

S. M. PATEL COLLEGE OF HOME CIENCE

Activity Report under Unnat Bharat Abhiyan (2019-2023)

Activity: 2 (May, 2023)

Organized Workshops

FOODS AND NUTRITION DEPARTMENT

Activity Report under Unnat Bharat Abhiyan: Date: 2/5/2023

The Unnat Bharat Abhiyan is a government scheme in India that aims to promote the comprehensive development of rural areas by fostering participatory and sustainable growth. It involves the adoption of villages by educational institutions, which work towards improving the socio-economic conditions of the community.

In this context, the Foods and Nutrition Department conducted an activity in the adopted village of Sihol on 2nd May 2023. The activity focused on promoting the socio-economic benefits of millets in the community. Millets are a group of small-seeded grasses that are rich in nutrients and have numerous health benefits.

The department distributed a Millets Kit, which included Finger millet, Kodo Millet, and popped amaranth seeds laddu, to the Primary Health Centre, worked as Anganwadi. Anganwadis are rural childcare centers that provide health and nutrition services to children and mothers.

Dr. Minal Chauhan, talked to create awareness among the Anganwadi workers about the benefits of millets and how to incorporate them into their diets. This initiative aimed to improve the nutritional intake of the community, especially considering the various health advantages associated with millets.

Under the leadership of Head of the Foods and Nutrition Department, Ms. Shazia Shazia, and with the able guidance of the Principal, Dr. Bhavana Chauhan, the entire activity was energetically carried out by Dr. Minal Chauhan, Dr. Tanvi Makwana, Ms. Vijaya Agarwal, and Ms. Bijal KaPatel.

By introducing millets and educating the community about their advantages, the Foods and Nutrition Department sought to contribute to the overall well-being and development of the adopted village under the Unnat Bharat Abhiyan. The project aimed to empower the community with knowledge and resources to make better nutritional choices, thereby enhancing their socio-economic conditions.



GPS Map Camera
Sihol, Gujarat, India
Opposite N L Patel High School, Navi Sinhol, Primary Health Centre, At Sihol, Sihol, Gujarat 388130, India
Lat 22.505909°
Long 72.858152°
02/05/23 10:46 AM GMT +05:30



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Family Resource Management Department:

Activity Report under Unnat Bharat Abhiyan: Date: (4/5/2023)

Department of Family Resource Management had conducted a workshop on Income Generating Activities on 4May 2023 at Amod village. The workshop was organized for under privileged women under Unnat Bharat Abhiyan. Ms. Kalpana Srivastava and 3 students of final year of the department gave the training of making shopping & gift bags of paper and different styles of jewelry. All the participants took active participation in the workshop. There were 18 participants for the workshop.



Chemistry Department:

Activity Report under Unnat Bharat Abhiyan: Date: (31/5/2023)

Chemistry Department of the college had conducted a workshop on Income Generating Activities on 31st May 2023 at Shilli village. The workshop was organized for under privileged women under Unnat Bharat Abhiyan. Ms. Trusha Lad has given demonstration of household cleansing agents like Phenyl, Dish washing liquid and Detergent powder to the villagers. All the ladies took active participation in the workshop.

