UNNAT BHARAT ABHIYAN

SAVEETHA INSTITUTE OF MEDICAL AND TECHNICAL SCIENCES

(U-0475)

PROGRESS REPORT

JANUARY 2021 - APRIL 2021

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Sr No	ADOPTED VILLAGES	TALUK	DISTRICT
1	Sembarambakkam	Poonamallee	Tiruvallur
2	Madhuramangalam	Sriperumbudur	Kancheepuram
3	Molachur	Sriperumbudur	Kancheepuram
4	Mevalurkuppam	Sriperumbudur	Sriperumbudur
5	Nesapakkam	Chennai	Chennai

Next Plan of Action -Activity to be conducted(along with reason)

1. To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases,

Malocclusion and Oral cancer among residents of Mappedu Village.

2. To provide basic preventive and restorative dental treatments.
3. To increase awareness among the people and the importance of mental health and to enlighten the people who are undergoing depression and anxiety.
4. Health education of patients attending centers and hospitals regarding Covid 19 pandemic.
5. Health education regarding the importance of wearing masks, washing hands and social distancing which are important to prevent the spread of Covid 19 to all the drivers and housekeeping staff of SMCH.
6. Since it is not safe to visit the ANC and PNC mothers at their door steps, we have planned to start Tele follow up of ANC and PNC cases in the villages adopted under UBA and neighbouring our health centers.
7. NCD clinic along with the patient counselling on diet, physical activity will continue in both the centers along with other routine patient works of the center
8. Fever Clinic which was started in April will continue in next quarter also. It helps to screen people with Covid 19 symptoms and manage them without mixing them with other patients in the center.
9. PPE like Face hoods which were designed and developed by the Saveetha Research Team will be distributed to the front line workers like police personnel, doctors and CISF personnel in and around SIMATS.
10. Creation of Health education material like posters, flyers and pamphlets in local language to distribute to the villagers adopted under UBA for creating awareness regarding COVID 19 pandemic.
11. Planning for Tele education of Industrial workers regarding safety precautions amid Covid 19 in the workplace once the industries start opening.

List of Activities

ACTIVITY 1

Title of the Activity: Outreach dental camp ,Park Inn beach resort ,Vettuvankeni,ECR 20.1.2021

Need of the Activity: To identify the prevalence of oral diseases like dental caries,gingivitis,periodontitis,malocclusion,oral cancer among the residents of Park Inn beach

resort,Vettuvankeni,ECR.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 52 participants were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 2.25

https://drive.google.com/file/d/1qMtmBRW1E9gMfPJoySIIBZZ1aQvZHK_v/view?usp=sharing

ACTIVITY 2

Title of the Activity: Outreach dental camp,Saveetha Rural Centre,Mappedu 23.1.2021

Need of the Activity: To assess the prevalence of oral diseases like dental caries,gingivitis,periodontitis,malocclusion,oral cancer among the residents of Saveetha Rural Centre,Mappedu.

Brief Description (Need/Impact/Action/Picture (if any)): A sum of 24 patients were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 0.83

https://drive.google.com/file/d/1HoplDx_4FVrp15ZGDNpkGV5-xULWLGQe/view?usp=sharing

ACTIVITY 3

Title of the Activity: Outreach dental camp,Municipality Office,CTH road,Thiruninravur 27.1.2021

Need of the Activity: To find oral diseases like dental caries,gingivitis,periodontitis,malocclusion,oral cancer among the residents of Municipality office,CTH road,Thiruninravur

Brief Description (Need/Impact/Action/Picture (if any)): Around 15 administrative staff were benefited by screening for oral diseases. Health education was given on the importance of brushing

twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 3.4

https://drive.google.com/file/d/1SL0sQfkG23YaHQXK-fOdO6TiMJKRbfvn/view?usp=sharing

ACTIVITY 4

Title of the Activity: World Leprosy Day 30.1.2021

Need of the Activity: To raise awareness about Leprosy disease

Brief Description (Need/Impact/Action/Picture (if any)): Department of Public Health Dentistry observed World Leprosy Day to create awareness among people about Leprosy and teach people about this disease that it is easily curable today .Sanitisers and handwashes were distributed to all on behalf of Saveetha Dental College and Team.Oral hygiene instructions and health education were taught to all children.

https://drive.google.com/file/d/1MKU9GVoOh-mTDFhpLxNsgqiVLHkd9JN0/view?usp=sharing

ACTIVITY 5

Title of the Activity: World Cancer Day 4.2.2021

Need of the Activity: To raise awareness on Cancer.

Brief Description (Need/Impact/Action/Picture (if any)): Department of Public Health Dentistry celebrated World Cancer Day to create awareness among people about Cancer and teach people about this disease that it is easily curable today .Sanitisers and handwashes were distributed to all on behalf of Saveetha Dental College and Team.Oral hygiene instructions and health education were taught to all children.

https://drive.google.com/file/d/12Bex3EdnUxli_8_j_um0agAPCZzWGoyx/view?usp=sharing

ACTIVITY 6

Title of the Activity: National Toothache Day 9.2.2021

Need of the Activity: To increase awareness of oral hygiene and oral hygiene habits.

Brief Description (Need/Impact/Action/Picture (if any)): Department of Public Health Dentistry observed National Toothache Day to create awareness among people to establish the importance the oral hygiene.Sanitisers and handwashes were distributed to all on behalf of Saveetha Dental College and Team.Oral hygiene instructions and health education were taught to all children.

https://drive.google.com/file/d/127EFMMBv1vD_qhOYZ_29exigyKGMh7uN/view?usp=sharing

ACTIVITY 7

Title of the Activity: Outreach dental camp,Koyembedu 12.2..2021

Need of the Activity: To increase awareness of oral hygiene and oral hygiene habits.

Brief Description (Need/Impact/Action/Picture (if any)): Department of Public Health Dentistry observed National Toothache Day to create awareness among people to establish the importance the oral hygiene.Sanitisers and handwashes were distributed to all on behalf of Saveetha Dental College and Team.Oral hygiene instructions and health education were taught to all children.

https://drive.google.com/file/d/127EFMMBv1vD_qhOYZ_29exigyKGMh7uN/view?usp=sharing

ACTIVITY 8

Title of the Activity: Urban dental camp,Thirumazhisai 17.2.2021

Need of the Activity: To know the prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among outpatients at Saveetha Urban centre. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A 16 patients were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 1.4.

https://drive.google.com/file/d/1wXCvlTO7VugQ15b_vmUG0emtBiRkw9FH/view?usp=sharing

ACTIVITY 9

Title of the Activity: Outreach camp,Lighthousekuppam 18.2.2021

Need of the Activity: To screen for Oral diseases like Dental caries, Periodontal diseases and Malocclusion among lighthouse kuppam community people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 71 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 1.6. 32 oral prophylaxis were done using a mobile dental van.

https://drive.google.com/file/d/1hcsUE85h2OdUnujwqxlP3cn7eFWyM9TU/view?usp=sharing

ACTIVITY 10

Title of the Activity: Outreach camp, Sathankuppam 19.2.2021

Need of the Activity: To find Oral diseases like Dental caries, Periodontal diseases and Malocclusion among sathankuppam rural people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 84 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 1.68.

https://drive.google.com/file/d/19zzuPsQNoXSwoIcV138T3VUNo_DZ2F2o/view?usp=sharing

ACTIVITY 11

Title of the Activity: Outreach camp, Kottakuppam 22.2.2021

Need of the Activity: To screen for Oral diseases like Dental caries, Periodontal diseases and Malocclusion among kottakuppam rural people. And provide treatment at Saveetha Dental College

Brief Description (Need/Impact/Action/Picture (if any)): A total of 78 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 2.36. Health education was given.

https://drive.google.com/file/d/139fLUr8BOhyLMKADrKO1qFw5c4xu20CY/view?usp=sharing

ACTIVITY 12

Title of the Activity: Outreach camp, Pralayampakkam 23.2.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among Pralayampakkam rural people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 82 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 2.99. Health education was given.

https://drive.google.com/file/d/1n-1BwTa07_Obhyg2sbdxFk_S8lsrGUNA/view?usp=sharing

ACTIVITY 13

Title of the Activity: Special camp, Hope public charitable trust 23.2.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among special children. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 21 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 6.2. Health education was given.

https://drive.google.com/file/d/1sIRVph-fBO231MSqesIvKEL84KsA_vNg/view?usp=sharing

ACTIVITY 14

Title of the Activity: Special camp, Hope psychiatric rehabilitation shelter for women 24.2.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among mentally challenged. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 26 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 2.27

https://drive.google.com/file/d/14OuGXFgzmASRhVoVqvb7LnJPYNfusMd7/view?usp=sharing

ACTIVITY 15

Title of the Activity: Government Associated Camp.Block development office Tiruttani 26.2.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among workers in the government office and community people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 37 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 1.8. 18 Oral prophylaxis was done and 1 GIC restoration was done

https://drive.google.com/file/d/1g5bCDcH2qa-3mF9j6B8MF_5BODmtpO7u/view?usp=sharing

ACTIVITY 16

Title of the Activity: Olympia cyber space, Guindy 27.2.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among construction workers. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): Among 86 workers the Mean DMFT score 1.6. Health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Free basic treatment cards were distributed .

https://drive.google.com/file/d/1ILQSD4qYjGMN2iY5k2m_Bpw8CVcb6P1z/view?usp=sharing

ACTIVITY 17

Title of the Activity: World Womens day 8.3.2021

Need of the Activity: To raise awareness about the importance of oral health for girls stressing about the hormonal imbalance during pregnancy, puberty and menopause in kuthambakkam village people

Brief Description (Need/Impact/Action/Picture (if any)): On the international women's day, Department of Public Health dentistry joined hands with women empowerment cell, Saveetha Dental College, conducted an awareness programme on oral health for girls in Elite clinic, Anna nagar. The talk also throws light on ways of promoting oral health and also suggesting oral hygiene maintenance tips. Students were also taught about proper tooth brushing techniques.

https://drive.google.com/file/d/1nH6mmCTY_br8Lbyf-y1Y9iGWhe3WroPZ/view?usp=sharing

ACTIVITY 18

Title of the Activity: Elite dental clinic, Anna nagar 8.3.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among patients visiting elite dental clinics. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 11 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 1.8

https://drive.google.com/file/d/1QBe4o2Nws6f0ZTSs9YCIRtqZO6mlTmbN/view?usp=sharing

ACTIVITY 19

Title of the Activity: Kuthirampakkam village, Kanchipuram 8.3.2021

Need of the Activity: To assess the Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 21 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 2.27

https://drive.google.com/file/d/14Kndw0jVqRQMfnBHxFgqP1Dd24I6miA0/view?usp=sharing

ACTIVITY 20

Title of the Activity: Vedal village, Kanchipuram 8.3.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal

diseases and Malocclusion among village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 46 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score1.6

https://drive.google.com/file/d/1QmUDHsr1GjcAatEASWroiwqbsKSFY9Jk/view?usp=sharing

ACTIVITY 21

Title of the Activity: Purasai village, Kanchipuram 9.3.2021

Need of the Activity: To screen for Oral diseases like Dental caries, Periodontal diseases and Malocclusion among village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 27 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 3.4

https://drive.google.com/file/d/1nbY7JdfS-5v9nZE4cmvFoRWxlO2LBAZK/view?usp=sharing

ACTIVITY 22

Title of the Activity: Labakandigai, Kanchipuram 9.3.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 30 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score

2.01

https://drive.google.com/file/d/1IDB4hnlw7GG9h5zQTYzZIZ7x3QoL1nFE/view?usp=sharing

ACTIVITY 23

Title of the Activity: Melkadhirpur village, Kanchipuram 10.3.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 33 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 2.56

https://drive.google.com/file/d/1_bq44YHvXklfK4WWuKcjavvmEyHXWx6X/view?usp=sharing

ACTIVITY 24

Title of the Activity: Ottankarani village, Kanchipuram 10.3.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 35 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 2.34

https://drive.google.com/file/d/1s80q78tpZns-UaCEqph15cyWNwWwyUAX/view?usp=sharing

ACTIVITY 25

Title of the Activity: Kelkadhirpur village, kanchipuram 11.3.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 26 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 1.5

https://drive.google.com/file/d/1sTJM0-G0LYp4QGV6p2I30mYOI0rwkiw1/view?usp=sharing

ACTIVITY 26

Title of the Activity: Thiruparataikundram village, Kanchipuram 1.3.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 21 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 1.89

https://drive.google.com/file/d/1Y7ZnwJqpslwibl4wZ4jYXo0MnYuRB_ke/view?usp=sharing

ACTIVITY 27

Title of the Activity: Athivakam village, Kanchipuram 12.3.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal

diseases and Malocclusion among village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 29 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 1.76

https://drive.google.com/file/d/1JPVlDb63ffGZrWf9bVbMRqeJe9NE2un-/view?usp=sharing

ACTIVITY 28

Title of the Activity: Kunavakam village, Kanchipuram 12.3.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 30 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 1.76

https://drive.google.com/file/d/1nsdgbZkNLdXq_wt_qaUqGOjfJUnd1s-C/view?usp=sharing

ACTIVITY 29

Title of the Activity: World Oral health day 20.3.2021

Need of the Activity: To raise awareness about oral health and importance of maintaining good oral hygiene and tips to prevent dental caries

Brief Description (Need/Impact/Action/Picture (if any)): On the World Oral Health Day, Department of Public Health dentistry conducted a programme in saveetha urban center, Thirumazhisai where patients visiting the dental college were educated about the importance of oral

health, causes of oral diseases, their symptoms and prevention of oral diseases. Pamphlets were distributed to the patients and brushing technique was taught.

https://drive.google.com/file/d/1iWoMQPLLwI_BEV_hWB3oYwfWl0cpNu7p/view?usp=sharing

ACTIVITY 30

Title of the Activity: World water day 23.3.2021

Need of the Activity: To raise awareness about scarcity of water and ways to conserve water.

Brief Description (Need/Impact/Action/Picture (if any)): Pamphlets were distributed among the outpatients visiting Saveetha Dental College. Videos regarding conservation of water were shown as well.

https://drive.google.com/file/d/1LxCMqjqTuRdTJHJ5l8XxjNQXMiP30etG/view?usp=sharing

ACTIVITY 31

Title of the Activity: CEAT Ltd, Kannanthangal 23.3.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among employees of CEAT ltd. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 12 employees were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 0.51

https://drive.google.com/file/d/10iLM-FH7q-ovN592eSnyqKpLZEjuUe-N/view?usp=sharing

ACTIVITY 32

Title of the Activity: World Health day 7.4.2021

Need of the Activity: To increase awareness about the importance of oral health and its impact on general health, pamphlets were distributed to the people visiting saveetha dental college. Health education and oral hygiene instruction were given

Brief Description (Need/Impact/Action/Picture (if any)): Pamphlets were distributed among the outpatients visiting Saveetha Dental College and the importance of oral health and brushing technique was highlighted.

https://drive.google.com/file/d/1BFLAC5dQaVZ92B4qsMAVp6PDViIE5mHt/view?usp=sharing

ACTIVITY 33

Title of the Activity: World Safemotherhood day 11.4.2021

Need of the Activity: Provide awareness to the women to ensure they receive high-quality gynecological, family planning, prenatal, delivery and postpartum care, in order to achieve optimal health for the mother, fetus and infant during pregnancy.

Brief Description (Need/Impact/Action/Picture (if any)): On the National Mother Safemotherhood day, Department of Public Health dentistry conducted a programme for mother's to educate about the oral health problems in their pregnancy after the child birth in saveetha medical college. Pamphlets were distributed to the mothers and brushing technique was taught.

https://drive.google.com/file/d/1Wqa2dBNKgPV1-79rvTbK42RUqHb9lIRq/view?usp=sharing

ACTIVITY 34

Title of the Activity: Hawroth India, ltd 19.4.2021

Need of the Activity: To search for prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among employees of CEAT ltd. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 60 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 7

https://drive.google.com/file/d/1Q7HaurH7YCtXOfUVSwSVJapNbRVAT3tB/view?usp=sharing

ACTIVITY 35

Title of the Activity: Madhuramangalam 22.4.2021

Need of the Activity: To find the prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among the village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 62 people were given health education on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .

https://drive.google.com/file/d/16725dgDbtBdNreUtIYxT7bKyQScFAlrG/view?usp=sharing

ACTIVITY 36

Title of the Activity: APARA Old age home 26.04.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among the old age people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 22 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 2.99

https://drive.google.com/file/d/1Lw2Vx9nfw4ZPJy5N5zISv5bztdSbSBdW/view?usp=sharing

ACTIVITY 37

Title of the Activity: Kondanchery Government school 27.4.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among the village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 20 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 2.25

https://drive.google.com/file/d/1TV2LUZln4nmHL72bAdp9KHDzOStkur8m/view?usp=sharing

ACTIVITY 38

Title of the Activity: T.L.C church , Kondanchery 28.4.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among the village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 11 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 1.29

https://drive.google.com/file/d/1Us2cmhYtaWmfyh240EfOANAfvA_NGhNp/view?usp=sharing

ACTIVITY 39

Title of the Activity: APARA Old age home 29.4.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among the old age people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 10 were screened and health

education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 1.6

https://drive.google.com/file/d/1QLv0rWtiRlfqyEPLjK4mtgPp8FJhzuNA/view?usp=sharing

ACTIVITY 40

Title of the Activity: Mappedu 30.4.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Malocclusion among the village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 35 people were given health education on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .

https://drive.google.com/file/d/1mjR_-jBdiOZ5PRHAX7PWjP4GFAy2eJSW/view?usp=sharing

ACTIVITY 41

Title of the Activity: Health Education on Bird Flu 08.01.2021

Need of the Activity: The cases of Bird Flu were increasing in India and there was a threat of another epidemic/pandemic

Brief Description (Need/Impact/Action/Picture (if any)): Health education on Bird Flu was to the beneficiaries of Thirumazhisai in the health center. A total of 20 beneficiaries attended.\

https://drive.google.com/file/d/1aV1W84W3-UClIx4fixQHmAoaVRp1zWYU/view?usp=sharing

ACTIVITY 42

Title of the Activity: Health Education on COVID - 19 prevention 23.01.2021

Need of the Activity: Awareness regarding COVID - 19 prevention was given as 2nd wave was expected

Brief Description (Need/Impact/Action/Picture (if any)): Health Education regarding COVID - 19 prevention was given to students of Government Boys Higher Secondary School of Thirumazhisai. Total beneficiaries - 200

https://drive.google.com/file/d/1Yk2isQQ1TssecRCyrxEF9tbzgc4k3PEx/view?usp=sharing

ACTIVITY 43

Title of the Activity: Health Education on Obesity 27.01.2021

Need of the Activity: Health Education on Obesity

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding risk factors for obesity, methods of assessment, complications and prevention was given to the beneficiaries of Mappedu village. Total number of beneficiaries - 20

https://drive.google.com/file/d/1z95yMUb111pk4IU_x-29AFIsRvOfmYSu/view?usp=sharing

ACTIVITY 44

Title of the Activity: World Leprosy Day celebration 30.01.2021

Need of the Activity: Leprosy is a disease associated with complications and stigma. Awareness regarding the disease is very much important

Brief Description (Need/Impact/Action/Picture (if any)): Awareness was created regarding Leprosy and anti-leprosy pledge was administered to the ASHA workers of Thirumazhisai area and general public in collaboration with block supervisor and area Health Inspector. Around 50 people took the pledge

https://drive.google.com/file/d/1h21eFCyg6eUZh_Xs1pIn1KXaNDIpYANy/view?usp=sharing

ACTIVITY 45

Title of the Activity: COVID - 19 banner distribution 30.01.2021

Need of the Activity: Banner was distributed to increase awareness and reduce misinformation

Brief Description (Need/Impact/Action/Picture (if any)): Banner containing information regarding risk factors, symptoms, do's and dont's and prevention of COVID - 19 was distributed to Government Boys Higher Secondary School and Government Girls Higher Secondary School in Thirumazhisai.

https://drive.google.com/file/d/1K9DLuzJqNoYZhBAlE-8bOTu_iTquOr7F/view?usp=sharing

ACTIVITY 46

Title of the Activity: Health Education on COVID - 19 prevention 30.01.2021

Need of the Activity: In view of National Girl Child Day

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding background, signs and symptoms, prevention and management of COVID - 19 was given at the Government Girls Higher Secondary School of Thirumazhisai. Total number of beneficiaries were 150

https://drive.google.com/file/d/1Z8kcVNl9g7gI-yLlRIAI3ardy0b-A9ui/view?usp=sharing

ACTIVITY 47

Title of the Activity: Health Education on Hypertension 03.02.2021

Need of the Activity: Hypertension also known as silent killer is one of the major risk factor for CVDs

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding pathophysiology, symptoms, treatment, complications and prevention of hypertension was given to 16 beneficiaries of Mappedu village

https://drive.google.com/file/d/1ibCa0N19yB5DM9bfDrJyQ5X8zKDjgc22/view?usp=sharing

ACTIVITY 48

Title of the Activity: SPARSH Leprosy Awareness Campaign - National Leprosy Elimination Program

Need of the Activity: Late diagnosis of leprosy is associated with complication and permanent damage to skin, nerves, eyes and respiratory system whereas leprosy is completely curable if diagnosed at early stages

Brief Description (Need/Impact/Action/Picture (if any)): Survey for leprosy was conducted in collaboration with the Health Inspector of Thirumazhisai area and awareness about leprosy was created among the surveyed people. Total number of people surveyed were 58\

https://drive.google.com/file/d/1EqDSVwustjcjN1R7lZWjRDWjrnxIXaRg/view?usp=sharing

ACTIVITY 49

Title of the Activity: SPARSH Leprosy Awareness Campaign - National Leprosy Elimination Program 09.02.2021

Need of the Activity: Late diagnosis of leprosy is associated with complication and permanent damage to skin, nerves, eyes and respiratory system whereas leprosy is completely curable if diagnosed at early stages

Brief Description (Need/Impact/Action/Picture (if any)): Survey for leprosy was conducted in collaboration with Health Inspector and ASHA workers of Thirumazhisai area and awareness about leprosy was created among the surveyed people. Total number of people surveyed were 62

https://drive.google.com/file/d/1f5GUatsZiKyBV9cWW3VpJ7W_w4qwj3Iy/view?usp=sharing

ACTIVITY 50

Title of the Activity: SPARSH Leprosy Awareness Campaign - National Leprosy Elimination Program 10.02.2021

Need of the Activity: Late diagnosis of leprosy is associated with complication and permanent damage to skin, nerves, eyes and respiratory system whereas leprosy is completely curable if diagnosed at early stages

Brief Description (Need/Impact/Action/Picture (if any)): Survey for leprosy was conducted in collaboration with Health Inspector and ASHA workers of Thirumazhisai area and awareness about leprosy was created among the surveyed people. Total number of people surveyed were 66

https://drive.google.com/file/d/1MLjTk_2CTwpXnXTJta_TqpIKNpxstJBK/view?usp=sharing

ACTIVITY 51

Title of the Activity: Health Education on Cancer 10.02.2021

Need of the Activity: In view of World Cancer Day

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given regarding risk factors, WARNING signs, screening and prevention of cancer to 20 beneficiaries of Mappedu village in Rural Health Center

https://drive.google.com/file/d/1qms0jMmLRRuOqYGWeYVe3nTY80I0I4nI/view?usp=sharing

ACTIVITY 52

Title of the Activity: Health Education on Diabetes Mellitus 17.02.2021

Need of the Activity: Diabetes Mellitus is an important comorbidity among COVID - 19 patients and its control is of paramount importance

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to beneficiaries of Mappedu village regarding symptoms, treatment, prevention and control of Diabetes Mellitus. Total number of beneficiaries - 25

https://drive.google.com/file/d/1DjHaVAA1pKkeICgliXQHMR8WRS66MiAG/view?usp=sharing

ACTIVITY 53

Title of the Activity: Health Education and screening for cervical cancer 27.02.2021

Need of the Activity: In view of International Women's Day

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding signs, symptoms and screening methods of cervical cancer was given and women of Mappedu village were screened for cervical cancer using visual method and pap smear. Total number of beneficiaries - 45

https://drive.google.com/file/d/1pbVixWpSZjNfbP8zmM82o-45OnfyvV0G/view?usp=sharing

ACTIVITY 54

Title of the Activity: Health Education on Diabetes Mellitus, Hypertension and Depression 03.03.2021

Need of the Activity: Incidence of Diabetes Mellitus and Hypertension has increased specially among young people and diagnosis of Depression is important to avoid serious consequences like suicide

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given regarding diabetes mellitus, hypertension and depression to the beneficiaries of Mappedu village in Saveetha Rural Health Center. Total number of beneficiaries - 20

https://drive.google.com/file/d/18tfuAt5r0nmzru_2Tkrytp372bAIU3Cz/view?usp=sharing

ACTIVITY 55

Title of the Activity: Cervical cancer screening 06.03.2021

Need of the Activity: In view of International Women's Day

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding signs, symptoms and screening methods of cervical cancer was given and women of Mappedu village

were screened for cervical cancer using visual method and pap smear. Total number of beneficiaries - 40. 18 women were screened and 6 were referred

https://drive.google.com/file/d/1urInLcmrmC9tUN1Z2ph5vSXAT9spBYLI/view?usp=sharing

ACTIVITY 56

Title of the Activity: Cervical and Breast cancer screening 08.03.2021

Need of the Activity: In view of International Women's Day

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding signs, symptoms and screening methods of cervical cancer and breast cancer was given and women of Thirumazhisai area were screened for cervical cancer using visual method and pap smear and screened for breast cancer using self-examination method Total number of beneficiaries - 40

https://drive.google.com/file/d/1x-5f157HmCDZ46CjUvomMVMWb2rmowbP/view?usp=sharing

ACTIVITY 57

Title of the Activity: Screening for Glaucoma 13.03.2021

Need of the Activity: In view of World Glaucoma Week

Brief Description (Need/Impact/Action/Picture (if any)): Screening for Glaucoma disease was conducted by Ophthalmologist in Saveetha Urban Health Center, Thirumazhisai and necessary patients were referred to Saveetha Medical College and Hospital. Total number of beneficiaries - 12

https://drive.google.com/file/d/12CIuR5u3jW6kYpliEjNuKIpH9WDv4sbW/view?usp=sharing

ACTIVITY 58

Title of the Activity: Health Education on Diabetes Mellitus 17.03.2021

Need of the Activity: Diabetes Mellitus is an important comorbidity among COVID - 19 patients

and its control is of paramount importance in view of 2nd wave

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding risk factors, symptoms, signs, treatment, control and prevention regarding Diabetes Mellitus was given to the beneficiaries of Mappedu village. Total number of beneficiaries - 15

https://drive.google.com/file/d/1xpLuExLGbl32jhpPhi-cU3bSp9UlxGwo/view?usp=sharing

ACTIVITY 59

Title of the Activity: Health Education on Tuberculosis and pledge taking for elimination of Tuberculosis 23.03.2021

Need of the Activity: In view of World Tuberculosis Day

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given on TB elimination by Block Medical Officer and her team from Perambakkam PHC in coordination with Saveetha Rural Health Center, Mappedu and pledge regarding elimination was taken. Total number of beneficiaries - 20

https://drive.google.com/file/d/1aOuFGmnDMTsCr3Uq84YjeZ5uIiJwLhgB/view?usp=sharing

ACTIVITY 60

Title of the Activity: Visit to old age home 23.03.2021

Need of the Activity: Geriatric care

Brief Description (Need/Impact/Action/Picture (if any)): General health checkup of inmates of an old age home in Thirumazhisai area was done and basic drugs were distributed. Necessary inmates were referred to Saveetha Medical College of and Hospitals. Total number of beneficiaries - 10

https://drive.google.com/file/d/1ISnmFBfeNV3da492T7sfaVozTybaYw0Q/view?usp=sharing

ACTIVITY 61

Title of the Activity: Health Education on Diabetes Mellitus 24.03.2021

Need of the Activity: Diabetes Mellitus is an important co-morbidity among COVID - 19 patients and its control is of paramount importance

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to beneficiaries on risk factors, pathophysiology, symptoms, treatment, prevention and complications of Diabetes Mellitus to 18 beneficiaries of Mappedu village

https://drive.google.com/file/d/18kNKfejm1OoNRihvWN21YIWtcVI7fDfJ/view?usp=sharing

ACTIVITY 62

Title of the Activity: Health Education on Obesity 26.03.2021

Need of the Activity: Obesity is one of the risk factor for NCDs with high prevalence

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to beneficiaries of the Thirumazhisai area on risk factors, treatment, prevention and complications of Obesity. Total number of beneficiaries - 20

https://drive.google.com/file/d/1zZ9vX7RDJzgNnpNS29hnlRU-B2ubw9FV/view?usp=sharing

ACTIVITY 63

Title of the Activity: NCD Clinic Every week on Wednesday (January 2021 - April 2021)

Need of the Activity: Reduction in mortality and hospitalisation due to diabetes, hypertension and acute cardiovascular/ cerebro -vascular diseases.

Brief Description (Need/Impact/Action/Picture (if any)): Weekly NCD Clinic, Beneficiaries - RHC (235 includes followup cases); Activities - Opportunistic Screening, Consultation and Treatment, Lifestyle modification counselling and follow up

https://drive.google.com/file/d/1IHer_UhBwdDUT8eMGZw_KWFYxO_JRe7K/view?usp=sharing

ACTIVITY 64

Title of the Activity: NCD Clinic Every week on Friday (January 2021 - April 2021)

Need of the Activity: Reduction in mortality and hospitalisation due to diabetes, hypertension and acute cardiovascular/ cerebro -vascular diseases.

Brief Description (Need/Impact/Action/Picture (if any)): Weekly NCD Clinic, Beneficiaries - UHC (498 includes followup cases); Activities - Opportunistic Screening, Consultation and Treatment, Lifestyle modification counselling and follow up

https://drive.google.com/file/d/1aIt9j7yAnE6wW6S2vSwVd8iTTxgim4v1/view?usp=sharing

ACTIVITY 65

Title of the Activity: Fever Clinic Everyday (January 2021 - April 2021)

Need of the Activity: For effective and Expeditious referral and to reduce the risk of transmission of COVID-19 to other vulnerable patients and healthcare workers presenting to the Centre.

Brief Description (Need/Impact/Action/Picture (if any)): Activities - Rapid Assessment & referral, Monitoring Vitals including saturation, drug distribution and counselling on quarantine and hygiene etiquettes.

https://drive.google.com/file/d/1A3xOlfu0mcb18rUz7gLzIg79w4tzyhDz/view?usp=sharing

ACTIVITY 66

Title of the Activity: Yoga session Every week on Saturday (January 2021 - April 2021)

Need of the Activity: Yoga helps in enhancing both physical and mental health.

Brief Description (Need/Impact/Action/Picture (if any)): Yoga session was conducted on every

Saturday to patients attending NCD clinic in Saveetha Urban Health Center, Thirumazhisai to reduce the mental stress due to the chronic disease and to increase physical activity which helps in controlling the disease by Yoga experts through teleconsultation.

https://drive.google.com/file/d/1tbMgFxvAkYjlMj9UapHrSn_-YYwm17N1/view?usp=sharing

ACTIVITY 67

Title of the Activity: International Day of Education 23.01.2021

Need of the Activity: Education

Brief Description (Need/Impact/Action/Picture (if any)): SSE-UBA organised a webinar on the importance of education and how education can be critical in the development of the country.

https://drive.google.com/file/d/1FSSHSGjALSiepzWGBnK8SVp60iDWLN2g/view?usp=sharing

ACTIVITY 68

Title of the Activity: World Day of Social Justice 20.02.2021

Need of the Activity: Awareness

Brief Description (Need/Impact/Action/Picture (if any)): SSE-UBA organised a webinar on social justice on the theme Reservation and Social Justice. The students were made aware of the importance of reservation in the social justice of the country.

https://drive.google.com/file/d/14Mw5VYp-bacZup6NhmuRAJFaQvDMYZoi/view?usp=sharing

ACTIVITY 69

Title of the Activity: International Mother Language Day 22.02.2021

Need of the Activity: Awareness

Brief Description (Need/Impact/Action/Picture (if any)): SSE - UBA organised an activity among student volunteers to appreciate their mother language and encouraged them to read more on the languages. This has been conducted to instill pride in their own language and be receptive to other languages.

https://drive.google.com/file/d/18XhsJsm6T-PhQjNbbLf501axEkyCOrvH/view?usp=sharing

ACTIVITY 70

Title of the Activity: International Womens' Day 08.032021

Need of the Activity: Awareness

Brief Description (Need/Impact/Action/Picture (if any)): SSE-UBA organised a webinar on the theme -' Women Achievers' and we discussed prominent international women achievers and their success mantra.

https://drive.google.com/file/d/1RUN9xjFuJ7mHJChmrOz8rjt78mSo4tDU/view?usp=sharing

ACTIVITY 71

Title of the Activity: World Water Day 22.03.2021

Need of the Activity: Awareness

Brief Description (Need/Impact/Action/Picture (if any)): SSE-UBA organised an activity among the student volunteers to save water on the theme -"Every droplet saved is a whole new future saved". Students took oath to save water as much as possible in their daily use and also act as advocates for 'Water Consumption'.

https://drive.google.com/file/d/15VSa36Ldekrkt7xs8qZ43lOxJ5Q4xzAl/view?usp=sharing

ACTIVITY 72

Title of the Activity: Covid - Assistance 07.04. 2021 to 10.06.2021

Need of the Activity: Pandemic Support

Brief Description (Need/Impact/Action/Picture (if any)): SSE-UBA organised a mini call center for the availability of beds and oxygen for the covid 19 2nd wave. The group actively helped over 400 covid 19 patients who were in need.The service was extended with more consideration for the adopted villages through panchayat heads.

https://drive.google.com/file/d/14fZQ55qGQGKIS1HD6juKNHPdHw7XYwOb/view?usp=sharing

ACTIVITY 73

Title of the Activity: Rights of Tribals in India 01.01.2021

Need of the Activity: organised multiple legal awareness camps to create awareness among the tribals about the awareness of Wild Life Protection Act, 1972, Scheduled Tribes and Forests Dwellers Act, 2006 and various provisions relating to STs under Indian Constitution

Brief Description (Need/Impact/Action/Picture (if any)): Camp titled "Rights of Tribals in India " offered under the Department of Constitutional Law, SSL has organised a field course of fifteen days. A batch of about twenty students along with subject faculty Ms. D Anuradha visited 10 tribal villages in and around Ooty and Kodaikanal. They organised multiple legal awareness camps to create awareness among the tribals about the WildLife Protection Act, 1972, Scheduled Tribes and Forests Dwellers Act, 2006 and various provisions relating to STs under Indian Constitution among others.

https://drive.google.com/drive/folders/1gTFq_DYSnL8sotB1f7GmuK9so7C1RcCj?usp=sharing

ACTIVITY 74

Title of the Activity: Donation 24.01.2021

Need of the Activity: Oxygen cylinder - contribution

Brief Description (Need/Impact/Action/Picture (if any)): During the second Wave of COVID it became difficult for people to save their lives. We contributed our Part in the form of a donation to provide oxygen cylinders to a hospital. We worked together with Thagam Foundation in providing the oxygen cylinders.

https://drive.google.com/file/d/19WApw0CPYdFE6tGagoEvOo-CVOPo7IBi/view?usp=sharing

ACTIVITY 75

Title of the Activity: Food Distribution Drive 10.02.2021

Need of the Activity: Feeding hungry stomachs has been our main goal and through the Sneham foundation we have fed around 50000+ homeless people during this covid- 19 pandemic lockdown.

Brief Description (Need/Impact/Action/Picture (if any)): Feeding hungry stomachs has been our main goal and through, we have fed around 50000+ homeless people during this covid- 19 pandemic lockdown. Locations : Padi, Maduravoil, Perumbur, Chrompet, Korattur, Marina beach, Anna nagar, Mogappair, Kolathur, Thirumangalam, koyambedu, Arumbakkam, Vadapalani. During lockdown, we initiated to distribute food and necessary items to the needy. Over a course of days, distributions were made possible with the active involvement of all volunteers and donors. The entire initiation started from the first lockdown announcement. From streets to villages we extended our love.

https://drive.google.com/drive/folders/1N9HRxzSyIx_3mjf_1ZbmoLj7mpruYCPv?usp=sharing

ACTIVITY 76

Title of the Activity: Women Empowerment 21.02.2021

Need of the Activity: Journey of life - women empowerment

Brief Description (Need/Impact/Action/Picture (if any)): On Women empowerment we have made a series "THE JOURNEY" to bring out the works done by them and their journey of life, their sufferings etc to the public. Mrs.Sundari akka - Food seller at lower price, Mrs.Veeralakshmi - First Women Ambulance Driver, Mrs.Jayalakshmi - First Women Swiggy driver In Avadi(Chennai) , Mrs. Sumitra prasad - Social worker

https://drive.google.com/drive/folders/1RJ-30a7RXlADTOk_ZT0VAWfdEv3wK1pI?usp=sharing

ACTIVITY 77

Title of the Activity: Outreach program Yearcaud 19.03.2021

Need of the Activity: The main aim of the program was to create a chance for the students of Saveetha to interact with the tribal community and to understand their problems while creating an awareness about the various governmental policies for tribal community

Brief Description (Need/Impact/Action/Picture (if any)): On 19th March, 2021, the International Law department of Saveetha School of Law conducted a three day outreach program to two tribal villages in YERCAUD, Tamil Nadu. The program was organised by Kannan Kunnathully, the head of the department and assisted by Dr. Tenzin Kahampa. The main aim of the program was to create a chance for the students of Saveetha to interact with the tribal community and to understand their problems while creating an awareness about the various governmental policies for tribal communities. YERCAUD constituency consists of 72 tribal villages.The two faculties along with 18 students visited Muluvi and S Puthur village in the three days program. The Muluvi village consists of 150 houses with a population of approximately 500 people and the S Puthur village consists of about 50 houses with approximately 225 people. The people belong to the Aadhi Dravida community belonging to the tribal caste ' MalaGoundar' or 'Malayali' meaning the people living in hills. The people are mainly agriculturists. The people who do not own land, work in coffee plantations and earn about Rupees 250 to 350 per day. Most of the people are ignorant of their right to receive minimum wages. One major fear that the people shared with the team was about the North-Eastern migrant workers taking over their jobs. There is only one health care centre and one police station for the 72 villages. There is also no proper hospital and ambulance services. In case of a death, the villagers have to wait for a minimum of two to three days to get the dead body after

post-mortem from the Salem Government hospital. There is no mortuary service in the health care centre. The team realised that in these times of pandemic situation, the tribal communities' access to health services should be given utmost attention by the government. The people face difficulties in accessing educational services, job opportunities and internet facilities. The youth in the community raised an issue of lack of access to the selection process of State and national teams of volleyball, cricket, Kabaddi and various other sports. The overwhelming sentiment amongst all those who participated in the outreach program was that there should be proper implementation of the government policies and corruption should be prevented. It was both a learning and enriching experience to meet and mingle with the tribal community, in spite of the pandemic situation.

https://drive.google.com/file/d/1DLgpE2DFQu1NEApytsyTk5SsPOB0rTTA/view?usp=sharing

ACTIVITY 78

Title of the Activity: Legal aid camp at PAchamalai hills, Trichy 19.03.2021

Need of the Activity: Focused on Some major problems faced by the tribes have been identified to be poverty, economic and technological backwardness, socio-cultural handicaps and problems of assimilation with the non-tribal population

Brief Description (Need/Impact/Action/Picture (if any)): Forests maintain ecological balance and are necessary for human existence. They shelter wild animals, preserve gene pools, maintain biodiversity, protect the tribal people and exhibit cultural diversity. Pachaimalai Hills is home for many Tribal groups in the low mountain range in the Eastern Ghats, located in Trichy district, Tamil Nadu. As this area is geographically and socially secluded from society, it is mostly under-developed. With an aim of providing Legal Awareness to such Tribal Community, Saveetha School of Law arranged a Legal Camp with 16 students and 4 faculties on 19th March, 2021 to educate them about their Constitutional, Legal and Property rights. Farming which includes cultivation of castor oil seeds, seasonal crops and vegetables is the main source of income for the people of Pachamalai hills. Although the younger generation are educated up to post-graduation, they still lack communication skills. Some major problems faced by the tribes have been identified to be poverty, economic and technological backwardness, socio-cultural handicaps and problems of assimilation with the non-tribal population. Other everyday problems include drinking water scarcity, lack of internet facility and proper roads and having no fuel station nearby. Among the 550 responses the students of Saveetha School of Law collected, 30% were not aware of the Coronavirus Pandemic and only 10% of them got vaccinated through the aid of the government

while the others had no knowledge about it. Their only desire is to develop their locality into a tourist spot which would in turn fetch those jobs locally and they hope it will be a solution to the everyday problems they face.

https://drive.google.com/file/d/1gnGHg_93TXaBcZXr9nRyn7J66SgW9Z83/view?usp=sharing

ACTIVITY 79

Title of the Activity: Chennai Coastal Cleanup Campaign 24.03.2021

Need of the Activity: "Our ultimate goal is to raise awareness on the impact of the ever-growing garbage footprint on the environment. Further to this, we are proactively working on finding solutions for proper waste segregation and maintaining clean shores" We are planning to organise weekly clean-up drives. "There is no dependence on anyone or the need to wait for things to happen,"

Brief Description (Need/Impact/Action/Picture (if any)): Lock-down has made people a little more aware of the extent of the damage that has been inflicted on the environment. An initiative spearheaded by Aarthy.G, Assistant Professor, Saveetha School of Law, in the name of Chennai Coastal Cleanup (CCC) campaign volunteered by the students of Saveetha School of Law Boomika imayavarthini.T, Rohith K.B, BHARATH.P, T.S.VIGNESHWARAN, EUREKA SRI, Anakha S J, Yogesh.S, Subaja, Jobin, Suryaprakash.J, Sam kishore, Arunachalam.P are trying to nullify the damage that plastic waste has been subjecting our coastlines. The clean up drive started across Akarai Beach, ECR around 07.00 am on 18.03.2021."We hope to inspire people to keep our coasts and waters clean, through proper waste management and disposal. Chennai has some picturesque coastal spaces, which needs to be protected and maintained on a regular basis," said Ms. Aarthy.G Coastal cities like Chennai have long used the sea as a garbage dump, but in recent years the city's spiking population has seen vast amounts of trash finding its way to the beach from the sea. "Our ultimate goal is to raise awareness on the impact of the ever-growing garbage footprint on the environment. Further to this, we are proactively working on finding solutions for proper waste segregation and maintaining clean shores" We are planning to organise weekly clean-up drives. "There is no dependence on anyone or the need to wait for things to happen," she adds. If each one of us consciously took small steps towards saving our environment, we would be able to save not just our oceans but safeguard the earth for coming generations.

https://drive.google.com/file/d/1wtIBxrHRYk0VzsHmlwqTltw4nv--GGyx/view?usp=sharing

ACTIVITY 80

Title of the Activity: Reach out to villages campaign 21.04.2021

Need of the Activity: Reach Out

Brief Description (Need/Impact/Action/Picture (if any)): Distributed basic provision to all 40 families residing at Pattipulam Village. We look forward to taking part in uplifting these underprivileged people among us.

https://drive.google.com/drive/folders/1ftrtgpmcBAmJqHR7JFaYSI_qpWB0ZTaB?usp=sharing

ACTIVITY 81

Title of the Activity: Traffic awareness programme 07.04.2021

Need of the Activity: Awareness Programme

Brief Description (Need/Impact/Action/Picture (if any)): Location: Thirumangalam signal, Rountana Signal, Chintamani Signal. Awareness on the importance of wearing helmets and the threats of rash driving so as to reduce road accidents were inculcated to the public with the use of posters and one-to-one interactions.

https://drive.google.com/file/d/1IoFwYoONXQwszz81S6YTYPHLlSNCRMET/view?usp=sharing

ACTIVITY 82

Title of the Activity: Awareness program for kids at Mevalurkuppam village 27.01.2021

Need of the Activity: Awareness program

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha school of management has conducted a school visit at Mevalurkuppam, as an UBA initiative to educate the kids on personal

hygiene and safety. Students of SSM led the awareness program, through demonstration, lecture and videos. Kids were given role play to enhance their learning.

https://drive.google.com/file/d/1q_FxanMbJCQ4NXagW8jMm6TLw8DzZAFE/view?usp=sharing

ACTIVITY 83

Title of the Activity: Drawing class for primary school kids at Mevalurkuppam Village 29.01.2021

Need of the Activity: Teaching extra skills

Brief Description (Need/Impact/Action/Picture (if any)): Kids were also taught the basic drawing by SSM students, Samna and Bavithra. They were taught to make greeting cards to their parents, showing their love and affection to them. Kids thoroughly enjoyed the event and made it a memorable day.

https://drive.google.com/file/d/1K8AuhHzWq2b53yoeKtrM5tNfKDv38lPN/view?usp=sharing
https://drive.google.com/file/d/10Q4fiDYVgcOFOszMOJWhuvIyZ6LlgInl/view?usp=sharing
https://drive.google.com/file/d/11_Nlvgg-r3XUmwogypARD1nSjQL1C-U2/view?usp=sharing

ACTIVITY 84

Title of the Activity: Distribution of educational toys and materials for school students at Mevalurkuppam village 02.02.2021

Need of the Activity: To develop the interests

Brief Description (Need/Impact/Action/Picture (if any)): Educational toys and stationery were distributed to the school kids which were bought by SSM students. This includes a chess board, ludo, cricket kit, planetorium, books, and stationeries.

https://drive.google.com/file/d/16bNn1cYa2DB252DBDYEBgzUI5_ppDr5P/view?usp=sharing
https://drive.google.com/file/d/1umJubZG1YSVwCKVAxz6zHwk2ac9fKun6/view?usp=sharing

ACTIVITY 85

Title of the Activity: Green board donation for the school,Mevalurkuppam 15.02.2021

Need of the Activity: To improve the infrastructure of the school

Brief Description (Need/Impact/Action/Picture (if any)): SSM in association with Rotaract club donated a green board for the school. Further initiatives will be done for the development of the school.

https://drive.google.com/file/d/1H_I4SeJAJbQT_mthUC7TXumUCbQnWq2w/view?usp=sharing

ACTIVITY 86

Title of the Activity: Awareness program at Mappedu Village 25.02.2021

Need of the Activity: To give awareness for rural women about savings

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha school of management has conducted an awareness program on Investment planning at Mappedu. People were given awareness on basics of savings, importance of public sector banks and LIC for savings and fraudulence activities happening in the unorganized financial sector.

https://drive.google.com/file/d/17RTGW0-n7CdgelPdCQ8zKLI_u7xsCKkG/view?usp=sharing
https://drive.google.com/file/d/1_XthashdVJTHQuT-hzfsJl4zVJmL2jey/view?usp=sharing

ACTIVITY 87

Title of the Activity: Cervical Cancer Awareness: Latest Estimates and Approaches 29.01.2021

Need of the Activity: Awareness on Cervical Cancer

Brief Description (Need/Impact/Action/Picture (if any)): Cervical cancer awareness program was conducted at Thirumazhisai. Awareness on cervical cancer, its signs and symptoms, causes, treatment and prevention measures was given through Villupattu, video presentation, songs, and nutritional expo.

https://drive.google.com/drive/folders/1L5sRzP6w8wb8pFgj9HOLjuBibS1Psqqv?usp=sharing

ACTIVITY 88

Title of the Activity: Sparsh Leprosy Awareness Campaign 30.01.2021

Need of the Activity: Beat Leprosy, End Stigma and Advocate for Mental Well Being

Brief Description (Need/Impact/Action/Picture (if any)): Leprosy screening was done at Vallam Village and gave awareness on treatment modalities of leprosy. Around 100 people were benefited out of this programme.

https://drive.google.com/drive/folders/1j9dlGO97sX8E2HjuoepATGkYpEu0HyOs?usp=sharing

ACTIVITY 89

Title of the Activity: Cancer Fighters: I Am and I Will" 04.02.2021

Need of the Activity: Created awareness on warning signs and early detection of cancer and its treatment modalities

Brief Description (Need/Impact/Action/Picture (if any)): The World Cancer Day was celebrated at Kondancheri Village. Role play was done on risk factors and its prevention of various cancers and treatment modalities available for patients with cancer and individual responsibility to prevent cancer. Health education was given using charts, posters and models regarding causes, risk factors, types, early detection and preventive measures of cancer. Participants were actively participated by asking many questions regarding cancer and their doubts were clarified. More than 150 people benefited out of this programme.

https://drive.google.com/drive/folders/1ghXR_mk618mLAm9k0VlypBioDHeqdpQZ?usp=sharing

ACTIVITY 90

Title of the Activity: Innovative Approaches on Worm Infestation 14.02.2021

Need of the Activity: To deworm all preschool and school-age children

Brief Description (Need/Impact/Action/Picture (if any)): National deworming day was observed in Government Middle and High School at Sakthi Nagar, Porur. Role play was enacted to depict the importance of Deworming. Distributed the Deworming drug Tablet Albendazole 400 mg as per the Direction of the UPHC Medical officers to 200 school children.

https://drive.google.com/drive/folders/1mQTHLYNlLEdgmrWzWI2D8ikmnaTqKmJi?usp=sharing

ACTIVITY 91

Title of the Activity: Accent Momentousness of Well Baby Clinic 17.02.201

Need of the Activity: Preventive and promotive care of under Five children

Brief Description (Need/Impact/Action/Picture (if any)): Well baby clinic was conducted at Sakthinagar, UPHC. Health assessment was done for all under five children. Finger puppet show regarding the treatment of minor ailments among children. AV Aids like posters, flash cards, videos used to give health education on adequate nutrition, accent of immunization, resource facility free of cost.

https://drive.google.com/drive/folders/1Si779HUqoP5WZTqo9k4BQH317J0RIqnt?usp=sharing

ACTIVITY 92

Title of the Activity: Antenatal Clinic 23.02.2021

Need of the Activity: Antenatal assessment and antenatal care

Brief Description (Need/Impact/Action/Picture (if any)): Antenatal clinic was conducted at Maduravoyal UPHC. Antenatal assessment was done followed by tough antenatal exercise. Video presentation was given regarding anxiety and stress management during labour. Poster presentation was done regarding the pregnancy food pyramid. Around 100 antenatal mothers

https://drive.google.com/drive/folders/1rMYl6CJHEOWf89_uANHhWX7RlEEPzUyf?usp=sharing

ACTIVITY 93

Title of the Activity: Choose to Challenge 08.03.2021

Need of the Activity: Women Empowerment

Brief Description (Need/Impact/Action/Picture (if any)): Women's day was celebrated by self help group members at Suragapuram, Vayalur village. Motivational speech was given by Mrs.Sathyabama, Assistant Professor. Role play was performed on the theme of women empowerment. Diabteic and hypertensive screening was done. Charts and video display, posters regarding Breast self examination, prevention of anemia, risk factor and early detection and prevention of Cervical cancer, participants were actively participated. Women were entertained with Musical chairs and winners were appreciated with prizes.

https://drive.google.com/drive/folders/1y-AGWGFWZcZTfXbwPCI7Mtzz_jrPhhth?usp=sharing

ACTIVITY 94

Title of the Activity: Every have a seat at the Table 11.03.2021

Need of the Activity: Realizing the importance of eating disorder

Brief Description (Need/Impact/Action/Picture (if any)): Eating disorder awareness week was conducted at Bakthavatchalam Industrial Training Institute, Viswanathapuram. Role play was enacted on Anorexia Nervosa. Food expo on healthy diet. Awareness given regarding healthy eating habits through charts, posters. More than 100 students were benefitted.

https://drive.google.com/drive/folders/1imhRwW9Ea2PGqf0ifzAm5PaLzWQSpOtk?usp=sharing

ACTIVITY 95

Title of the Activity: World Kidney Day 09.03.2021

Need of the Activity: Emphasized on Prevention of Kidney disease

Brief Description (Need/Impact/Action/Picture (if any)): Explained to the general public regarding structure of kidney, risk factors of kidney disease, its signs and symptoms, diagnostic tests

& treatment for kidney diseases. Health talk on the importance and prevention of kidney disorders.Around 50 participants benefited out of this programme.

https://drive.google.com/drive/folders/18SdonN-8PsMziCyCgt3y-zdFEmeKCsyx?usp=sharing

ACTIVITY 96

Title of the Activity: World Tuberculosis day 24.03.2021

Need of the Activity: Stress on Compliance of Antituberculosis drug

Brief Description (Need/Impact/Action/Picture (if any)): Emphasis on importance of Cough hygiene, breathing exercise and protein rich diet. 30 TB Patients benefited out of this program.

https://drive.google.com/drive/folders/1JSIa8beETbRJ2JtZuEhNmAFUwgodmiN0?usp=sharing

ACTIVITY 97

Title of the Activity: World Health Day on Building a fairer, Healthier world 07.04.2021

Need of the Activity: To raise awareness about the overall health and well-being of people.

Brief Description (Need/Impact/Action/Picture (if any)): Mime show & food display were done by B.Sc (N) IV Year Students on current pandemic situation covid- 19 & Vaccination. The beneficiaries of the programme was 45 members

https://drive.google.com/drive/folders/10iigh7OL4YACDURKSTACg7obG_pjtqs6?usp=sharing

ACTIVITY 98

Title of the Activity: National Safe motherhood Day 12 .04.2021

Need of the Activity: To stay at home during Coronavirus and Keep mother and new-born safe from Coronavirus

Brief Description (Need/Impact/Action/Picture (if any)): The program commenced with the role play on importance of safe motherhood and the hygienic practices to follow during Pandemic. The students displayed the antenatal foods as EXPO and explained its significance during the antenatal period. The participants totally benefited by this program were 30 - 40.

https://drive.google.com/drive/folders/1WIEMbD9NAtzI5fS5lAQcvz5p2N5Tpa9f?usp=sharing

ACTIVITY 99

Title of the Activity: No smoking day Celebration 12.04.2021

Need of the Activity: Quitting smoking does not have to be stressful.

Brief Description (Need/Impact/Action/Picture (if any)): No smoking day was observed to create awareness on no smoking through drawing and paintings mono-acting, face painting, poem presentations in various language like Tamil, English, Telugu and Hindi, Video clipping

https://drive.google.com/drive/folders/1LKK8vqYMN2r3hh6A2jkNL0ulFGRLOhMQ?usp=sharing

ACTIVITY 100

Title of the Activity: Keelmanambedu camp 20.1.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of physiotherapy organized a camp on 20-01-2021 in Keelmanambedu. Saajan and Gowtham, post graduate students participated in the camp and screened 33 patients with various ailments like Plantar fasciitis, Hemiplegia, Cervical spondylosis, osteoarthritis knee, tennis elbow and lumbar spondylosis and prescribed therapeutic exercises for their ailments.

https://drive.google.com/file/d/1rMNvLMgmDEdjM20J46USi3XbBCrLW7_o/view?usp=sharing

ACTIVITY 101

Title of the Activity: Sriperumbudur Vanniyar Mahal camp 22.01.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of physiotherapy organized a camp on 22-01-2021 in Vanniyar Mahal Sriperumbudur. Aravindh and Roshan, post graduate students participated in the camp and screened 36 patients with various ailments like Golfer's elbow, Cervical spondylosis, osteoarthritis knee, tennis elbow and lumbar spondylosis and prescribed therapeutic exercises for their ailments.

https://drive.google.com/file/d/1rMNvLMgmDEdjM20J46USi3XbBCrLW7_o/view?usp=sharing

ACTIVITY 102

Title of the Activity: Melmanambedu camp 27.01.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of physiotherapy organized a camp on 27-01-2021 in Melmanambedu. Venkatesh and Guram tharunSai Post graduate students participated in the camp and screened 22 patients with various ailments like Cervical spondylosis, osteoarthritis knee, tennis elbow and lumbar spondylosis. Patients were taught about therapeutic exercises for their diseases.

https://drive.google.com/file/d/1rMNvLMgmDEdjM20J46USi3XbBCrLW7_o/view?usp=sharing

ACTIVITY 103

Title of the Activity: Vayanallur, Thiruvallur camp 29.01.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of physiotherapy organized a camp on 29-01-2021 in Vayanallur, Thiruvallur. Rajesh and Surya prakash Post

graduate students participated in the camp and screened 21 patients with various ailments like osteoarthritis knee, tennis elbow, lumbar spondylosis, Plantar fasciitis, Cervical spondylosis, and prescribed therapeutic exercises for their ailments.

https://drive.google.com/file/d/1rMNvLMgmDEdjM20J46USi3XbBCrLW7_o/view?usp=sharing

ACTIVITY 104

Title of the Activity: God church, Walajahbadh camp 06.02.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of physiotherapy organized a camp on 6-02-2021 in God church, Walajabad. Rajesh and Karthik Raj, Post graduate students participated in the camp and screened 21 patients with various ailments like osteoarthritis knee, tennis elbow, lumbar spondylosis, Plantar fasciitis, Cervical spondylosis, and prescribed therapeutic exercises for their ailments.

https://drive.google.com/file/d/1rMNvLMgmDEdjM20J46USi3XbBCrLW7_o/view?usp=sharing

ACTIVITY 105

Title of the Activity: Omni Bus Stand, Koyembedu camp 12.02.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of physiotherapy organized a camp on 12-02-2021 in Omni Bus Stand, Koyembedu. Asha Anna Mathew and Bishy Percy Princilla, Post graduate students participated in the camp and screened 31 patients with various ailments like osteoarthritis knee, lumbar spondylosis, Plantar fasciitis, Cervical spondylosis, and prescribed therapeutic exercises for their ailments.

https://drive.google.com/file/d/1rMNvLMgmDEdjM20J46USi3XbBCrLW7_o/view?usp=sharing

ACTIVITY 106

Title of the Activity: Church camp Surapet 20.02.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College Of physiotherapy organized a camp on 20th February 2021 in Church camp, Surapet. Post graduate students Priyadharshini, Finitiand participated in the camp. Patients with musculoskeletal problems like cervical spondylosis ,osteoarthritis knee ,plantar fasciitis were screened and physiotherapy treatment was given.40 patients benefited from the camp.

https://drive.google.com/drive/folders/1n_WNgYF7l-LYFL07qKNReZqU9A3Ecbbq

ACTIVITY 107

Title of the Activity: Mudra fine blank Thirumazhisai 24.02.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College Of physiotherapy organized a camp on 24th February 2021 in Mudra fine blank ,Thirumazhisai.Post graduate students sathish and Nixon participated in the camp.Patients With musculoskeletal problems like cervical spondylosis,osteoarthritis knee ,plantar fasciitis was screened and physiotherapy treatment was given.32 patients benefited from the camp.

https://drive.google.com/drive/folders/1n_WNgYF7l-LYFL07qKNReZqU9A3Ecbbq

ACTIVITY 108

Title of the Activity: Arun plasto pillai pakkam camp 02.03.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College Of physiotherapy organized a camp on 2ndmarch 2021 in Arun plasto, Pillaipakkam camp. Intern students

Rekha,Sandya and Rathnapriya participated in the camp. Patients with musculoskeletal problems like cervical spondylosis ,osteoarthritis knee ,plantar fasciitis were screened and physiotherapy treatment was given.52 patients benefited from the camp.

https://drive.google.com/drive/folders/1n_WNgYF7l-LYFL07qKNReZqU9A3Ecbbq

ACTIVITY 108

Title of the Activity: Mudra fine blank Thirumazhisai 03.03.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College Of physiotherapy organized a camp on3rd march 2021 in Mudra fine blank ,Thirumazhisai. Post graduate students Kavya and Ankita das participated in the camp. Patients with musculoskeletal problems like cervical spondylosis ,osteoarthritis knee ,plantar fasciitis were screened and physiotherapy treatment was given.38 patients benefited from the camp.

https://drive.google.com/drive/folders/1n_WNgYF7l-LYFL07qKNReZqU9A3Ecbbq

ACTIVITY 109

Title of the Activity: Mudra fine blank unit i ,Irungattukottai 11.03.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College Of physiotherapy organized a camp on 11thmarch 2021 in Mudra fine blank ,Irungattukottai,Unit I. Intern studentsBragadeesh and akram participated in the camp. Patients with musculoskeletal problems like cervical spondylosis ,osteoarthritis knee ,plantar fasciitis were screened and physiotherapy treatment was given.52 patients benefited from the camp.

https://drive.google.com/drive/folders/1n_WNgYF7l-LYFL07qKNReZqU9A3Ecbbq

ACTIVITY 110

Title of the Activity: Cyber city camp,Mangadu 18.3.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College Of physiotherapy organized a camp on18th march 2021 CybercityMangadu.DrS.Senthilkumar ,Assistant professor,post graduate students Vanitha and Subhavani participated in the camp. Patients with musculoskeletal problems like cervical spondylosis ,osteoarthritis knee ,plantar fasciitis were screened and physiotherapy treatment was given.44 patients benefited from the camp.

https://drive.google.com/drive/folders/1n_WNgYF7l-LYFL07qKNReZqU9A3Ecbbq

ACTIVITY 111

Title of the Activity: Dae sung Autoparts ,Mannur 29.3.2021

Need of the Activity: Musculoskeletal screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College Of physiotherapy organized a camp on 29th march 2021 Dae sung Auto parts,Mannur.DrRenuka ,Interns students Vishwa and Monica participated in the camp. Patients with musculoskeletal problems like cervical spondylosis ,osteoarthritis knee ,plantar fasciitis were screened and physiotherapy treatment was given.21 patients benefited from the camp.

https://drive.google.com/drive/folders/1n_WNgYF7l-LYFL07qKNReZqU9A3Ecbbq

ACTIVITY 112

Title of the Activity: Planting saplings 26.01.2021

Need of the Activity: To create awareness on importance of Environmental protection

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational therapy planted tree saplings on 26.1.2021 to bring about the environmental concerns

on the event of Republic Day.

https://static.wixstatic.com/media/41d401_cfa74d81a87242449b7d1e8d3c599926~mv2.jpg/v1/fill/w_826,h_826,al_c,q_90/41d401_cfa74d81a87242449b7d1e8d3c599926~mv2.webp

ACTIVITY 113

Title of the Activity: Old age care 11.02.2021

Need of the Activity: To provide recreational activities for elderly in the community

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational therapy visited the old age center in Thiruvallur to provide group based recreational activities to improve quality of life in elderly living in the community.

https://static.wixstatic.com/media/41d401_2e21224d3dea4369baec3bbec2cedd2a~mv2.jpg/v1/fill/w_949,h_712,al_c,q_90/41d401_2e21224d3dea4369baec3bbec2cedd2a~mv2.webp

ACTIVITY 114

Title of the Activity: Rally against abuse 26.02.2021

Need of the Activity: To create awareness to young adults about substance abuse and addiction

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational therapy visited Maduravoyal in Chennai to create awareness to young adults about substance abuse and addiction and to improve quality of life and vocation for young adults of the community.

https://static.wixstatic.com/media/41d401_84370aac5e1b411da996e68bbeb9b469~mv2.jpg/v1/fill/w_740,h_343,al_c,q_90/41d401_84370aac5e1b411da996e68bbeb9b469~mv2.webp

ACTIVITY 115

Title of the Activity: Community wellness for young adults 06.03.2021

Need of the Activity: To promote awareness on ergonomics for people working on computers

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha Occupational therapy students had conducted an awareness program along with home-based therapy for people who are working as secretaries, DTP professionals and others having computer-based jobs to prevent neck pain.

https://static.wixstatic.com/media/41d401_f5023558d8de49e4b3296269163ab269~mv2.jpeg/v1/fill/w_534,h_1156,al_c,q_90/41d401_f5023558d8de49e4b3296269163ab269~mv2.webp

ACTIVITY 116

Title of the Activity: Community wellness for adults 20/03/2021

Need of the Activity: To promote awareness on ergonomics for people working in delivery services

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha Occupational therapy students had conducted an awareness program along with home-based therapy for people who are working as delivery personnels and others having back pain.

https://static.wixstatic.com/media/41d401_61585d456b404bc2b625f849b27936a1~mv2.jpeg/v1/fill/w_591,h_1280,al_c,q_90/41d401_61585d456b404bc2b625f849b27936a1~mv2.webp

ACTIVITY 117

Title of the Activity: Welfare of Children with disability 05/04/2021

Need of the Activity: To improve community participation of children with disabilities

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational Therapy had provided counseling and home programs for children with disabilities such as physical disability and intellectual disability.

https://static.wixstatic.com/media/41d401_a327ced5a0544788512123cdf4819f8~mv2.jpeg/v1/fill/w_740,h_986,al_c,q_90/41d401_a327ced5a0544788512123cdf4819f8~mv2.webp

ACTIVITY 112

Title of the Activity: Community awareness against Child abuse 24/04/2021

Need of the Activity: To train children about Good Touch & Bad Touch

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational Therapy had provided counseling and home programs for children to promote awareness on Good Touch & Bad Touch.

https://static.wixstatic.com/media/41d401_a97eb31eb4a247369e39a1392d2d293c~mv2.jpg/v1/fill/w_740,h_1487,al_c,q_90/41d401_a97eb31eb4a247369e39a1392d2d293c~mv2.webp

ACTIVITY 113

Title of the Activity: Teaching practice with Green campus 20.03.2021

Need of the Activity: To teaching the physical activity, cleaning the entire campus

Brief Description (Need/Impact/Action/Picture (if any)): To clean the entire campus in grounds such as volleyball court, basketball court and entire sports arena.

https://drive.google.com/file/d/13vJFKy0Q-VK4ndOPaIq7Hgdz_ubtK7bo/view?usp=sharing

ACTIVITY 114

Title of the Activity: Teaching practice with Green campus 22.03.2021

Need of the Activity: To teaching the physical activity, cleaning the entire campus

Brief Description (Need/Impact/Action/Picture (if any)): Gardening in a campus is useful to maintain water facility, environmental facilities.

https://drive.google.com/file/d/1Qa699Bhcr5vtyMISyKEIz6IrB6WuzVwd/view?usp=sharing

ACTIVITY 115

Title of the Activity: Teaching practice with Green campus 23.03.2021

Need of the Activity: To teaching the physical activity, cleaning the entire campus

Brief Description (Need/Impact/Action/Picture (if any)): Minor Games, cleaning the entire campus and done tree plantation

https://drive.google.com/file/d/1x6nntCZe_cVtssdszc1BE4Y-xRzQdiBu/view?usp=sharing

ACTIVITY 116

Title of the Activity: Teaching practice with Green campus 24.03.2021

Need of the Activity: To teaching the physical activity, cleaning the entire campus

Brief Description (Need/Impact/Action/Picture (if any)): Major games, cleaning the entire campus with all plastics materials and making the campus no plastics.

https://drive.google.com/file/d/1T2ZTIH4VPNKOm4iQn0rzAG0gubKf18-k/view?usp=sharing

ACTIVITY 117

Title of the Activity: Teaching practice with Green campus 25.03.2021

Need of the Activity: To teaching the physical activity, cleaning the entire campus

Brief Description (Need/Impact/Action/Picture (if any)): Technical, physical education students done Ground marking , It helps to know marking in their field like volleyball court, track marking .

https://drive.google.com/file/d/1W2fydmy9ZR2SH7k1dUw8dL_JCG8C-Knm/view?usp=sharing

ACTIVITY 118

Title of the Activity: Teaching practice with Green campus 26.03.2021

Need of the Activity: To teaching the physical activity, cleaning the entire campus

Brief Description (Need/Impact/Action/Picture (if any)): Tactical, cleaning the entire campus - physical education students were able to control the people, So we organized crowd management.

https://drive.google.com/file/d/1V9pDqclOqafm302Ekwe41qCIX8Hl6lXv/view?usp=sharing

ACTIVITY 119

Title of the Activity: Teaching practice with Green campus 27.03.2021

Need of the Activity: To teaching the physical activity, cleaning the entire campus

Brief Description (Need/Impact/Action/Picture (if any)): Recreation, cleaning the entire campus - To teach yoga asanas to childrens it will help good habits to maintain positive health.

https://drive.google.com/file/d/1W4VFjAe-7AgqekV6xL36GMilvp6myHzL/view?usp=sharing

ACTIVITY 120

Title of the Activity: Tree plantation 26.01.2021

Need of the Activity: Prevent the environmental pollution

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of allied health science students participated in a tree plantation programme conducted on 26-01-2021 at SIMATS and planted 150 saplings.

https://drive.google.com/file/d/1gdwLPunU4VGAZNzf-8m2B66UnFmy5PO9/view?usp=sharing

ACTIVITY 121

Title of the Activity: Awareness Campaign (Recycling Waste Report) 29.01.2021

Need of the Activity: Wealth from Waste

Brief Description (Need/Impact/Action/Picture (if any)): During the mapping the various conditions in which waste being thrown all over the community was identified. several solutions were provided both for recycling waste which forms the guidelines of the report.

https://drive.google.com/file/d/1bZz5bfrMQlR6dtkYH3hyPOIHS-ddQC5p/view?usp=sharing

ACTIVITY 122

Title of the Activity: Awareness Campaign (Save Electricity Report) 26.02.2021

Need of the Activity: Energy Conservation

Brief Description (Need/Impact/Action/Picture (if any)): During the mapping the various conditions in which electricity was being wasted was identified along with the community. Alternatives like solar & several solutions were provided for saving electricity which forms the guidelines of the report.

https://drive.google.com/file/d/1qmzAOewHh_wkem3rTinwRD_tB-Sqi7Yq/view?usp=sharing

ACTIVITY 123

Title of the Activity: Awareness Campaign (Rural Hygiene Report) 26.03.2021

Need of the Activity: Rural Hygiene

Brief Description (Need/Impact/Action/Picture (if any)): During the mapping the various conditions in which Rural Hygiene was identified along with the community. Alternatives like Proper sanitation were provided to improve Rural Hygiene which forms the guidelines of the report.

https://drive.google.com/file/d/1SD6Y3vtEkltQ9upmOmAQl4UvWAkcPvTv/view?usp=sharing

ACTIVITY 124

Title of the Activity: Awareness Campaign (Rural Self Agriculture And Grow More Trees - Report 30.04.2021

Need of the Activity: Tree Plantation & Self Agriculture

Brief Description (Need/Impact/Action/Picture (if any)): During the mapping the various conditions in which Rural plantation was identified along with the community. Alternatives like Self Agriculture & tree plantation were provided to control global warming which forms the guidelines of the report.

https://drive.google.com/file/d/13cKqoA-IfWe0vKqB5m5oCyQ6u5M3833K/view?usp=sharing

ACTIVITY 125

Title of the Activity: Hindi Classes for Children of (construction workers) in age group 6-11 years 24-Feb-2021 Till Date

Need of the Activity: As Part of social initiative and to impart Official Language of India to children

Brief Description (Need/Impact/Action/Picture (if any)): As part of our social initiative and under the UBA scheme, SCLAS (Saveetha college of Liberal Arts and Sciences) is organising "Hindi Classes" for the children of construction workers at Thandalam campus. Since Hindi is our Official Language and with the objective to impart education, there is an imperative need to conduct this program. The Classes are taken everyday for 1 hour in the Thandalam Campus.The children are in the age group of 6- 11 years. The classes are taken by Mrs S. Lavanya, Asst Prof- Hindi dept. The children are receiving the same with interest and enthusiasm.

https://drive.google.com/drive/folders/1bXNRHlq6_emmv8MmpjOu2qfZRNCFoHGa?usp=sharing

ACTIVITY 126

Title of the Activity: Sriperumbudur Vanniyar mahal camp 22.01.2021

Need of the Activity: Medical screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of allied health science college organized a camp on 22-01-2021 in Sriperumbudur our internship students participated in the camp and eye screening was done for 30 patients .

https://drive.google.com/file/d/147Fd1PwGUuphiBPbaNYYJei1yJlwpaOb/view?usp=sharing

ACTIVITY 127

Title of the Activity: Thiruninravur school camp 27.01.2021

Need of the Activity: Medical screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of allied health science college organized a camp on 27-01-2021 in Thiruninravur our internship students participated in the camp and eye screening was done for 21 patients .

https://drive.google.com/file/d/1Zkj1g8nVseVr-jGsnFr7sWA4JBhihfnY/view?usp=sharing

ACTIVITY 128

Title of the Activity: Avadi DBCS CAMP 03.02.2021

Need of the Activity: Medical screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of allied health science college organized a camp on 03-02-2021 in Avadi, our internship students participated in the camp and eye screening was done for 32 patients .

https://drive.google.com/file/d/1HGksEg4Q8TUozJ68U-NoulKJxpkGFggJ/view?usp=sharing

ACTIVITY 129

Title of the Activity: Mevalarkuppam camp 12.02.2021

Need of the Activity: Medical screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of allied health science college organized a camp on 12-02-2021 in Mevalurkuppam our internship students participated in the camp and eye screening was done for 27 patients .

https://drive.google.com/file/d/1OAQM6fMZusoTEWyaHvfieKyaSmob-eTa/view?usp=sharing

ACTIVITY 130

Title of the Activity: Veppampattu village camp 06.03.2021

Need of the Activity: Medical screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of allied health science college organized a camp on 06-03-2021 in Veppampattu village our internship students participated in the camp and screened 30 patients and checked their Blood pressure level and Sugar level.

https://drive.google.com/file/d/1jQwoiaU5aUStOccF5l9JrOFLw43m7UFP/view?usp=sharing

ACTIVITY 131

Title of the Activity: Thiruninravur village camp 27.03.2021

Need of the Activity: Medical screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of allied health science college organized a camp on 27-03-2021 in Thiruninravur our internship students participated in the camp and eye screening was done for 27 patients.

https://drive.google.com/file/d/1W0IUHGQ1OEM2pFp0K883xkySz1eKRq0L/view?usp=sharing

ACTIVITY 132

Title of the Activity: Health awareness 22.01.2021

Need of the Activity: Age related health awareness helps in planning graceful aging processes. usage of health supplements and their needs on aging helps in good maintenance of health at various ages.

Brief Description (Need/Impact/Action/Picture (if any)): Graceful aging helps in improvement of socio economic factors. General health awareness helps in better disease management & treatment outcomes.

https://drive.google.com/drive/folders/18F5uwFMUnwyBYjsfcZsiuaFgvB7XE5mv

ACTIVITY 133

Title of the Activity: Patient education 11.02.2021

Need of the Activity: Drug mishandling, ADR, Drug resistance

Brief Description (Need/Impact/Action/Picture (if any)): Antibiotic resistance is a big challenge to healthcare in management & treatment of diseases. creating awareness and educating the public in Dos & Don'ts helps in proper usage of drug regimen.

https://drive.google.com/drive/folders/18F5uwFMUnwyBYjsfcZsiuaFgvB7XE5mv