



UNNAT BHARAT ABHIYAN

SAVEETHA INSTITUTE OF MEDICAL AND TECHNICAL SCIENCES (U-0475)

PROGRESS REPORT

JANUARY 2022 - APRIL 2022

UBA Coordinator's Name: Dr Sindhu Ramesh

Email: dean.acd@saveetha.com

Phone Number: 9840136543

Sr No	ADOPTED VILLAGES	TALUK	DISTRICT
1	Sembarambakkam	Poonamallee	Tiruvallur
2	Madhuramangalam	Sriperumbudur	Kancheepuram
3	Molachur	Sriperumbudur	Kancheepuram
4	Mevalurkuppam	Sriperumbudur	Sriperumbudur
5	Nesapakkam	Chennai	Chennai

Next Plan of Action -Activity to be conducted(along with reason)

- To raise awareness about hand hygiene during COVID 19 and the importance of

maintaining good hand hygiene.

- To raise awareness regarding the pollution in the environment to the patients visiting Saveetha Dental College.
- To raise awareness about the importance of blood donation and its impact on the society
- Health camps involving Ophthalmologists will be conducted and health education regarding ocular hygiene and eye donation.
- Health education on Acute Diarrhoeal Diseases, importance of ORS in treating ADD and preparation of home-made ORS
- Health education will be given regarding hepatitis in the villages
- Health camps will be conducted for geriatric population and health education will be given on elderly abuse problems in the community.
- Impart socially relevant and Professionally desired legal education towards conducting Community outreach Programmes
- Entrepreneurship Development Activities- EDP activities to be conducted to promote their entrepreneurial skills by giving them good ideas about the government subsidy schemes available for the MSMEs. Brainstorming can be done to help them polish their business ideas and incubation can be done with the help of management students.
- Family financial budgeting- Awareness can be given to the villagers regarding budgeting and its importance. Planning of expenses and savings can be taught
- Mentoring and counseling- mentoring and counseling can be given to different age groups based on their needs such as societal, emotional, and family factors.
- Self Help Groups (SHG) - marketing activities and skills- women empowerment- government schemes and loans- subsidies. Marketing and promotion activities will be taught to them. Department can assist them by conducting SHG Mela or Market Bazaar.
- Financial literacy- tax planning- Online transactions-GST- Financial security- Savings schemes- Govt schemes- fraudulent practices under this category, villagers will be given awareness about financial matters
- Career planning- soft skills- employability skills- stress management- communication skills- self confidence- making industry ready. This mainly focuses on the youth of the villagers and will help them to plan their career and its related activities.
- Internet/Digital Literacy- basic internet skills- fraudulent practices, Basic computer skills

for youngsters

- Women care- parental care. Under this, women would be given all kinds of awareness for their self development, self confidence and tips for good parenting.
- Planning to conduct Rally to create awareness
- Referral Service, Participate in Pulse Polio immunization Programme, Leprosy Screening, Screening of Cervical Cancer through PAP Smear, Reinforce the warning signs and teach self assessment of early detection of cancer, Distribution of deworming drug and screening of Anemia, Follow up of Practice on prevention of non-communicable diseases, Reinforcement and follow up, Extension of pandemic relief activities, Insisting the child safety, Follow up through mental status examination, Plan to provide nursing care among elders with dementia and Alzheimer's disease, Emphasizes the importance of this day every year, Plan for weight control practices in next visit, Plan for dental and refractive error screening and mass health education among parents, Follow up and referral services

List of Activities

ACTIVITY 1

Date : 04.01.2022

Title of the Activity: Outreach dental camp, FPL Hyundai, Ambattur Need of the Activity:

To identify the prevalence of oral diseases like dental caries, gingivitis, periodontitis, malocclusion, oral cancer among the workers of FPL Hyundai, Ambattur

Brief Description (Need/Impact/Action/Picture (if any)): A total of 65 workers were screened and health education was given on the importance of brushing twice daily. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Prevalence of gingivitis was found to be high to about 87% compared to other oral diseases among the workers. Oral prophylaxis was done for 12 participants

ACTIVITY 2

Title of the Activity: Health Awareness program for vulnerables (Geriatrics), Susheelamma Old age home 19.01.2022

Need of the Activity: To create awareness regarding new variant of corona virus, to motivate them to adapt personal and oral hygiene measures

Brief Description (Need/Impact/Action/Picture (if any)): Around 50 inmates of the old age home participated in the awareness program. All actively participated and an awareness on prevention of COVID-19 spread was created using powerpoint presentation. An awareness on social distancing, wearing masks, regular handwashing and keeping indoor areas well ventilated was emphasized

ACTIVITY 3

Title of the Activity: Health Awareness program for workers, NIRMITI PVT LTD, Mappedu 21.01.2022

Need of the Activity: To create awareness regarding new variant of coronavirus, to motivate them to adapt personal and oral hygiene measures, stress on importance of booster dose of vaccination

Brief Description (Need/Impact/Action/Picture (if any)): About 150 workers of the company participated in the awareness program. Awareness on prevention of COVID-19 spread was created using powerpoint presentations. An awareness on social distancing, wearing masks, regular hand washing and keeping indoor areas well ventilated was emphasized

<https://docs.google.com/document/d/1zdteG3e0bfdLkrbtcVZOBhNteWddkcz2/edit?usp=sharing&oid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 4

Title of the Activity: Health Awareness program for workers, SEA HYDROPOWER PVT LTD, Mevalurkuppam 22.01.2022

Need of the Activity: To create awareness regarding new variant of coronavirus, to motivate them to adapt personal and oral hygiene measures, stress on importance of booster dose of vaccination

Brief Description (Need/Impact/Action/Picture (if any)): About 120 workers of the company participated in the awareness program. Awareness on prevention of COVID-19 spread was created using powerpoint presentations. An awareness on social distancing, wearing masks, regular hand washing and keeping indoor areas well ventilated was emphasized

https://docs.google.com/document/d/1V_loHslOHfMKL8nRW_zEoVD6FeFDy0a5/edit?usp=sharing&oid=115171175778554422535&rtpof=true&sd=true

ACTIVITY 5

Title of the Activity: Health Awareness program for workers, PRECISION PVT LTD, Sriperumbudhur 28.01.2022

Need of the Activity: To create awareness regarding new variant of coronavirus, to motivate them to adapt personal and oral hygiene measures, stress on importance of booster dose of vaccination

Brief Description (Need/Impact/Action/Picture (if any)): About 150 workers of the company participated in the awareness program. Awareness on prevention of COVID-19 spread was created using powerpoint presentations. An awareness on social distancing, wearing masks, regular hand washing and keeping indoor areas well ventilated was emphasized

ACTIVITY 6

Title of the Activity: Health Awareness program for workers, PRECISION (EQUIPMENT PLANT) PVT LTD, Sriperumbudhur 29.01.2022

Need of the Activity: To create awareness regarding new variant of coronavirus, to motivate them to adapt personal and oral hygiene measures, stress on importance of booster dose of vaccination

Brief Description (Need/Impact/Action/Picture (if any)): About 150 workers of the company participated in the awareness program. Awareness on prevention of COVID-19 spread was created using powerpoint presentations. An awareness on social distancing, wearing masks, regular hand washing and keeping indoor areas well ventilated was emphasized

<https://docs.google.com/document/d/1CHUoLIBiCcO383tk-IGOYMNR6LuhkIYC/edit?usp=sharing&oid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 7

Title of the Activity: Health Awareness program for workers, Kay bee engineering enterprises, Irungattukottai 01.02.2022

Need of the Activity: To create awareness regarding new variant of corona virus, to motivate them to adapt personal and oral hygiene measures, stress on importance of booster dose of vaccination

Brief Description (Need/Impact/Action/Picture (if any)): About 150 workers of the company participated in the awareness program. Awareness on prevention of COVID-19 spread was created using powerpoint presentations. An awareness on social distancing, wearing masks, regular hand washing and keeping indoor areas well ventilated was

emphasized

<https://docs.google.com/document/d/1CHUoLIBiCcO383tk-IGOYMNR6LuhkIYC/edit?usp=sharing&oid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 8

Title of the Activity: Health Awareness program for workers, Precision equipments, Thodukadu 04.02.2022

Need of the Activity: To create awareness regarding new variant of coronavirus, to motivate them to adapt personal and oral hygiene measures, stress on importance of booster dose of vaccination

Brief Description (Need/Impact/Action/Picture (if any)): About 50 workers of the company participated in the awareness program. Awareness on prevention of COVID-19 spread was created using powerpoint presentations. An awareness on social distancing, wearing masks, regular hand washing and keeping indoor areas well ventilated was emphasized and oral cancer awareness was created

<https://docs.google.com/document/d/1LkkAIL69Ee35yjmutj21EIBpQroBbwa/edit?usp=sharing&oid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 9

Title of the Activity: Outreach dental camp, Nissan car service centre, Iyyapanthangal 17.02.2022

Need of the Activity: To identify the prevalence of oral diseases like dental caries,gingivitis,periodontitis,malocclusion,oral cancer among the workers of To identify the prevalence of oral diseases like dental caries,gingivitis,periodontitis,malocclusion,oral cancer among the workers of Nissan car service center, Iyyapanthangal

Brief Description (Need/Impact/Action/Picture (if any)): A total of 75 workers were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free

basic treatment were distributed. Prevalence of gingivitis was found to be high to about 67% compared to other oral diseases among the workers. Oral prophylaxis was done for 41 participants and restoration for 12 participants

<https://docs.google.com/document/d/1nwt8FelGxFoULs02J8dmTtrEWsiigQQ/edit?usp=sharing&oid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 10

Title of the Activity: Outreach dental camp, Sathya autoparts, Mappedu 18.02.2022

Need of the Activity: To identify the prevalence of oral diseases like dental caries,gingivitis,periodontitis,malocclusion,oral cancer among the workers of To identify the prevalence of oral diseases like dental caries,gingivitis,periodontitis,malocclusion,oral cancer among the workers of Sathya autoparts, Mappedu

Brief Description (Need/Impact/Action/Picture (if any)): A total of 70 workers were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed. Prevalence of gingivitis was found to be high to about 79% compared to other oral diseases among the workers. Oral prophylaxis was done for 35 participants and restoration for 7 participants

https://docs.google.com/document/d/1RMeRmz9GXqgmRZaQDJ7xfFLsKT9_C4m4/edit?usp=sharing&oid=115171175778554422535&rtpof=true&sd=true

ACTIVITY 11

Title of the Activity: Health Awareness program for college students, DMI Engineering College, Thandalam 22.02.2022

Need of the Activity: To create awareness regarding new variant of corona virus, to motivate them to adapt personal and oral hygiene measures, stress on importance of booster dose of vaccination

Brief Description (Need/Impact/Action/Picture (if any)): About 150 students of the

college participated in the awareness program. Awareness on prevention of COVID-19 spread was created using powerpoint presentations. An awareness on social distancing, wearing masks, regular hand washing and keeping indoor areas well ventilated was emphasized and oral cancer awareness was created

<https://docs.google.com/document/d/1jh2-x2WzquuCrISDZtU9sfmSAktbXx46/edit?usp=sharing&oid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 12

Date : 23.02.2022

Title of the Activity: Outreach dental camp, Schwing Shetter PVT LTD, Irungattukottai

Need of the Activity: To identify the prevalence of oral diseases like dental caries,gingivitis,periodontitis,malocclusion,oral cancer among the workers. To identify the prevalence of oral diseases like dental caries,gingivitis,periodontitis,malocclusion,oral cancer among the workers of Schwing Shetter

Brief Description (Need/Impact/Action/Picture (if any)): A total of 52 workers were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed. Prevalence of gingivitis was found to be high to about 87% compared to other oral diseases among the workers. Oral prophylaxis was done for 18 participants and restoration for 7 participants

https://docs.google.com/document/d/1OK0BpkfspzG6YHouk7OEPb7zfx_4O_ZW/edit?usp=sharing&oid=115171175778554422535&rtpof=true&sd=true

ACTIVITY 13

**Title of the Activity: Outreach dental camp, Government Middle School, Mappedu
24.02.2022**

Need of the Activity: To identify the prevalence of oral diseases like dental

caries,gingivitis,periodontitis,malocclusion,oral cancer among the students and teachers. To identify the prevalence of oral diseases like dental caries,gingivitis,periodontitis,malocclusion,oral cancer among the students and teachers

Brief Description (Need/Impact/Action/Picture (if any)): A total of 55 workers were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed. Prevalence of gingivitis was found to be high to about 57% compared to other oral diseases among the workers. Oral prophylaxis was done for 38 participants and restoration for 45 participants

https://docs.google.com/document/d/17bmlubrb-KogX7rjGgSWhc_A2SwQTyeS/edit?usp=sharing&oid=115171175778554422535&rtpof=true&sd=true

ACTIVITY 14

Title of the Activity: Outreach dental camp, Krishna fittings, Kakkalur 26.02.2022

Need of the Activity: To identify the prevalence of oral diseases like dental caries,gingivitis,periodontitis,malocclusion,oral cancer among the workers. To identify the prevalence of oral diseases like dental caries,gingivitis,periodontitis,malocclusion,oral cancer among the workers of Krishna fittings

Brief Description (Need/Impact/Action/Picture (if any)): A total of 69 workers were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed. Prevalence of gingivitis was found to be high to about 50% compared to other oral diseases among the workers. Oral prophylaxis was done for 25 participants and restoration for 6 participants

https://docs.google.com/document/d/1w4GVLfCLlznH3Be6y1J_QFaAk0CgTKr7/edit?usp=sharing&oid=115171175778554422535&rtpof=true&sd=true

ACTIVITY 15

Title of the Activity: Outreach dental camp, Sastha Leathers, Korattur 26.02.2022

Need of the Activity: To identify the prevalence of oral diseases like dental caries,gingivitis,periodontitis,malocclusion,oral cancer among the workers. To identify the prevalence of oral diseases like dental caries,gingivitis,periodontitis,malocclusion,oral cancer among the workers of Sastha Leathers

Brief Description (Need/Impact/Action/Picture (if any)): A total of 72 workers were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed. Prevalence of gingivitis was found to be high to about 50% compared to other oral diseases among the workers. Oral prophylaxis was done for 22 participants

<https://docs.google.com/document/d/1qjNEJm1hKl6iDjC2DqfbwlzujzuaH1bx/edit?usp=sharing&oid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 16

Title of the Activity: Outreach dental camp, Erayamangalam 23.04.2022

Need of the Activity: To identify the prevalence of oral diseases like dental caries,gingivitis,periodontitis,malocclusion,oral cancer among the workers. To identify the prevalence of oral diseases like dental caries,gingivitis,periodontitis,malocclusion,oral cancer among inmates of Erayamangalam village

Brief Description (Need/Impact/Action/Picture (if any)): A total of 40 inmates were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed. Prevalence of dental caries was found to be high to about 78% compared to other oral diseases among the inmates. Oral prophylaxis was done for 5 participants and referral for 4 participants

<https://docs.google.com/document/d/1hcAuhSF2U9BDFX83byDdemXPz-a0Wnfl/edit?usp=sharing&oid=105942486795001772847&rtpof=true&sd=true>

ACTIVITY 17

Title of the Activity: Outreach Dental, Eye and General camp, Mappedu 23.04.2022

Need of the Activity: To identify the prevalence of oral diseases like dental caries,gingivitis,periodontitis,malocclusion,oral cancer among the workers. To identify the prevalence of oral diseases like dental caries,gingivitis,periodontitis,malocclusion,oral cancer, eye problems and general health problems among inmates of Mappedu village

Brief Description (Need/Impact/Action/Picture (if any)): A total of 55 inmates were given health education on the importance of COVID spread. Free eye-check up was conducted by optometrists followed by provision of spectacles. A total of 10 tree saplings were planted in and around the rural health center. The people were educated and made aware of the spread of COVID-19 and various preventive measures using a PowerPoint presentation Free eye checkup by optometrists, Provision of spectacles free of cost, Planting of 10 tree saplings around the rural health center.

ACTIVITY 18

**Title of the Activity: Health education on prevention and safety of COVID - 19
05.01.2022**

Need of the Activity: Knowledge regarding COVID - 19 is important in view of 3rd wave due to Omicron variant

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding safety measures to be followed and other preventive measures to be followed in view of COVID - 19 was given to a total of 09 beneficiaries who were general public at RHTC, Mappedu.

https://drive.google.com/file/d/1sCA_rhpYcx3YqbL6p6klyTM7ySHx2aYh/view?usp=sharing

ACTIVITY 19

Title of the Activity: Health education on risk factors of Diabetes Mellitus 28.01.2022

Need of the Activity: Diabetes Mellitus is one of the most common Non-Communicable Diseases and India is considered the diabetic capital of the world. Hence it is important to understand the risk factors of Diabetes Mellitus as it plays an important role in its prevention.

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 15 beneficiaries mainly patients attending NCD clinic in UHTC, Thirumazhisai regarding risk factors of Diabetes Mellitus and ways to reduce/avoid it to prevent the disease.

https://drive.google.com/file/d/1q-bjzq4_HSzN112fVKs7R8aR9k8-qKJM/view?usp=sharing

ACTIVITY 20

Title of the Activity: Health education on Leprosy and oath taking 31.01.2022

Need of the Activity: Diabetes Mellitus is one of the most common Non-Communicable Diseases and India is considered the diabetic capital of the world. Hence it is important to understand the risk factors of Diabetes Mellitus as it plays an important role in its prevention.

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 15 beneficiaries mainly patients attending NCD clinic in UHTC, Thirumazhisai regarding risk factors of Diabetes Mellitus and ways to reduce/avoid it to prevent the disease.

https://drive.google.com/file/d/1q-bjzq4_HSzN112fVKs7R8aR9k8-qKJM/view?usp=sharing

ACTIVITY 21

Title of the Activity: Health education on Leprosy and oath taking 01.02.2022

Need of the Activity: In view of 'World Leprosy Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given regarding epidemiology and prevention of Leprosy to 15 beneficiaries of Thirumazhisai village at UHTC and also oath-taking was done under the SPARSH campaign

<https://drive.google.com/file/d/1u4eEyAwec8mdliNlrsqtnmYU7LcFMTnD/view?usp=sharing>

ACTIVITY 22

Title of the Activity: Health education on Dengue 11.02.2022

Need of the Activity: Dengue is one of the most common and important vector-borne disease and its important to understand different aspects of this disease

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given regarding risk factors, signs, symptoms, treatment, complications, and prevention of the Dengue disease to 11 beneficiaries in UHTC, Thirumazhisai

<https://drive.google.com/file/d/1EiPtCNLufmDxixOjFBOH8GVx2PHa5SJK/view?usp=sharing>

ACTIVITY 23

Title of the Activity: Survey for leprosy cases under SPARSH campaign 14.02.2022

Need of the Activity: In view of 'World Leprosy Day'

Brief Description (Need/Impact/Action/Picture (if any)): A survey was conducted to identify Leprosy cases in Kannadapalyam village by UHTC, Thirumazhisai under the SPARSH campaign in collaboration with Kuthambakkam Government Primary Health Care Centre. A total of 45 villagers were surveyed.

<https://drive.google.com/file/d/1V2W6D2n0IaYnBiCoWusHfl314DqE1JnS/view?usp=sharing>

ACTIVITY 24

Title of the Activity: Health education on Diabetes Mellitus 18.02.2022

Need of the Activity: Diabetes Mellitus is one of the most common Non-Communicable Diseases and India is considered the diabetic capital of the world. Hence it is important to understand the risk factors of Diabetes Mellitus as it plays an important role in its prevention.

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 10 beneficiaries mainly patients attending NCD clinic in UHTC, Thirumazhisai regarding risk factors, signs, symptoms, treatment, complication and prevention of Diabetes Mellitus

<https://drive.google.com/file/d/1uqZWjCUMRIVT48d5wGw2G44ed1kY6yEU/view?usp=sharing>

ACTIVITY 25

Title of the Activity: Health education on Diabetes Mellitus 23.02.2022

Need of the Activity: Diabetes Mellitus is one of the most common Non-Communicable Diseases and India is considered the diabetic capital of the world. Hence it is important to understand the risk factors of Diabetes Mellitus as it plays an important role in its prevention.

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 10 beneficiaries mainly patients attending NCD clinic in RHTC, Mappedu regarding risk factors, signs, symptoms, treatment, complications and prevention of Diabetes Mellitus

https://drive.google.com/file/d/1wEwRAuska_ST92N_Y7zASZclQu4B2IjU/view?usp=sharing

ACTIVITY 26

Title of the Activity: Health education on Diabetes Mellitus 25.02.2022

Need of the Activity: Diabetes Mellitus is one of the most common Non-Communicable

Diseases and India is considered the diabetic capital of the world. Hence it is important to understand the risk factors of Diabetes Mellitus as it plays an important role in its prevention.

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 10 beneficiaries mainly patients attending NCD clinic in UHTC, Thirumazhisai regarding risk factors, signs, symptoms, treatment, complication and prevention of Diabetes Mellitus

<https://drive.google.com/file/d/1v7l0ws8Fb-8To2XrzgXOQVgb8J4rMSXq/view?usp=sharing>

ACTIVITY 27

Title of the Activity: Erayamangalam Village Survey 28.02.2022

Need of the Activity: Under the program, Erayamangalam village was adopted by the college and a survey was conducted to collect the necessary and important data

Brief Description (Need/Impact/Action/Picture (if any)): A survey was conducted to collect data regarding sociodemographic factors, basic health survey, and availing of different government programs. A total of 237 houses was surveyed by RHTC, Mappedu.

ACTIVITY 28

Title of the Activity: Health education on Breast Cancer 04.03.2022

Need of the Activity: In view of International Womens Day

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 13 beneficiaries regarding risk factors, signs, symptoms, treatment and prevention of the breast cancer in UHTC, Thirumazhisai.

<https://drive.google.com/file/d/1C0NWGCof2gyLWaPGfeVrnUtSZV4k5cY-/view?usp=sharing>

ACTIVITY 29

Title of the Activity: Health education on Hypertension 09.03.2022

Need of the Activity: Hypertension is one of the most common Non-Communicable Disease with serious complications if left untreated

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 15 beneficiaries regarding risk factors, signs, symptoms, treatment and prevention of Hypertension in RHTC, Mappedu

<https://drive.google.com/file/d/1aCFI6EzeL5h8LrTC-p--gmVQSExJtWa6/view?usp=sharing>

ACTIVITY 30

Title of the Activity: Health education on Smoking 11.03.2022

Need of the Activity: In view of No Smoking Day

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 17 beneficiaries regarding the risk of smoking and its deaddiction measures at UHTC, Thirumazhisai

<https://drive.google.com/file/d/19akqG0yR9TyRc522zRsxT0i6JmrAh5Cm/view?usp=sharing>

ACTIVITY 31

Title of the Activity: Health camp for the general public at Satharai village 12.03.2022

Need of the Activity: It is important to screen for diseases regularly and to provide few basic necessary drugs

Brief Description (Need/Impact/Action/Picture (if any)):

It is important to screen for diseases regularly and to provide few basic necessary drugsA

general health check-up including Ophthalmology and dental check-up was conducted for the villagers at Satharai village by RHTC, Mappedu. A total of 90 general public were screened, treated for common diseases and were provided with basic necessary drugs.

<https://drive.google.com/file/d/1kOzvoOSBR05IBQnMLpuaCNHFAO3xfvor/view?usp=sharing>

ACTIVITY 32

Title of the Activity: Health education on importance of physical activity in Non-Communicable Diseases 16.03.2022

Need of the Activity: Physical activity plays an important role in both the prevention and control of Non-Communicable Diseases like Diabetes, Hypertension, CVD, etc.

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 10 beneficiaries attending the NCD clinic in RHTC, Mappedu regarding the importance of physical activity in managing Non-Communicable Diseases

<https://drive.google.com/file/d/1pWyltHNxC7LwAcelQ3aS0jB7flkZP4ug/view?usp=sharing>

ACTIVITY 33

Title of the Activity: Health education on elderly health care tips, stress management and healthy aging 17.03.2022

Need of the Activity: Aging is a natural and inevitable process but aging is largely dependent on the activities done during early adulthood and also during late adulthood.

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 24 inmates of the Aparajita Old Age Home by RHTC, Mappedu regarding the elderly health care tips, stress management, and also regarding healthy aging.

<https://drive.google.com/file/d/1ZQLuRk8aUR1QC4LQGNVoeEa1Ga0q2SHJ/view?usp=s>
[haring](#)

ACTIVITY 34

Title of the Activity: Health camp for the inmates of Aparā Old Age Home 17.03.2022

Need of the Activity: Regular health check-up and screening for common diseases hold utmost importance in old age for early detection and treatment of common diseases and unhealthy practices.

Brief Description (Need/Impact/Action/Picture (if any)): A general health check-up was conducted for the 24 inmates of the Aparā Old Age Home by RHTC, Mappedu where the beneficiaries were screened for common diseases, both communicable and non-communicable and basic treatment was given along with distribution of necessary drugs

<https://drive.google.com/file/d/1ZQLuRk8aUR1QC4LQGNVoeEa1Ga0q2SHJ/view?usp=s>
[haring](#)

ACTIVITY 35

Title of the Activity: Health education on Hand Washing and demonstration 17.03.2022

Need of the Activity: Hand washing holds an importance place in prevention of COVID - 19.

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given regarding the proper hygienic techniques of handwashing which was followed by a demonstration of handwashing at UHTC, Thirumazhisai. A total of 15 people were benefitted

<https://drive.google.com/file/d/1o337vmnUFjSAuRqSVoeFmbJtGW4rD1zz/view?usp=sharing>

ACTIVITY 36

Title of the Activity: A general health camp 22.03.2022

Need of the Activity: It is important to screen for diseases regularly and to provide few basic necessary drugs

Brief Description (Need/Impact/Action/Picture (if any)): A general health camp was conducted at Solid Waste Management Plant at Thirumazhisai by UHTC, Thirumazhisai. 17 workers of the plant were screened, and treated for common diseases and also necessary basic drugs were distributed to the workers

https://drive.google.com/file/d/1i0NUD6D885XXa_OR69Zjbf9G2JFxuLJV/view?usp=sharing

ACTIVITY 37

Title of the Activity: Health education on smoking 23.03.2022

Need of the Activity: In view of World No Smoking Day

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 16 beneficiaries at RHTC, Mappedu regarding the risks of smoking, complications of smoking, and its deaddiction.

https://drive.google.com/file/d/1GRRtu_V6351u08-oBCSyycGqt1fO91gj/view?usp=sharing

ACTIVITY 38

Title of the Activity: Health education on Tuberculosis 25.03.2022

Need of the Activity: In view of World Tuberculosis Day

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given regarding risk factors, signs, symptoms, treatment, and prevention of Tuberculosis at UHTC, Thirumazhisai. It was attended by 18 beneficiaries.

<https://drive.google.com/file/d/1eCWKZGL2Ky4IgaTikRCJtI3d2KT3cnT8/view?usp=sharing>

ACTIVITY 39

Title of the Activity: General Health Camp 29.03.2022

Need of the Activity: It is important to screen for diseases regularly and to provide few basic necessary drugs

Brief Description (Need/Impact/Action/Picture (if any)): A general health camp was conducted for the construction workers of Uran rise company by UHTC, Thirumazhisai. 75 workers were treated for any ailments if present, screened for common diseases and basic necessary drugs were distributed

https://drive.google.com/file/d/1NujQ45_xdODOjyENNNbhaae_cA9tQzgH/view?usp=sharing

ACTIVITY 40

Title of the Activity: Health education on Diabetes Mellitus 30.03.2022

Need of the Activity: Diabetes Mellitus is one of the most common Non-Communicable Diseases and India is considered the diabetic capital of the world. Hence it is important to understand the risk factors of Diabetes Mellitus as it plays an important role in its prevention.

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given regarding risk factors, signs, symptoms, treatment and prevention of Diabets Mellitus at RHTC, Mappedu which was attended by 13 beneficiaries.

<https://drive.google.com/file/d/1-rNiumwQJyfmiTh9wXLbrRIAjvKQ9eP6/view?usp=sharing>
g

ACTIVITY 41

Title of the Activity: Health education on Breast Cancer 06.04.2022

Need of the Activity: In view of International Women's Day

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given regarding risk factors, signs, symptoms, treatment, and prevention of Breast cancer along with demonstrating self-assessment for breast cancer for beneficiaries at RHTC, Mappedu. It was attended by a total of 14 female villagers of Mappedu

<https://drive.google.com/file/d/196QqB06J24strz7cz8bi9MDCI2AJIs1Y/view?usp=sharing>

ACTIVITY 42

Title of the Activity: Health education on Malaria 11.04.2022

Need of the Activity: In view of World Malaria Day

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 150 students of Government Higher Secondary School at Keelmanambedu regarding risk factors, symptoms, signs, treatment, prevention of Malaria along with awareness regarding mosquito breeding sites and its elimination

<https://drive.google.com/file/d/1D0KNz5bxvG8APwYJ3ir1j5iJYUAetLvU/view?usp=sharing>
g

ACTIVITY 43

Title of the Activity: Health education on Hypertension 13.04.2022

Need of the Activity: Hypertension is one of the most common Non-Communicable Disease with serious complications if left untreated

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 13 beneficiaries of NCD clinic in RHTC, Mappedu regarding risk factors, symptoms, signs, treatment and prevention of Hypertension

<https://drive.google.com/file/d/10FwkDmTGWoana8bTH6YHtcKTRjEIMyMQ/view?usp=sharing>

ACTIVITY 44

Title of the Activity: Health education on Dengue 15.04.2022

Need of the Activity: Dengue is one of the most common and important vector-borne disease and its important to understand different aspects of this disease

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given regarding risk factors, symptoms, signs, treatment, and prevention along with awareness regarding mosquito breeding sites and its elimination. It was given to 10 beneficiaries at UHTC, Thirumazhisai

<https://drive.google.com/file/d/1m0aP1-x4j1ZhRj9b2vtPCpAU40sivG5P/view?usp=sharing>

ACTIVITY 45

Title of the Activity: General Health Camp 19.04.2022

Need of the Activity: It is important to screen for diseases regularly and to provide few basic necessary drugs

Brief Description (Need/Impact/Action/Picture (if any)): A general health camp was conducted at Panchayath Union Primary School, Mappedu along with ENT checkup for

34 students of the school along with distribution of basic necessary drugs

<https://drive.google.com/file/d/13GSpUPRqPweSq3awC-PrXqz61iJA2v74/view?usp=sharing>

ACTIVITY 46

Title of the Activity: Health education on Scabies 19.04.2022

Need of the Activity: Scabies is one of the most common communicable skin disease among children especially school going children. Hence it is important to create awareness

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 34 school children of Panchayath Union Primary School, Mappedu regarding risk factors, symptoms, signs, treatment and prevention of Scabies. Also awareness was given regarding hand hygiene

<https://drive.google.com/file/d/1pnZZNJ1ldIVcu5YVbbO6bruFJoDFiT2d/view?usp=sharing>

ACTIVITY 47

Title of the Activity: Health education on Stroke 20.04.2022

Need of the Activity: Stroke is one of the most common and dangerous complications of Hypertension

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 13 beneficiaries attending the NCD clinic at RHTC, Mappedu regarding risk factors, symptoms, signs, treatment, and prevention of Stroke.

https://drive.google.com/file/d/16brWydH-p1EesuTV9FRa-BQmz_U47lw/view?usp=sharing

ACTIVITY 48

Title of the Activity: General health Camp 21.04.2022

Need of the Activity: It is important to screen for diseases regularly and to provide few basic necessary drugs

Brief Description (Need/Impact/Action/Picture (if any)): A general health camp was conducted for 78 workers at Toprun Industry, Mappedu where basic health checkup was done and also necessary free drugs were distributed along with giving referral services.

<https://drive.google.com/file/d/1EYmfbPo6OGNyLRqkqrHoxW7rliySNsxr/view?usp=sharing>

ACTIVITY 49

Title of the Activity: Health education on good and bad hygiene practices 27.04.2022

Need of the Activity: Hygiene practices of the individual play an important role in acquiring or preventing diseases especially communicable diseases

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 12 beneficiaries of the RHTC, Mappedu regarding good and bad hygiene practices with regard to health

<https://drive.google.com/file/d/1783F00KoCwe6EIUV0AYXLxfbRLUaYPXW/view?usp=sharing>

ACTIVITY 50

Title of the Activity: NCD Clinic Every week on Wednesday (January 2022 - April 2022)

Need of the Activity: Reduction in mortality and hospitalisation due to diabetes, hypertension and acute cardiovascular/ cerebro -vascular diseases.

Brief Description (Need/Impact/Action/Picture (if any)): Weekly NCD Clinic, Beneficiaries - RHTC (includes follow-up cases); Activities - Opportunistic Screening,

Consultation and Treatment, Lifestyle modification counseling and follow up

https://drive.google.com/file/d/1QFH7jVN4_tks0SEe5Q6vstlNury4CRoy/view?usp=sharing
[g](#)

ACTIVITY 51

Title of the Activity: NCD Clinic Every week on Friday (January 2022 - April 2022)

Need of the Activity: Reduction in mortality and hospitalization due to diabetes, hypertension and acute cardiovascular/ cerebro -vascular diseases.

Brief Description (Need/Impact/Action/Picture (if any)): Weekly NCD Clinic, Beneficiaries - UHTC (656 includes follow-up cases); Activities - Opportunistic Screening, Consultation and Treatment, Lifestyle modification counseling and follow up

<https://drive.google.com/file/d/1EEDsnt2hazdoVLIn4m3B295vCNdy1iti/view?usp=sharing>

ACTIVITY 52

Title of the Activity: Fever Clinic in RHTC Everyday (January 2022 - April 2022)

Need of the Activity: For effective and Expeditious referral and to reduce the risk of transmission of COVID-19 to other vulnerable patients and healthcare workers presenting to the Centre.

Brief Description (Need/Impact/Action/Picture (if any)): Activities - Rapid Assessment & referral, Monitoring Vitals including saturation, drug distribution and counseling on quarantine and hygiene etiquettes.

[https://drive.google.com/file/d/1nej2iIKYmLOzgKpZUA3SL3MeI4SA5oWz/view?usp=shari](https://drive.google.com/file/d/1nej2iIKYmLOzgKpZUA3SL3MeI4SA5oWz/view?usp=sharing)
[ng](#)

ACTIVITY 53

Title of the Activity: Fever Clinic in UHTC Everyday (January 2022 - April 2022)

Need of the Activity: For effective and Expeditious referral and to reduce the risk of transmission of COVID-19 to other vulnerable patients and helathcare workers presenting to the Centre.

Brief Description (Need/Impact/Action/Picture (if any)): Activities - Rapid Assessment & referral, Monitoring Vitals including saturation, drug distribution and counselling on quarantine and hygeine etiquettes.

<https://drive.google.com/file/d/1P7LZDCglGo0jbHckwClulzW6FHFp5w3B/view?usp=sharing>

ACTIVITY 54

Title of the Activity: World War Orphans Day 6-Jan-2022

Need of the Activity: Awareness

Brief Description (Need/Impact/Action/Picture (if any)): SSE-UBA organised a camp in and outside the university campus, the overall objective of the camp on the "World War Orphans Day" is to raise awareness about the plight of war orphans and the conditions in which they find themselves. The day aims to raise awareness about children who have been orphaned due to wars. The objective of the day ensures to voice out the predicament of war orphans and highlight the emotional, social, and physical challenges children face while growing up. During this camp SSE-UBA sold several literature books based on the theme of "diaspora", these diasporic books are from the writers of the South-East Asian countries like Myanmar, Bangladesh, Bhutan, Srilanka, Fiji Island etc.

<https://drive.google.com/file/d/1bIMiTwIX7zk0vcmlqz0IFZnZQsUfJ6M/view?usp=sharing>

ACTIVITY 55

Title of the Activity: VILLAGE SURVEY AND BASELINE HOUSEHOLD SURVEY 22.01.2022

Need of the Activity: This survey study is a descriptive cross sectional survey that mostly

provides quantitative information on the current status of a particular situation- on whatever study topic in a given population. It aims at quantifying the distribution of certain variables in a study population at one point in time.

Brief Description (Need/Impact/Action/Picture (if any)): A baseline survey allows the researcher to understand the research problem by gathering information on the status quo. It provides a reference point for tracking the project's progress, that is to measure the degree and quality of change during an activity's implementation.

<https://drive.google.com/file/d/1pPSX7Aw07Nk40QU63aXO4-RiHcLUck1t/view?usp=sharing>

ACTIVITY 56

Title of the Activity: VILLAGE SURVEY AND BASELINE HOUSEHOLD SURVEY 05.02.2022

Need of the Activity: This survey study is a descriptive cross-sectional survey that mostly provides quantitative information on the current status of a particular situation- on whatever study topic in a given population. It aims at quantifying the distribution of certain variables in a study population at one point in time.

Brief Description (Need/Impact/Action/Picture (if any)): A baseline survey allows the researcher to understand the research problem by gathering information on the status quo. It provides a reference point for tracking the project's progress, that is to measure the degree and quality of change during an activity's implementation.

<https://drive.google.com/file/d/1n-tTG1VFcm7vliXbxtaTUTdIVGb3SAt/view?usp=sharing>

ACTIVITY 57

Title of the Activity: DEWORMING AND MENSTRUAL HYGIENE 09.03.2022

Need of the Activity: Deworming improves your child's immunity, and thereby protecting him/her from chronic illnesses caused by worms. It improves concentration and attendance, making them more productive in school. It increases nutritional uptake and

controls infections such as anemia, loose bowels, etc.

Brief Description (Need/Impact/Action/Picture (if any)): The onset of menstruation is one of the most important physiological changes occurring in girls during the adolescent years. Menstruation heralds the onset of physiological maturity in girls. It becomes the part and parcel of their lives until menopause. Apart from personal importance, this phenomenon also has social significance.

<https://drive.google.com/file/d/1N5APpHiF1ZlweyagzKOt0diE1gLTRLHR/view?usp=sharing>

ACTIVITY 58

Title of the Activity: World Leprosy Eradication Programme 31.01.2022

Need of the Activity: Created awareness on warning signs and early detection of Leprosy and its treatment modalities

Brief Description (Need/Impact/Action/Picture (if any)): The Sparsh leprosy awareness campaign was organized in Molachur PHC by Dr. G. Bhuvaneshwari HOD of Community Health Nursing Department. The UG & PG 50 students were participated regarding the theme of “United for Dignity” through sparsh leprosy pledge and followed with 3 km rally programme. Around 1000 general public were benefitted out of this programme.

<https://drive.google.com/drive/folders/19Xnj7oldOiPsnLPMiYrmjdlfjRZQubk2?usp=sharing>

ACTIVITY 59

Title of the Activity: The World cancer day programme 04.02.2022

Need of the Activity: Emphasized the significance of Cancer Awareness

Brief Description (Need/Impact/Action/Picture (if any)): The World cancer day programme was conducted on 04.02.2022 On the Theme of Closing the Care Gap in the Madhuramangalam PHC. Health education was given regarding the Theme of cancer and

Types of cancer followed by Role play performed on Early Detection and Treatment of Cancer and poster presentation on Warning sign of cancer, Breast self Examination, Prostate Examination, Prevention and Management of cancer by the students. Around 50 participants are benefited by this programme, The beneficiaries include the general peoples in the Madhuramangalam.

<https://drive.google.com/drive/folders/1qCqU0l2311Ropw3biiBtw4qbwplka00t?usp=sharing>

ACTIVITY 60

Title of the Activity: The safe motherhood day 06.05.2022

Need of the Activity: To stay at home during Coronavirus and Keep mother and new-born safe from Coronavirus.

Brief Description (Need/Impact/Action/Picture (if any)): The safemotherhood day was organised in UlundhaiPrimaryHealthCenter on 06.05.2022 Dr.senthamizhselvanM.B.B.S,MedicalOfficer,PrimaryHealthCentre(PHC),Ulundhai,ThiruvallurDistrict gave a speech based on theTheme:“Remain At Home And CoronaVirus,Protect Mother and Infant Safe From CoronaVirus”. Theposter presentation and skit was elaborated in depth on antenatalcare during COVID19 by B.Sc(N)3rd year students, followed by that foodexpo was displayed regarding antenataldiet and the delegates queries were clarified .Later, videopresentation on safemotherhood was done by postgraduatenursingstudent All the delegates gained knowledge and awareness regarding safemotherhood which was beneficial for 60to80 delegates.

https://drive.google.com/drive/folders/1c86lCGVGHS9aqJpjT_iRGJaovjBbmyRu?usp=sharing

ACTIVITY 61

Title of the Activity: World Environment Day 06.06.2022

Need of the Activity: To Preserve the Ecosystem and promote green environment

Brief Description (Need/Impact/Action/Picture (if any)):

To spread awareness among people about environmental conservation and value of nature in our lives, For that we have planned to organize the plantation at Sathrai rural village. created awareness and highlighted on importance take actions to protect our health and our environment .Totally 100 family members were benefited through this programme.

<https://drive.google.com/drive/folders/151hQtzqmYP5682IBKL70eusc807DxzMI?usp=sharing>

ACTIVITY 62

Title of the Activity: World Autism day 13.04.2022

Need of the Activity: create awareness about the Autism and also talk about rights of people with autism.

Brief Description (Need/Impact/Action/Picture (if any)): World Autism day program organized at Child developmental Centre, SMCH .B.Sc(N) III Year and P.B.BSC(N) I Year Students have created the importance towards taking care of Autism children through puppets show, Dance. Followed by Dr.Lal, Paediatrician and program Director he gave a speech on Autism to the mothers how to handle the autistic children in home. Finally our students conducted games. Children are enthusiastic and enjoyed the program.

<https://drive.google.com/drive/folders/1sUAj9iLy9A616MyzoJqkSNNNiiHYM-tN?usp=sharing>

ACTIVITY 63

Title of the Activity: Mental Health Awareness Week 06.07.2022

Need of the Activity: Eye Opening towards promotion of Mental Healthy Environment

Brief Description (Need/Impact/Action/Picture (if any)): Mental Health Awareness Week was conducted Saveetha College of Nursing, SIMATS with Unnath Bharath Abhiyaan on 06.07.2022. The program was started at 10.30 a.m at Thirumazhisai Community Area .Theme of the program is “Loneliness”. Followed by Poster was Presented by the P.B.B.Sc (N) II Year Students . They were clearly explained about what is mental illness, causes, characteristics of mentally ill, metal healthy persons and management of mental illness. Total Beneficiaries:100

https://drive.google.com/drive/folders/1M3B4JHYKf_xO07O6mA4ANU4TuZSkFYyL?usp=sharing

ACTIVITY 64

Title of the Activity: World Schizophrenia Day 8.7.2022

Need of the Activity: Fight these stigmas and make people more aware of the mental Disorder

Brief Description (Need/Impact/Action/Picture (if any)): The programme was organized by Saveetha College of Nursing, SIMATS with Unnath Bharath Abhiyaan on 08.07.2022 at Krupa Adult Disability Home, Sriperumbudur .Role play was performed by B.Sc Nursing III Year students based on the theme. Followed by Poster was Presented by the P.B.B.Sc (N) II Year Students . They were clearly explained about what is schizophrenia, types, causes and management to the staffs in krupa home as well as the patients also. Total beneficiaries were 100.

<https://drive.google.com/drive/folders/1dZqYg8V-xZQozqADvy1ekZqfr-79LeUq?usp=sharing>

ACTIVITY 65

Title of the Activity: Village survey 24.02.2022

Need of the Activity: To learn about the village demographics and facilities

Brief Description (Need/Impact/Action/Picture (if any)): This village survey aimed to learn about the demographics and facilities especially the waste management, water conservation and renewable energy sources. Also focused on educational, health and career growth avenues in the village

https://drive.google.com/drive/folders/1e4KINZogIW165mFAKMz6LLL3jCdaRYJj?usp=share_link

ACTIVITY 66

Title of the Activity: Village survey 25.02.2022

Need of the Activity: To learn about the village demographics and facilities

Brief Description (Need/Impact/Action/Picture (if any)): This village survey aimed to learn about the demographics and facilities especially the waste management, water conservation and renewable energy sources. Also focused on educational, health and career growth avenues in the village

https://drive.google.com/drive/folders/1iB_jWR8BZNATo9_Vs-8K9YpDSj2HDj2H?usp=share_link

ACTIVITY 67

Title of the Activity: Village survey 05.03.2022

Need of the Activity: To learn about the village demographics and facilities

Brief Description (Need/Impact/Action/Picture (if any)): This village survey aimed to learn about the demographics and facilities especially the waste management, water conservation and renewable energy sources. Also focused on educational, health and career growth avenues in the village

https://drive.google.com/drive/folders/1_23RLQFOwg6ZzsUk0Xu0g_si5wWfDyE5?usp=share_link

ACTIVITY 68

Title of the Activity: Village survey 19.03.2022

Need of the Activity: To learn about the village demographics and facilities

Brief Description (Need/Impact/Action/Picture (if any)): This village survey aimed to learn about the demographics and facilities especially the waste management, water conservation and renewable energy sources. Also focused on educational, health and career growth avenues in the village

https://drive.google.com/drive/folders/1EMrvLgs_OHA7ruUVY6b0QTGPUyMy8gdU?usp=share_link

ACTIVITY 69

Title of the Activity: nemili camp 17.02.2022

Need of the Activity: Gynaecological assessment camp

Brief Description (Need/Impact/Action/Picture (if any)): Good health and well being- Saveetha college of physiotherapy organized a camp in Nemili on 17/2/2022 in nemili for the gynecological problems were screened .45 patients got benefitted from the camp.

<https://drive.google.com/drive/folders/166iddT2H6Jf1Cy9vyccR2oWm9Z7ahcBU>

ACTIVITY 70

Title of the Activity: nemili camp 23/2/2022

Need of the Activity: Household survey

Brief Description (Need/Impact/Action/Picture (if any)): Good health and well being- saveetha college of physiotherapy organised household survey in Nemili village on 23/2/2022

<https://drive.google.com/drive/folders/166iddT2H6Jf1Cy9vyccR2oWm9Z7ahcBU>

ACTIVITY 71

Title of the Activity: nemili camp 5/3/2022

Need of the Activity: Household survey and tree plantation

Brief Description (Need/Impact/Action/Picture (if any)): Good health and well being- Saveetha college of physiotherapy organised household survey and tree plantation drive in Nemili village on 5/3/2022.

<https://drive.google.com/drive/folders/166iddT2H6Jf1Cy9vyccR2oWm9Z7ahcBU>

ACTIVITY 72

Title of the Activity: Nemili camp 6/4/2022

Need of the Activity: House hold survey and tree plantation

Brief Description (Need/Impact/Action/Picture (if any)): Good health and well being - Saveetha college of physiotherapy organised household survey and tree plantation drive in Nemili village on 6/4/2022

<https://drive.google.com/drive/folders/166iddT2H6Jf1Cy9vyccR2oWm9Z7ahcBU>

ACTIVITY 73

Title of the Activity: Nemili camp 7/4/2022

Need of the Activity: House hold survey and tree plantation

Brief Description (Need/Impact/Action/Picture (if any)): Good health and well being - Saveetha college of physiotherapy organised household survey and tree plantation drive in Nemili village on 7/4/2022

<https://drive.google.com/drive/folders/166iddT2H6Jf1Cy9vyccR2oWm9Z7ahcBU>

ACTIVITY 74

Title of the Activity: Nemili camp 8/4/2022

Need of the Activity: House hold survey and tree plantation

Brief Description (Need/Impact/Action/Picture (if any)): Good health and well being and Life on earth- Saveetha college of physiotherapy organised household survey and tree plantation drive in nemili village on 8/4/2022

<https://drive.google.com/drive/folders/166iddT2H6Jf1Cy9vyccR2oWm9Z7ahcBU>

ACTIVITY 75

Title of the Activity: Kondencherry Baseline household Survey Camp 12/02/2022

Need of the Activity: Baseline survey using household and village level questionnaire were carried out to find and understand the major problems.

Brief Description (Need/Impact/Action/Picture (if any)): 20 students and 2 faculties from Saveetha College of Allied health sciences conducted the camp. The students covered all the areas in Kondencherry and personally went to their places and collected the survey

<https://drive.google.com/file/d/19nJIW-MfPhA7c2XNz84Kn4kcNIEYIBPY/view?usp=sharing>

ACTIVITY 76

Title of the Activity: Kondencherry Baseline household Survey Camp & Eye screening Camp 24/02/2022

Need of the Activity: Baseline survey using household and village level questionnaire

were carried out to find and understand the major problems and to provide high quality medical services

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha Allied Health Science college organized a camp on 24/02/2022, where students collected the survey data and also conducted eye screening camp for the villagers

<https://drive.google.com/file/d/1A5R18wuolrxVrdB9Zlje52Vfs4Jc5R9R/view?usp=sharing>

ACTIVITY 77

Title of the Activity: Kondencherry Baseline household Survey Camp & Eye screening Camp 25/02/2022

Need of the Activity: Baseline survey using household and village level questionnaire were carried out to find and understand the major problems and to provide high quality medical services

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha Allied Health Science college organized a camp on 25/02/2022, where students collected the survey data and also conducted eye screening camp for the villagers

https://drive.google.com/file/d/1HHcf3-h8JU_Dclms7yA8B9xOzYt4MPpt/view?usp=sharing

ACTIVITY 78

Title of the Activity: Industrial camp 28/03/2022

Need of the Activity: Awareness program on occupational eye safety

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha Allied Health Science college organized a camp on 28/03/2022 at Precision equipments private limited, Thodukadu. Eye screening for the workers and awareness on occupational injuries and

safety measures was conducted.

<https://drive.google.com/file/d/1G8b7Q6d6FNa17AaOz628A-d7RkU5MEJ8/view?usp=sharing>

ACTIVITY 79

Title of the Activity: Kondencherry Baseline household Survey Camp 11/04/2022

Need of the Activity: Baseline survey using household and village level questionnaire were carried out to find and understand the major problems.

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Allied health sciences conducted the camp on 11/04/22 at kodencherry. The students actively participated in the survey and collected the data

<https://drive.google.com/file/d/1WMnuaLWXqPhxV2VAwGh4cd5FaMoncv77/view?usp=sharing>

ACTIVITY 80

Title of the Activity: Kondencherry Baseline household Survey Camp 12/04/2022

Need of the Activity: Baseline survey using household and village level questionnaire were carried out to find and understand the major problems.

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Allied health sciences conducted the camp on 12/04/2022 at Kodencherry. The students actively participated in the survey and collected the data

<https://drive.google.com/file/d/1avFP2Z9cOYHC-CpNOTQ6j7u459khlQtD/view?usp=sharing>

ACTIVITY 81

Title of the Activity: Rural Start up (Case Study) - Nessapakkam 05 . 02 2022

Need of the Activity: Case Study for Basic Amenities

Brief Description (Need/Impact/Action/Picture (if any)): To Check the feasibility of the Amenities to be provided towards the further development of the Village by providing the basic amenities at their nearest possible site.

https://docs.google.com/presentation/d/1Tz143QJuhsbUTPho_43H2bTj1RI3MPIG/edit?usp=sharing&ouid=111891954646501554723&rtpof=true&sd=true

ACTIVITY 82

Title of the Activity: Rural Start up (Site Study) Nessapakkam 05.03.2022

Need of the Activity: Site Study for Proposed Design

Brief Description (Need/Impact/Action/Picture (if any)): To understand the site conditions for which the amenities can be provided so that it serves at the best possible location that is easily accessed by all

https://docs.google.com/presentation/d/1HgVBfgJcbLfhcdUKyoNK_Z9jeObmaMyl/edit?usp=sharing&ouid=111891954646501554723&rtpof=true&sd=true

ACTIVITY 83

Title of the Activity: Rural Start up (Study Report) Nessapakkam 10.04.2022

Need of the Activity: Village Study Report

Brief Description (Need/Impact/Action/Picture (if any)): The Existing Facilities and surroundings that were studied encompassed the features that act as a source / resource to provide support to the users within the community

https://docs.google.com/document/d/10qroltmuq2EzhmKJ-08dlqMZT_XGYucN/edit?usp=sharing&ouid=111891954646501554723&rtpof=true&sd=true

ACTIVITY 84

Title of the Activity: Village Survey at Ulundai Village 05.03.2022

Need of the Activity: To Conduct a Village Survey on Village Infrastructure connectivity and Electricity requirements

Brief Description (Need/Impact/Action/Picture (if any)): The Village Survey was conducted and information was collected on basic Amenities, infrastructure, connectivity and electricity requirements. 20 students along with a faculty went for the survey.

<https://drive.google.com/drive/folders/1VWN0F2tPUpqR4Jmx0IOPFd-uBQEWS9f?usp=sharing>

ACTIVITY 85

Title of the Activity: Legal Awareness Camp 27.04.2022

Need of the Activity: Conducting Legal awareness camp on Problem Solving theme

Brief Description (Need/Impact/Action/Picture (if any)): Centre for life long learning conducted a Legal Awareness Camp st parani puthur on 27/04/2022.

<https://drive.google.com/drive/folders/1XBO9SHx9OgJvx2bo3SMpzNM8Mzi6kfOn?usp=sharing>

ACTIVITY 86

Title of the Activity: Legal Awareness Camp 26.04.2022

Need of the Activity: Conducting Legal awareness camp on Problem Solving theme

Brief Description (Need/Impact/Action/Picture (if any)): Centre for Life Long Learning conducted a Legal Awareness Camp at National Institute For Visually Handicapped Regional - Center For Special Teacher Training College on 26 04.2022 .Ms. D Anuradha , Assistant Professor saveetha school of law explained about the legal rights of students and the importance of life long learning.

ACTIVITY 87

Title of the Activity: Legal Awareness Camp 16.04.2022

Need of the Activity: Conducting Legal awareness camp on Problem Solving theme

Brief Description (Need/Impact/Action/Picture (if any)): Legal awareness program to workers about the necessity of learning at kadalur village, kathankadai junction

<https://drive.google.com/drive/folders/1xxSDC1gEoFkeuAiDXmdO1dCnx7AC4NDi?usp=sharing>

ACTIVITY 88

Title of the Activity: Legal Awareness Camp 15.03.2022

Need of the Activity: Conducting Legal awareness camp on Problem Solving theme

Brief Description (Need/Impact/Action/Picture (if any)): Centre for Life long learning organised Legal Awareness Camp at Sundaram Government Boys Higher Secondary School _ Thirumazhisai

https://drive.google.com/file/d/1_fUi9M37S1yBmlXUQa71ZFojDXtqsWIs/view?usp=sharing

ACTIVITY 89

Title of the Activity: Legal Awareness Camp 14.03.2022

Need of the Activity: Conducting Legal awareness camp on Problem Solving theme

Brief Description (Need/Impact/Action/Picture (if any)): Centre for Life long learning organised Legal Awareness Camp at Santhavalur village Near sunguvarchatram on

14.03.2022

<https://drive.google.com/file/d/1K3zTVLD4NHsillw54LVbDk1EIP3ZeejP/view?usp=sharing>

ACTIVITY 90

Title of the Activity: Legal Awareness Camp 08.03.2022

Need of the Activity: Conducting Legal awareness camp on Problem Solving theme

Brief Description (Need/Impact/Action/Picture (if any)): The department of criminal law held an awareness session for students of Sri Sankara Vidya Kendra matriculation higher secondary school in Chennai on 8.3.22 (Tuesday) as part of the week-long women's day celebrations.

https://drive.google.com/drive/folders/1ohrJ2_DnBch6a2C_C6mnaCSd_hupKJN_?usp=sharing

ACTIVITY 91

Title of the Activity: Legal Awareness Camp 02.03.2022

Need of the Activity: Conducting Legal awareness camp on Problem Solving theme

Brief Description (Need/Impact/Action/Picture (if any)): A legal awareness camp was conducted by the Centre for Criminal Justice Research at Shree Bharath Vidyashram, Tambaram on 02.03.2022. Asst. Prof. Aswathy Prakash G- Head of the Centre and Asst. Prof. Anuradha accompanied by Mr. Leelesh Sundaram and Ms. Madhumitha gave legal awareness on cyber security for the high school students. As an introductory note Prof. Aswathy Prakash has explained about cyberspace and various cyber offenses taking place there. In the said awareness lecture, the students were also given an idea as to how to maintain digital etiquettes and how cyber crime actually occurs, with realistic examples which was welcomed by the students and teachers largely. Following which Mr. Leelesh

Sundaram had explained and created awareness on the offense of online grooming, how children becoming a victim and how to prevent the same. During the course of the said awareness Mr. Leelesh Sundaram also shared tip and techniques on steps to be taken when a person encounters and becomes a victim to online grooming. As a result of this session the students had not only gained awareness on the offense of online grooming but also gained confidence as to how to seek remedy and justice, if they ever come across such incidents in future. As a part of the awareness programme, Ms. Madhumitha explained about cyber obscenity, its causes and effects, in a child friendly manner, which was widely welcomed by the students as they gained awareness on the offense and the challenges arising out of the same. Ms. Anuradha explained why it is important even for the children to know about the laws of our country as ignorance of law is not an excuse as per Indian laws. On the concluding note the team also gave tips about how to be safe online and how to report cyber crimes, offline and online. The session immensely helped the students to gain awareness on cyber security. The said awareness not only helped the students to be aware of the offenses occurring in cyberspace, but also imparted practical tips as to how to protect themselves online, which is essential for the present society as the cyber offenses targeting children are increasing day by day. The session was attended by around 45 students and teachers from Shree Bharath Vidyashram. The event concluded by vote of thanks by Ms. Anuradha, who appreciated the management of Shree Bharath Vidyashram for their exceptional coordination and efforts in providing a platform for creating an awareness on cyber offenses against children.

<https://drive.google.com/file/d/1KFi1K2uweyHntPeniqw6wd5q3eDlwzZz/view?usp=sharing>

ACTIVITY 92

Title of the Activity: Legal awareness campaign on Right to education at Pachayat Union Public School, Thailavaram Chengalpattu District 21/07/2022

Need of the Activity: Conducting Legal awareness camp on Problem Solving theme

Brief Description (Need/Impact/Action/Picture (if any)): It was a one new experience. We visited the PUP school in Thailavaram located in Chengalpattu District. The school

management was very welcoming. It was a small village which had elementary school classes till 5th standard. For their higher studies they had to move to the main city only. Two faculties named Mrs. S P Vidyassri and Ms. Kaliselvi, Assistant Professors of Law from the Department of Business Law and 60 students of Saveetha School of Law spoke on the topic "IMPORTANCE OF RIGHT TO EDUCATION ". The objective of RTE and Education as a fundamental right was discussed with the Head Master, teachers, District secretary Education Department, ward Counselor of thailavaram, SMC Leader. The members of the school committee also joined us in the discussion about the RTE ACT . The right to education has been recognized as a human right in a number of international conventions, including the International Covenant on Economic, Social and Cultural Rights which recognizes a right to free, compulsory primary education for all, an obligation to develop secondary education accessible to all with the progressive introduction of free secondary education, as well as an obligation to develop equitable access to higher education, ideally by the progressive introduction of free higher education. We discussed the importance of education with the students in the school. We also noticed the school providing them lunch according to the mid-day meals scheme now known as "PM Poshan" . The kids were not accessible to many new things and they were so excited to talk with us . There were approximately 300 students from class 1 to 5 . We interacted with all the kids there and entertained them with a little bit of knowledge about what education is and it's importance. We interacted with the kids and encouraged them to stand before all and talk. We also asked a few general questions to the students and also enquired about the system they followed there. Lot of students came up with Telling rhymes and shared a lot out of excitement. This was a total great experience meeting people in the rural areas and spreading the knowledge about law gave us satisfaction.

https://drive.google.com/file/d/12fClSV_e47GqXQutiZmP90be4paFCdsn/view?usp=drivesdk



UNNAT BHARAT ABHIYAN

SAVEETHA INSTITUTE OF MEDICAL AND TECHNICAL SCIENCES (U-0475)

PROGRESS REPORT

MAY 2022 - AUGUST 2022

UBA Coordinator's Name: Dr Sindhu Ramesh

Email: dean.acd@saveetha.com

Phone Number: 9840136543

Sr No	ADOPTED VILLAGES	TALUK	DISTRICT
1	Sembarambakkam	Poonamallee	Tiruvallur
2	Madhuramangalam	Sriperumbudur	Kancheepuram
3	Molachur	Sriperumbudur	Kancheepuram
4	Mevalurkuppam	Sriperumbudur	Sriperumbudur
5	Nesapakkam	Chennai	Chennai

Next Plan of Action -Activity to be conducted(along with reason)

- To raise awareness about hand hygiene during COVID 19 and the importance of maintaining good hand hygiene.
- To raise awareness regarding the pollution in the environment to the patients visiting Saveetha

Dental College.

- To raise awareness about the importance of blood donation and its impact on the society
- Health camps involving Ophthalmologists will be conducted and health education regarding ocular hygiene and eye donation.
- Health education on Acute Diarrhoeal Diseases, importance of ORS in treating ADD and preparation of home-made ORS
- Health education will be given regarding hepatitis in the villages
- Health camps will be conducted for geriatric population and health education will be given on elderly abuse problems in the community.
- Impart socially relevant and Professionally desired legal education towards conducting Community outreach Programmes
- Entrepreneurship Development Activities- EDP activities to be conducted to promote their entrepreneurial skills by giving them good ideas about the government subsidy schemes available for the MSMEs. Brainstorming can be done to help them polish their business ideas and incubation can be done with the help of management students.
- Family financial budgeting- Awareness can be given to the villagers regarding budgeting and its importance. Planning of expenses and savings can be taught
- Mentoring and counseling- mentoring and counseling can be given to different age groups based on their needs such as societal, emotional, and family factors.
- Self Help Groups (SHG) - marketing activities and skills- women empowerment- government schemes and loans- subsidies. Marketing and promotion activities will be taught to them. Department can assist them by conducting SHG Mela or Market Bazaar.
- Financial literacy- tax planning- Online transactions-GST- Financial security- Savings schemes- Govt schemes- fraudulent practices under this category, villagers will be given awareness about financial matters
- Career planning- soft skills- employability skills- stress management- communication skills- self confidence- making industry ready. This mainly focuses on the youth of the villagers and will help them to plan their career and its related activities.
- Internet/Digital Literacy- basic internet skills- fraudulent practices, Basic computer skills for youngsters
- Women care- parental care. Under this, women would be given all kinds of awareness for their self development, self confidence and tips for good parenting.
- Planning to conduct Rally to create awareness
- Referral Service, Participate in Pulse Polio immunization Programme, Leprosy Screening,

Screening of Cervical Cancer through PAP Smear, Reinforce the warning signs and teach self assessment of early detection of cancer, Distribution of deworming drug and screening of Anemia, Follow up of Practice on prevention of non-communicable diseases, Reinforcement and follow up, Extension of pandemic relief activities, Insisting the child safety, Follow up through mental status examination, Plan to provide nursing care among elders with dementia and Alzheimer's disease, Emphasizes the importance of this day every year, Plan for weight control practices in next visit, Plan for dental and refractive error screening and mass health education among parents, Follow up and referral services

List of Activities

ACTIVITY 1

Title of the Activity: Oral health education given for workers in Mahatma Gandhi National Rural Employment Guarantee scheme 24.05.2022

Need of the Activity: To create oral health awareness and COVID -19 preventive measure to the workers enrolled in Mahatma Gandhi National Rural Employment Guarantee scheme

Brief Description (Need/Impact/Action/Picture (if any)): A total of seventy 100 day workers were present. They were enlightened on the maintenance of optimal oral hygiene and brushing techniques were taught to them using tooth models. They were also educated on the importance of wearing masks, social distancing as well as adequate hand hygiene amid the pandemic through an interactive, candid session with active participation. Following this, the doctors also reached out to the health workers and nurses in the nearest primary health center and sought out their joint efforts for anti-tobacco counseling for villages nearby

<https://drive.google.com/file/d/1wm463LL4zE30BQQB0X6sczeqCbuThLKD/view?usp=sharing>

ACTIVITY 2

Title of the Activity: Tobacco - a threat to environment awareness given for MGNREGA scheme workers 31.05.2022

Need of the Activity: To create tobacco - a threat to environment awareness to the workers enrolled in Mahatma Gandhi National Rural Employment Guarantee scheme

Brief Description (Need/Impact/Action/Picture (if any)): A total of eighty five 100 day workers were present. They were enlightened on the maintenance of optimal oral hygiene and brushing techniques were taught to them using tooth models. The villagers were also made to be aware of the harmful effects of using tobacco with the help of placards containing anti tobacco slogans. They were advised on measures for habit cessation and educated on the consequences of continuing the habit. Following this, manja pai (yellow cloth bags) were distributed as a reminder to use recyclable bags for daily use. They were educated on the unfavorable effects that plastic bags/items have on the environment.

https://drive.google.com/file/d/1_co6my7Q4Ltc7Vg7SosQwG_2S1aiUJ7/view?usp=sharing

ACTIVITY 3

Title of the Activity: General health and oral health awareness program 28.06.2022

Need of the Activity: To create oral health and general health awareness on COVID-19 and tobacco use

Brief Description (Need/Impact/Action/Picture (if any)): A total of 100 were present. They were enlightened on the maintenance of optimal oral hygiene and brushing techniques were taught to them using tooth models. The villagers were also made to be aware of the harmful effects of using tobacco with the help of placards containing anti tobacco slogans. They were advised on measures for habit cessation and educated on the consequences of continuing the habit. Following this, manja pai (yellow cloth bags) were distributed as a reminder to use recyclable bags for daily use. They were educated on the unfavorable effects that plastic bags/items have on the environment.

https://docs.google.com/document/d/14YR2N2_dD5kNgO3zQfzQ8GuifX00t6nJ/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true

ACTIVITY 4

Title of the Activity: General health and oral health awareness program 28.06.2022

Need of the Activity: To create oral health and general health awareness on COVID-19 and tobacco use

Brief Description (Need/Impact/Action/Picture (if any)): A total of 100 were present. They were enlightened on the maintenance of optimal oral hygiene and brushing techniques were taught to

them using tooth model. The villagers were also made to be aware of the harmful effects of using tobacco with the help of placards containing anti tobacco slogans. They were advised on measures for habit cessation and educated on the consequences of continuing the habit. Following this, manja pai (yellow cloth bags) were distributed as a reminder to use recyclable bags for daily use. They were educated on the unfavorable effects that plastic bags/items have on the environment.

https://docs.google.com/document/d/14YR2N2_dD5kNgO3zQfzQ8GuifX00t6nJ/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true

ACTIVITY 5

Title of the Activity: Oral Screening camp and Oral Health Awareness camp 28.06.2022

Need of the Activity: To create oral health and general health awareness on COVID-19 and tobacco use

Brief Description (Need/Impact/Action/Picture (if any)): A total of 100 were present. They were enlightened on the maintenance of optimal oral hygiene and brushing techniques were taught to them using tooth models. The villagers were also made to be aware of the harmful effects of using tobacco with the help of placards containing anti tobacco slogans. They were advised on measures for habit cessation and educated on the consequences of continuing the habit. Following this, manja pai (yellow cloth bags) were distributed as a reminder to use recyclable bags for daily use. They were educated on the unfavorable effects that plastic bags/items have on the environment.

https://docs.google.com/document/d/14YR2N2_dD5kNgO3zQfzQ8GuifX00t6nJ/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true

ACTIVITY 6

Title of the Activity: Menstrual Hygiene awareness program 29.07.2022

Need of the Activity: To create menstrual hygiene awareness among menstruating women in MNGREGA scheme

Brief Description (Need/Impact/Action/Picture (if any)): To increase access to and use of high quality sanitary napkins to adolescent girls in rural areas. To ensure safe disposal of Sanitary Napkins in an environmentally friendly manner. By strengthening confidence and negotiation skills, menstrual health and hygiene programmes can help people who menstruate overcome obstacles to

their health. Menstrual Hygiene awareness was given to the people of keelachery, free sanitary napkin distribution was done. The awareness talk covered menstrual hygiene, disposal of sanitary napkins and the importance of menstrual hygiene.

<https://docs.google.com/document/d/1bCHyUdupsa-9cFgAppwOVjRExGeGynR0/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 7

Title of the Activity: Oral Screening and treatment camp and Oral Health Awareness camp - Chembarapakkam 06.08.2022

Need of the Activity: To reduce the tooth mortality and morbidity due to non-communicable diseases

Brief Description (Need/Impact/Action/Picture (if any)): A total of 52 people were screened, treated and health education was given on the importance of brushing twice daily and proper brushing techniques were taught using typodont model. Among them oral prophylaxis was done to 6 people. Cards for free basic treatments were distributed. Potentially active referrals were then referred to the respective Specialized Departments, Saveetha Dental College.

<https://docs.google.com/document/d/1TfhKjtg3nw1JSRfDmAx1QUuogODQTfmG/edit?usp=sharing&ouid=116577199485346192109&rtpof=true&sd=true>

ACTIVITY 8

Title of the Activity: Oral Health Awareness camp - Ulundhai PHC 08.08.2022

Need of the Activity: To reduce the tooth mortality and morbidity due to non-communicable diseases

Brief Description (Need/Impact/Action/Picture (if any)): Oral health awareness program was conducted among the health care workers such as local dais, village health workers, anganvadi workers regarding oral hygiene maintenance, ill effects of tobacco use to inculcate the same among the village people

https://docs.google.com/document/d/1xNsg9jth900-WheN46tZMw5_LqtrwU2O/edit?usp=sharing&

ACTIVITY 9

**Title of the Activity: Oral screening and oral health awareness program for college students
12.08.2022**

Need of the Activity: To reduce the tooth mortality and morbidity due to non-communicable diseases

Brief Description (Need/Impact/Action/Picture (if any)): Oral screening was done for 105 students and an oral health awareness talk regarding oral hygiene maintenance, ill effects of tobacco use and drug abuse was delivered to the vulnerable student population

https://docs.google.com/document/d/1ju1yhUZ7qXT7j7bd9J3iCFYs_MV7_UUa/edit?usp=sharing&ouid=116577199485346192109&rtpof=true&sd=true

ACTIVITY 10

Title of the Activity: Grama Sabha meeting - Mappedu 15.08.2022

Need of the Activity: To draft the plan of action in the village by conducting Grama Sabha meeting

Brief Description (Need/Impact/Action/Picture (if any)): Meeting was conducted and attended by village president, secretary and all ward members of Mappedu panchayat. Discussion regarding water facility, sanitation facility, solar lights and cremation areas, furnitures and toilet for schools, cement roads needed has been discussed

<https://docs.google.com/document/d/1KyEyJ7zg7BIKHFbefjQuJIRgnx79K2Yc/edit?usp=sharing&ouid=116577199485346192109&rtpof=true&sd=true>

ACTIVITY 11

**Title of the Activity: Oral health awareness program - Govt Middle school - Kodencherry
23.08.2022**

Need of the Activity: To reduce the tooth mortality and morbidity due to non-communicable diseases

Brief Description (Need/Impact/Action/Picture (if any)): Oral health awareness program was conducted among school children and staffs regarding oral hygiene maintenance, ill effects of tobacco use

https://docs.google.com/document/d/1e_xkfELjiVGke3tva_s_HvIPvO8Y0pOz/edit?usp=sharing&oid=116577199485346192109&rtpof=true&sd=true

ACTIVITY 12

Title of the Activity: Health education on Myocardial Infarction 04.05.2022

Need of the Activity: Myocardial Infarction is one of the leading causes of mortality worldwide and its incidence is increasing in India due to changes in lifestyle modification and diet habits. Awareness regarding MI helps in reducing the incidence and prompt response during an event of MI

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 09 beneficiaries attending the NCD clinic in RHTC, Mappedu regarding risk factors, causes, signs, symptoms, treatment and prevention of Myocardial Infarction

<https://drive.google.com/file/d/16QlpUq-pqC2o3qk6atr0sOAAoFrq4zHW/view?usp=sharing>

ACTIVITY 13

Title of the Activity: Health education on Hypertension 06.05.2022

Need of the Activity: In view of 'World Hypertension Day'

Brief Description (Need/Impact/Action/Picture (if any)): A total of 14 beneficiaries attended the health education session given at UHTC, Thirumazhisai regarding Hypertension and its prevention

<https://drive.google.com/file/d/1T4XA5C7tv6DU9ccnXhp7PIRqYUQUdJbZ/view?usp=sharing>

ACTIVITY 14

Title of the Activity: Health education on Hypertension 06.05.2022

Need of the Activity: In view of 'World Hypertension Day'

Brief Description (Need/Impact/Action/Picture (if any)): A total of 14 beneficiaries attended the health education session given at UHTC, Thirumazhisai regarding Hypertension and its prevention

<https://drive.google.com/file/d/1T4XA5C7tv6DU9ccnXhp7PIRqYUQUdJbZ/view?usp=sharing>

ACTIVITY 15

Title of the Activity: Health education on Tuberculosis 11.05.2022

Need of the Activity: During the pandemic of COVID - 19, Tuberculosis is one of the neglected diseases but still holds importance as it spreads in the same way as COVID - 19. Hence to increase the awareness and to increase the compliance the session was given

Brief Description (Need/Impact/Action/Picture (if any)): 10 beneficiaries at RHTC, Mappedu were given health education regarding causes, modes of spread, signs, symptoms, latent period, treatment, compliance, and prevention of TB

https://drive.google.com/file/d/1apF0TJZSNeL6bz4SvP_JxGTIf-HT7o1m/view?usp=sharing

ACTIVITY 16

Title of the Activity: Health education on Diarrhoeal diseases 13.05.2022

Need of the Activity: In view of 'World Hand Hygiene Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 18 beneficiaries in UHTC, Thirumazhisai regarding different diarrhoeal diseases, their causes, and modes of spread, signs, symptoms, treatment including demonstration of ORS preparation and prevention including the importance of hand hygiene

https://drive.google.com/file/d/15jmd3bm_FVklqTlwXius7JWUwSkQmT6c/view?usp=sharing

ACTIVITY 17

Title of the Activity: General Health Camp 14.05.2022

Need of the Activity: It is important to screen for diseases regularly and to provide few basic necessary drugs and referral services

Brief Description (Need/Impact/Action/Picture (if any)): A general health camp was conducted

for 103 beneficiaries at Kottaiyur Village under Mappedu Panchayath providing services like primary care, screening, distribution of basic drugs, and referral.

https://drive.google.com/file/d/1zeF55RZ_eVGPv7UI3y-2NYv5z17cHkTn/view?usp=sharing

ACTIVITY 18

Title of the Activity: Health education on Hand Hygiene and Personal Sanitization 14.05.2022

Need of the Activity: In view of 'World Hand Hygiene Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding hand hygiene and personal sanitization was given to 26 beneficiaries of Kottaiyur village under Mappedu Panchayath which was followed by demonstration of proper hand washing technique.

https://drive.google.com/file/d/1pKmxl2_3Y3NXZy98LHIHKThsi-GOIKkK/view?usp=sharing

ACTIVITY 19

Title of the Activity: General Health Camp 18.05.2022

Need of the Activity: It is important to screen for diseases regularly and to provide few basic necessary drugs and referral services

Brief Description (Need/Impact/Action/Picture (if any)): A general health camp was conducted at Sydco Industrial Estate, Urban Real Estate Company, on 47 workers which also included the distribution of basic necessary drugs and referral services.

<https://drive.google.com/file/d/1-ttoOAL3VCuY6IKvgfjbzK7x006Un3OU/view?usp=sharing>

ACTIVITY 20

Title of the Activity: Health education on Rabies 18.05.2022

Need of the Activity: Due to menace of the stray dogs, the risk of Rabies has increased which is a very fatal disease

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 10 beneficiaries of Mappedu Village regarding dog care, categories of contact with a suspected rabid dog, and post-exposure prophylaxis.

<https://drive.google.com/file/d/1MBz-oTnO1jgGXL9soRmGIr0ZPQjkmpea/view?usp=sharing>

ACTIVITY 21

Title of the Activity: Health education on Malaria 20.05.2022

Need of the Activity: In view of 'World Environment Day' with regard to mosquito breeding places

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 14 beneficiaries regarding the causative organism, risk factors, signs, symptoms, treatment and prevention along with the National Vector Borne Disease Program

<https://drive.google.com/file/d/1jCePV39wOwuvCPEmwQUoMC3RquEN9M1O/view?usp=sharing>

ACTIVITY 22

Title of the Activity: Health education on Road Traffic Accident 25.05.2022

Need of the Activity: Road Traffic Accidents is one of the top five causes of death in India. By following traffic rules many of the accidents can be avoided

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given regarding road traffic accidents and their prevention to 14 beneficiaries of Mappedu village

https://drive.google.com/file/d/1oVeeAnuWQPEvNkQ5UIGD_FUhDYMZjGAz/view?usp=sharing

ACTIVITY 23

Title of the Activity: Health education on Tobacco smoking 27.05.2022

Need of the Activity: In view of 'World No Tobacco Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 18 beneficiaries at UHTC, Thirumazhisai regarding the harmful effects of smoking and its prevention

<https://drive.google.com/file/d/1CREthiBoKEF3mEU5eE1zUtba5OXTKOB2/view?usp=sharing>

ACTIVITY 24

Title of the Activity: Health education on smoking 01.06.2022

Need of the Activity: In view of 'World No Tobacco Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given regarding the smoking effects on the cardio-vascular system, signs and symptoms, passive smoking etc. to 10 beneficiaries of Mappedu Village

https://drive.google.com/file/d/13bIJ4v-zFyP_G9H5tzs7L6DZaRsqUhp3/view?usp=sharing

ACTIVITY 25

Title of the Activity: General Health Camp 03.06.2022

Need of the Activity: It is important to screen for diseases regularly and to provide few basic necessary drugs and referral services

Brief Description (Need/Impact/Action/Picture (if any)): A general health camp was conducted on 50 industry workers of Primetec Automotive Industry at Ulundai along with distribution of basic necessary drugs and referral services.

https://drive.google.com/file/d/1kjBI8eHKxVP_ZnqI-YXqgOolQq9wTgJ3/view?usp=sharing

ACTIVITY 26

Title of the Activity: Health education on Mental Health 03.06.2022

Need of the Activity: Mental health is one of the most neglected and ignored topic and creating an awareness is of utmost importance

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 30 industry workers of Primetec Automotive Industry at Ulandai regarding mental health, work-life balance, and stress management

https://drive.google.com/file/d/1u5bUBKRtAtEG99k_ejoJRegZgfNXraiB/view?usp=sharing

ACTIVITY 27

Title of the Activity: Health education on Rabies 03.06.2022

Need of the Activity: Due to menace of the stray dogs, the risk of Rabies has increased which is a very fatal disease

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given regarding dog bite, pre and post-exposure prophylaxis to 17 beneficiaries at UHTC, Thirumazhisai

https://drive.google.com/file/d/1WAa-uipF7md96hn-vziFmfoNe1whcFF_/view?usp=sharing

ACTIVITY 28

Title of the Activity: Health education of types of poisoning 08.06.2022

Need of the Activity: Taking poison is one of the commonest method of committing suicide and hence it is important to have awareness regarding basic first aid to be given in such cases

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 15 beneficiaries of Mappedu village regarding different types of poisoning and first-aid measures to be given.

<https://drive.google.com/file/d/1P5UeKBlv9Haw-kMSaPn7VrJ-wCzFT0Lf/view?usp=sharing>

ACTIVITY 29

Title of the Activity: Health camp at Old Age Home 10.06.2022

Need of the Activity: Regular health check-up and screening for common diseases hold utmost importance in old age for early detection and treatment of common diseases and unhealthy practises.

Brief Description (Need/Impact/Action/Picture (if any)): A general health camp was conducted for the 25 inmates of the Aparna Old Age Home, Kilacheri and beneficiaries were provided with basic necessary drugs and referral services

https://drive.google.com/file/d/1KkK0aPffHiw9_7nYr3L163zwEWrEY56KF/view?usp=sharing

ACTIVITY 30

Title of the Activity: Health education on COVID - 19 vaccination 10.06.2022

Need of the Activity: Vaccine against COVID - 19 helps in prevention of severe form of disease and also reduces the burden of the disease on the health system

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 15

beneficiaries of Thirumazhisai regarding signs and symptoms of COVID - 19, vaccines available in India, dosage, importance and possible side effects of vaccination which helped in clearing the myth surrounding the vaccination

<https://drive.google.com/file/d/1pYaslCvsElf7En2MdBFa9Vkce939T9G2/view?usp=sharing>

ACTIVITY 31

Title of the Activity: Health education on Diabetic Care 10.06.2022

Need of the Activity: Diabetes Mellitus is one of the most common Non-Communicable Diseases and India is considered the diabetic capital of the world. Hence it is important to understand the risk factors of Diabetes Mellitus as it plays an important role in its prevention.

Brief Description (Need/Impact/Action/Picture (if any)): Health awareness was created regarding signs and symptoms, treatment and prevention of Diabetes Mellitus. Utmost importance was given to Diabetic Care which helps in preventing many complications of Diabetes Mellitus to 25 inmates of Aparna Old Age Home, Kilacheri, Mappedu

https://drive.google.com/file/d/1NU_88eF11Ae7iGC5xPcoTmCyO3UslhL3/view?usp=sharing

ACTIVITY 32

Title of the Activity: General Health Camp 11.06.2022

Need of the Activity: It is important to screen for diseases regularly and to provide few basic necessary drugs and referral services

Brief Description (Need/Impact/Action/Picture (if any)): A general health camp was conducted on 59 beneficiaries of Nedunchery Village, Thirumazhisai where necessary advice along with basic drugs and referral services were given

<https://drive.google.com/file/d/1jtW5-kKYqSbQJ4Z8aqgmG0FaZp3ztU5o/view?usp=sharing>

ACTIVITY 33

Title of the Activity: Health education on Diarrhoeal diseases 15.06.2022

Need of the Activity: In view of 'World Hand Hygiene Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given on causes, signs, symptoms, treatment and preventive measures of various diarrhoeal diseases for 13 beneficiaries of Mappedu Village

https://drive.google.com/file/d/1W3KUB3-ZLpOhr8ZDS8_RCj4PFK4JBMzY/view?usp=sharing

ACTIVITY 34

Title of the Activity: Health education on Rabies 17.06.2022

Need of the Activity: Due to menace of the stray dogs, the risk of Rabies has increased which is a very fatal disease

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 47 students of Erayamangalam Panchayath Primary School regarding immediate measures to be taken on dog bites, post-exposure prophylaxis and pre-exposure prophylaxis

https://drive.google.com/file/d/1zGfsBk7bw_JSwi7hj4NPMXW11KFq7mm3/view?usp=sharing

ACTIVITY 35

Title of the Activity: General Health Camp 17.06.2022

Need of the Activity: It is important to screen for diseases regularly and to provide few basic necessary drugs and referral services

Brief Description (Need/Impact/Action/Picture (if any)): A general health camp was conducted on 47 school children of Erayamangalam Panchayath Primary School where advises along with basic necessary drugs and referral services were given

https://drive.google.com/file/d/1Pkmxt7ugeJRXceJnMVoRLD4rKwyI_V4Y/view?usp=sharing

ACTIVITY 36

Title of the Activity: Health education on Yoga 22.06.2022

Need of the Activity: In view of 'International Yoga Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 10 beneficiaries of Mappedu Village regarding Yoga and its benefits on non-communicable diseases and mental health

<https://drive.google.com/file/d/1NrAMRrT59GPiQc02MDOwbVEQqLGoOMew/view?usp=sharing>

ACTIVITY 37

Title of the Activity: Health education on Chronic Obstructive Pulmonary Disease 29.06.2022

Need of the Activity: In view of 'World No Tobacco Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given regarding signs, symptoms, causes, treatment and prevention including the role of smoking tobacco in causing COPD to 10 beneficiaries of Mappedu

<https://drive.google.com/file/d/10mafBUChi977KSY3ZDaAlBp6wOK6f59s/view?usp=sharing>

ACTIVITY 38

Title of the Activity: Health education on Pulmonary Tuberculosis 01.07.2022

Need of the Activity: In view of 'World No Tobacco Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 20 beneficiaries at UHTC, Thirumazhisai regarding modes of spread, signs, symptoms, treatment and prevention of TB including the role of tobacco smoking affecting the treatment and prevention of TB

<https://drive.google.com/file/d/13aKXovFUje1-TvwovEs8KHPNrgTCxE8l/view?usp=sharing>

ACTIVITY 39

Title of the Activity: Health education on Rabies 01.07.2022

Need of the Activity: Due to menace of the stray dogs, the risk of Rabies has increased which is a very fatal disease

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 50 children of Erayamangalam Panchayath Higher Secondary School regarding immediate measures to be taken on dog bites, post-exposure prophylaxis and pre-exposure prophylaxis

https://drive.google.com/file/d/11fwMpoyl2de5MAa-vZuHcs8sGNkr96t_/view?usp=sharing

ACTIVITY 40

Title of the Activity: General Health Camp 01.07.2022

Need of the Activity: It is important to screen for diseases regularly and to provide few basic necessary drugs and referral services

Brief Description (Need/Impact/Action/Picture (if any)): A general health camp was conducted on 116 school children of Erayamangalam Panchayath Higher School where advice along with basic necessary drugs and referral services were given

<https://drive.google.com/file/d/1rFKDWIWZQ3Uo-sYOR98kaBt1jUsEnBKI/view?usp=sharing>

ACTIVITY 41

Title of the Activity: Health education on Diabetes Mellitus and Hypertension 06.07.2022

Need of the Activity: Diabetes Mellitus is one of the most common Non-Communicable Diseases and India is considered the diabetic capital of the world. Hence it is important to understand the risk factors of Diabetes Mellitus as it plays an important role in its prevention. Hypertension is one of the most common Non-Communicable Disease with serious complications if left untreated

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 15 beneficiaries of Mappedu Village regarding risk factors, signs, symptoms, treatment, complications and prevention of Diabetes Mellitus and Hypertension

<https://drive.google.com/file/d/1Rn0BMtxJrpAVQILJULSU47xKwIfbABmJ/view?usp=sharing>

ACTIVITY 42

Title of the Activity: General Health Camp 07.07.2022

Need of the Activity: It is important to screen for diseases regularly and to provide few basic necessary drugs and referral services

Brief Description (Need/Impact/Action/Picture (if any)): A general health camp was conducted for 22 beneficiaries of Elankaliamman Nagar, Thirumazhisai where basic necessary drugs were given along with referral services

<https://drive.google.com/file/d/1zbLrBBMUgtEJYKVdD4jqV4ku8LfiNTc5/view?usp=sharing>

ACTIVITY 43

Title of the Activity: Health education on Mental Health 07.07.2022

Need of the Activity: Mental health is one of the most neglected and ignored topic and creating an awareness is of utmost importance

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding mental health, its importance and few methods to prevent mental issues was given to 22 beneficiaries of Elankaliamman Nagar, Thirumazhisai

<https://drive.google.com/file/d/1x6AzHBmuTPy1AEcVN9cTK4fcS1K4ttee/view?usp=sharing>

ACTIVITY 44

Title of the Activity: Health Education on Road Traffic Accident 08.07.2022

Need of the Activity: Road Traffic Accidents is one of the top five causes of death in India. By following traffic rules many of the accidents can be avoided

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 20 beneficiaries of Thirumazhsai regarding what is RTA, its causes, road safety measures, and 8 simple steps to minimize risks while travelling.

<https://drive.google.com/file/d/1Lcd7fmQLnsGjTpWs6LPOXyqs4PR-Qji5/view?usp=sharing>

ACTIVITY 45

Title of the Activity: Health education on Stroke 13.07.2022

Need of the Activity: Stroke is one of the most common and dangerous complications of Hypertension

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 15 beneficiaries at Mappedu Village regarding risk factors of stroke and its prevention

<https://drive.google.com/file/d/1icJk6Ok55d25hY4IQVPFC-1YDrhuXFh6/view?usp=sharing>

ACTIVITY 46

Title of the Activity: Speciality Health Camp 14.07.2022

Need of the Activity: It is important to screen for diseases regularly and to provide few basic necessary drugs and referral services

Brief Description (Need/Impact/Action/Picture (if any)): A speciality camp was conducted for 62 beneficiaries of Koovam Village where general health check-up was done along with ENT and Ophthalmology services and basic necessary drugs were distributed along with referral services.

<https://drive.google.com/file/d/1Cbv62stfOVZ6Jdi8PDZ7gXp-d76F5aoK/view?usp=sharing>

ACTIVITY 47

Title of the Activity: Health education on Diabetes Mellitus and Hypertension 14.07.2022

Need of the Activity: Diabetes Mellitus is one of the most common Non-Communicable Diseases and India is considered the diabetic capital of the world. Hence it is important to understand the risk factors of Diabetes Mellitus as it plays an important role in its prevention. Hypertension is one of the most common Non-Communicable Disease with serious complications if left untreated

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 62 beneficiaries of Koovam Village regarding risk factors, signs, symptoms, treatment, complications and prevention of Diabetes Mellitus and Hypertension

<https://drive.google.com/file/d/1x0pMXS1PEzJ-vXTF46B0RwvswqzwOBq/view?usp=sharing>

ACTIVITY 48

Title of the Activity: Health education on Hand Hygiene 14.07.2022

Need of the Activity: In view of 'World Hand Hygiene Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 150 school children of Government Middle School, Thirumazhisai regarding hand hygiene and related disease along with demonstration of proper technique of hand washing

<https://drive.google.com/file/d/14hXCLbAyVHMGtKX85PLeX7g1p68WRwHq/view?usp=sharing>

ACTIVITY 49

Title of the Activity: Health education on Mental Health 15.07.2022

Need of the Activity: Mental health is one of the most neglected and ignored topic and creating an awareness is of utmost importance

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding mental health, its importance and few methods to prevent mental issues was given to 32 beneficiaries at UHTC, Thirumazhisai

https://drive.google.com/file/d/1jVp084fECP7ccIg-R6H8BRXu_wqb3G9y/view?usp=sharing

ACTIVITY 50

Title of the Activity: Health education on Hand Hygiene 16.07.2022

Need of the Activity: In view of 'World Hand Hygiene Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 61 school children at Keezhamanamedu regarding hand hygiene and related disease along with demonstration of proper technique of hand washing

<https://drive.google.com/file/d/1uDZ1PVuYb2spxWUO51vKelC99uCzWkNI/view?usp=sharing>

ACTIVITY 51

Title of the Activity: Speciality Health Camp 16.07.2022

Need of the Activity: It is important to screen for diseases regularly and to provide few basic necessary drugs and referral services

Brief Description (Need/Impact/Action/Picture (if any)): A speciality camp was conducted for 61 school children at Keezhamanamedu Govt School where general health check-up was done along with ENT and Ophthalmology services and basic necessary drugs were distributed along with referral services.

<https://drive.google.com/file/d/1adcMCx8qEY-IKx1wS-1BPkMQPy4OthWL/view?usp=sharing>

ACTIVITY 52

Title of the Activity: COVID - 19 vaccination camp 19.07.2022

Need of the Activity: Vaccine against COVID - 19 helps in prevention of severe form of disease and also reduces the burden of the disease on the health system

Brief Description (Need/Impact/Action/Picture (if any)): COVID - 19 vaccination camp was conducted at UHTC, Thirumazhisai for 27 eligible beneficiaries where 02 people were given 2nd dose and 25 people were given booster dose based on the eligibility

https://drive.google.com/file/d/1SONqAt5tmYue7_cf0KXzyR9AWmJ-0Tie/view?usp=sharing

ACTIVITY 53

Title of the Activity: Health education on COVID - 19 19.07.2022

Need of the Activity: Myths surrounding the COVID - 19 has increased vaccine hesitancy and hence it is important to address it.

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 20 beneficiaries at UHTC, Thirumazhisai about myths surrounding COVID - 19, current scenario and importance of vaccination in preventing or reducing the seriousness of the disease.

<https://drive.google.com/file/d/1kg-x7kUJEpNVjqvEAbfF633gmmLz5Odk/view?usp=sharing>

ACTIVITY 54

Title of the Activity: COVID - 19 vaccination camp 20.07.2022

Need of the Activity: Vaccine against COVID - 19 helps in prevention of severe form of disease and also reduces the burden of the disease on the health system

Brief Description (Need/Impact/Action/Picture (if any)): COVID - 19 vaccination camp was conducted at UHTC, Thirumazhisai for 32 eligible beneficiaries where 02 people were given 2nd dose and 30 people were given booster dose based on the eligibility

https://drive.google.com/file/d/1UMCZINj-Utu_pegDmrFRX1-S2bCTqV9/view?usp=sharing

ACTIVITY 55

Title of the Activity: General Health Camp at Old Age Home 21.07.2022

Need of the Activity: It is important to screen for diseases regularly and to provide few basic necessary drugs and referral services

Brief Description (Need/Impact/Action/Picture (if any)): A general camp was conducted for 09 inmates of Swami Charitable Trust Old Age Home, Thirumazhisai and basic necessary drugs were distributed along with referral services.

<https://drive.google.com/file/d/1i6f6lVKqx-CJUpPBWbzhOxfIJ1m4vgBc/view?usp=sharing>

ACTIVITY 56

Title of the Activity: Health education on Hypertension 21.07.2022

Need of the Activity: Hypertension is one of the most common Non-Communicable Disease with serious complications if left untreated

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 10 beneficiaries of the Mappedu Village regarding signs, symptoms, treatment and prevention including diet management of Hypertension

https://drive.google.com/file/d/1fGVV8_rQe2L_5yTgWbY6L6sZQi3DYPFc/view?usp=sharing

ACTIVITY 57

Title of the Activity: Health education on Road Traffic Accident 22.07.2022

Need of the Activity: Road Traffic Accidents is one of the top five causes of death in India. By following traffic rules many of the accidents can be avoided

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given regarding what is RTA, causes, road safety measures and 8 simple steps to minimize risk of RTA while travelling to 25 beneficiaries at UHTC, Thirumazhisai.

<https://drive.google.com/file/d/1mEmRxBkP4yeR6SGTkN2Q4KCxQBd5xegd/view?usp=sharing>

ACTIVITY 58

Title of the Activity: General Health Camp 23.07.2022

Need of the Activity: It is important to screen for diseases regularly and to provide few basic

necessary drugs and referral services

Brief Description (Need/Impact/Action/Picture (if any)): A general health camp along with dental check-up was conducted on 41 MNREGA workers at Parvatharajapuram village, vellavedu and necessary drugs were given along with the referral services.

<https://drive.google.com/file/d/1qtsb6SXjUvDMk6zBYPWPrbBHYbFAPcbF/view?usp=sharing>

ACTIVITY 59

Title of the Activity: Health Education on Diarrhoe 23.07.2022

Need of the Activity: In view of 'World ORS Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 41 MNREGA workers at Parvatharajapuram village regarding risk factors, causes, signs, symptoms, prevention and the importance of ORS in treating patients with Diarrhoe to reduce the risk of dehydration and thus the mortality

<https://drive.google.com/file/d/1Fn8MFdGoO6fzuaG1bOoxv0HUKAuM0cz0/view?usp=sharing>

ACTIVITY 60

Title of the Activity: Health Education on Hypertension 27.07.2022

Need of the Activity: In view of 'World Hypertension Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 46 beneficiaries of Udayar Kovil Street, Thirumazhisai regarding risk factors, signs, symptoms, treatment and prevention of Hypertension

<https://drive.google.com/file/d/1z67z2SuO2lJdc4XhhYsYQobEhIFg9lI5/view?usp=sharing>

ACTIVITY 61

Title of the Activity: General Health Camp 27.07.2022

Need of the Activity: It is important to screen for diseases regularly and to provide few basic necessary drugs and referral services

Brief Description (Need/Impact/Action/Picture (if any)): A general health camp along with dental check-up was done to 46 beneficiaries of Udayar Kovil Street, Thirumazhisai and basic necessary drugs were given along with the referral services

<https://drive.google.com/file/d/1BQCBTXiWcGZEIIVTxBZ81abiJwslOvp8/view?usp=sharing>

ACTIVITY 62

Title of the Activity: Speciality Health Camp 29.07.2022

Need of the Activity: It is important to screen for diseases regularly and to provide few basic necessary drugs and referral services

Brief Description (Need/Impact/Action/Picture (if any)): A speciality health camp was conducted on 65 students of Government Middle School, Samathuvapuram where general check-up along with Ophthalmic check-up and anthropometric measurements were done and basic necessary drugs were distributed along with the referral services

<https://drive.google.com/file/d/177bPd1ZdDNe-kudW61Pnv6OSdPA1kplf/view?usp=sharing>

ACTIVITY 63

Title of the Activity: COVID - 19 vaccination camp 30.07.2022

Need of the Activity: Vaccine against COVID - 19 helps in prevention of severe form of disease and also reduces the burden of the disease on the health system

Brief Description (Need/Impact/Action/Picture (if any)): A COVID - 19 vaccination camp was conducted on 41 workers of Seikodenki Million Manufacturing India Pvt. Ltd who were eligible for vaccination, where 1st dose was given to 01 person, 09 people were given 2nd dose and 30 people were given booster dose

<https://drive.google.com/file/d/1qafs8lk2PSJHnzlSB1sc4NgwcdG4mBMd/view?usp=sharing>

ACTIVITY 64

Title of Activity: Health education on COVID - 19 vaccination 30.07.2022

Need of the Activity: Myths surrounding the COVID - 19 has increased vaccine hesitancy and hence it is

important to address it.

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to alleviate the myths surrounding COVID - 19 vaccination and to create an awareness regarding role of vaccination in reducing the seriousness of the disease to 25 industry workers of Seikodenki Million Manufacturing India Pvt. Ltd, Thirumazhsai

https://drive.google.com/file/d/1hOqkJB4_obiSESVkxXVsEiYBbDFYq2ii/view?usp=sharing

ACTIVITY 65

Title of the Activity: Health education on Breast Feeding 02.08.2022

Need of the Activity: In view of World Breast Feeding Week

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding importance of breast feeding, colostrum, exclusive breast feeding, introduction of complimentary feeds etc was given to 12 women beneficiaries of reproductive age at UHTC, Thirumazhsai

<https://drive.google.com/file/d/1RhSK7ydorFDAdxIQL8cNrmXbGWzEMCwr/view?usp=sharing>

ACTIVITY 66

Title of the Activity: Health education on Breast Feeding 03.08.2022

Need of the Activity: In view of World Breast Feeding Week

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 14 beneficiaries at ICDS, Mappedu regarding importance of breast feeding, colostrum, exclusive breastfeeding, introduction of complimentary feeds etc.

Health education was given to 14 beneficiaries at ICDS, Mappedu regarding importance of breast feeding, colostrum, exclusive breastfeeding, introduction of complimentary feeds etc.

ACTIVITY 67

Title of the Activity: Health education on Breast Feeding 03.08.2022

Need of the Activity: In view of World Breast Feeding Week

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 10 beneficiaries of ICDS centre, Thirumazhisai on the importance of breast feeding and exclusive breastfeeding which was followed by a Question and Answer session and prize was awarded to mothers with good knowledge and healthy baby

<https://drive.google.com/file/d/10Bg1J8SUgfBd78jt3mf9WxHcxwNf6Nj8/view?usp=sharing>

ACTIVITY 68

Title of the Activity: Speciality Health Camp 03.08.2022

Need of the Activity: It is important to screen for diseases regularly and to provide few basic necessary drugs and referral services

Brief Description (Need/Impact/Action/Picture (if any)): A multi-speciality health camp of OBG and Paediatrics was conducted for 21 beneficiaries of ICDS centre, Mappedu along with the distribution of the basic necessary drugs and referral services

<https://drive.google.com/file/d/1vVyzX0xa0kqRm3Qwc6-d38UkjgWBs8Jf/view?usp=sharing>

ACTIVITY 69

Title of the Activity: Speciality Health Camp 05.08.2022

Need of the Activity: It is important to screen for diseases regularly and to provide few basic necessary drugs and referral services

Brief Description (Need/Impact/Action/Picture (if any)): A Multi-specialty health camp of Paediatrics, ENT and Ophthalmology was conducted for 108 school children of Panchayath Primary School at Koovam village along with referral services

<https://drive.google.com/file/d/1boYDf-H4meNGzPYmRH4Y7K0NnR3zrq1s/view?usp=sharing>

ACTIVITY 70

Title of the Activity: General Health Camp 05.08.2022

Need of the Activity: It is important to screen for diseases regularly and to provide few basic necessary drugs and referral services

Brief Description (Need/Impact/Action/Picture (if any)): A health camp was conducted for 47 differently abled people at Vasantham Federation along with the distribution of basic drugs and referral services

<https://drive.google.com/file/d/1LdAxNaxpSOWQp0e2oX324PemFj6odnxW/view?usp=sharing>

ACTIVITY 71

Title of the Activity: General Health Camp 06.08.2022

Need of the Activity: It is important to screen for diseases regularly and to provide few basic necessary drugs and referral services

Brief Description (Need/Impact/Action/Picture (if any)): A general health camp was conducted at Melmanambedu, Thirumazhisai for 48 beneficiaries of the village where health check-up was done along with dental check-up and distribution of basic drugs and referral services

https://drive.google.com/file/d/1y6-JL1n9vsq0n9Iq_DoM4-Ip-1GD_aDs/view?usp=sharing

ACTIVITY 72

Title of the Activity: Walkathon 08.08.2022

Need of the Activity: A walkathon helps in creating awareness

Brief Description (Need/Impact/Action/Picture (if any)): A walkathon was conducted in view of Azadi Ki Amrut Mahotsav in Mappedu village by CRRIs, Post-graduates, SRs and APs of Dept of Community Medicine where pamphlets were distributed regarding health camps to be conducted

<https://drive.google.com/file/d/1vbRHP32P4Ny04UxUdQWNLa42cpn6zX2C/view?usp=sharing>

ACTIVITY 73

Title of the Activity: Multispecialty Health Camp 09.08.2022

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): A multispecialty health camp of

General Medicine, OBG, Orthopaedics, Ophthalmology and ENT along with Physiotherapy services were conducted at Kodancherry village at Mappedu where 92 beneficiaries were checked and basic drugs were provided. Among them 38 beneficiaries were referred.

<https://drive.google.com/file/d/1tH37OfIbGC2bM5Zt6eFayyxAY5xpXfZd/view?usp=sharing>

ACTIVITY 74

Title of the Activity: Multispecialty Health Camp 09.08.2022

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): A multispecialty camp was conducted at Shanmugapuram, Thirumazhisai involving General Medicine, OBG, Ophthalmology, ENT and dental services where 62 beneficiaries were checked and provided basic drugs. 31 beneficiaries were referred to Saveetha Medical College and Hospital for further evaluation.

<https://drive.google.com/file/d/1ZSZozE37wRjCHyTelAltcqzoyR8m1IID/view?usp=sharing>

ACTIVITY 75

Title of the Activity: Health Education on Breast Cancer 09.08.2022

Need of the Activity: Cervical and Breast cancers are the most common cancers among women

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 10 women beneficiaries regarding signs, symptoms, self examination for breast cancer and importance of pap smear for cervical cancer at UHTC, Thirumazhisai

<https://drive.google.com/file/d/16c7OyU0mq3zEc69tsNcSkj4hzP6iDrNc/view?usp=sharing>

ACTIVITY 76

Title of the Activity: Multispecialty Health Camp 10.08.2022

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying

common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): A multispecialty health camp was conducted for 130 school children at Girls Higher Secondary School at Kilmanambedu village, Thirumazhisai involving Paediatrics, Ophthalmology, ENT and Dental specialities where health checkup was done and basic drugs were distributed along with 68 referrals. Also a health education session was conducted for 850 school children regarding menstrual hygiene and gender equality.

<https://drive.google.com/file/d/1u8PcA4CnmLkJGo7X03HACLgAXWjTlcac/view?usp=sharing>

ACTIVITY 77

Title of the Activity: Health Education on Menstrual Hygiene and Gender Equality 10.08.2022

Need of the Activity: Adolescent age group is the important age group which should be knowing about Menstrual health and hygiene along with Gender Equality

Brief Description (Need/Impact/Action/Picture (if any)): A Health education regarding Menstrual Hygiene and Gender Equality was given at Government Girls Higher Secondary School at Kilmanambedu, Thirumazhisai for 850 school children

https://drive.google.com/file/d/1C_z0NiyhiWNFjd29vhAf-J5bKst-tbcy/view?usp=sharing

ACTIVITY 78

Title of the Activity: Health Education on Deworming and Anaemia 10.08.2022

Need of the Activity: In view of 'National Deworming Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding worm infestations and the importance of regular deworming among children to prevent malnutrition, anaemia and impaired growth was given to 10 beneficiaries at RHTC, Mappedu

<https://drive.google.com/file/d/1p1eMbUDuqNMTGWjWNEfcA8II7T7F8Wio/view?usp=sharing>

ACTIVITY 79

Title of the Activity: Health Education on Sexual Health and Hygiene 11.08.2022

Need of the Activity: Adolescent age group is the important age group which should be knowing

about sexual health and hygiene

Brief Description (Need/Impact/Action/Picture (if any)): An health education was conducted for 167 students belonging from 8th to 12th class of Gancier Matriculation Higher Secondary School at Ulundai, Mappedu where the beneficiaries were given awareness regarding sexual health and hygiene focussing on the prevention of sexual abuse/violence, various methods of contraception and prevention of sexually transmitted diseases.

<https://drive.google.com/file/d/11ghhWHu7RBW8PJTDu0PCKxxbLIOQIY2A/view?usp=sharing>

ACTIVITY 80

Title of the Activity: Multispecialty Health Camp 12.08.2022

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): A multispecialty health camp was conducted at Christ Arts and Science College for 421 students involving General Medicine, Ophthalmology, ENT and Dental where checkup was done along with distribution of basic drugs. Also 194 students were referred for further evaluation. COVID - 19 vaccination was given to 25 beneficiaries

https://drive.google.com/file/d/1bslLcMbK2No_Gkb3SkIiC6b8khbbol1iR/view?usp=sharing

ACTIVITY 81

Title of the Activity: COVID - 19 vaccination camp 12.08.2022

Need of the Activity: Vaccine against COVID - 19 helps in prevention of severe form of disease and also reduces the burden of the disease on the health system

Brief Description (Need/Impact/Action/Picture (if any)): A COVID - 19 vaccination camp was conducted on 25 beneficiaries at Christ Arts and Science College at Kilacheri, Mappedu, where eligible beneficiaries were given 1st or 2nd dose accordingly

<https://drive.google.com/file/d/19uYtRxu2mVPTDcj7CNNoSVS3sPOxMNdh/view?usp=sharing>

ACTIVITY 82

Title of the Activity: Health Education on Deworming and Hand Hygiene 12.08.2022

Need of the Activity: In view of 'National Deworming Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding worm infestations and the importance of regular deworming among children to prevent malnutrition, anaemia and impaired growth was given to 20 beneficiaries at UHTC, Thirumazhisai

https://drive.google.com/file/d/10erg6IItwQ8DH_o7CKvLqFV1R0Ek2h54/view?usp=sharing

ACTIVITY 83

Title of the Activity: Multispecialty Health Camp 13.08.2022

Need of the Activity: Transgender is one of the most neglected community and conducting health camps helps in identifying the disease pattern of the community and also helps to screen for different diseases along with provision of necessary treatment

Brief Description (Need/Impact/Action/Picture (if any)): A multispecialty health camp was conducted for transgenders in collaboration with Born2Win, an NGO working for the welfare of the Transgender community at Saidapet involving General Medicine, OBG, Ophthalmology, ENT, Community Medicine and Dental checkup along with distribution of basic drugs and referral services

<https://drive.google.com/file/d/1IjvM7S9wFVX3UtrdoqIVlzKlGiyk9aOo/view?usp=sharing>

ACTIVITY 84

Title of the Activity: Multispecialty Health Camp 16.08.2022

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): The Department of Community

Medicine organized a multispecialty health camp at Nirmiti Precision Pvt Ltd Industry at Perambakkam for 54 factory workers involving General Medicine, Ophthalmology and ENT providing health checkup and distribution of basic drugs. Among the beneficiaries, 32 were referred to SMC for further evaluation

<https://drive.google.com/file/d/1rovTX5HYzvVCdxqIENY0wHE2BNK3A6ou/view?usp=sharing>

ACTIVITY 85

Title of the Activity: Health Education on Deworming and Hand Hygiene 16.08.2022

Need of the Activity: In view of 'National Deworming Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding deworming and Hand Hygiene was conducted for 12 beneficiaries at UHTC, Thirumazhisai

https://drive.google.com/file/d/1C9vxE8jmQ37DD-pbs4_fmQpmeo6azt1q/view?usp=sharing

ACTIVITY 86

Title of the Activity: Health Education on Vector Breeding Sites and its Prevention 17.08.2022

Need of the Activity: During Monsoons, breeding sites for mosquito is most common and awareness regarding this is important to prevent diseases like Malaria, Dengue etc

Brief Description (Need/Impact/Action/Picture (if any)): A health education regarding vector breeding sites and its removal to prevent different vector borne diseases was given to 10 beneficiaries at RHTC, Mappedu

<https://drive.google.com/file/d/1TLX0soUhKWfM7f6IGrxkyfKJHiDSrhY6/view?usp=sharing>

ACTIVITY 87

Title of the Activity: Multispecialty Health Camp 18.08.2022

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): A multispecialty health camp was

conducted for 9 beneficiaries at an Old Age Home in Thirumazhisai by the Department of Community Medicine involving General Medicine, Ophthalmology, ENT, Dental, Physiotherapy and Occupational Therapy where health checkup was done along with the distribution of basic drugs and 02 referrals.

https://drive.google.com/file/d/1KWKO90WAEyYa_sBUJmOi3ECUy2PvTGvl/view?usp=sharing

ACTIVITY 88

Title of the Activity: Multispecialty Health Camp 19.08.2022

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): A multispecialty health camp was conducted for 59 beneficiaries at Santhome Old Age Home in Kilachery, Mappedu by the Department of Community Medicine involving General Medicine, Dermatology, Physiotherapy and Occupational Therapy where health checkup was done along with the distribution of basic drugs and 27 referrals.

<https://drive.google.com/file/d/1Co2teN98Un2wapsM07eQXQAoTCELgRZd/view?usp=sharing>

ACTIVITY 89

Title of the Activity: Health Education on Geriatric Health Problems and its Prevention 19.08.2022

Need of the Activity: Awareness regarding common geriatric problems and ways to prevent them helps a long way in improving the quality of life of the Geriatric population

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given by the Department of Community Medicine for 24 beneficairees at Santhome Old Age Home at Kilachery, Mappedu regarding common Geriatric Health Problems and its prevention which was followed by teaching of basic physical exercises to the inmates by the Department of Physiotherapy and teaching

of recreational activities by the Department of Occupational Therapy.

<https://drive.google.com/file/d/155elgq10nNXa2NECBiYUsTxnkFKK5ufw/view?usp=sharing>

ACTIVITY 90

Title of the Activity: Health Education on Organ Donation 19.08.2022

Need of the Activity: In view of National Eye Donation Fortnight

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given by the Department of Community Medicine for 20 beneficiaries at UHTC, Thirumazhisai regarding Organ Donation

<https://drive.google.com/file/d/18jmFmRlqY0f6XOE2vGeEUvF2KcA5dh3v/view?usp=sharing>

ACTIVITY 91

Title of the Activity: Multispecialty Health Camp 20.08.2022

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): A multispecialty health camp was conducted by the Department of Community Medicine at West Mada Street, Thirumazhisai involving the Department of General Medicine, OBG, Ophthalmology, ENT, Dental, Physiotherapy and Occupational Therapy where health checkup was done on 109 beneficiaries along with distribution of basic drugs and 47 beneficiaries were referred to SMC for further evaluation

<https://drive.google.com/file/d/1c-LCpSiW7Ca6lolUP8DvtBjrII5FrDhu/view?usp=sharing>

ACTIVITY 92

Title of the Activity: Multispecialty Health Camp 23.08.2022

Need of the Activity: Regular screening of children for certain diseases or conditions helps in early diagnosis and prevention of development of complications and also helps in prompt diagnosis and referral

Brief Description (Need/Impact/Action/Picture (if any)): A multispecialty health camp was conducted by the Department of Community Medicine at BEING OLD Old Age Home at Thiruniravur involving the Departments of General Medicine, OBG, Psychiatry, Ophthalmology, ENT, Physiotherapy and Occupational Therapy where 23 beneficiaries were checked along with distribution of basic drugs and 19 inmates were referred for further evaluation

https://drive.google.com/file/d/15sPgP4dlsmuswZ8_1XxNHhfxcurzrPX5/view?usp=sharing

ACTIVITY 93

Title of the Activity: Health Education on Organ Donation 24.08.2022

Need of the Activity: In view of National Eye Donation Fortnight

Brief Description (Need/Impact/Action/Picture (if any)): A health education was organized by the Department of Community Medicine regarding the importance of Organ Donation for 08 beneficiaries at RHTC, Mappedu

https://drive.google.com/file/d/1ZO7MdsV61fL-D_VTo_wbuGtX1keiDEG9/view?usp=sharing

ACTIVITY 94

Title of the Activity: Multispecialty Health Camp 26.08.2022

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): A multispecialty health camp was conducted by the Department of Community Medicine involving the Departments of General Medicine, OBG, ENT, Ophthalmology and Nursing at Muthugoor village in Mappedu where health checkup was done on 93 beneficiaries along with distribution of basic drugs. 15 beneficiaries were referred for further evaluation

<https://drive.google.com/file/d/1Tk2A3eEd5xPAubQ-3ZitYtkVgpSvXEIX/view?usp=sharing>

ACTIVITY 95

Title of the Activity: Health Education on Eye Donation 26.08.2022

Need of the Activity: In view of National Eye Donation Fortnight

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 30 beneficiaries at Muthugoor village in Mappedu regarding the importance of Eye Donation on the occasion of National Eye Donation Fortnight.

<https://drive.google.com/file/d/1a2GTcf3m-g9vJCjAXilGHNA7-cMvVHU3/view?usp=sharing>

ACTIVITY 96

Title of the Activity: Health Education on Blood Donation 26.08.2022

Need of the Activity: Health education on blood donation was given at UHTC, Thirumazhisai for 24 beneficiaries

Brief Description (Need/Impact/Action/Picture (if any)): Health education on blood donation was given at UHTC, Thirumazhisai for 24 beneficiaries

<https://drive.google.com/file/d/1-sbrcAw3tItyiU3KZKuX3U01HhlaNFNY/view?usp=sharing>

ACTIVITY 97

Title of the Activity: Multispecialty Health Camp 27.08.2022

Need of the Activity: Regular screening of children for certain diseases or conditions helps in early diagnosis and prevention of development of complications and also helps in prompt diagnosis and referral

Brief Description (Need/Impact/Action/Picture (if any)): Multispecialty health camp was conducted by the Department of Community Medicine at Sri Buddha Vidhya Mandir, CBSE

School, Thirumazhisai involving the Departments of Paediatrics, Psychiatry, Dermatology, Ophthalmology, ENT and Dental for 137 school children where health checkup was done along with distribution of basic drugs. A total of 76 school children were referred

https://drive.google.com/file/d/1tKkuXQlrZmsZQ2G_3CRtHLo_G-RgnL7K/view?usp=sharing

ACTIVITY 97

Title of the Activity: Multispecialty Health Camp 29.08.2022

Need of the Activity: Regular screening of children for certain diseases or conditions helps in early diagnosis and prevention of development of complications and also helps in prompt diagnosis and referral

Brief Description (Need/Impact/Action/Picture (if any)): A Multispecialty health camp was conducted at Government Grils High School in Keezhamanambedu at Thirumazhisai involving the Depatments of General Medicine, Ophthalmology, OBG, Psychiatry, ENT, Dermatology, Dental and Nursing where 111 school children where checked and basic necessary drugs were distributed. 32 beneficiaries were referred for further evaluation

<https://drive.google.com/file/d/1B7-Q7ijj0MmWxEx0kb4AAM77blBpT-uU/view?usp=sharing>

ACTIVITY 98

Title of the Activity: Health Education on Dengue 29.08.2022

Need of the Activity: Dengue is one of the most common and important vector-borne disease and its important to understand different aspects of this disease

Brief Description (Need/Impact/Action/Picture (if any)): An health education was given by the Department of Community Medicine along with Physiotherapy and Nursing regarding Dengue prevention and control, maintaining correct posture while studying and Yoga therapy for stress relief and relaxation respectively for 80 beneficiaries of Government Girls High School, Keezhamanambedu at Thirumazhisai

ACTIVITY 99

Title of the Activity: Health Education on Hypertension 30.08.2022

Need of the Activity: Stroke is one of the most common and dangerous complications of Hypertension

Brief Description (Need/Impact/Action/Picture (if any)): A health education was given by the Department of Community for 10 beneficiaries at UHTC, Thirumazhisai regarding early signs & symptoms of Stroke and its prevention.

<https://drive.google.com/file/d/1BaK8Iu7AVClfih6eo9dwO9ox6G-pxtO8/view?usp=sharing>

ACTIVITY 100

Title of the Activity: The safe motherhood day 06.05.2022

Need of the Activity: To stay at home during Coronavirus and Keep mother and new-born safe from Coronavirus.

Brief Description (Need/Impact/Action/Picture (if any)): The safemotherhood day was organised in UlundhaiPrimaryHealthCenter on 06.05.2022 Dr.senthamizhselvanM.B.B.S,MedicalOfficer,PrimaryHealthCentre(PHC),Ulundhai,ThiruvallurDistrict gave a speech based on theTheme:“Remain At Home And CoronaVirus,Protect Mother and Infant Safe From CoronaVirus”. Theposter presentation and skit was elaborated in depth on antenatalcare during COVID19 by B.Sc(N)3rd year students, followed by that foodexpo was displayed regarding antenataldiet and the delegates queries were clarified .Later, videopresentation on safemotherhood was done by postgraduatenursingstudent All the delegates gained knowledge and awareness regarding safemotherhood which was beneficial for 60to80 delegates.

https://drive.google.com/drive/folders/1c86lCGVGHS9aqJpjT_iRGJaovjBbmyRu?usp=sharing

ACTIVITY 101

Title of the Activity: World Environment Day 06.06.2022

Need of the Activity: To Preserve the Ecosystem and promote green environment

Brief Description (Need/Impact/Action/Picture (if any)):

To spread awareness among people about environmental conservation and value of nature in our lives, For that we have planned to organize the plantation at Sathrai rural village. created awareness and highlighted on importance take actions to protect our health and our environment .Totally 100 family members were benefited through this programme.

<https://drive.google.com/drive/folders/151hQtzqmYP5682IBKL70eusc807DxzMI?usp=sharing>

ACTIVITY 102

Title of the Activity: World Autism day 13.04.2022

Need of the Activity: create awareness about the Autism and also talk about rights of people with autism.

Brief Description (Need/Impact/Action/Picture (if any)): World Autism day program organized at Child developmental Centre, SMCH .B.Sc(N) III Year and P.B.BSC(N) I Year Students have created the importance towards taking care of Autism children through puppets show, Dance. Followed by Dr.Lal, Paediatrician and program Director he gave a speech on Autism to the mothers how to handle the autistic children in home. Finally our students conducted games. Children are enthusiastic and enjoyed the program.

<https://drive.google.com/drive/folders/1sUAj9iLy9A616MyzoJqkSNNNiHYM-tN?usp=sharing>

ACTIVITY 103

Title of the Activity: Mental Health Awareness Week 06.07.2022

Need of the Activity: Eye Opening towards promotion of Mental Healthy Environment

Brief Description (Need/Impact/Action/Picture (if any)): Mental Health Awareness Week was conducted Saveetha College of Nursing, SIMATS with Unnath Bharath Abhiyaan on 06.07.2022. The program was started at 10.30 a.m at Thirumazhisai Community Area .Theme of the program is “Loneliness”. Followed by Poster was Presented by the P.B.B.Sc (N) II Year Students . They were clearly explained about what is mental illness, causes, characteristics of mentally ill, mental healthy persons and management of mental illness. Total Beneficiaries:100

https://drive.google.com/drive/folders/1M3B4JHYKf_xO07O6mA4ANU4TuZSkFYYL?usp=sharing

ACTIVITY 104

Title of the Activity: World Schizophrenia Day 8.7.2022

Need of the Activity: Fight these stigmas and make people more aware of the mental Disorder

Brief Description (Need/Impact/Action/Picture (if any)): The programme was organized by Saveetha College of Nursing, SIMATS with Unnath Bharath Abhiyaan on 08.07.2022 at Krupa Adult Disability Home, Sriperumbudur .Role play was performed by B.Sc Nursing III Year students based on the theme. Followed by Poster was Presented by the P.B.B.Sc (N) II Year Students . They were clearly explained about what is schizophrenia, types, causes and management to the staffs in krupa home as well as the patients also. Total beneficiaries were 100.

<https://drive.google.com/drive/folders/1dZqYg8V-xZQozqADvy1ekZqfr-79LeUq?usp=sharing>

ACTIVITY 105

Title of the Activity: Screening Camp 18/8/2022

Need of the Activity: Screening for general public

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Occupational therapy has conducted a screening and awareness camp for general public as part of Community Based Rehabilitation on 18/8/2022

<https://drive.google.com/file/d/1KoAYz2zhn-OfKCmuJffZBoMnk9EMLse6/view?usp=sharing>

ACTIVITY 101

Title of the Activity: Mega Health Camp 9.08.2022

Need of the Activity: Aim of promoting health awareness among the public and offering them easy access to quality healthcare

Brief Description (Need/Impact/Action/Picture (if any)): Mega Health Camp programme was conducted on 09.08.2022 at Kondancherry. Health Assessment like measurement of height, weight, blood pressure and blood glucose monitoring have been done by B.Sc(N) II year students. a total of 210 citizens benefited.

https://drive.google.com/drive/folders/13h9Uwb_yxl-8HbgXJr2Do0AluM3DRcTk?usp=share_link

ACTIVITY 102

Title of the Activity: General Health Camp for Adolescents 12.08.2022

Need of the Activity: Motivated the children to take a healthy balanced diet . to prevent prevent nutritional deficiency diseases

Brief Description (Need/Impact/Action/Picture (if any)): General Health Camp for Adolescent was conducted on 12.08.2022 at Kondancherry. Health Assessment like measurement of height, weight, blood pressure, monitored the deficiency of micro and macro nutrition have done by B.Sc(N) II year students. totally 340 Adolescence were benefited.

https://drive.google.com/drive/folders/1m6Sgicmx3k0v8nkNeeQWELrVKqyc8gIP?usp=share_link

ACTIVITY 103

Title of the Activity: Health Check Up for Transgender13.08.2022

Need of the Activity: Focusing on transgenders health.

Brief Description (Need/Impact/Action/Picture (if any)): Health camp for transgender was conducted at T.Nagar. physical assessment, provided eye opening regarding policies related to education and job opportunities. done by B.Sc (N) II year students. interested transgender were referred to SMCH for cosmetic surgeries. totally 25 were benefited.

https://drive.google.com/drive/folders/1Bz74Bs79f92sDjpTyGgffxrpZ3RSSs3A?usp=share_link

ACTIVITY 104

Title of the Activity: National leprosy Eradication Program17.08.2022

Need of the Activity: Created awareness on warning signs and early detection of Leprosy and its treatment modalities

Brief Description (Need/Impact/Action/Picture (if any)): National leprosy Eradication program was organized in Mevalurkuppam along with Mr. Jai Sundar health inspector Kanchipuram District. The UG 20 students were participated door to door survey for early detection for leprosy. Around 650 general public were benefitted out of this programme.

https://drive.google.com/drive/folders/1JOtrgyMnqKtQiBrIfF-b-JaJLy8q0ex0?usp=share_link

ACTIVITY 105

Title of the Activity: National leprosy Eradication Program 17.08.2022

Need of the Activity: Created awareness on warning signs and early detection of Leprosy and its treatment modalities

Brief Description (Need/Impact/Action/Picture (if any)): National leprosy Eradication program was organized in Mevalurkuppam along with Mr. Jai Sundar health inspector Kanchipuram District. The UG 20 students were participated door to door survey for early detection for leprosy. Around 650 general public were benefitted out of this programme.

https://drive.google.com/drive/folders/1JOtrgyMnqKtQiBrIfF-b-JaJLy8q0ex0?usp=share_link

ACTIVITY 106

Title of the Activity: Rural Start Up (School Design) Nessapakkam 10.05.2022

Need of the Activity: School Design Proposal

Brief Description (Need/Impact/Action/Picture (if any)): To provide a primary school that would suffice for the students of the community to reduce the need to travel far distances.

https://drive.google.com/drive/folders/11XbNf7wUs_ZzhCwziMg5IqnrrEvgNYwS?usp=sharing

ACTIVITY 107

Title of the Activity: Rural Start up (Community Centre) Nessapakkam 12.06.2022

Need of the Activity: Community Centre

Brief Description (Need/Impact/Action/Picture (if any)): To Provide a community centre that would provide a sheltered gathering space in case of public activities or celebrations

https://drive.google.com/drive/folders/1-kpi2WBJvX_IC7LERZizkNyao1vTHK9u?usp=sharing

ACTIVITY 108

Title of the Activity: Rural Start up (Village Study) Mappedu 15.07.2022

Need of the Activity: Village Study Report

Brief Description (Need/Impact/Action/Picture (if any)): To study each of the areas in the village to bring to the best understanding of the requirements for the prescribed areas.

https://drive.google.com/drive/folders/1NfETiSxF_ICf7Rivc0C7aNmmN1FSh_D?usp=sharing

ACTIVITY 109

Title of the Activity: Rural Start up (Village Study) Mappedu 12.08.2022

Need of the Activity: Village Study Report

Brief Description (Need/Impact/Action/Picture (if any)): To study the space provided through the extents of the village .

https://drive.google.com/drive/folders/13IJLP8wCmN_n0UDsnymND0lhOgvNGTEu?usp=sharing

ACTIVITY 110

Title of the Activity: Legal Awareness Camp on Workmen rights and the importance of education which is useful to their next generation 17.05.2022

Need of the Activity: Conducting Legal awareness camp on Problem Solving theme

Brief Description (Need/Impact/Action/Picture (if any)): Center for Life long learning, Saveetha School of Law conducted a legal awareness programme on 17.05 2022 at 'PILLAIPAKKAM' village near Sriperumbudhur . We met all the villagers and explained about workmen rights and the importance of education which is useful to their next generation

ACTIVITY 111

Title of the Activity: Legal Awareness Camp on Workmen rights and the importance of education which is useful to their next generation 9.05.2022

Need of the Activity: Conducting Legal awareness camp on Problem Solving theme

Brief Description (Need/Impact/Action/Picture (if any)): Centre for Life Long Learning, Saveetha School of law conducted a legal awareness program at Pearls Public School , Thiruchendur, Tuticorin District and explained the importance of life long learning. Ms. Anuradha was the faculty coordinator for the program.

https://drive.google.com/drive/folders/1U-V7cOIm0KiB2Lkh6T1GwbXWyRq16_ry?usp=sharing

ACTIVITY 112

Title of the Activity: Legal Awareness Camp 12/07/2022

Need of the Activity: Conducting Legal awareness camp on life long learning

Brief Description (Need/Impact/Action/Picture (if any)): Centre for Life long learning, Saveetha School of Law conducted a legal awareness programme at S.F.S MATTICULATION SCHOOL, Virudhu Nagar. Our students explained the legal rights, especially educational rights, fundamental rights. advantages and disadvantages of using cell phones in certain circumstances and certain courses which support their future etc.

<https://drive.google.com/file/d/12gexUW1ohrCSXT9s40Y5ToOssOSsvuxF/view?usp=drivesdk>

ACTIVITY 113

Title of the Activity: Campaign 20/06/2022

Need of the Activity: Conducting Legal awareness camp on Problem Solving theme

Brief Description (Need/Impact/Action/Picture (if any)): The students and faculties of Saveetha School of Law conducted an awareness campaign on prevention of sexual harassment on 20th of

June, 2022. The target audience of the campaign was the students and non-teaching staff of Saveetha College of Design and Architecture. The objective of this campaign was to give awareness on the major sexual harassment problems faced by women in modern scenarios, insights on the existing laws, the ways by which they can report and act in such situations, and the remedies available to them. The session commenced at 10 am at Saveetha College of Design and Architecture.

The campaign was conducted in two languages, in English for students and faculties of Saveetha College of Design and Architecture and in Tamil for the non-teaching staff. The organiser of this awareness campaign was Prof. Dr. Asha Sundaram, Principal, Saveetha School of Law. The POSH SDAC member, Ms. Sandhya. P, Associate Professor was a significant contributor to the campaign. The SSL faculty coordinators of the campaign were Dr. Anju Mohan, Professor, and Ms. Aswathy Prakash G, Assistant Professor from Saveetha School of Law. The student coordinators were Samrin Sulaiman and Jyotsna Roja pursuing 3rd Year of BBA LLB and BA LLB (Hons.) respectively from Saveetha School of Law. The team of campaigners comprised 12 students from Saveetha School of Law:

The awareness campaign was able to reach out to more than 75 people. The campaign was able to make the audience understand the brutality of the crime of sexual harassment and made them aware regarding the existing laws governing it and also enlightened them on the methods to prevent it from happening. It also opened up the several ways through which the victims of sexual harassment can get their remedies if such an incident occurs. A POSH Cell has been constituted at the Institution exclusively for the purpose of addressing the grievance related to sexual harassment and helping the victims achieve the remedies.

<https://drive.google.com/drive/folders/12iubr21kKISaLLoeGIqOzi9f7Mrs17qv>

ACTIVITY 114

Title of the Activity: awareness campaign on prevention of sexual harassment 08/06/2022

Need of the Activity: Conducting Legal awareness camp on Problem Solving theme

Brief Description (Need/Impact/Action/Picture (if any)): Prevention of Sexual Harassment cell of SIMATS conducted an awareness campaign on prevention of sexual harassment on 8th June, 2022 at Saveetha Dental College. The target audience of the campaign was the students, teaching staffs, non- teaching staffs, house-keeping staffs and visitors of Saveetha Dental College and

Hospitals and Saveetha School of Law. The objective of this campaign was to give awareness on the major sexual harassment problems faced by women in modern scenarios, insights on the existing laws, the ways by which they can report and act in such situations, and the remedies available to them. The campaign was conducted in two languages, in English for students and faculties of Saveetha Dental College and Saveetha School of Law and in Tamil for the non-teaching staffs, house-keeping staffs and visitors of Saveetha Dental College and Hospitals and Saveetha School of Law. The resource persons of the campaign were comprised of the following 12 students from Saveetha School of Law, Samrin Sulaiman (131902006), Jyotsna Roja (131901023), S.Ragava Prasath (131904001), Sarnitha B (131902053), Manaswini M. K. (131902049), Harshini A (131902073), Swetha S (131902001), Mridhula Korapati (132002002), Punnagai K (132101118), Saghana Mahendran (132102070), Srinidhi (132102075) and Tameena H (132101117). The organizer of this awareness campaign was Prof. Dr. Asha Sundaram, Principal, Saveetha School of Law. The faculty coordinators of the campaign were Dr. Sreeya B, Associate Professor, Saveetha School of Law, Ms. Girija Anil and Ms. Bhuvanewari, Assistant Professors, from Saveetha School of Law. The POSH SDC member, Dr. A.S. Smiline Girija, Professor was a significant contributor to the campaign. The student coordinators were Samrin Sulaiman and Jyotsna Roja pursuing 3rd Year of BBA LLB and BA LLB (Hons.) respectively from Saveetha School of Law. The awareness campaign was able to reach out to more than 200 people. The campaign was able to make the audience understand the brutality of the crime of sexual harassment and made them aware regarding the existing laws governing it and also enlightened them on the methods to prevent it from happening. It also opened up the several ways through which the victims of sexual harassment can get their remedies if such an incident occurs. The POSH Cell has been playing its vital role at the Institution exclusively for the purpose of addressing the grievance related to sexual harassment and helping the victims achieve the remedies.

<https://drive.google.com/drive/folders/12ytX3IUa0Kf0eIUNz5Q9nZt9sd-HonZk>

ACTIVITY 115

Title of the Activity: Legal Awareness Camp 17/05/2022

Need of the Activity: Conducting Legal awareness camp on Problem Solving theme

Brief Description (Need/Impact/Action/Picture (if any)): Center for Life long learning, Saveetha

School of Law conducted a legal awareness programme on 17.05 2022 at 'PILLAIPAKKAM' village near Sriperumbudhur . We met all the villagers and explained about workmen rights and the importance of education which is useful to their next generation

<https://drive.google.com/drive/folders/1366Agrw8QqKR3mGFpm16vr15RDhcseyj>

ACTIVITY 116

Title of the Activity: Lecture on Sexual Harrassment Against Women - Prevention and Precaution 10/05/2022

Need of the Activity: Conducting Legal awareness camp on Problem Solving theme THE PREVENTION OF SEXUAL HARRSSMENT CELL, SIMATS has organized Lecture on Sexual Harrassment Against Women - Prevention and Precaution on 10/ 05/2022 between 10 am. To 1.p.m in Decennial Hall, Saveetha Dental college, SIMATS. The cardinal objective of the programme to create an awarness on prevention, prohibition and Redressal of sexual harrssment which takes place against women employees and students. The programme has started with the manifestive speech of the esteemed speakers and societal responsible speakers, T.Latha, Inspector of Police , All Women Police station ,Avadi., she has detailed out the contemporary issue relating to women harassment and involvement of cyber utilisation on harassing women in the workplace. The awareness Lecture is followed with the second speaker Mrs. Murugeswari Inspector of Police, Avadi Police Commissionerate by detailing the practical complexity and hesitation of women to break through the incident. Our third speaker Ms. Gowthami, Advocate Madras High Court has exhibited the judicial remedy for the prevention and protection of women from sexual harrssment. The very major goal of creating awareness on prohibition, prevention and rehabilitation by The prevention of sexual harassment cell, SIMATS is achieved through this lecture series.

<https://drive.google.com/drive/folders/13V5LEu9lFjxEIfgC9XhbeTBf7ZLF8vSZ>

Brief Description (Need/Impact/Action/Picture (if any)):

ACTIVITY 117

Title of the Activity: awareness campaign on prevention of sexual harassment 20/06/2022

Need of the Activity: awareness campaign on prevention of sexual harassment

Brief Description (Need/Impact/Action/Picture (if any)): The students and faculties of Saveetha School of Law conducted an awareness campaign on prevention of sexual harassment on 20th of June, 2022. The target audience of the campaign was the students and non-teaching staff of Saveetha College of Design and Architecture. The objective of this campaign was to give awareness on the major sexual harassment problems faced by women in modern scenarios, insights on the existing laws, the ways by which they can report and act in such situations, and the remedies available to them. The session commenced at 10 am at Saveetha College of Design and Architecture.

The campaign was conducted in two languages, in English for students and faculties of Saveetha College of Design and Architecture and in Tamil for the non-teaching staff. The organiser of this awareness campaign was Prof. Dr. Asha Sundaram, Principal, Saveetha School of Law. The POSH SDAC member, Ms. Sandhya. P, Associate Professor was a significant contributor to the campaign. The SSL faculty coordinators of the campaign were Dr. Anju Mohan, Professor, and Ms. Aswathy Prakash G, Assistant Professor from Saveetha School of Law. The student coordinators were Samrin Sulaiman and Jyotsna Roja pursuing 3rd Year of BBA LLB and BA LLB (Hons.) respectively from Saveetha School of Law. The team of campaigners comprised 12 students from Saveetha School of Law:

The awareness campaign was able to reach out to more than 75 people. The campaign was able to make the audience understand the brutality of the crime of sexual harassment and made them aware regarding the existing laws governing it and also enlightened them on the methods to prevent it from happening. It also opened up the several ways through which the victims of sexual harassment can get their remedies if such an incident occurs. A POSH Cell has been constituted at the Institution exclusively for the purpose of addressing the grievance related to sexual harassment and helping the victims achieve the remedies.

https://drive.google.com/file/d/1Jt1cn_L92a6H31udo3-hpPYiirtxx9xd/view?usp=sharing

ACTIVITY 118

Title of the Activity: legal awareness programme at S.F.S MATTICULATION SCHOOL, Virudhu Nagar 12/07/2022

Need of the Activity: Conducting Legal awareness camp on Problem Solving theme

Brief Description (Need/Impact/Action/Picture (if any)): Centre for Lifelong learning, Saveetha School of Law conducted a legal awareness programme at S.F.S MATTICULATION SCHOOL, Virudhu Nagar. Our students explained the legal rights, especially educational rights, fundamental rights. advantages and disadvantages of using cell phones in certain circumstances and certain courses which support their future etc.

https://drive.google.com/file/d/1gD_yFVadw2mnOUeewYYt_VC_PVpN59Wc/view?usp=sharing

ACTIVITY 119

Title of the Activity: CAMPAIGN ON PREVENTION OF SEXUAL HRASSMENT 20/07/2022

Need of the Activity: Conducting Legal awareness camp on Problem Solving theme

Brief Description (Need/Impact/Action/Picture (if any)): Prevention of Sexual Hrassment Cell os Saveetha School of Law organised a campaign at Saveetha college of liberal arts and sciences on 20th July 2022. Students have created an awareness among the staff, students, faculties of the college regarding the rights against harrasment. Pamphlets has been issued in Tamil as well as in English as a part of creating awareness which has legal provisions against sexual harrasment and helpline numbers.

https://drive.google.com/file/d/1YpqJdgkkRLg3y_0SLHo4LycPW9pJw4p9/view?usp=sharing

ACTIVITY 120

Title of the Activity: Legal awareness campaign on Right to education at Pachayat Union Public School, Thailavaram Chengalpattu District 21/07/2022

Need of the Activity: Conducting Legal awareness camp on Problem Solving theme

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha School of Law visited the PUP school in Thailavaram located in Chengalpattu District. . It was a small village which had elementary school classes till 5th standard. . Mrs. S P Vidyassri and Ms. Kaliselvi, Assistant Professors of Law from the Department of Business Law and 60 students of Saveetha School of Law spoke on the topic "IMPORTANCE OF RIGHT TO EDUCATION " . The objective of RTE and Education as a fundamental right was discussed with the Head Master, teachers, District secretary Education Department, ward Counselor of thailavaram, SMC Leader. The members of the school committee also joined us in the discussion about the RTE ACT . The right to education has been recognized as a human right in a number of international conventions, including the International Covenant on Economic, Social and Cultural Rights which recognizes a right to free, compulsory primary education for all, an obligation to develop secondary education accessible to all with the progressive introduction of free secondary education, as well as an obligation to develop equitable access to higher education, ideally by the progressive introduction of free higher education. We discussed the importance of education with the students in the school. We also noticed the school providing them lunch according to the mid-day meals scheme now known as "PM Poshan" . The kids were not accessible to many new things and they were so excited to talk with us . There were approximately 300 students from class 1 to 5 . We interacted with all the kids there and entertained them with a little bit of knowledge about what education is and it's importance. We interacted with the kids and encouraged them to stand before all and talk. We also asked a few general questions to the students and also enquired about the system they followed there. Lot of students came up with Telling rhymes and shared a lot out of excitement. This was a total great experience meeting people in the rural areas and spreading the knowledge about law gave us satisfaction.

<https://drive.google.com/file/d/15zA1uulrdzdwmmrox4RZe7a1h9fBQWVO/view?usp=sharing>

ACTIVITY 121

Title of the Activity: LEGAL AWARENESS CAMP ON FOOD ADULTERATION AND CYBER CRIME 27/07/2022

Need of the Activity: Conducting Legal awareness camp on Problem Solving theme

Brief Description (Need/Impact/Action/Picture (if any)): A legal Awareness Camp was

organised by Saveetha School of Law in association with Panchetti Panchayat at Panchayat Union Middle School, Panchetti Village, Thiruvallur District on Food Adulteration and Cyber Crime To School Going Children on 27.07.2022.

Mrs. Renuga Chandrasekar Faculty of Saveetha School of Law, Mr. Srinivasan Panchetti Village Panchayat President, Head Mistress Panchayat Union Middle School Presided over the camp in which the impact of Food Adulteration, Cyber Crime were widely explained by our students of Saveetha School of Law to School Children.

School students were actively listening and answering to the awareness and they interacted with our students. Overall the camp was very functional and useful

https://drive.google.com/file/d/1ERrIyrUkbnxcR3fH_rJntnTVUio21efq/view?usp=sharing

ACTIVITY 122

Title of the Activity: LEGAL AID CAMP IN ASSOCIATION WITH PRO BONO LEGAL SERVICES 08/08/2022

Need of the Activity: Conducting Legal awareness camp on Problem Solving theme

Brief Description (Need/Impact/Action/Picture (if any)): A free Legal Aid Camp was organized by Saveetha School of Law, in association with Pro Bono Legal Services on 08.08.2022 at Vyasarpadi, Chennai.

Mrs. Niranjana and Mrs. Priyadarshini, Faculties of Saveetha School of Law presided over the Legal Aid Camp along with the students of Saveetha School of Law.

Our Students and the faculties had explained to the Public on how to approach a Legal team to solve

their grievances, regarding Land and other property disputes, money issues, Cheque cases, etc., having heard their problems patiently. The Overall Camp was very functional and turned out to be a resounding success.

<https://drive.google.com/file/d/1ILEWBQF6HZAucVYKx1b0U3PPsHTdmTnL/view?usp=sharing>

ACTIVITY 123

Title of the Activity: Legal Awareness Camp 24/08/2022

Need of the Activity: Conducting Legal awareness camp on Problem Solving theme

Brief Description (Need/Impact/Action/Picture (if any)): On 24.08.2022 Ms Anuradha, Dept of Criminal law along with some students conducted a legal awareness campaign at sekkizar government higher secondary school at kundrathur. students explained the educational rights of students, importance of their health ,importance of legal education ,importance of lifelong learning and students raised certain questions our students given legal answers to them

<https://drive.google.com/file/d/1zzCOgZSbKJyTpTGiQ3LBnLWCT7YVF1em/view?usp=sharing>



UNNAT BHARAT ABHIYAN

SAVEETHA INSTITUTE OF MEDICAL AND TECHNICAL SCIENCES (U-0475)

PROGRESS REPORT

September 2022 - December 2022

UBA Coordinator's Name: Dr Sindhu Ramesh

Email: dean.acd@saveetha.com

Phone Number: 9840136543

Sr No	ADOPTED VILLAGES	TALUK	DISTRICT
1	Sembarambakkam	Poonamallee	Tiruvallur
2	Madhuramangalam	Sriperumbudur	Kancheepuram
3	Molachur	Sriperumbudur	Kancheepuram
4	Mevalurkuppam	Sriperumbudur	Sriperumbudur
5	Nesapakkam	Chennai	Chennai

Next Plan of Action -Activity to be conducted(along with reason)

- To raise awareness about hand hygiene during COVID 19 and the importance of

maintaining good hand hygiene.

- To raise awareness regarding the pollution in the environment to the patients visiting Saveetha Dental College.
- To raise awareness about the importance of blood donation and its impact on the society
- Health camps involving Ophthalmologists will be conducted and health education regarding ocular hygiene and eye donation.
- Health education on Acute Diarrhoeal Diseases, importance of ORS in treating ADD and preparation of home-made ORS
- Health education will be given regarding hepatitis in the villages
- Health camps will be conducted for geriatric population and health education will be given on elderly abuse problems in the community.
- Impart socially relevant and Professionally desired legal education towards conducting Community outreach Programmes
- Entrepreneurship Development Activities- EDP activities to be conducted to promote their entrepreneurial skills by giving them good ideas about the government subsidy schemes available for the MSMEs. Brainstorming can be done to help them polish their business ideas and incubation can be done with the help of management students.
- Family financial budgeting- Awareness can be given to the villagers regarding budgeting and its importance. Planning of expenses and savings can be taught
- Mentoring and counseling- mentoring and counseling can be given to different age groups based on their needs such as societal, emotional, and family factors.
- Self Help Groups (SHG) - marketing activities and skills- women empowerment- government schemes and loans- subsidies. Marketing and promotion activities will be taught to them. Department can assist them by conducting SHG Mela or Market Bazaar.
- Financial literacy- tax planning- Online transactions-GST- Financial security- Savings schemes- Govt schemes- fraudulent practices under this category, villagers will be given awareness about financial matters
- Career planning- soft skills- employability skills- stress management- communication skills- self confidence- making industry ready. This mainly focuses on the youth of the villagers and will help them to plan their career and its related activities.
- Internet/Digital Literacy- basic internet skills- fraudulent practices, Basic computer skills

for youngsters

- Women care- parental care. Under this, women would be given all kinds of awareness for their self development, self confidence and tips for good parenting.
- Planning to conduct Rally to create awareness
- Referral Service, Participate in Pulse Polio immunization Programme, Leprosy Screening, Screening of Cervical Cancer through PAP Smear, Reinforce the warning signs and teach self assessment of early detection of cancer, Distribution of deworming drug and screening of Anemia, Follow up of Practice on prevention of non-communicable diseases, Reinforcement and follow up, Extension of pandemic relief activities, Insisting the child safety, Follow up through mental status examination, Plan to provide nursing care among elders with dementia and Alzheimer's disease, Emphasizes the importance of this day every year, Plan for weight control practices in next visit, Plan for dental and refractive error screening and mass health education among parents, Follow up and referral services

List of Activities

ACTIVITY 1

Date : 03.09.2022

Title of the Activity: National Nutrition Week Program
Need of the Activity: To make people consume healthy and nutritious food

Brief Description (Need/Impact/Action/Picture (if any)): Awareness regarding nutrition and nutritious value was given to children and their parents. Nutrition bars were distributed to the children as start.

https://docs.google.com/document/d/1CmDK79yVhIx3TfRJz9LuKRxUyq_mgU3F/edit?usp=sharing&oid=116577199485346192109&rtpof=true&sd=true

ACTIVITY 2

Date : 10.09.2022

Title of the Activity: Oral health awareness program - Madhuramangalam

Need of the Activity: To create oral health awareness among rural population

Brief Description (Need/Impact/Action/Picture (if any)): Oral health awareness program was conducted among general population regarding oral hygiene maintenance, ill effects of tobacco use

<https://docs.google.com/document/d/13V6580lo6ixxckUUG6av4II4C6xOC01s/edit?usp=sharing&oid=105942486795001772847&rtpof=true&sd=true>

ACTIVITY 3

Date : 16.09.2022

Title of the Activity: Ulundhai

Need of the Activity: To create oral health awareness among pregnant women

Brief Description (Need/Impact/Action/Picture (if any)): Oral health awareness program was conducted among pregnant women. They were educated on undergoing dental treatments that are considered safe during pregnancy

<https://docs.google.com/document/d/11lge-2WzonVjgPYHrI8CU796IZ4b-6Pt/edit?usp=sharing&oid=105942486795001772847&rtpof=true&sd=true>

ACTIVITY 4

Date : 16.09.2022

Title of the Activity: Ulundhai - PHC

Need of the Activity: To create awareness among health workers for patient safety

Brief Description (Need/Impact/Action/Picture (if any)): Patient safety regarding medication and vaccination awareness was created among local dais, anganvadi workers

and nurses in PHC

https://docs.google.com/document/d/1n0RhYQVPixaCQ9gf4AC42r_uTImJu63x/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true

ACTIVITY 5

Date : 01.09.2022

Title of the Activity: Health Education on Nutrition

Need of the Activity: In view of National Nutrition Week

Brief Description (Need/Impact/Action/Picture (if any)): In view of National Nutrition Week, a health education regarding Nutrition was conducted by the Department of Community Medicine for 11 beneficiaries at RHTC, Mappedu

https://drive.google.com/file/d/1m_QGFpTp3QlgZwjJr8419QWN6H4rhd5l/view?usp=sharing

ACTIVITY 6

Date : 02.09.2022

Title of the Activity: Health education on Obesity

Need of the Activity: Obesity is one of the most important risk factor for many of the lifestyle diseases

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given on Obesity, its ill effects and lifestyle modifications by the Department of Community Medicine for 24 beneficiaries at UHTC, Thirumazhisai

https://drive.google.com/file/d/1iITunVsGJHQYqbUyAEpr1_3D7eUnUhX/view?usp=sharing

ACTIVITY 7

Date : 03.09.2022

Title of the Activity: Multispecialty Health Camp

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): A multispecialty health camp was organized by the Department of community Medicine involving Department of General Medicine, Orthopaedics, Paediatrics, Ophthalmology, ENT and Nursing for 65 beneficiaries at Aadhaya Church, Poonamallee where health checkup was done and basic drug was distributed. 30 beneficiaries were referred for further evaluation

https://drive.google.com/file/d/1-5-Qvfu4uJ_ERGDVN5DOMfTym-WBrQbr/view?usp=sharing

ACTIVITY 8

Date : 03.09.2022

Title of the Activity: Multispecialty Health Camp

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): The Department of Community Medicine involving the Departments of General Medicine, OBG, Dermatology, Ophthalmology, ENT, Dental, Nursing, Physiotherapy and Occupational Therapy organized a multispecialty camp at Urbanrise Company, Thirumazhisai where 109 beneficiaries were checked and basic drugs were distributed along with referring of 86 beneficiaries for further evaluation

<https://drive.google.com/file/d/1EeHD2TiJjMo7MVoBsHekjHuTBTj1sCn-/view?usp=sharing>

[g](#)

ACTIVITY 9

Date : 03.09.2022

Title of the Activity: Health Education on Scabies

Need of the Activity: Scabies is one of the most common communicable skin disease that can spread easily to contact and which can result in loss of working days

Brief Description (Need/Impact/Action/Picture (if any)): Health education on Scabies prevention and control and importance of personal hygiene and Nutrition was given by the Department of Community Medicine to 50 beneficiaries at Urbanrise Company, Thirumazhisai

https://drive.google.com/file/d/1_hIEBBwbSmRzyc4Iebp6u3PU7q5JPu42/view?usp=sharing

[ng](#)

ACTIVITY 10

Title of the Activity: Health Education on Tobacco Cessation 06.09.2022

Need of the Activity: Tobacco, both in smoking & non-smoking form is one of the leading cause for lung cancer

Brief Description (Need/Impact/Action/Picture (if any)): A health education was conducted by the Department of Community Medicine for 100 industrial workers of Nirmathi Industries, Mappedu regarding tobacco cessation, rehabilitation & first-aid measures.

https://drive.google.com/file/d/13uwpWqll8vaQG8uV1xRQ0onJQ4_YD8BC/view?usp=sharing

[aring](#)

ACTIVITY 11

Title of the Activity: Health Education on Rabies 06.09.2022

Need of the Activity: Stray dog bites have increased leading to increase in Rabies. Rabies has 100% fatality. Hence awareness regarding pre & post exposure prophylaxis is important

Brief Description (Need/Impact/Action/Picture (if any)): The Department of Community Medicine conducted a health education session on dog bite & Rabies to 15 beneficiaries at UHTC, Thirumazhisai

<https://drive.google.com/file/d/1MyelCSNXKOL75wzYmaNhafVvR7oXt5Ky/view?usp=sharing>

ACTIVITY 12

Title of the Activity: Health Education on Diet & Nutritional Deficiencies 07.09.2022

Need of the Activity: In view of 'National Nutrition Week'

Brief Description (Need/Impact/Action/Picture (if any)): A health education was given to 10 beneficiaries at RHTC, Mappedu by the Department of Community Medicine regarding diet & nutritional deficiencies.

<https://drive.google.com/file/d/1egnal0Arjo2iwrC426rA8Ta1h5YniQnG/view?usp=sharing>

ACTIVITY 13

Title of the Activity: Multispecialty Health Camp 07.09.2022

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): The Department of Community Medicine conducted a multispecialty health camp involving Departments of

General Medicine, General Surgery, OBG, Dermatology, Psychiatry, Orthopaedics, Ophthalmology, ENT, Dental, Physiotherapy, Occupational therapy & Nursing at Suseelambal Old Age Home at Thiruninravoor where 51 inmates were checked and basic drugs were distributed. 45 beneficiaries were referred for further evaluation

<https://drive.google.com/file/d/152wU6HQm21dLqZOB9LG-8qI-1mOkSysI/view?usp=sharing>

ACTIVITY 14

Title of the Activity: Multispecialty Health Camp 07.09.2022

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): Multispecialty health camp was conducted by the Department of Community Medicine involving the departments of General Medicine, General Surgery, OBG, Orthopaedics, Ophthalmology, ENT & Nursing at Koppur, Aranvoyal village church where 91 beneficiaries were checked and drugs were distributed for required beneficiaries. 18 people were referred to SMCH for further evaluation.

<https://drive.google.com/file/d/1qooqINUwQUA6BKKepRF3LoTMeuXr4igS/view?usp=sharing>

ACTIVITY 15

Title of the Activity: Multispecialty Health Camp 09.09.2022

Need of the Activity: Regular screening of children for certain diseases or conditions helps in early diagnosis and prevention of development of complications and also helps in prompt diagnosis and referral

Brief Description (Need/Impact/Action/Picture (if any)): The Department of Community Medicine organized a multispecialty camp involving Departments of Paediatrics, Dermatology, Psychiatry, Ophthalmology, ENT, Sports Medicine, Dental and Nursing at St. Joseph's Global School, Pollivakkam and 134 students were checked. 16 students were referred for further evaluation

<https://drive.google.com/file/d/17WyUAKqR80HELcOWBh5c9ugTJULfCiIW/view?usp=sharing>

ACTIVITY 16

Title of the Activity: Health Education on Geriatric Health Problems 09.09.2022

Need of the Activity: Awareness regarding common geriatric problems and ways to prevent them helps a long way in improving the quality of life of the Geriatric population

Brief Description (Need/Impact/Action/Picture (if any)): The Department of Community Medicine organized a health education session regarding Common Geriatric Health Conditions for 15 beneficiaries at UHTC, Thirumazhisai

<https://drive.google.com/file/d/1a50rQf8jwfc7AD5o5aGq46FrM0jFnDDT/view?usp=sharing>

ACTIVITY 17

Title of the Activity: Multispecialty Health Camp 10.09.2022

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): A multispecialty health camp was conducted by the Department of Community Medicine with the help of Departments of General Medicine, General Surgery, OBG, Dermatology, Psychiatry, Orthopaedics,

Ophthalmology, ENT, Dental, Nursing, Occupational Therapy and Physiotherapy at Alliance Galleria, Pallavaram where 114 beneficiaries were checked and basic drugs were given to required people. 57 beneficiaries were referred for further evaluation.

<https://drive.google.com/file/d/16rnO7BazHjrgrgO6udy3dA3VJgmR1m0P/view?usp=sharing>

ACTIVITY 18

Title of the Activity: Multispecialty Health Camp 12.09.2022

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): Multispecialty health camp was conducted by the Department of Community Medicine at Baashyam Constructions, Koyambedu involving the Departments of General Medicine, General Surgery, Orthopaedics, Dermatology, Ophthalmology, ENT, Psychiatry, Nursing, Occupational Therapy and Nursing where 261 beneficiaries were checked and basic drugs were given. 86 beneficiaries were referred

<https://drive.google.com/file/d/13PEph3CCJW92Go3RdEDxyFwGG99VnZ2/view?usp=sharing>

ACTIVITY 19

Title of the Activity: Health Education on Construction Site Workers Safety 12.09.2022

Need of the Activity: Construction site safety is important to avoid any accidents at the construction site and awareness regarding first-aid is important

Brief Description (Need/Impact/Action/Picture (if any)): The Department of

Community Medicine conducted a health education for 50 beneficiaries at Baashyam Constructions regarding Construction site workers safety and first-aid for workplace injuries.

<https://drive.google.com/file/d/1NQo0UHII5jyL4Ik3y7XgImJQeIUyDs0P/view?usp=sharing>

ACTIVITY 20

Title of the Activity: Multispecialty Health Camp 13.09.2022

Need of the Activity: Regular screening of children for certain diseases or conditions helps in early diagnosis and prevention of development of complications and also helps in prompt diagnosis and referral

Brief Description (Need/Impact/Action/Picture (if any)): The Department of Community Medicine conducted a multispecialty health camp at Panchayath Union Middle School, Kottaiyur village involving the Departments of Paediatrics, OBG, General Medicine, Dermatology, Psychiatry, Ophthalmology and ENT where 52 school children were checked and basic drugs were given along with referral of 28 students for further check-up.

<https://drive.google.com/file/d/1gnQ7f-CbegWXiXmbbd-T-jDcV-TmAEo8/view?usp=sharing>

ACTIVITY 21

Title of the Activity: Health Education on Scabies 13.09.2022

Need of the Activity: Scabies is one of the most common communicable skin disease that can spread easily to contact and which can result in loss of working days

Brief Description (Need/Impact/Action/Picture (if any)): The Department of Community Medicine conducted a health education on Scabies-prevention & Management at Panchayath Union Middle School, Kottaiyur Village, Mappedu for 50 school children

<https://drive.google.com/file/d/1IkQyLz0dQyM1AQ5ATInDzkSm2B7Qm8pC/view?usp=sharing>

ACTIVITY 22

Title of the Activity: Health Education on Tetanus Vaccination 13.09.2022

Need of the Activity: Tetanus can be spread easily even through minute wound and has serious consequences

Brief Description (Need/Impact/Action/Picture (if any)): Health education on Tetanus vaccination was conducted by the Department of Community Medicine at UHTC, Thirumazhisai for 15 beneficiaries

<https://drive.google.com/file/d/1eXzlbBgOEn3NGAt9nrucaJMraPGJbg0K/view?usp=sharing>

ACTIVITY 23

Title of the Activity: Health Education on Mental Health & Suicide Prevention 14.09.2022

Need of the Activity: In view of 'National Suicide Prevention Week'

Brief Description (Need/Impact/Action/Picture (if any)): The Department of Community Medicine conducted an awareness on Mental Health & Suicide Prevention on the occasion of National Suicide Prevention Week at RHTC, Mappedu for 10 beneficiaries

<https://drive.google.com/file/d/1WTW4vrH2STK6Z0aC1o5GqIUHQhQcUXj5/view?usp=sharing>

ACTIVITY 24

Title of the Activity: Health Education on Dengue 15.09.2022

Need of the Activity: Dengue is one of the most common and important vector-borne disease and its important to understand different aspects of this disease

Brief Description (Need/Impact/Action/Picture (if any)): A health education was conducted on signs, symptoms, treatment and prevention of Dengue by the Department of Community Medicine for 15 beneficiaries at Gundumedu Thirumazhisai

<https://drive.google.com/file/d/1sb0NQUkdKRhtcHX2Ltwia3PyQ5zxfC6L/view?usp=sharing>

ACTIVITY 25

Title of the Activity: Health Education on Diarrhoea 16.09.2022

Need of the Activity: Diarrhoea is one of the most common cause of death among children, to some extent also in adults and can lead to malnutrition in children

Brief Description (Need/Impact/Action/Picture (if any)): Health education was conducted by the Department of Community Medicine at UHTC, Thirumazhisai regarding risk factors and causes of Diarrhoea, treatment and its prevention for 25 beneficiaries

<https://drive.google.com/file/d/1Y7SXlr4bjuvDYEKtMXUYy5o9TrTNkhC0/view?usp=sharing>

ACTIVITY 26

Title of the Activity: Health Education on Snake bite 16.09.2022

Need of the Activity: Snake bites and inadvertent electric shocks is one of the common cause of death in rural area

Brief Description (Need/Impact/Action/Picture (if any)): The Department of Community Medicine conducted a health education regarding First aid for electric shock and snake bite for 11 beneficiaries at RHTC, Mappedu

https://drive.google.com/file/d/1bQ6XUMIs_rlov8mwtHwNi3ntcAmuopV/view?usp=sharing

ACTIVITY 27

Title of the Activity: Multispecialty Health Camp 19.09.2022

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): A multispecialty health camp was conducted by the Department of Community Medicine involving the Departments of General Medicine, General Surgery, OBG, Orthopaedics, Dermatology, Psychiatry, Ophthalmology, ENT, Nursing, Occupational Therapy and Physiotherapy at Ikkadu, Thiruvallur where 160 beneficiaries were checked and basic drugs were distributed. 90 beneficiaries were referred for further evaluation

https://drive.google.com/file/d/1PZkWWbmVSl2KsJz7h_qQZlmxZZITN0f-/view?usp=sharing

ACTIVITY 28

Title of the Activity: Multispecialty Health Camp 20.09.2022

Need of the Activity: Regular screening of children for certain diseases or conditions helps in early diagnosis and prevention of development of complications and also helps in prompt diagnosis and referral

Brief Description (Need/Impact/Action/Picture (if any)): A health camp was conducted for 171 of Government Higher Secondary School at kandigai in Panrutti by the Department of Community Medicine involving the Departments of General Medicine, Paediatrics, OBG, Psychiatry, Ophthalmology, ENT, Dental, Nursing & Physiotherapy where children were checked and basic necessary drugs were given. 45 children were referred for further investigations

<https://drive.google.com/file/d/136QnJSkFG7mAWf917EkIXeLD7f3iP9YJ/view?usp=sharing>

ACTIVITY 29

Title of the Activity: Health Education on Menstrual Hygiene 20.09.2022

Need of the Activity: Menstrual Hygiene is important among the adolescent girls

Brief Description (Need/Impact/Action/Picture (if any)): The Department of Community Medicine organized a health education on Menstrual Hygiene & Taboos surrounding it for 88 beneficiaries at Government Higher Secondary School, Kandigai, Panrutti

<https://drive.google.com/file/d/1VI84wwKKk2u8mAsH6vxuLFROVmSgTA4s/view?usp=sharing>

ACTIVITY 30

Title of the Activity: Health Education on MI & Lifestyle management 20.09.2022

Need of the Activity: Reduction in mortality and hospitalisation due to diabetes, hypertension and acute cardiovascular/ cerebro -vascular diseases.

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding signs, symptoms, treatment and prevention along with importance of lifestyle management with regard to Myocardial Infarction was given to 15 beneficiaries at UHTC, Thirumazhisai

https://drive.google.com/file/d/1NFdiM1Q9sNNH0VrLhkVeTQ_-uULKRf-N/view?usp=sharing

ACTIVITY 31

Title of the Activity: Health Education on Diarrhoea & its prevention 21.09.2022

Need of the Activity: Diarrhoea is one of the most common cause of death among children, to some extent also in adults and can lead to malnutrition in children

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given

regarding Diarrhoea & its prevention to 12 beneficiaries at RHTC, Mappedu by the Department of Community Medicine

<https://drive.google.com/file/d/12VfEEieltJPUT7hVMyKkar56PyKKYuaY/view?usp=sharing>

ACTIVITY 32

Title of the Activity: Multispecialty Health Camp 22.09.2022

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): Multispecialty health camp was conducted by the Department of Community Medicine involving the Departments of General Medicine, OBG, Orthopaedics, General Surgery, Dermatology, Psychiatry, Ophthalmology, ENT, Occupational Therapy, Physiotherapy & Nursing for 108 inmates of Anandham Old Age Home, Ambattur where health checkup was done and basic drugs were distributed. 80 inmates were referred for further evaluation

<https://drive.google.com/file/d/1TBeR4JUi9ymn0-GCB4mIY34MYbj9dM9F/view?usp=sharing>

ACTIVITY 33

Title of the Activity: Multispecialty Health Camp 23.09.2022

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): A multispecialty health camp

was conducted by the Department of Community at Dhoot Factory at Vallam where 171 beneficiaries were screen and basic drugs were given whereas 52 beneficiaries were referred for further evaluation

https://drive.google.com/file/d/1Tp2hd9SyvEWSQvsXUwJi_QvXkh-WyiFB/view?usp=sharing

ACTIVITY 34

Title of the Activity: Health Education on Diabetes & Hypertension 23.09.2022

Need of the Activity: Reduction in mortality and hospitalisation due to diabetes, hypertension and acute cardiovascular/ cerebro -vascular diseases.

Brief Description (Need/Impact/Action/Picture (if any)): The Department of Community Medicine conducted a health education on Hypertension & its preventive measures at UHTC, Thirumazhisai for 13 beneficiaries

<https://drive.google.com/file/d/1Xssy8VvDmWqcoKHY4h5-Kc7Kwcc0CDoz/view?usp=sharing>

ACTIVITY 35

Title of the Activity: Health Education on Menstrual Hygiene 23.09.2022

Need of the Activity: Menstrual Hygiene is important among the adolescent girls

Brief Description (Need/Impact/Action/Picture (if any)): The Department of Community Medicine conducted a health education on Menstrual Hygiene at Dhoot Factory at Vallam for 70 beneficiaries

https://drive.google.com/file/d/19CV_g2_cyuggASXgMI2NqIH9clUWXRit/view?usp=sharing

ACTIVITY 36

Title of the Activity: Non-Communicable Disease Screening 27.09.2022

Need of the Activity: Reduction in mortality and hospitalisation due to diabetes, hypertension and acute cardiovascular/ cerebro -vascular diseases.

Brief Description (Need/Impact/Action/Picture (if any)): Screening for Non-Communicable Diseases were done for 12 people at Erayamangalam Village

https://drive.google.com/file/d/1bf2fd5BvJq4F_MtvRa2QcLe_IAPRU-Dy/view?usp=sharing

ACTIVITY 37

Title of the Activity: Health Education on Breast Cancer 28.09.2022

Need of the Activity: Breast carcinoma is one of the most common cancer among females and knowledge about self-breast examination is important

Brief Description (Need/Impact/Action/Picture (if any)): The Department of Community Medicine conducted a health education on breast carcinoma for 10 beneficiaries at RHTC, Mappedu

<https://drive.google.com/file/d/1rJ5UFFHz3b-Ln5nXtvOb1C63twlKINgV/view?usp=sharing>

ACTIVITY 38

Title of the Activity: Health Education on Atherosclerosis 29.09.2022

Need of the Activity: Atherosclerosis is the most common cause of Myocardial Infarction

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 23 beneficiaries at UHTC, Thirumazhisai regarding Atherosclerosis

<https://drive.google.com/file/d/1baQ98y9Izno8riBqZDAgsCp9RKkriQkc/view?usp=sharing>

ACTIVITY 39

Title of the Activity: Multispecialty Health Camp 30.09.2022

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): A multispecialty camp was organized by the Department of Community Medicine involving the Departments of General Medicine, ENT, Optometry, Dental and Nursing for 89 beneficiaries at RK Industry, Irungattukottai where 26 beneficiaries were referred for further evaluation

https://drive.google.com/file/d/1arAcsCXkz4LU4Zk_RzETcpwZLYXZbTv3/view?usp=sharing

ACTIVITY 40

Title of the Activity: Multispecialty Health Camp 30.09.2022

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): The Department of Community Medicine conducted a multispecialty health camp at Akshayam Trust Old Age Home at Valasaravaakam where 38 inmates were examined among which 27 were referred for further evaluation

<https://drive.google.com/file/d/1XzE8duPI8dXHNL7Kv4oeHRA13d2BtQiT/view?usp=sharing>

ACTIVITY 41

Title of the Activity: Health Education on Thyroid disorders 30.09.2022

Need of the Activity: Thyroid disorders affect most women with long-term medications. It is necessary to know about diagnosis, treatment and prevention of Thyroid diseases

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 17 beneficiaries at UHTC, Thirumazhisai regarding Thyroid disorders

<https://drive.google.com/file/d/1ZVYuKyD3gGDFRe4McYwUfUqIheHZ5fZG/view?usp=sharing>

ACTIVITY 42

Title of the Activity: Health Education on Health Ageing 04.10.2022

Need of the Activity: Ageing is inevitable which cannot be prevented but can be entered gracefully

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 10 beneficiaries at RHTC, Mappedu regarding healthy ageing

https://drive.google.com/file/d/1bvzMDF9aJ8v_8157zcA4eNwFnW86_Nj/view?usp=sharing

ACTIVITY 43

Title of the Activity: Multispecialty Health Camp 08.10.2022

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): A multispecialty health camp was conducted by the Department of Community Medicine at Erayamanagalam village, Mappedu where 95 beneficiaries were screened and necessary drugs were distributed. 19

beneficiaries were referred for further evaluation

https://drive.google.com/file/d/15tqujJAXorQfNCoGs4qcLG6nYq3AWvs_/view?usp=sharing

ACTIVITY 44

Title of the Activity: Non-Communicable Disease Screening 10.10.2022

Need of the Activity: Reduction in mortality and hospitalisation due to diabetes, hypertension and acute cardiovascular/ cerebro -vascular diseases.

Brief Description (Need/Impact/Action/Picture (if any)): Screening for Non-Communicable Diseases were done for 05 people at Erayamangalam Village

https://drive.google.com/file/d/1JpXQnPPyU1RgStMcf2h8ntla7jCgDlk_/view?usp=sharing

ACTIVITY 45

Title of the Activity: Multispecialty Health Camp 11.10.2022

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): The Department of Community Medicine organized a multispecialty health camp at Karaikal Ammaiyar Old Age Home, Kolathur for 43 inmates where basic drugs were distributed. 09 inmates were referred for further evaluation

https://drive.google.com/file/d/11ANrAvbag4O_uDJbD4SiCPN9mezwAloe/view?usp=sharing

ACTIVITY 46

Title of the Activity: Multispecialty Health Camp 12.10.2022

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): A multispecialty health camp was conducted by the Department of Community Medicine at Government Girls, Hr Sec School, Keezhmanamedu where 175 beneficiaries were screened and necessary drugs were distributed. 75 beneficiaries were referred for further evaluation https://drive.google.com/file/d/1Uz1UX_ADHw6qm6ioaJtx1NhBMxb7LBB9/view?usp=sharing

ACTIVITY 47

Title of the Activity: Field survey in Mappedu village 13.10.2022

Need of the Activity: Field surveys are important to understand the problems and disease patterns of the local community

Brief Description (Need/Impact/Action/Picture (if any)): A field survey was done in Mappedu where 09 families were surveyed where their socio demography & environmental conditions were assessed

https://drive.google.com/file/d/1JprkDbbxPyh_AmLgMYi7sD0BqjltMZd/view?usp=sharing

ACTIVITY 48

Title of the Activity: Multispecialty Health Camp 14.10.2022

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or

both.

Brief Description (Need/Impact/Action/Picture (if any)): The department of community medicine organized a multispecialty health camp at Irulanchery Panchayat Primary School, 37 beneficiaries were screened and necessary drugs were distributed.

<https://drive.google.com/file/d/12IbX9SZTPcNjOde7WcUfNVEIPJ01OcW3/view?usp=sharing>

ACTIVITY 49

Title of the Activity: Multispecialty Health Camp 14.10.2022

Need of the Activity: It's important to screen leprosy patients for complications usually sensory loss, paralysis, blindness & disability limitation. Basic drugs were provided & self care services were highlighted.

Brief Description (Need/Impact/Action/Picture (if any)):

A multispecialty health camp was conducted by the Department of Community Medicine at thriuvallur district for leprosy patients where 66 beneficiaries were screened and necessary drugs were distributed. 60 beneficiaries were referred for further evaluation & treatment.

<https://drive.google.com/file/d/1dNLUD9rYPMnePAEBNRLmkCZXgLaTAdbr/view?usp=sharing>

ACTIVITY 50

Title of the Activity: Health education on Hand washing techniques 15.10.2022

Need of the Activity: SUSTAINABLE DEVELOPMENT GOAL 3 ACTIVITY - GOOD HEALTH & WELL BEING - Hand washing holds an importance place in prevention of Communicable diseases including Covid-19

Brief Description (Need/Impact/Action/Picture (if any)): Dept of Community Medicine

conducted an Awareness program on” Hand washing techniques ” at Mappedu Colony, Mappedu in observance of Global Hand washing day 2022 where 15 beneficiaries were educated on the importance of hand washing & its techniques

<https://drive.google.com/file/d/1cXjv8cvf7k9bhp6if2JfSq5EYBfFCJS/view?usp=sharing>

ACTIVITY 51

Title of the Activity: Field survey in Mappedu village 17.10.2022

Need of the Activity: As part of the Sustainable Development Goal(SDG-3) - Health & Well being, field survey was conducted to increase the access to physicians, improving the sanitation and hygiene of the families surveyed

Brief Description (Need/Impact/Action/Picture (if any)): SUSTAINABLE DEVELOPMENT GOAL (SDG-3) ACTIVITY – HEALTH & WELL BEING

Dept of Community Medicine conducted a Family survey at KK nagar, Mappedu where total of 12 families were surveyed.

https://drive.google.com/file/d/1WLy_2GN2eluKSucZj1vyKGgSJvclt-0m/view?usp=sharing

ACTIVITY 52

Title of the Activity: Weekly NCD & Behaviour Counselling Clinic, Thiumazhisai 18.10.2022

Need of the Activity: Reduction in mortality and hospitalisation due to diabetes, hypertension and acute cardiovascular/ cerebro -vascular diseases.

Brief Description (Need/Impact/Action/Picture (if any)): SUSTAINABLE DEVELOPMENT GOAL 3 ACTIVITY - GOOD HEALTH & WELL BEING Dept of Community Medicine conducted the Weekly NCD & Behaviour Counselling Clinic at UHC,

Thirumazhisai

Weekly NCD and Behavioural Change Counselling was conducted where 55 beneficiaries were provided necessary treatment for NCD along with counselling for behavioural change.

<https://drive.google.com/file/d/1ZQ0lw06DX3eJg26F50A5A8xSmdxB2DhV/view?usp=sharing>

ACTIVITY 53

**Title of the Activity: Weekly NCD & Behaviour Counselling Clinic, Thiumazhisai
18.10.2022**

Need of the Activity: Reduction in mortality and hospitalisation due to diabetes, hypertension and acute cardiovascular/ cerebro -vascular diseases.

Brief Description (Need/Impact/Action/Picture (if any)): SUSTAINABLE DEVELOPMENT GOAL 3 ACTIVITY - GOOD HEALTH & WELL BEING Dept of Community Medicine conducted the Weekly NCD & Behaviour Counselling Clinic at UHC, Thirumazhisai

Weekly NCD and Behavioural Change Counselling was conducted where 55 beneficiaries were provided necessary treatment for NCD along with counselling for behavioural change.

<https://drive.google.com/file/d/1ZQ0lw06DX3eJg26F50A5A8xSmdxB2DhV/view?usp=sharing>

ACTIVITY 54

Title of the Activity: Health Education on Breast cancer 19.10.2022

Need of the Activity: October is Breast Cancer Awareness Month, an annual campaign to raise awareness about the impact of breast cancer. Spread the word about the importance of breast cancer screening and support.

Brief Description (Need/Impact/Action/Picture (if any)): SUSTAINABLE DEVELOPMENT GOAL 3 ACTIVITY - GOOD HEALTH & WELL BEING

Dept of Community Medicine conducted an Awareness program on “Breast Cancer” at RHC, Mappedu on the occasion of “ Breast Cancer Awareness month”. RISE up and join in reaching even more people throughout Breast Cancer Awareness month. Health education was given to 10 beneficiaries regarding risk factors, signs, symptoms, treatment and prevention of the breast cancer.

https://drive.google.com/file/d/14D00cX1_PsUQLY7WToUM81E1y5fwhDe_/view?usp=sharing

ACTIVITY 55

Title of the Activity: Multispecialty Health Camp 19.10.2022

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): SUSTAINABLE DEVELOPMENT GOAL 3 ACTIVITY - GOOD HEALTH & WELL BEING - Health Camp

Dept of Community Medicine, SMCH organised and conducted a Health Camp at St. Aloysius Anglo Indian Girls Higher Secondary School, Vepperi.

Community Medicine, Paediatrics, Ophthalmology, ENT, Dental, Nursing, & Dermatology

Total beneficiaries - 199

Total Referrals - 59

<https://drive.google.com/file/d/1PCPFJahqM2MU9M7RNEuBeZCYdPXr3LjC/view?usp=sharing>

ACTIVITY 56

Title of the Activity: Multispecialty Health Camp 20.10.2022

Need of the Activity: It is important to screen for the common diseases regularly which helps in early diagnosis and prevention of development of complications and also helps in identifying common diseases that can be provided with basic drugs or referral services or both.

Brief Description (Need/Impact/Action/Picture (if any)): SUSTAINABLE DEVELOPMENT GOAL 3 ACTIVITY - GOOD HEALTH & WELL BEING - Health Camp

Dept of Community Medicine, SMCH organised

and conducted a Health Camp at St.Aloysius Anglo Indian Girls Higher Secondary School, Vepperi.

Departments Participated

CommunityMedicine, General medicine Ophthalmology, ENT, Dermatology, OBG, Nursing, & Psychiatry

Total beneficiaries - 145

Total Referrals - 71

<https://drive.google.com/file/d/1pyWyRJE60Ht4iuArhO3gRy0jcRkGnDE-/view?usp=sharing>

ACTIVITY 57

Title of the Activity: Field survey in Mappedu village 20.10.2022

Need of the Activity: As part of the Sustainable Development Goal(SDG-3) - Health &

Well being, field survey was conducted to increase the access to physicians, Health service coverage with regards to antenatal visits coverage, family planning services where emphasised on.

Brief Description (Need/Impact/Action/Picture (if any)): SUSTAINABLE DEVELOPMENT GOAL (SDG-3) ACTIVITY – HEALTH & WELL BEING

Field Survey - ANC/PNC/UNDER 5

Dept of Community Medicine conducted a Family survey at Mappedu colony, Mappedu

Total Families Surveyed - 09

<https://drive.google.com/file/d/1X-ISLmB74KYUpXG3reg1wXv7Z8xFORip/view?usp=sharing>

ACTIVITY 58

Title of the Activity: Field survey in Mappedu village 21.10.2022

Need of the Activity: As part of the Sustainable Development Goal(SDG-3) - Health & Well being, field survey was conducted to increase the access to physicians, Health service coverage with regards to antenatal visits coverage, family planning services where emphasised on.

Brief Description (Need/Impact/Action/Picture (if any)): SUSTAINABLE DEVELOPMENT GOAL (SDG-3) ACTIVITY – HEALTH & WELL BEING
Field Survey - ANC/PNC/UNDER 5

Dept of Community Medicine conducted a Family survey at Mappedu colony, Mappedu

Total Families Surveyed - 10

<https://drive.google.com/file/d/1iyiYOlwuH4rpa2iUVEzFNbJNIN2044Su/view?usp=sharing>

ACTIVITY59

Title of the Activity: Health Education - Dengue Fever & its Prevention 22.10.2022

Need of the Activity: Dengue is one of the most common and important vector-borne disease and its important to understand different aspects of this disease. As dengue cases are in the rise due to the climate change its important to understand the prevention aspects also.

Brief Description (Need/Impact/Action/Picture (if any)): SUSTAINABLE DEVELOPMENT GOAL 3 ACTIVITY - GOOD HEALTH & WELL BEING Dept of Community Medicine conducted an Awareness program on “Dengue Fever & its Prevention” at RHC, Mappedu. Total Beneficiaries - 12

<https://drive.google.com/file/d/1I1UtMrDBcHLxRRdQeUfVuUfuZhwP6Rmq/view?usp=sharing>

ACTIVITY 60

Title of the Activity: Awareness program - Leprosy &its prevention 22.10.2022

Need of the Activity: To raise awareness on the symptoms, signs of the disease, prevention aspects & to tackle the stigma that surrounds leprosy.

Brief Description (Need/Impact/Action/Picture (if any)): SUSTAINABLE DEVELOPMENT GOAL 3 ACTIVITY - GOOD HEALTH & WELL BEING Health Education Dept of Community Medicine conducted an Awareness program on “ Leprosy &its prevention” at UHTC, Thirumazhisai in observance of World Infection Prevention Week. Total Beneficiaries - 15

https://drive.google.com/file/d/1knZA4qqMQ7ZuvJBffCoXfEWq_I0Gi_HQ/view?usp=sharing

ACTIVITY 61

Title of the Activity: Health Education - Scabies 25.10.2022

Need of the Activity: To raise awareness on the symptoms, signs of the disease,

prevention aspects & to tackle the scabies at the family level.

Brief Description (Need/Impact/Action/Picture (if any)): SUSTAINABLE DEVELOPMENT GOAL 3 ACTIVITY - GOOD HEALTH & WELL BEING. Health Education. Dept of Community Medicine conducted an Awareness program on “Scabies” at RHC, Mappedu where symptoms, signs & preventive measures were explained to beneficiaries using charts. Total Beneficiaries - 06

https://drive.google.com/file/d/1a7sOhpC6Rm3vXrN1jfvnw5x04TXJ_7-1/view?usp=sharing

ACTIVITY 62

Title of the Activity: Health Education - Viral Hepatitis 25.10.2022

Need of the Activity: To raise awareness on the source, mode of transmission, symptoms, signs of the disease, prevention aspects.

Brief Description (Need/Impact/Action/Picture (if any)): SUSTAINABLE DEVELOPMENT GOAL 3 ACTIVITY - GOOD HEALTH & WELL BEING. Health Education, Dept of Community Medicine conducted an Awareness program in UHTC, Thirumazhisai Mappedu on source, mode of transmission. symptoms, signs, preventive measures including vaccinations were explained to beneficiaries using posters, Total Beneficiaries - 08

<https://drive.google.com/file/d/1b8iKFc7f1aNhXoRCfwpM8HKjNRAxC9M8/view?usp=sharing>

ACTIVITY 63

Title of the Activity: Health Education - Problems of Elderly 26.10.2022

Need of the Activity: Aging is a natural and inevitable process but aging healthy is largely dependent on the activities done during early adulthood and also during late adulthood.

Brief Description (Need/Impact/Action/Picture (if any)): SUSTAINABLE

DEVELOPMENT GOAL 3 ACTIVITY - GOOD HEALTH & WELL BEING, Health Education, Dept of Community Medicine conducted an Awareness program on “Problems of the Elderly” at RHC, Mappedu, with emphasis on elderly health care tips, stress management and healthy aging. Total Beneficiaries - 12

https://drive.google.com/file/d/1yQG88ISyqCCzfG_rYeYDw3YBJej61JIV/view?usp=sharing

ACTIVITY 64

Title of the Activity: Screening & Awareness camp 21/9/2022

Need of the Activity: To enhance the social participation of the old aged people

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Occupational therapy has conducted a screening and awareness camp for old age person at Dementia Day Care, Anna Nagar on 21/09/2022 (Thursday). The camp focused on screening for quality of life and ability to perform functional abilities and the awareness program focused on understanding the importance of functional independence and therapeutic use of self. The program also focused on group based activities to enhance the social participation of the old aged people

https://drive.google.com/file/d/1_FOpX1XCj5x5h0ihv2o5-kiG2_as5TZ5/view?usp=sharing

ACTIVITY 65

Title of the Activity: Screening & Awareness camp 30/9/2022

Need of the Activity: Screening for quality of life and ability to perform functional abilities

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Occupational therapy has conducted a screening and awareness camp for old age person at Akshaya Trust, Valasaravakkam on 30/09/2022 (Friday). The camp focused on screening for quality of life and ability to perform functional abilities and the awareness program focused on understanding the importance of functional independence and

therapeutic use of self. The program also focused on group based activities to enhance the social participation of the old aged people.

https://drive.google.com/file/d/1g_zXDiO8od0ExmAOMZcZooJZvlfLvWI2/view?usp=sharing

ACTIVITY 66

Title of the Activity: Blood Donation camp 27/10/2022

Need of the Activity: Awareness camp

Brief Description (Need/Impact/Action/Picture (if any)): On October 27 2022, on the occasion of WORLD OCCUPATIONAL THERAPY DAY 2022 & OT INDIA MONTH: 27th October 2022 to 26th November 2022, Saveetha College of Occupational Therapy conducted a blood donation camp at Saveetha Medical Hospital. Students and staff of Occupational Therapy enrolled in this camp

<https://drive.google.com/file/d/1A3PrzZRjbb8Zlg748YDtsOqtdZlsl/view?usp=sharing>

ACTIVITY 67

Title of the Activity: Awareness on Occupational therapy 27/10/2022

Need of the Activity: Awareness camp

Brief Description (Need/Impact/Action/Picture (if any)): Occupational Therapy Awareness Program and a gift as a token of love from Orthopaedics Occupational Therapy Interns(2018 batch) was given to Doctors of Orthopaedic department and respective handling patients for the occasion of WORLD OCCUPATIONAL THERAPY DAY 2022(27/10/2022) & OT INDIA MONTH: 27th October 2022 to 26th November 2022.

https://drive.google.com/file/d/1bLJHeIX_tiBptia5L9NIE9PHY5X4hNpN/view?usp=sharing

ACTIVITY 68

Title of the Activity: Screening and training camp 27/10/2022

Need of the Activity: Screening and training camp for special children

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of Occupational Therapy conducted screening and training camp for special children towards world occupational therapy day. The camp focused on training for special children in the areas of play and academic performance. The camp was conducted on 27/10/2022 (Thursday) at Jingles Child development centre, Avadi.

https://drive.google.com/file/d/1gfLF24mREdzCR19KKk2ENK1PORpN_BB/view?usp=sharing

ACTIVITY 69

Title of the Activity: Screening and training camp for special children 27/10/2022

Need of the Activity: Screening and training camp for special children

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of Occupational therapy conducted screening and training camp for special children towards world Occupational therapy day.

The camp focused on training for special children in areas of play and academic performance. The camp was conducted on 27/10/2022(Thursday) at days of joy special school, Ayapakkam

https://drive.google.com/file/d/1UbFwP_qC9aY4JMtlOQWzpvSZLz8NR8wr/view?usp=sharing

ACTIVITY 70

Title of the Activity: Screening and training camp 27/10/2022

Need of the Activity: Screening and training camp for special children

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of occupational therapy conducted screening and training camp for old age people. The camp focused on training for old age people to improve quality of life. The camp was conducted on 27/10/22 (Thursday) at sevalayam old age home

<https://drive.google.com/file/d/1QYDG5lxR9TJSrPQsXphjbdWm213UYHg1/view?usp=sharing>

ACTIVITY 71

Title of the Activity: Screening and training camp 27/10/2022

Need of the Activity: Screening and training camp for special children

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of occupational therapy conducted screening and training camp for visual impairment children. The camp focused on training for visual impairment children in improving and promoting independence in day to day task The camp was conducted on 27/10/2022 (Thursday) at little flower blind school T nagar

<https://drive.google.com/file/d/1DPKhZvlms49xdw16cpL4ZIIIrVdfiaAG/view?usp=sharing>

ACTIVITY 72

Title of the Activity: Awareness- Solid waste management 05.09.2022

Need of the Activity: to create awareness among school children and their parents regarding the solid waste management

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha School of Management has organized an awareness program on sanitation, prevention of

communicable diseases, solid waste management at sembarambakkam village on 03.09.2022. Villagers were taught the importance of segregating different types of wastes and composting. 80 participants were there.

[https://drive.google.com/file/d/1zZWep0LwYucog31U9-MWJNCd84Cwm4BQ/view?usp=share link](https://drive.google.com/file/d/1zZWep0LwYucog31U9-MWJNCd84Cwm4BQ/view?usp=share_link)

ACTIVITY 73

Title of the Activity: Doctors day 01.07.2022

Need of the Activity: Honouring doctors and nurses for their tremendous efforts

Brief Description (Need/Impact/Action/Picture (if any)): SSM students have greeted and honoured the doctors, nurses and supporting staff on the doctors day, emphasizing the importance of their valuable contributions in the human lives

[https://drive.google.com/drive/folders/1db81LGHgs9HoGhGupRNQ2RgXyDiWuTsn?usp=share link](https://drive.google.com/drive/folders/1db81LGHgs9HoGhGupRNQ2RgXyDiWuTsn?usp=share_link)

ACTIVITY 74

Title of the Activity: Awareness- Solid waste management and financial planning 10.09.2022

Need of the Activity: to create awareness among women regarding the solid waste management and financial planning

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha School of Management has visited madhuramangalam village as the part of UBA and conducted an awareness program regarding waste management and financial planning on 10.09.2022. 100 days working scheme women villagers have attended the program.

[https://drive.google.com/file/d/153b3qrMc5T-ewUsQRmB61xdd7n3tuQW6/view?usp=share link](https://drive.google.com/file/d/153b3qrMc5T-ewUsQRmB61xdd7n3tuQW6/view?usp=share_link)

ACTIVITY 75

Title of the Activity: Creating awareness- conservation of trees and plants

05.09.2022

Need of the Activity: To create the awareness of conservation of trees

Brief Description (Need/Impact/Action/Picture (if any)): SSM Students have distributed plant saplings and created awareness to all teaching faculty, supporting staff members around the locality, regarding the importance of growing plants for better quality air and life

https://drive.google.com/drive/folders/1fLgdcA-8HOiHSQ5WdoeMEv8BHyeqSMWV?usp=share_link

ACTIVITY 76

Title of the Activity: Awareness to general public 17.09.2022

Need of the Activity: To create awareness of waste management and ocean conservation

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha School of Management, it's rotaract club initiative along with UBA SIMATS has conducted cleanup activities today on the account of world clean up day, 17.09.2022. Along with cleaning up the coastal areas, students did awareness to the general public about the importance of cleanliness in coastal areas.

https://drive.google.com/drive/folders/1RKiYizVqH-EbAVJqnXPuBiPr_z6dR1Q?usp=share_link

ACTIVITY 77

Title of the Activity: Awareness to women villagers 21.09.2022

Need of the Activity: To create awareness of business opportunities in waste segregation

and management

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha School of Management conducted an awareness program in Kilacheri village on 21.09.2022. Almost 200 women have attended the program. Program highlighted the importance of doing small businesses and being independent women. They were given awareness of waste segregation in their respective houses and turned it up to small scale business through self help groups The event was conducted at St Joseph's school, kilacheri.

https://drive.google.com/file/d/1k6wbXuRN8jwSAnGnYgAsZEXh-VwTRyyn/view?usp=share_link

ACTIVITY 78

Title of the Activity: Awareness to women villagers 30.09.2022

Need of the Activity: To create awareness of business opportunities in waste segregation by self help groups

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha School of Management, along with UBA has conducted an awareness program in sembarambakkam village, on the topic "savings and entrepreneurship through waste segregation and management", on 30.09.2022. self help group women have attended the program

https://drive.google.com/file/d/1SwN3krtW0CI1bLwgujEGSTo3jFt-d8DL/view?usp=share_link

ACTIVITY 79

Title of the Activity: Awareness to youngsters 08.10.2022

Need of the Activity: To create awareness on sustainable, renewable energy sources and career opportunities

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha School of

Management, along with UBA, Rotaract and NSS have conducted a program for young job aspirants of Madhuramangalam, regarding life skills and career counseling on sustainable, renewable energy sources. The program was held on 08.10.2022.

[https://drive.google.com/file/d/1bKpKa7HRkZCdCUxwBWeeCHc62_aV93L6/view?usp=share link](https://drive.google.com/file/d/1bKpKa7HRkZCdCUxwBWeeCHc62_aV93L6/view?usp=share_link)

ACTIVITY 80

Title of the Activity: Awareness program and cleaning up 11.10.2022

Need of the Activity: To create awareness among youngsters regarding the importance of proper waste disposal, segregation and compost making

Brief Description (Need/Impact/Action/Picture (if any)): Students of SSM have cleaned up the govt school and created awareness to the school students regarding the importance cleanliness, waste disposal, segregation and generating compost as renewable energy source for farming

[https://drive.google.com/drive/folders/1rmAf8CmcZKTyfCoI7m-hk7I4RCjnYrsO?usp=share link](https://drive.google.com/drive/folders/1rmAf8CmcZKTyfCoI7m-hk7I4RCjnYrsO?usp=share_link)

ACTIVITY 81

Title of the Activity: Awareness program on Non Communicable Diseases 02.09.2022

Need of the Activity: Early identification and management of non communicable diseases

Brief Description (Need/Impact/Action/Picture (if any)): Created awareness on lifestyle modification on food practice, exercise, sleep pattern and prevention of foot ulcer by visual AIDS like banner, charts and pamphlets. a total of 45 people benefited.

[https://drive.google.com/drive/folders/12IDCDbp4bRczARTdrRfXy3_r-bDi8TR?usp=share link](https://drive.google.com/drive/folders/12IDCDbp4bRczARTdrRfXy3_r-bDi8TR?usp=share_link)

ACTIVITY 82

Title of the Activity: National Nutrition Week 09.09.2022

Need of the Activity: Motivates Children to lead a healthy lifestyle while enjoying the flavors of food throughout the world

Brief Description (Need/Impact/Action/Picture (if any)): National nutrition week was conducted as “NUTRIFEST ON WORLD OF FLAVOURS” Was conducted at the Madhuramngalam ICDS to the toddler group age 3 to 4 years the kids were told to color the rainbow foods to know the different taste flavors and the importance of eating the rainbow foods. Anthropometric assessment was done to identify the healthy child and best art and the healthy kid was awarded. We distributed healthy snacks such as black channa and puffed rice balls to the children. This made the children understand the importance and benefits of rainbow foods and healthy eating

https://drive.google.com/drive/folders/1Fz_bvPuwNH8dV7-4Wn73VAMKHpKBELTL?usp=share_link

ACTIVITY 83

Title of the Activity: Grama Sabha Meeting 13.09.2022

Need of the Activity: To ensure local economic development and social justice.

Brief Description (Need/Impact/Action/Picture (if any)): Grama sabha meeting discussed with panchayat president the following issues were identified and action plan.

1. Open Drainage System - Need to address the issue to Block Development Officer, Sriperumbudur.
2. No Street Light Post-Need to address the issue the Panchayat Officer.
3. No water Tank-Need to address the issue to Block Development Officer, Sriperumbudur.
4. Damage in the ceiling of classrooms in High School-Need to address the issue to the Collectorate Office, Kancheepuram.
5. CCTV Camera in the junction-Need to address the issue with the help of Panchayat president to the System Solution department at

Collectorate Office, Kancheepuram. 6.No of Toilets -8- Has decided to construct after discussion by a UBA committee member of SCAD. 7. Water Stagnation and no proper disposal of household waste-Has decided to clear the water stagnation with the panchayat Urbaser Workers and sprinkle the bleaching powder often as well as educate them to dispose of the waste properly. 8. Sports Article to practice sports-Need to discuss with Sports dean o purchase and give like cricket & football kit

https://drive.google.com/drive/folders/1uZOEDfq4L BG8BHZI3P94yl6wJv6Onx5S?usp=share_link

ACTIVITY 84

Title of the Activity: World Water Monitoring Day 20.09.2022

Need of the Activity: Groundwater: Making the Invisible Visible

Brief Description (Need/Impact/Action/Picture (if any)): The rally was conducted at chembarambakkam to create awareness on usage of drinking water, household waste water, harvesting rainwater, complete eradication of karuvelam tree as it aboserve 4 liters of water to obtain 1 KG of biomass. a total of 345 people benefited.

https://drive.google.com/drive/folders/1gpqR_B3tGMzkSlykzWXvZla4eKhzBCyu?usp=share_link

ACTIVITY 85

Title of the Activity: Sustainable Environmental Development 23.09.2022

Need of the Activity: To Preserve the Ecosystem and Restore the green environment

Brief Description (Need/Impact/Action/Picture (if any)): seed distribution was done in mevalurkuppam to observe sustainable environment development, to promote the

creation of home gardens among school going children. totally 70 children were benefited

https://drive.google.com/drive/folders/14w5OhCNt_4Wj4SGobwrcntnGlcEYRkZJ?usp=share_link

ACTIVITY 86

Title of the Activity: Health talk on prevention of Anemia 30.09.2022

Need of the Activity: To promote Healthy Citizen and prevent deficiency diseases.

Brief Description (Need/Impact/Action/Picture (if any)): health talk on prevention of anemia was conducted at ulundai. food expo and importance of diet in day today 's activity was explained by [P.B.B.Sc](#) students. totally 110 people were benefited

https://drive.google.com/drive/folders/159wCKgiEQQp4lyVh1yMJxPqmKDwZb2uO?usp=share_link

ACTIVITY 87

Title of the Activity: World Rabies Day 07.10.2022

Need of the Activity: One Health, zero deaths

Brief Description (Need/Impact/Action/Picture (if any)): Awareness speech on dog bite,symptoms of rabies and management post exposure measures of dog bite among general public at mappedu

https://drive.google.com/drive/folders/1164U8CPIA-EAWduEBM2T0ExTlvFuywss?usp=share_link

ACTIVITY 88

Title of the Activity: Dental hygiene 08.10.2022

Need of the Activity: To prevent plaque buildup that may cause tooth decay or gum infection

Brief Description (Need/Impact/Action/Picture (if any)): initiated dental hygiene among school age children at madhuramangalam by demonstrating brushing technique, creating awareness on prevention of dental caries and importance of dental check up periodically. We have distributed paste and brush to the school children. totally 200 benefited.

https://drive.google.com/drive/folders/11ns1-VaHFfdAslR8aYQq8ZucwTeKr0G?usp=share_link

ACTIVITY 89

Title of the Activity: Dengue Control Measures 13.10.2022

Need of the Activity: To prevent and control the transmission of dengue virus and reduce the morbidity and mortality rates of dengue infection

Brief Description (Need/Impact/Action/Picture (if any)): control measures of vector borne disease was conducted at mevalurkupam. eliminating mosquito breeding in the house and surrounding place, were taught by UG students. totally 65 people benefited.

https://drive.google.com/drive/folders/1dLw0rGZ0WdqDL_jGfpAFCUtNiuSvsZvq?usp=share_link

ACTIVITY 90

Title of the Activity: Vitamin A Deficiency 21.10.2022

Need of the Activity: Promoting consumption of Vitamin A rich food ,promotion of regular dietary intake of Vitamin A rich foods

Brief Description (Need/Impact/Action/Picture (if any)): Physical Assessment and BMI Assessment was taken for Adolescent boys & girls in the village at maduramangalam. Health Education was given regarding vitamin rich diets. totally 60 people were benefited.

https://drive.google.com/drive/folders/1L77Bwdom7kZicjtDLswEZzBECmkrIxKk?usp=share_link

ACTIVITY 91

Title of the Activity: Mappedu 5/9/2022

Need of the Activity: World physiotherapy day camp and tree plantation camp

Brief Description (Need/Impact/Action/Picture (if any)): Good health and well being and life on earth - Saveetha college of physiotherapy organised musculoskeletal screening camp in mappedu for world physiotherapy day on 5/9/2022 and tree plantation drive in which 25 saplings were planted.

<https://drive.google.com/drive/folders/166iddT2H6Jf1Cy9vyccR2oWm9Z7ahcBU>

ACTIVITY 92

Title of the Activity: Kondancheri 24/9/2022

Need of the Activity: One house one tree camp

Brief Description (Need/Impact/Action/Picture (if any)): Life on earth - Saveetha college of physiotherapy initiated planting trees in each house with 25 fruit bearing trees like jamun, custard apple.

<https://drive.google.com/drive/folders/166iddT2H6Jf1Cy9vyccR2oWm9Z7ahcBU>

ACTIVITY 93

Title of the Activity: Kondancheri 24/9/2022

Need of the Activity: Hypertension camp

Brief Description (Need/Impact/Action/Picture (if any)): Good health and well being - Saveetha college of physiotherapy organised hypertension camp on 24/9/2022 in hypertension screening was done.

<https://drive.google.com/drive/folders/166iddT2H6Jf1Cy9vyccR2oWm9Z7ahcBU>

ACTIVITY 94

Title of the Activity: Mappedu 24/9/2022

Need of the Activity: Meendum manjappai camp

Brief Description (Need/Impact/Action/Picture (if any)): Good health and well being and life on earth- Saveetha college of physiotherapy participated in Meendum manjappai camp along with district collector to cotton bags and avoid plastic bag.

<https://drive.google.com/drive/folders/166iddT2H6Jf1Cy9vyccR2oWm9Z7ahcBU>

ACTIVITY 95

Title of the Activity: Madhuramangalam School Eye screening camp 09/09/2022

Need of the Activity: Provide free and high-quality medical services

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Allied health sciences conducted the camp on 09/10/2022 at Madhuramangalam. The school childrens were screened for refractive errors and also eye health awareness program were conducted to the children.

https://drive.google.com/file/d/1UveLYcPfCfMtXrdDehzf6o_MMOgJNTnO/view?usp=sharing

ACTIVITY 96

Title of the Activity: Tree plantation 24/09/2022

Need of the Activity: Prevent the environmental pollution

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Allied health sciences conducted the camp on 24/09/2022 at Kodencherry. 15 Trees were planted by the students.

<https://drive.google.com/file/d/1uhdkVJmmUlwobrDCSw-r2UJ86b9QFKi9/view?usp=sharing>

ACTIVITY 97

Title of the Activity: Nutritional awareness Program 24/09/2022

Need of the Activity: Consuming a healthy diet throughout the life-course helps to prevent malnutrition

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Allied health sciences conducted the camp on 24/09/2022 at Kodencherry. Students gave awareness on intake of healthy foods which contains high amount of nutritional contents

https://drive.google.com/file/d/1V1luM6MRjLSn1GA_Fv3uJdP9-s9CWSw/view?usp=sharing

ACTIVITY 98

Title of the Activity: Awareness on Suicide prevention 30/09/2022

Need of the Activity: Proactive effort to raise awareness around suicidal behaviors

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Allied health sciences conducted the camp on 30/09/2022 at Kodenchery. Students collected the information using questionnaires and also counseling was given.

<https://drive.google.com/file/d/1JCYiGTHBSfTfmDdsqx2UWgCHg3AcrTzY/view?usp=sharing>

ACTIVITY 99

Title of the Activity: Awareness on Suicide prevention 08/10/2002

Need of the Activity: Proactive effort to raise awareness around suicidal behaviors

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Allied health sciences conducted the camp on 08/10/2022 at Kodencherry. Students collected the information using questionnaires and also counseling was given.

<https://drive.google.com/file/d/1TYSxQCsVj-LrVXbxzU9qw0M2euPn0feW/view?usp=sharing>

ACTIVITY 100

Title of the Activity: Awareness on safety measures during Diwali celebration with cracker 15/10/2022

Need of the Activity: Awareness campaigns will help to reduce the cracker-related injuries

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Allied health sciences conducted the camp on 15/10/2022 at Kodencherry. Students gave awareness regarding safe way to burn cracker and also on the first aid measures in case of any injury.

https://drive.google.com/file/d/1JOk1tmKtD6iDG2BieoU4fTB3_4YjHiQh/view?usp=sharing

ACTIVITY 101

Title of the Activity: Eye screening camp on the event of World Sight Day 19/10/2022

Need of the Activity: Prevent from blindness and eye related diseases

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Allied health sciences conducted the camp on 19/10/2022 at Kodencherry. Eye screening were done to prevent and treat eye problems in childrens and the parents are educated about eye safety, prevention of eye diseases, childhood illnesses and nutritional deficiencies that can lead to blindness.

<https://drive.google.com/file/d/1PGpzZC5d3YYNwbFjsTya1yzoNnOjiGMv/view?usp=sharing>

ACTIVITY 102

Title of the Activity: Awareness on Rainwater Harvesting 29/10/2022

Need of the Activity: Prevention of urban flooding due to excess rain. The stored water can be used for irrigation practices in farming region

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Allied health sciences conducted the camp on 29/10/2022 at Kodencherry. Students gave awareness on collection and storage of rain, rather than allowing it to run off.

ACTIVITY 103

Title of the Activity: Rural Start up (Village Study) Mappedu 10.09.2022

Need of the Activity: Village Study Report

Brief Description (Need/Impact/Action/Picture (if any)): To study each of the areas in the village to bring to the best understanding of the requirements for the prescribed areas.

<https://drive.google.com/drive/folders/1mqFz2YsF15Xrckp15spa0TPO8ps2jBGp?usp=sharing>

ACTIVITY 104

Title of the Activity: Rural Start up (Village Study) Mappedu 15.10.2022

Need of the Activity: Village Study Report

Brief Description (Need/Impact/Action/Picture (if any)): To study each of the areas in the village to bring to the best understanding of the requirements for the prescribed areas.

https://docs.google.com/document/d/1d3yl3bux7GpTzqtONxzjZcf_F0t8zqpF/edit?usp=sharing&oid=111891954646501554723&rtpof=true&sd=true

ACTIVITY 105

Title of the Activity: Awareness of students 15.10.2022

Need of the Activity: Awareness of students for Higher Secondary students and also

awareness about how to fill the bank forms.

Brief Description (Need/Impact/Action/Picture (if any)): Students visited the Government Higher Secondary School at Ulundai Village and spread awareness to school students programs and courses at collegiate level. They also created an awareness on how to fill a Saving Bank Account. 20 students along with the faculty went for the survey.

ACTIVITY 106

Title of the Activity: Legal Awareness Camp 26/09/2022

Need of the Activity: Conducting Legal awareness camp on Problem Solving theme

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha School of Law Conducted a Legal Awareness Camp at Keelacheri village for UBA weekly activities on 26th september 2022.

https://drive.google.com/file/d/1OmUYij7i_1XsvNTPzoNRQXjCRdyYfDV1/view?usp=sharing

ACTIVITY 107

Title of the Activity: Legal Awareness Camp 12/09/2022

Need of the Activity: Conducting Legal awareness camp on Problem Solving theme

Brief Description (Need/Impact/Action/Picture (if any)): On 12.09.2022 SSL Students of Saveetha School of Law visited Government boys higher secondary school at Kovur, and explained about the importance of Legal studies, how to develop self confidence, the educational rights of the students and how to respect teachers and parents.

https://drive.google.com/file/d/1c_54bcEKvV2b03GnFI4fjABfuXt_8SV4/view?usp=sharing

ACTIVITY 108

ACTIVITY 109

ACTIVITY 110

ACTIVITY 111

ACTIVITY 112