

AISHE CODE: C-41174



Executive Members Meeting

5th April 2022

UBA Committee meeting was held on 5th April 2022 in the Food Science and Nutrition Lab of our college. The Members and Principal discussed regarding the village survey and the submission of the Utility Certificate and Certificate of Expenditure.

Village Survey – Keela Eral

9th April 2022

The primary work allotted under the UBA scheme is to complete the village survey. The adopted Village Keela Eral survey has been surveyed on 9th April 2022. 20 Students and 2 faculties volunteered themselves to survey the houses and 200 houses were surveyed. Survey has been completed in the village successfully.



Village Survey – Mudivaithanendal

28th April 2022

The survey was initiated under the UBA scheme in the adopted village Mudivaithanendal on 28th April 2022.







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Utility Certificate Submission

28th April 2022

According to the guidelines given by the reginal coordinator of UBA the utility certificate and certificate of expenditure has been prepared. The same is yet to be submitted to UBA Cell, Delhi on 30th April 2022

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Village Survey - Mudivaithanendal

7th May 2022

The primary work allotted under the UBA scheme is to complete the village survey. The adopted Village Mudivaithanedal survey has been surveyed on 7th May 2022. 25 Students and 2 faculties volunteered themselves to survey the houses and 280 houses were surveyed.



Eye Camp

19th May 2022

Unnat Bharath Abhiyan in collaboration with Agarwal Eye Hospital organized a free eye check up camp in the adopted village Keela Eral on 19th May 2022. More than 30 beneficiaries got benefited. 4 students and 2 faculties volunteered themselves in this activity.





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Gram Shaba Meeting

15th August 2022

In view of 75th Independence Day, the team members of Unnat Bharat Abhiyan participated in the Grama Shabha Meeting in the adopted villages Sindhalakarai, Vadakukaraseri, Ammanpuram and Keela Eral. During the meeting the members explained about UBA and its mission to the public.

Drawing competition was conducted to the students of Ammanpuram primary school and prizes were distributed.















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Training Programme in NIRDPR, Hydrabad

22nd August 2022

Unnat Bharat Abhiyan team members Dr.N.N.Krishna Veni, Dept of Computer Science and Dr.Bahavathy Thangam, Department of Commerce participated in five days training programme on Promoting Social Harmony and Social Service for GPDP from 22nd August 2022 to 26th August 2022 organized by National Institute of Rural Deveopment and Panchayti Raj, Ministry of Rural Development, Government of India, Hydrabad.

Each day had four different sessions which focus on training the participants in preparing the grama panchayat development plan and about the various project funding agencies were discussed. The trainees were given assignment on the preparation GPDP. The trainees were taken for field visit to RTP(Rural Technologyical Park) where the practical implementation of honey cultivation, mushroom cultivation, paper bi-products, neem bi-products, bio-gas preparation and various cost effective eco-friendly houses were showcased.









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Executive Members Meeting

15th September 2022

Unnat Bharat Abhiyan committee meeting was held on 15th September 2022. College Principal Rev.Dr.Sr.Rubha, Vice Principal Mrs.C.Sathyalakshmi, UBA Co-Ordinator Dr.N.N.Krishna Veni and the other UBA members (Mrs.Della, Mrs.Marithangam, Dr.Jeya Malar, Dr.Bahavathy Thangam) were in the meeting.

Action plan for the upcoming months were discussed in the meeting. A plan was made to arrange general medial camp, Eye camp and Dental camp in the adopted villages. Writing project proposal using local resources available in the village is discussed. The drainage problem of Ammanpuram was put into discussion to find the solution. Resolution on implementing an income generation project for UBA is taken.







POSHAN Abhiyaan Project – Anganvadi Visit

16th September 2022

The Rashtriya Poshan Maah is being celebrated during the month of September every year under POSHAN Abhiyaan, which was launched in 2018 under Ministry of Health & Family Welfare. As an initiative of triggering Poshan Panchayat for Phosan Maah, the Unnat Bharat Abhiyan members visited the anganvadi of our adopted village Sinthalakarai on 16th September, 2022.

There are 45 children under age 6(including new born) in the village. The height and weight (BMI) of each child is recorded. Among them 2 kids are malnourished. Our team members discussed about the reasons behind the malnourishment of those kids. As the outcome of the discussion, it was decided to give supplements to those 2 kids to improve their health to make the village 100% of kids without malnutrition.









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POSHAN Abhiyaan Project – Primary Health Centre

20th September 2022

As an extension of initiative of triggering Poshan Panchayat for Phosan Maah, the Unnat Bharat Abhiyan members visited the Primary Health Centre of our adopted village Keela Eral on 20th September, 2022.

With the support of the doctors of PHC we gathered 51 pregnant ladies of the village. According to their existing medical records 1 woman found anemic. She is provided with a diet chart prepared by the Department of Food Science & Nutrition of our college. All the pregnant ladies were educated on hygiene to be followed during pregnancy and also nutritional education to avoid low birth weight babies is also provided by Mrs.Marithangam, Assistant Professor, Department of food science and nutrition of our college. Remaining pregnant ladies were planned to meet on our next visit









Training Programme on By-Products Using Cow Dung

26th September 2022

As per the resolution taken in the Unnat Bharat Abhiyan committee meeting held on 15th September 2022, such as writing project proposal using local resources available in the adopted villages and implementing an income generation project for UBA, the UBA team analyzed and found that cow dung is the common resource available in all villages.

To make use of the cow dung in effective way Dr.N.N.Krishna Veni, UBA co-ordinator attended one day training on making value added products using cow dung in Sri Gokula Krishna Kosalaiya, Thiruvallur. Training was given in making of Cup Sambrani, Cumputer Sambrani, Mosquito mat and Diya Lamp using cow dung.







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उन्नत भारत अभियान UNNAT BHARAT ABHIYAN

Gram Shaba Meeting

2nd October 2022

In view of Gandhi Jeyanthi, the team members of Unnat Bharat Abhiyan participated in the Grama Shabha Meeting in the adopted villages Sindhalakarai, Vadakukaraseri, Ammanpuram and Keela Eral on 2nd October, 2022. During the meeting the members explained about UBA and its mission to the public.













Workshop On Indigenous Knowledge & Herbal Medicine Preparation 11th October 2022

Unnat Bharat Abhiyan committee organized a one day workshop on "WORKSHOP ON INDIGENOUS KNOWLEDGE AND HERBAL MEDICINE PREPARATION" on 11th October 2022. The resource person was Dr.M.Johnson Gritto, Assistant Professor, Department of Botany, St.Xavier's College, Palayamkottai, Tirunelveli. Principal Rev.Dr.Sr.Rubha preceded over the function. The resource person gave a brief introduction on traditional medicinal knowledge. In the morning session he explained about the diseases affected in human and the natural medicines to cure/prevent the diseases.

Afternooon the participants were divided into 10 groups and they were given training on preparing 10 natural medicines(Trikadugu Chooranam, Triphala Chooranam, Pancha Deepagini Chooranam, Amukkara Chooranam, Amukkara Legium, Semparuthi Legiyam, Pancha Theepagini Legiyam, Mathan Thailam, Karpuraathi Thailam, Minnsara Thailam). The participants were provided with the drugs needed to prepare the medicines and they were given the procedure to prepare the medicine. The participants prepared the medicine with joy and full involvement.

After the preparation of the medicine, it was displayed to the college students. Finally, certificate was distributed to the participants. Totally 24 students from Department of Commerce and 34 students from Department of Food Science and Nutrition participated in the workshop.



















One Day Orientation Workshop

17th November 2022

UBA Co-Ordinator Dr.N.N.Krishnaveni participated in One Day Orientation Workshop on Unnat Bharat Abhiyan for the Coordinators of Participating Institutions in South Tamil Nadu held at Ghandigram Rural Institute, Gandhigram, Dhindigul, Tamil Nadu on 17th November 2022. Mr.Ravichandran, Regional Coordinator, GRI, Dhindigul gave the brief details about the motive and scope of the workshop. He explained about the 9 themes of SDGs to be focused in UBA. Dr.Ramesh, Project Coordinator, from NIRD, Hydrabad was the resource person. He gave a detailed diagram on writing the project proposal and which area has to be concentrated in the adopted villages. Also, he shared his experience on the completed projects. A team from MSME came and shared their view on implementing things in adopted villages and the funds available in MSME that can be used for the development of the villages.





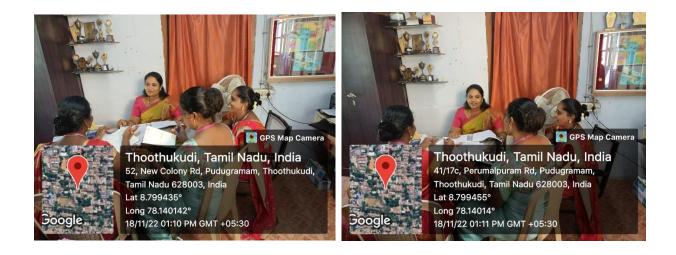


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Executive Members Meeting

18th November 2022

Unnat Bharat Abhiyan committee meeting was held on 18th November 2022. UBA Coordinator Dr.N.N.Krishnaveni, shared her experience of orientation workshop held at GRI Dhindigul and meeting held at Kamaraj College, Thoothukudi. 9 themes of SDGs were explained to the team members and discussion was went on selecting the themes to concentrate. As the outcome of the discussion, Theme 3(Child Safe Panchayat) was selected for future work in adopted villages. Also, the team decided to work on Theme 1(Healthy Panchayat) by assigning related topic as their academic projects to the final year students of Food Science and Nutrition Department students and Commerce Department students. Ideas were shared about how to receive the funds from MSME for the development of adopted villages







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7th January 2023

ANGANVADI VISIT - MUDIVAITHANENDAL

The Rashtriya Poshan Maah is being celebrated during the month of September every year under POSHAN Abhiyaan, which was launched in 2018 under Ministry of Health & Family Welfare. As an initiative of triggering Poshan Panchayat(Theme 2 – Healthy Village), the Unnat Bharat Abhiyan members visited the anganvadi of our adopted village Mudivaithanendhal on 7th January, 2023.

There are 39 children under age 6(including new born) in the village. The height and weight (BMI) of each child is recorded. All the children are healthy.









Children's Parliament In Panchayat Union Middle School, Sinthalakkarai.

12th January 2023

The Ministry of Panchayati Raj identified and recommended 9 SDG related themes for focussed interventions through Panchayats for the localization of Sustainable Development Goals (SDGs). As a warrior of Theme-3 (Child-Friendly Panchayat), to ensure that all children have access to safe and protected environment and access to quality education and health services, the UBA team of our institution decided to implement children's parliament in PANCHAYAT UNION MIDDLE SCHOOL, SINTHALAKKARAI.

The installation of student's parliament commenced with conveying the importance of the parliament, the roles and responsibilities of all the posts to the students on 5th January 2023 with the support of the Headmaster and teachers of the school. The students were encouraged and motivated to nominate themselves for various posts. Interested students filed their nomination on 12th January 2023 at 12.00 pm in the school premises. It was declared that the election for student's parliament will be held on 25th January 2023 at 10.00 am in the presence of Village Panchayat President and members.











S.NO	NAME OF THE POST	NAME OF THE CANDIDATE
1		1. E.Chandrababu
1	President	2. K.A.Kaniskumar
		1. K.Pooja Saraswathi
2	Vice-President	2. R.Lavanya
		3. M.Yasika Pranavi
3	Educational Minister	1. A.R.Santhosh
3	Educational Winister	2. K.Karthiga
4	Health & Hugiana Ministan	1. M.Madhavan
4	Health & Hygiene Minister	2. A.Saravana
5	Disgipling Minister	1. S.Sarojith
3	Discipline Minister	2. S.Karuppasamy
6	School Welfare Minister	1. M.Anna Lakshmi
0	School wenare Minister	2. K.Muniyalakshmi Priya
7	Environmental Minister	1. J.Radha Krishnan
/		2. S.Selva Ganesan
8	Information & Technology	1. E.Madhu Santhiya
	Minister	2. I.Mathankumar
9	Information & Broadcasting	1. T.Sathya Priya
ブ	Minister	2. K.Anushya





Student's Election & Voters Day Awareness Rally

25th January 2013

As a warrior of Theme-3 (Child-Friendly Panchayat), to ensure that all children have access to safe and protected environment and access to quality education and health services, the UBA team of our institution decided to implement children's parliament in PANCHAYAT UNION MIDDLE SCHOOL, SINTHALAKKARAI. The installation of student's parliament commenced with conveying the importance of the parliament, the roles and responsibilities of all the posts to the students on 5th January 2023 with the support of the Headmaster and teachers of the school. It was declared that the election for student's parliament will be held on 25th January 2023 at 10.00 am in the presence of Village Panchayat President and members.

In view of national voters' day, an awareness rally was organized on 25th January 2023 at 10.00 am at our adopted village Sinthalakarai. Panchayat President flagged the rally. Panchayat Vice-President, School Management committee President & Vice-President, school Head Master & Teachers, UBA Coordinators presided the rally. UBA volunteers of our institution and the students of Panchayat Union Middle School, Sinthalakari participated in the rally. Also, an awareness street play was performed by the volunteers to the public.









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Students Parliament election was held at the school premises at 11.30am. The students were excited and casted their votes. After completion of the voting process, the votes were counted by our UBA volunteers and the result was announced. The selected candidates were honored in the gathering. The new student's parliament council was formed. All the elected members shared their roles and responsibilities. The environmental minister of the council submitted a proposal to the President of the council and UBA Coordinator, requesting a nutri-garden in the school premises. The same has been accepted by the President of the council and UBA coordinator.





Finally, voters day pledge was taken by Students Parliament Members, students of Panchayat Union Middle School, Sinthalakari, UBA volunteers of our institution along with Panchayat President& Vice-President, School Management committee President & Vice-President, school Head Master & Teachers.









Gram Shaba Meeting

26th January 2023

In view of Republic Day, the team members of Unnat Bharat Abhiyan of our institution participated in the Grama Shabha Meeting in the adopted village Vadakukaraseri on 26th January, 2023. Gram Panchayat President, Clerk, PHC doctor, Women self-help group members and village public participated in the meeting. The issue regarding constructing road in all streets was discussed as a point in the meeting. The public requested for syntax tank for 2 streets to reduce water scarcity in their street. Also, the renovation of anganvadi building is discusses as it is in very damaged condition which is not safe for the children. Our UBA member and students explained about the importance of UBA in rural development.







Income Generation Through Value Added Products Using Cow Dung

2nd February 2023

In order to ensure income generation through skill training, entrepreneurship and employment (**Theme 1**), UBA team of our institution took a survey on common available resources of the villages to bring out entrepreneurs with zero investment in raw materials. UBA team analyzed and found that cow dung and corn husk were the common resource available in Sinthalakarai (adopted village). It was discussed to give skill training on value added products using cow dung to create employability in the village. Cow dung was chosen because of its simple processing methods and it is a zero-investment product.

As an initiative Dr.N.N.Krishna Veni, UBA co-ordinator attended one day training on making value added products using cow dung in Sri Gokula Krishna Kosalaiya, Thiruvallur on 26th September 2022. Training was given in making of Cup Sambrani, Cumputer Sambrani, Mosquito Repellent Stick and Diya Lamp using cow dung. The same training was given to the UBA volunteers of our institution on 28th September 2022 in our college premises.

A team of 5 students and 2 staff was formed for the production of value-added products using cow dung. They collected all the raw materials from the village Sinthalakari (adopted village) and started processing on it. Initially they made mosquito repellent stick using cow dung and few herbal leaves. It was tested by the UBA team for its effectiveness and it worked well. The sample of mosquito repellent stick was distributed to the self-help group members of the village and to the faculties of our college on 2nd February 2023. Our Principal Rev.Dr.Sr.Rubha, our Vice Principal Mrs.C.Sathyalakshmi and UBA Coordinator Dr.N.N.Krishnaveni distributed the samples.

UBA Coordinator requested the self-help group members to distribute the mosquito repellent stick to the village people and know their interest on doing the same as a startup. It was informed to the self-help members that our UBA team will train the interested people and also help them in promotion too.





















NUTRI GARDEN PROJECT

4th February 2023

Students Parliament was formed by conducting election in PANCHAYAT UNION MIDDLE SCHOOL, SINTHALAKKARAI on 25th January 2023. After the installation of the council, environmental minister of the council submitted a proposal to the President of the council and UBA Coordinator, requesting a nutri-garden in the school premises. The same has been accepted by the President of the council and UBA coordinator.

In action to the request from the environmental minister, the UBA team of our institution created a NUTRI-GARDEN in the school premises. The team planted varieties of medicinal plants, nutritional plants (Vegetable, fruits, green leaves, etc) and few ornamental plants. They also planted 3 coconut saplings. The main goal of setting up nutri-garden is to provide organic vegetables and fruits for the school kitchen. It is expected to get the first harvest in next 60 days. Through this nutri-garden, school kitchen will receive vegetables worth of Rs.100 per day. The Head Master of the school Mr.K.Senthil Kumaran and the Panchayat President Mr.Ayyadurai thanked and appreciated the efforts taken by our UBA team. The environmental minister of the school council and their team where given instructions/ideas on how to take care of the plants. It was a great experience for our UBA volunteers.



Holy Cross Home Science College, Thoothukudi.



Unnat Bharath Abhiyan













START UP TRAINING PROGRAM IN UBA VILLAGE

26th February 2023

In order to ensure income generation through skill training, entrepreneurship and employment (**Theme 1**), UBA team of our institution planned to initiate a start up in the UBA village Sinthalakarai. On 26th February 2023, UBA volunteers team gave training to the self-help group members on making natural mosquito repellent stick using cow dung. The initial raw materials and equipments for making natural mosquito repellent sticks were provided by our institution. Totally 18 ladies participated in the training programme and among them 10 ladies were interest to involve themselves in this start up.







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WORKSHOP ON LOCALIZATION OF SDGS AND COMMUNITY ENGAGEMENT PROGRAMMES OF UBA INSTITUTION

6th March 2023

Gandhigram Rural Institute, Dindiugal serving as the reginal coordinating institute our college organized a workshop on localization of SDGs and community engagement programmes of UBA institution. Recently UGC have clustered the 17 sustainable goals into 9 themes to be focused for rural development. The primary goal of the workshop is to make the participating institute to understand the 9 themes and to identify the theme that has to be concentrated in their UBA villages. The resource person Dr.R.Ramesh, Coordinator, UBA Subject Expert Group, NIRDPR, Hyderabad gave a clear idea on selecting the theme to be implemented in the villages. The participants were grouped according the theme they selected. The reginal coordinating institute GRI allotted two UBA executive members of Gandhigram rural institute for each theme to lead and guide the participating institute. Each group discussed about the themes they have selected and the shared their ideas to work on their theme.









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INAUGURATION OF

UBA CENTRE FOR RURAL ENTREPRENEURSHIP DEVELOPMENT (CRED)

7th March 2023

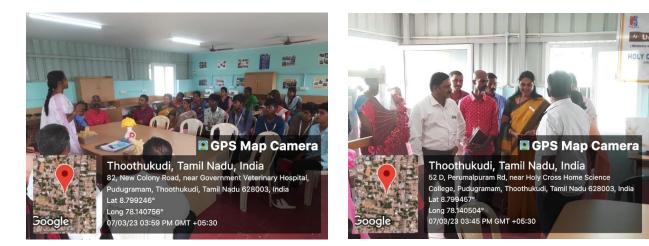
Unnat Bharat Abhiyan, Holy Cross Home Science College (AISHE Code:41174), Thoothukudi had a grand opening of an UBA CENTRE FOR RURAL ENTREPRENEURSHIP DEVELOPMENT in the college premises on 7th March 2023. The main objective of the Centre is to give training to people of UBA villages, through which they can get self-employment. Also, the Centre aims to register more numbers of startups in UBA villages.

Prof.K.Ravichandran, Regional Coordinator, GRI, Dindigul inaugurated the Centre. Dr.R.Ramesh, Coordinator, UBA Subject Expert Group, NIRDPR, Hyderabad gave a key note address. Dr.Sr.M.S.Ruba gave the felicitation. Mrs.Akila, Assistant Director, District Industries Centre, Thoothukudi explained about all the various schemes available and promised their support to us in future. An expo on various food processing was arranged by the Department of Food Science & Nutrition. The Department of Fashion Designing exhibited their skills and UBA showcased the products been prepared by the team. The resource persons were presented with a basket of products prepared by all the three mentioned above. Along with the guests, UBA team of our institution had a discussion on the activities that are to be carried out in UBA villages.

After the inauguration of the Centre, Prof.K.Ravichandran(Regional Coordinator), Dr.R.Ramesh(Coordinator,UBA Subject Expert Group, NIRDPR), Dr.Rubha(Principal) along with UBA team went for the field visit to the UBA adopted village Sindalakarai. A meeting was arranged with people. There was discussion about the UBA projects carried out in the village. The livelihood status of the village was analyzed. It was decided to provide training on tailoring, coil making and honey cultivation through a cluster approach by seeking support from Government Schemes. Also, it was decided to register a startup venture with a team of village women, college students and staff.





























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WORKSHOP ON DESIGN AND DEVELOPMENT OF MICRO-SCALE RURAL ENERGY TECHNOLOGIES

13th and 14th March 2023

UBA coordinator Dr.N.N.Krishna veni participated in 2 days workshop on design and development of micro-scale rural energy technologies, organized by National Coordinating Institute, IIT Delhi, sponsored by Ministry of Education, Govt of India. Various experts from IIT served as the resource persons and gave their valuable inputs on working in UBA villages. Half day field trip was given on the projects implemented by IIT Delhi in rural development.



