



**Bon Secours College for Women**  
NAAC Accredited with A++ Grade in cycle II  
UGC recognized 2(f) and 12(B) Institution  
Affiliated to Bharathidasan University, Tiruchirappalli  
Vilar Bypass, Thanjavur- 613 006, Tamil Nadu

**UBA REPORT**  
**Quarterly Report (April 2022-June 2022)**

**19.05.2022 & 20.05.2022 Vaccination Camp**

UBA Cell in association with NSS Units of Bon Secours College for Woman, Thanjavur organised the Vaccination camp from 19.05.2022 & 20.05.2022. Dr.Bharathi, General Consultant, Vallam presided over the camp. The camp was conducted to vaccinate booster dose to the villager in the adopted villages.



**02.06.2022-People's Pharmacy Program**

On behalf of the Prime Minister's Indian people Pharmacy Program, quality generic drugs are being sold to the masses through folk pharmacies in all districts of the country at reasonable prices. People's Pharmacy-Service and employment are at its core. The UBA Cell of Bon Secours College for Women, Thanjavur organised an awareness programme on 02.03.2022 based on the topic "People's Pharmacy Week Festival". Dr.Radhika Michael was the chief guest and she gave awareness about quality generic drugs available to all at reasonable prices, to market generic drugs through pharmacies and also about tablets. Ms.Usha

Nandhini, Alumnae of our college delivered a felicitation address. Mr. Amman Agencies Owner. Mr. Jayachandran, Red Cross District Treasurer also present in the programme. Awareness was created among the rural community.



## 21.06.2022: International Yoga Day Celebration

The UBA Cell of Bon Secours College for Women, Thanjavur celebrated the International Yoga Day on 21.06.2022. The Chief guests were Mrs. Radhika, Yoga Trainer and Mr. Selvam, Meditation Trainer, Heartfulness Institute, Thanjavur. Mrs. Radhika trained the participants in yoga skill. She demonstrated the meditation techniques to overcome stress and depression in order to lead a healthy and stress-free life. The yoga trainer Mr. Selvam demonstrated the breathing exercises for strengthening the heart and to avoid sudden heart attack. He also taught various asanas that are vital for physical and mental well-being. The participants from adopted villagers were greatly benefitted by the programme.

