



# Sacred Heart College (Autonomous)

Tirupattur - 635601

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## UBA Report – 2023-2024

### AWARENESS PROGRAMME ON SUSTAINABLE DEVELOPMENT SCHEMES

Sacred Heart College in collaboration with Unnat Bharat Abhiyan conducted an awareness programme on Sustainable Development Schemes in kethandapatti on 05.09.2023. This awareness program aimed to educate the local community about various government initiatives and schemes that could empower them to lead a more sustainable and prosperous life. This program proved to be a fruitful endeavor in promoting sustainable development in Kethandapatti. The event was a significant step towards empowering the local community and encouraging them to embrace a more sustainable and prosperous future.





### **NATIVE BREED TREE SAPLING AND PALMYRA PLANTATION ON THE LAKE BUNDS**

Sacred Heart College in collaboration with Unnat Bharat Abhiyan conducted an awareness programme on Sustainable Development Schemes in kethandapatti on 18.07.2023. On Tamil Nadu day, the village Panchayat embarked on a commendable initiative to promote environmental conservation and beautification of the lake bunds. They distributed 100 native tree saplings and 300 palmyra seeds to kickstart tree plantation efforts. The dedicated female students played a crucial role by digging planting pits and ensuring the proper planting of saplings, followed by diligent watering and soil tightening to facilitate healthy growth. Protective fencing using thorny sticks was erected to shield the plants from potential harm. Meanwhile, the boys contributed by digging pits for the seeding of 300 palmyra seeds along the foreshore of Kethandapatti Lake bunds. This collaborative effort also saw the participation of MGNREGA workers, enhancing the success of this eco-friendly endeavor and underscoring the importance of community involvement in environmental conservation. The outcome of these activities was Students understood pragmatically the difficulty in planting trees and seeding of palmyra on the lake bunds, understood socialization with villagers, and worked as a team.





### **COLLECTION OF PALMYRA FRUITS FOR SEEDING IN THE LAKE BUNDS OF TIRUPATTUR**

Sacred Heart College in collaboration with Unnat Bharat Abhiyan conducted an awareness programme on Sustainable Development Schemes in kethandapatti on 19.07.2023. As part of the college's green initiatives, students actively engaged in the collection of palmyra fruits, demonstrating their commitment to sustainability and community involvement. Guided by village panchayat members, both girls and boys enthusiastically gathered palmyra fruits from various parts of the village. These fruits were meticulously packed into 50kg sacks, with each sack containing approximately 80-100 fruits. Throughout the day, the collective efforts of the students resulted in the collection of an impressive 30 sacks of palmyra fruits, which were then transported to the college in a Tata Ace goods carrier. In addition to their hands-on participation in this green initiative, the students took the opportunity to engage with the villagers in meaningful discussions after lunch. These interactions allowed them to gain valuable insights into the village's traditions, customs, employment opportunities, educational facilities, water sources, crops cultivated, and the local flora and fauna. This exchange of knowledge and experiences fostered a deeper connection between the college and the community, promoting a spirit of mutual learning and collaboration in their pursuit of sustainable practices. Students understand pragmatically the difficulty in the collection of

palmyra fruits, understand how to approach strangers, and gain knowledge about their livelihood and surroundings.



### **SEEDING OF PALMYRA ON THE LAKE BUNDS OF SOMALAPURAM**

Sacred Heart College in collaboration with Unnat Bharat Abhiyan conducted an awareness programme on Sustainable Development Schemes in kethandapatti on 15.08.2023. In a significant step towards green initiatives, the college commenced a large-scale palmyra seed plantation project on Independence Day, aiming to sow a total of 25,000 palmyra seeds. To kickstart this endeavor, 1000 palmyra seeds were thoughtfully planted by students along the picturesque lake bunds of Kethandapatti, in collaboration with the Kethandapatti Panchayat. The inauguration of this plantation initiative was a momentous occasion, with the esteemed presence of the Panchayat president of Kethandapatti, who officially inaugurated the event. Subsequently, students, driven by dedication and environmental consciousness, meticulously planted the palmyra seeds along the foreshore of the lake bund, setting a commendable example of community-led environmental conservation. This initiative fosters the growth of valuable Palmyra trees and underscores the importance of collective efforts in nurturing our natural resources for a sustainable future.





### **EXHIBITION AND AWARENESS PROGRAMS TO THE SCHOOL STUDENTS ON VARIOUS THEMES**

Sacred Heart College in collaboration with Unnat Bharat Abhiyan conducted exhibition and awareness programs to the school students on various themes on 16.08.2023 in Kethandapatti village. Students have actively explained to the children the various charts that they have prepared on a variety of topics like Banking, Insurance, Environmental protection and awareness, Consumer awareness and adulteration, addiction, etc. The school children also interacted actively with the students and got their doubts cleared.



### **AWARENESS ACTIVITIES TO THE VILLAGE PEOPLE ON VARIOUS COMMERCE CONCEPTS**

Sacred Heart College in collaboration with Unnat Bharat Abhiyan conducted Awareness activities for the village people on various commerce concepts useful to them also on basic lifestyle management on 16.08.2023 in Kethandapatti village. These activities aimed to empower and educate villagers on essential commerce concepts that could significantly benefit their lives. Furthermore, the initiative also focused on imparting valuable knowledge about basic lifestyle management.





## **AWARENESS PROGRAMMES ON VARIOUS TOPICS TO SCHOOL STUDENTS**

Sacred Heart College in collaboration with Unnat Bharat Abhiyan conducted an Awareness programme on various topics for school students on 23.08.2020 in Kethandapatti village. The awareness program was about Time management, manners and etiquette, social media, mobile addiction, Goal setting, communication skills, teamwork, Investment and savings, memory techniques, Consumer awareness, and Avoidance of drug usage. More than 80 students benefitted from this awareness program.



## **PLANTING SEEDS AND SAPLINGS IN THE VILLAGE**

Sacred Heart College in collaboration with Unnat Bharat Abhiyan planted seeds and saplings in Kasinayakanpatti village on 24.08.2023. The students planted 5000 palmyra seeds and 100 saplings in and around the lake of the village, a water body that provides irrigation and drinking water to the nearby villages. the students also interacted with the local community and learned about their environmental challenges and aspirations.





### **WARENESS PROGRAMME ON VARIOUS TOPICS**

Sacred Heart College in collaboration with Unnat Bharat Abhiyan conducted an Awareness program for village people and school students on various topics in Kasinayakanpatti village on 30.08.2023. The awareness programs were Awareness of Financial Literacy, like Savings of Money, Monthly Budget, Banking Transactions, Safety Usage of Debit and Credit Cards, having healthy relationships with people, Women Empowerment through Education, Menstruation System and Food Habits among female students. More than 60 students and 40 people benefited from this program.





## AWARENESS PROGRAMME ON VARIOUS TOPICS

Sacred Heart College in collaboration with Unnat Bharat Abhiyan conducted an Awareness programme for village people and school students on various topics in Kasinayakanpatti village on 31.08.2023. Awareness among the Consumers (MRP, Expiry, Packing, etc.), Awareness among the Consumers (Adulteration, Ingredients, etc.), Awareness of the importance of Blood Donation and Organ Donation, Awareness of the dangers of Alcohol consumption and other substances, and Awareness among young girl students on good touch and Bad touch. The students also planted saplings inside the school campus. More than 60 students and 40 people benefited from this program.



## **AWARENESS PROGRAM ON "MOBILE USAGE AND THE IMPORTANCE OF EDUCATION"**

Sacred Heart College in collaboration with Unnat Bharat Abhiyan conducted an Awareness programme for school students in Kasinayakanpatti village on 23.08.2023. The awareness program on "Mobile Usage and the Importance of Education" for school students was conducted successfully, alongside a comprehensive display of charts focusing on hygienic practices and disease prevention. The program was designed to educate students about responsible mobile phone usage and emphasize the critical role of education in their lives. Interactive workshops, informative presentations, and engaging discussions were organized to provide students with valuable insights into balancing mobile device usage with academic commitments. The chart display, on the other hand, served as a visual aid to promote general awareness regarding hygiene and disease prevention. These informative charts illustrated key practices for maintaining good hygiene, such as handwashing, proper sanitation, and vaccination, and highlighted their importance in preventing illnesses. The combination of these two awareness initiatives positively impacted the students, equipping them with knowledge and awareness to make informed decisions in their daily lives, both in terms of mobile usage and health.





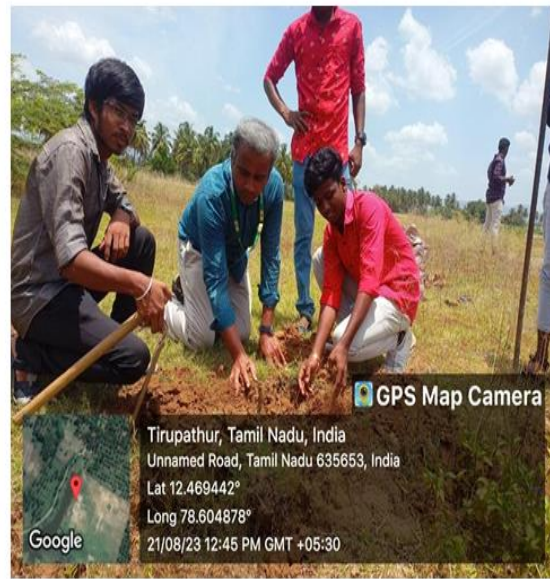
## **AWARENESS RALLY, HEALTH CHECKUP, AND PLANTING SAPLING**

Sacred Heart College in collaboration with Unnat Bharat Abhiyan conducted various activities for school students and village people in Kasinayakanpatti village on 24.08.2023. A multifaceted awareness campaign was successfully conducted in the school and village community. Firstly, a skit was performed to educate schoolgirls about the significance of napkin usage and menstrual hygiene, imparting valuable information to empower them in managing their health. Secondly, a rallying effort was organized to advocate for the banning of plastics in and around the village, highlighting the importance of environmental conservation. Moreover, a health-focused initiative resulted in the identification of vital health metrics within the community: 100 villagers reported their blood groups, 76 villagers disclosed their BMI measurements, and 35 individuals shared their hemoglobin levels, which will contribute to improved healthcare planning. To promote ecological sustainability, approximately 1000 palm seeds were planted in the village, while 30 plant saplings were introduced in both the school and the village, emphasizing the significance of afforestation and green spaces in promoting a healthier environment. This comprehensive campaign successfully addressed critical aspects of health, hygiene, and environmental conservation, leaving a positive impact on the school and village community.



## **PLANTING OF 1000 PALMIRA SEEDS AND SHADE-GIVING SAPPLINGS**

Sacred Heart College in collaboration with Unnat Bharat Abhiyan planted 1000 Palmira seeds and shade-giving saplings in Kasinayakanpatti village on 21.08.2023. The planting of 1000 Palmira seeds and a variety of shade-giving saplings, symbolizes a significant step towards ecological conservation and community development. The event was marked by enthusiastic participation from students, faculty members, and residents, who all came together to contribute to the greening of their surroundings. This endeavor not only aimed to enhance the region's biodiversity but also offered a sustainable solution to combat climate change and provide a greener, more comfortable environment for future generations.





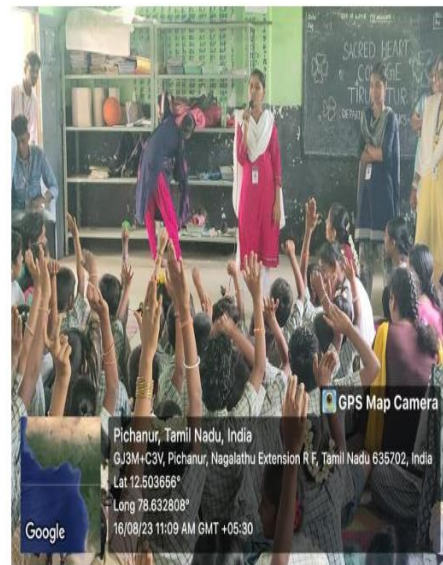
## **Fostering Holistic Education: Integrating Herbal Gardens, Math Activities, and Cultural Awareness.**

Sacred Heart College in collaboration with Unnat Bharat Abhiyan conducted various activities in Kasinayakanpatti village on 22.08.2023 for the school students. Firstly, the creation of a vibrant herbal garden within the campus not only introduces students to the fascinating world of botany but also instills an appreciation for natural remedies and the importance of biodiversity conservation. Secondly, the innovative approach to teaching mathematics through engaging activities has made the subject not only more enjoyable but also more comprehensible for our students. Lastly, the commitment to cultural awareness is exemplified through a series of cultural programs that not only celebrate diversity but also foster a sense of unity among our students. This holistic approach to education not only nurtures academic excellence but also cultivates well-rounded individuals who are socially aware and environmentally conscious.



## **AWARENESS PROGRAMME ABOUT EDUCATION AND GOOD AND BAD TOUCH**

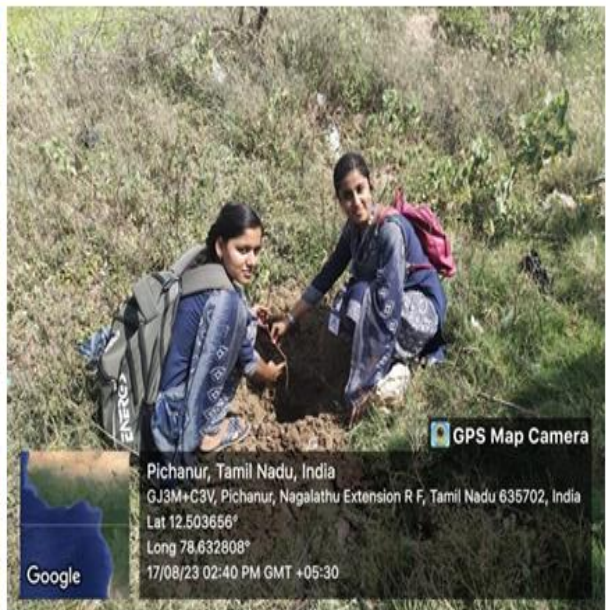
Sacred Heart College in collaboration with Unnat Bharat Abhiyan conducted an awareness programme in Kasinayakanpatti village on 16.08.2023 for the school students. A comprehensive awareness program on education and the concepts of good and bad touch for school students was conducted with great success. The program aimed to empower students with knowledge and skills to ensure their safety and promote a conducive learning environment. More than 100 students benefited from this program.





## PLANTED 150 SAPLINGS IN THE VILLAGE

Sacred Heart College in collaboration with Unnat Bharat Abhiyan planted 150 saplings in Kasinayakanpatti village on 17.08.2023. The event was marked by enthusiastic participation from students, faculty members, and residents, who all came together to contribute to the greening of their surroundings. This endeavor not only aimed to enhance the region's biodiversity but also offered a sustainable solution to combat climate change and provide a greener, more comfortable environment for future generations.



## CHECKUP AND AWARENESS FOR WELLNESS TO SCHOOL STUDENTS

Sacred Heart College in collaboration with Unnat Bharat Abhiyan conducted some events for the school students on 28.08.2023 in Periyagaram village. For the school children, the students tested their Blood group, Haemoglobin level, height and weight, Body Mass Index (BMI), and Blood pressure. After analyzing the health of every child, health counseling was given by students individually. The importance of health, sanitation, and hygiene is taught to the school students. Hygiene practices regarding hand washing and wellness awareness were given to school students.





## **AWARENESS PROGRAMME AND PLANTING SAPPLINGS IN VILLAGE**

Sacred Heart College in collaboration with Unnat Bharat Abhiyan conducted an awareness programme for the school students on 29.08.2023 in Periyagaram village. The programmes were awareness of the importance of bio fertilizers and biopesticides; and composting. The saplings were also planted in the village. More than 100 village people benefited from this program.



## LECTURE ABOUT IMPORTANCE OF THE ENGLISH LANGUAGE AND BASIC GRAMMAR TO SCHOOL STUDENTS

Sacred Heart College in collaboration with Unnat Bharat Abhiyan conducted some events for school students on 28.08.2023 in Mookanur village. The students taught about the importance of the English language to the school students and also taught basic grammar to the school students. The activities are also conducted to engage the students. More than 70 students benefited from this program.





**PLANTATION OF SAPLINGS AND AWARENESS PROGRAM FOR SCHOOL STUDENTS**

Sacred Heart College in collaboration with Unnat Bharat Abhiyan planted saplings on the school campus and also conducted an awareness programme for the school students on 29.08.2023 in Mookanur village. More than 30 saplings were planted in the school campus. The awareness program on plastic usage, social media, and the importance of palm trees and plantations was also conducted for the school students. More than 70 students participated in this awareness program.



**AWARENESS PROGRAMME ABOUT HIGHER EDUCATION AND GUIDELINES  
FOR GOVERNMENT POLICIES, SCHEMES AND SCHOLARSHIP**

Sacred Heart College in collaboration with Unnat Bharat Abhiyan conducted an awareness programme for the school students on 18.07.2023 in A.K Mottur village. The awareness program on the scope of higher education was conducted to insist on the importance of education and the need for education. This program also insisted on college education and their future careers. Then the students gave guidelines to the school students about government policies, schemes, and scholarships and guided them on how to apply and what the eligibility was for. More than 70 students benefited from this program.





## **AWARENESS PROGRAMME AND DISTRIBUTED SAPLINGS**

Sacred Heart College in collaboration with Unnat Bharat Abhiyan conducted an awareness programme and planted saplings on 18.07.2023 in A.K Mottur village. The awareness program on women's education through a drama to the village people. The girls created awareness on girl education which is one of the quickest and most efficient methods of encouraging economic growth in any nation. It is perceived to be the important key to terminating poverty and crime towards females. Educating the girls of a nation also promotes children's and women's endurance rates and health issues, and child marriage empowers women both at their workplace and also their home and assists in dealing with climate change. The drama also insisted on the importance of rural women's education and its impact on their potential to access and benefit from income improve their overall well-being and avoid child marriage. The village people actively participated in the program and enjoyed the drama to the fullest. The students also distributed 100 plant saplings to the villagers. More than 50 people benefited from this program.



## AWARENESS PROGRAMME ON SUSTAINABLE DEVELOPMENT SCHEMES

In collaboration with Unnat Bharat Abhiyan, Sacred Heart College conducted an awareness program in Kasinayakanpatti on sustainable development schemes on 05.09.2023. The event was a resounding success, bringing together residents and experts to discuss and raise awareness about sustainable practices. Various topics were covered, including renewable energy, waste management, and organic farming. The event featured informative presentations, interactive workshops, and community discussions, fostering a deeper understanding of the importance of sustainable development. Village people left the program inspired and equipped with the knowledge to contribute to a more sustainable and environmentally conscious future for their community.





## **SKILL TRAINING FOR WOMEN**

Sacred Heart College in collaboration with Unnat Bharat Abhiyan conducted a skill training programme in A.K. Mottur on 16.09.2023. The event provided a platform for residents to acquire valuable skills that can enhance their livelihoods and contribute to local economic development. Various training modules were offered, encompassing a wide range of skills, including vocational skills, digital literacy, and entrepreneurship. The program fostered a sense of self-reliance and entrepreneurship among participants, equipping them with the tools needed to pursue sustainable income-generating activities.



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