



UNNAT BHARAT ABHIYAN

SAVEETHA INSTITUTE OF MEDICAL AND TECHNICAL SCIENCES (U-0475)

PROGRESS REPORT

SEPTEMBER 2021 - DECEMBER 2021

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Sr No	ADOPTED VILLAGES	TALUK	DISTRICT
1	Sembarambakkam	Poonamallee	Tiruvallur
2	Madhuramangalam	Sriperumbudur	Kancheepuram
3	Molachur	Sriperumbudur	Kancheepuram
4	Mevalurkuppam	Sriperumbudur	Sriperumbudur
5	Nesapakkam	Chennai	Chennai

Next Plan of Action -Activity to be conducted(along with reason)

- To generate products from recycled materials
- To introduce solar energy models
- To give provision of clean toilets with water facilities

- Identification of indigenous trees in the region and to create awareness to plant trees & initiate self Agriculture
- To create working models and other best practices to Harvest water
- To create working models and other best practices to Water Filtration
- To recycle and upcycle the old furniture to reusable furniture which can also serve as a self employment mode for the rural residence
- To collect all disposed plastic water bottles that can be filled with mud onsite and used in the construction of the house to reduce the carbon footprint.
- To collect and use the salvaged elements of demolished or dilapidated structures into new homes so as to keep the historic value of the elements used.
- To help develop facilities and services in rural areas.To provide a space for skill enhancement that helps for self employment
- To provide a space for learning that can be used for leaning by the elders of the village in the evening after their daily work
- To enhance the facilities that cater to normal school and vocational skills required for children and adults alike

List of Activities

ACTIVITY 1

Title of the Activity: Outreach camp,Vengal village,Thiruvallur 4.9.2021

Need of the Activity: To find Prevalence of Oral diseases like Dental caries,Gingival diseases, Periodontal diseases among the village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 15 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 4.02

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ACTIVITY 2

Title of the Activity: National Teachers Day 5.9.2021

Need of the Activity: To increase awareness about how teachers are known to influence the mind of youth and turn them to responsible citizens.

Brief Description (Need/Impact/Action/Picture (if any)): .On the National Teachers Day,Department of Public health dentistry conducted a webinar to honour teachers and express our gratitude to them.Proper brushing techniques were also demonstrated.E-certificates were also provided.

<https://docs.google.com/document/d/1M2oV0HjpwKZshi4Lkh8HAb7BEjRrrUOG/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true>

ACTIVITY 3

Title of the Activity: National Nutrition Week 7.9.2021

Need of the Activity: To raise awareness about nutritional and adaptive eating habits for a healthy and sustainable lifestyle.

Brief Description (Need/Impact/Action/Picture (if any)): On the National Nutrition Week, Department of Public Health dentistry conducted an awareness programme in Kadambathur about the importance of food and nutrition and oral hygiene behaviour. Pamphlets were distributed to the patients and brushing technique was taught.

<https://docs.google.com/document/d/1vkjJtB-t2hJVu6uBmkEEOoiOYyt3YxyK/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true>

ACTIVITY 4

Title of the Activity: Outreach camp,Susheelamma Old Age Home 8.9.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Edentulousness among the special needs population. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 28 were screened and health

education was given on the importance of brushing twice daily.Oral prophylaxis was done to 6 people.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 2.62

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ACTIVITY 5

Title of the Activity: Outreach camp,Susheelamma Oldage Home 8.9.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Edentulousness among the special needs population. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 28 were screened and health education was given on the importance of brushing twice daily.Oral prophylaxis was done to 6 people.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 2.62

https://docs.google.com/document/d/1R_33xKkmOBgAn5_PvglziDBOKyOsoNKc/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true

ACTIVITY 6

Title of the Activity: Outreach camp,SDK Constructions 14.9.2021

Need of the Activity: To screen and identify for potentially malignant disorders like Leukoplakia,OSMF, Dental caries, Periodontal diseases and among the construction employees. To refer patients to Dept of Oral and Maxillofacial Surgery,Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 63 were screened and health education was given on the importance of brushing twice daily.Oral prophylaxis was done to 25 people.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 1.9

<https://docs.google.com/document/d/1UXOYooycFCEpTe4i7AzTlACeUlBJVQdn/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true>

ACTIVITY 7

Title of the Activity: Outreach camp,Sri Sai Illam Trust 15.9.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Periodontal diseases and Edentulousness among the special needs people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 20 were screened and health education was given on the importance of brushing twice daily.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 0.80

<https://docs.google.com/document/d/1EmeDtCJqqdQbyPfGsywVWpm8VI8quhE/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true>

ACTIVITY 8

Title of the Activity: Outreach camp,Casa Grande Constructions 16.9.2021

Need of the Activity: To identify Prevalence of potentially malignant disorders like Leukoplalia,OSMF, Dental caries, Periodontal diseases and among the construction employees. To refer patients to Dept of Oral and Maxillofacial Surgery,Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 98 were screened and health education was given on the importance of brushing twice daily.Oral prophylaxis was done to 12 beneficiaries.Proper brushing techniques were demonstrated using teeth model.Cards for free basic treatment were distributed .Mean DMFT score 1.82

<https://docs.google.com/document/d/1bOfcVEeHB-9WER24s1hE1kgOqJirlQwl/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true>

ACTIVITY 9

Title of the Activity: Outreach camp,CSI Church,Manavala Nagar 18.9.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries,Gingival diseases, Periodontal diseases among the village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 72 were screened and health education was given on the importance of brushing twice daily. Oral prophylaxis was done to 8 beneficiaries. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 0.68

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ACTIVITY 10

Title of the Activity: World Rose Day 22.9.2021

Need of the Activity: To raise motivation and hope to the lives of all people affected by cancer.

Brief Description (Need/Impact/Action/Picture (if any)): On World Rose day, department of public health dentistry offered roses to non teaching staff of Saveetha dental college to extend the concern of this disease. Proper brushing techniques were also taught.

<https://docs.google.com/document/d/1cWdcBC6L6arKmH8rGIu3NK-wuF9EA0g7/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true>

ACTIVITY 11

Title of the Activity: Outreach camp, FCI Colony, Sevapettai 24.9.2021

Need of the Activity: To identify Prevalence of Oral diseases like Dental caries, Gingival diseases, Periodontal diseases among the village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 26 were screened and health education was given on the importance of brushing twice daily. Oral prophylaxis was done to 14 beneficiaries. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 3.58

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ACTIVITY 12

Title of the Activity: Outreach camp, Kadambattur 25.9.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingival diseases, periodontal diseases among the village people. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 23 were screened and health education was given on the importance of brushing twice daily. Oral prophylaxis was done to 7 beneficiaries. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 1.48

https://docs.google.com/document/d/1NXyy5XsO_wckgsnNgYmo82lo1YK5OrlF/edit?usp=sharing&ouid=105942486795001772847&rtpof=true&sd=true

ACTIVITY 13

Title of the Activity: Outreach camp, OMNI bus association, Koyambedu 01.10.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and pre-cancerous lesions among OMNI bus drivers. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 187 were screened and health education was given on the importance of brushing twice daily. Oral prophylaxis was done to 24 beneficiaries. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 1.55. 18 referrals to oral surgery

<https://docs.google.com/document/d/1d62Kf5Ing67SiHvSCLlYon3MhM-aVjiK/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 14

Title of the Activity: Outreach camp, Kannampalayam 07.10.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and precancerous lesions among the people of Kannampalayam. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 53 were screened and health

education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed .Mean DMFT score 2.01

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ACTIVITY 15

Title of the Activity: Outreach camp, Senjipanaipakkam 09.10.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and precancerous lesions among the people of Kannampalayam. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 26 were screened and health education was given on the importance of brushing twice daily. Oral prophylaxis was done to 24 beneficiaries. Proper brushing techniques were demonstrated using a teeth model. Cards for free basic treatment were distributed .Mean DMFT score 2.01

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ACTIVITY 16

Title of the Activity: Outreach camp, CRPF, Poonamallee 11.10.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingival diseases, periodontal diseases among central reserve police force. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 12 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed .Mean DMFT score 1.55

<https://docs.google.com/document/d/1B7Z8DpNzXINiomf5tJNO4SgLNi8Ixx2f/edit?usp=sharing&oid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 17

Title of the Activity: Outreach camp, Hyundai company, Sri Perumbuthur 20.10.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingival diseases, periodontal diseases among Hyundai company workers. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 36 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 1.55

<https://docs.google.com/document/d/1xli7nf8nM3KyNyadyTXLGxxxB0HQctFV/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 18

Title of the Activity: Outreach camp, Mannur 28.10.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingival diseases, periodontal diseases among company workers. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 78 were screened and health education was given on the importance of brushing twice daily. Oral prophylaxis was done to 25 beneficiaries. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 2.01. seven referrals to prosthodontics

https://docs.google.com/document/d/1irMS3sVCwYMnEfScH-szbHe_tenOQS67/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true

ACTIVITY 19

Title of the Activity: Outreach camp, Valarapuram 28.10.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingival diseases, periodontal diseases among company workers. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 78 were screened and health education was given on the importance of brushing twice daily. Oral prophylaxis was done to 12

beneficiaries. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 2.01. Eight referrals to prosthodontics

<https://docs.google.com/document/d/1jtemCoRkf5hAQ0QfMJ8pvgLuXmUc5RGZ/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 20

Title of the Activity: Outreach camp, Park INN beach resort, ECR, Chennai 29.10.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingival diseases, periodontal diseases among resort workers. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 36 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 1.55.

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ACTIVITY 21

Title of the Activity: Outreach camp, NULM Mission, Avadi 12.11.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and pre-cancerous lesions among the inmates of NULM, Avadi. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 27 were screened and health education was given on the importance of brushing twice daily. Oral prophylaxis was done to 3 beneficiaries. Proper brushing techniques were demonstrated using teeth model. Cards for free basic treatment were distributed. Mean DMFT score 3.78

<https://docs.google.com/document/d/1f5bMFCdN709FmNf2GF7a45HBdHXtDioG/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 22

Title of the Activity: Outreach camp, NULM Mission, Thiruvallur 13.11.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and pre-cancerous lesions among the inmates of NULM, Thiruvallur. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 30 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 2.53

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ACTIVITY 23

Title of the Activity: Outreach camp, FPL Automobiles, Chrompet 20.11.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingival diseases, periodontal diseases among automobile workers. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 25 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 1.55. Referral to orthodontics and prosthodontics

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ACTIVITY 24

Title of the Activity: Outreach camp, Erayamangalam 27.11.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and precancerous lesions among the people of Erayamangalam. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 25 were screened and health

education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 1.55. Referral to orthodontics and prosthodontics

<https://docs.google.com/document/d/1Ua-0Bt10Hm5uupql-VyVIJ8HCEif5s3P/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 25

Title of the Activity: Outreach camp, Erayamangalam 27.11.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and precancerous lesions among the people of Erayamangalam. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 25 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 1.55. Referral to orthodontics and prosthodontics

<https://docs.google.com/document/d/1Ua-0Bt10Hm5uupql-VyVIJ8HCEif5s3P/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 26

Title of the Activity: Outreach Camp, Uriyur Elementary School 29.11.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingival diseases, periodontal diseases among elementary school students and teachers. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 91 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 1.41 with 51.6% prevalence of edentulousness. About 12 oral prophylaxis and 7 GIC restorations were done. Referral to prosthodontics

<https://docs.google.com/document/d/1K1X9cmv1MYV0tQu8ASX7DneASCoSPjza/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 27

Title of the Activity: Outreach Camp, Flextronics, Sriperumbudhur 03.12.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and pre-cancerous lesions among the workers of Flextronics. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 105 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 2.43. Referral to orthodontics and prosthodontics

<https://docs.google.com/document/d/1v7bbUcAhWT9hEcihFRVF7A4agYcYPAWU/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 28

Title of the Activity: Outreach Camp, Deviriyambakkam, Oragadam 04.12.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and precancerous lesions among the people of Deviriyambakkam. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 56 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 1.75. Referral to prosthodontics

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ACTIVITY 29

Title of the Activity: Outreach Camp, Medimix company, Thirumazhisai 10.12.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and pre-cancerous lesions among the workers of Medimix company. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 92 were screened and health

education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 2.03. Referral to orthodontics and prosthodontics

<https://docs.google.com/document/d/1bgoTpsKhH0VEShtZqeFaM7T4itYfnhlw/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 30

Title of the Activity: Outreach Camp, Mumudibakkam, Thirumazhisai 11.12.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and precancerous lesions among the people of Mumudibakkam. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 116 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 2.89. Referral to prosthodontics

<https://docs.google.com/document/d/1-iaMeq1bYklxVA9fZZ1VoP0WB-jxSFu2/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 31

Title of the Activity: Outreach Camp, Vishnu Mahal, Nemili, Sriperumbudhur 14.12.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingival diseases, periodontal diseases among the people of Nemili. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 91 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 1.72 with 65% prevalence of edentulousness. About 25 oral prophylaxis and 10 GIC restorations were done. Referral to prosthodontics

<https://docs.google.com/document/d/1EckBYnacJmLKyi4efwnjkCFSDVPbwVSd/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 32

Title of the Activity: Outreach Camp, Pitchivakkam high school, Sriperumbudur 16.12.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingival diseases, periodontal diseases among high school students and teachers. To refer patients to Saveetha Dental College-Poonamallee.

Brief Description (Need/Impact/Action/Picture (if any)): A total of 86 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 1.87 with 52.5% prevalence of edentulousness. About 28 oral prophylaxis and 12 GIC restorations were done. Referral to orthodontics and prosthodontics

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ACTIVITY 33

Title of the Activity: Outreach Camp, PODAVOOR, Sriperumbudur 17.12.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and precancerous lesions among the people of Podavur. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 65 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 1.38 with 51.2% prevalence of edentulousness. About 18 oral prophylaxis and 8 GIC restorations were done. Referral to Orthodontics & prosthodontics

<https://docs.google.com/document/d/1WRYfgnm0GWMuFbRjFEFINqN9BnzyfvNz/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 34

Title of the Activity: Outreach Camp, Mettucheri, Mappedu 20.12.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and precancerous lesions among the people of Mettucheri. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 105 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 2.69. Referral to prosthodontics

https://docs.google.com/document/d/1g73u13TI3hNp_hVEa_QULbO3HnR4m1LW/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true

ACTIVITY 35

Title of the Activity: Outreach Camp, Vallam, Sriperumbudur. 23.12.2021

Need of the Activity: To find prevalence of oral diseases like dental caries, gingivitis, periodontal disease, oral cancer and precancerous lesions among the people of Vallam. To refer patients to Saveetha Dental College and Hospitals - Poonamallee

Brief Description (Need/Impact/Action/Picture (if any)): A total of 112 were screened and health education was given on the importance of brushing twice daily. Cards for free basic treatment were distributed. Mean DMFT score 1.78 with 48.2% prevalence of edentulousness. About 27 oral prophylaxis and 15 GIC restorations were done. Referral to Orthodontics & prosthodontics

<https://docs.google.com/document/d/14Rw4TWZaTSKYppNvQA19egzudENJlvVc/edit?usp=sharing&ouid=115171175778554422535&rtpof=true&sd=true>

ACTIVITY 36

Title of the Activity: Child and women welfare program 04.09.2021

Need of the Activity: Child and women welfare program

Brief Description (Need/Impact/Action/Picture (if any)): With a small initiative, we spread awareness on the problems faced by children and the ways to avoid it through Banner campaign and Interaction with the parents who were present.

https://drive.google.com/file/d/1AUUxgBbZ3nrpLxg6Wf6eLpItgddk_t3U/view?usp=sharing

ACTIVITY 37

Title of the Activity: Adhrav Illam 12.09.2021

Need of the Activity: Adhrav Illam

Brief Description (Need/Impact/Action/Picture (if any)): Collection of old clothes from people to provide to the homeless people and to the orphanage.

<https://drive.google.com/file/d/19a4kHvHJChUmQLEkwAc4ZOmK6pJ7YSX2/view?usp=sharing>

ACTIVITY 38

Title of the Activity: Marina beach 26.10.2021

Need of the Activity: A Legal Awareness programme on the Epidemic Act of India

Brief Description (Need/Impact/Action/Picture (if any)): A Legal Awareness programme on the Epidemic Act of India- 1897at Marina, Chennai, conducted On 26.10.2021. The objective of this programme was to prevent the spread of the disease or eradicate the disease . Hence to fulfill the above objective we are creating awareness and importance of wearing masks in public. We distributed free masks to the public and made Awareness about wearing the mask during covid.

https://drive.google.com/drive/folders/1a6TUAWN8dGbawGXxt7BuJcn_RH36pBce?usp=sharing

ACTIVITY 39

Title of the Activity: Horsely Hills, Madanapalli, Andhra Pradesh 23.10.2021

Need of the Activity: The legal awareness camp

Brief Description (Need/Impact/Action/Picture (if any)): The legal awareness camp was organized by the business law department on 23/10/2021 to Horsely Hills, Madanapalli, Andhra Pradesh. The students had interacted with the farmers cultivating tomatoes near Madanapalli. The students also prepared a questionnaire and conducted a survey with the farmers regarding their rights and liabilities. The students have got the knowledge about the lack of implementation of the law in rural parts of India. It was seen that there were no advocates in the town and they were having no knowledge about the financial assistance given by the government. The second survey was conducted in Horsely Hills with the residents in which similar responses were found. This

session was very helpful to the students as well as faculty for knowing the practical implication, reality of the society.

https://drive.google.com/file/d/1THZIUq_cs-ShhTALru6-faNeYhxqj5bd/view?usp=sharing

ACTIVITY 40

Title of the Activity: Srikalahasthi PVT ltd 22.10.2021

Need of the Activity: Industrial visit

Brief Description (Need/Impact/Action/Picture (if any)): As the proverb goes “ The Logic Can Take You From A To B , But Imagination Can Take You Anywhere” it perfectly corroborates to the magnificent creations of Law Students which have been built by the admirers of law following their creative insight and to make them abreast with the practical side of their coursework, a site visit was conducted to SriKalahasthi Pipes Limited, Andhra Pradesh by Business law Department . AIM of Industrial Visit: Industrial visit is considered as one of the tactical methods of teaching. The main reason behind this- it lets students know things practically through interaction, working methods and employment practices. Moreover, it gives exposure from an academic point of view. Main aim of industrial visits is to provide an exposure to students about the practical working environment .They also provide students a good opportunity to gain full awareness about industrial practices. Through industrial visits students get awareness about new technologies. Technology development is a main factor, about which a student should have a good knowledge. Details of Industrial Visit are as below: 1) Faculty Name: S.P Vidyasree ;Head of the Department ,Ms. Koppolu Chaitra , Mr. Suresh Babu Sir. 2) Duration 11.00 AM to 6.00 P.M 3) Totally 30 Students accompanied for this visit with 3 faculty . 4) Slot A students were Taken for the Industrial Visit Description of the Visit: OUTCOME OF THE VISIT: • Information Regarding the Company and structuration of company • The technology and the equipment used for making the Ductile Pipe. • Knowledge about the practical Application of the concept of Corporate social Responsibility. • The various processes involved in making the hazardous process was discussed . The Rights and liabilities of employees were discussed. • Discussion on the difficulties faced and possible solutions to overcome these difficulties was held. Program outcome • The industrial visit with an introductory section which gives an immense knowledge manufacturing procedure of ductile pipes. The introductory section was given by the HR department of the company along with a PPT presentation. • During this session the students and the faculty got aware about the hazardous procedures that have been conducted in seven plants in the industry. • The questions were raised by the students and the

faculties about the waste disposal and gasses which are emitted to the environment to which apt answers were given by the head of the HR department that they have a separate plant to treat the waste disposal from the industry that is called as sewage plant. • An innovative initiative taken by the industry was starting a sewage plant which collects the waste water throughout the city of Kalahasti and recycles it for their industrial use. • The students came to know about the legal department which works for the industry and have got the knowledge about the working style of the legal department in a public limited company. • The introductory program was followed by lunch provided by the industry management followed by a complete industrial tour which gave a practical exposure to the students about the hazardous process involved and risk that employees state every day to do the manufacturing process. • The students and faculty brought the practical knowledge of company law and implication of environmental law along with labour law. • After the visit vote of thanks was given by the HR department manager and Saveetha School of Law extended its gratitude towards the company for giving this opportunity for the students and as well as the faculty.

<https://drive.google.com/file/d/1LBt66MalQnBSBM0ANp0DnuSRspnIql3E/view?usp=sharing>

ACTIVITY 41

Title of the Activity: legal awareness camp 22.11.2021

Need of the Activity: Sembarambakkam legal awareness

Brief Description (Need/Impact/Action/Picture (if any)): The objective of this Programme is to legal awareness among govt high school at sembarambakkam and local villages, On 22/11/2021, A Legal awareness camp organised by Department of Criminal Law at sembarambakkam to give awareness on child labour, remote areas women development, importance of legal education, womens right, health awareness, womens self development business. students explained to 9th and 10th std students of Govt high school sembarambakkam.

<https://docs.google.com/document/d/1dEXwXV6bnXiEIXMyCKiFFcJkvXHjSO2LrYKNIKVD5uw/edit?usp=sharing>

ACTIVITY 42

Title of the Activity: Legal awareness camp on human rights 10.12.2021

Need of the Activity: BRINDHAVAN OLD AGE HOME at valasaravakkam

Brief Description (Need/Impact/Action/Picture (if any)): Dept of Constitutional law, Legal awareness programme on Human rights. On account of Human rights day (10.12.21), we organized a legal awareness programme in BRINDHAVAN OLD AGE HOME at valasaravakkam. Above said old age home consists of 40-45 old age people. We had an interacting session with them explaining the existing human rights of vulnerable groups. Students explained in person and listened to their grievances. It was a very useful programme for students. We Provided lunch and other provisions on behalf of Saveetha school of law.

https://drive.google.com/drive/folders/1tM0oKSRmqoWUbTM3u_NCvE2Lx9M-rZix?usp=sharing

ACTIVITY 43

Title of the Activity: Legal awareness camp on women rights 17.12.2021

Need of the Activity: Kondacheri Village , Thiruvallur District-Legal awareness

Brief Description (Need/Impact/Action/Picture (if any)): The Management department of Saveetha school of Law organized a Legal awareness campaign at Kondacheri Village , Thiruvallur District on 17.12.2021. The objective of the programme was to make the village women's aware of their rights. Our students had interacted with Village womens and explained about women's rights, Fundamental Rights, Private defense in IPC , Labour Laws, Cyber Crime , Legal aid, Saveetha Law firm...Etc. It was seen that village women don't have knowledge even about their basic rights. The village women have asked many doubts and it was cleared by our students and Faculty coordinators. Then we went to Government school in the same village and our students gave awareness to the school students about good touch, bad touch, Problems related to mobile usage and career opportunities in Legal field. Totally the legal awareness campaign was very useful to our students as well as village people. Our students got a very good experience through interacting with village people.

<https://drive.google.com/file/d/1mtRS2MKcWQKzrTY2mS-X2WiXNgGUTK7f/view?usp=sharing>

ACTIVITY 44

Title of the Activity: Legal awareness camp 11.12.2021

Need of the Activity: Government Museum in Egmore- Legal awareness

Brief Description (Need/Impact/Action/Picture (if any)): Business law department of Saveetha

School of Law, organized a field visit programme on 11.12.2021 (Saturday) to Government Museum in Egmore, Chennai. 60 students along with 3 faculty coordinators visited the museum on 11.12.2021. This visit gave a way for students to learn about historical importance and also the insight knowledge about history on law perspective

<https://drive.google.com/file/d/1TTI38cMebUVi3UvOXwdbOOLAHegaacew/view?usp=sharing>

ACTIVITY 45

Title of the Activity: Blood donation camp 09.09.2021

Need of the Activity: Donating blood for the cause

Brief Description (Need/Impact/Action/Picture (if any)): It Is Not Just About Giving Blood, But It Is An Act Of Kindness That Saves The Lives Of Hundreds Of People. Rotaract club of Saveetha School of Management in association with UBA, Rotaract Club of Saveetha school of Physiotherapy and Saveetha Medical College & Hospitals organised 'Kuruthi' a blood donation camp on September 9, 2021. Around 50 members including students and staff of SIMATS have donated their blood.

<https://drive.google.com/file/d/17FQVtcD4pRDR0HDpH1QJKH4v9QCptl6i/view?usp=sharing>

https://drive.google.com/file/d/16zqX1EAJ8MTg_BcBZ7OL5nXEqP8q1VR4/view?usp=sharing

ACTIVITY 46

Title of the Activity: Nutrition Week 01.09.2021

Need of the Activity: To spread awareness about the importance of nutrition

Brief Description (Need/Impact/Action/Picture (if any)): Rotaract club of Saveetha School of Management in association with UBA observed Nutrition Week - NUTRO from September 1 to September 7, 2021. Each day they took one fruit or vegetable and provided information on vitamins, minerals, carbohydrates and other nutrients in it through posters. Through this initiative, people were educated about the nutrients in food to lead a healthy life.

https://drive.google.com/file/d/1n-kMzWqMgvudT9Ns08xCqHBB6l_d8fLl/view?usp=sharing

ACTIVITY 47

Title of the Activity: World First Aid Day 14.09.2021

Need of the Activity: To give awareness about first aid

Brief Description (Need/Impact/Action/Picture (if any)): First aid is an important tool in quickly responding to accidents to ensure that injuries can be promptly dealt before a trained medical professional arrives to administer more specialised treatment. Rotaract club of Saveetha School of Management in association with UBA organised 'PAULEARS' on 14.09.2021 in accordance with World First Aid Day. Dr. C.R.Ramachandran MBBS.,M.D., FCT., was invited as the guest speaker for this event. He shared about the first aid practices to be followed and how to do that. Around 90 people attended the webinar.

https://drive.google.com/file/d/1mOLkfh008jBPdzvJ_z0itP8jTI7o3pUP/view?usp=sharing

ACTIVITY 48

Title of the Activity: Setting up library 25.09.2021

Need of the Activity: Donate books for school children

Brief Description (Need/Impact/Action/Picture (if any)): Rotaract Club of Saveetha School of Management in association with UBA donated racks and books for the students at Panchayat Union school, karana. The students and faculty of SSM visited the place and set up a library for them and also games were conducted for the students on 25.09.2021.

https://drive.google.com/file/d/19twIO_5YiT4V2zEQsUOK_2-TW1N1p5tF/view?usp=sharing

<https://drive.google.com/file/d/1IGB4iJJVshNgm6AwJ84gMOW880C0Zxmt/view?usp=sharing>

ACTIVITY 49

Title of the Activity: Fundraising event 24.10.2021

Need of the Activity: To raise funds for cancer patients to make wigs for them, in cost effective manner

Brief Description (Need/Impact/Action/Picture (if any)): Rotaract club of Saveetha School of Management sponsored by Rotaract club of Chennai Mithra along with UBA organised the district

Rotaract cultural event "Whistle Podu" on 24.10.2021. This event was organised to raise funds for cancer patients to make wigs for them, in a cost effective manner. Many on and off stage cultural events happened in MM convention centre, SIMATS. More than 2000 student Rotaractors from various colleges participated and made the event into a grand success. Dr. Prasanna Sivanandham Dean, SSM along with many rotarians and Rotaractors graced the occasion.

<https://drive.google.com/file/d/1wZEjxpZYERj1NzofLnoOVawR1ENkrJcJ/view?usp=sharing>

ACTIVITY 50

Title of the Activity: Fundraising event for refugee kids of Srilanka 30.10.2021

Need of the Activity: To raise funds for refugee kids

Brief Description (Need/Impact/Action/Picture (if any)): Rotaract Club of Saveetha School of Management Sponsored by Rotary Club of Chennai Mitra along with UBA hosted the event FUNDEMIC along with Rotaract club of Chennai towers. Fundemic- A platform for budding artists to portray their talents while raising funds for the education of kids who lost their parents due to COVID & to provide school kits for srilankan refugee kids.

<https://drive.google.com/drive/folders/1b7oZCOUjeLxPF3Iw0hiAdfrXIYYru4bm?usp=sharing>

ACTIVITY 51

Title of the Activity: Dreamz 05.12.2021

Need of the Activity: visit to children home

Brief Description (Need/Impact/Action/Picture (if any)): The Rotaract club of Saveetha school of Management along with Rotaract club of Green Galaxy and Rotaract club of Madras Millennia in association with UBA organised "Dreamz" at Saranalaya Children Home on 05/12/2021. It is an initiative to make the dreams come true for the kids who have great desires and ambitions in their life. The team conducted various events such as movie, playing games and also lunch was provided

https://drive.google.com/file/d/1FazCWSq5U7qDHa1Vg_8ks0tar1UPo-y7/view?usp=sharing

ACTIVITY 52

Title of the Activity: national seminar 9.12.2021

Need of the Activity: seminar on women empowerment

Brief Description (Need/Impact/Action/Picture (if any)): On 9-12-2021 and 10-12-2021 , two days national seminar on “Women Empowerment at work during social distancing” was organised for the students of SSM at Decennial hall, Saveetha Dental college campus. The guest speaker was Ms. Kalyani Hariharan, Director- Metamorphosis- Learning Institute for Empowerment and Founder and Managing Trustee, Varam Foundation who was enthusiastic in explaining the students about women empowerment and how women are developing in their careers. She came up with activities and made the students come on the stage and share their thoughts about women empowerment. The resource person for day 2 was Dr.K.Sangeetha, Assistant professor, The Tamilnadu Dr.Ambedkar Law University Chennai. She explained about women empowerment during social distancing. She explained about How to empower and how to face the challenges. She also explained about certain laws related to the welfare of women.

<https://drive.google.com/file/d/1oQzkKm6DsNHXN4J1F8kAAxffmlhF6L2B/view?usp=sharing>

ACTIVITY 53

Title of the Activity: Kudaikul nadai 18.12.2021

Need of the Activity: To donate the umbrellas

Brief Description (Need/Impact/Action/Picture (if any)): We the Rotaract club of Saveetha school of Management sponsored by Rotaract club of Chennai Mitra RID-3232 along with UBA, taken an initiative to donate the umbrellas to the needy. It is a token of love, support and respect to the people who were affected in the recent floods in Tamilnadu. The Student rotaractors and staff of saveetha school of management donated umbrellas to the needy. Seeing the happiest face of the people while they get umbrellas is a more blessing and happiest feeling than any other.

<https://drive.google.com/file/d/1oW2jvJ1p1iobjp8qlXsXR3cGKgL9gS1P/view?usp=sharing>

ACTIVITY 54

Title of the Activity: Jingle bells -The Christmas bazaar 21.12.2021

Need of the Activity: Christmas bazaar

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha School of Management has organised 'Jingle Bells'- the Christmas Bazaar. This one day Entrepreneurial activity aimed to empower our budding entrepreneurs to gain hands-on experience on starting and running a business. The investment, marketing, managing and sales were taken care of completely by the students themselves and 2% percentage of profit they gained out from this business have contributed for the development of the adopted village.

https://drive.google.com/file/d/1VV1YUsTRv0_t5SgTleZ7uFalatXvAb2m/view?usp=sharing

ACTIVITY 55

Title of the Activity: Kuruthi 2.0 22.12.2021

Need of the Activity: Blood donation

Brief Description (Need/Impact/Action/Picture (if any)): The Rotaract Club of Saveetha school of management in association with Rotaract club of Saveetha college for Physiotherapy and Saveetha Medical College & Hospitals and UBA organised for a blood donation camp "KURUTHI 2.0" at Saveetha Dental college campus. The event was inaugurated by Mr.Kamuvel ,District Rotract Representative,Mr.Sathish ,Youth Service Director and Dr.Prasanna Sivanandam ,Dean of SSM. Initially the volunteers were checked for their height,weight and haemoglobin level. Based on which the eligible volunteers were chosen and blood was collected. Juice and certificates were provided to those who donated blood.110 units of blood was collected at the end of the day.The students came forward willingly to donate blood and to play a key role in saving lives.

<https://drive.google.com/drive/folders/1CQ2eCtLknzT6RD5C2kVm0ZPM8AGC6NxS?usp=sharing>

ACTIVITY 56

Title of the Activity: Health education on proper nutrition and dietary practices for Diabetes Mellitus and Hypertension 03.09.2021

Need of the Activity: In view of 'National Nutrition Week'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 20 beneficiaries regarding proper nutrition and dietary approach to control and prevent Diabetes Mellitus and Hypertension at UHTC, Thirumazhisai

<https://drive.google.com/file/d/169mzCMIgPdN9KeT0hU3itJgJp9-Z8Bw5/view?usp=sharing>

ACTIVITY 57

Title of the Activity: COVID - 19 vaccination camp 04.09.2021

Need of the Activity: Vaccine against COVID - 19 helps in prevention of severe form of disease and also reduces the burden of the disease on the health system

Brief Description (Need/Impact/Action/Picture (if any)): COVID - 19 vaccine (Covishield) was given to 90 beneficiaries at Saveetha Urban Health Training Centre, Thirumazhisai in collaboration with Government Primary Health Care Centre. Both 1st and 2nd dose was given according to eligibility

<https://drive.google.com/file/d/1yGz5hDMOYPOVbOgwjmqrihlgVmq66rhW/view?usp=sharing>

ACTIVITY 58

Title of the Activity: General health camp 06.09.2021

Need of the Activity: To screen for common prevalent disease and to treat common diseases helps in preventing mortality and morbidity

Brief Description (Need/Impact/Action/Picture (if any)): A general health camp along with dental, ophthalmology, ENT and physiotherapy was conducted at Alpha Security Instruments Private Limited by UHTC, Thirumazhisai and 65 beneficiaries were screened, treated and referred.

https://drive.google.com/file/d/1KBUDl_atU8kMVEHfoYhbU6hVbtNjMMnh/view?usp=sharing

ACTIVITY 59

Title of the Activity: Health education on importance of COVID - 19 vaccination 06.09.2021

Need of the Activity: Vaccination against COVID - 19 is one of the most important step towards

prevention of the disease and controlling the pandemic

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding importance of COVID - 19 vaccination was given to 65 beneficiaries of Alpha Security Instruments Private Limited by UHTC, Thirumazhisai

https://drive.google.com/file/d/1yHhrBGS_5ljBeirdHVzsPxYL-fsQlWfE/view?usp=sharing

ACTIVITY 60

Title of the Activity: Health education on importance of COVID - 19 vaccination 07.09.2021

Need of the Activity: Vaccination against COVID - 19 is one of the most important step towards prevention of the disease and controlling the pandemic

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding importance of COVID - 19 vaccination was given to 200 beneficiaries at Government Girls Higher Secondary School, Keelmanambedu by UHTC, Thirumazhisai

<https://drive.google.com/file/d/12dqH2LKXaOYXGTyQfAhMnM3FzJ7HRBid/view?usp=sharing>

ACTIVITY 61

Title of the Activity: Health education on importance of COVID - 19 vaccination 15.09.2021

Need of the Activity: Vaccination against COVID - 19 is one of the most important step towards prevention of the disease and controlling the pandemic

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding importance of COVID - 19 vaccination was given to 173 beneficiaries at Government Boys Higher Secondary School, Thirumazhisai by UHTC, Thirumazhisai

<https://drive.google.com/file/d/1yr1qidGUkFzIN4v-Dbr7G1xW6JXNq5TG/view?usp=sharing>

ACTIVITY 62

Title of the Activity: Health education on Depression and Suicide prevention 15.09.2021

Need of the Activity: In view of 'World Suicide Prevention Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given regarding signs and symptoms of Depression and methods to identify it along with suicide prevention was given to 10 beneficiaries attending NCD clinic in RHTC, Mappedu village

<https://drive.google.com/file/d/1j1kNJ9reZnz2NdgSiHPKz9luiXHSUJG1/view?usp=sharing>

ACTIVITY 63

Title of the Activity: Health education on Depression and Suicide prevention 17.09.2021

Need of the Activity: In view of 'World Suicide Prevention Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given regarding signs and symptoms of Depression and methods to identify it along with suicide prevention was given to 20 beneficiaries attending NCD clinic in UHTC, Thirumazhisai

<https://drive.google.com/file/d/1G30slQVE3eDEGH271G2-IE4u34znE9zV/view?usp=sharing>

ACTIVITY 64

Title of the Activity: General Health Camp 18.09.2021

Need of the Activity: To screen for common prevalent disease and to treat common diseases helps in preventing mortality and morbidity

Brief Description (Need/Impact/Action/Picture (if any)): A general health camp along with dental, ophthalmology, ENT and physiotherapy was conducted at CSI Church, Nungambakkam and 130 beneficiaries were screened, treated and referred

https://drive.google.com/file/d/1ZXiahvDPJPJ9lBdYvfKYHERF_D5x6dsf/view?usp=sharing

ACTIVITY 65

Title of the Activity: Health education on Patient Safety and reducing patient harm 22.09.2021

Need of the Activity: In view of 'World Patient Safety Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 10 beneficiaries regarding different methods to reduce patient harm and increase patient safety at RHTC, Mappedu

https://drive.google.com/file/d/1_QCk1P1F2DwnYH7fprHFUNkrBS4KTCIN/view?usp=sharing

ACTIVITY 66

Title of the Activity: COVID - 19 vaccination camp 23.09.2021

Need of the Activity: Vaccine against COVID - 19 helps in prevention of severe form of disease and also reduces the burden of the disease on the health system

Brief Description (Need/Impact/Action/Picture (if any)): COVID - 19 vaccine was given to 77 workers at Borg Werner Industries Private Limited, SIPCOT, Sriperumbudur. 1st and 2nd dose was given accordingly based on eligibility

https://drive.google.com/file/d/1xOU6m4t_90lcRYSplLkU_1qefat3W0sJ/view?usp=sharing

ACTIVITY 67

Title of the Activity: Health education on Rabies and demonstration of first aid immediately after a dog bite 24.09.2021

Need of the Activity: In view of 'World Rabies Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding Rabies and demonstration of first aid to be given immediately after a dog bite was given to 20 beneficiaries at UHTC, Thirumazhisai

https://drive.google.com/file/d/1Eu9DV6XIUM5jxxws0i_Jr5blwMCB37mT/view?usp=sharing

ACTIVITY 68

Title of the Activity: COVID - 19 vaccination camp 24.09.2021

Need of the Activity: Vaccine against COVID - 19 helps in prevention of severe form of disease and also reduces the burden of the disease on the health system

Brief Description (Need/Impact/Action/Picture (if any)): COVID - 19 vaccines were given to 106 workers at Borg Warner Industries Private Limited, SIPCOT, Sriperumbudur. 1st and 2nd dose was given accordingly based on eligibility

https://drive.google.com/file/d/1ntKXnTmjWyl_E9upUg8Pr9bETqvGkY4W/view?usp=sharing

ACTIVITY 69

Title of the Activity: Health camp to check capillary blood glucose level 29.09.2021

Need of the Activity: In view of 'World Heart Day'

Brief Description (Need/Impact/Action/Picture (if any)): On occasion of World Heart Day and as a part of Asia Book of Records in association with Research Society for a study on Diabetes in India – One Nation One Day Million Tests , capillary blood glucose level was checked for 137 people coming to UHTC, Thirumazhisai

https://drive.google.com/file/d/1XMcf_lnMRT8x6RIusnyuGwMHGgxJY45w/view?usp=sharing

ACTIVITY 70

Title of the Activity: COVID - 19 vaccination camp 01.10.2021

Need of the Activity: Vaccine against COVID - 19 helps in prevention of severe form of disease and also reduces the burden of the disease on the health system

Brief Description (Need/Impact/Action/Picture (if any)): COVID - 19 vaccines were given to 211 workers at Borg Warner Industries Private Limited, SIPCOT, Sriperumbudur. 19 workers were given 1st dose and rest 192 were given 2nd dose.

<https://drive.google.com/file/d/1BB405fM4M48TioYCX29ic2YTho6z2CIW/view?usp=sharing>

ACTIVITY 71

Title of the Activity: COVID - 19 vaccination camp 01.10.2021

Need of the Activity: Vaccine against COVID - 19 helps in prevention of severe form of disease and also reduces the burden of the disease on the health system

Brief Description (Need/Impact/Action/Picture (if any)): COVID - 19 vaccines were given to 279 workers at CTTI Corporate, SIPCOT, Oragadam. All the beneficiaries were given 2nd dose.

https://drive.google.com/file/d/1khw_syw3wGD35jh9VKR_fGHoikyZtugJ/view?usp=sharing

ACTIVITY 72

Title of the Activity: Health education on Blood Donation 01.10.2021

Need of the Activity: In view of 'National Voluntary Blood Donation Day'

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 7 beneficiaries about importance of blood donations and safety ways for blood donation at UHTC, Thirumazhisai

https://drive.google.com/file/d/1Jg4fXCRMpVGP9fkAuvtqHq8a_INSJaBh/view?usp=sharing

ACTIVITY 73

Title of the Activity: COVID - 19 vaccination camp 15.10.2021

Need of the Activity: Vaccine against COVID - 19 helps in prevention of severe form of disease

and also reduces the burden of the disease on the health system

Brief Description (Need/Impact/Action/Picture (if any)): COVID - 19 vaccines were given to 134 workers at CTTI Corporate, SIPCOT, Oragadam. All the beneficiaries were given 2nd dose.

<https://drive.google.com/file/d/1fGmyHXJD39FEzRYwIi-YiP5DZDqMXKN7/view?usp=sharing>

ACTIVITY 74

Title of the Activity: Health education on importance of hand washing 20.10.2021

Need of the Activity: Hand washing is an important aspect in the prevention of COVID - 19 and other diseases and proper teaching proper technique is of paramount importance

Brief Description (Need/Impact/Action/Picture (if any)): Health education regarding the importance of handwashing was given to 10 beneficiaries at RHTC, Mappedu. It was followed by a demonstration of proper hand washing techniques.

https://drive.google.com/file/d/16wWTjye-4XlI20gGS7o_6s7-dqs2kiqZ/view?usp=sharing

ACTIVITY 75

Title of the Activity: Dengue Awareness Program in collaboration with NEMAM PHC 21.10.2021

Need of the Activity: Dengue Awareness Program in collaboration with NEMAM PHC

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 70 general public and MNREGA workers at Melmanambedu, Thirumazhisai about Dengue and later pamphlets were distributed containing awareness regarding Dengue in collaboration with NEMAM PHC

<https://drive.google.com/file/d/1fTD5-GZSmhmxKK9FR-aIopebRRBQKmOg/view?usp=sharing>

ACTIVITY 76

Title of the Activity: UBA village survey - Erayamangalam 26.10.2021

Need of the Activity: Survey of the households of the village helps in understanding the village better and hence necessary interventions to improve the quality of life of the people can be provided

Brief Description (Need/Impact/Action/Picture (if any)): As a part of UBA village survey 22 houses were surveyed in Erayamangalam village

<https://drive.google.com/file/d/11-Qmy488qt3fyAPTiG10TkLsnRw1L5OI/view?usp=sharing>

ACTIVITY 77

Title of the Activity: Health education on Iodine deficiency disorders in collaboration with NEMAM PHC 27.10.2021

Need of the Activity: Iodine deficiency disorders are one of the most common diseases among females

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 68 MNREGA workers at Melmanambedu, Thirumazhsai in collaboration with NEMAM PHC

https://drive.google.com/file/d/1PB2dZYMGYaHk_BPlkwbEhH7aU7DQEwwC/view?usp=sharing

ACTIVITY 78

Title of the Activity: General Health Camp 28.10.2021

Need of the Activity: To screen for common prevalent disease and to treat common diseases helps in preventing mortality and morbidity

Brief Description (Need/Impact/Action/Picture (if any)): A general health camp along with Dental, Ophthalmology, OBG and Physiotherapy check-up was done to 159 workers at Dhoot Transmission Private Limited at Polivakkam near Mappedu

ACTIVITY 79

Title of the Activity: Health education on Osteoporosis 29.10.2021

Need of the Activity: Osteoporosis is one of the common problems among old age especially women. Prevention of osteoporosis and treatment is important

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 12 beneficiaries about signs and symptoms of osteoporosis, its management and prevention at UHTC, Thirumazhisai

https://drive.google.com/file/d/1NsNIFwuBt5VcrOTz1ln9dqwZ3tKNQ1O_/view?usp=sharing

ACTIVITY 80

Title of the Activity: UBA village survey - Eraiyamangalam 29.10.2021

Need of the Activity: Survey of the households of the village helps in understanding the village better and hence necessary interventions to improve the quality of life of the people can be provided

Brief Description (Need/Impact/Action/Picture (if any)): As a part of the UBA village survey 26 houses were surveyed in Eraiyamangalam village

https://drive.google.com/file/d/18juNubj15p7UF6_5-RuW-aG-iKtStOxJ/view?usp=sharing

ACTIVITY 81

Title of the Activity: COVID - 19 vaccination camp 30.10.2021

Need of the Activity: Vaccine against COVID - 19 helps in prevention of severe form of disease and also reduces the burden of the disease on the health system

Brief Description (Need/Impact/Action/Picture (if any)): COVID - 19 vaccines were given to 57

workers at Borg Werner Industries Private Limited, SIPCOT, Mambakkam. 02 workers were given 1st dose and the rest 55 were given 2nd dose.

<https://drive.google.com/file/d/1JgkzCjpn33A8yuf95hS32q15bA1Aejq/view?usp=sharing>

ACTIVITY 82

Title of the Activity: Health education on importance of breastfeeding 03.12.2021

Need of the Activity: Breastfeeding is important for newborns up to 6 months of age

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 13 beneficiaries regarding the importance of breastfeeding at UHTC, Thirumazhisai

https://drive.google.com/file/d/1hnMeXDXaHMoTCBqfuS_GvHYqbPWFAf1K/view?usp=sharing

ACTIVITY 83

Title of the Activity: COVID - 19 vaccination camp 04.12.2021

Need of the Activity: Vaccine against COVID - 19 helps in prevention of severe form of disease and also reduces the burden of the disease on the health system

Brief Description (Need/Impact/Action/Picture (if any)): COVID - 19 vaccine was given to 72 beneficiaries at Saveetha Urban Health Centre, Thirumazhisai. Beneficiaries were given 1st and 2nd doses accordingly.

<https://drive.google.com/file/d/14RacxCbSKYyYPI9-hNwoDv8qQA3r9CFa/view?usp=sharing>

ACTIVITY 84

Title of the Activity: Health education on Diabetes Mellitus 10.12.2021

Need of the Activity: Diabetes Mellitus is one of the most common Non-communicable diseases affecting the majority of the population. Hence it is important to know about the diseases

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 15 beneficiaries regarding the signs and symptoms of Diabetes Mellitus and its management and prevention at UHTC, Thirumazhisai

<https://drive.google.com/file/d/10Dot6BiKkAdGFK3IANRcloNCo9spYD7t/view?usp=sharing>

ACTIVITY 85

Title of the Activity: Health education on Diabetes Mellitus 15.12.2021

Need of the Activity: Diabetes Mellitus is one of the most common Non-communicable diseases affecting the majority of the population. Hence it is important to know about the diseases

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 14 beneficiaries regarding the signs and symptoms of Diabetes Mellitus and its management and prevention at RHTC, Mappedu

<https://drive.google.com/file/d/1El11kottoRS6zrv8Q6VeWnzmkLFQwMXL/view?usp=sharing>

ACTIVITY 86

Title of the Activity: Health education on Diabetes Mellitus 17.12.2021

Need of the Activity: Diabetes Mellitus is one of the most common Non-communicable diseases affecting the majority of the population. Hence it is important to know about the diseases

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 08 beneficiaries regarding the signs and symptoms of Diabetes Mellitus and its management and prevention at UHTC, Thirumazhisai

https://drive.google.com/file/d/1WO6606asf_omGPqWYXT7risdSb4xuMDp/view?usp=sharing

ACTIVITY 87

Title of the Activity: General Health Camp 20.12.2021

Need of the Activity: To screen for common prevalent disease and to treat common diseases helps in preventing mortality and morbidity

Brief Description (Need/Impact/Action/Picture (if any)): A general health camp along with a Dental check-up was done to 55 beneficiaries in Metucheri near Thirumazhisai. Basic drugs were distributed with necessary treatment and referral services were also provided

https://drive.google.com/file/d/1dQ5Tj2N0L1COkpLs5864Mom3SMNn_671/view?usp=sharing

ACTIVITY 88

Title of the Activity: UBA village survey - Erayamangalam 21.12.2021

Need of the Activity: Survey of the households of the village helps in understanding the village better and hence necessary interventions to improve the quality of life of the people can be provided

Brief Description (Need/Impact/Action/Picture (if any)): As a part of the UBA village survey 22 houses were surveyed in Erayamangalam village

https://drive.google.com/file/d/18juNubj15p7UF6_5-RuW-aG-iKtStOxJ/view?usp=sharing

ACTIVITY 89

Title of the Activity: Health education on Hypertension 22.12.2021

Need of the Activity: Hypertension is one of the most common Non-communicable diseases affecting the majority of the population. Hence it is important to know about the diseases

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 09 beneficiaries regarding the signs and symptoms of Hypertension and its management and prevention at RHTC, Mappedu

ACTIVITY 90

Title of the Activity: UBA village survey - Erayamangalam 22.12.2021

Need of the Activity: Survey of the households of the village helps in understanding the village better and hence necessary interventions to improve the quality of life of the people can be provided

Brief Description (Need/Impact/Action/Picture (if any)): As a part of the UBA village survey 20 houses were surveyed in Erayamangalam village

https://drive.google.com/file/d/1vUjy1VemgPTJwA5O11kpyoq-_uDBTl44/view?usp=sharing

ACTIVITY 91

Title of the Activity: UBA village survey - Erayamangalam 23.12.2021

Need of the Activity: Survey of the households of the village helps in understanding the village better and hence necessary interventions to improve the quality of life of the people can be provided

Brief Description (Need/Impact/Action/Picture (if any)): As a part of the UBA village survey 29 houses were surveyed in Erayamangalam village

<https://drive.google.com/file/d/1cD-IMSvrrqrtVdhYAEAYVulqWMLWNwI2/view?usp=sharing>

ACTIVITY 92

Title of the Activity: UBA village survey - Erayamangalam 24.12.2021

Need of the Activity: Survey of the households of the village helps in understanding the village better and hence necessary interventions to improve the quality of life of the people can be provided

Brief Description (Need/Impact/Action/Picture (if any)): As a part of the UBA village survey 41 houses were surveyed in Erayamangalam village

https://drive.google.com/file/d/1t7LlgWCiqrZ3qXFkFoInXYxhF-t_uZD8/view?usp=sharing

ACTIVITY 93

Title of the Activity: UBA village survey - Erayamangalam 27.12.2021

Need of the Activity: Survey of the households of the village helps in understanding the village better and hence necessary interventions to improve the quality of life of the people can be provided

Brief Description (Need/Impact/Action/Picture (if any)): As a part of the UBA village survey 25 houses were surveyed in Erayamangalam village

https://drive.google.com/file/d/1Je7gfYBgQ20q3INsPdCf-F6_tEPdouC5/view?usp=sharing

ACTIVITY 94

Title of the Activity: UBA village survey - Erayamangalam 28.12.2021

Need of the Activity: Survey of the households of the village helps in understanding the village better and hence necessary interventions to improve the quality of life of the people can be provided

Brief Description (Need/Impact/Action/Picture (if any)): As a part of the UBA village survey 15 houses were surveyed in Erayamangalam village

<https://drive.google.com/file/d/1DYHAFpqcW9FjLS3BqNYTD8uuVxkxcQy/view?usp=sharing>

ACTIVITY 95

Title of the Activity: Health education on Cardiovascular diseases 31.12.2021

Need of the Activity: Cardiovascular disease is one of the most common Non-communicable diseases affecting the majority of the population. Hence it is important to know about the diseases

Brief Description (Need/Impact/Action/Picture (if any)): Health education was given to 15 beneficiaries regarding the signs and symptoms of Cardiovascular disease and its management and

prevention at UHTC, Thirumazhisai

<https://drive.google.com/file/d/1r2GnfOpLuKmxCdoUQRWMM9CPVe3gobYW/view?usp=sharing>

ACTIVITY 96

Title of the Activity: NCD clinic Every week on Wednes

day (September - December 2021)

Need of the Activity: Reduction in mortality and hospitalisation due to diabetes, hypertension and acute cardiovascular/ cerebro -vascular diseases.

Brief Description (Need/Impact/Action/Picture (if any)): Weekly NCD Clinic, Beneficiaries - RHTC (289 includes follow-up cases); Activities - Opportunistic Screening, Consultation and Treatment, Lifestyle modification counselling and follow up

https://drive.google.com/file/d/1TTZSTovLMuSRZD_POqUR3KMF046xRK_a/view?usp=sharing

ACTIVITY 97

Title of the Activity: NCD clinic Every week on Friday (September - December 2021)

Need of the Activity: Reduction in mortality and hospitalisation due to diabetes, hypertension and acute cardiovascular/ cerebro -vascular diseases.

Brief Description (Need/Impact/Action/Picture (if any)): Weekly NCD Clinic, Beneficiaries - UHTC (609 includes follow-up cases); Activities - Opportunistic Screening, Consultation and Treatment, Lifestyle modification counselling and follow up

<https://drive.google.com/file/d/1nExO7miihUSHJ1TRGT4gFpqcqmtRr0q1/view?usp=sharing>

ACTIVITY 98

Title of the Activity: Yoga session Every week on Wednesday (September - December 2021)

Need of the Activity: Yoga helps in enhancing both physical and mental health.

Brief Description (Need/Impact/Action/Picture (if any)): Yoga session was conducted on every Wednesday to patients attending NCD clinic in Saveetha Rural Health Center, Mappedu to reduce the mental stress due to the chronic disease and to increase physical activity which helps in controlling the disease by Yoga experts through teleconsultation.

<https://drive.google.com/file/d/1eLtzsrxerlpM2YCztPi5oigyvyjy5ajV/view?usp=sharing>

ACTIVITY 99

Title of the Activity: Yoga session Every week on Friday (September - December 2021)

Need of the Activity: Yoga helps in enhancing both physical and mental health.

Brief Description (Need/Impact/Action/Picture (if any)): Yoga session was conducted on every Friday to patients attending NCD clinic in Saveetha Urban Health Center, Thirumazhisai to reduce the mental stress due to the chronic disease and to increase physical activity which helps in controlling the disease by Yoga experts through teleconsultation.

<https://drive.google.com/file/d/1jw8DOCPX844Ft1j8pBCdluYdiuZ22bMy/view?usp=sharing>

ACTIVITY 100

Title of the Activity: Rural Start up (Recycling and upcycling of Elements of Houses like doors, windows, pillars - Report) 24.09.2021

Need of the Activity: Recycling and Reuse

Brief Description (Need/Impact/Action/Picture (if any)): Rural homes are built from various building materials such as wood, sand, bricks, concrete, thatch roofs made using coconut tree fibre, bamboo poles, mud etc. Recyclable materials in a home can also include many kinds of glass, paper,

cardboard, metal, plastic, tires, textiles, batteries, and electronics. The start-up team would employ people who have the know-how to be able to access and remove such material and safely bring them to the units for recycling and reusing the salvaged parts.

<https://docs.google.com/document/d/1FYcA9jmfkdyEMh8QTZVXPp5VtLi59Sn/edit?usp=sharing&ouid=100678636852304317751&rtpof=true&sd=true>

ACTIVITY 101

Title of the Activity: Rural Start up (Rural schools with solar panels - Report) 25.10.2021

Need of the Activity: Energy Conservation and management

Brief Description (Need/Impact/Action/Picture (if any)): To analyse and understand the feasibility and design of solar panels as a source of electricity in a rural set up to propose a sustainable rural lifestyle. This would also encourage rural self employment by creating job opportunities for the residents of that area providing economic and social benefits.

<https://docs.google.com/document/d/1BoqGtz0Jpg00yr-vrBB9x9ATO47a2e83/edit?usp=sharing&ouid=100678636852304317751&rtpof=true&sd=true>

ACTIVITY 102

Title of the Activity: Rural Start up (Rural Knowledge Centre - Case Study) 08.11.2021

Need of the Activity: Proposal for Knowledge Centre in the Village

Brief Description (Need/Impact/Action/Picture (if any)): To study the needs for the Village to provide for their daily employment and generate self employment to the ladies who look after the household. Setting up a knowledge centre at the village can provide for their skill enhancement and hence a way of living without having to leave the comfort of their homes and travel long distance

<https://drive.google.com/file/d/1QjuZZ-yiX1C2eHxw9ZVE64bqcX8Mvv28/view?usp=sharing>

ACTIVITY 103

Title of the Activity: Rural Start up (Rural Knowledge Centre - Design) 22.11.2021

Need of the Activity: Proposal for Knowledge Centre in the Village - Design

Brief Description (Need/Impact/Action/Picture (if any)): To Design a knowledge centre that caters to the growing needs of skill enhancement for the ladies of the village to provide for self employment

<https://drive.google.com/file/d/1PRsmoGT3cWGS8qb3iaysgE7SOg8j2BRG/view?usp=sharing>

ACTIVITY 104

Title of the Activity: Rural Start up (Rural Primary School - Case Study) 06.12.2021

Need of the Activity: Proposal for Rural Primary School - Case Study

Brief Description (Need/Impact/Action/Picture (if any)): To study the need for primary school at the village so as to enhance the learning environment for the children at the village and nearby villages by providing a space for them at the nearest point within the village

https://drive.google.com/file/d/1MpXFOPyH524mIAvEz3-d4bbmGh56L9V_/view?usp=sharing

ACTIVITY 105

Title of the Activity: Rural Start up (Rural Primary School - Design) 20.12.2021

Need of the Activity: Proposal for Rural Primary School - Design

Brief Description (Need/Impact/Action/Picture (if any)): To design a space for the children and elders alike to provide an environment for learning during the day as well as evenings respectively

https://drive.google.com/file/d/1z2QmSx7lecj7IL7u_k4oBRuAj50iklXr/view?usp=sharing

ACTIVITY 106

Title of the Activity: World Mental Health Day 10.10.2021

Need of the Activity: Awareness

Brief Description (Need/Impact/Action/Picture (if any)): SSE-UBA organised a camp in and outside the university campus, the overall objective of the camp on the "World Mental Health Day" is to raise awareness of mental health issues and to mobilise efforts in support of mental saneness. The Day provided an opportunity for all stakeholders working on mental health issues to talk about their work, and what more needs to be done to make mental health care a reality for people. The camp created awareness on "Adolescent Mental Health", "Mental Disorders", "Mental Health in Emergencies", "Mental Health: Strengthening Our Response", "Mental Health of Older Adults" and so on.

<https://drive.google.com/file/d/1eQ1khRAQumqAaMIxe4055DcVTs9RDXHd/view?usp=sharing>

ACTIVITY 107

Title of the Activity: Omicron - Assistance 7th December 2021 - 14th December 2021

Need of the Activity: Pandemic Support

Brief Description (Need/Impact/Action/Picture (if any)): SSE-UBA organised a mini call center to let people know the availability of beds and oxygen for the Omicron patients. The group actively helped over 100 Omicron patients who were in need of help & assistance. The service was extended with more consideration for the adopted villages through panchayat heads

<https://drive.google.com/file/d/1I8OM05OVOQOe8HQZe0oxal7fBheGbVHi/view?usp=sharing>

ACTIVITY 108

Title of the Activity: World Suicide Prevention Day 10.09.2021

Need of the Activity: Awareness

Brief Description (Need/Impact/Action/Picture (if any)): SSE - UBA organised an activity among student-volunteers to do everything feasible to raise awareness against the environment which compel people to commit suicide.

<https://drive.google.com/file/d/1Z21qRfAzcKyWUyiYhTtQZ1ZRKHTTof-0/view?usp=sharing>

ACTIVITY 109

Title of the Activity: Kadambathur camp 25.09.2021

Need of the Activity: Musculoskeletal camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Physiotherapy, organized a health screening camp at Kadambathur, Thiruvallur on 25th September 2021 from 9.00am-1.30pm. Dr.M.Renuka devi, Clinical Physiotherapist along with intern K.Lokeshwari participate in the camp. Patients were screened for musculoskeletal problems, neurological and gynaecological issues. Cardio-respiratory concerns were also addressed. Nearly 60 patients were screened.

https://drive.google.com/drive/folders/1n_WNgYF7l-LYFL07qKNReZqU9A3Ecbq

ACTIVITY 110

Title of the Activity: Kadambathur camp 09.10.2021

Need of the Activity: musculoskeletal camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Physiotherapy, organized a health screening camp at Kadambathur, Thiruvallur on 9th october 2021 from 12.00 to 4.00pm. P. Ysaswi and B. Harini 2 interns participated in the camp. Patients were screened for musculoskeletal problems, neurological and gynaecological issues. Cardio-respiratory concerns were also addressed. Nearly 30 patients were screened. Patients with musculoskeletal problems such as neck pain, low back pain, knee pain were taught exercises accordingly. Patients with respiratory issues such as breathing difficulty were taught breathing exercises and thoracic mobility exercises. . A total of 21 patients benefited from the camp. Patients were referred to Saveetha Physiotherapy

department for further management if required.

https://drive.google.com/drive/folders/1n_WNgYF7l-LYFL07qKNReZqU9A3Ecbbq

ACTIVITY 111

Title of the Activity: Rajalakshmi institute camp 20.10.2021

Need of the Activity: Musculoskeletal camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of physiotherapy organized a camp on 20th october 2021 in College camp, chennai. Post graduate students s. Thanthoni, kirthana and participated in the camp. Patients with musculoskeletal problems like cervical spondylosis ,osteoarthritis knee ,plantar fasciitis were screened and physiotherapy treatment was given.63 patients benefited from the camp.

https://drive.google.com/drive/folders/1n_WNgYF7l-LYFL07qKNReZqU9A3Ecbbq

ACTIVITY 112

Title of the Activity: Polivakkam camp 28.10.2021

Need of the Activity: Musculoskeletal camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Physiotherapy organized a camp in Dhoot transmissions Pvt Ltd- Polivakkam, Tamil Nadu on 28thOctober, 2021 from 11:00 am to 2:00 pm. Kiran Kumar. V and Pradeep Kumar. SBP interns had participated in the camp. Patients with Musculoskeletal Conditions were addressed.Conditions such asLow back pain, Frozen shoulder, Cervical spondylosis, Osteoarthritis,etc.,were assessed and prescribed with exercises. Patients with dyspnea and other respiratory difficulties were taught Diaphragmatic breathing exercise and Costal expansion exercises. Around 70 patients were assessed and treated with appropriate exercise protocol and were benefited with camp. Patients were referred to SMCH if further evaluation and treatment was required.

https://drive.google.com/drive/folders/1n_WNgYF7l-LYFL07qKNReZqU9A3Ecbbq

ACTIVITY 113

Title of the Activity: Podavur camp 17.12.2021

Need of the Activity: Musculoskeletal camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of physiotherapy organized a camp on 17th December 2021 in village camp, podavoor . Post graduate students s. Thanthoni, keerthana and participated in the camp. Patients with musculoskeletal problems like cervical spondylosis ,osteoarthritis knee ,plantar fasciitis were screened and physiotherapy treatment was given. 25 patients benefited from the camp.

https://drive.google.com/drive/folders/1n_WNgYF7I-LYFL07qKNReZqU9A3Ecbq

ACTIVITY 114

Title of the Activity: Paediatric screening 25.09.2021

Need of the Activity: To perform a screening for children in community and to improve community participation of children with disabilities

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational Therapy provided screening for children in the community and provided home programs for children with disability such as physical disability and intellectual disability.

https://drive.google.com/file/d/1uUJgd6WhKUVgoJcTMHJ0V6_KG4SjBGfe/view?usp=sharing

ACTIVITY 115

Title of the Activity: Tree planting 26.10.2021

Need of the Activity: To create awareness among public towards environmental issues on the occasion of Occupation Therapy Day

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational therapy planted tree saplings on 26.10.2021 to bring about the environmental concerns

on the event of World Occupational therapy day.

https://static.wixstatic.com/media/41d401_cfa74d81a87242449b7d1e8d3c599926~mv2.jpg/v1/fill/w_1170,h_1170,al_c,q_90/41d401_cfa74d81a87242449b7d1e8d3c599926~mv2.webp

ACTIVITY 116

Title of the Activity: Go green initiative 26.10.2021

Need of the Activity: To create awareness among public towards environmental issues on the occasion of Occupation Therapy Day

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational therapy cleaned the surroundings of the Thandalam campus to bring about the environmental concerns on the event of World Occupational therapy day.

https://drive.google.com/file/d/1n2gg9y7-muxfJRFH_nHd-vqkzdPdxEba/view?usp=sharing

ACTIVITY 117

Title of the Activity: Community outreach 29.11.2021

Need of the Activity: To provide community based awareness about Occupational therapy and intervention

Brief Description (Need/Impact/Action/Picture (if any)): Students of Saveetha College of Occupational therapy visited an old age home in Kanchipuram to provide occupational therapy activities to improve quality of life and functional independence for members of the community.

<https://drive.google.com/file/d/1sv1inuYdplBHOWf-3gEHuHkO5tmi2APY/view?usp=sharing>

ACTIVITY 118

Title of the Activity: Role of pharmacist in prescribing antihypertensive drugs in community health. 18.09.2021

Need of the Activity: Pharmacists provide optimal management of medication for chronic disease such as diabetes, asthma, hypertension, etc. The collaboration of healthcare professionals, such as physicians and pharmacists, can help to ensure that patients properly take their medications as prescribed and avoid any harmful effects.

Brief Description (Need/Impact/Action/Picture (if any)): Pharmacists are involved and responsible for wider area activities in general. Pharmacist involved in drug discovery process, drug safety studies, formulation of dosage forms, clinical trials, marketing and management. In industries where there are drugs, there are pharmacists, this is true for India too.

<https://drive.google.com/drive/folders/18F5uwFMUnwyBYjsfcZsiuaFgvB7XE5mv>

ACTIVITY 119

Title of the Activity: Village survey and baseline household survey 30.10.2021

Need of the Activity: This survey study is a descriptive cross sectional survey that mostly provides quantitative information on the current status of a particular situation- on whatever study topic in a given population. It aims at quantifying the distribution of certain variables in a study population at one point in time.

Brief Description (Need/Impact/Action/Picture (if any)): A baseline survey allows the researcher to understand the research problem by gathering information on the status quo. It provides a reference point for tracking the project's progress, that is to measure the degree and quality of change during an activities implementation.

<https://drive.google.com/drive/folders/18F5uwFMUnwyBYjsfcZsiuaFgvB7XE5mv>

ACTIVITY 120

Title of the Activity: Causes of malaria and dengue infection 20.11.2021

Need of the Activity: The mean age of respondents was 38.5 years and 57.5% of them were females. Participants had fairly good knowledge about dengue and malaria. More than 90% participants are aware of the symptoms of these diseases.

Brief Description (Need/Impact/Action/Picture (if any)): Malaria is an infectious disease caused by a parasite by mosquitoes, while dengue is a viral infection.

<https://drive.google.com/file/d/1XC58mFrHOX3VN0bqksD0AVfo3Aec72r0/view?usp=sharing>

ACTIVITY 121

Title of the Activity: Flood precaution and water contamination 4.12.2021

Need of the Activity: After handling materials contaminated by flood water, wash hands thoroughly with soap and water before touching the body parts such as face, mouth, eyes or nose or family members—using antibacterial soap gives added protection from the organism.

Brief Description (Need/Impact/Action/Picture (if any)): Avoiding flood waters contaminated by sewage and remains of animals especially by children using safe water and food, always using good hand washing practices before eating, drinking or touching face areas.

https://drive.google.com/file/d/17Jsb1K11oPr-L89qEMN31mZTeVRuU_Tl/view?usp=sharing

ACTIVITY 122

Title of the Activity: Madhuravoyal, Millennia Construction 16.09.2021

Need of the Activity: Medical screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Allied Health Science organized a camp on 16-09-2021 in Kilacheri. Our internship students participated in the camp and eye screening was done for 30 patients.

<https://drive.google.com/file/d/1GIP3s2TZZ1YaARHezF3gyIyrJ9d3oS58/view?usp=sharing>

ACTIVITY 123

Title of the Activity: HNI Autotech, RIT Thandalam 11.10.2021

Need of the Activity: Medical screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of allied health science college organized a camp on 11-10-2021 in HNI Autotech company, RIT Thandalam. Our internship students participated in the camp and eye screening was done for 45 patients .

<https://drive.google.com/file/d/1SaBBwmr53ROkrLvCVTHShOhkoW-qzQcx/view?usp=sharing>

ACTIVITY 124

Title of the Activity: Manavala Nagar, Thiruvallur 22.11.2021

Need of the Activity: Medical screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of allied health science college organized a camp on 22-11-2021 in Manavala Nagar, Thiruvallur. Our internship students participated in the camp and eye screening was done for 38 patients .

https://drive.google.com/file/d/1U7TzhQapwqWwHI2kaeqPwtkT9cG4_WzI/view?usp=sharing

ACTIVITY 125

Title of the Activity: Kachipattu Village camp 20.12.2021

Need of the Activity: Medical screening camp

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha college of allied health science college organized a camp on 20-12-2021 in Kanchipattu. Our internship students participated in the camp and eye screening was done for 39 patients .

<https://drive.google.com/file/d/1T1VmlD4lcIIBqk9oo2L3vmSZ0a740i3/view?usp=sharing>

ACTIVITY 126

Title of the Activity: Village Survey at Ulundai Village 30.10.2021

Need of the Activity: To Conduct a Village Survey on Village Infrastructure connectivity and Electricity requirements

Brief Description (Need/Impact/Action/Picture (if any)): The Village Survey was conducted and information was collected on basic Amenities, infrastructure, connectivity and electricity requirements. 20 students along with a faculty went for the survey. The data was collected from a few respondents. The survey will be completed once the Covid Situation improves.

<https://drive.google.com/drive/folders/1Zhrq3omYmm8sxhgTKjpdFZZltnppO1oq?usp=sharing>

ACTIVITY 127

Title of the Activity: Feeding Smart Right from Start 18.09.2021

Need of the Activity: The theme of the program is observed to raise awareness about nutritional and adaptive eating habits.

Brief Description (Need/Impact/Action/Picture (if any)): Interactive session was carried out by PBB.Sc., students who described food intake for all age groups like preschool, School going children & Adolescents. M.Sc., students explained about Nutritional anaemia, Vitamin A deficiency rich foods follow a healthy diet. Followed by that low cost nutritious rich foods was displayed and RDA, nutritional value of foods are presented for preschoolers (1 – 5 years), adolescence (13 – 15 years). All the nutritious foods displayed were given to the children. Posters were displayed and explained by the students regarding balanced diet food pyramid, Healthy food consumption, Childhood obesity, Iron rich foods posters. The children were assessed for their anthropometric assessments like Height, Weight and calculated BMI & IBW.

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ACTIVITY 128

Title of the Activity: Mega Vaccination Camp on Covid Vaccine 19.09.2021&26.09.2021

Need of the Activity: With a target of administering 15 lakh doses of COVID-19 vaccines, A total of 20,000 booths will be set up across the State to achieve the target.

Brief Description (Need/Impact/Action/Picture (if any)): Saveetha College of Nursing Students participated in Mega Vaccination camp on Covid Vaccine at Thirumazhisai, Sriperumbudur sub centre, Thandalam, Chettipedu, Sunguvarchathriram and Molachur. No of beneficiaries 44355.

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ACTIVITY 129

Title of the Activity: World Mental Health Day 11.10.2021

Need of the Activity: The theme of the program is Mental Health in an Unequal World

Brief Description (Need/Impact/Action/Picture (if any)): Roll Play, Health Talk & Mental Health Assessment were performed , 30 students from III year participated in the program. 60 Individuals from the community benefited through the program

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ACTIVITY 130

Title of the Activity: World Obesity Day 12.10.2021

Need of the Activity: The theme of the program is Every Body Needs Everybody

Brief Description (Need/Impact/Action/Picture (if any)): 30 students from III year B. Sc Nursing & 13 Students from PB.B..Sc participated in the program, Roll Play, Food Expo, BMI Assessment were performed ,30 Children from the community benefited through the program

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ACTIVITY 131

Title of the Activity: World Food Day 16.10.2021

Need of the Activity: Youth Red Cross (YRC) Society of SCON has participated in Cyclothon in marking of World Food Day on the theme “Pedal for Hunger Free Nation” at Besant Nagar in association with Food Bank (NGO)

Brief Description (Need/Impact/Action/Picture (if any)): 15 Students from III Year B. Sc (N) Participated in the event and rode the cycle up to 3 KM.

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ACTIVITY 132

Title of the Activity: Children’s Day Celebration 16.11.2021

Need of the Activity: the theme was Better future for better child

Brief Description (Need/Impact/Action/Picture (if any)): Dance, Games & Activities was conducted like Musical chair, bursting, Lemon in spoon.,Puppet show was exhibited by B.sc (Nursing) III rd year students about the history of Pandit Jawaharlal Nehru ,Total Beneficiaries of the program were 30 - 50.

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ACTIVITY 133

Title of the Activity: Mega COVID 19 Vaccination Camp 21.11.2021

Need of the Activity: Students of SCON Actively participated in COVID Mega Vaccination Camp in Kanchipuram & Thiruvallur

Brief Description (Need/Impact/Action/Picture (if any)): Students of SCON participated in Camp and vaccinated around 987 beneficiaries at Sriperumbudur and Sunguvarchatram.

ACTIVITY 134

Title of the Activity: Corona Awareness 23.10.2021

Need of the Activity: B.Sc(N) III Students had participated in Mime Show on Corona Awareness at Besant Nagar organized by Adyar Police District

Brief Description (Need/Impact/Action/Picture (if any)): Students performed mime on the topic "Corona Prevention." 15 Students from Saveetha College of Nursing Participated in the Program, 200 people Benefited through the program.

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ACTIVITY 135

Title of the Activity: Safe Diwali Awareness Programme 28.10.2021

Need of the Activity: Safe Diwali Awareness Programme at Govt Primary School, Madhuramangalam

Brief Description (Need/Impact/Action/Picture (if any)): Health Education on Fire safety awareness was conducted, 10 students from B.Sc IV Year conducted the program, 50 Members benefited through the program

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ACTIVITY 136

Title of the Activity: National Unity Day 30.10.2021

Need of the Activity: Saveetha College of Nursing celebrated National Unity Day to mark the 146 th Birth Anniversary (Rashtriya Ekta Diwas) of Sardar Vallabhbhai Patel

Brief Description (Need/Impact/Action/Picture (if any)): Inaugural Speech by Mrs.Mary Minolin , HOD, Department of Child Health Nursing . She emphasised the significance and importance of celebrating National Unity day in Colleges where students are motivated to maintain unity,integrity, peace, and to prevent threat. Other faculty also highlighted about the ‘Iron Man of

India’, a great social leader of our Indian history & Dr.Tamilselvi.S, Assistant Professor administered the Rashtriya Ekta Diwas Pledge.The students and faculty of SCON repeated the pledge

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ACTIVITY 137

Title of the Activity: World AIDS Day 02.12.2021

Need of the Activity: The theme of the program is END INEQUALITIES : END AIDS

Brief Description (Need/Impact/Action/Picture (if any)): Special address was given by Asst.prof Dr. sulimaam,Research supervisor (YRC Chennai district organizer) followed with presentation which is related to world AIDS day theme 2021- END INEQUALITIES : END AIDS-highlighting the fact that as much as the virus itself, the social stigma attached with it also greatly affects people and concept related to youth red cross principles of protection of health and life, service to the sick and suffering, promotion of national and international friendship to develop the mental and moral capacities of the youth. Students from Bsc I ,II, III, & IV Nursing were Participated enthusiastically like poster presentations based on World AIDS day theme. Best poster presentation was selected and distributed prizes to them.

<https://drive.google.com/drive/folders/1Zht82AM9EfefBUWcNx1Yb4HewvAQqpWC?usp=sharing>