



UNNAT BHARAT ABHIYAN

SAVEETHA INSTITUTE OF MEDICAL AND TECHNICAL SCIENCES (U-0475)

PROGRESS REPORT

JANUARY 2021 - APRIL 2021

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Sr No	ADOPTED VILLAGES	TALUK	DISTRICT
1	Sembarambakkam	Poonamallee	Tiruvallur
2	Madhuramangalam	Sriperumbudur	Kancheepuram
3	Molachur	Sriperumbudur	Kancheepuram
4	Mevalurkuppam	Sriperumbudur	Sriperumbudur
5	Nesapakkam	Chennai	Chennai

Next Plan of Action -Activity to be conducted(along with reason)

1. To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases,

Malocclusion and Oral cancer among residents of Mappedu Village.

2. To provide basic preventive and restorative dental treatments.
3. To increase awareness among the people and the importance of mental health and to enlighten the people who are undergoing depression and anxiety.
4. Health education of patients attending centers and hospitals regarding Covid 19 pandemic.
5. Health education regarding the importance of wearing masks, washing hands and social distancing which are important to prevent the spread of Covid 19 to all the drivers and housekeeping staff of SMCH.
6. Since it is not safe to visit the ANC and PNC mothers at their door steps, we have planned to start Tele follow up of ANC and PNC cases in the villages adopted under UBA and neighbouring our health centers.
7. NCD clinic along with the patient counselling on diet, physical activity will continue in both the centers along with other routine patient works of the center
8. Fever Clinic which was started in April will continue in next quarter also. It helps to screen people with Covid 19 symptoms and manage them without mixing them with other patients in the center.
9. PPE like Face hoods which were designed and developed by the Saveetha Research Team will be distributed to the front line workers like police personnel, doctors and CISF personnel in and around SIMATS.
10. Creation of Health education material like posters, flyers and pamphlets in local language to distribute to the villagers adopted under UBA for creating awareness regarding COVID 19 pandemic.
11. Planning for Tele education of Industrial workers regarding safety precautions amid Covid 19 in the workplace once the industries start opening.

List of Activities

ACTIVITY 1

Title of the Activity: Outreach dental camp ,Park Inn beach resort ,Vettuvankeni,ECR 20.1.2021

Need of the Activity: To identify the prevalence of oral diseases like dental caries,gingivitis,periodontitis,malocclusion,oral cancer among the residents of Park Inn beach

resort,Vettuvankeni,ECR.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 52 participants were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 2.25

https://drive.google.com/file/d/1qMtmBRW1E9gMfPJoySIIBZZ1aQvZHK_v/view?usp=sharing

ACTIVITY 2

Title of the Activity: Outreach dental camp, Saveetha Rural Centre, Mappedu 23.1.2021

Need of the Activity: To assess the prevalence of oral diseases like dental caries, gingivitis, periodontitis, malocclusion, oral cancer among the residents of Saveetha Rural Centre, Mappedu.

Brief Description (Need/Impact/Action/Picture (if any)): A sum of 24 patients were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 0.83

https://drive.google.com/file/d/1HopIDx_4FVrp15ZGDNpkGV5-xULWLGQe/view?usp=sharing

ACTIVITY 3

Title of the Activity: Outreach dental camp, Municipality Office, CTH road, Thiruninravur 27.1.2021

Need of the Activity: To find oral diseases like dental caries, gingivitis, periodontitis, malocclusion, oral cancer among the residents of Municipality office, CTH road, Thiruninravur

Brief Description (Need/Impact/Action/Picture (if any)): Around 15 administrative staff were benefited by screening for oral diseases. Health education was given on the importance of brushing

twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 3.4

<https://drive.google.com/file/d/1SL0sQfkG23YaHQXK-fOdO6TiMJKRbfvn/view?usp=sharing>

ACTIVITY 4

Title of the Activity: World Leprosy Day 30.1.2021

Need of the Activity: To raise awareness about Leprosy disease

Brief Description (Need/Impact/Action/Picture (if any)): Department of Public Health Dentistry observed World Leprosy Day to create awareness among people about Leprosy and teach people about this disease that it is easily curable today. Sanitisers and handwashes were distributed to all on behalf of Saveetha Dental College and Team. Oral hygiene instructions and health education were taught to all children.

<https://drive.google.com/file/d/1MKU9GVoOh-mTDFhpLxNsgqiVLHkd9JN0/view?usp=sharing>

ACTIVITY 5

Title of the Activity: World Cancer Day 4.2.2021

Need of the Activity: To raise awareness on Cancer.

Brief Description (Need/Impact/Action/Picture (if any)): Department of Public Health Dentistry celebrated World Cancer Day to create awareness among people about Cancer and teach people about this disease that it is easily curable today. Sanitisers and handwashes were distributed to all on behalf of Saveetha Dental College and Team. Oral hygiene instructions and health education were taught to all children.

https://drive.google.com/file/d/12Bex3EdnUxli_8_j_um0agAPCZzWGoyx/view?usp=sharing

ACTIVITY 6

Title of the Activity: National Toothache Day 9.2.2021

Need of the Activity: To increase awareness of oral hygiene and oral hygiene habits.

Brief Description (Need/Impact/Action/Picture (if any)): Department of Public Health Dentistry observed National Toothache Day to create awareness among people to establish the importance the oral hygiene.Sanitisers and handwashes were distributed to all on behalf of Saveetha Dental College and Team.Oral hygiene instructions and health education were taught to all children.

https://drive.google.com/file/d/127EFMMBv1vD_qhOYZ_29exigyKGMh7uN/view?usp=sharing

ACTIVITY 7

Title of the Activity: Outreach dental camp,Koyembedu 12.2..2021

Need of the Activity: To increase awareness of oral hygiene and oral hygiene habits.

Brief Description (Need/Impact/Action/Picture (if any)): Department of Public Health Dentistry observed National Toothache Day to create awareness among people to establish the importance the oral hygiene.Sanitisers and handwashes were distributed to all on behalf of Saveetha Dental College and Team.Oral hygiene instructions and health education were taught to all children.

https://drive.google.com/file/d/127EFMMBv1vD_qhOYZ_29exigyKGMh7uN/view?usp=sharing

ACTIVITY 8

Title of the Activity: Urban dental camp,Thirumazhisai 17.2.2021

Need of the Activity: To know the prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among outpatients at Saveetha Urban centre. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A 16 patients were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 1.4.

ACTIVITY 9

Title of the Activity: Outreach camp, Lighthousekuppam 18.2.2021

Need of the Activity: To screen for Oral diseases like Dental caries, Periodontal diseases and Malocclusion among lighthouse kuppam community people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 71 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 1.6. 32 oral prophylaxis were done using a mobile dental van.

<https://drive.google.com/file/d/1hcsUE85h2OdUnujwqx1P3cn7eFWyM9TU/view?usp=sharing>

ACTIVITY 10

Title of the Activity: Outreach camp, Sathankuppam 19.2.2021

Need of the Activity: To find Oral diseases like Dental caries, Periodontal diseases and Malocclusion among sathankuppam rural people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 84 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 1.68.

https://drive.google.com/file/d/19zzuPsQNoXSwoIcV138T3VUNo_DZ2F2o/view?usp=sharing

ACTIVITY 11

Title of the Activity: Outreach camp, Kottakuppam 22.2.2021

Need of the Activity: To screen for Oral diseases like Dental caries, Periodontal diseases and Malocclusion among kottakuppam rural people. And provide treatment at Saveetha Dental College

Brief Description (Need/Impact/Action/Picture (if any)): A total of 78 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 2.36. Health education was given.

<https://drive.google.com/file/d/139fLUr8BOhyLMKADrKO1qFw5c4xu20CY/view?usp=sharing>

ACTIVITY 12

Title of the Activity: Outreach camp, Pralayampakkam 23.2.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among Pralayampakkam rural people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 82 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 2.99. Health education was given.

https://drive.google.com/file/d/1n-1BwTa07_Obhyg2sbdxFk_S8lsrGUNA/view?usp=sharing

ACTIVITY 13

Title of the Activity: Special camp, Hope public charitable trust 23.2.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among special children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 21 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 6.2. Health education was given.

https://drive.google.com/file/d/1sIRVph-fBO231MSqesIvKEL84KsA_vNg/view?usp=sharing

ACTIVITY 14

Title of the Activity: Special camp, Hope psychiatric rehabilitation shelter for women 24.2.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among mentally challenged. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 26 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 2.27

<https://drive.google.com/file/d/14OuGXFgzmASRhVoVqvb7LnJPYNfusMd7/view?usp=sharing>

ACTIVITY 15

Title of the Activity: Government Associated Camp. Block development office Tiruttani 26.2.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among workers in the government office and community people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 37 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 1.8. 18 Oral prophylaxis was done and 1 GIC restoration was done

ACTIVITY 16

Title of the Activity: Olympia cyber space, Guindy 27.2.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among construction workers. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Among 86 workers the Mean DMFT score 1.6. Health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Free basic treatment cards were distributed .

https://drive.google.com/file/d/1ILOSD4qYjGMN2iY5k2m_Bpw8CVcb6P1z/view?usp=sharing

ACTIVITY 17

Title of the Activity: World Womens day 8.3.2021

Need of the Activity: To raise awareness about the importance of oral health for girls stressing about the hormonal imbalance during pregnancy, puberty and menopause in kuthambakkam village people

Brief Description (Need/Impact/Action/Picture (if any)): On the international women's day, Department of Public Health dentistry joined hands with women empowerment cell, Saveetha Dental College, conducted an awareness programme on oral health for girls in Elite clinic, Anna nagar. The talk also throws light on ways of promoting oral health and also suggesting oral hygiene maintenance tips. Students were also taught about proper tooth brushing techniques.

https://drive.google.com/file/d/1nH6mmCTY_br8Lbyf-y1Y9iGWhe3WroPZ/view?usp=sharing

ACTIVITY 18

Title of the Activity: Elite dental clinic, Anna nagar 8.3.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among patients visiting elite dental clinics. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 11 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 1.8

<https://drive.google.com/file/d/1QBe4o2Nws6f0ZTSs9YCIRtqZO6mlTmbN/view?usp=sharing>

ACTIVITY 19

Title of the Activity: Kuthirampakkam village, Kanchipuram 8.3.2021

Need of the Activity: To assess the Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 21 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 2.27

<https://drive.google.com/file/d/14Kndw0jVqRQMfnBHxFgqP1Dd24I6miA0/view?usp=sharing>

ACTIVITY 20

Title of the Activity: Vedal village, Kanchipuram 8.3.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal

diseases and Malocclusion among village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 46 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 1.6

<https://drive.google.com/file/d/1OmUDHsr1GjcAatEASWroiwqbsKSFY9Jk/view?usp=sharing>

ACTIVITY 21

Title of the Activity: Purasai village, Kanchipuram 9.3.2021

Need of the Activity: To screen for Oral diseases like Dental caries, Periodontal diseases and Malocclusion among village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 27 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 3.4

<https://drive.google.com/file/d/1nbY7JdfS-5v9nZE4cmvFoRWxlO2LBAZK/view?usp=sharing>

ACTIVITY 22

Title of the Activity: Labakandigai, Kanchipuram 9.3.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 30 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score

2.01

<https://drive.google.com/file/d/1IDB4hnlw7GG9h5zQTYzZIZ7x3QoL1nFE/view?usp=sharing>

ACTIVITY 23

Title of the Activity: Melkadhirpur village, Kanchipuram 10.3.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 33 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 2.56

https://drive.google.com/file/d/1_bq44YHvXklfK4WWuKcjavvmEyHXWx6X/view?usp=sharing

ACTIVITY 24

Title of the Activity: Ottankarani village, Kanchipuram 10.3.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 35 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 2.34

<https://drive.google.com/file/d/1s80q78tpZns-UaCEqph15cyWNwWwyUAX/view?usp=sharing>

ACTIVITY 25

Title of the Activity: Kelkadhripur village, kanchipuram 11.3.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 26 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 1.5

<https://drive.google.com/file/d/1sTJM0-G0LYp4QGV6p2I30mYOI0rwkiw1/view?usp=sharing>

ACTIVITY 26

Title of the Activity: Thiruparataikundram village, Kanchipuram 1.3.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 21 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 1.89

https://drive.google.com/file/d/1Y7ZnwJqpslwib14wZ4jYXo0MnYuRB_ke/view?usp=sharing

ACTIVITY 27

Title of the Activity: Athivakam village, Kanchipuram 12.3.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal

diseases and Malocclusion among village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 29 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 1.76

<https://drive.google.com/file/d/1JPVIDb63ffGZrWf9bVbMRqeJe9NE2un-/view?usp=sharing>

ACTIVITY 28

Title of the Activity: Kunavakam village, Kanchipuram 12.3.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 30 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 1.76

https://drive.google.com/file/d/1nsdgbZkNLdXq_wt_qaUqGOjfJUUnd1s-C/view?usp=sharing

ACTIVITY 29

Title of the Activity: World Oral health day 20.3.2021

Need of the Activity: To raise awareness about oral health and importance of maintaining good oral hygiene and tips to prevent dental caries

Brief Description (Need/Impact/Action/Picture (if any)): On the World Oral Health Day, Department of Public Health dentistry conducted a programme in saveetha urban center, Thirumazhisai where patients visiting the dental college were educated about the importance of oral

health, causes of oral diseases, their symptoms and prevention of oral diseases. Pamphlets were distributed to the patients and brushing technique was taught.

https://drive.google.com/file/d/1iWoMQPLLwI_BEV_hWB3oYwfWI0cpNu7p/view?usp=sharing

ACTIVITY 30

Title of the Activity: World water day 23.3.2021

Need of the Activity: To raise awareness about scarcity of water and ways to conserve water.

Brief Description (Need/Impact/Action/Picture (if any)): Pamphlets were distributed among the outpatients visiting Saveetha Dental College. Videos regarding conservation of water were shown as well.

<https://drive.google.com/file/d/1LxCMqjqTuRdTJHJ518XxjNQXMiP30etG/view?usp=sharing>

ACTIVITY 31

Title of the Activity: CEAT Ltd, Kannanthangal 23.3.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among employees of CEAT ltd. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 12 employees were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 0.51

<https://drive.google.com/file/d/10iLM-FH7q-ovN592eSnyqKpLZEjuUe-N/view?usp=sharing>

ACTIVITY 32

Title of the Activity: World Health day 7.4.2021

Need of the Activity: To increase awareness about the importance of oral health and its impact on general health, pamphlets were distributed to the people visiting saveetha dental college. Health education and oral hygiene instruction were given

Brief Description (Need/Impact/Action/Picture (if any)): Pamphlets were distributed among the outpatients visiting Saveetha Dental College and the importance of oral health and brushing technique was highlighted.

<https://drive.google.com/file/d/1BFLAC5dQaVZ92B4qsMAVp6PDViE5mHt/view?usp=sharing>

ACTIVITY 33

Title of the Activity: World Safemotherhood day 11.4.2021

Need of the Activity: Provide awareness to the women to ensure they receive high-quality gynecological, family planning, prenatal, delivery and postpartum care, in order to achieve optimal health for the mother, fetus and infant during pregnancy.

Brief Description (Need/Impact/Action/Picture (if any)): On the National Mother Safemotherhood day, Department of Public Health dentistry conducted a programme for mother's to educate about the oral health problems in their pregnancy after the child birth in saveetha medical college. Pamphlets were distributed to the mothers and brushing technique was taught.

<https://drive.google.com/file/d/1Wqa2dBNKgPV1-79rvTbK42RUqHb9IIRq/view?usp=sharing>

ACTIVITY 34

Title of the Activity: Hawroth India, ltd 19.4.2021

Need of the Activity: To search for prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among employees of CEAT ltd. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 60 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score

7

ACTIVITY 35

Title of the Activity: Madhuramangalam 22.4.2021

Need of the Activity: To find the prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among the village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 62 people were given health education on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed .

<https://drive.google.com/file/d/16725dgDbtBdNreUtlYxT7bKyQScFAlrG/view?usp=sharing>

ACTIVITY 36

Title of the Activity: APARA Old age home 26.04.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among the old age people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 22 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed . Mean DMFT score 2.99

<https://drive.google.com/file/d/1Lw2Vx9nfw4ZPJy5N5zISv5bztdSbSBdW/view?usp=sharing>

ACTIVITY 37

Title of the Activity: Kondanchery Government school 27.4.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among the village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 20 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 2.25

<https://drive.google.com/file/d/1TV2LUZln4nmHL72bAdp9KHDzOStkur8m/view?usp=sharing>

ACTIVITY 38

Title of the Activity: T.L.C church , Kondanchery 28.4.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among the village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 11 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 1.29

https://drive.google.com/file/d/1Us2cmhYtaWmfyh240EfOANafvA_NGhNp/view?usp=sharing

ACTIVITY 39

Title of the Activity: APARA Old age home 29.4.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among the old age people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 10 were screened and health

education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 1.6

<https://drive.google.com/file/d/1QLv0rWtiRlfqyEPLjK4mtgPp8FJhzuNA/view?usp=sharing>

ACTIVITY 40

Title of the Activity: Mappedu 30.4.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among the village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 35 people were given health education on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed.

https://drive.google.com/file/d/1mjR_-jBdiOZ5PRHAX7PWjP4GFAy2eJSW/view?usp=sharing

ACTIVITY 41

Title of the Activity: Health Education on Bird Flu 08.01.2021

Need of the Activity: The cases of Bird Flu were increasing in India and there was a threat of another epidemic/pandemic

Brief Description (Need/Impact/Action/Picture (if any)): Health education on Bird Flu was to the beneficiaries of Thirumazhisai in the health center. A total of 20 beneficiaries attended.

<https://drive.google.com/file/d/1aV1W84W3-UClIx4fixQHmAoaVRp1zWYU/view?usp=sharing>

ACTIVITY 42

Title of the Activity: Health Education on COVID - 19 prevention 23.01.2021

Need of the Activity: Awareness regarding COVID - 19 prevention was given as 2nd wave was expected

Brief Description (Need/Impact/Action/Picture (if any)): Health Education regarding COVID - 19 prevention was given to students of Government Boys Higher Secondary School of Thirumazhisai. Total beneficiaries - 200

<https://drive.google.com/file/d/1Yk2isQQ1TssecRCyrxEF9tbzgc4k3PEX/view?usp=sharing>

ACTIVITY 43

Title of the Activity: Health Education on Obesity 27.01.2021

Need of the Activity: Health Education on Obesity

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding risk factors for obesity, methods of assessment, complications and prevention was given to the beneficiaries of Mappedu village. Total number of beneficiaries - 20

https://drive.google.com/file/d/1z95yMUb111pk4IU_x-29AFIsRvOfmYSu/view?usp=sharing

ACTIVITY 44

Title of the Activity: World Leprosy Day celebration 30.01.2021

Need of the Activity: Leprosy is a disease associated with complications and stigma. Awareness regarding the disease is very much important

Brief Description (Need/Impact/Action/Picture (if any)): Awareness was created regarding Leprosy and anti-leprosy pledge was administered to the ASHA workers of Thirumazhisai area and general public in collaboration with block supervisor and area Health Inspector. Around 50 people took the pledge

https://drive.google.com/file/d/1h21eFCyg6eUZh_Xs1pIn1KXaNDIpYANy/view?usp=sharing

ACTIVITY 45

Title of the Activity: COVID - 19 banner distribution 30.01.2021

Need of the Activity: Banner was distributed to increase awareness and reduce misinformation

Brief Description (Need/Impact/Action/Picture (if any)): Banner containing information regarding risk factors, symptoms, do's and don'ts and prevention of COVID - 19 was distributed to Government Boys Higher Secondary School and Government Girls Higher Secondary School in Thirumazhisai.

https://drive.google.com/file/d/1K9DLuzJqNoYZhBAIE-8bOTu_iTquOr7F/view?usp=sharing

ACTIVITY 46

Title of the Activity: Health Education on COVID - 19 prevention 30.01.2021

Need of the Activity: In view of National Girl Child Day

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding background, signs and symptoms, prevention and management of COVID - 19 was given at the Government Girls Higher Secondary School of Thirumazhisai. Total number of beneficiaries were 150

<https://drive.google.com/file/d/1Z8kcVNI9g7gI-yLIRIAI3ardy0b-A9ui/view?usp=sharing>

ACTIVITY 47

Title of the Activity: Health Education on Hypertension 03.02.2021

Need of the Activity: Hypertension also known as silent killer is one of the major risk factor for CVDs

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding pathophysiology, symptoms, treatment, complications and prevention of hypertension was given to 16 beneficiaries of Mappedu village

<https://drive.google.com/file/d/1ibCa0N19yB5DM9bfDrJyQ5X8zKDjgc22/view?usp=sharing>

ACTIVITY 48

Title of the Activity: SPARSH Leprosy Awareness Campaign - National Leprosy Elimination Program

Need of the Activity: Late diagnosis of leprosy is associated with complication and permanent damage to skin, nerves, eyes and respiratory system whereas leprosy is completely curable if diagnosed at early stages

Brief Description (Need/Impact/Action/Picture (if any)): Survey for leprosy was conducted in collaboration with the Health Inspector of Thirumazhisai area and awareness about leprosy was created among the surveyed people. Total number of people surveyed were 58\

<https://drive.google.com/file/d/1EqDSVwustjcjN1R7lZWjRDWjrnXIXaRg/view?usp=sharing>

ACTIVITY 49

Title of the Activity: SPARSH Leprosy Awareness Campaign - National Leprosy Elimination Program 09.02.2021

Need of the Activity: Late diagnosis of leprosy is associated with complication and permanent damage to skin, nerves, eyes and respiratory system whereas leprosy is completely curable if diagnosed at early stages

Brief Description (Need/Impact/Action/Picture (if any)): Survey for leprosy was conducted in collaboration with Health Inspector and ASHA workers of Thirumazhisai area and awareness about leprosy was created among the surveyed people. Total number of people surveyed were 62

https://drive.google.com/file/d/1f5GUatsZiKyBV9cWW3VpJ7W_w4qwj3Iy/view?usp=sharing

ACTIVITY 50

Title of the Activity: SPARSH Leprosy Awareness Campaign - National Leprosy Elimination Program 10.02.2021

Need of the Activity: Late diagnosis of leprosy is associated with complication and permanent damage to skin, nerves, eyes and respiratory system whereas leprosy is completely curable if diagnosed at early stages

Brief Description (Need/Impact/Action/Picture (if any)): Survey for leprosy was conducted in collaboration with Health Inspector and ASHA workers of Thirumazhisai area and awareness about leprosy was created among the surveyed people. Total number of people surveyed were 66

https://drive.google.com/file/d/1MLjTk_2CTwpXnXTJta_TqpIKNpxstJBK/view?usp=sharing

ACTIVITY 51

Title of the Activity: Health Education on Cancer 10.02.2021

Need of the Activity: In view of World Cancer Day

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given regarding risk factors, WARNING signs, screening and prevention of cancer to 20 beneficiaries of Mappedu village in Rural Health Center

<https://drive.google.com/file/d/1qms0jMmLRRuOqYGWeYVe3nTY80I0I4nI/view?usp=sharing>

ACTIVITY 52

Title of the Activity: Health Education on Diabetes Mellitus 17.02.2021

Need of the Activity: Diabetes Mellitus is an important comorbidity among COVID - 19 patients and its control is of paramount importance

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to beneficiaries of Mappedu village regarding symptoms, treatment, prevention and control of Diabetes Mellitus. Total number of beneficiaries - 25

<https://drive.google.com/file/d/1DjHaVAA1pKkeICgliXQHMR8WRS66MiAG/view?usp=sharing>

ACTIVITY 53

Title of the Activity: Health Education and screening for cervical cancer 27.02.2021

Need of the Activity: In view of International Women's Day

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding signs, symptoms and screening methods of cervical cancer was given and women of Mappedu village were screened for cervical cancer using visual method and pap smear. Total number of beneficiaries - 45

<https://drive.google.com/file/d/1pbVixWpSZjNfbP8zmM82o-45OnfyvV0G/view?usp=sharing>

ACTIVITY 54

Title of the Activity: Health Education on Diabetes Mellitus, Hypertension and Depression 03.03.2021

Need of the Activity: Incidence of Diabetes Mellitus and Hypertension has increased specially among young people and diagnosis of Depression is important to avoid serious consequences like suicide

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given regarding diabetes mellitus, hypertension and depression to the beneficiaries of Mappedu village in Saveetha Rural Health Center. Total number of beneficiaries - 20

https://drive.google.com/file/d/18tfuAt5r0nmzru_2Tkrytp372bAIU3Cz/view?usp=sharing

ACTIVITY 55

Title of the Activity: Cervical cancer screening 06.03.2021

Need of the Activity: In view of International Women's Day

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding signs, symptoms and screening methods of cervical cancer was given and women of Mappedu village

were screened for cervical cancer using visual method and pap smear. Total number of beneficiaries - 40. 18 women were screened and 6 were referred

<https://drive.google.com/file/d/1urInLcmrmC9tUN1Z2ph5vSXAT9spBYLI/view?usp=sharing>

ACTIVITY 56

Title of the Activity: Cervical and Breast cancer screening 08.03.2021

Need of the Activity: In view of International Women's Day

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding signs, symptoms and screening methods of cervical cancer and breast cancer was given and women of Thirumazhisai area were screened for cervical cancer using visual method and pap smear and screened for breast cancer using self-examination method Total number of beneficiaries - 40

<https://drive.google.com/file/d/1x-5f157HmCDZ46CjUvomMVMWb2rmowbP/view?usp=sharing>

ACTIVITY 57

Title of the Activity: Screening for Glaucoma 13.03.2021

Need of the Activity: In view of World Glaucoma Week

Brief Description (Need/Impact/Action/Picture (if any)): Screening for Glaucoma disease was conducted by Ophthalmologist in Saveetha Urban Health Center, Thirumazhisai and necessary patients were referred to Saveetha Medical College and Hospital. Total number of beneficiaries - 12

<https://drive.google.com/file/d/12CIuR5u3jW6kYpliEjNuKIpH9WDv4sbW/view?usp=sharing>

ACTIVITY 58

Title of the Activity: Health Education on Diabetes Mellitus 17.03.2021

Need of the Activity: Diabetes Mellitus is an important comorbidity among COVID - 19 patients

and its control is of paramount importance in view of 2nd wave

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding risk factors, symptoms, signs, treatment, control and prevention regarding Diabetes Mellitus was given to the beneficiaries of Mappedu village. Total number of beneficiaries - 15

<https://drive.google.com/file/d/1xpLuExLGbl32jhpPhi-cU3bSp9UlxGwo/view?usp=sharing>

ACTIVITY 59

Title of the Activity: Health Education on Tuberculosis and pledge taking for elimination of Tuberculosis 23.03.2021

Need of the Activity: In view of World Tuberculosis Day

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given on TB elimination by Block Medical Officer and her team from Perambakkam PHC in coordination with Saveetha Rural Health Center, Mappedu and pledge regarding elimination was taken. Total number of beneficiaries - 20

<https://drive.google.com/file/d/1aOuFGmnDMTsCr3Uq84YjeZ5uLiJwLhgB/view?usp=sharing>

ACTIVITY 60

Title of the Activity: Visit to old age home 23.03.2021

Need of the Activity: Geriatric care

Brief Description (Need/Impact/Action/Picture (if any)): General health checkup of inmates of an old age home in Thirumazhisai area was done and basic drugs were distributed. Necessary inmates were referred to Saveetha Medical College of and Hospitals. Total number of beneficiaries - 10

<https://drive.google.com/file/d/1ISnmFBfeNV3da492T7sfaVozTybaYw0Q/view?usp=sharing>

ACTIVITY 61

Title of the Activity: Health Education on Diabetes Mellitus 24.03.2021

Need of the Activity: Diabetes Mellitus is an important co-morbidity among COVID - 19 patients and its control is of paramount importance

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to beneficiaries on risk factors, pathophysiology, symptoms, treatment, prevention and complications of Diabetes Mellitus to 18 beneficiaries of Mappedu village

<https://drive.google.com/file/d/18kNKfejml1OoNRihvWN21YIWtcVI7fDfJ/view?usp=sharing>

ACTIVITY 62

Title of the Activity: Health Education on Obesity 26.03.2021

Need of the Activity: Obesity is one of the risk factor for NCDs with high prevalence

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to beneficiaries of the Thirumazhisai area on risk factors, treatment, prevention and complications of Obesity. Total number of beneficiaries - 20

<https://drive.google.com/file/d/1zZ9vX7RDJzgNnpNS29hnlRU-B2ubw9FV/view?usp=sharing>

ACTIVITY 63

Title of the Activity: NCD Clinic Every week on Wednesday (January 2021 - April 2021)

Need of the Activity: Reduction in mortality and hospitalisation due to diabetes, hypertension and acute cardiovascular/ cerebro -vascular diseases.

Brief Description (Need/Impact/Action/Picture (if any)): Weekly NCD Clinic, Beneficiaries - RHC (235 includes followup cases); Activities - Opportunistic Screening, Consultation and Treatment, Lifestyle modification counselling and follow up

ACTIVITY 64

Title of the Activity: NCD Clinic Every week on Friday (January 2021 - April 2021)

Need of the Activity: Reduction in mortality and hospitalisation due to diabetes, hypertension and acute cardiovascular/ cerebro -vascular diseases.

Brief Description (Need/Impact/Action/Picture (if any)): Weekly NCD Clinic, Beneficiaries - UHC (498 includes followup cases); Activities - Opportunistic Screening, Consultation and Treatment, Lifestyle modification counselling and follow up

<https://drive.google.com/file/d/1aIt9j7yAnE6wW6S2vSwVd8iTTxgim4v1/view?usp=sharing>

ACTIVITY 65

Title of the Activity: Fever Clinic Everyday (January 2021 - April 2021)

Need of the Activity: For effective and Expeditious referral and to reduce the risk of transmission of COVID-19 to other vulnerable patients and healthcare workers presenting to the Centre.

Brief Description (Need/Impact/Action/Picture (if any)): Activities - Rapid Assessment & referral, Monitoring Vitals including saturation, drug distribution and counselling on quarantine and hygiene etiquettes.

<https://drive.google.com/file/d/1A3xOlfu0mcb18rUz7gLzIg79w4tzyhDz/view?usp=sharing>

ACTIVITY 66

Title of the Activity: Yoga session Every week on Saturday (January 2021 - April 2021)

Need of the Activity: Yoga helps in enhancing both physical and mental health.

Brief Description (Need/Impact/Action/Picture (if any)): Yoga session was conducted on every

Saturday to patients attending NCD clinic in Saveetha Urban Health Center, Thirumazhisai to reduce the mental stress due to the chronic disease and to increase physical activity which helps in controlling the disease by Yoga experts through teleconsultation.

https://drive.google.com/file/d/1tbMgFxxvAkYjLMj9UapHrSn_-YYwm17N1/view?usp=sharing

ACTIVITY 67

Title of the Activity: International Day of Education 23.01.2021

Need of the Activity: Education

Brief Description (Need/Impact/Action/Picture (if any)): SSE-UBA organised a webinar on the importance of education and how education can be critical in the development of the country.

<https://drive.google.com/file/d/1FSSHSGjALSiepzWGBnK8SVp60iDWLN2g/view?usp=sharing>

ACTIVITY 68

Title of the Activity: World Day of Social Justice 20.02.2021

Need of the Activity: Awareness

Brief Description (Need/Impact/Action/Picture (if any)): SSE-UBA organised a webinar on social justice on the theme Reservation and Social Justice. The students were made aware of the importance of reservation in the social justice of the country.

<https://drive.google.com/file/d/14Mw5VYp-bacZup6NhmuRAJFaQvDMYZoi/view?usp=sharing>

ACTIVITY 69

Title of the Activity: International Mother Language Day 22.02.2021

Need of the Activity: Awareness

Brief Description (Need/Impact/Action/Picture (if any)): SSE - UBA organised an activity among student volunteers to appreciate their mother language and encouraged them to read more on the languages. This has been conducted to instill pride in their own language and be receptive to other languages.

<https://drive.google.com/file/d/18XhsJsm6T-PhQjNbbLf501axEkyCOrvH/view?usp=sharing>

ACTIVITY 70

Title of the Activity: International Womens' Day 08.032021

Need of the Activity: Awareness

Brief Description (Need/Impact/Action/Picture (if any)): SSE-UBA organised a webinar on the theme - ' Women Achievers' and we discussed prominent international women achievers and their success mantra.

<https://drive.google.com/file/d/1RUN9xjFuJ7mHJChmrOz8rjt78mSo4tDU/view?usp=sharing>

ACTIVITY 71

Title of the Activity: World Water Day 22.03.2021

Need of the Activity: Awareness

Brief Description (Need/Impact/Action/Picture (if any)): SSE-UBA organised an activity among the student volunteers to save water on the theme -"Every droplet saved is a whole new future saved". Students took oath to save water as much as possible in their daily use and also act as advocates for 'Water Consumption'.

<https://drive.google.com/file/d/15Vsa36Ldekrkt7xs8qZ43lOxJ5Q4xzAl/view?usp=sharing>

ACTIVITY 72

Title of the Activity: Covid - Assistance 07.04. 2021 to 10.06.2021

Need of the Activity: Pandemic Support

Brief Description (Need/Impact/Action/Picture (if any)): SSE-UBA organised a mini call center for the availability of beds and oxygen for the covid 19 2nd wave. The group actively helped over 400 covid 19 patients who were in need. The service was extended with more consideration for the adopted villages through panchayat heads.

<https://drive.google.com/file/d/14fZQ55qGQGKIS1HD6juKNHPdHw7XYwOb/view?usp=sharing>

ACTIVITY 73

Title of the Activity: Rights of Tribals in India 01.01.2021

Need of the Activity: organised multiple legal awareness camps to create awareness among the tribals about the awareness of Wild Life Protection Act, 1972, Scheduled Tribes and Forests Dwellers Act, 2006 and various provisions relating to STs under Indian Constitution

Brief Description (Need/Impact/Action/Picture (if any)): Camp titled "Rights of Tribals in India " offered under the Department of Constitutional Law, SSL has organised a field course of fifteen days. A batch of about twenty students along with subject faculty Ms. D Anuradha visited 10 tribal villages in and around Ooty and Kodaikanal. They organised multiple legal awareness camps to create awareness among the tribals about the WildLife Protection Act, 1972, Scheduled Tribes and Forests Dwellers Act, 2006 and various provisions relating to STs under Indian Constitution among others.

https://drive.google.com/drive/folders/1gTFq_DYSnL8sotB1f7GmuK9so7C1RcCj?usp=sharing

ACTIVITY 74

Title of the Activity: Donation 24.01.2021

Need of the Activity: Oxygen cylinder - contribution

Brief Description (Need/Impact/Action/Picture (if any)): During the second Wave of COVID it became difficult for people to save their lives. We contributed our Part in the form of a donation to provide oxygen cylinders to a hospital. We worked together with Thagam Foundation in providing the oxygen cylinders.

<https://drive.google.com/file/d/19WApw0CPYdFE6tGagoEvOo-CVOPo7IBi/view?usp=sharing>

ACTIVITY 75

Title of the Activity: Food Distribution Drive 10.02.2021

Need of the Activity: Feeding hungry stomachs has been our main goal and through the Sneham foundation we have fed around 50000+ homeless people during this covid- 19 pandemic lockdown.

Brief Description (Need/Impact/Action/Picture (if any)): Feeding hungry stomachs has been our main goal and through, we have fed around 50000+ homeless people during this covid- 19 pandemic lockdown. Locations : Padi, Maduravoil, Perumbur, Chrompet, Korattur, Marina beach, Anna nagar, Mogappair, Kolathur, Thirumangalam, koyambedu, Arumbakkam, Vadapalani. During lockdown, we initiated to distribute food and necessary items to the needy. Over a course of days, distributions were made possible with the active involvement of all volunteers and donors. The entire initiation started from the first lockdown announcement. From streets to villages we extended our love.

https://drive.google.com/drive/folders/1N9HRxzSyIx_3mjf_1ZbmoLj7mpruYCPv?usp=sharing

ACTIVITY 76

Title of the Activity: Women Empowerment 21.02.2021

Need of the Activity: Journey of life - women empowerment

Brief Description (Need/Impact/Action/Picture (if any)): On Women empowerment we have made a series “THE JOURNEY” to bring out the works done by them and their journey of life, their sufferings etc to the public. Mrs.Sundari akka - Food seller at lower price, Mrs.Veeralakshmi - First Women Ambulance Driver, Mrs.Jayalakshmi - First Women Swiggy driver In Avadi(Chennai) , Mrs. Sumitra prasad - Social worker

https://drive.google.com/drive/folders/1RJ-30a7RXIADTOk_ZT0VAWfdEv3wK1pI?usp=sharing

ACTIVITY 77

Title of the Activity: Outreach program Yearcaud 19.03.2021

Need of the Activity: The main aim of the program was to create a chance for the students of Saveetha to interact with the tribal community and to understand their problems while creating an awareness about the various governmental policies for tribal community

Brief Description (Need/Impact/Action/Picture (if any)): On 19th March, 2021, the International Law department of Saveetha School of Law conducted a three day outreach program to two tribal villages in YERCAUD, Tamil Nadu. The program was organised by Kannan Kunnathully, the head of the department and assisted by Dr. Tenzin Kahampa. The main aim of the program was to create a chance for the students of Saveetha to interact with the tribal community and to understand their problems while creating an awareness about the various governmental policies for tribal communities. YERCAUD constituency consists of 72 tribal villages. The two faculties along with 18 students visited Muluvi and S Puthur village in the three days program. The Muluvi village consists of 150 houses with a population of approximately 500 people and the S Puthur village consists of about 50 houses with approximately 225 people. The people belong to the Aadhi Dravida community belonging to the tribal caste ‘ MalaGoundar’ or ‘Malayali’ meaning the people living in hills. The people are mainly agriculturists. The people who do not own land, work in coffee plantations and earn about Rupees 250 to 350 per day. Most of the people are ignorant of their right to receive minimum wages. One major fear that the people shared with the team was about the North-Eastern migrant workers taking over their jobs. There is only one health care centre and one police station for the 72 villages. There is also no proper hospital and ambulance services. In case of a death, the villagers have to wait for a minimum of two to three days to get the dead body after

post-mortem from the Salem Government hospital. There is no mortuary service in the health care centre. The team realised that in these times of pandemic situation, the tribal communities' access to health services should be given utmost attention by the government. The people face difficulties in accessing educational services, job opportunities and internet facilities. The youth in the community raised an issue of lack of access to the selection process of State and national teams of volleyball, cricket, Kabaddi and various other sports. The overwhelming sentiment amongst all those who participated in the outreach program was that there should be proper implementation of the government policies and corruption should be prevented. It was both a learning and enriching experience to meet and mingle with the tribal community, in spite of the pandemic situation.

<https://drive.google.com/file/d/1DLgpE2DFQu1NEApytsyTk5SsPOB0rTTA/view?usp=sharing>

ACTIVITY 78

Title of the Activity: Legal aid camp at Pachamalai hills, Trichy 19.03.2021

Need of the Activity: Focused on Some major problems faced by the tribes have been identified to be poverty, economic and technological backwardness, socio-cultural handicaps and problems of assimilation with the non-tribal population

Brief Description (Need/Impact/Action/Picture (if any)): Forests maintain ecological balance and are necessary for human existence. They shelter wild animals, preserve gene pools, maintain biodiversity, protect the tribal people and exhibit cultural diversity. Pachaimalai Hills is home for many Tribal groups in the low mountain range in the Eastern Ghats, located in Trichy district, Tamil Nadu. As this area is geographically and socially secluded from society, it is mostly under-developed. With an aim of providing Legal Awareness to such Tribal Community, Saveetha School of Law arranged a Legal Camp with 16 students and 4 faculties on 19th March, 2021 to educate them about their Constitutional, Legal and Property rights. Farming which includes cultivation of castor oil seeds, seasonal crops and vegetables is the main source of income for the people of Pachamalai hills. Although the younger generation are educated up to post-graduation, they still lack communication skills. Some major problems faced by the tribes have been identified to be poverty, economic and technological backwardness, socio-cultural handicaps and problems of assimilation with the non-tribal population. Other everyday problems include drinking water scarcity, lack of internet facility and proper roads and having no fuel station nearby. Among the 550 responses the students of Saveetha School of Law collected, 30% were not aware of the Coronavirus Pandemic and only 10% of them got vaccinated through the aid of the government

while the others had no knowledge about it. Their only desire is to develop their locality into a tourist spot which would in turn fetch those jobs locally and they hope it will be a solution to the everyday problems they face.

https://drive.google.com/file/d/1gnGHg_93TXaBcZXr9nRyn7J66SgW9Z83/view?usp=sharing

ACTIVITY 79

Title of the Activity: Chennai Coastal Cleanup Campaign 24.03.2021

Need of the Activity: “Our ultimate goal is to raise awareness on the impact of the ever-growing garbage footprint on the environment. Further to this, we are proactively working on finding solutions for proper waste segregation and maintaining clean shores” We are planning to organise weekly clean-up drives. “There is no dependence on anyone or the need to wait for things to happen,”

Brief Description (Need/Impact/Action/Picture (if any)): Lock-down has made people a little more aware of the extent of the damage that has been inflicted on the environment. An initiative spearheaded by Aarthy.G, Assistant Professor, Saveetha School of Law, in the name of Chennai Coastal Cleanup (CCC) campaign volunteered by the students of Saveetha School of Law Boomika imayavarthini.T, Rohith K.B, BHARATH.P, T.S.VIGNESHWARAN, EUREKA SRI, Anakha S J, Yogesh.S, Subaja, Jobin, Suryaprakash.J, Sam kishore, Arunachalam.P are trying to nullify the damage that plastic waste has been subjecting our coastlines. The clean up drive started across Akarai Beach, ECR around 07.00 am on 18.03.2021. “We hope to inspire people to keep our coasts and waters clean, through proper waste management and disposal. Chennai has some picturesque coastal spaces, which needs to be protected and maintained on a regular basis,” said Ms. Aarthy.G Coastal cities like Chennai have long used the sea as a garbage dump, but in recent years the city’s spiking population has seen vast amounts of trash finding its way to the beach from the sea. “Our ultimate goal is to raise awareness on the impact of the ever-growing garbage footprint on the environment. Further to this, we are proactively working on finding solutions for proper waste segregation and maintaining clean shores” We are planning to organise weekly clean-up drives. “There is no dependence on anyone or the need to wait for things to happen,” she adds. If each one of us consciously took small steps towards saving our environment, we would be able to save not just our oceans but safeguard the earth for coming generations.

<https://drive.google.com/file/d/1wtIBxrHRYk0VzsHmlwqTltw4nv--GGyx/view?usp=sharing>

ACTIVITY 80

Title of the Activity: Reach out to villages campaign 21.04.2021

Need of the Activity: Reach Out

Brief Description (Need/Impact/Action/Picture (if any)): Distributed basic provision to all 40 families residing at Pattipulam Village. We look forward to taking part in uplifting these underprivileged people among us.

https://drive.google.com/drive/folders/1ftrtgpmcBAmJqHR7JFaYSI_qpWB0ZTaB?usp=sharing

ACTIVITY 81

Title of the Activity: Traffic awareness programme 07.04.2021

Need of the Activity: Awareness Programme

Brief Description (Need/Impact/Action/Picture (if any)): Location: Thirumangalam signal, Rountana Signal, Chintamani Signal. Awareness on the importance of wearing helmets and the threats of rash driving so as to reduce road accidents were inculcated to the public with the use of posters and one-to-one interactions.

<https://drive.google.com/file/d/1IoFwYoONXQwszz81S6YTYPHLISNCRMET/view?usp=sharing>

ACTIVITY 82

Title of the Activity: Awareness program for kids at Mevalurkuppam village 27.01.2021

Need of the Activity: Awareness program

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha school of management has conducted a school visit at Mevalurkuppam, as an UBA initiative to educate the kids on personal

hygiene and safety. Students of SSM led the awareness program, through demonstration, lecture and videos. Kids were given role play to enhance their learning.

https://drive.google.com/file/d/1q_FxanMbJCO4NXagW8jMm6TLw8DzZAFE/view?usp=sharing

ACTIVITY 83

Title of the Activity: Drawing class for primary school kids at Mevalurkuppam Village 29.01.2021

Need of the Activity: Teaching extra skills

Brief Description (Need/Impact/Action/Picture (if any)): Kids were also taught the basic drawing by SSM students, Samna and Bavithra. They were taught to make greeting cards to their parents, showing their love and affection to them. Kids thoroughly enjoyed the event and made it a memorable day.

<https://drive.google.com/file/d/1K8AuhHzWq2b53yoeKtrM5tNfKDv38lPN/view?usp=sharing>

<https://drive.google.com/file/d/10Q4fiDYVgcOFOszMOJWhuvIyZ6LgInl/view?usp=sharing>

https://drive.google.com/file/d/11_Nlvvgg-r3XUmwogypARD1nSjQL1C-U2/view?usp=sharing

ACTIVITY 84

Title of the Activity: Distribution of educational toys and materials for school students at Mevalurkuppam village 02.02.2021

Need of the Activity: To develop the interests

Brief Description (Need/Impact/Action/Picture (if any)): Educational toys and stationery were distributed to the school kids which were bought by SSM students. This includes a chess board, ludo, cricket kit, planetarium, books, and stationeries.

https://drive.google.com/file/d/16bNn1cYa2DB252DBDYEBgzUI5_ppDr5P/view?usp=sharing

<https://drive.google.com/file/d/1umJubZG1YSVwCKVAxz6zHwk2ac9fKun6/view?usp=sharing>

ACTIVITY 85

Title of the Activity: Green board donation for the school, Mevalurkuppam 15.02.2021

Need of the Activity: To improve the infrastructure of the school

Brief Description (Need/Impact/Action/Picture (if any)): SSM in association with Rotaract club donated a green board for the school. Further initiatives will be done for the development of the school.

https://drive.google.com/file/d/1H_I4SeJAJbQT_mthUC7TXumUCbOnWq2w/view?usp=sharing

ACTIVITY 86

Title of the Activity: Awareness program at Mappedu Village 25.02.2021

Need of the Activity: To give awareness for rural women about savings

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha school of management has conducted an awareness program on Investment planning at Mappedu. People were given awareness on basics of savings, importance of public sector banks and LIC for savings and fraudulence activities happening in the unorganized financial sector.

https://drive.google.com/file/d/17RTGW0-n7CdgelPdCO8zKLI_u7xsCKkG/view?usp=sharing

https://drive.google.com/file/d/1_XthashdVJTHQuT-hzfsJl4zVJmL2jey/view?usp=sharing

ACTIVITY 87

Title of the Activity: Cervical Cancer Awareness: Latest Estimates and Approaches 29.01.2021

Need of the Activity: Awareness on Cervical Cancer

Brief Description (Need/Impact/Action/Picture (if any)): Cervical cancer awareness program was conducted at Thirumazhisai. Awareness on cervical cancer, its signs and symptoms, causes, treatment and prevention measures was given through Villupattu, video presentation, songs, and nutritional expo.

<https://drive.google.com/drive/folders/1L5sRzP6w8wb8pFgj9HOLjuBibS1Psqqv?usp=sharing>

ACTIVITY 88

Title of the Activity: Sparsh Leprosy Awareness Campaign 30.01.2021

Need of the Activity: Beat Leprosy, End Stigma and Advocate for Mental Well Being

Brief Description (Need/Impact/Action/Picture (if any)): Leprosy screening was done at Vallam Village and gave awareness on treatment modalities of leprosy. Around 100 people were benefited out of this programme.

<https://drive.google.com/drive/folders/1j9dlGO97sX8E2HjuoepATGkYpEu0HyOs?usp=sharing>

ACTIVITY 89

Title of the Activity: Cancer Fighters: I Am and I Will” 04.02.2021

Need of the Activity: Created awareness on warning signs and early detection of cancer and its treatment modalities

Brief Description (Need/Impact/Action/Picture (if any)): The World Cancer Day was celebrated at Kondancheri Village. Role play was done on risk factors and its prevention of various cancers and treatment modalities available for patients with cancer and individual responsibility to prevent cancer. Health education was given using charts, posters and models regarding causes, risk factors, types, early detection and preventive measures of cancer. Participants were actively participated by asking many questions regarding cancer and their doubts were clarified. More than 150 people benefited out of this programme.

https://drive.google.com/drive/folders/1ghXR_mk618mLAm9k0VlypBioDHeqdpQZ?usp=sharing

ACTIVITY 90

Title of the Activity: Innovative Approaches on Worm Infestation 14.02.2021

Need of the Activity: To deworm all preschool and school-age children

Brief Description (Need/Impact/Action/Picture (if any)): National deworming day was observed in Government Middle and High School at Sakthi Nagar, Porur. Role play was enacted to depict the importance of Deworming. Distributed the Deworming drug Tablet Albendazole 400 mg as per the Direction of the UPHC Medical officers to 200 school children.

<https://drive.google.com/drive/folders/1mQTHLYNILEdgmRWzWI2D8ikmnaTqKmJi?usp=sharing>

ACTIVITY 91

Title of the Activity: Accent Momentousness of Well Baby Clinic 17.02.201

Need of the Activity: Preventive and promotive care of under Five children

Brief Description (Need/Impact/Action/Picture (if any)): Well baby clinic was conducted at Sakthinagar, UPHC. Health assessment was done for all under five children. Finger puppet show regarding the treatment of minor ailments among children. AV Aids like posters, flash cards, videos used to give health education on adequate nutrition, accent of immunization, resource facility free of cost.

<https://drive.google.com/drive/folders/1Si779HUqoP5WZTqo9k4BQH317J0RIqnt?usp=sharing>

ACTIVITY 92

Title of the Activity: Antenatal Clinic 23.02.2021

Need of the Activity: Antenatal assessment and antenatal care

Brief Description (Need/Impact/Action/Picture (if any)): Antenatal clinic was conducted at Maduravoyal UPHC. Antenatal assessment was done followed by tough antenatal exercise. Video presentation was given regarding anxiety and stress management during labour. Poster presentation was done regarding the pregnancy food pyramid. Around 100 antenatal mothers

https://drive.google.com/drive/folders/1rMYI6CJHEOWf89_uANHhWX7RIEEPzUyf?usp=sharing

ACTIVITY 93

Title of the Activity: Choose to Challenge 08.03.2021

Need of the Activity: Women Empowerment

Brief Description (Need/Impact/Action/Picture (if any)): Women's day was celebrated by self help group members at Suragapuram, Vayalur village. Motivational speech was given by Mrs.Sathyabama, Assistant Professor. Role play was performed on the theme of women empowerment. Diabetic and hypertensive screening was done. Charts and video display, posters regarding Breast self examination, prevention of anemia, risk factor and early detection and prevention of Cervical cancer, participants were actively participated. Women were entertained with Musical chairs and winners were appreciated with prizes.

https://drive.google.com/drive/folders/1y-AGWGFWZcZTfXbwPCI7Mtzz_jrPhhth?usp=sharing

ACTIVITY 94

Title of the Activity: Every have a seat at the Table 11.03.2021

Need of the Activity: Realizing the importance of eating disorder

Brief Description (Need/Impact/Action/Picture (if any)): Eating disorder awareness week was conducted at Bakthavatchalam Industrial Training Institute, Viswanathapuram. Role play was enacted on Anorexia Nervosa. Food expo on healthy diet. Awareness given regarding healthy eating habits through charts, posters. More than 100 students were benefitted.

<https://drive.google.com/drive/folders/1imhRwW9Ea2PGqf0ifzAm5PaLzWQSpOtk?usp=sharing>

ACTIVITY 95

Title of the Activity: World Kidney Day 09.03.2021

Need of the Activity: Emphasized on Prevention of Kidney disease

Brief Description (Need/Impact/Action/Picture (if any)): Explained to the general public regarding structure of kidney, risk factors of kidney disease, its signs and symptoms, diagnostic tests

& treatment for kidney diseases. Health talk on the importance and prevention of kidney disorders. Around 50 participants benefited out of this programme.

<https://drive.google.com/drive/folders/18SdonN-8PsMziCyCgt3y-zdFEmeKCsyx?usp=sharing>

ACTIVITY 96

Title of the Activity: World Tuberculosis day 24.03.2021

Need of the Activity: Stress on Compliance of Antituberculosis drug

Brief Description (Need/Impact/Action/Picture (if any)): Emphasis on importance of Cough hygiene, breathing exercise and protein rich diet. 30 TB Patients benefited out of this program.

<https://drive.google.com/drive/folders/1JSIa8beETbRJ2JtZuEhNmAFUwgodmiN0?usp=sharing>

ACTIVITY 97

Title of the Activity: World Health Day on Building a fairer, Healthier world 07.04.2021

Need of the Activity: To raise awareness about the overall health and well-being of people.

Brief Description (Need/Impact/Action/Picture (if any)): Mime show & food display were done by B.Sc (N) IV Year Students on current pandemic situation covid- 19 & Vaccination. The beneficiaries of the programme was 45 members

https://drive.google.com/drive/folders/10iigh7OL4YACDURKSTACg7obG_pjtqs6?usp=sharing

ACTIVITY 98

Title of the Activity: National Safe motherhood Day 12 .04.2021

Need of the Activity: To stay at home during Coronavirus and Keep mother and new-born safe from Coronavirus

Brief Description (Need/Impact/Action/Picture (if any)): The program commenced with the role play on importance of safe motherhood and the hygienic practices to follow during Pandemic. The students displayed the antenatal foods as EXPO and explained its significance during the antenatal period. The participants totally benefited by this program were 30 - 40.

<https://drive.google.com/drive/folders/1WIEMbD9NAtzI5fS5IAQcvz5p2N5Tpa9f?usp=sharing>

ACTIVITY 99

Title of the Activity: No smoking day Celebration 12.04.2021

Need of the Activity: Quitting smoking does not have to be stressful.

Brief Description (Need/Impact/Action/Picture (if any)): No smoking day was observed to create awareness on no smoking through drawing and paintings mono-acting, face painting, poem presentations in various language like Tamil, English, Telugu and Hindi, Video clipping

<https://drive.google.com/drive/folders/1LKK8vqYMN2r3hh6A2jkNL0ulFGRLOhMQ?usp=sharing>

ACTIVITY 100

Title of the Activity: Keelmanambedu camp 20.1.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of physiotherapy organized a camp on 20-01-2021 in Keelmanambedu. Saajan and Gowtham, post graduate students participated in the camp and screened 33 patients with various ailments like Plantar fasciitis, Hemiplegia, Cervical spondylosis, osteoarthritis knee, tennis elbow and lumbar spondylosis and prescribed therapeutic exercises for their ailments.

https://drive.google.com/file/d/1rMNvLMgmDEdjM20J46USi3XbBCrLW7_o/view?usp=sharing

ACTIVITY 101

Title of the Activity: Sriperumbudur Vanniyar Mahal camp 22.01.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of physiotherapy organized a camp on 22-01-2021 in Vanniyar Mahal Sriperumbudur. Aravindh and Roshan, post graduate students participated in the camp and screened 36 patients with various ailments like Golfer's elbow, Cervical spondylosis, osteoarthritis knee, tennis elbow and lumbar spondylosis and prescribed therapeutic exercises for their ailments.

https://drive.google.com/file/d/1rMNvLMgmDEdjM20J46USi3XbBCrLW7_o/view?usp=sharing

ACTIVITY 102

Title of the Activity: Melmanambedu camp 27.01.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of physiotherapy organized a camp on 27-01-2021 in Melmanambedu. Venkatesh and Guram tharunSai Post graduate students participated in the camp and screened 22 patients with various ailments like Cervical spondylosis, osteoarthritis knee, tennis elbow and lumbar spondylosis. Patients were taught about therapeutic exercises for their diseases.

https://drive.google.com/file/d/1rMNvLMgmDEdjM20J46USi3XbBCrLW7_o/view?usp=sharing

ACTIVITY 103

Title of the Activity: Vayanallur, Thiruvallur camp 29.01.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of physiotherapy organized a camp on 29-01-2021 in Vayanallur, Thiruvallur. Rajesh and Surya prakash Post

graduate students participated in the camp and screened 21 patients with various ailments like osteoarthritis knee, tennis elbow, lumbar spondylosis, Plantar fasciitis, Cervical spondylosis, and prescribed therapeutic exercises for their ailments.

https://drive.google.com/file/d/1rMNvLMgmDEdjM20J46USi3XbBCrLW7_o/view?usp=sharing

ACTIVITY 104

Title of the Activity: God church, Walajahbadh camp 06.02.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of physiotherapy organized a camp on 6-02-2021 in God church, Walajabad. Rajesh and Karthik Raj, Post graduate students participated in the camp and screened 21 patients with various ailments like osteoarthritis knee, tennis elbow, lumbar spondylosis, Plantar fasciitis, Cervical spondylosis, and prescribed therapeutic exercises for their ailments.

https://drive.google.com/file/d/1rMNvLMgmDEdjM20J46USi3XbBCrLW7_o/view?usp=sharing

ACTIVITY 105

Title of the Activity: Omni Bus Stand, Koyembedu camp 12.02.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of physiotherapy organized a camp on 12-02-2021 in Omni Bus Stand, Koyembedu. Asha Anna Mathew and Bishy Percy Princilla, Post graduate students participated in the camp and screened 31 patients with various ailments like osteoarthritis knee, lumbar spondylosis, Plantar fasciitis, Cervical spondylosis, and prescribed therapeutic exercises for their ailments.

https://drive.google.com/file/d/1rMNvLMgmDEdjM20J46USi3XbBCrLW7_o/view?usp=sharing

ACTIVITY 106

Title of the Activity: Church camp Surapet 20.02.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College Of physiotherapy organized a camp on 20th February 2021 in Church camp, Surapet. Post graduate students Priyadharshini, Finitia and participated in the camp. Patients with musculoskeletal problems like cervical spondylosis ,osteoarthritis knee ,plantar fasciitis were screened and physiotherapy treatment was given.40 patients benefited from the camp.

https://drive.google.com/drive/folders/1n_WNgYF7l-LYFL07qKNReZqU9A3Ecbq

ACTIVITY 107

Title of the Activity: Mudra fine blank Thirumazhisai 24.02.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College Of physiotherapy organized a camp on 24th February 2021 in Mudra fine blank ,Thirumazhisai.Post graduate students sathish and Nixon participated in the camp.Patients With musculoskeletal problems like cervical spondylosis,osteoarthritis knee ,plantar fasciitis was screened and physiotherapy treatment was given.32 patients benefited from the camp.

https://drive.google.com/drive/folders/1n_WNgYF7l-LYFL07qKNReZqU9A3Ecbq

ACTIVITY 108

Title of the Activity: Arun plasto pillai pakkam camp 02.03.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College Of physiotherapy organized a camp on 2ndmarch 2021 in Arun plasto, Pillaipakkam camp. Intern students

Rekha,Sandya and Rathnapriya participated in the camp. Patients with musculoskeletal problems like cervical spondylosis ,osteoarthritis knee ,plantar fasciitis were screened and physiotherapy treatment was given.52 patients benefited from the camp.

https://drive.google.com/drive/folders/1n_WNgYF7l-LYFL07qKNReZqU9A3Ecbq

ACTIVITY 108

Title of the Activity: Mudra fine blank Thirumazhisai 03.03.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College Of physiotherapy organized a camp on 3rd march 2021 in Mudra fine blank ,Thirumazhisai. Post graduate students Kavya and Ankita das participated in the camp. Patients with musculoskeletal problems like cervical spondylosis ,osteoarthritis knee ,plantar fasciitis were screened and physiotherapy treatment was given.38 patients benefited from the camp.

https://drive.google.com/drive/folders/1n_WNgYF7l-LYFL07qKNReZqU9A3Ecbq

ACTIVITY 109

Title of the Activity: Mudra fine blank unit i ,Irungattukottai 11.03.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College Of physiotherapy organized a camp on 11thmarch 2021 in Mudra fine blank ,Irungattukottai,Unit I. Intern studentsBragadeesh and akram participated in the camp. Patients with musculoskeletal problems like cervical spondylosis ,osteoarthritis knee ,plantar fasciitis were screened and physiotherapy treatment was given.52 patients benefited from the camp.

https://drive.google.com/drive/folders/1n_WNgYF7l-LYFL07qKNReZqU9A3Ecbq

ACTIVITY 110

Title of the Activity: Cyber city camp,Mangadu 18.3.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College Of physiotherapy organized a camp on 18th march 2021 CybercityMangadu. Dr S. Senthilkumar ,Assistant professor, post graduate students Vanitha and Subhavani participated in the camp. Patients with musculoskeletal problems like cervical spondylosis ,osteoarthritis knee ,plantar fasciitis were screened and physiotherapy treatment was given. 44 patients benefited from the camp.

https://drive.google.com/drive/folders/1n_WNgYF7I-LYFL07qKNReZqU9A3Ecbq

ACTIVITY 111

Title of the Activity: Dae sung Autoparts ,Mannur 29.3.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College Of physiotherapy organized a camp on 29th march 2021 Dae sung Auto parts, Mannur. Dr Renuka , Interns students Vishwa and Monica participated in the camp. Patients with musculoskeletal problems like cervical spondylosis ,osteoarthritis knee ,plantar fasciitis were screened and physiotherapy treatment was given. 21 patients benefited from the camp.

https://drive.google.com/drive/folders/1n_WNgYF7I-LYFL07qKNReZqU9A3Ecbq

ACTIVITY 112

Title of the Activity: Planting saplings 26.01.2021

Need of the Activity: To create awareness on importance of Environmental protection

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational therapy planted tree saplings on 26.1.2021 to bring about the environmental concerns

on the event of Republic Day.

https://static.wixstatic.com/media/41d401_cfa74d81a87242449b7d1e8d3c599926~mv2.jpg/v1/fill/w_826,h_826,al_c,q_90/41d401_cfa74d81a87242449b7d1e8d3c599926~mv2.webp

ACTIVITY 113

Title of the Activity: Old age care 11.02.2021

Need of the Activity: To provide recreational activities for elderly in the community

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational therapy visited the old age center in Thiruvallur to provide group based recreational activities to improve quality of life in elderly living in the community.

https://static.wixstatic.com/media/41d401_2e21224d3dea4369baec3bbec2cedd2a~mv2.jpg/v1/fill/w_949,h_712,al_c,q_90/41d401_2e21224d3dea4369baec3bbec2cedd2a~mv2.webp

ACTIVITY 114

Title of the Activity: Rally against abuse 26.02.2021

Need of the Activity: To create awareness to young adults about substance abuse and addiction

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational therapy visited Maduravoyal in Chennai to create awareness to young adults about substance abuse and addiction and to improve quality of life and vocation for young adults of the community.

https://static.wixstatic.com/media/41d401_84370aac5e1b411da996e68bbeb9b469~mv2.jpg/v1/fill/w_740,h_343,al_c,q_90/41d401_84370aac5e1b411da996e68bbeb9b469~mv2.webp

ACTIVITY 115

Title of the Activity: Community wellness for young adults 06.03.2021

Need of the Activity: To promote awareness on ergonomics for people working on computers

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha Occupational therapy students had conducted an awareness program along with home-based therapy for people who are working as secretaries, DTP professionals and others having computer-based jobs to prevent neck pain.

https://static.wixstatic.com/media/41d401_f5023558d8de49e4b3296269163ab269~mv2.jpeg/v1/fill/w_534,h_1156,al_c,q_90/41d401_f5023558d8de49e4b3296269163ab269~mv2.webp

ACTIVITY 116

Title of the Activity: Community wellness for adults 20/03/2021

Need of the Activity: To promote awareness on ergonomics for people working in delivery services

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha Occupational therapy students had conducted an awareness program along with home-based therapy for people who are working as delivery personnels and others having back pain.

https://static.wixstatic.com/media/41d401_61585d456b404bc2b625f849b27936a1~mv2.jpeg/v1/fill/w_591,h_1280,al_c,q_90/41d401_61585d456b404bc2b625f849b27936a1~mv2.webp

ACTIVITY 117

Title of the Activity: Welfare of Children with disability 05/04/2021

Need of the Activity: To improve community participation of children with disabilities

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational Therapy had provided counseling and home programs for children with disabilities such as physical disability and intellectual disability.

https://static.wixstatic.com/media/41d401_a327ced5a05447788512123cdf4819f8~mv2.jpeg/v1/fill/w_740,h_986,al_c,q_90/41d401_a327ced5a05447788512123cdf4819f8~mv2.webp

ACTIVITY 112

Title of the Activity: Community awareness against Child abuse 24/04/2021

Need of the Activity: To train children about Good Touch & Bad Touch

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational Therapy had provided counseling and home programs for children to promote awareness on Good Touch & Bad Touch.

https://static.wixstatic.com/media/41d401_a97eb31eb4a247369e39a1392d2d293c~mv2.jpg/v1/fill/w_740,h_1487,al_c,q_90/41d401_a97eb31eb4a247369e39a1392d2d293c~mv2.webp

ACTIVITY 113

Title of the Activity: Teaching practice with Green campus 20.03.2021

Need of the Activity: To teaching the physical activity, cleaning the entire campus

Brief Description (Need/Impact/Action/Picture (if any)): To clean the entire campus in grounds such as volleyball court, basketball court and entire sports arena.

https://drive.google.com/file/d/13vJFKy0Q-VK4ndOPaIq7Hgdz_ubtK7bo/view?usp=sharing

ACTIVITY 114

Title of the Activity: Teaching practice with Green campus 22.03.2021

Need of the Activity: To teaching the physical activity, cleaning the entire campus

Brief Description (Need/Impact/Action/Picture (if any)): Gardening in a campus is useful to maintain water facility, environmental facilities.

<https://drive.google.com/file/d/1Qa699Bhcr5vtyMISyKEIz6IrB6WuzVwd/view?usp=sharing>

ACTIVITY 115

Title of the Activity: Teaching practice with Green campus 23.03.2021

Need of the Activity: To teaching the physical activity, cleaning the entire campus

Brief Description (Need/Impact/Action/Picture (if any)): Minor Games, cleaning the entire campus and done tree plantation

https://drive.google.com/file/d/1x6nntCZe_cVtssdszc1BE4Y-xRzQdiBu/view?usp=sharing

ACTIVITY 116

Title of the Activity: Teaching practice with Green campus 24.03.2021

Need of the Activity: To teaching the physical activity, cleaning the entire campus

Brief Description (Need/Impact/Action/Picture (if any)): Major games, cleaning the entire campus with all plastics materials and making the campus no plastics.

<https://drive.google.com/file/d/1T2ZTIH4VPNKOm4iQn0rzAG0gubKf18-k/view?usp=sharing>

ACTIVITY 117

Title of the Activity: Teaching practice with Green campus 25.03.2021

Need of the Activity: To teaching the physical activity, cleaning the entire campus

Brief Description (Need/Impact/Action/Picture (if any)): Technical, physical education students done Ground marking , It helps to know marking in their field like volleyball court, track marking .

https://drive.google.com/file/d/1W2fydmy9ZR2SH7k1dUw8dL_JCG8C-Knm/view?usp=sharing

ACTIVITY 118

Title of the Activity: Teaching practice with Green campus 26.03.2021

Need of the Activity: To teaching the physical activity, cleaning the entire campus

Brief Description (Need/Impact/Action/Picture (if any)): Tactical, cleaning the entire campus - physical education students were able to control the people, So we organized crowd management.

<https://drive.google.com/file/d/1V9pDqclOqafm302Ekwe41qCIX8Hl6lXv/view?usp=sharing>

ACTIVITY 119

Title of the Activity: Teaching practice with Green campus 27.03.2021

Need of the Activity: To teaching the physical activity, cleaning the entire campus

Brief Description (Need/Impact/Action/Picture (if any)): Recreation, cleaning the entire campus - To teach yoga asanas to childrens it will help good habits to maintain positive health.

<https://drive.google.com/file/d/1W4VFjAe-7AgqekV6xL36GMilvp6myHzL/view?usp=sharing>

ACTIVITY 120

Title of the Activity: Tree plantation 26.01.2021

Need of the Activity: Prevent the environmental pollution

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of allied health science students participated in a tree plantation programme conducted on 26-01-2021 at SIMATS and planted 150 saplings.

<https://drive.google.com/file/d/1gdwLPunU4VGAZNzf-8m2B66UnFmy5PO9/view?usp=sharing>

ACTIVITY 121

Title of the Activity: Awareness Campaign (Recycling Waste Report) 29.01.2021

Need of the Activity: Wealth from Waste

Brief Description (Need/Impact/Action/Picture (if any)): During the mapping the various conditions in which waste being thrown all over the community was identified. several solutions were provided both for recycling waste which forms the guidelines of the report.

<https://drive.google.com/file/d/1bZz5bfrMQIR6dtkYH3hyPOIHS-ddQC5p/view?usp=sharing>

ACTIVITY 122

Title of the Activity: Awareness Campaign (Save Electricity Report) 26.02.2021

Need of the Activity: Energy Conservation

Brief Description (Need/Impact/Action/Picture (if any)): During the mapping the various conditions in which electricity was being wasted was identified along with the community. Alternatives like solar & several solutions were provided for saving electricity which forms the guidelines of the report.

https://drive.google.com/file/d/1qmzAOewHh_wkem3rTinwRD_tB-Sqi7Yq/view?usp=sharing

ACTIVITY 123

Title of the Activity: Awareness Campaign (Rural Hygiene Report) 26.03.2021

Need of the Activity: Rural Hygiene

Brief Description (Need/Impact/Action/Picture (if any)): During the mapping the various conditions in which Rural Hygiene was identified along with the community. Alternatives like Proper sanitation were provided to improve Rural Hygiene which forms the guidelines of the report.

<https://drive.google.com/file/d/1SD6Y3vtEkltQ9upmOmAQI4UvWAKcPvTv/view?usp=sharing>

ACTIVITY 124

Title of the Activity: Awareness Campaign (Rural Self Agriculture And Grow More Trees - Report 30.04.2021

Need of the Activity: Tree Plantation & Self Agriculture

Brief Description (Need/Impact/Action/Picture (if any)): During the mapping the various conditions in which Rural plantation was identified along with the community. Alternatives like Self Agriculture & tree plantation were provided to control global warming which forms the guidelines of the report.

<https://drive.google.com/file/d/13cKqoA-IfWe0vKqB5m5oCyQ6u5M3833K/view?usp=sharing>

ACTIVITY 125

Title of the Activity: Hindi Classes for Children of (construction workers) in age group 6-11 years 24-Feb-2021 Till Date

Need of the Activity: As Part of social initiative and to impart Official Language of India to children

Brief Description (Need/Impact/Action/Picture (if any)): As part of our social initiative and under the UBA scheme, SCLAS (Saveetha college of Liberal Arts and Sciences) is organising "Hindi Classes" for the children of construction workers at Thandalam campus. Since Hindi is our Official Language and with the objective to impart education, there is an imperative need to conduct this program. The Classes are taken everyday for 1 hour in the Thandalam Campus. The children are in the age group of 6- 11 years. The classes are taken by Mrs S. Lavanya, Asst Prof- Hindi dept. The children are receiving the same with interest and enthusiasm.

https://drive.google.com/drive/folders/1bXNRHlq6_emmv8MmpjOu2qfZRNCFoHGa?usp=sharing

ACTIVITY 126

Title of the Activity: Sriperumbudur Vanniyar mahal camp 22.01.2021

Need of the Activity: Medical screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of allied health science college organized a camp on 22-01-2021 in Sriperumbudur our internship students participated in the camp and eye screening was done for 30 patients .

<https://drive.google.com/file/d/147Fd1PwGUuphiBPbaNYYJeilyJlwpOb/view?usp=sharing>

ACTIVITY 127

Title of the Activity: Thiruninravur school camp 27.01.2021

Need of the Activity: Medical screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of allied health science college organized a camp on 27-01-2021 in Thiruninravur our internship students participated in the camp and eye screening was done for 21 patients .

<https://drive.google.com/file/d/1Zkj1g8nVseVr-jGsnFr7sWA4JBhifnY/view?usp=sharing>

ACTIVITY 128

Title of the Activity: Avadi DBCS CAMP 03.02.2021

Need of the Activity: Medical screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of allied health science college organized a camp on 03-02-2021 in Avadi, our internship students participated in the camp and eye screening was done for 32 patients .

<https://drive.google.com/file/d/1HGksEg4O8TUozJ68U-NoulKJxpkGFggJ/view?usp=sharing>

ACTIVITY 129

Title of the Activity: Mevalarkuppam camp 12.02.2021

Need of the Activity: Medical screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of allied health science college organized a camp on 12-02-2021 in Mevalurkuppam our internship students participated in the camp and eye screening was done for 27 patients .

<https://drive.google.com/file/d/1OAQM6fMZusoTEWyaHvfiEKyaSmob-eTa/view?usp=sharing>

ACTIVITY 130

Title of the Activity: Veppampattu village camp 06.03.2021

Need of the Activity: Medical screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of allied health science college organized a camp on 06-03-2021 in Veppampattu village our internship students participated in the camp and screened 30 patients and checked their Blood pressure level and Sugar level.

<https://drive.google.com/file/d/1jQwoiaU5aUStOccF519JrOFLw43m7UFP/view?usp=sharing>

ACTIVITY 131

Title of the Activity: Thiruninravur village camp 27.03.2021

Need of the Activity: Medical screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of allied health science college organized a camp on 27-03-2021 in Thiruninravur our internship students participated in the camp and eye screening was done for 27 patients.

<https://drive.google.com/file/d/1W0IUHGQ1OEM2pFp0K883xkySz1eKRq0L/view?usp=sharing>

ACTIVITY 132

Title of the Activity: Health awareness 22.01.2021

Need of the Activity: Age related health awareness helps in planning graceful aging processes. usage of health supplements and their needs on aging helps in good maintenance of health at various ages.

Brief Description (Need/Impact/Action/Picture (if any)): Graceful aging helps in improvement of socio economic factors. General health awareness helps in better disease management & treatment outcomes.

<https://drive.google.com/drive/folders/18F5uwFMUnwyBYjsfcZsiuaFgvB7XE5mv>

ACTIVITY 133

Title of the Activity: Patient education 11.02.2021

Need of the Activity: Drug mishandling, ADR, Drug resistance

Brief Description (Need/Impact/Action/Picture (if any)): Antibiotic resistance is a big challenge to healthcare in management & treatment of diseases. creating awareness and educating the public in Dos & Don'ts helps in proper usage of drug regimen.

<https://drive.google.com/drive/folders/18F5uwFMUnwyBYjsfcZsiuaFgvB7XE5mv>



UNNAT BHARAT ABHIYAN

SAVEETHA INSTITUTE OF MEDICAL AND TECHNICAL SCIENCES

(U-0475)

PROGRESS REPORT

MAY 2021 - AUGUST 2021

UBA Coordinator's Name: Dr Sindhu Ramesh

Email: dean.acd@saveetha.com

Phone Number: 9840136543

Sr No	ADOPTED VILLAGES	TALUK	DISTRICT
1	Sembarambakkam	Poonamallee	Tiruvallur
2	Madhuramangalam	Sriperumbudur	Kancheepuram
3	Molachur	Sriperumbudur	Kancheepuram
4	Mevalurkuppam	Sriperumbudur	Sriperumbudur
5	Nesapakkam	Chennai	Chennai

Next Plan of Action -Activity to be conducted(along with reason)

List of Activities

ACTIVITY 1

Title of the Activity: World Hand hygiene day 5.5.2021

Need of the Activity: To raise awareness about hand hygiene during COVID 19 and importance of maintaining good hand hygiene

Brief Description (Need/Impact/Action/Picture (if any)): On the World Hand Hygiene Day, Department of Public Health dentistry conducted a programme where pamphlets were distributed to the shopkeepers near saveetha dental college and brushing technique was taught.

<https://drive.google.com/file/d/17ycZkNDqidwTjMJqBzN9tLSf0pZwfUjR/view?usp=sharing>

ACTIVITY 2

Title of the Activity: International nurses day 12.5.2021

Need of the Activity: To highlight the importance of nursing workforce among the general population and raise awareness of the importance of oral hygiene among nurses.

Brief Description (Need/Impact/Action/Picture (if any)): Pamphlets were distributed among nurses working in Saveetha Dental College.

https://drive.google.com/file/d/1yo_wsEkRydk3TMQPy8Xrtl8lyA7-XbO/view?usp=sharing

ACTIVITY 3

Title of the Activity: World No tobacco day 31.5.2021

Need of the Activity: To increase the awareness about ill effects of tobacco use among patients visiting saveetha dental college

Brief Description (Need/Impact/Action/Picture (if any)): On World no tobacco day, Department of public health dentistry conducted an awareness speech for the patients visiting Saveetha dental

college and hospital on ill effects of tobacco consumption. Health education and pamphlets were also distributed.

https://drive.google.com/file/d/1XBF6YEtk3TtmK_0Q7gwmKyukrohwnaTX/view?usp=sharing

ACTIVITY 4

Title of the Activity: World Environment day 5.6.2021

Need of the Activity: To raise awareness regarding the pollution in the environment to the patients visiting Saveetha Dental College

Brief Description (Need/Impact/Action/Picture (if any)): World environment day, Department of public health dentistry conducted a webinar awareness speech " Covid 19 and its impact on environment" by our Head of the Department Dr. R. Pradeep Kumar

https://drive.google.com/file/d/1BgC_PJhWtDj00WXKRN3xUI9IL-DiCdi/view?usp=sharing

ACTIVITY 5

Title of the Activity: World Blood donor day 14.6.2021

Need of the Activity: To spread awareness about the importance of blood donation and its impact on the society

Brief Description (Need/Impact/Action/Picture (if any)): On the World Blood Donor Day, Department of Public Health dentistry conducted a programme in Saveetha Medical College among Physiotherapy and Ophthalmology students about about the importance of blood donation and the basic needs to be a blood donor. Pamphlets were distributed to the patients and brushing technique was taught.

https://drive.google.com/file/d/1bSmS52TWEpv8cD0fHSNf_rAFVUOyqwLN/view?usp=sharing

ACTIVITY 6

Title of the Activity: Public Health Dentistry Day 19.6.2021

Need of the Activity: To celebrate the significant role of Public health profession amidst COVID-19 pandemic and to raise awareness about the diseases

Brief Description (Need/Impact/Action/Picture (if any)): On the Public Health Dentistry Day, Department of Public Health Dentistry conducted several online events and poster competitions. Winners were awarded with e-certificates.

https://drive.google.com/file/d/19biCJ5oxTThdt5M5HjSkSIY07UhWnJ3_/view?usp=sharing

ACTIVITY 7

Title of the Activity: National doctors day 1.7.2021

Need of the Activity: To increase awareness on mucormycosis to health care professionals

Brief Description (Need/Impact/Action/Picture (if any)): National doctors day, Department of public health dentistry conducted a webinar awareness speech " Understanding mucormycosis" by Dr. santhosh kumar

https://docs.google.com/document/d/1VOcKB4ux8I_yigRr7tN80THGbowUgAkB/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true

ACTIVITY 8

Title of the Activity: Nirmithi precision PVT., LTD., 8.7.2021

Need of the Activity: To assess prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among the village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 57 people were given health education on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed .

<https://docs.google.com/document/d/16fGlXqR4zLxWoAYBS5TBCFEkrwL56oZt/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true>

ACTIVITY 9

Title of the Activity: Lions club, blood bank, Amabatur 9.7.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among the village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 30 people were given health education on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed .

<https://docs.google.com/document/d/1pV5-wIIs5pkz37nSkdyzzglgZShQZNnG/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true>

ACTIVITY 10

Title of the Activity: World population day 11.7.2021

Need of the Activity: To create awareness among people about population and economic crises

Brief Description (Need/Impact/Action/Picture (if any)): World population day, Department of public health dentistry conducted a webinar awareness speech " Covid 19 and its impact on environment"

https://docs.google.com/document/d/16C7b1e3L_MJ0mGRtSUBUHKvGgt_rUf7-/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true

ACTIVITY 11

Title of the Activity: Melmanambedu 13.7.2021

Need of the Activity: To find Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among the village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 34 people were given health education on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed .

https://docs.google.com/document/d/1oPsiAhWUQ4kk2ZJYcf_6rHKk4pEg6C6N/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true

ACTIVITY 12

Title of the Activity: Vadamanagalam 20.7.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among the village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 45 people were given health education on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed .

<https://docs.google.com/document/d/1y8Liy64dFXWRmKfZkGYCl23XmeWwgzab/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true>

ACTIVITY 13

Title of the Activity: Oral hygiene day 1.8.2021

Need of the Activity: To raise awareness among the employees about the oral hygiene measures and importance of brushing technique.

Brief Description (Need/Impact/Action/Picture (if any)): On the Oral hygiene day, Department of Public Health dentistry conducted a programme in SIDCO Industrial Estate, Chembarampakkam

about the importance of brushing techniques and oral hygiene behaviour. Pamphlets were distributed to the patients and brushing technique was taught.

<https://docs.google.com/document/d/1bgSIIISxgSSQlsa9qeOwOOy1vxi3ptxIO/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true>

ACTIVITY 14

Title of the Activity: Outreach camp, Chembarampakkam 3.8.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among the employees. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 42 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 2.56

https://docs.google.com/document/d/1q_1F79YogzxaVvM9WHLyasOnZqgCt3Ti/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true

ACTIVITY 15

Title of the Activity: Outreach camp, Thirumullaivoyal 23.8.2021

Need of the Activity: To assess the Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among the old age people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 31 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 2.56

https://docs.google.com/document/d/1yXXSvyIOOwVN_MUkP7_O7qYGsODrr019/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true

ACTIVITY 16

Title of the Activity: Outreach camp, Malaipattu 25.8.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among the village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 36 were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 2.56

<https://docs.google.com/document/d/1v7aqbpzUeULzflLrLVd27dSluxUJV8C/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true>

ACTIVITY 17

Title of the Activity: Health education on myths and side effects about COVID - 19 vaccine 21.06.2021

Need of the Activity: Myths surrounding the COVID - 19 has increased vaccine hesitancy and hence it is important to address it.

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to beneficiaries through webinar for the employees of Borg Warner Cooling Systems (India) Pvt Ltd regarding myths and side-effects of COVID - 19 vaccine which was followed by Question and Answer session where doubts of the beneficiaries was cleared. Total beneficiaries - 100

<https://drive.google.com/file/d/1D9P3Qgou6MRRH2M4hRWPxwQBrjO8KcOe/view?usp=sharing>

ACTIVITY 18

Title of the Activity: Health education on myths and side effects about COVID - 19 vaccine
22.06.2021

Need of the Activity: Myths surrounding the COVID - 19 has increased vaccine hesitancy and hence it is important to address it.

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to beneficiaries through webinar for the employees of Borg Warner Cooling Systems (India) Pvt Ltd regarding myths and side-effects of COVID - 19 vaccine which was followed by Question and Answer session where doubts of the beneficiaries was cleared. Total beneficiaries - 100

<https://drive.google.com/file/d/1Sj5gDWhxMllcqS4Z8wUOOTnvZ0wGDfCX/view?usp=sharing>

ACTIVITY 19

Title of the Activity: Health education on current scenario of COVID - 19 and importance of vaccine

Need of the Activity: Scenario of COVID - 19 after 2nd wave was important to understand and information regarding vaccine was important to prevent 3rd wave

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to the beneficiaries regarding the current scenario of COVID - 19 and the importance of vaccines to reduce the impact of the disease at both Thirumazhisai and Mappedu village. Total beneficiaries - 35

<https://drive.google.com/file/d/1B-sQwzZma5bxdQckbiaWhblP9bmhmnbz/view?usp=sharing>

ACTIVITY 20

Title of the Activity: Health education on lifestyle modification with regard to Diabetes and Hypertension 07.07.2021

Need of the Activity: Modification of life style like healthy diet, regular exercise etc plays an important role in prevention and control of Diabetes and Hypertension

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to patients that attended NCD clinic and general public in Mappedu RHTC regarding different methods of lifestyle modification for control and prevention of Diabetes and Hypertension. Total beneficiaries - 16

<https://drive.google.com/file/d/1I2L7AafQwTN7XY-3g2xRoETDeymnIv9G/view?usp=sharing>

ACTIVITY 21

Title of the Activity: Health camp for general public 13.07.2021

Need of the Activity: To provide basic healthcare and to screen for common diseases

Brief Description (Need/Impact/Action/Picture (if any)): General health checkup along with dental services was provided to the beneficiaries of the camp at Thirumazhisai village and basic drugs were distributed free of cost. Screening for common diseases also was done. Total number of beneficiaries - 60

<https://drive.google.com/file/d/128vTS2ebR6UygomGFMWmIBBQ-cQz8PgI/view?usp=sharing>

ACTIVITY 22

Title of the Activity: Health education on risk factors for Diabetes and Hypertension 14.07.2021

Need of the Activity: Non-communicable diseases like Diabetes and Hypertension is increasing in incidence and knowledge about the risk factors of these diseases is important

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to beneficiaries in Mappedu village regarding modifiable and non-modifiable risk factors of Hypertension and Diabetes. Total number of beneficiaries - 15

<https://drive.google.com/file/d/1KOizInwtGTouzeyaLJRVoCXFEHhYbVN9/view?usp=sharing>

ACTIVITY 23

Title of the Activity: Health education in view of 'Blood Donation Day' 16.07.2021

Need of the Activity: It is important to raise the awareness regarding the need of safe blood and blood products for transfusion and to increase the voluntary unpaid blood donation

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to general public of Thirumazhisai village regarding blood donation and its importance especially with regards to COVID - 19. It was attended by around 20 beneficiaries.

<https://drive.google.com/file/d/1jOPlafzvmY-KTlslgkK0dxlpMqBvr5-6/view?usp=sharing>

ACTIVITY 24

Title of the Activity: Health education on Hypertension in view of 'World Hypertension Day' 21.07.2021

Need of the Activity: Hypertension is known as 'silent killer' and hence it is important to have knowledge about the disease

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to NCD patients attending NCD clinic in Mappedu regarding treatment, control, complications and its prevention in Hypertension. Total number of beneficiaries - 11

<https://drive.google.com/file/d/1YELhYqhz11Ia8lbskwyVWT5vMjgYvLmt/view?usp=sharing>

ACTIVITY 25

Title of the Activity: Health education on elderly abuse in view of 'World Elder Abuse Awareness Day' 23.07.2021

Need of the Activity: Due to the prevailing situation because of COVID - 19, it is important to address the issue of abuse at the domestic level

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to general public of Thirumazhisai village at UHTC regarding the causes and prevention of elderly abuse. It was attended by 12 beneficiaries

<https://drive.google.com/file/d/1YQCqDiB72A8uVH0DkJFLKkD4yDUibpxi/view?usp=sharing>

ACTIVITY 26

Title of the Activity: Health education on Hepatitis 30.07.2021

Need of the Activity: In view of 'World Hepatitis Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 10 beneficiaries from Thirumazhisai village regarding risk factors and symptoms of different types of Hepatitis and its prevention and control.

<https://drive.google.com/file/d/1pHzk4014jDZKqkj-0LKU2dfbhFOgx1F4/view?usp=sharing>

ACTIVITY 27

Title of the Activity: COVID - 19 vaccination camp 31.07.2021

Need of the Activity: Vaccine against COVID - 19 helps in prevention of severe form of disease and also reduces the burden of the disease on the health system

Brief Description (Need/Impact/Action/Picture (if any)): COVID - 19 vaccine (Covishield) was administered to 78 workers of Polybose industry at SIPCOT, Irungattukottai. 76 were administered 1st dose and 2 people were administered 2nd dose.

https://drive.google.com/file/d/1WKPLK_UMtctTr9XYG2UH894s591k80hr/view?usp=sharing

ACTIVITY 28

Title of the Activity: COVID - 19 vaccination camp 31.07.2021

Need of the Activity: Vaccine against COVID - 19 helps in prevention of severe form of disease and also reduces the burden of the disease on the health system

Brief Description (Need/Impact/Action/Picture (if any)): COVID - 19 vaccine (Covishield) was given to 148 workers at Craftsman Automation industry at SIPCOT, Sriperumbudur. 139 were given 1st dose and rest 9 were given 2nd dose

https://drive.google.com/file/d/1Vkt_i6jrJEHfAtuyZF2X-UvalGJO6rxn/view?usp=sharing

ACTIVITY 29

Title of the Activity: Health education on COVID - 19 and personal hygiene 03.08.2021

Need of the Activity: Personal hygiene along with appropriate sanitary measures helps in preventing many diseases along with COVID - 19

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to construction workers of Urbanrise Company, Santro City, regarding personal hygiene, sanitation measures and its importance in prevention of COVID - 19. Total beneficiaries - 93

<https://drive.google.com/file/d/16pK9tCfmBlndI8KeeOZwgK5gIDIUC/view?usp=sharing>

ACTIVITY 30

Title of the Activity: Health camp for construction workers at Urbanrise Company, Santro City 03.08.2021

Need of the Activity: Construction workers being mainly migrant workers have poor health seeking behaviour and also they are deprived of many beneficial programs due to migration from other states. Hence general health checkup helps in identifying and treating basic common health problems.

Brief Description (Need/Impact/Action/Picture (if any)): General health checkup along with dental, ophthalmology and physiotherapy checkup was done to beneficiaries of Urbanrise Company, Santro City and basic drugs were distributed to a total 93 beneficiaries.

<https://drive.google.com/file/d/1MaGeqn1s7PzbzreC0FWH3tol1QJarhIO/view?usp=sharing>

ACTIVITY 31

Title of the Activity: Health education on breastfeeding 06.08.2021

Need of the Activity: In view of 'World Breastfeeding Week'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to beneficiaries of Thirumazhisai village regarding importance of breastfeeding to infant, exclusive breastfeeding, nutritive value of breast milk, alternatives for breast milk etc. It was attended by 25 female beneficiaries

https://drive.google.com/file/d/1COySo23boPxI_C_CmsCG0L6r4MZDzuz8/view?usp=sharing

ACTIVITY 32

Title of the Activity: Health education and demonstration of appropriate hand washing technique 07.08.2021

Need of the Activity: In view of 'World Hand Hygiene Day'

Brief Description (Need/Impact/Action/Picture (if any)): The 20 beneficiaries of Mappedu ICDS were educated regarding the importance of hand washing regularly and the appropriate technique of hand washing was demonstrated for better understanding.

https://drive.google.com/file/d/19VCtUP9h33YIUuRZY_cRdeMkjZ9iurED/view?usp=sharing

ACTIVITY 33

Title of the Activity: Health education on breastfeeding 07.08.2021

Need of the Activity: In view of 'World Breastfeeding Week'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to beneficiaries of 20 beneficiaries of Mappedu ICDS center regarding importance of breastfeeding to infants, exclusive breastfeeding, nutritive value of breast milk, alternatives for breast milk, myths surrounding it etc.

<https://drive.google.com/file/d/1AS46OVyVC53R9oqYgo9rQ7wN6WIcw-zj/view?usp=sharing>

ACTIVITY 34

Title of the Activity: Health education on Diabetes and Hypertension 13.08.2021

Need of the Activity: Diabetes and Hypertension are the most common Non-communicable diseases affecting the majority of the population. Hence it is importance to know about the diseases

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to beneficiaries regarding risk factors, symptoms, treatment, control and prevention of Diabetes and Hypertension. Total number of beneficiaries was 15.

https://drive.google.com/file/d/1wt_ScvPt1R9ARDWiDyE_HrAzZ1WJOh5J/view?usp=sharing

ACTIVITY 35

Title of the Activity: COVID - 19 vaccination camp 16.08.2021

Need of the Activity: Vaccine against COVID - 19 helps in prevention of severe form of disease and also reduces the burden of the disease on the health system

Brief Description (Need/Impact/Action/Picture (if any)): Vaccine against COVID - 19 helps in prevention of severe form of disease and also reduces the burden of the disease on the health system

ACTIVITY 36

Title of the Activity: NCD clinic Every week on Friday (January 2021 - April 2021)

Need of the Activity: Reduction in mortality and hospitalisation due to diabetes, hypertension and acute cardiovascular/ cerebro -vascular diseases.

Brief Description (Need/Impact/Action/Picture (if any)): Weekly NCD Clinic, Beneficiaries - UHC (522 includes followup cases); Activities - Opportunistic Screening, Consultation and Treatment, Lifestyle modification counselling and follow up

<https://drive.google.com/file/d/1q4-hRFn9u8bwPaYGsJAlyFZGG2HHe0xQ/view?usp=sharing>

ACTIVITY 37

Title of the Activity: Yoga session Every week on Wednesday (May 2021 - August 2021)

Need of the Activity: Yoga helps in enhancing both physical and mental health.

Brief Description (Need/Impact/Action/Picture (if any)): Yoga session was conducted on every Wednesday to patients attending NCD clinic in Saveetha Rural Health Center, Mappedu to reduce the mental stress due to the chronic disease and to increase physical activity which helps in controlling the disease by Yoga experts through teleconsultation.

<https://drive.google.com/file/d/1vBZfiYMaUqerNIZOc4ckINdRbqT67g5D/view?usp=sharing>

ACTIVITY 38

Title of the Activity: Fever Clinic Everyday (May 2021 - August 2021)

Need of the Activity: For effective and expeditious referral and to reduce the risk of transmission of COVID-19 to other vulnerable patients and healthcare workers presenting to the centre.

Brief Description (Need/Impact/Action/Picture (if any)): Activities - Rapid Assessment & referral, Monitoring Vitals including saturation, drug distribution and counselling on quarantine and hygiene etiquettes.

<https://drive.google.com/file/d/17UlcZlUPze4r3i8ajv8njoAe2NdCL7tA/view?usp=sharing>

ACTIVITY 39

Title of the Activity: Traffic awareness programme 07.04.2021

Need of the Activity: Awareness Programme

Brief Description (Need/Impact/Action/Picture (if any)): Location: Thirumangalam signal, Rountana Signal, Chintamani Signal.

Awareness on the importance of wearing helmets and the threats of rash driving so as to reduce road accidents were inculcated to the public with the use of posters and one-to-one interactions.

<https://drive.google.com/file/d/1IoFwYoONXQwszz81S6YTYPHLISNCRMET/view?usp=sharing>

ACTIVITY 40

Title of the Activity: Awareness campaign for girl children 26.05.2021

Need of the Activity: Awareness campaign for girl children

Brief Description (Need/Impact/Action/Picture (if any)): An awareness program on the health and hygiene of girl children and about their safety were conducted at a Government School

<https://drive.google.com/file/d/1uPTiCorGmQJbi3CTPqdUYonLC4cgwM1n/view?usp=sharing>

ACTIVITY 41

Title of the Activity: Orphanage visit 05.05.2021

Need of the Activity: Old age home

Brief Description (Need/Impact/Action/Picture (if any)): This old age helps elderly citizens,

children with HIV and orphans. We Contributed basic provisions for a 2 months worth

<https://drive.google.com/file/d/1a4bE7MZfWLWrR6IMBd0STjAJE65QXHER/view?usp=sharing>

ACTIVITY 42

Title of the Activity: Reach out to transgender community 23.06.2021

Need of the Activity: Reach out to transgender community

Brief Description (Need/Impact/Action/Picture (if any)): With the food distribution initiative, the team visited the Transgender Community and distributed food and spent some quality time and noted the various issues they have.

<https://drive.google.com/drive/folders/1ymwkjJRNXYVpDM4AdRQg0GgUHF1GU1I6?usp=sharing>

ACTIVITY 43

Title of the Activity: Environment protection and development program 09.06.2021

Need of the Activity: environment Protection Programme

Brief Description (Need/Impact/Action/Picture (if any)): Removed nails and hoardings from trees

location: chennai city

We had filed a writ petition against nail hoarding and assault in 2018 and have also received an order from the honorable court for the removal of nails and board hoarding to the corporation of chennai as of 2021.

https://drive.google.com/drive/folders/1PkrNC6TBJln3z69ixNpNvnOHbM_cBcOp?usp=sharing

ACTIVITY 44

Title of the Activity: Coastal clean up 06.07.2021

Need of the Activity: Coastal clean up

Brief Description (Need/Impact/Action/Picture (if any)): Location : Basant Nagar Beach.

We cleaned the coastal area and got rid of plastics and other substances that pose a threat to the environment.

<https://drive.google.com/drive/folders/1LdOPuB5lpL4b797BOItX3mGfDcOnKuub?usp=sharing>

ACTIVITY 45

Title of the Activity: Feeding stray dogs 15.07.2021

Need of the Activity: Feeding stray dogs

Brief Description (Need/Impact/Action/Picture (if any)): We have started providing food to the street dogs as part of our food distribution drive. We fed street dogs so as to stop the problem of street animal starvation in our city. Animals are a gift from above for they truly define the words unconditional love.

<https://drive.google.com/drive/folders/1FTIGd-B-wNYwrNUyXjCJJUHRN01i0xZ?usp=sharing>

ACTIVITY 46

Title of the Activity: Mental health awareness campaign 05.08.2021

Need of the Activity: Mental health awareness campaign

Brief Description (Need/Impact/Action/Picture (if any)): On August 5th 2021, we conducted a virtual Webinar on the Importance of Mental Health via Googlemeet. We had Dr. Jayamary (Counselling Psychologist) as our speaker and over 50 participated in the session. E-Certificates were provided with free registration.

<https://drive.google.com/drive/folders/1LxJSDyM9EpFY1KHqxRknu0-B4L-iQ5fM?usp=sharing>

ACTIVITY 47

Title of the Activity: Banner awareness campaign 14.08.2021

Need of the Activity: Banner awareness campaign to make the parents aware about children's online activity and cyber child trafficking

Brief Description (Need/Impact/Action/Picture (if any)): Banner awareness campaign to make the parents aware about children's online activity and cyber child trafficking , conducted in anna

nagar on 14th of august 2021

<https://drive.google.com/file/d/171c2B4MKQuJFnZsZ6rlzLZ69mbfw1DjV/view?usp=sharing>

ACTIVITY 48

Title of the Activity: Environmental day celebrations- poster making 28.05.2021

Need of the Activity: To create awareness about save environment

Brief Description (Need/Impact/Action/Picture (if any)): Let the Mother Earth Breath, International Plastic Bag Free Day, celebrated on July 3, is a global initiative that aims to eliminate the usage of plastic bags. With this regard, the Rotaract club of Saveetha School of Management organised an Oath taking ceremony. The Faculty and Students of SSM pledged together that they will not use plastic bags and would use recyclable cloth bags. They also pledged that they would educate the community about the proper disposal of plastic bags. This initiative was taken by the Rotaract club with the help of the Management of Saveetha School of Management and UBA.

<https://drive.google.com/file/d/1ZdHDzLx7hKvsk1-jMxyfGxGLOv9N1Xwd/view?usp=sharing>

ACTIVITY 49

Title of the Activity: Spotlight on Care 2.0 12.06.2021

Need of the Activity: To create awareness towards vaccination

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha School of Management along with Rotaract club, under UBA conducted a project named “Spotlight on Care 2.0” on 12.06.2021. The meeting started at 5:00 pm through the zoom platform. Dr. Jayaseelan MBBS, DNB gave a detailed explanation of the spread of Covid -19 and the prevention and treatment of the virus. Our Dean Ma’am Dr. Prasanna Sivanandham also gave insights regarding vaccination and avoidance of fear towards vaccinating.

<https://drive.google.com/file/d/1HaRrigWUCXmgpRm23pXM0ygi78oFSLR7/view?usp=sharing>

<https://drive.google.com/file/d/13QtZLxzNoLOIkWd5g1gvHyNOrHV9DRyp/view?usp=sharing>

ACTIVITY 50

Title of the Activity: Blood donation Day 15.06.2021

Need of the Activity: Create awareness about the importance of blood donation

Brief Description (Need/Impact/Action/Picture (if any)): One pint can save three lives, one gesture can produce a million smiles. Saveetha School of Management observed World Blood Donor Day on June 14, 2021 along with Rotaract club and UBA by circulating posters for awareness and stressed on the importance of blood donation.

<https://drive.google.com/file/d/1Gnuhpi7Fa2ULtj0OqXEnkPXzyDp1fHM3/view?usp=sharing>

ACTIVITY 51

Title of the Activity: International yoga day 21.06.2021

Need of the Activity: To improve physical and mental wellbeing

Brief Description (Need/Impact/Action/Picture (if any)): As part of International yoga day on June 21 2021, Live yoga session was conducted for the students of SSM. Teachers from Isha foundation Ms Rama Shankar, Mr Vignesh and Mr Gaurav were the speakers for the session. Tips to improve immunity were briefed in a clear manner and some yogic poses were taught The session was informative, relaxing and motivating for the students to learn and indulge themselves in yogic practices which will contribute to their physical and mental well being .

<https://drive.google.com/file/d/16cjmiYqEk6NtxXI7TaWNTH2tqHUexhD/view?usp=sharing>

https://drive.google.com/file/d/1Zr7YO1bYXn1kMpW3Tl885_C3mX-_nzTJ/view?usp=sharing

ACTIVITY 52

Title of the Activity: International Day against Drug Abuse and Illicit drug trafficking 26.06.2021

Need of the Activity: To create awareness about the harmful effects of drug use and illicit trafficking

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha School of Management observed International Day against Drug Abuse and Illicit drug trafficking on June 26,2021. With regard to this a webinar was organised to create awareness to the students and participants about the harmful effects of drugs. The Police Department supported us by explaining the harmful effects of drugs on health and also laws enforced on indulging in drugs abuse. Mr. Md. Shakeel Akhter, IPS,

Formerly Addl. DGP, Crime, Chennai. Now DGP, CB CID., Chennai supported us for this event.

https://drive.google.com/file/d/1A-pF_5klnXBnSoI0MZ6LgqAbctAMKuFB/view?usp=sharing

ACTIVITY 53

Title of the Activity: International Doctors Day 01.07.2021

Need of the Activity: Tribute to doctor fraternity

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha School of Management along with UBA and Rotaract club ahs created a video tribute to the doctors for their relentless service to the society during this pandemic to save many lives. BY witnessing the struggles of unsung heroes, has created a thanksgiving tribute to the doctors by respecting their valuable service.

https://drive.google.com/file/d/1FOHp-zwUJSrwkgP2E_ovjmC7W2QUmkWW/view?usp=sharing

ACTIVITY 54

Title of the Activity: International Plastic Bag Free Day 03.07.2021

Need of the Activity: Creating awareness

Brief Description (Need/Impact/Action/Picture (if any)): International Plastic Bag Free Day, celebrated on July 3, is a global initiative that aims to eliminate the usage of plastic bags. With this regard, the Rotaract club of Saveetha School of Management organised an Oath taking ceremony. The Faculty and Students of SSM pledged together that they will not use plastic bags and would use recyclable cloth bags. They also pledged that they would educate the community about the proper disposal of plastic bags. This initiative was taken by the Rotaract club with the help of the Management of Saveetha School of Management and UBA.

<https://drive.google.com/file/d/1TEngS5UB4u7hIm1LBpQGTPMdukP5COB5/view?usp=sharing>

ACTIVITY 55

Title of the Activity: International "Paper Bag Day 12.07.2021

Need of the Activity: Spread awareness about the pollution caused by single use plastic

Brief Description (Need/Impact/Action/Picture (if any)): It aims to spread awareness about the pollution caused by plastics and the serious threat that it poses to the natural environment. In regard to this , the Rotaract club of Saveetha School of Management with the help of the Management of SSM and UBA has taken initiative to make paper bags and distribute them to the local vendors of Poonamallee.

<https://drive.google.com/file/d/1TEngS5UB4u7hIm1LBpQGTPMdukP5COB5/view?usp=sharing>

<https://drive.google.com/file/d/1e-XhdZ8n3FNf9dvRLFUzbVtNo5Vop7Du/view?usp=sharing>

ACTIVITY 56

Title of the Activity: Global Parents Day 25.07.2021

Need of the Activity: Extending support to elder ones

Brief Description (Need/Impact/Action/Picture (if any)): Rotaract Club of Saveetha School of Management in association with UBA presents *THE INCOMPARABLE LOVE” In association with Global Parents Day on 25.07.2021, Students of SSM visited Sai Ram Oldage Home , Ambattur and extended support to the old people staying there.

<https://drive.google.com/file/d/1mtJFnqPjQGYZ9yoX1PHznsCFhHwf2tPL/view?usp=sharing>

ACTIVITY 57

Title of the Activity: Blood donation camp 09.09.2021

Need of the Activity: Donating blood for the cause

Brief Description (Need/Impact/Action/Picture (if any)): It Is Not Just About Giving Blood, But It Is An Act Of Kindness That Saves The Lives Of Hundreds Of People. Rotaract club of Saveetha School of Management in association with UBA , Rotaract Club of Saveetha school of

Physiotherapy and Saveetha Medical College & Hospitals organised 'Kuruthi' a blood donation camp on September 9, 2021. Around 50 members including students and staff of SIMATS have donated their blood.

<https://drive.google.com/file/d/17FQVtcD4pRDR0HDpH1QJKH4v9QCPl6i/view?usp=sharing>

https://drive.google.com/file/d/16zqX1EAJ8MTg_BcBZ7OL5nXEqP8q1VR4/view?usp=sharing

ACTIVITY 58

Title of the Activity:

Need of the Activity:

Brief Description (Need/Impact/Action/Picture (if any)):

ACTIVITY 59

Title of the Activity: Nutrition Week 01.09.2021

Need of the Activity: To spread awareness about the importance of nutrition

Brief Description (Need/Impact/Action/Picture (if any)): Rotaract club of Saveetha School of Management in association with UBA observed Nutrition Week - NUTRO from September 1 to September 7, 2021. Each day they took one fruit or vegetable and provided information on vitamins, minerals, carbohydrates and other nutrients in it through posters. Through this initiative, people were educated about the nutrients in food to lead a healthy life.

https://drive.google.com/file/d/1n-kMzWqMgvudT9Ns08xCqHBB6l_d8fLl/view?usp=sharing

ACTIVITY 60

Title of the Activity: World First Aid Day 14.09.2021

Need of the Activity: To give awareness about first aid

Brief Description (Need/Impact/Action/Picture (if any)): First aid is an important tool in quickly

responding to accidents to ensure that injuries can be promptly dealt before a trained medical professional arrives to administer more specialised treatment. Rotaract club of Saveetha School of Management in association with UBA organised 'PAULEARS' on 14.09.2021 in accordance with World First Aid Day. Dr. C.R.Ramachandran MBBS.,M.D., FCT., was invited as the guest speaker for this event. He shared about the first aid practices to be followed and how to do that. Around 90 people attended the webinar.

https://drive.google.com/file/d/1mOLkfh008jBPdzvJ_z0itP8jTI7o3pUP/view?usp=sharing

ACTIVITY 61

Title of the Activity: Setting up library 25.09.2021

Need of the Activity: Donate books for school children

Brief Description (Need/Impact/Action/Picture (if any)): Rotaract Club of Saveetha School of Management in association with UBA donated racks and books for the students at Panchayat Union school, karantai. The students and faculty of SSM visited the place and set up a library for them and also games were conducted for the students on 25.09.2021.

https://drive.google.com/file/d/19twIO_5YiT4V2zEQsUQK_2-TW1N1p5tF/view?usp=sharing

<https://drive.google.com/file/d/1IGB4iJJVshNgm6AwJ84gMOW880C0Zxmt/view?usp=sharing>

ACTIVITY 62

Title of the Activity: Mental Health Awareness Week 2.05.2021

Need of the Activity: To focus on 'Nature' and to improve the mental health

Brief Description (Need/Impact/Action/Picture (if any)): Special talk on Exploring the importance of mental health during pandemic situations, strategies to maintain good mental health and providing psychological support to the families during pandemic situations.

<https://drive.google.com/drive/folders/1rPUZs6NOIDduNq0VEfHS1TozUL0lg4aB?usp=sharing>

ACTIVITY 63

Title of the Activity: World Schizophrenia Day 28.05.2021

Need of the Activity: To discover better mental health

Brief Description (Need/Impact/Action/Picture (if any)): Guest Lecture on exploring the measures to maintain positive mental health and protective measures to be maintained during pandemic situations.

<https://drive.google.com/drive/folders/1EuTGdbYbKDAp-n1aqPxNVViddS308E1v?usp=sharing>

ACTIVITY 64

Title of the Activity: World No Tobacco Day 31.05.2021

Need of the Activity: To commit quit smoking

Brief Description (Need/Impact/Action/Picture (if any)): Awareness on no smoking was given through Toba-craft works, slogan writings and video presentation by the students of [B.Sc\(N\)](#) I year.

<https://drive.google.com/drive/folders/1IixFnXNrqqgueZdXXuW2EW00IhXCUco?usp=sharing>

ACTIVITY 65

Title of the Activity: World Environment day 05.06.2021 to 07.06.2021

Need of the Activity: To Preserve the Ecosystem and Restore the green environment

Brief Description (Need/Impact/Action/Picture (if any)): Students have took part in various activities with this sub theme of Reduce,Reuse,Recycle , Reverse to crystal clear,Transform to Treasure ,Plant and Bind the Environment to focus on the need to save resources and reconnect with nature.

https://drive.google.com/drive/folders/1CDSDwJCw_4MvNqAcNg8Z2GiXsRNCPpOO?usp=shari

ACTIVITY 66

Title of the Activity: World Bronchial Asthma Day 05.06.2021

Need of the Activity: To uncover the Asthma Misconceptions

Brief Description (Need/Impact/Action/Picture (if any)): Guest speech on myths and misconceptions about Asthma among people with Asthma and the main misconception during this current context.

<https://drive.google.com/drive/folders/1CyBvjRQtHH9iJNw86c2e7phspiaLnsOH?usp=sharing>

ACTIVITY 67

Title of the Activity: International Day of Yoga celebration 21.06.2021

Need of the Activity: To teach yoga and make fitness and ensure Yoga for well- being

Brief Description (Need/Impact/Action/Picture (if any)): Yoga workshop was conducted by Dr. S. Elangovan Yoga Managing trustee HPS MVKM Trust- Poonamallee briefed on essentials of Yoga and encouraged the students to perform steps of Yoga following the video on various asanas.

https://drive.google.com/drive/folders/19wf82YgWIKVjisH1DXjYFhKjIztKuR1_?usp=sharing

ACTIVITY 68

Title of the Activity: World Population Day 12.07.2021

Need of the Activity: To create awareness on Population Control Awareness

Brief Description (Need/Impact/Action/Picture (if any)): Students performed Role Play and Villupattu on Population Control Awareness at SMCH. More than 100 Peoples benefitted through the program.

https://drive.google.com/drive/folders/1cHjiQm4bjf9aQ_m1qDTg6CzlpziMnmbB?usp=sharing

ACTIVITY 69

Title of the Activity: World Population Day 12.07.2021

Need of the Activity: To create awareness on Population Control Awareness

Brief Description (Need/Impact/Action/Picture (if any)): Students performed Role Play and Villupattu on Population Control Awareness at SMCH. More than 100 Peoples benefitted through the program.

https://drive.google.com/drive/folders/1cHjiQm4bjf9aQ_m1qDTg6CzlpziMnmbB?usp=sharing

ACTIVITY 70

Title of the Activity: International day against drug abuse and illicit Trafficking 03.07.2021

Need of the Activity: To Create Awareness and impart Knowledge about the illicit use of substance and its negative impact on Physical and mental health

Brief Description (Need/Impact/Action/Picture (if any)): The Resource person for the Virtual Guest lecturer was Dr. G. K. Sellakumar

Associate Professor & HOD Department of Psychology Sree Narayana Guru, He Highlighted about Risk factors for drug trafficking and its types, Alcoholism and its effect on the body, Miscellaneous drugs and its consequences on the body.

https://drive.google.com/drive/folders/1psrigiA6PHzysF14lZWQgD70g_1l3v_Z?usp=sharing

ACTIVITY 71

Title of the Activity: Hepatitis Can't Wait? 31.07.2021

Need of the Activity: To create awareness on the risk factors, causes, its signs and symptoms, diagnostic tests, prevention and treatment modalities to the general public.

Brief Description (Need/Impact/Action/Picture (if any)): Health talks on the importance and

prevention of hepatitis was given by B.Sc. (N) II year students.

https://drive.google.com/drive/folders/1uRtRIVBChaYL0kU4f-PSjSKw0P_qeS7s?usp=sharing

ACTIVITY 72

Title of the Activity: Protect Breastfeeding: A Shared Responsibility” 03.08.2021

Need of the Activity: The theme focused on breast feeding techniques, positions, mechanism of feeding and importance of breastfeeding.

Brief Description (Need/Impact/Action/Picture (if any)): B. Sc (N) III Year students presented their poster presentation regarding breast feeding, breast feeding techniques, positions, mechanism of feeding and importance of breastfeeding. Followed by P.B.B. Sc (N) I Year students demonstrated the importance of breast feeding to the mothers by puppet show. Ms. Varsha P.B.B. Sc (N) I Year shared a poetry based on theme. Health talk focused on the theme and also highlighted the importance of breastfeeding was given by Atchaya.A B. Sc (N) III Year Students.

https://drive.google.com/drive/folders/1WGGQn7V0Fx0xhxtqyhA6KRcy_VpO3RuV?usp=sharing

ACTIVITY 73

Title of the Activity: Assertiveness training 03.05.2021

Need of the Activity: To train young adults suffering from depression

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational Therapy had provided assertiveness training for young adults suffering from depression in the community set up.

https://static.wixstatic.com/media/41d401_fc31d0302f4c4dd985ed00cfd3429a98~mv2.jpg/v1/fill/w_740,h_437,al_c,q_90/41d401_fc31d0302f4c4dd985ed00cfd3429a98~mv2.webp

ACTIVITY 74

Title of the Activity: Community awareness against body shaming 22.05.2021

Need of the Activity: To promote awareness on body shaming among the community dwelling

adults

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational Therapy had provided group based awareness training for adults on body shaming and its impact on community participation and quality of life.

https://static.wixstatic.com/media/41d401_32f14f3f191c4ae0bf5ec2eb4c1002dd~mv2.png/v1/fill/w_682,h_548,al_c,lg_1,q_95/41d401_32f14f3f191c4ae0bf5ec2eb4c1002dd~mv2.webp

ACTIVITY 75

Title of the Activity: Awareness on menopause 05.06.2021

Need of the Activity: To promote awareness among the community dwelling adults and young adults on menopause

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational Therapy had provided awareness for adults on menopause and its social stigma.

https://static.wixstatic.com/media/41d401_d27c596709834d219aa5e8d6d2c096f9~mv2.jpg/v1/fill/w_740,h_477,al_c,q_90/41d401_d27c596709834d219aa5e8d6d2c096f9~mv2.webp

ACTIVITY 76

Title of the Activity: Anxiety control 19.06.2021

Need of the Activity: To train young adults suffering from anxiety due to COVID lockdown

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational Therapy had provided assertiveness training for young adults suffering from anxiety in the community set up.

https://static.wixstatic.com/media/41d401_2cb89e94edff4024929606f3b67e0e76~mv2.jpg/v1/fill/w_740,h_353,al_c,q_90/41d401_2cb89e94edff4024929606f3b67e0e76~mv2.webp

ACTIVITY 77

Title of the Activity: Geriatric care 03.07.2021

Need of the Activity: To provide community based awareness about Occupational therapy and

intervention

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational therapy visited an old age home in Kanchipuram to provide occupational therapy activities to improve quality of life and functional independence for members of the community.

https://static.wixstatic.com/media/41d401_16dc1d606d064413ac97e40247fb54bc~mv2.jpg/v1/fill/w_740,h_1003,al_c,q_90/41d401_16dc1d606d064413ac97e40247fb54bc~mv2.webp

ACTIVITY 78

Title of the Activity: (Rural Water Harvesting - Report - Tamil) Awareness Campaign 28.05.2021

Need of the Activity: Rural Water Harvesting

Brief Description (Need/Impact/Action/Picture (if any)): During the mapping the various conditions in which water being wasted was identified along with the community. several solutions were provided both for harvesting water which forms the guidelines of the report in Tamil.

<https://drive.google.com/file/d/1NvU6DoEepuGGcTCq09Tt-dXoy-OhC17I/view?usp=sharing>

ACTIVITY 79

Title of the Activity: Awareness Campaign (Rural Water Filtration - Report - Tamil) 25.06.2021

Need of the Activity: Rural Water Filtration

Brief Description (Need/Impact/Action/Picture (if any)): During the mapping the various conditions in which water Infiltration was identified along with the community. several solutions were provided for water filtration which forms the guidelines of the report in Tamil.

<https://drive.google.com/file/d/14Ufa22bLuPMGJNPbiV3-9qxWS16ajWsJ/view?usp=sharing>

ACTIVITY 80

Title of the Activity: Rural Start up (Recycling and upcycling of old furniture - Report) 23.07.2021

Need of the Activity: Recycling and upcycling

Brief Description (Need/Impact/Action/Picture (if any)): During the mapping and surveying of the rural areas , the furniture being used was found to be discarded though in a good condition. A solution was considered to recycle and upcycle the old furniture to reusable furniture to provide a fresh and new condition from the guidelines of the report.

https://drive.google.com/file/d/1qiNkBpKYqSIDnY8Wd_fh0-kkkgKNMQIH/view?usp=sharing

ACTIVITY 81

Title of the Activity: Rural Start up (Recycling and upcycling of Plastic water bottles - Report)
27.08.2021

Need of the Activity: Recycling and Reuse

Brief Description (Need/Impact/Action/Picture (if any)): During the mapping and surveying of the rural areas, the materials used for the houses were new materials that were acquired from distant spaces or out of region. In order to reuse the waste materials that are generated from the plastic water bottles disposed in and around the village, these plastic bottles can be used to construct the main frame of the houses in the village thereby making it sustainable by reusing the used plastic bottles , forms the guidelines of the report.

https://docs.google.com/document/d/1YLj2rtaAX6SoKvM7dd_Am5Dd1qiP-fZT/edit?usp=sharing&oid=100678636852304317751&rtpof=true&sd=true

ACTIVITY 82

Title of the Activity: Workshop on SAP-Swachta Action Plan 17.05.2021

Need of the Activity: To create awareness on Aspects on Swachta in Campus, Water Conservation in Campus, and Campus post Covid-19 Sanitisation Plan and Sustainability

Brief Description (Need/Impact/Action/Picture (if any)): The need for this program was to create awareness amongst the staff and students about the various Swachta Programmes through skill development and sustainability. 47 students and 10 faculty attended the workshop. This programme was conducted by Mahatma Gandhi National Council of Rural Education (MGNCRE), Department of Higher Education, Ministry of Education, Govt of India.

<https://drive.google.com/drive/folders/1dxxmxGGt5G95XO8srki17m6Jbm3S90Rf?usp=sharing>

ACTIVITY 83

Title of the Activity:

Need of the Activity:

Brief Description (Need/Impact/Action/Picture (if any)):



UNNAT BHARAT ABHIYAN

SAVEETHA INSTITUTE OF MEDICAL AND TECHNICAL SCIENCES (U-0475)

PROGRESS REPORT

SEPTEMBER 2021 - DECEMBER 2021

UBA Coordinator's Name: Dr Sindhu Ramesh

Email: dean.acd@saveetha.com

Phone Number: 9840136543

Sr No	ADOPTED VILLAGES	TALUK	DISTRICT
1	Sembarambakkam	Poonamallee	Tiruvallur
2	Madhuramangalam	Sriperumbudur	Kancheepuram
3	Molachur	Sriperumbudur	Kancheepuram
4	Mevalurkuppam	Sriperumbudur	Sriperumbudur
5	Nesapakkam	Chennai	Chennai

Next Plan of Action -Activity to be conducted(along with reason)

- To generate products from recycled materials
- To introduce solar energy models
- To give provision of clean toilets with water facilities

- Identification of indigenous trees in the region and to create awareness to plant trees & initiate self Agriculture
- To create working models and other best practices to Harvest water
- To create working models and other best practices to Water Filtration
- To recycle and upcycle the old furniture to reusable furniture which can also serve as a self employment mode for the rural residence
- To collect all disposed plastic water bottles that can be filled with mud onsite and used in the construction of the house to reduce the carbon footprint.
- To collect and use the salvaged elements of demolished or dilapidated structures into new homes so as to keep the historic value of the elements used.
- To help develop facilities and services in rural areas.To provide a space for skill enhancement that helps for self employment
- To provide a space for learning that can be used for leaning by the elders of the village in the evening after their daily work
- To enhance the facilities that cater to normal school and vocational skills required for children and adults alike

List of Activities

ACTIVITY 1

Title of the Activity: Outreach camp,Vengal village,Thiruvallur 4.9.2021

Need of the Activity: To find Prevalence of Oral diseases like Dental caries,Gingival diseases, Periodontal diseases among the village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 15 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 4.02

https://docs.google.com/document/d/1YirtYRSeQvgmwW9g-6_LjKQG9j8nwoEU/edit?usp=sharimg&ouid=105942486795001772847&rtpof=true&sd=true

ACTIVITY 2

Title of the Activity: National Teachers Day 5.9.2021

Need of the Activity: To increase awareness about how teachers are known to influence the mind of youth and turn them to responsible citizens.

Brief Description (Need/Impact/Action/Picture (if any)): .On the National Teachers Day,Department of Public health dentistry conducted a webinar to honour teachers and express our gratitude to them.Proper brushing techniques were also demonstrated.E-certificates were also provided.

<https://docs.google.com/document/d/1M2oV0HjpwKZshi4Lkh8HAb7BEjRrrUOG/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true>

ACTIVITY 3

Title of the Activity: National Nutrition Week 7.9.2021

Need of the Activity: To raise awareness about nutritional and adaptive eating habits for a healthy and sustainable lifestyle.

Brief Description (Need/Impact/Action/Picture (if any)): On the National Nutrition Week, Department of Public Health dentistry conducted an awareness programme in Kadambathur about the importance of food and nutrition and oral hygiene behaviour. Pamphlets were distributed to the patients and brushing technique was taught.

<https://docs.google.com/document/d/1vkjJtB-t2hJVu6uBmkEEOoiOYyt3YxyK/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true>

ACTIVITY 4

Title of the Activity: Outreach camp,Susheelamma Old Age Home 8.9.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Edentulousness among the special needs population. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 28 were screened and health

education was given on the importance of brushing twice daily.Oral prophylaxis was done to 6 people.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 2.62

https://docs.google.com/document/d/1R_33xKkmOBgAn5_PvglziDBOKyOsoNKc/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true

ACTIVITY 5

Title of the Activity: Outreach camp,Susheelamma Oldage Home 8.9.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Edentulousness among the special needs population. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 28 were screened and health education was given on the importance of brushing twice daily.Oral prophylaxis was done to 6 people.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 2.62

https://docs.google.com/document/d/1R_33xKkmOBgAn5_PvglziDBOKyOsoNKc/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true

ACTIVITY 6

Title of the Activity: Outreach camp,SDK Constructions 14.9.2021

Need of the Activity: To screen and identify for potentially malignant disorders like Leukoplakia,OSMF, Dental caries, Periodontal diseases and among the construction employees. To refer patients to Dept of Oral and Maxillofacial Surgery,Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 63 were screened and health education was given on the importance of brushing twice daily.Oral prophylaxis was done to 25 people.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 1.9

<https://docs.google.com/document/d/1UXOYooycFCEpTe4i7AzTlACeUlBJVQdn/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true>

ACTIVITY 7

Title of the Activity: Outreach camp,Sri Sai Illam Trust 15.9.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Edentulousness among the special needs people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 20 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 0.80

<https://docs.google.com/document/d/1EmeDtCJqqdQbyPfGsywVWpm8VI8quhE/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true>

ACTIVITY 8

Title of the Activity: Outreach camp,Casa Grande Constructions 16.9.2021

Need of the Activity: To identify Prevalence of potentially malignant disorders like Leukoplalia,OSMF, Dental caries, Periodontal diseases and among the construction employees. To refer patients to Dept of Oral and Maxillofacial Surgery,Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 98 were screened and health education was given on the importance of brushing twice daily.Oral prophylaxis was done to 12 beneficiaries.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 1.82

<https://docs.google.com/document/d/1bOfcVEeHB-9WER24s1hE1kgOqJirlQwl/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true>

ACTIVITY 9

Title of the Activity: Outreach camp,CSI Church,Manavala Nagar 18.9.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries,Gingival diseases, Periodontal diseases among the village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 72 were screened and health education was given on the importance of brushing twice daily. Oral prophylaxis was done to 8 beneficiaries. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 0.68

https://docs.google.com/document/d/1PYL4mS221yH-RLSdAknZPYclfk_KREPo/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true

ACTIVITY 10

Title of the Activity: World Rose Day 22.9.2021

Need of the Activity: To raise motivation and hope to the lives of all people affected by cancer.

Brief Description (Need/Impact/Action/Picture (if any)): On World Rose day, department of public health dentistry offered roses to non teaching staff of Saveetha dental college to extend the concern of this disease. Proper brushing techniques were also taught.

<https://docs.google.com/document/d/1cWdcBC6L6arKmH8rGIu3NK-wuF9EA0g7/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true>

ACTIVITY 11

Title of the Activity: Outreach camp, FCI Colony, Sevapettai 24.9.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Gingival diseases, Periodontal diseases among the village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 26 were screened and health education was given on the importance of brushing twice daily. Oral prophylaxis was done to 14 beneficiaries. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 3.58

https://docs.google.com/document/d/1_-6BoaSRpziOEnC-p0tNHYhk0gwOxLCR/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true

ACTIVITY 12

Title of the Activity: Outreach camp, Kadambattur 25.9.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingival diseases, periodontal diseases among the village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 23 were screened and health education was given on the importance of brushing twice daily. Oral prophylaxis was done to 7 beneficiaries. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 1.48

https://docs.google.com/document/d/1NXyy5XsO_wckgsnNgYmo82lo1YK5OrlF/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true

ACTIVITY 13

Title of the Activity: Outreach camp, OMNI bus association, Koyambedu 01.10.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and pre-cancerous lesions among OMNI bus drivers. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 187 were screened and health education was given on the importance of brushing twice daily. Oral prophylaxis was done to 24 beneficiaries. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 1.55. 18 referrals to oral surgery

<https://docs.google.com/document/d/1d62Kf5Ing67SiHvSCLlYon3MhM-aVjiK/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 14

Title of the Activity: Outreach camp, Kannampalayam 07.10.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and precancerous lesions among the people of Kannampalayam. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 53 were screened and health

education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed .Mean DMFT score 2.01

https://docs.google.com/document/d/19iX3_uGJv3Cs4SVV-igcw2bBKytC39cd/edit?usp=sharing&oid=115171175778554422535&rtpof=true&sd=true

ACTIVITY 15

Title of the Activity: Outreach camp, Senjipanaipakkam 09.10.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and precancerous lesions among the people of Kannampalayam. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 26 were screened and health education was given on the importance of brushing twice daily. Oral prophylaxis was done to 24 beneficiaries. Proper brushing techniques were demonstrated using a teeth model. Cards for free basic treatment were distributed .Mean DMFT score 2.01

https://docs.google.com/document/d/1ccO5Q_MPKiBXcMIFNqPVMHxFQ7bL23Ig/edit?usp=sharing&oid=115171175778554422535&rtpof=true&sd=true

ACTIVITY 16

Title of the Activity: Outreach camp, CRPF, Poonamallee 11.10.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingival diseases, periodontal diseases among central reserve police force. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 12 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed .Mean DMFT score 1.55

<https://docs.google.com/document/d/1B7Z8DpNzXINiomf5tJNO4SgLNi8Ixx2f/edit?usp=sharing&oid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 17

Title of the Activity: Outreach camp, Hyundai company, Sri Perumbuthur 20.10.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingival diseases, periodontal diseases among Hyundai company workers. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 36 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 1.55

<https://docs.google.com/document/d/1xli7nf8nM3KyNyadyTXLGxxxB0HQctFV/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 18

Title of the Activity: Outreach camp, Mannur 28.10.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingival diseases, periodontal diseases among company workers. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 78 were screened and health education was given on the importance of brushing twice daily. Oral prophylaxis was done to 25 beneficiaries. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 2.01. seven referrals to prosthodontics

https://docs.google.com/document/d/1irMS3sVCwYMnEfScH-szbHe_tenOQS67/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true

ACTIVITY 19

Title of the Activity: Outreach camp, Valarapuram 28.10.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingival diseases, periodontal diseases among company workers. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 78 were screened and health education was given on the importance of brushing twice daily. Oral prophylaxis was done to 12

beneficiaries. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 2.01. Eight referrals to prosthodontics

<https://docs.google.com/document/d/1jtemCoRkf5hAQ0QfMJ8pvgLuXmUc5RGZ/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 20

Title of the Activity: Outreach camp, Park INN beach resort, ECR, Chennai 29.10.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingival diseases, periodontal diseases among resort workers. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 36 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 1.55.

https://docs.google.com/document/d/12iDDYfzWu329G17n1zNevbI46_ax051O/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true

ACTIVITY 21

Title of the Activity: Outreach camp, NULM Mission, Avadi 12.11.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and pre-cancerous lesions among the inmates of NULM, Avadi. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 27 were screened and health education was given on the importance of brushing twice daily. Oral prophylaxis was done to 3 beneficiaries. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 3.78

<https://docs.google.com/document/d/1f5bMFCdN709FmNf2GF7a45HBdHXtDioG/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 22

Title of the Activity: Outreach camp, NULM Mission, Thiruvallur 13.11.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and pre-cancerous lesions among the inmates of NULM, Thiruvallur. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 30 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 2.53

https://docs.google.com/document/d/1DP6ivj_u0KsKThh10PMYho5MROgIpTYr/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true

ACTIVITY 23

Title of the Activity: Outreach camp, FPL Automobiles, Chrompet 20.11.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingival diseases, periodontal diseases among automobile workers. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 25 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 1.55. Referral to orthodontics and prosthodontics

https://docs.google.com/document/d/1R6xXLXe_2MUvD4MhqhIgVZmnpwxwyaiM/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true

ACTIVITY 24

Title of the Activity: Outreach camp, Erayamangalam 27.11.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and precancerous lesions among the people of Erayamangalam. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 25 were screened and health

education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 1.55. Referral to orthodontics and prosthodontics

<https://docs.google.com/document/d/1Ua-0Bt10Hm5uupql-VyVIJ8HCEif5s3P/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 25

Title of the Activity: Outreach camp, Erayamangalam 27.11.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and precancerous lesions among the people of Erayamangalam. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 25 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 1.55. Referral to orthodontics and prosthodontics

<https://docs.google.com/document/d/1Ua-0Bt10Hm5uupql-VyVIJ8HCEif5s3P/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 26

Title of the Activity: Outreach Camp, Uriyur Elementary School 29.11.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingival diseases, periodontal diseases among elementary school students and teachers. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 91 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 1.41 with 51.6% prevalence of edentulousness. About 12 oral prophylaxis and 7 GIC restorations were done. Referral to prosthodontics

<https://docs.google.com/document/d/1K1X9cmv1MYV0tQu8ASX7DneASCoSPjza/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 27

Title of the Activity: Outreach Camp, Flextronics, Sriperumbudhur 03.12.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and pre-cancerous lesions among the workers of Flextronics. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 105 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 2.43. Referral to orthodontics and prosthodontics

<https://docs.google.com/document/d/1v7bbUcAhWT9hEcihFRVF7A4agYcYPAWU/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 28

Title of the Activity: Outreach Camp, Deviriyambakkam, Oragadam 04.12.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and precancerous lesions among the people of Deviriyambakkam. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 56 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 1.75. Referral to prosthodontics

https://docs.google.com/document/d/1sN1Vyy8BuOath_yL4aD69ILYSXWIIjBn/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true

ACTIVITY 29

Title of the Activity: Outreach Camp, Medimix company, Thirumazhisai 10.12.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and pre-cancerous lesions among the workers of Medimix company. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 92 were screened and health

education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 2.03. Referral to orthodontics and prosthodontics

<https://docs.google.com/document/d/1bgoTpsKhH0VEShtZqeFaM7T4itYfnhlw/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 30

Title of the Activity: Outreach Camp, Mumudibakkam, Thirumazhisai 11.12.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and precancerous lesions among the people of Mumudibakkam. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 116 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 2.89. Referral to prosthodontics

<https://docs.google.com/document/d/1-iaMeq1bYklxVA9fZZ1VoP0WB-jxSFu2/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 31

Title of the Activity: Outreach Camp, Vishnu Mahal, Nemili, Sriperumbudhur 14.12.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingival diseases, periodontal diseases among the people of Nemili. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 91 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 1.72 with 65% prevalence of edentulousness. About 25 oral prophylaxis and 10 GIC restorations were done. Referral to prosthodontics

<https://docs.google.com/document/d/1EckBYnacJmLKyi4efwnjkCFSDVPbwVSd/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 32

Title of the Activity: Outreach Camp, Pitchivakkam high school, Sriperumbudur 16.12.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingival diseases, periodontal diseases among high school students and teachers. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 86 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 1.87 with 52.5% prevalence of edentulousness. About 28 oral prophylaxis and 12 GIC restorations were done. Referral to orthodontics and prosthodontics

https://docs.google.com/document/d/1yp4EUeluLyM6cp_HbANkWkPJYI5Jy6Cp/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true

ACTIVITY 33

Title of the Activity: Outreach Camp, PODAVOOR, Sriperumbudur 17.12.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and precancerous lesions among the people of Podavur. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 65 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 1.38 with 51.2% prevalence of edentulousness. About 18 oral prophylaxis and 8 GIC restorations were done. Referral to Orthodontics & prosthodontics

<https://docs.google.com/document/d/1WRYfgnm0GWMuFbRjFEFINqN9BnzyfvNz/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 34

Title of the Activity: Outreach Camp, Mettucheri, Mappedu 20.12.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and precancerous lesions among the people of Mettucheri. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 105 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 2.69. Referral to prosthodontics

https://docs.google.com/document/d/1g73u13TI3hNp_hVEa_QULbO3HnR4m1LW/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true

ACTIVITY 35

Title of the Activity: Outreach Camp, Vallam, Sriperumbudur. 23.12.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and precancerous lesions among the people of Vallam. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 112 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 1.78 with 48.2% prevalence of edentulousness. About 27 oral prophylaxis and 15 GIC restorations were done. Referral to Orthodontics & prosthodontics

<https://docs.google.com/document/d/14Rw4TWZaTSKYppNvQA19egzudENJlvVc/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 36

Title of the Activity: Child and women welfare program 04.09.2021

Need of the Activity: Child and women welfare program

Brief Description (Need/Impact/Action/Picture (if any)): With a small initiative, we spread awareness on the problems faced by children and the ways to avoid it through Banner campaign and Interaction with the parents who were present.

https://drive.google.com/file/d/1AUUxgBbZ3nrpLxg6Wf6eLpItgddk_t3U/view?usp=sharing

ACTIVITY 37

Title of the Activity: Adhrav Illam 12.09.2021

Need of the Activity: Adhrav Illam

Brief Description (Need/Impact/Action/Picture (if any)): Collection of old clothes from people to provide to the homeless people and to the orphanage.

<https://drive.google.com/file/d/19a4kHvHJChUmQLEkwAc4ZOmK6pJ7YSX2/view?usp=sharing>

ACTIVITY 38

Title of the Activity: Marina beach 26.10.2021

Need of the Activity: A Legal Awareness programme on the Epidemic Act of India

Brief Description (Need/Impact/Action/Picture (if any)): A Legal Awareness programme on the Epidemic Act of India- 1897at Marina, Chennai, conducted On 26.10.2021. The objective of this programme was to prevent the spread of the disease or eradicate the disease . Hence to fulfill the above objective we are creating awareness and importance of wearing masks in public. We distributed free masks to the public and made Awareness about wearing the mask during covid.

https://drive.google.com/drive/folders/1a6TUAWN8dGbawGXxt7BuJcn_RH36pBce?usp=sharing

ACTIVITY 39

Title of the Activity: Horsely Hills, Madanapalli, Andhra Pradesh 23.10.2021

Need of the Activity: The legal awareness camp

Brief Description (Need/Impact/Action/Picture (if any)): The legal awareness camp was organized by the business law department on 23/10/2021 to Horsely Hills, Madanapalli, Andhra Pradesh. The students had interacted with the farmers cultivating tomatoes near Madanapalli. The students also prepared a questionnaire and conducted a survey with the farmers regarding their rights and liabilities. The students have got the knowledge about the lack of implementation of the law in rural parts of India. It was seen that there were no advocates in the town and they were having no knowledge about the financial assistance given by the government. The second survey was conducted in Horsely Hills with the residents in which similar responses were found. This

session was very helpful to the students as well as faculty for knowing the practical implication, reality of the society.

https://drive.google.com/file/d/1THZIUq_cs-ShhTALru6-faNeYhxqj5bd/view?usp=sharing

ACTIVITY 40

Title of the Activity: Srikalahasthi PVT ltd 22.10.2021

Need of the Activity: Industrial visit

Brief Description (Need/Impact/Action/Picture (if any)): As the proverb goes “ The Logic Can Take You From A To B , But Imagination Can Take You Anywhere” it perfectly corroborates to the magnificent creations of Law Students which have been built by the admirers of law following their creative insight and to make them abreast with the practical side of their coursework, a site visit was conducted to SriKalahasthi Pipes Limited, Andhra Pradesh by Business law Department . AIM of Industrial Visit: Industrial visit is considered as one of the tactical methods of teaching. The main reason behind this- it lets students know things practically through interaction, working methods and employment practices. Moreover, it gives exposure from an academic point of view. Main aim of industrial visits is to provide an exposure to students about the practical working environment .They also provide students a good opportunity to gain full awareness about industrial practices. Through industrial visits students get awareness about new technologies. Technology development is a main factor, about which a student should have a good knowledge. Details of Industrial Visit are as below: 1) Faculty Name: S.P Vidyasree ;Head of the Department ,Ms. Koppolu Chaitra , Mr. Suresh Babu Sir. 2) Duration 11.00 AM to 6.00 P.M 3) Totally 30 Students accompanied for this visit with 3 faculty . 4) Slot A students were Taken for the Industrial Visit Description of the Visit: OUTCOME OF THE VISIT: • Information Regarding the Company and structuration of company • The technology and the equipment used for making the Ductile Pipe. • Knowledge about the practical Application of the concept of Corporate social Responsibility. • The various processes involved in making the hazardous process was discussed . The Rights and liabilities of employees were discussed. • Discussion on the difficulties faced and possible solutions to overcome these difficulties was held. Program outcome • The industrial visit with an introductory section which gives an immense knowledge manufacturing procedure of ductile pipes. The introductory section was given by the HR department of the company along with a PPT presentation. • During this session the students and the faculty got aware about the hazardous procedures that have been conducted in seven plants in the industry. • The questions were raised by the students and the

faculties about the waste disposal and gasses which are emitted to the environment to which apt answers were given by the head of the HR department that they have a separate plant to treat the waste disposal from the industry that is called as sewage plant. • An innovative initiative taken by the industry was starting a sewage plant which collects the waste water throughout the city of Kalahasti and recycles it for their industrial use. • The students came to know about the legal department which works for the industry and have got the knowledge about the working style of the legal department in a public limited company. • The introductory program was followed by lunch provided by the industry management followed by a complete industrial tour which gave a practical exposure to the students about the hazardous process involved and risk that employees state every day to do the manufacturing process. • The students and faculty brought the practical knowledge of company law and implication of environmental law along with labour law. • After the visit vote of thanks was given by the HR department manager and Saveetha School of Law extended its gratitude towards the company for giving this opportunity for the students and as well as the faculty.

<https://drive.google.com/file/d/1LBt66MalQnBSBM0ANp0DnuSRspnIql3E/view?usp=sharing>

ACTIVITY 41

Title of the Activity: legal awareness camp 22.11.2021

Need of the Activity: Sembarambakkam legal awareness

Brief Description (Need/Impact/Action/Picture (if any)): The objective of this Programme is to legal awareness among govt high school at sembarambakkam and local villages, On 22/11/2021, A Legal awareness camp organised by Department of Criminal Law at sembarambakkam to give awareness on child labour, remote areas women development, importance of legal education, womens right, health awareness, womens self development business. students explained to 9th and 10th std students of Govt high school sembarambakkam.

<https://docs.google.com/document/d/1dEXwXV6bnXiEIXMyCKiFFcJkvXHjSO2LrYKNIKVD5uw/edit?usp=sharing>

ACTIVITY 42

Title of the Activity: Legal awareness camp on human rights 10.12.2021

Need of the Activity: BRINDHAVAN OLD AGE HOME at valasaravakkam

Brief Description (Need/Impact/Action/Picture (if any)): Dept of Constitutional law, Legal awareness programme on Human rights. On account of Human rights day (10.12.21), we organized a legal awareness programme in BRINDHAVAN OLD AGE HOME at valasaravakkam. Above said old age home consists of 40-45 old age people. We had an interacting session with them explaining the existing human rights of vulnerable groups. Students explained in person and listened to their grievances. It was a very useful programme for students. We Provided lunch and other provisions on behalf of Saveetha school of law.

https://drive.google.com/drive/folders/1tM0oKSRmqoWUbTM3u_NCvE2Lx9M-rZix?usp=sharing

ACTIVITY 43

Title of the Activity: Legal awareness camp on women rights 17.12.2021

Need of the Activity: Kondacheri Village , Thiruvallur District-Legal awareness

Brief Description (Need/Impact/Action/Picture (if any)): The Management department of Saveetha school of Law organized a Legal awareness campaign at Kondacheri Village , Thiruvallur District on 17.12.2021. The objective of the programme was to make the village women's aware of their rights. Our students had interacted with Village womens and explained about women's rights, Fundamental Rights, Private defense in IPC , Labour Laws, Cyber Crime , Legal aid, Saveetha Law firm...Etc. It was seen that village women don't have knowledge even about their basic rights. The village women have asked many doubts and it was cleared by our students and Faculty coordinators. Then we went to Government school in the same village and our students gave awareness to the school students about good touch, bad touch, Problems related to mobile usage and career opportunities in Legal field. Totally the legal awareness campaign was very useful to our students as well as village people. Our students got a very good experience through interacting with village people.

<https://drive.google.com/file/d/1mtRS2MKcWQKzrTY2mS-X2WiXNgGUTK7f/view?usp=sharing>

ACTIVITY 44

Title of the Activity: Legal awareness camp 11.12.2021

Need of the Activity: Government Museum in Egmore- Legal awareness

Brief Description (Need/Impact/Action/Picture (if any)): Business law department of Saveetha

School of Law, organized a field visit programme on 11.12.2021 (Saturday) to Government Museum in Egmore, Chennai. 60 students along with 3 faculty coordinators visited the museum on 11.12.2021 . This visit gave a way for students to learn about historical importance and also the insight knowledge about history on law perspective

<https://drive.google.com/file/d/1TTI38cMebUVi3UvOXwdbOOLAHegaacew/view?usp=sharing>

ACTIVITY 45

Title of the Activity: Blood donation camp 09.09.2021

Need of the Activity: Donating blood for the cause

Brief Description (Need/Impact/Action/Picture (if any)): It Is Not Just About Giving Blood, But It Is An Act Of Kindness That Saves The Lives Of Hundreds Of People. Rotaract club of Saveetha School of Management in association with UBA , Rotaract Club of Saveetha school of Physiotherapy and Saveetha Medical College & Hospitals organised 'Kuruthi' a blood donation camp on September 9, 2021. Around 50 members including students and staff of SIMATS have donated their blood.

<https://drive.google.com/file/d/17FQVtcD4pRDR0HDpH1QJKH4v9OCptl6i/view?usp=sharing>

https://drive.google.com/file/d/16zqX1EAJ8MTg_BcBZ7OL5nXEqP8q1VR4/view?usp=sharing

ACTIVITY 46

Title of the Activity: Nutrition Week 01.09.2021

Need of the Activity: To spread awareness about the importance of nutrition

Brief Description (Need/Impact/Action/Picture (if any)): Rotaract club of Saveetha School of Management in association with UBA observed Nutrition Week - NUTRO from September 1 to September 7, 2021. Each day they took one fruit or vegetable and provided information on vitamins, minerals, carbohydrates and other nutrients in it through posters. Through this initiative, people were educated about the nutrients in food to lead a healthy life.

https://drive.google.com/file/d/1n-kMzWqMgvudT9Ns08xCqHBB6l_d8fLl/view?usp=sharing

ACTIVITY 47

Title of the Activity: World First Aid Day 14.09.2021

Need of the Activity: To give awareness about first aid

Brief Description (Need/Impact/Action/Picture (if any)): First aid is an important tool in quickly responding to accidents to ensure that injuries can be promptly dealt before a trained medical professional arrives to administer more specialised treatment. Rotaract club of Saveetha School of Management in association with UBA organised 'PAULEARS' on 14.09.2021 in accordance with World First Aid Day. Dr. C.R.Ramachandran MBBS.,M.D., FCT., was invited as the guest speaker for this event. He shared about the first aid practices to be followed and how to do that. Around 90 people attended the webinar.

https://drive.google.com/file/d/1mOLkfh008jBPdzvJ_z0itP8jTI7o3pUP/view?usp=sharing

ACTIVITY 48

Title of the Activity: Setting up library 25.09.2021

Need of the Activity: Donate books for school children

Brief Description (Need/Impact/Action/Picture (if any)): Rotaract Club of Saveetha School of Management in association with UBA donated racks and books for the students at Panchayat Union school, karana. The students and faculty of SSM visited the place and set up a library for them and also games were conducted for the students on 25.09.2021.

https://drive.google.com/file/d/19twIO_5YiT4V2zEQsUOK_2-TW1N1p5tF/view?usp=sharing

<https://drive.google.com/file/d/1IGB4iJJVshNgm6AwJ84gMOW880C0Zxmt/view?usp=sharing>

ACTIVITY 49

Title of the Activity: Fundraising event 24.10.2021

Need of the Activity: To raise funds for cancer patients to make wigs for them, in cost effective manner

Brief Description (Need/Impact/Action/Picture (if any)): Rotaract club of Saveetha School of Management sponsored by Rotaract club of Chennai Mithra along with UBA organised the district

Rotaract cultural event "Whistle Podu" on 24.10.2021. This event was organised to raise funds for cancer patients to make wigs for them, in a cost effective manner. Many on and off stage cultural events happened in MM convention centre, SIMATS. More than 2000 student Rotaractors from various colleges participated and made the event into a grand success. Dr. Prasanna Sivanandham Dean, SSM along with many rotarians and Rotaractors graced the occasion.

<https://drive.google.com/file/d/1wZEjxpZYERj1NzofLnoOVawR1ENkrJcJ/view?usp=sharing>

ACTIVITY 50

Title of the Activity: Fundraising event for refugee kids of Srilanka 30.10.2021

Need of the Activity: To raise funds for refugee kids

Brief Description (Need/Impact/Action/Picture (if any)): Rotaract Club of Saveetha School of Management Sponsored by Rotary Club of Chennai Mitra along with UBA hosted the event FUNDEMIC along with Rotaract club of Chennai towers. Fundemic- A platform for budding artists to portray their talents while raising funds for the education of kids who lost their parents due to COVID & to provide school kits for srilankan refugee kids.

<https://drive.google.com/drive/folders/1b7oZCOUjeLxPF3Iw0hiAdfrXIYYru4bm?usp=sharing>

ACTIVITY 51

Title of the Activity: Dreamz 05.12.2021

Need of the Activity: visit to children home

Brief Description (Need/Impact/Action/Picture (if any)): The Rotaract club of Saveetha school of Management along with Rotaract club of Green Galaxy and Rotaract club of Madras Millennia in association with UBA organised "Dreamz" at Saranalaya Children Home on 05/12/2021. It is an initiative to make the dreams come true for the kids who have great desires and ambitions in their life. The team conducted various events such as movie, playing games and also lunch was provided

https://drive.google.com/file/d/1FazCWSq5U7qDHa1Vg_8ks0tar1UPo-y7/view?usp=sharing

ACTIVITY 52

Title of the Activity: national seminar 9.12.2021

Need of the Activity: seminar on women empowerment

Brief Description (Need/Impact/Action/Picture (if any)): On 9-12-2021 and 10-12-2021 , two days national seminar on “Women Empowerment at work during social distancing” was organised for the students of SSM at Decennial hall, Saveetha Dental college campus. The guest speaker was Ms. Kalyani Hariharan, Director- Metamorphosis- Learning Institute for Empowerment and Founder and Managing Trustee, Varam Foundation who was enthusiastic in explaining the students about women empowerment and how women are developing in their careers. She came up with activities and made the students come on the stage and share their thoughts about women empowerment. The resource person for day 2 was Dr.K.Sangeetha, Assistant professor, The Tamilnadu Dr.Ambedkar Law University Chennai. She explained about women empowerment during social distancing. She explained about How to empower and how to face the challenges. She also explained about certain laws related to the welfare of women.

<https://drive.google.com/file/d/1oQzkKm6DsNHXN4J1F8kAAxffmlhF6L2B/view?usp=sharing>

ACTIVITY 53

Title of the Activity: Kudaikul nadai 18.12.2021

Need of the Activity: To donate the umbrellas

Brief Description (Need/Impact/Action/Picture (if any)): We the Rotaract club of Saveetha school of Management sponsored by Rotaract club of Chennai Mitra RID-3232 along with UBA, taken an initiative to donate the umbrellas to the needy. It is a token of love, support and respect to the people who were affected in the recent floods in Tamilnadu. The Student rotaractors and staff of saveetha school of management donated umbrellas to the needy. Seeing the happiest face of the people while they get umbrellas is a more blessing and happiest feeling than any other.

<https://drive.google.com/file/d/1oW2jvJ1p1iobjp8qlXsXR3cGKgL9gS1P/view?usp=sharing>

ACTIVITY 54

Title of the Activity: Jingle bells -The Christmas bazaar 21.12.2021

Need of the Activity: Christmas bazaar

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha School of Management has organised 'Jingle Bells'- the Christmas Bazaar. This one day Entrepreneurial activity aimed to empower our budding entrepreneurs to gain hands-on experience on starting and running a business. The investment, marketing, managing and sales were taken care of completely by the students themselves and 2% percentage of profit they gained out from this business have contributed for the development of the adopted village.

https://drive.google.com/file/d/1VV1YUsTRv0_t5SgTleZ7uFalatXvAb2m/view?usp=sharing

ACTIVITY 55

Title of the Activity: Kuruthi 2.0 22.12.2021

Need of the Activity: Blood donation

Brief Description (Need/Impact/Action/Picture (if any)): The Rotaract Club of Saveetha school of management in association with Rotaract club of Saveetha college for Physiotherapy and Saveetha Medical College & Hospitals and UBA organised for a blood donation camp "KURUTHI 2.0" at Saveetha Dental college campus. The event was inaugurated by Mr.Kamuvel ,District Rotract Representative, Mr.Sathish ,Youth Service Director and Dr.Prasanna Sivanandam ,Dean of SSM. Initially the volunteers were checked for their height, weight and haemoglobin level. Based on which the eligible volunteers were chosen and blood was collected. Juice and certificates were provided to those who donated blood. 110 units of blood was collected at the end of the day. The students came forward willingly to donate blood and to play a key role in saving lives.

<https://drive.google.com/drive/folders/1CQ2eCtLknzT6RD5C2kVm0ZPM8AGC6NxS?usp=sharing>

ACTIVITY 56

Title of the Activity: Health education on proper nutrition and dietary practices for Diabetes Mellitus and Hypertension 03.09.2021

Need of the Activity: In view of 'National Nutrition Week'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 20 beneficiaries regarding proper nutrition and dietary approach to control and prevent Diabetes Mellitus and Hypertension at UHTC, Thirumazhisai

<https://drive.google.com/file/d/169mzCMIgPdN9KeT0hU3itJgJp9-Z8Bw5/view?usp=sharing>

ACTIVITY 57

Title of the Activity: COVID - 19 vaccination camp 04.09.2021

Need of the Activity: Vaccine against COVID - 19 helps in prevention of severe form of disease and also reduces the burden of the disease on the health system

Brief Description (Need/Impact/Action/Picture (if any)): COVID - 19 vaccine (Covishield) was given to 90 beneficiaries at Saveetha Urban Health Training Centre, Thirumazhisai in collaboration with Government Primary Health Care Centre. Both 1st and 2nd dose was given according to eligibility

<https://drive.google.com/file/d/1yGz5hDMOYPOVbOgwjmqrihlgVmq66rhW/view?usp=sharing>

ACTIVITY 58

Title of the Activity: General health camp 06.09.2021

Need of the Activity: To screen for common prevalent disease and to treat common diseases helps in preventing mortality and morbidity

Brief Description (Need/Impact/Action/Picture (if any)): A general health camp along with dental, ophthalmology, ENT and physiotherapy was conducted at Alpha Security Instruments Private Limited by UHTC, Thirumazhisai and 65 beneficiaries were screened, treated and referred.

https://drive.google.com/file/d/1KBUDl_atU8kMVEHfoYhbU6hVbtNjMMnh/view?usp=sharing

ACTIVITY 59

Title of the Activity: Health education on importance of COVID - 19 vaccination 06.09.2021

Need of the Activity: Vaccination against COVID - 19 is one of the most important step towards

prevention of the disease and controlling the pandemic

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding importance of COVID - 19 vaccination was given to 65 beneficiaries of Alpha Security Instruments Private Limited by UHTC, Thirumazhisai

https://drive.google.com/file/d/1yHhrBGS_5ljBeirdHVzsPxYL-fsQlWfE/view?usp=sharing

ACTIVITY 60

Title of the Activity: Health education on importance of COVID - 19 vaccination 07.09.2021

Need of the Activity: Vaccination against COVID - 19 is one of the most important step towards prevention of the disease and controlling the pandemic

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding importance of COVID - 19 vaccination was given to 200 beneficiaries at Government Girls Higher Secondary School, Keelmanambedu by UHTC, Thirumazhisai

<https://drive.google.com/file/d/12dqH2LKXaOYXGTyQfAhMnM3FzJ7HRBid/view?usp=sharing>

ACTIVITY 61

Title of the Activity: Health education on importance of COVID - 19 vaccination 15.09.2021

Need of the Activity: Vaccination against COVID - 19 is one of the most important step towards prevention of the disease and controlling the pandemic

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding importance of COVID - 19 vaccination was given to 173 beneficiaries at Government Boys Higher Secondary School, Thirumazhisai by UHTC, Thirumazhisai

<https://drive.google.com/file/d/1yr1qidGUkFzIN4v-Dbr7G1xW6JXNq5TG/view?usp=sharing>

ACTIVITY 62

Title of the Activity: Health education on Depression and Suicide prevention 15.09.2021

Need of the Activity: In view of 'World Suicide Prevention Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given regarding signs and symptoms of Depression and methods to identify it along with suicide prevention was given to 10 beneficiaries attending NCD clinic in RHTC, Mappedu village

<https://drive.google.com/file/d/1j1kNJ9reZnz2NdgSiHPKz9luiXHSUJG1/view?usp=sharing>

ACTIVITY 63

Title of the Activity: Health education on Depression and Suicide prevention 17.09.2021

Need of the Activity: In view of 'World Suicide Prevention Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given regarding signs and symptoms of Depression and methods to identify it along with suicide prevention was given to 20 beneficiaries attending NCD clinic in UHTC, Thirumazhisai

<https://drive.google.com/file/d/1G30slQVE3eDEGH271G2-IE4u34znE9zV/view?usp=sharing>

ACTIVITY 64

Title of the Activity: General Health Camp 18.09.2021

Need of the Activity: To screen for common prevalent disease and to treat common diseases helps in preventing mortality and morbidity

Brief Description (Need/Impact/Action/Picture (if any)): A general health camp along with dental, ophthalmology, ENT and physiotherapy was conducted at CSI Church, Nungambakkam and 130 beneficiaries were screened, treated and referred

https://drive.google.com/file/d/1ZXiahvDPJPJ9lBdYvfKYHERF_D5x6dsf/view?usp=sharing

ACTIVITY 65

Title of the Activity: Health education on Patient Safety and reducing patient harm 22.09.2021

Need of the Activity: In view of 'World Patient Safety Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 10 beneficiaries regarding different methods to reduce patient harm and increase patient safety at RHTC, Mappedu

https://drive.google.com/file/d/1_QCk1P1F2DwnYH7fprHFUNkrBS4KTCIN/view?usp=sharing

ACTIVITY 66

Title of the Activity: COVID - 19 vaccination camp 23.09.2021

Need of the Activity: Vaccine against COVID - 19 helps in prevention of severe form of disease and also reduces the burden of the disease on the health system

Brief Description (Need/Impact/Action/Picture (if any)): COVID - 19 vaccine was given to 77 workers at Borg Werner Industries Private Limited, SIPCOT, Sriperumbudur. 1st and 2nd dose was given accordingly based on eligibility

https://drive.google.com/file/d/1xOU6m4t_90lcRYSplLkU_1qefat3W0sJ/view?usp=sharing

ACTIVITY 67

Title of the Activity: Health education on Rabies and demonstration of first aid immediately after a dog bite 24.09.2021

Need of the Activity: In view of 'World Rabies Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding Rabies and demonstration of first aid to be given immediately after a dog bite was given to 20 beneficiaries at UHTC, Thirumazhisai

https://drive.google.com/file/d/1Eu9DV6XIUM5jxxws0i_Jr5blwMCB37mT/view?usp=sharing

ACTIVITY 68

Title of the Activity: COVID - 19 vaccination camp 24.09.2021

Need of the Activity: Vaccine against COVID - 19 helps in prevention of severe form of disease and also reduces the burden of the disease on the health system

Brief Description (Need/Impact/Action/Picture (if any)): COVID - 19 vaccines were given to 106 workers at Borg Warner Industries Private Limited, SIPCOT, Sriperumbudur. 1st and 2nd dose was given accordingly based on eligibility

https://drive.google.com/file/d/1ntKXnTmjWyl_E9upUg8Pr9bETqvGkY4W/view?usp=sharing

ACTIVITY 69

Title of the Activity: Health camp to check capillary blood glucose level 29.09.2021

Need of the Activity: In view of 'World Heart Day'

Brief Description (Need/Impact/Action/Picture (if any)): On occasion of World Heart Day and as a part of Asia Book of Records in association with Research Society for a study on Diabetes in India – One Nation One Day Million Tests , capillary blood glucose level was checked for 137 people coming to UHTC, Thirumazhisai

https://drive.google.com/file/d/1XMcf_lnMRT8x6RIusnyuGwMHGgxJY45w/view?usp=sharing

ACTIVITY 70

Title of the Activity: COVID - 19 vaccination camp 01.10.2021

Need of the Activity: Vaccine against COVID - 19 helps in prevention of severe form of disease and also reduces the burden of the disease on the health system

Brief Description (Need/Impact/Action/Picture (if any)): COVID - 19 vaccines were given to 211 workers at Borg Warner Industries Private Limited, SIPCOT, Sriperumbudur. 19 workers were given 1st dose and rest 192 were given 2nd dose.

<https://drive.google.com/file/d/1BB405fM4M48TioYCX29ic2YTho6z2CIW/view?usp=sharing>

ACTIVITY 71

Title of the Activity: COVID - 19 vaccination camp 01.10.2021

Need of the Activity: Vaccine against COVID - 19 helps in prevention of severe form of disease and also reduces the burden of the disease on the health system

Brief Description (Need/Impact/Action/Picture (if any)): COVID - 19 vaccines were given to 279 workers at CTTI Corporate, SIPCOT, Oragadam. All the beneficiaries were given 2nd dose.

https://drive.google.com/file/d/1khw_syw3wGD35jh9VKR_fGHoikyZtugJ/view?usp=sharing

ACTIVITY 72

Title of the Activity: Health education on Blood Donation 01.10.2021

Need of the Activity: In view of 'National Voluntary Blood Donation Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 7 beneficiaries about importance of blood donations and safety ways for blood donation at UHTC, Thirumazhisai

https://drive.google.com/file/d/1Jg4fXCRMpVGP9fkAuvtqHq8a_INSJaBh/view?usp=sharing

ACTIVITY 73

Title of the Activity: COVID - 19 vaccination camp 15.10.2021

Need of the Activity: Vaccine against COVID - 19 helps in prevention of severe form of disease

and also reduces the burden of the disease on the health system

Brief Description (Need/Impact/Action/Picture (if any)): COVID - 19 vaccines were given to 134 workers at CTTI Corporate, SIPCOT, Oragadam. All the beneficiaries were given 2nd dose.

<https://drive.google.com/file/d/1fGmyHXJD39FEzRYwIi-YiP5DZDqMXKN7/view?usp=sharing>

ACTIVITY 74

Title of the Activity: Health education on importance of hand washing 20.10.2021

Need of the Activity: Hand washing is an important aspect in the prevention of COVID - 19 and other diseases and proper teaching proper technique is of paramount importance

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding the importance of handwashing was given to 10 beneficiaries at RHTC, Mappedu. It was followed by a demonstration of proper hand washing techniques.

https://drive.google.com/file/d/16wWTjye-4XlI20gGS7o_6s7-dqs2kiqZ/view?usp=sharing

ACTIVITY 75

Title of the Activity: Dengue Awareness Program in collaboration with NEMAM PHC 21.10.2021

Need of the Activity: Dengue Awareness Program in collaboration with NEMAM PHC

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 70 general public and MNREGA workers at Melmanambedu, Thirumazhisai about Dengue and later pamphlets were distributed containing awareness regarding Dengue in collaboration with NEMAM PHC

<https://drive.google.com/file/d/1fTD5-GZSmhmxKK9FR-aIopebRRBQKmOg/view?usp=sharing>

ACTIVITY 76

Title of the Activity: UBA village survey - Erayamangalam 26.10.2021

Need of the Activity: Survey of the households of the village helps in understanding the village better and hence necessary interventions to improve the quality of life of the people can be provided

Brief Description (Need/Impact/Action/Picture (if any)): As a part of UBA village survey 22 houses were surveyed in Erayamangalam village

<https://drive.google.com/file/d/11-Qmy488qt3fyAPTiG10TkLsnRw1L5OI/view?usp=sharing>

ACTIVITY 77

Title of the Activity: Health education on Iodine deficiency disorders in collaboration with NEMAM PHC 27.10.2021

Need of the Activity: Iodine deficiency disorders are one of the most common diseases among females

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 68 MNREGA workers at Melmanambedu, Thirumazhsai in collaboration with NEMAM PHC

https://drive.google.com/file/d/1PB2dZYMGYaHk_BPlkwbEhH7aU7DQEwwC/view?usp=sharing

ACTIVITY 78

Title of the Activity: General Health Camp 28.10.2021

Need of the Activity: To screen for common prevalent disease and to treat common diseases helps in preventing mortality and morbidity

Brief Description (Need/Impact/Action/Picture (if any)): A general health camp along with Dental, Ophthalmology, OBG and Physiotherapy check-up was done to 159 workers at Dhoot Transmission Private Limited at Polivakkam near Mappedu

ACTIVITY 79

Title of the Activity: Health education on Osteoporosis 29.10.2021

Need of the Activity: Osteoporosis is one of the common problems among old age especially women. Prevention of osteoporosis and treatment is important

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 12 beneficiaries about signs and symptoms of osteoporosis, its management and prevention at UHTC, Thirumazhisai

https://drive.google.com/file/d/1NsNIFwuBt5VcrOTz1ln9dqwZ3tKNQ1O_/view?usp=sharing

ACTIVITY 80

Title of the Activity: UBA village survey - Eraiyamangalam 29.10.2021

Need of the Activity: Survey of the households of the village helps in understanding the village better and hence necessary interventions to improve the quality of life of the people can be provided

Brief Description (Need/Impact/Action/Picture (if any)): As a part of the UBA village survey 26 houses were surveyed in Eraiyamangalam village

https://drive.google.com/file/d/18juNubj15p7UF6_5-RuW-aG-iKtStOxJ/view?usp=sharing

ACTIVITY 81

Title of the Activity: COVID - 19 vaccination camp 30.10.2021

Need of the Activity: Vaccine against COVID - 19 helps in prevention of severe form of disease and also reduces the burden of the disease on the health system

Brief Description (Need/Impact/Action/Picture (if any)): COVID - 19 vaccines were given to 57

workers at Borg Werner Industries Private Limited, SIPCOT, Mambakkam. 02 workers were given 1st dose and the rest 55 were given 2nd dose.

<https://drive.google.com/file/d/1JgkzCjpn33A8yuf95hS32q15bA1Aejq/view?usp=sharing>

ACTIVITY 82

Title of the Activity: Health education on importance of breastfeeding 03.12.2021

Need of the Activity: Breastfeeding is important for newborns up to 6 months of age

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 13 beneficiaries regarding the importance of breastfeeding at UHTC, Thirumazhisai

https://drive.google.com/file/d/1hnMeXDXaHMoTCBqfuS_GvHYqbPWFAf1K/view?usp=sharing

ACTIVITY 83

Title of the Activity: COVID - 19 vaccination camp 04.12.2021

Need of the Activity: Vaccine against COVID - 19 helps in prevention of severe form of disease and also reduces the burden of the disease on the health system

Brief Description (Need/Impact/Action/Picture (if any)): COVID - 19 vaccine was given to 72 beneficiaries at Saveetha Urban Health Centre, Thirumazhisai. Beneficiaries were given 1st and 2nd doses accordingly.

<https://drive.google.com/file/d/14RacxCbSKYyYPI9-hNwoDv8qQA3r9CFa/view?usp=sharing>

ACTIVITY 84

Title of the Activity: Health education on Diabetes Mellitus 10.12.2021

Need of the Activity: Diabetes Mellitus is one of the most common Non-communicable diseases affecting the majority of the population. Hence it is important to know about the diseases

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 15 beneficiaries regarding the signs and symptoms of Diabetes Mellitus and its management and prevention at UHTC, Thirumazhisai

<https://drive.google.com/file/d/10Dot6BiKkAdGFK3IANRcloNCo9spYD7t/view?usp=sharing>

ACTIVITY 85

Title of the Activity: Health education on Diabetes Mellitus 15.12.2021

Need of the Activity: Diabetes Mellitus is one of the most common Non-communicable diseases affecting the majority of the population. Hence it is important to know about the diseases

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 14 beneficiaries regarding the signs and symptoms of Diabetes Mellitus and its management and prevention at RHTC, Mappedu

<https://drive.google.com/file/d/1El11kottoRS6zrv8Q6VeWnzmkLFQwMXL/view?usp=sharing>

ACTIVITY 86

Title of the Activity: Health education on Diabetes Mellitus 17.12.2021

Need of the Activity: Diabetes Mellitus is one of the most common Non-communicable diseases affecting the majority of the population. Hence it is important to know about the diseases

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 08 beneficiaries regarding the signs and symptoms of Diabetes Mellitus and its management and prevention at UHTC, Thirumazhisai

https://drive.google.com/file/d/1WO6606asf_omGPqWYXT7risdSb4xuMDp/view?usp=sharing

ACTIVITY 87

Title of the Activity: General Health Camp 20.12.2021

Need of the Activity: To screen for common prevalent disease and to treat common diseases helps in preventing mortality and morbidity

Brief Description (Need/Impact/Action/Picture (if any)): A general health camp along with a Dental check-up was done to 55 beneficiaries in Metucheri near Thirumazhisai. Basic drugs were distributed with necessary treatment and referral services were also provided

https://drive.google.com/file/d/1dQ5Tj2N0L1COkpLs5864Mom3SMNn_671/view?usp=sharing

ACTIVITY 88

Title of the Activity: UBA village survey - Erayamangalam 21.12.2021

Need of the Activity: Survey of the households of the village helps in understanding the village better and hence necessary interventions to improve the quality of life of the people can be provided

Brief Description (Need/Impact/Action/Picture (if any)): As a part of the UBA village survey 22 houses were surveyed in Erayamangalam village

https://drive.google.com/file/d/18juNubj15p7UF6_5-RuW-aG-iKtStOxJ/view?usp=sharing

ACTIVITY 89

Title of the Activity: Health education on Hypertension 22.12.2021

Need of the Activity: Hypertension is one of the most common Non-communicable diseases affecting the majority of the population. Hence it is important to know about the diseases

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 09 beneficiaries regarding the signs and symptoms of Hypertension and its management and prevention at RHTC, Mappedu

ACTIVITY 90

Title of the Activity: UBA village survey - Erayamangalam 22.12.2021

Need of the Activity: Survey of the households of the village helps in understanding the village better and hence necessary interventions to improve the quality of life of the people can be provided

Brief Description (Need/Impact/Action/Picture (if any)): As a part of the UBA village survey 20 houses were surveyed in Erayamangalam village

https://drive.google.com/file/d/1vUjy1VemgPTJwA5O11kpyoq-_uDBTl44/view?usp=sharing

ACTIVITY 91

Title of the Activity: UBA village survey - Erayamangalam 23.12.2021

Need of the Activity: Survey of the households of the village helps in understanding the village better and hence necessary interventions to improve the quality of life of the people can be provided

Brief Description (Need/Impact/Action/Picture (if any)): As a part of the UBA village survey 29 houses were surveyed in Erayamangalam village

<https://drive.google.com/file/d/1cD-IMSvrrqrtVdhYAEAYVulqWMLWNwI2/view?usp=sharing>

ACTIVITY 92

Title of the Activity: UBA village survey - Erayamangalam 24.12.2021

Need of the Activity: Survey of the households of the village helps in understanding the village better and hence necessary interventions to improve the quality of life of the people can be provided

Brief Description (Need/Impact/Action/Picture (if any)): As a part of the UBA village survey 41 houses were surveyed in Erayamangalam village

ACTIVITY 93

Title of the Activity: UBA village survey - Erayamangalam 27.12.2021

Need of the Activity: Survey of the households of the village helps in understanding the village better and hence necessary interventions to improve the quality of life of the people can be provided

Brief Description (Need/Impact/Action/Picture (if any)): As a part of the UBA village survey 25 houses were surveyed in Erayamangalam village

https://drive.google.com/file/d/1Je7gfYBgQ20q3INsPdCf-F6_tEPdouC5/view?usp=sharing

ACTIVITY 94

Title of the Activity: UBA village survey - Erayamangalam 28.12.2021

Need of the Activity: Survey of the households of the village helps in understanding the village better and hence necessary interventions to improve the quality of life of the people can be provided

Brief Description (Need/Impact/Action/Picture (if any)): As a part of the UBA village survey 15 houses were surveyed in Erayamangalam village

<https://drive.google.com/file/d/1DYHAFpqcW9FjLS3BqNYTD8uuVxkxcQy/view?usp=sharing>

ACTIVITY 95

Title of the Activity: Health education on Cardiovascular diseases 31.12.2021

Need of the Activity: Cardiovascular disease is one of the most common Non-communicable diseases affecting the majority of the population. Hence it is important to know about the diseases

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 15 beneficiaries regarding the signs and symptoms of Cardiovascular disease and its management and

prevention at UHTC, Thirumazhisai

<https://drive.google.com/file/d/1r2GnfOpLuKmxCdoUQRWMM9CPVe3gobYW/view?usp=sharing>

ACTIVITY 96

Title of the Activity: NCD clinic Every week on Wednes

day (September - December 2021)

Need of the Activity: Reduction in mortality and hospitalisation due to diabetes, hypertension and acute cardiovascular/ cerebro -vascular diseases.

Brief Description (Need/Impact/Action/Picture (if any)): Weekly NCD Clinic, Beneficiaries - RHTC (289 includes follow-up cases); Activities - Opportunistic Screening, Consultation and Treatment, Lifestyle modification counselling and follow up

https://drive.google.com/file/d/1TTZSTovLMuSRZD_POqUR3KMF046xRK_a/view?usp=sharing

ACTIVITY 97

Title of the Activity: NCD clinic Every week on Friday (September - December 2021)

Need of the Activity: Reduction in mortality and hospitalisation due to diabetes, hypertension and acute cardiovascular/ cerebro -vascular diseases.

Brief Description (Need/Impact/Action/Picture (if any)): Weekly NCD Clinic, Beneficiaries - UHTC (609 includes follow-up cases); Activities - Opportunistic Screening, Consultation and Treatment, Lifestyle modification counselling and follow up

<https://drive.google.com/file/d/1nExO7miihUSHJ1TRGT4gFpqcqmtRr0q1/view?usp=sharing>

ACTIVITY 98

Title of the Activity: Yoga session Every week on Wednesday (September - December 2021)

Need of the Activity: Yoga helps in enhancing both physical and mental health.

Brief Description (Need/Impact/Action/Picture (if any)): Yoga session was conducted on every Wednesday to patients attending NCD clinic in Saveetha Rural Health Center, Mappedu to reduce the mental stress due to the chronic disease and to increase physical activity which helps in controlling the disease by Yoga experts through teleconsultation.

<https://drive.google.com/file/d/1eLtzsrxerlpM2YCztPi5oigyvyjy5ajV/view?usp=sharing>

ACTIVITY 99

Title of the Activity: Yoga session Every week on Friday (September - December 2021)

Need of the Activity: Yoga helps in enhancing both physical and mental health.

Brief Description (Need/Impact/Action/Picture (if any)): Yoga session was conducted on every Friday to patients attending NCD clinic in Saveetha Urban Health Center, Thirumazhisai to reduce the mental stress due to the chronic disease and to increase physical activity which helps in controlling the disease by Yoga experts through teleconsultation.

<https://drive.google.com/file/d/1jw8DOCPX844Ft1j8pBCdluYdiuZ22bMy/view?usp=sharing>

ACTIVITY 100

Title of the Activity: Rural Start up (Recycling and upcycling of Elements of Houses like doors, windows, pillars - Report) 24.09.2021

Need of the Activity: Recycling and Reuse

Brief Description (Need/Impact/Action/Picture (if any)): Rural homes are built from various building materials such as wood, sand, bricks, concrete, thatch roofs made using coconut tree fibre, bamboo poles, mud etc. Recyclable materials in a home can also include many kinds of glass, paper,

cardboard, metal, plastic, tires, textiles, batteries, and electronics. The start-up team would employ people who have the know-how to be able to access and remove such material and safely bring them to the units for recycling and reusing the salvaged parts.

<https://docs.google.com/document/d/1FYcA9jmfkdyEMh8QTZVXPP5VtLi59Sn/edit?usp=sharing&ouid=100678636852304317751&rtpof=true&sd=true>

ACTIVITY 101

Title of the Activity: Rural Start up (Rural schools with solar panels - Report) 25.10.2021

Need of the Activity: Energy Conservation and management

Brief Description (Need/Impact/Action/Picture (if any)): To analyse and understand the feasibility and design of solar panels as a source of electricity in a rural set up to propose a sustainable rural lifestyle. This would also encourage rural self employment by creating job opportunities for the residents of that area providing economic and social benefits.

<https://docs.google.com/document/d/1BoqGtz0Jpg00yr-vrBB9x9ATO47a2e83/edit?usp=sharing&ouid=100678636852304317751&rtpof=true&sd=true>

ACTIVITY 102

Title of the Activity: Rural Start up (Rural Knowledge Centre - Case Study) 08.11.2021

Need of the Activity: Proposal for Knowledge Centre in the Village

Brief Description (Need/Impact/Action/Picture (if any)): To study the needs for the Village to provide for their daily employment and generate self employment to the ladies who look after the household. Setting up a knowledge centre at the village can provide for their skill enhancement and hence a way of living without having to leave the comfort of their homes and travel long distance

<https://drive.google.com/file/d/1QjuZZ-yiX1C2eHxw9ZVE64bqcX8Mvv28/view?usp=sharing>

ACTIVITY 103

Title of the Activity: Rural Start up (Rural Knowledge Centre - Design) 22.11.2021

Need of the Activity: Proposal for Knowledge Centre in the Village - Design

Brief Description (Need/Impact/Action/Picture (if any)): To Design a knowledge centre that caters to the growing needs of skill enhancement for the ladies of the village to provide for self employment

<https://drive.google.com/file/d/1PRsmoGT3cWGS8qb3iaysgE7SOg8j2BRG/view?usp=sharing>

ACTIVITY 104

Title of the Activity: Rural Start up (Rural Primary School - Case Study) 06.12.2021

Need of the Activity: Proposal for Rural Primary School - Case Study

Brief Description (Need/Impact/Action/Picture (if any)): To study the need for primary school at the village so as to enhance the learning environment for the children at the village and nearby villages by providing a space for them at the nearest point within the village

https://drive.google.com/file/d/1MpXFOPyH524mIAvEz3-d4bbmGh56L9V_/view?usp=sharing

ACTIVITY 105

Title of the Activity: Rural Start up (Rural Primary School - Design) 20.12.2021

Need of the Activity: Proposal for Rural Primary School - Design

Brief Description (Need/Impact/Action/Picture (if any)): To design a space for the children and elders alike to provide an environment for learning during the day as well as evenings respectively

https://drive.google.com/file/d/1z2QmSx7lecj7IL7u_k4oBRuAj50iklXr/view?usp=sharing

ACTIVITY 106

Title of the Activity: World Mental Health Day 10.10.2021

Need of the Activity: Awareness

Brief Description (Need/Impact/Action/Picture (if any)): SSE-UBA organised a camp in and outside the university campus, the overall objective of the camp on the "World Mental Health Day" is to raise awareness of mental health issues and to mobilise efforts in support of mental saneness. The Day provided an opportunity for all stakeholders working on mental health issues to talk about their work, and what more needs to be done to make mental health care a reality for people. The camp created awareness on "Adolescent Mental Health", "Mental Disorders", "Mental Health in Emergencies", "Mental Health: Strengthening Our Response", "Mental Health of Older Adults" and so on.

<https://drive.google.com/file/d/1eQ1khRAQumqAaMIxe4055DcVTs9RDXHd/view?usp=sharing>

ACTIVITY 107

Title of the Activity: Omicron - Assistance 7th December 2021 - 14th December 2021

Need of the Activity: Pandemic Support

Brief Description (Need/Impact/Action/Picture (if any)): SSE-UBA organised a mini call center to let people know the availability of beds and oxygen for the Omicron patients. The group actively helped over 100 Omicron patients who were in need of help & assistance. The service was extended with more consideration for the adopted villages through panchayat heads

<https://drive.google.com/file/d/1I8OM05OVOQOe8HQZe0oxal7fBheGbVHi/view?usp=sharing>

ACTIVITY 108

Title of the Activity: World Suicide Prevention Day 10.09.2021

Need of the Activity: Awareness

Brief Description (Need/Impact/Action/Picture (if any)): SSE - UBA organised an activity among student-volunteers to do everything feasible to raise awareness against the environment which compel people to commit suicide.

<https://drive.google.com/file/d/1Z21qRfAzcKyWUyiYhTtOZ1ZRKHTTof-0/view?usp=sharing>

ACTIVITY 109

Title of the Activity: Kadambathur camp 25.09.2021

Need of the Activity: Musculoskeletal camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Physiotherapy, organized a health screening camp at Kadambathur, Thiruvallur on 25th September 2021 from 9.00am-1.30pm. Dr.M.Renuka devi, Clinical Physiotherapist along with intern K.Lokeshwari participate in the camp. Patients were screened for musculoskeletal problems, neurological and gynaecological issues. Cardio-respiratory concerns were also addressed. Nearly 60 patients were screened.

https://drive.google.com/drive/folders/1n_WNgYF7l-LYFL07qKNReZqU9A3Ecbq

ACTIVITY 110

Title of the Activity: Kadambathur camp 09.10.2021

Need of the Activity: musculoskeletal camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Physiotherapy, organized a health screening camp at Kadambathur, Thiruvallur on 9th october 2021 from 12.00 to 4.00pm. P. Ysaswi and B. Harini 2 interns participated in the camp. Patients were screened for musculoskeletal problems, neurological and gynaecological issues. Cardio-respiratory concerns were also addressed. Nearly 30 patients were screened. Patients with musculoskeletal problems such as neck pain, low back pain, knee pain were taught exercises accordingly. Patients with respiratory issues such as breathing difficulty were taught breathing exercises and thoracic mobility exercises. . A total of 21 patients benefited from the camp. Patients were referred to Saveetha Physiotherapy

department for further management if required.

https://drive.google.com/drive/folders/1n_WNgYF7l-LYFL07qKNReZqU9A3Ecbq

ACTIVITY 111

Title of the Activity: Rajalakshmi institute camp 20.10.2021

Need of the Activity: Musculoskeletal camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of physiotherapy organized a camp on 20th october 2021 in College camp, chennai. Post graduate students s. Thanthoni, kirthana and participated in the camp. Patients with musculoskeletal problems like cervical spondylosis ,osteoarthritis knee ,plantar fasciitis were screened and physiotherapy treatment was given.63 patients benefited from the camp.

https://drive.google.com/drive/folders/1n_WNgYF7l-LYFL07qKNReZqU9A3Ecbq

ACTIVITY 112

Title of the Activity: Polivakkam camp 28.10.2021

Need of the Activity: Musculoskeletal camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Physiotherapy organized a camp in Dhoot transmissions Pvt Ltd- Polivakkam, Tamil Nadu on 28thOctober, 2021 from 11:00 am to 2:00 pm. Kiran Kumar. V and Pradeep Kumar. SBP interns had participated in the camp. Patients with Musculoskeletal Conditions were addressed.Conditions such asLow back pain, Frozen shoulder, Cervical spondylosis, Osteoarthritis,etc.,were assessed and prescribed with exercises. Patients with dyspnea and other respiratory difficulties were taught Diaphragmatic breathing exercise and Costal expansion exercises. Around 70 patients were assessed and treated with appropriate exercise protocol and were benefited with camp. Patients were referred to SMCH if further evaluation and treatment was required.

https://drive.google.com/drive/folders/1n_WNgYF7l-LYFL07qKNReZqU9A3Ecbq

ACTIVITY 113

Title of the Activity: Podavur camp 17.12.2021

Need of the Activity: Musculoskeletal camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of physiotherapy organized a camp on 17th December 2021 in village camp, podavoor . Post graduate students s. Thanthoni, keerthana and participated in the camp. Patients with musculoskeletal problems like cervical spondylosis ,osteoarthritis knee ,plantar fasciitis were screened and physiotherapy treatment was given. 25 patients benefited from the camp.

https://drive.google.com/drive/folders/1n_WNgYF7I-LYFL07qKNReZqU9A3EcbBq

ACTIVITY 114

Title of the Activity: Paediatric screening 25.09.2021

Need of the Activity: To perform a screening for children in community and to improve community participation of children with disabilities

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational Therapy provided screening for children in the community and provided home programs for children with disability such as physical disability and intellectual disability.

https://drive.google.com/file/d/1uUJgd6WhKUVgoJcTMHJ0V6_KG4SjBGfe/view?usp=sharing

ACTIVITY 115

Title of the Activity: Tree planting 26.10.2021

Need of the Activity: To create awareness among public towards environmental issues on the occasion of Occupation Therapy Day

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational therapy planted tree saplings on 26.10.2021 to bring about the environmental concerns

on the event of World Occupational therapy day.

https://static.wixstatic.com/media/41d401_cfa74d81a87242449b7d1e8d3c599926~mv2.jpg/v1/fill/w_1170,h_1170,al_c,q_90/41d401_cfa74d81a87242449b7d1e8d3c599926~mv2.webp

ACTIVITY 116

Title of the Activity: Go green initiative 26.10.2021

Need of the Activity: To create awareness among public towards environmental issues on the occasion of Occupation Therapy Day

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational therapy cleaned the surroundings of the Thandalam campus to bring about the environmental concerns on the event of World Occupational therapy day.

https://drive.google.com/file/d/1n2gg9y7-muxfJRFH_nHd-vqkzdPdxEba/view?usp=sharing

ACTIVITY 117

Title of the Activity: Community outreach 29.11.2021

Need of the Activity: To provide community based awareness about Occupational therapy and intervention

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational therapy visited an old age home in Kanchipuram to provide occupational therapy activities to improve quality of life and functional independence for members of the community.

<https://drive.google.com/file/d/1sv1inuYdplBHOWf-3gEHuHkO5tmi2APY/view?usp=sharing>

ACTIVITY 118

Title of the Activity: Role of pharmacist in prescribing antihypertensive drugs in community health. 18.09.2021

Need of the Activity: Pharmacists provide optimal management of medication for chronic disease such as diabetes, asthma, hypertension, etc. The collaboration of healthcare professionals, such as physicians and pharmacists, can help to ensure that patients properly take their medications as prescribed and avoid any harmful effects.

Brief Description (Need/Impact/Action/Picture (if any)): Pharmacists are involved and responsible for wider area activities in general. Pharmacist involved in drug discovery process, drug safety studies, formulation of dosage forms, clinical trials, marketing and management. In industries where there are drugs, there are pharmacists, this is true for India too.

<https://drive.google.com/drive/folders/18F5uwFMUnwyBYjsfcZsiuaFgvB7XE5mv>

ACTIVITY 119

Title of the Activity: Village survey and baseline household survey 30.10.2021

Need of the Activity: This survey study is a descriptive cross sectional survey that mostly provides quantitative information on the current status of a particular situation- on whatever study topic in a given population. It aims at quantifying the distribution of certain variables in a study population at one point in time.

Brief Description (Need/Impact/Action/Picture (if any)): A baseline survey allows the researcher to understand the research problem by gathering information on the status quo. It provides a reference point for tracking the project's progress, that is to measure the degree and quality of change during an activities implementation.

<https://drive.google.com/drive/folders/18F5uwFMUnwyBYjsfcZsiuaFgvB7XE5mv>

ACTIVITY 120

Title of the Activity: Causes of malaria and dengue infection 20.11.2021

Need of the Activity: The mean age of respondents was 38.5 years and 57.5% of them were females. participants had fairly good knowledge about dengue and malaria. More than 90% participants Aware of the symptoms of these diseases

Brief Description (Need/Impact/Action/Picture (if any)): malaria is an infectious diseases caused by a parasite by mosquitoes, while dengue is a viral infection.

<https://drive.google.com/file/d/1XC58mFrHOX3VN0bqksD0AVfo3Aec72r0/view?usp=sharing>

ACTIVITY 121

Title of the Activity: Flood precaution and water contamination 4.12.2021

Need of the Activity: After handling materials contaminated by flood water, wash hands thoroughly with soap and water before touching the body parts such as face, mouth, eyes or nose or family members- using antibacterial soap gives added protection from the organism

Brief Description (Need/Impact/Action/Picture (if any)): Avoiding flood waters contaminated by sewage and remains of animals especially by children using safe water and food, always using good hand washing practices before eating, drinking or touching face areas.

https://drive.google.com/file/d/17Jsb1K11oPr-L89qEMN31mZTeVRuU_Tl/view?usp=sharing

ACTIVITY 122

Title of the Activity: Madhuravoyal, Millennia Construction 16.09.2021

Need of the Activity: Medical screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of allied health science college organized a camp on 16-09-2021 in Kilacheri our internship students participated in the camp and eye screening was done for 30 patients .

<https://drive.google.com/file/d/1GIP3s2TZZ1YaARHezF3gyIyrJ9d3oS58/view?usp=sharing>

ACTIVITY 123

Title of the Activity: HNI Autotech, RIT Thandalam 11.10.2021

Need of the Activity: Medical screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of allied health science college organized a camp on 11-10-2021 in HNI Autotech company, RIT Thandalam. Our internship students participated in the camp and eye screening was done for 45 patients .

<https://drive.google.com/file/d/1SaBBwmr53ROkrLvCVTHShOhkoW-qzQcx/view?usp=sharing>

ACTIVITY 124

Title of the Activity: Manavala Nagar, Thiruvallur 22.11.2021

Need of the Activity: Medical screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of allied health science college organized a camp on 22-11-2021 in Manavala Nagar, Thiruvallur. Our internship students participated in the camp and eye screening was done for 38 patients .

https://drive.google.com/file/d/1U7TzhQapwqWwHI2kaeqPwtkT9cG4_WzI/view?usp=sharing

ACTIVITY 125

Title of the Activity: Kachipattu Village camp 20.12.2021

Need of the Activity: Medical screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of allied health science college organized a camp on 20-12-2021 in Kanchipattu. Our internship students participated in the camp and eye screening was done for 39 patients .

<https://drive.google.com/file/d/1T1VmlD4lcIIBqk9oo2L3vmSZ0a740i3/view?usp=sharing>

ACTIVITY 126

Title of the Activity: Village Survey at Ulundai Village 30.10.2021

Need of the Activity: To Conduct a Village Survey on Village Infrastructure connectivity and Electricity requirements

Brief Description (Need/Impact/Action/Picture (if any)): The Village Survey was conducted and information was collected on basic Amenities, infrastructure, connectivity and electricity requirements. 20 students along with a faculty went for the survey. The data was collected from a few respondents. The survey will be completed once the Covid Situation improves.

<https://drive.google.com/drive/folders/1Zhrq3omYmm8sxhgTKjpdFZZltnppO1oq?usp=sharing>

ACTIVITY 127

Title of the Activity: Feeding Smart Right from Start 18.09.2021

Need of the Activity: The theme of the program is observed to raise awareness about nutritional and adaptive eating habits.

Brief Description (Need/Impact/Action/Picture (if any)): Interactive session was carried out by PBB.Sc., students who described food intake for all age groups like preschool, School going children & Adolescents. M.Sc., students explained about Nutritional anaemia, Vitamin A deficiency rich foods follow a healthy diet. Followed by that low cost nutritious rich foods was displayed and RDA, nutritional value of foods are presented for preschoolers (1 – 5 years), adolescence (13 – 15 years). All the nutritious foods displayed were given to the children. Posters were displayed and explained by the students regarding balanced diet food pyramid, Healthy food consumption, Childhood obesity, Iron rich foods posters. The children were assessed for their anthropometric assessments like Height, Weight and calculated BMI & IBW.

https://drive.google.com/drive/folders/1-g59qTZ0cv-p_rwllr2BjB0-XBemMwHZ?usp=sharing

ACTIVITY 128

Title of the Activity: Mega Vaccination Camp on Covid Vaccine 19.09.2021&26.09.2021

Need of the Activity: With a target of administering 15 lakh doses of COVID-19 vaccines, A total of 20,000 booths will be set up across the State to achieve the target.

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Nursing Students participated in Mega Vaccination camp on Covid Vaccine at Thirumazhisai, Sriperumbudur sub centre, Thandalam, Chettipedu, Sunguvarchathriram and Molachur. No of beneficiaries 44355.

https://drive.google.com/drive/folders/1KAVL5Vf_XoU0JBY1QghEWck_7O2voJU4?usp=sharing

ACTIVITY 129

Title of the Activity: World Mental Health Day 11.10.2021

Need of the Activity: The theme of the program is Mental Health in an Unequal World

Brief Description (Need/Impact/Action/Picture (if any)): Roll Play, Health Talk & Mental Health Assessment were performed , 30 students from III year participated in the program. 60 Individuals from the community benefited through the program

https://drive.google.com/drive/folders/1qfn3qnOtU0hUZ72wd_wff1NJ5P6S-Bqz?usp=sharing

ACTIVITY 130

Title of the Activity: World Obesity Day 12.10.2021

Need of the Activity: The theme of the program is Every Body Needs Everybody

Brief Description (Need/Impact/Action/Picture (if any)): 30 students from III year B. Sc Nursing & 13 Students from PB.B..Sc participated in the program, Roll Play, Food Expo, BMI Assessment were performed ,30 Children from the community benefited through the program

https://drive.google.com/drive/folders/1qfn3qnOtU0hUZ72wd_wff1NJ5P6S-Bqz?usp=sharing

ACTIVITY 131

Title of the Activity: World Food Day 16.10.2021

Need of the Activity: Youth Red Cross (YRC) Society of SCON has participated in Cyclothon in marking of World Food Day on the theme “Pedal for Hunger Free Nation” at Besant Nagar in association with Food Bank (NGO)

Brief Description (Need/Impact/Action/Picture (if any)): 15 Students from III Year B. Sc (N) Participated in the event and rode the cycle up to 3 KM.

<https://drive.google.com/drive/folders/1DqGJFf3t2nyqe2x9kvpKyzzp2l-e7U8-?usp=sharing>

ACTIVITY 132

Title of the Activity: Children’s Day Celebration 16.11.2021

Need of the Activity: the theme was Better future for better child

Brief Description (Need/Impact/Action/Picture (if any)): Dance, Games & Activities was conducted like Musical chair, bursting, Lemon in spoon.,Puppet show was exhibited by B.sc (Nursing) III rd year students about the history of Pandit Jawaharlal Nehru ,Total Beneficiaries of the program were 30 - 50.

https://drive.google.com/drive/folders/1BCNkqwr1cq5yPxoEphcor7_lvMbFCn5t?usp=sharing

ACTIVITY 133

Title of the Activity: Mega COVID 19 Vaccination Camp 21.11.2021

Need of the Activity: Students of SCON Actively participated in COVID Mega Vaccination Camp in Kanchipuram & Thiruvallur

Brief Description (Need/Impact/Action/Picture (if any)): Students of SCON participated in Camp and vaccinated around 987 beneficiaries at Sriperumbudur and Sunguvarchatram.

ACTIVITY 134

Title of the Activity: Corona Awareness 23.10.2021

Need of the Activity: B.Sc(N) III Students had participated in Mime Show on Corona Awareness at Besant Nagar organized by Adyar Police District

Brief Description (Need/Impact/Action/Picture (if any)): Students performed mime on the topic "Corona Prevention." 15 Students from Saveetha College of Nursing Participated in the Program, 200 people Benefited through the program.

<https://drive.google.com/drive/folders/1aobxMoLd0hfdOEZZSnXxM4iToXLMZPw4?usp=sharing>

ACTIVITY 135

Title of the Activity: Safe Diwali Awareness Programme 28.10.2021

Need of the Activity: Safe Diwali Awareness Programme at Govt Primary School, Madhuramangalam

Brief Description (Need/Impact/Action/Picture (if any)): Health Education on Fire safety awareness was conducted, 10 students from B.Sc IV Year conducted the program, 50 Members benefited through the program

https://drive.google.com/drive/folders/1yHQp86SEvP_UHcbGVALlqDnNQly4uyp_?usp=sharing

ACTIVITY 136

Title of the Activity: National Unity Day 30.10.2021

Need of the Activity: Saveetha College of Nursing celebrated National Unity Day to mark the 146 th Birth Anniversary (Rashtriya Ekta Diwas) of Sardar Vallabhbhai Patel

Brief Description (Need/Impact/Action/Picture (if any)): Inaugural Speech by Mrs.Mary Minolin , HOD, Department of Child Health Nursing . She emphasised the significance and importance of celebrating National Unity day in Colleges where students are motivated to maintain unity,integrity, peace, and to prevent threat. Other faculty also highlighted about the ‘Iron Man of

India’, a great social leader of our Indian history & Dr.Tamilselvi.S, Assistant Professor administered the Rashtriya Ekta Diwas Pledge.The students and faculty of SCON repeated the pledge

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ACTIVITY 137

Title of the Activity: World AIDS Day 02.12.2021

Need of the Activity: The theme of the program is END INEQUALITIES : END AIDS

Brief Description (Need/Impact/Action/Picture (if any)): Special address was given by Asst.prof Dr. sulimaam,Research supervisor (YRC Chennai district organizer) followed with presentation which is related to world AIDS day theme 2021- END INEQUALITIES : END AIDS-highlighting the fact that as much as the virus itself, the social stigma attached with it also greatly affects people and concept related to youth red cross principles of protection of health and life, service to the sick and suffering, promotion of national and international friendship to develop the mental and moral capacities of the youth. Students from Bsc I ,II, III, & IV Nursing were Participated enthusiastically like poster presentations based on World AIDS day theme. Best poster presentation was selected and distributed prizes to them.

<https://drive.google.com/drive/folders/1Zht82AM9EfefBUWcNx1Yb4HewvAQqpWC?usp=sharing>