Action/Picture (if any)):

On World no tobacco day, the Department of public health dentistry conducted an awareness speech for the patients visiting Saveetha dental college and hospital on ill effects of tobacco consumption. Health education and pamphlets were also distributed.

https://drive.google.com/file/d/1BkZ9YCVXU5NVnRpDZutd_pUxR80h5P3a/view?usp=sharing

ACTIVITY 9

Title of the Activity: AVARNA 03.06.2020

Need of the Activity: Given clothes for Household helpers

Brief Description (Need/Impact/Action/Picture (if any)): given clothes for Household helpers (50), which is a great cause

<https://drive.google.com/file/d/16oTNljLwu-b2RZGK7KfpznkaZfMe5TyP/view?usp=sharing>

ACTIVITY 10

Title of the Activity: COVID 19 on National perspective 03.06.2020

Need of the Activity: Conducting legal awareness based on the Webinar

Brief Description (Need/Impact/Action/Picture (if any)): The resource person focused on

the legislations relating to this pandemic disease and also discussed in detail about the role played by each state over this pandemic. The way he led the discussion was so interactive so that students could also clear their doubts which everyone had about its origin. As it was an interaction section, students asked questions and the resource person clarified them. One PhD scholar had also participated in this event. The host also took time in elaborating the doubts of the faculties too and thus it was a learning session for not only the students but to the faculties also.

<https://drive.google.com/drive/folders/1dVynzWUno2VVxAJ0NFTAtYItFDSuLBWf>

ACTIVITY 11

Title of the Activity: International Human Rights Law & COVID - 19” 04.06.2020

Need of the Activity: Conducting legal awareness based on the Webinar

Brief Description (Need/Impact/Action/Picture (if any)):

Mr Atul Alexander, Asst. Professor Law in West Bengal National University of Judicial started off his lecture by stating the shock and atrocities faced by the countries due to World War II. He said that it was during that time that the UN was established and it was the first time that the term “Human Rights” was used in the UN Charter. The UDHR followed by ICCPR and ICESCR laid down, gave utmost importance to the protection of the human rights of the citizens belonging to the countries who are the signatories of the same. Human Rights in India, i.e., violation of several rights that have been violated due to the COVID pandemic. Freedom of Movement was violated due to the imposition of the lockdown by the government, use of the ‘arogya setu’ App by the government which has access to the details of the app user is a violation of the right to privacy. Also the right to employment has also been violated .Also emphasized on how the WHO and UN has failed in combating this pandemic globally. Furthermore, he spoke about the involvement of China .While concluding his talk he said that not one specific law is violated due to this COVID-19 but the Human Rights are at forefront. He also said that the States under the exception of National Security can ward off such violations and can escape the liability of being sued by anyone for the violation of such human rights of the citizens.

<https://drive.google.com/drive/folders/16C79yCA7mJI5eUI7DH8Qh4pTOiGT1ge4>

ACTIVITY 12

Title of the Activity: Overview on environmental laws 05.06 2020

Need of the Activity: Conducting legal awareness based on the Webinar

Brief Description (Need/Impact/Action/Picture (if any)): Mr T. Sai Krishnan, Advocate, Madras High started his lecture on the laws followed in India for the protection of our environment. He covered all the legislation that governed the environment such as Water Laws, Air Laws, Rules, etc. The speaker also explained about the National Green Tribunal and its functions. He also briefly explained about the working of the NGT. The speaker concluded the session by summarising the key points

<https://drive.google.com/drive/folders/1HV63R5gDDT1ygZeygCEX5DMjMqJma5j3>

ACTIVITY 13

Title of the Activity: An Overview on POCSO Act 04.06.2020

Need of the Activity: Conducting legal awareness based on the Webinar

Brief Description (Need/Impact/Action/Picture (if any)): Overview of The Protection of Children from Sexual Offences Act, 2012 (POCSO Act) was Mr D. Bharatha Chakravarthy, Advocate, High Court of Tamil Nadu. An overview of POCSO Act, the provisions of the Act and POCSO rules. It was made interesting with live examples and the practical aspects. The statements recorded from the victims and explained the procedure on how the statement is recorded by the police, child welfare committee, medical officer and the Magistrate. He also pointed out some criticisms which he felt that could be amended because according to the act, the victim has to record statements under various authorities which is traumatising for the victim to go over again and again

<https://drive.google.com/drive/folders/1GZg1ytCXPfIMKkKyQ5feI04FPNFR3lnH>

ACTIVITY 14

Title of the Activity: Gender based violence and exploitation through cyber stalking 05.06 2020

Need of the Activity: conducting legal awareness based on the Webinar

Brief Description (Need/Impact/Action/Picture (if any)):

Shri.R.Sandhya who serves as an EC Council Instructor at TIFAC CORE, Coimbatore. Started with an overview of CYBER CRIME AND INFORMATION TECHNOLOGY ACT. The provisions of the Act and the session were made interesting with live examples and the practical aspects. The speaker highlighted the legislation involving the right to privacy and explained about the various types of offences mentioned under the act like Cyber Terrorism, Cyber Stalking, and Identify Theft. The punishment prescribed under the Act, conflicts in the provisions of IPC, CRPC

<https://drive.google.com/drive/folders/1Z7C8fjMA6nrsOtNszF8Un0sJCGy1Zt2>

ACTIVITY 15

Title of the Activity: Basic concepts of e-Insurance and types of Insurance- Life, Fire, Marine and Motor vehicles Insurance

Need of the Activity: Conducting legal awareness based on the Webinar

Brief Description (Need/Impact/Action/Picture (if any)): Mr.Meyyappan Kumaran laid down the emphasis towards definition of Insurance in simple terms between the insurer and the insured persons followed by its kinds, with relevant seven principles and doctrines of contribution, subrogation, explained each and every principles of Insurance .Also he explained all the Laws governing to Insurance in India in a brief manner and then moved on with the types of Insurance in which he dealt with the whole life Insurance and endowment Insurance its dividend participation, the fire Insurance ,sections and its basic compliance with reference case laws addressing the students then moved on to the marine Insurance and motor vehicles Insurance in brief with appropriate case laws , with relevant doctrines and its types which is beneficial to the students.

<https://drive.google.com/drive/folders/1MRXi83oBcxucBrwFXNQ9c3rhniXvxyLm>

ACTIVITY 16

Title of the Activity: Challenges in cyber security and law in the present scenario 05.06 2020

Need of the Activity: Conducting legal awareness based on the Webinar

Brief Description (Need/Impact/Action/Picture (if any)):

This webinar majorly focuses on Cyber Law in India, Need & Importance – Past, Present and future, Cyber Crime and Security– Meaning and Overview, Introduction of Cyber law, IT Act-2000, IT Act Amendment-2008, International developments , Cyber Law and Cyber security in Present Scenario, Need for the cyber laws Important aspects of cyber laws - Jurisdiction Issues Cyber Crimes, IPR Issues in CyberSpace, E Contracts, Digital Signature, E Banking, E taxation, E Governance, Categories of cybercrimes - Individual , Organization - a. Government, b. Firm, Company, Against the Individual Against Individuals Property , Cybercrime provisions under IT laws, IPC & other Specials Laws, IT amendments, Jurisdictional Issues, Recent trends, Privacy issues, investigations, Contractual Issues in Cyberspace, Intellectual Properties issues in Cyberspace, Infringements, Need for judicial transformations, Banking and financial Frauds, credit card skimmer, Phishing frauds, vishing, Sim Swap Frauds.

https://drive.google.com/drive/folders/12aLeHL3vHBkAO4AgEaPBTsZ8LwXM_tFi

ACTIVITY 17

Title of the Activity: World Environment day 05.06.2020

Need of the Activity: To raise awareness regarding the pollution in the environment to the patients visiting Saveetha Dental College

Brief Description (Need/Impact/Action/Picture (if any)): Pamphlets were distributed to the people visiting Saveetha Dental college regarding environment pollution and a talk was given to the patients visiting college

https://drive.google.com/file/d/1jkySdsiKZhC3Klg_SvgLvCUmZBQdh0aO/view?usp=sharing

ACTIVITY 18:

Title of the Activity: Synopsis of – “Covid-19: Call for a new normal(s) – A Pragmatic Appraisal “By Dr. Rakesh Kumar Sharma 05.06.2020

Need of the Activity: conducting legal awareness based on the Informative Theme

Brief Description (Need/Impact/Action/Picture (if any)): Dr. Rakesh Sharma who is already a well-known name among the Saveetha family. The session began as our guest took over. He started off with a basic and equally important understanding of how this Virus came to being and all that the scientific community knows about it. After recapping the general public response all over the world and taking a jibe at India's slow ascent to the top of the infamous Global Fatality Rankings, professor soon highlighted the troubles the virus has brought along with it in terms of access to education, and the new hurdles which may especially be too steep for the down-trodden. He spoke about the need to adapt and innovate in order to make sure University education goes on in the face of this pandemic.

https://drive.google.com/drive/folders/1_bih6yWdl8NBhYYIXU4gnwesLM_SsrXW

ACTIVITY 19

Title of the Activity: World Blood Donor Day 14.06.2020

Need of the Activity: To raise awareness about the importance of blood donation and its impact on the society

Brief Description (Need/Impact/Action/Picture (if any)): On World Blood Donor Day, the Department of Public Health dentistry conducted a programme where patients visiting the dental college were educated about the importance of blood donation and the basic needs to be a blood donor. Pamphlets were distributed to the patients and brushing technique was taught.

<https://drive.google.com/file/d/1Ud4ONZgoHKiSU5ZqBgZdTtgGnbhXcnio/view?usp=sharing>

[g](#)

ACTIVITY 20

Title of the Activity: Facehood Distribution to Doctors 16.06.2020

Need of the Activity: To protect Frontline warriors against COVID 19

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries: Doctors at Chengalpet, Thiruvallur and Kancheepuram districts (250), Activity: Facehoods and Face shields were distributed to doctors working in private clinics and hospitals.

<https://drive.google.com/file/d/1IHWFiUsyRxWiJkDyOtuzW-lwFDvQKAJA/view?usp=sharing>

g

ACTIVITY 21

Title of the Activity: National Public Health Dentistry Day 19.06.2020

Need of the Activity: To raise awareness about the importance of preventive dentistry among outpatients visiting Saveetha Dental College.

Brief Description (Need/Impact/Action/Picture (if any)): Pamphlets were distributed among patients emphasizing on the need and benefits of preventive dentistry by encouraging them to have routine visits to dentists.

<https://drive.google.com/file/d/1ZcO9C3JtWAGk5mU3hEWiAeR6ngBiLv5-/view?usp=sharing>

g

ACTIVITY 22

Title of the Activity: National Doctor's day 01.07.2020

Need of the Activity: To highlight the importance of doctors workforce among general population and raise awareness among importance of oral hygiene and importance of oral health which in turn benefits general health too

Brief Description (Need/Impact/Action/Picture (if any)): Pamphlets were distributed among doctors working in Saveetha Dental College.

<https://drive.google.com/file/d/1wgZ0h6pECQWOibog4q7sCKB816HolmQP/view?usp=sharing>

ng

ACTIVITY 23

Title of the Activity: Tribute to our life savers 01.07.2020

Need of the Activity: To share the love and to thank the doctors and team for safeguarding every human in the world.

Brief Description (Need/Impact/Action/Picture (if any)): Our students came up with an

idea of thanking our real heroes in COVID 19 are also called as front line warriors. All the Heroic, Fearless, valiant and the beloved doctors and team. What a year it is, 2020 will always be one of the most Unforgettable years up ahead. Lockdown We all are at home, safe and secured. Only a doctor is blessed with the magical powers to treat a life, to bring health into our lives and to be there with us when we have lost all the hopes Our superheroes never failed to protect us. They stayed at work 24*7 to control the disease and to save us. Doctors have served both rural and urban citizens irrespective of economic status. This awareness program made everyone understand the importance of doctors' lives.

<https://drive.google.com/file/d/1UBKh7dAxAgo2U1mKRf4F0yJ8-Jf7ZY9x/view?usp=sharing>

ACTIVITY 24

Title of the Activity: Think act and save 03.07.2020

Need of the Activity: To create awareness on International Plastic Bag Free Day

Brief Description (Need/Impact/Action/Picture (if any)): This project was initiated by students of social services cell. The main idea of this project is to create awareness on International Plastic Bag Free Day to stop using plastic bags and to use jute bags. The awareness video was created about plastic bags and causes of using plastic bags and it was shared among people to create awareness. This activity gave a clear idea to rural and urban people about the importance of using reusable and eco friendly products

<https://drive.google.com/file/d/1ok4BMXVPZomHEleibhCleNII06exKw4w/view?usp=sharing>

ACTIVITY 25

Title of the Activity: Meeting with members 04.07.2020

Need of the Activity: To create a bond between Members

Brief Description (Need/Impact/Action/Picture (if any)): This project was conducted to create a bond between Members of Saveetha School of Management. It was conducted through a zoom platform. The session was fun and games were conducted and discussed about activities and got to know new people and it helped to create a bond to take the steps further.

https://drive.google.com/file/d/1mN_ioA4RPtIX3V0C1ahqYr4zHVvayy3P-/view?usp=sharing

ACTIVITY 26

Title of the Activity: Health Education on Social Distancing - Reinforcement 10.07.2020

Need of the Activity: Covid 19 Pandemic

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries - Healthcare workers (12), Activity - Demonstration & Discussion Area -UHTC, Thirumazhisai

<https://drive.google.com/file/d/1FNxqKqXpgF94GNSj0KypCMdS95YvXM6M/view?usp=sharing>

ACTIVITY 27

Title of the Activity: Spotlight on care 11.07.2020

Need of the Activity: To create an awareness among people about Vulnerability during pandemic and Mental Health

Brief Description (Need/Impact/Action/Picture (if any)):

Students came up with an idea of creating awareness about Vulnerability during pandemic and Mental Health. 2 speakers were there, the first speaker was a doctor who spoke on women's menstrual health and the next speaker handled mental health and the importance of mental health during pandemic. Several queries of rural women were answered and this webinar gave great highlights to students too.

<https://drive.google.com/file/d/1UNA2x1M0LfuXJ66kc34p9CtDaf9CLXFZ/view?usp=sharing>

https://drive.google.com/file/d/1mN_ioA4RPtIX3V0C1ahqYr4zHVvayy3P-/view?usp=sharing

https://drive.google.com/file/d/1twUWQknqVHv_4jUXciojfmVPUB3AdJy0/view?usp=sharing

[g](https://drive.google.com/file/d/1twUWQknqVHv_4jUXciojfmVPUB3AdJy0/view?usp=sharing)

ACTIVITY 28

Title of the Activity: World Population Day 11.07.2020

Need of the Activity: Awareness on safeguard the health and rights of women and girls now"

Brief Description (Need/Impact/Action/Picture (if any)): Created awareness on safeguard the health and rights of women and girls now" amid the pandemic through posters and video clipping

<https://drive.google.com/drive/folders/1zAPKjT4vP6zoMQW5-4UoMzogaAIKvA2A?usp=sharing>

ACTIVITY 29

Title of the Activity: World population day 11.07.2020

Need of the Activity: As India is the second most populated country in the world, rural people of India have to be taught the importance burdening of global earthly resources due to overpopulation and dense intensity of humankind in specific geographical locations.

Brief Description (Need/Impact/Action/Picture (if any)): Department of Public health dentistry from Saveetha dental college conducted a screening camp at thiruverkadu among the general population and health education was taught to the participants.

<https://drive.google.com/file/d/16phXG4QrX-7-Nd4wfUBGjswg6bIFhXwU/view?usp=sharing>

ACTIVITY 30

Title of the Activity: VIDHAI TO VIRUTHCHAM 28.07.2020

Need of the Activity: To create awareness to plant the saplings to save our mother nature

Brief Description (Need/Impact/Action/Picture (if any)): The main aim of this project is to create awareness to plant the saplings to save our mother nature. The awareness video was created to save our environment and how to grow a plant using coconut choir. The task is after planting the sapling each person should nominate others so that many people will plant the saplings which save our earth. Many saplings were kept in rural and urban areas.

https://drive.google.com/file/d/1LncVcg4Gw3yVjh-vlWjnDvmdO_hBLb4I/view?usp=sharing
<https://drive.google.com/file/d/1hnsWZ1gph1qvoceI7EeoY5l1VcVXe5B2/view?usp=sharing>

ACTIVITY 31

Title of the Activity: Oral Hygiene day 01.08.2020

Need of the Activity: To raise awareness about oral health and importance of maintaining good oral hygiene

Brief Description (Need/Impact/Action/Picture (if any)): This year, the Department of Public Health Dentistry observed Oral hygiene day by creating awareness speech to school children through Google meet. Students were taught about maintaining a good oral health and proper brushing technique and ill effects of having junk food and snacks. A PPT presentation was prepared and was explained using pictorial representations to make the session more interactive

https://drive.google.com/file/d/11gsVM1pfBcfzxnSdCNMGfS3H6a_3_m02/view?usp=sharing

ACTIVITY 32

Title of the Activity: Paropkar: Community Service Project 19.08.2020

Need of the Activity: Community Service amid COVID 19 Times

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries: Children of St.Anne Home, Tirunelveli Activity: Provision of meals and Health education of importance of social distancing and hand hygiene

https://drive.google.com/file/d/1r9E-GlwPLWd2o-xIW0_Is6y6z_ve-2D4/view?usp=sharing

ACTIVITY 33

Title of the Activity: Red dot challenge 26.08.2020

Need of the Activity: To bust the myths and promote facts on menstrual hygiene, collectively inspiring all boys, girls, men and women to candidly talk about menstrual health.

Brief Description (Need/Impact/Action/Picture (if any)): The main aim of this project is to bust the myths and promote facts on menstrual hygiene, collectively inspiring all men, boys, women and girls to candidly talk about menstrual health. The initiative was started by UNICEF. The #Red dot challenge was sent to all and asked them to send pictures of them with their hand by marking red dots.

<https://drive.google.com/file/d/1aacfQYDKVJllok0md5WoI9pdpQ4GfXKUB/view?usp=sharing>

g

ACTIVITY 34

Title of the Activity: Health Education on Preventive Measures - Containment of Covid 19
05.06.2020

Need of the Activity: Covid 19 Pandemic; E content for Industrial Workers & elderly People

Brief Description (Need/Impact/Action/Picture (if any)): E Content - Health Education Activity, Area - Alpha Eng. Co., Smidh Tec, New Tec, Senthamarai Engineering works, Swami Charitable trust, Thirumamzhisai

<https://drive.google.com/file/d/16afD6S7zpCffCYB2ClvrDEXPeqEaWJCC/view?usp=sharing>

ACTIVITY 35

Title of the Activity: Tele - Follow Up Antenatal Care of Mothers including Counselling

biweekly, 1st and 3rd Tuesday (May 2020-August 2020)

Need of the Activity: Maternal Health Care

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries - UHC (7), Activity- High risk screening & Counselling on Nutrition, Danger signs, Institutional delivery, Cash benefit schemes

<https://drive.google.com/file/d/1LJpxjOX32Y6K05lcrcGHzpUZETYlR-/view?usp=sharing>

ACTIVITY 36

Title of the Activity: Tele - Follow Up Postnatal Care of Mothers including Counselling

biweekly, 2nd and 4th Tuesday (May 2020-August 2020)

Need of the Activity: Maternal Health Care

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries - UHC (06), Activity- Postnatal Baby care, Immunisation, Breastfeeding & Complementary Feeding,

<https://drive.google.com/file/d/1VopcxIH-rBFRaCTVA2W58graMTamSM3o/view?usp=sharing>

ACTIVITY 37

Title of the Activity: NCD Clinic Every Week on Friday (May 2020-August 2020)

Need of the Activity: Reduction in mortality and hospitalisation due to diabetes, hypertension and acute cardiovascular/ cerebro -vascular diseases.

Brief Description (Need/Impact/Action/Picture (if any)): Weekly NCD Clinic, Beneficiaries - UHC (311 includes followup cases); Activities - Opportunistic Screening, Consultation and Treatment, Lifestyle modification counselling and follow up

<https://drive.google.com/file/d/1-dn1GndKuJXpTjQxb1X1cOa389HtzrIN/view?usp=sharing>

ACTIVITY 38

Title of the Activity: Fever Clinic Daily (May 2020-August 2020)

Need of the Activity: For effective and Expeditious referral and to reduce the risk of transmission of COVID-19 to other vulnerable patients and healthcare workers presenting to the Centre.

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries - UHC (157): Activities - Rapid Assessment & referral, Monitoring Vitals including saturation, drug distribution and counselling on quarantine and hygiene etiquettes.

<https://drive.google.com/file/d/1Dxo7VdgngP4eU-pGxqjmIKt01bkhH0re/view?usp=sharing>

ACTIVITY 39

Title of the Activity: Health education regarding COVID 19 among housekeeping staff and vehicle drivers at SMCH 17.05.2020

Need of the Activity: Covid 19 Pandemic

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries: housekeeping staff and vehicle drivers at SMCH, Activity: Discussion about COVID 19 safety measures like hand hygiene and wearing of masks Area: SMCH

<https://drive.google.com/file/d/1evXqHMvAtTXplTmTI9x4FDxfYFSL13-T/view?usp=sharing>

ACTIVITY 40

Title of the Activity: TB DOTS Centre - UHTC, Thirumazhisai Follow up -Every week Saturday (May 2020-August 2020)

Need of the Activity: To decrease mortality and morbidity due to TB and cut transmission of infection.

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries - Tb Patients (3), Activity - Free Specialist Consultation, Sputum Collection and Drug Distribution Center, Area -UHTC, Thirumazhisai

<https://drive.google.com/file/d/1FNxqKqXpgF94GNSj0KypCMdS95YvXM6M/view?usp=sharing>

ACTIVITY 41

Title of the Activity: NCD Clinic Every Wednesday (May 2020 - August 2020)

Need of the Activity: Reduction in mortality and hospitalisation due to diabetes, hypertension and acute cardiovascular/ cerebro -vascular diseases.

Brief Description (Need/Impact/Action/Picture (if any)): Weekly NCD Clinic, Beneficiaries - RHC (70 follow up cases); Activities - Consultation and Treatment, Lifestyle modification counselling and follow up

<https://drive.google.com/file/d/1hjD3jd7PrM7DeUp-DbfBSGiVH9kFy9bg/view?usp=sharing>

ACTIVITY 42

Title of the Activity: Fever Clinic Everyday (May 2020 - August 2020)

Need of the Activity: For effective and Expeditious referral and to reduce the risk of

transmission of COVID-19 to other vulnerable patients and healthcare workers presenting to the Centre.

Brief Description (Need/Impact/Action/Picture (if any)):

Beneficiaries - RHC (80 referrals): Activities - Rapid Assessment & referral, Monitoring Vitals including saturation, drug distribution and counselling on quarantine and hygiene etiquettes.

https://drive.google.com/file/d/1LHtvG4DP-4g1i_LodtPfULRo40QWA_9g/view?usp=sharing

ACTIVITY 43

Title of the Activity: Followup Antenatal Care of Mothers including Counselling Every thursday bi weekly (May 2020 - August 2020)

Need of the Activity: Maternal Health Care

Brief Description (Need/Impact/Action/Picture (if any)): Beneficiaries - RHC (11), Activity- High risk screening & Counselling on Nutrition, Danger signs

<https://drive.google.com/file/d/1VopcxlH-rBFRaCTVA2W58graMTamSM3o/view?usp=sharing>

ACTIVITY 44

Title of the Activity: Followup Postnatal Care of Mothers including Counselling Every Tuesday bi weekly (May 2020 - August 2020)

Need of the Activity: Maternal Health Care

Brief Description (Need/Impact/Action/Picture (if any)):

Beneficiaries - RHC (7), Activity- Postnatal Baby care, Immunisation, Breast Feeding & Complementary Feeding, Counselling on Nutrition, Danger signs & Family Planning

<https://drive.google.com/file/d/1VopcxlH-rBFRaCTVA2W58graMTamSM3o/view?usp=sharing>

ACTIVITY 45

Title of the Activity: Recycle garbage campaign August-September 2020

Need of the Activity: Wealth from Waste

Brief Description (Need/Impact/Action/Picture (if any)):

The rural households as well as several institutions are being sensitized to the rich possibilities of recycling organic vegetable waste from the kitchens and wasted food from highway restaurants. Through a process of composting as well as vermiculture, the campaign highlights how it can be converted into organic fertilisers. Most importantly, it keeps the environment and streets too, litter free of garbage. Backyards of rural dwellings are ideal and hence the redesign of dwellings to include these activities has been proposed.

<https://drive.google.com/file/d/1It0OZ8UK-7oI9Cn-Armjp3McAL1U4lks/view?usp=sharing>

ACTIVITY 46

Title of the Activity: Save water campaign June/July 2020

Need of the Activity: Water Conservation

Brief Description (Need/Impact/Action/Picture (if any)):

Most often indiscriminate drawing of water from the ground, is fast depleting the wells as well as the water resources. The save water Campaign sensitizes the village community to be more judicious and careful in use of water and reduce wastage. Technical assistance in recycling as well as rainwater harvesting as well as augmentation of surface drain-off water has been proposed in the next phase.

<https://drive.google.com/file/d/1hkU-QZ2HYchch7GnudEg6AeEntKBXKXO/view?usp=sharing>

g

ACTIVITY 47

Title of the Activity: Practical skills of entrepreneurship 20.08.2020

Need of the Activity: Career Guidance

Brief Description (Need/Impact/Action/Picture (if any)): A session on Practical Skills of

Entrepreneurship was conducted for the benefit of the audience. Insights were gained about entrepreneurship.

<https://drive.google.com/file/d/1DdIkxdge5XY80i7onHTQ0c7sQkS75Wdf/view?usp=drivesdk>

ACTIVITY 48

Title of the Activity: Holistic health and wellness 16.08.2020

Need of the Activity: Awareness

Brief Description (Need/Impact/Action/Picture (if any)): Awareness was conducted on the theme Holistic Health and Wellness for both body and mind.

<https://drive.google.com/file/d/1raYraYYJwFL6Wt4mow5kAoapktC1Dkp-/view?usp=drivesdk>

ACTIVITY 49

Title of the Activity: Life Skills 13.05 2020

Need of the Activity: Career Guidance

Brief Description (Need/Impact/Action/Picture (if any)): An orientation on life skills was conducted to the youngsters of the adopted villages via online

<https://drive.google.com/file/d/12xMikE4hET2zXFyGbsaCriYP1zj2EWmi/view?usp=drivesdk>

ACTIVITY 50

Title of the Activity: Water and Wastewater Management Strategies for Sustainable Development 07.07.2020

Need of the Activity: Water Management

Brief Description (Need/Impact/Action/Picture (if any)): An insightful session was organised on the theme Water and Waste Water Management Strategies for Sustainable

Development by eminent experts in the field for better water management techniques

https://drive.google.com/file/d/1Lz9_LBTRvp2sOxiSoWw82Ng_HJsxt4i0/view?usp=drivesdk

ACTIVITY 51

Title of the Activity:Importance of grooming & confidence12.05.2020

Need of the Activity:Career Guidance

Brief Description (Need/Impact/Action/Picture (if any)): College going and Recent graduates attended the workshop on Importance of Grooming & Confidence, under the theme Career Guidance

<https://drive.google.com/file/d/11sKhS5mUgP8DKOexVO57v2rGNYU36ual/view?usp=drivesdk>

ACTIVITY 52

Title of the Activity:Career Planning and Guidance14.05.2020

Need of the Activity:Career Guidance

Brief Description (Need/Impact/Action/Picture (if any)):Career Planning and Guidance seminar was conducted for Higher Secondary and College graduates to help them build better careers suited for them and their personality.

https://drive.google.com/file/d/1Rf_DCBRk2V3YF3v5vWvhzwGcGK51M2FJ/view?usp=drivesdk

ACTIVITY 53

Title of the Activity:Human Assist Devices for Differently abled" 15.08.2020

Need of the Activity:Awareness

Brief Description (Need/Impact/Action/Picture (if any)):Various Human Assist Devices for the Differently Abled was made aware to the adopted community through a seminar. They

were encouraged to make use of the network shared and also to spread the word across

https://drive.google.com/file/d/1XqSegb7M24_ZV8uJr2OozMnu43HB6PeR/view?usp=drivesdk

ACTIVITY 54

Title of the Activity: Webinar on Staying Motivated at tough times 26.06.2020

Need of the Activity: Life Skills

Brief Description (Need/Impact/Action/Picture (if any)): A Seminar was organised on Staying Motivated at tough times, to instill hope among those frustrated during the pandemic, students and youngsters

<https://drive.google.com/file/d/1v4Tar8Xa2YWi1NCr6wg2sJvLz2ucDVdm/view?usp=drivesdk>

ACTIVITY 55

Title of the Activity: Covid 19 - Changes ahead 04.08.2020

Need of the Activity: Life Skills

Brief Description (Need/Impact/Action/Picture (if any)): Students and Youngsters of adopted villages were taken through the new normal as expected and mandated by Covid 19. This is to categorically prepare our adopted village youngsters to be prepared to face the new normal

https://drive.google.com/file/d/1unKeGsuUknK30xjQvcL7H4qD_hc7x01D/view?usp=drivesdk

ACTIVITY 56

Title of the Activity: Tele-Counselling during Pandemic 1st May to 31st July 2020

Need of the Activity: Pandemic Support

Brief Description (Need/Impact/Action/Picture (if any)): Tele Counselling services was kept on with a team of two Qualified Social Workers from the Institution for the affected village citizens

https://drive.google.com/file/d/1fb-vc3WkenB8un08AVj08oOSH8PKC_OF/view?usp=drivesdk



UNNAT BHARAT ABHIYAN

SAVEETHA INSTITUTE OF MEDICAL AND TECHNICAL SCIENCES (U-0475)

PROGRESS REPORT

SEPTEMBER 2020 DECEMBER 2020

UBA Coordinator's Name: Dr Sindhu Ramesh

Email: dean.acd@saveetha.com

Phone Number: 9840136543

Sr No	ADOPTED VILLAGES	TALUK	DISTRICT
1	Sembarambakkam	Poonamallee	Tiruvallur
2	Madhuramangalam	Sriperumbudur	Kancheepuram
3	Molachur	Sriperumbudur	Kancheepuram
4	Mevalurkuppam	Sriperumbudur	Sriperumbudur
5	Nesapakkam	Chennai	Chennai

Next Plan of Action -Activity to be conducted(along with reason)

1. To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases, Malocclusion and Oral cancer among residents of Mappedu Village.

2. To provide basic preventive and restorative dental treatments.
3. To increase awareness among the people and the importance of mental health and to enlighten the people who are undergoing depression and anxiety.
4. Health education of patients attending centers and hospitals regarding Covid 19 pandemic.
5. Health education regarding the importance of wearing masks, washing hands and social distancing which are important to prevent the spread of Covid 19 to all the drivers and housekeeping staff of SMCH.
6. Since it is not safe to visit the ANC and PNC mothers at their door steps, we have planned to start Tele follow up of ANC and PNC cases in the villages adopted under UBA and neighbouring our health centers.
7. NCD clinic along with the patient counselling on diet, physical activity will continue in both the centers along with other routine patient works of the center
8. Fever Clinic which was started in April will continue in next quarter also. It helps to screen people with Covid 19 symptoms and manage them without mixing them with other patients in the center.
9. PPE like Face hoods which were designed and developed by the Saveetha Research Team will be distributed to the front line workers like police personnel, doctors and CISF personnel in and around SIMATS.
10. Creation of Health education material like posters, flyers and pamphlets in local language to distribute to the villagers adopted under UBA for creating awareness regarding COVID 19 pandemic.
11. Planning for Tele education of Industrial workers regarding safety precautions amid Covid 19 in the workplace once the industries start opening.

List of Activities

ACTIVITY 1

Title of the Activity: World toothbrushing day(Saveetha Dental College) 7.11.2020

Need of the Activity: World toothbrushing day is observed by the United States to reinforce the importance of children's oral health

Brief Description (Need/Impact/Action/Picture (if any)): This year, the Department of Public Health Dentistry observed world toothbrushing Day to create an awareness on children's oral

health. Parents were encouraged to make sure their children brush teeth twice daily for 2 min. Sanitisers and hand washes were distributed to all children on behalf of Saveetha Dental College team. Oral hygiene instructions and health education were taught to children.

<https://drive.google.com/file/d/1mYT5EXclOXy8YWWncdLWMBhKakdWPsUY/view?usp=sharing>

ACTIVITY 2

Title of the Activity: Children's day (Saveetha Dental College) 14.11.2020

Need of the Activity: Children's day is celebrated on 14th November to commemorate the birth anniversary of First Prime Minister Jawaharlal Nehru.

Brief Description (Need/Impact/Action/Picture (if any)): This year, the Department of Public Health Dentistry observed Children's day to create an awareness on right to free and compulsory education for all children in the age group of 6-14 years. Sanitisers and hand washes were distributed to all children on behalf of Saveetha Dental College and team. Oral hygiene instructions and health education were taught to children.

https://drive.google.com/file/d/1dVp5sBxfupk2lbIhk5P-dmP_LonEvm-T/view?usp=sharing

ACTIVITY 3

Title of the Activity: World Aids Day 1.12.2020

Need of the Activity: Founded in 1988, World Aids Day was the first ever global health day. It is celebrated on 1st Dec each year to show support for people living with AIDS.

Brief Description (Need/Impact/Action/Picture (if any)): This year Department of Public Health Dentistry observed World Aids Day to create awareness among people to fight against HIV, support people with AIDS and to improve the existing education on AIDS. Red ribbons were distributed to all on behalf of Saveetha Dental College and Team. Oral hygiene instructions and health education were taught to all children.

<https://drive.google.com/file/d/1Uvs1nuIQWfacnlInoM9oPPVYwIId58AQ/view?usp=sharing>

ACTIVITY 4

Title of the Activity: Outreach dental camp(Chinna koladi,Thiruvaerkadu) 18.12.2020

Need of the Activity: To identify the prevalence of oral diseases like dental caries,gingivitis,periodontitis,malocclusion,oral cancer among the residents of China koladi,Thiruvaerkadu, to provide basic preventive and restorative treatment

Brief Description (Need/Impact/Action/Picture (if any)): A total of 15 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 1.4.

<https://drive.google.com/file/d/1Mu-KEc0bzuseBi7cLGs1ic2Qzg6RKawE/view?usp=sharing>

ACTIVITY 5

Title of the Activity: Outreach dental camp(Govt high school,Attavanai,Erayamangalam) 19.12.2020

Need of the Activity: To identify the prevalence of oral diseases like dental caries,gingivitis,periodontitis,malocclusion among the school children of Attavanai,Erayamangalam.To provide basic preventive and restorative treatment

Brief Description (Need/Impact/Action/Picture (if any)): A total of 15 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 0.8

<https://drive.google.com/file/d/113iqYQyoU2cDqseGPnOxetQVBiNsTQSi/view?usp=sharing>

ACTIVITY 6

Title of the Activity: Outreach dental camp(Govt high school,Mevalurkuppam,Kuthambakkam) 21.12.2020

Need of the Activity: To identify the prevalence of oral diseases like dental caries,gingivitis,periodontitis,malocclusion among the school children of Mevalurkuppam,Kuthambakkam.To provide basic preventive and restorative treatment.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 20 were screened and health education on importance of brushing twice daily was given.Proper brushing techniques were demonstrated using teeth model.Cards were distributed for free basic treatment.Mean DMFT score 1.3

https://drive.google.com/file/d/1mqMDs2B-17JV0WOCM3Fnkx457G_VNgKN/view?usp=sharing

ACTIVITY 7

Title of the Activity: Outreach dental camp-Block Development Office(Poondi) 28.12.2020

Need of the Activity: To identify the prevalence of oral diseases like dental caries,gingivitis,periodontitis,malocclusion,oral cancer among the residents of Poondi village.To provide basic preventive and restorative treatment

Brief Description (Need/Impact/Action/Picture (if any)): A total of 25 were screened and health education on importance of brushing twice daily was given.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were given.Mean DMFT score 1.5

<https://drive.google.com/file/d/1ONtCk75NKDi-eMUhKqyxj4dw54Iy1o8K/view?usp=sharing>

ACTIVITY 8

Title of the Activity: Outreach dental camp(Balaramapuram leprosy community centre-Villivakkam) 29.12.2020

Need of the Activity: To identify the prevalence of oral diseases like dental caries,gingivitis,periodontitis,malocclusion,oral cancer among the residents of community leprosy centre,Villivakkam.To provide basic preventive and restorative treatment

Brief Description (Need/Impact/Action/Picture (if any)): A total of 25 were screened and health

education on importance of brushing twice daily was given. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were given. Mean DMFT score 1.8

<https://drive.google.com/file/d/1dOgkAuA6VDusl9MsC1Ucxc4q69o7Znqk/view?usp=sharing>

ACTIVITY 9

Title of the Activity: Village visit 21.12.2020

Need of the Activity: To get details about the village

Brief Description (Need/Impact/Action/Picture (if any)): SSM has visited mevalurkuppam village, along with SDC students, had discussion with the village head and school headmistress. We came to understand that there are 1000 families residing in the village and some of the problems listed out are drainage system, water issues, lack of primary health centre, school maintenance issues etc and have planned to make visits shortly with the support from all colleges, at least 2 representatives each to conduct the door to door survey.

https://drive.google.com/file/d/1sLpHa8qK4r9KCegccmMG941ORquFV_G3/view?usp=sharing

<https://drive.google.com/file/d/10xIo8aCNJTUqE3byrrgXAyUauSpuDFEO/view?usp=sharing>

ACTIVITY 10

Title of the Activity: World Alzheimer Day 30.09.2020

Need of the Activity: Early identification of Dementia and Alzheimer's disease

Brief Description (Need/Impact/Action/Picture (if any)): Creating awareness on sign and symptoms of dementia among elders

<https://drive.google.com/drive/folders/1wop2-9qIIVZGdliiwf0or5fRnWXqmMFd?usp=sharing>

ACTIVITY 11

Title of the Activity: National Unity Day 31.10.2020

Need of the Activity: Motivated the students to maintain unity, integrity, peace, and to prevent

threat.

Brief Description (Need/Impact/Action/Picture (if any)): Emphasised the significance and importance of celebrating National Unity day and highlighted the 'Iron Man of India', a great social leader of our Indian history. students and faculty took the Rashtriya Ekta Diwas Pledge.

<https://drive.google.com/drive/folders/1QsRu8KM7qLaClONFcXwGd9QXLA61qKPy?usp=sharing>

ACTIVITY 12

Title of the Activity: World Obesity Day 11.10.2020

Need of the Activity: Obesity Screening and education on preventive measures

Brief Description (Need/Impact/Action/Picture (if any)): World Obesity day was conducted at Vayalur village. BMI Assessment was taken for Adolescent boys & girls in the village. Identified overweight and obese children and alarming the ill effects of obesity. performed a puppet show on Diet to prevent Obesity and Health Education was given on Obesity. Low calorie & high fiber snacks (puffed rice balls) were supplemented to all the children.

<https://drive.google.com/drive/folders/1Xx-N8hYAsZxT3mHnxCJ6dFX5yDDbmtxe?usp=sharing>

ACTIVITY 13

Title of the Activity: Children's Day 12.11.2020

Need of the Activity: Investing in our future means investing in our Children

Brief Description (Need/Impact/Action/Picture (if any)): Activities like game show, dance and competition like passing ball, running and ring game were conducted. Around 50 children were entertained with this programme

<https://drive.google.com/drive/folders/1Xx-N8hYAsZxT3mHnxCJ6dFX5yDDbmtxe?usp=sharing>

ACTIVITY 14

Title of the Activity: Under-Five Clinic 16.12.2020

Need of the Activity: To provide Preventive, promotive, curative, referral and educational services

Brief Description (Need/Impact/Action/Picture (if any)): Under Five Clinic was conducted in Government Middle School, Chembarambakkam Village. Physical and Nutritional assessment was done followed by creating awareness about balanced diet. The Children and their parents were entertained with a Puppet show focussing on Protein Energy Malnutrition. More than 100 children and their parents were benefited out of this programme

<https://drive.google.com/drive/folders/1R1F570MTv1Y3G5WfyE6MIafhsI78uW1Q?usp=sharing>

ACTIVITY 15

Title of the Activity: Blood Bank Campaign 14.12.2020

Need of the Activity: Through the campaign, we call on more people all over the world to become life savers by volunteering to donate blood regularly.

Brief Description (Need/Impact/Action/Picture (if any)): Blood donations are needed all over the world to ensure individuals and communities have access to safe and quality assured blood and blood products in both normal and emergency situations.

<https://drive.google.com/file/d/1FW8yGzsfTBHDgze6627Dm3sTjaWxhP5d/view?usp=sharing>

ACTIVITY 16

Title of the Activity: Medical Screening camp 19.12.2020

Need of the Activity: A Health screening helps you find out if you have a disease (or) condition.

Brief Description (Need/Impact/Action/Picture (if any)): Health examinations and tests at the early stages of the illness can help to cure it faster and save a life before it can cause any damage.

<https://drive.google.com/file/d/1Beh8ACmWOjJIOfRhE-1zGr0uHhcAcm-F/view?usp=sharing>

ACTIVITY 17

Title of the Activity: Health camp 07.10.2020

Need of the Activity: To provide basic health care and to screen for diseases

Brief Description (Need/Impact/Action/Picture (if any)): Conducted at Mappedu village with total beneficiaries - 20. Free basic drugs were given to necessary patients and referral services given

<https://drive.google.com/file/d/1iW-QhyRRd70RTbJHnt6f7LvhLAhIJ0ku/view?usp=sharing>

ACTIVITY 18

Title of the Activity: Health education on stress management among NCD patients 07.10.2020

Need of the Activity: Due to chronic nature of the diseases stress is one of the common problem faced by NCD patients

Brief Description (Need/Impact/Action/Picture (if any)): Health education on stress management among NCD patients with video demonstration, yoga and relaxation techniques at Mappedu rural health center with social distancing being maintained. Total beneficiaries - 15

https://drive.google.com/file/d/1ZSJoQbgeI2yPeHdOGNa2j_HocGOWgOJ8/view?usp=sharing

ACTIVITY 19

Title of the Activity: Health camp 08.10.2020

Need of the Activity: To provide basic health care and to screen for diseases

Brief Description (Need/Impact/Action/Picture (if any)): Free basic drugs were given to necessary patients and beneficiaries were referred if required. Total beneficiaries - 25

<https://drive.google.com/file/d/1rLnRzpiELiKuIxo7o6eoBxe1f3jUheRD/view?usp=sharing>

ACTIVITY 20

Title of the Activity: Health education on common mental health problems like depression 14.10.2020

Need of the Activity: Identification of signs and symptoms of common mental health problems are important to prevent extreme steps like suicide

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given in view of World Mental Health Day regarding common mental health problems like Depression etc to the general public of Mappedu village. Total beneficiaries were 10.

<https://drive.google.com/file/d/1unyrFE3tcVjXJOPLM18xZp-AkXV2dmoY/view?usp=sharing>

ACTIVITY 21

Title of the Activity: Health education on Obesity and Hypertension 30.10.2020

Need of the Activity: Obesity and Hypertension has become a common problem with serious consequences

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given on Obesity and Hypertension to the general public of Mappedu village. Topics like adverse effects, treatment and prevention were covered. Total number of beneficiaries were 30

<https://drive.google.com/file/d/1OE78b2shw6b3b3tYuKKPStGWYzyCnsEe/view?usp=sharing>

ACTIVITY 22

Title of the Activity: Health education on COVID - 19 among diabetic patients 06.11.2020

Need of the Activity: COVID - 19 among diabetic patients can have serious complications

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding signs and symptoms, treatment and prevention of COVID - 19 was given among diabetic patients attending NCD clinic. Total beneficiaries - 30.

https://drive.google.com/file/d/1Bowxbfgqo_vynTR7AqhghrTwkooMLLc8/view?usp=sharing

ACTIVITY 23

Title of the Activity: Health education on importance of immunization 13.11.2020

Need of the Activity: Immunization among under - five helps in prevention of diseases and reduces the burden

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding vaccine preventable diseases, immunizations provided freely by the GOI and place of provision of these vaccines was given. Total beneficiaries - 10

<https://drive.google.com/file/d/1VInXYLtIKg9dTaRm6-v84xpvn1Un9xdk/view?usp=sharing>

ACTIVITY 24

Title of the Activity: Health education on Diabetes 20.11.2020

Need of the Activity: In view of World Diabetes Day celebration

Brief Description (Need/Impact/Action/Picture (if any)): Health education on risk factors, signs and symptoms, complications, treatment and prevention of Type 2 Diabetes Mellitus among NCD patients attending clinic and bystanders of Mappedu village in view of World Diabetes Day 2020. Total beneficiaries - 30

<https://drive.google.com/file/d/1XkPJr3-dD8CvddmuhBrFrL3TexFwwZsI/view?usp=sharing>

ACTIVITY 25

Title of the Activity: Health education of New-born home care 04.12.2020

Need of the Activity: Appropriate newborn home care helps in prevention of common infectious diseases among neonates

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given regarding basic and appropriate new-born home care to the beneficiaries of Mappedu village. Total beneficiaries - 20

https://drive.google.com/file/d/11mASzin--oi9OOq9OrbLszUQCQlucUP_/view?usp=sharing

ACTIVITY 26

Title of the Activity: Health education on immunization for vaccine preventable disease among under - five children 16.12.2020

Need of the Activity: Complete immunization among under - five children helps them from 7 vaccine preventable diseases

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given regarding vaccine preventable diseases and its complications and importance of complete immunization among under - five children to the people of Mappedu village. Total beneficiaries - 13

<https://drive.google.com/file/d/1ZDfCCDc2oOeTb92w2NKYsy7OGHyzzQxW/view?usp=sharing>

ACTIVITY 27

Title of the Activity: Health education on balanced diet for hypertensive and diabetic patients
23.12.2020

Need of the Activity: Diet plays an important role in control of hypertension and diabetes. Appropriate knowledge regarding various foods and the quantity to be consumed is very important.

Brief Description (Need/Impact/Action/Picture (if any)): Balanced diet for diabetes and hypertension was displayed and any related queries regarding the same was answered

<https://drive.google.com/file/d/1pO-gRCjF9q7USJMURs2yLvKn7NMC9mbe/view?usp=sharing>

ACTIVITY 28

Title of the Activity: Village And Household Survey 27.11.2020

Need of the Activity: Mapping Exercise

Brief Description (Need/Impact/Action/Picture (if any)): Mapping Exercise - a reco survey was undertaken of the village centre around the health care centre supported by Prof. Daniel SSE, photo documentation documentation was done during the survey. Issues faced by the community were discussed with them to identify solutions.

https://drive.google.com/drive/folders/19WmGJmmT-_CTVF6t3d35mtcltTYAOP20?usp=sharing

ACTIVITY 29

Title of the Activity: Awareness Campaign (Save Water Report) 28.12.2020

Need of the Activity: Water Conservation

Brief Description (Need/Impact/Action/Picture (if any)): During the mapping the various conditions in which water was being wasted was identified along with the community. Several solutions were provided both for conserving as well as recycling water which forms the guidelines of the report.

https://drive.google.com/file/d/1jFUEBqzHb5x4fEZids5Fwu1J_WKPq4J7/view?usp=sharing

ACTIVITY 30

Title of the Activity: Erayamangalam camp 17.12.2020

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of physiotherapy organized a camp on 17-12-2020 in Erayamangalam, Dr S.Senthilkumar Assistant Professor, interns Parthiban and Sangeetha valli stud participated in the camp and screened 29 patients with various ailments like lumbar spondylosis, osteoarthritis knee, Plantar fasciitis, Cervical spondylosis, and prescribed therapeutic exercises for their ailments.

https://drive.google.com/file/d/1rMNvLMgmDEdjM20J46USi3XbBCrLW7_o/view?usp=sharing

ACTIVITY 31

Title of the Activity: NCD Clinic Every week on Friday (September 2020 - December 2020)

Need of the Activity: Reduction in mortality and hospitalisation due to diabetes, hypertension and acute cardiovascular/ cerebro -vascular diseases.

Brief Description (Need/Impact/Action/Picture (if any)): Weekly NCD Clinic, Beneficiaries - UHC (311 includes followup cases); Activities - Opportunistic Screening, Consultation and Treatment, Lifestyle modification counselling and follow up

<https://drive.google.com/file/d/1btyWVXdM-LHo2NsKcBUXAQn9kyRq5DLG/view?usp=sharing>

ACTIVITY 32

Title of the Activity: NCD Clinic Every week on Wednesday (September 2020 - December 2020)

Need of the Activity: Reduction in mortality and hospitalisation due to diabetes, hypertension and acute cardiovascular/ cerebro -vascular diseases.

Brief Description (Need/Impact/Action/Picture (if any)): Weekly NCD Clinic, Beneficiaries - RHC (70 includes followup cases); Activities - Opportunistic Screening, Consultation and Treatment, Lifestyle modification counselling and follow up

<https://drive.google.com/file/d/1wvGTyci7K7i11K7VARIwatZdmxvQvgZM/view?usp=sharing>

ACTIVITY 33

Title of the Activity: Yoga session Every week on Saturday (September 2020 - December 2020)

Need of the Activity: Yoga helps in enhancing both physical and mental health.

Brief Description (Need/Impact/Action/Picture (if any)): Yoga session was conducted every Saturday to patients attending NCD clinic to reduce the mental stress due to the chronic disease and to increase physical activity which helps in controlling the disease by Yoga experts through teleconsultation.

https://drive.google.com/file/d/1yU4KMCOQt2Jff3ILNqkRn6UP_U0Sq_h/view?usp=sharing

ACTIVITY 34

Title of the Activity: Fever Clinic Everyday (September 2020 - December 2020)

Need of the Activity: For effective and Expeditious referral and to reduce the risk of transmission of COVID-19 to other vulnerable patients and healthcare workers presenting to the Centre.

Brief Description (Need/Impact/Action/Picture (if any)):

Activities - Rapid Assessment & referral, Monitoring Vitals including saturation, drug distribution and counselling on quarantine and hygiene etiquettes.

https://drive.google.com/file/d/1R_jeQw7nYHRTwweCvXrj3gCJu135MGau/view?usp=sharing

ACTIVITY 35

Title of the Activity: Leadership Seminar 19/08/2020

Need of the Activity: Career Guidance

Brief Description (Need/Impact/Action/Picture (if any)): SSE has organised a leadership seminar under the guidance of the management which had aided the UBA volunteers to gain critical insights into leadership issues, skills required and character building.

<https://drive.google.com/file/d/1YuBr4pyVAFnzfjAQIDNDAPDH-WZww6md/view?usp=sharing>

ACTIVITY 36

Title of the Activity: Lifestyle Changes Post Covid 17.10.2020

Need of the Activity: Life Skills

Brief Description (Need/Impact/Action/Picture (if any)): SSE organised a webinar on Lifestyle Changes Post Covid which entailed a range of lifestyle that everyone needs to make for a better life post the covid period. Expectancy of future waves, encouraging vaccination and more.

<https://drive.google.com/file/d/1Lbe9A-fVB6DSG5XxIkFIHdKuTAB1CIT0/view?usp=sharing>

ACTIVITY 37

Title of the Activity: World Diabetes Day 07.11.2020

Need of the Activity: Health

Brief Description (Need/Impact/Action/Picture (if any)):

SSE organised a web based awareness program which focussed on inculcating healthy lifestyle practices, diet controlling, monitoring health indicators.

<https://drive.google.com/file/d/18iIRXZIIPKu6DItniy7QoA8X9CSzPGdm/view?usp=sharing>

ACTIVITY 38

Title of the Activity: Traffic Awareness 21.11.2020

Need of the Activity: Road safety

Brief Description (Need/Impact/Action/Picture (if any)): A webinar was conducted to make awareness on road safety as road accidents are one of the common fatalities in the country. Volunteers were made aware of the traffic decency, rules and appropriate on road behavior.

<https://drive.google.com/file/d/1uG20aGveC7wOyGfjUyrbe3HSPyyaLEqK/view?usp=sharing>

ACTIVITY 39

Title of the Activity: International day of persons with disabilities 03.12.2020

Need of the Activity: Social Responsibility

Brief Description (Need/Impact/Action/Picture (if any)): Volunteers of SSE-UBA were made aware of difficulties faced by persons with disabilities, several sanctions by Governments, policies, and rights of persons with disabilities.

https://drive.google.com/file/d/1tK-a8-YkKIXD-PCFcH5CD_OCD30L4FAR/view?usp=sharing

ACTIVITY 40

Title of the Activity: Health Screening camp - Erayamangalam 17.12.2020

Need of the Activity: Health

Brief Description (Need/Impact/Action/Picture (if any)): A health screening camp has been organised in Erayamangalam village, Thiruvallur District, where over 70 beneficiaries got their general health checked. Follow up cases were referred to the Mappedu Health Center of Saveetha Medical College and Hospital.

https://drive.google.com/drive/folders/1YUG5kqjXkdRmt_1VxgPBF73saDG_9UTe?usp=sharing

ACTIVITY 41

Title of the Activity: Physiotherapy Clinic - Erayamangalam 18.12.2020

Need of the Activity: Health

Brief Description (Need/Impact/Action/Picture (if any)): A Physiotherapy clinic camp was organised in Erayamangalam village, Thiruvallur District, where over 70 beneficiaries got their general health checked. Exercises were suggested for minor complaints and more complicated cases were referred to the Mappedu Health Center of Saveetha Medical College and Hospital.

https://drive.google.com/drive/folders/1YUG5kqjXkdRmt_1VxgPBF73saDG_9UTe?usp=sharing

ACTIVITY 42

Title of the Activity: Optometry Check up - Erayamangalam 19.12.2020

Need of the Activity: Health

Brief Description (Need/Impact/Action/Picture (if any)): A Optometric screening camp was organised in Erayamangalam village, Thiruvallur District, where over 70 beneficiaries got their general health checked. Exercises were suggested for minor complaints and more complicated cases were referred to the Mappedu Health Center of Saveetha Medical College and Hospital.

https://drive.google.com/drive/folders/1YUG5kqjXkdRmt_1VxgPBF73saDG_9UTe?usp=sharing

ACTIVITY 43

Title of the Activity: Old age care 19.09.2020

Need of the Activity: To provide community based awareness about Occupational therapy and intervention

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational therapy visited Meenakshi Nagar in Kanchipuram to provide occupational therapy activities to improve quality of life and functional independence for members of the community.

https://static.wixstatic.com/media/41d401_59ed2987793046dfa79011a3b066f0ac~mv2.jpg/v1/fill/w_534,h_712,al_c,q_90/41d401_59ed2987793046dfa79011a3b066f0ac~mv2.webp

ACTIVITY 44

Title of the Activity: Tree planting 27.10.2020

Need of the Activity: To create awareness among the public towards environmental issues on the occasion of Occupation Therapy Day.

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational therapy planted tree saplings on 27.10.2020 to bring about the environmental concerns on the event of World Occupational therapy day.

https://static.wixstatic.com/media/41d401_edae87521f6045bc8a4d2fe4b5d8a52d~mv2.jpg/v1/fill/w_1349,h_480,al_c,q_85,usm_0.66_1.00_0.01/41d401_edae87521f6045bc8a4d2fe4b5d8a52d~mv2.webp

ACTIVITY 45

Title of the Activity: Patient education 24.11.2020

Need of the Activity: Drug mishandling, ADR, Drug resistance

Brief Description (Need/Impact/Action/Picture (if any)): antibiotic resistance is a big challenge to health care in management & treatment of diseases. creating awareness and educating the public in Dos & Don'ts helps in proper usage of drug regimen.

<https://drive.google.com/drive/folders/18F5uwFMUnwyBYjsfcZsiuaFgvB7XE5mv>

ACTIVITY 46

Title of the Activity: Drug Interactions 09.12.2020

Need of the Activity: patient education on drug interactions

Brief Description (Need/Impact/Action/Picture (if any)): need of the hour to avoid ADR

<https://drive.google.com/drive/folders/18F5uwFMUnwyBYjsfcZsiuaFgvB7XE5mv>