## Rural Health and Training Centre-Raghunadhapalem

## Personal Hygiene

A session on personal hygiene and balanced diet was organised and conducted at Government Higher primary schoolRaghunadhapalem. 80 school children were benefited from progamme. Awareness programme was conducted on 02-02-23 at school premisses. Children were taught about oral hygiene, keeping the body clean and hand washing methods were explained to the participants. Dr.Rizwan,Dr.Owais, Dr.Puneetha,Dr.Madhuri,Dr.Sapthavarshini, Dr.Anugna,Dr.Monika,Dr.Sowmya,Dr.Smitha,Dr.Monika and Dr.Tanuja Reddy actively participated and contributed towards the programme.

Programme was conducted under the banner of UBA and guided by Prof.Nithesh Kumar, UBA coordinator Department of Community medicine Mamata Medical college





