

(AUTONOMOUS)





## **UNNAT BHARAT ABHIYAN**

# ACTIVITY REPORT 2022-2023

S. No.	Date	Name of the Activity	Place	No. of Volunteers
1	12.09.2022	Social Immersion Programme	Senbagamadevi	38
2	07.10.2022	Plastic Free Campaign	Pallakuli	25
3	26.11.2022	One Step Towards Cleanliness Act	Akkaraipatti	50
4	08.11.2022	Women Empowerment Programme	Akkaraipatti	30
5	07.11.2022	Health And Hygiene Awareness Programme	Ramapuram	35
6	21.11.2022	Women Entrepreneurship Development Programme	Porasalpatti	30
7	26.01.2023	Adoption Village Survey	Akkaraipatti	100
			Porasalpatti	
			Mangalam	
			Kottapalayam	
8	26.01.2023	Participation In Gramasabha	Akkaraipatti	15
			Porasalpatti	
			Mangalam	
			Kottapalayam	
9	25.04.2023	Beautician Course Training	Porasalpatti	05
10	08.05.2023	Communication Training For Children	Akkaraipatti	25
			Porasalpatti	
11	09.05.2023	Eye Camp	Porasalpatti	35
12	10.05.2023	First Aid Training	Porasalpatti	45
13	10.05.2023	Stress Management	Porasalpatti	45
14	11.05.2023	Medical Camp	Akkaraipatti	40
15	11.05.2023	Self Development For Women	Akkaraipatti	50
16	11.05.2023	Swacchh Bharat Act	Akkaraipatti	50

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### 01. SOCIAL IMMERSION PROGRAMME on 12.09.2022

UBA of Mahendra Engineering College (Autonomous) has organized Social Immersion Programme on the theme "GO GREEN" on 12<sup>th</sup> September 2022 at Senbagamadevi Village. Our Students holding a placards in their hands and propagating the ill effects of plastic and its consequences. The residents of Senbagamadevi village listening to our Volunteers in rapt attention. They also donated seed balls, saplings and cloth bags to the residents and the lone Government School in Senbagamadevi Village.









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### 02. PLASTIC FREE CAMPAIGN on 07.10.2022

UBA of Mahendra Engineering College (Autonomous) associated with Civil Engineering Department organized a social activity on 07.10.2022. The event was organized to create awareness on ban plastics. The event was held at Pallakuli Village. Volunteers educated the people about the ground water table depletion because of plastic deposition by distributing Pamphlets. They also guided the public on different types of plastics, the toxicity in plastic and its ill effects. Around 25 Students and 4 Faculty members took part in this event.









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### 03. ONE STEP TOWARDS CLEANLINESS ACT

UBA of Mahendra Engineering College (Autonomous) organized mass Clean Campaign on the theme "One Step Towards Cleanliness" on 26.11.2022 at Akkaraipatti Village. The primary objective is to address the environmental hazards which is being created by the continuous use of Single - use Plastic in daily life. In this Campaign various activities such as collecting plastics from individual homes and Common places, insisted Petty Shop Owners to use cloth bags and awareness about ill effects of using plastic among Village people were done. Around 25Kg of Plastics were collected and handed over to Municipality. All students taken the Pledge to protect the Nature and Environment.











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#### 04. WOMEN EMPOWERMENT PROGRAMME

UBA of Mahendra Engineering College (Autonomous) organized Women Empowerment programme associated with Jan Shikshan Sansthan on 08.11.2022 at Akkaraipatti Village. The major aim was to familiarize the Women about their rights and polices of financial security of Women. So that they became aware and can get benefit of the Government polices. Mr. Saravanan, Co- ordinator of Jan Shikshan Sansthan , Namakakl and their team members were clearly explained about Sukanya Samriddhi yojna, Digital Transaction and financial Security of women. People from Akkaraipatti Village were got benefitted by this event.









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#### 05. WOMEN ENTERPRENEURSHIP DEVELOPMENT PROGRAMME

As part of UBA act, Our College organized a training Programme on Women Empowerment to create livelihood opportunities and buildup confidence among women from Porasalpatti Village. We have been provided 60 days Skill based training like tailoring, embroidery, Jute bag preparation and beautician Courses. We also provided raw materials like threads, needles scissors etc.By this training they can earn additional income for their family needs. It will increase the confidence level of uneducated women's to survive in the Society.









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### 06. HEALTH AND HYGIENE AWARENESS PROGRAMME

UBA of Mahendra Engineering College (Autonomous) organized Awarenes programme on "Significance of Health and Hygiene " on 07.11.2022 at Model School, Ramapuram. Dr. Prasath, Block Medical Officer, Ramapuramm was the Chief Guest. He took the session on the importance of Hygiene practices and explained the way one can keep health from diseases. He also emphasized personal hygiene, healthy diet and cleaning the surroundings.









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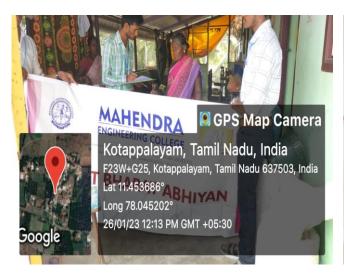


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### **07. ADOPTION VILLAGE SURVEY**

As the part of UBA, we have taken the survey in all the adopted villages on 26<sup>th</sup> January 2023. Our Faculty members and students participated in Grama sabha and noted the issues which they were discussed on the day. Also our students taken the basic household survey in each and every homes of the all 5 villages. It will help uds to identify the problems of the villages .











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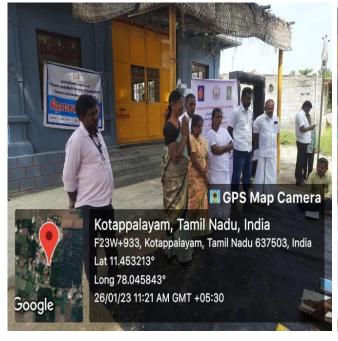
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#### **08.PARTICIPATION IN GRAMASABHA**

As the part of UBA we have participated in Gramasabha which was held on 26<sup>th</sup> January 2023 in all the adopted five Villages.











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### **09. BEAUTICIAN COURSE TRAINING**

Our College organized a training Programme on Women Empowerment to create livelihood opportunities and buildup confidence among women from Porasalpatti Village. We have been provided 60 days Skill based training like tailoring, embroidery, Jute bag preparation and beautician Courses. By this training they can earn additional income for their family needs. It will increase the confidence level of uneducated women's to survive in the Society.





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### **10.AADHAR CORRECTION CAMP**

We organized Aadhaar enrollemnt and corrections to the Akkaraipatti village people on 08.05.2023, especially conducted to reach out to the extremely poor and backward community people. Totally, 110 peoples got enrolled for Aadhaar which was carried out to enable them for avail many benefits from Government. The NSS volunteers helped to fill up the Aadhaar enrollment forms. The villagers expressed their gratitude to each member who contributed in this Aadhaar enrollment and correction camp.





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### 11.COMMUNICATION TRAINING FOR CHILDREN

UBA of our College organised Communication development training programme to the children from the Akkaraipatti and Porasalpatti. Our volunteers educated the children at their homes.





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## ACTIVITY REPORT 2022-2023 12. EYE CAMP

UBA of Our College organized Eye Camp on 9<sup>th</sup> May 2023 at Porasalpatti. Preparatory works such as arrangements of beds, sanitation, water, refreshments etc., were made by NSS Volunteers. A team of Doctors and Nurses from Aravind Eye Hospital, Salem rendered their service in Eye Camp. Dr. B. Manohar Babu, Chief Medical officer, Aravind Eye Hospital, Salem was the Chief Guest. A total of 150 people were benefited by this camp.



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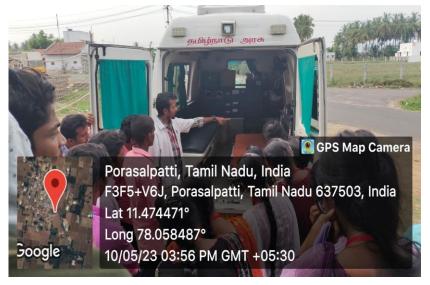
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### 13. FIRST AID TRAINING

First Aid Training program was organized. Mr.T.Jaganathan, District Co-ordinator, Ekam Foundation, Namakkal delivered a Lecture about the right first aid methods during emergencies. The demonstration on handling fractures, arrest bleeding and administering CPR were done. It was a very informative session for our volunteers, getting to know the nuances of saving a person at crucial times.





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### **14.STRESS MANAGENMENT**

We organised an Awareness programme on the topic of Stress Management assocaited with District Mental Health Programme Department (Mananala Mandram), Namakkal. Dr. A.Jayanthi, District, Psychiartist, and Mrs.S. Archana, Psychologist, DMHP, Namakkal were the Chief Guests. They addressed the people on the value of life and hope and how to handle stress properly.





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## ACTIVITY REPORT 2022-2023 14.MEDICAL CAMP

A General Medical Camp was organized on 11.05.2023 at Akkaraipatti. A team visited the campsite and tested the Blood Sugar Level, Blood Pressure Level of the village people and General body checkup was also done to them. A public announcement was made and door to door communication was done by our volunteers to inform people avail free health services. The response was excellent and around 110 villagers got benefited by this event. Especially the elderly people of those villages were the beneficiaries of this camp.







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#### 15.SELF DEVELOPMENT FOR WOMEN

In the Afternoon, an Awareness Programme about "Self Development of Women" was given by Mrs.S.Babypriskilla, Centre Administrator, One Stop Centre, District Social Welfare Office, Namakkal. Our volunteers and school students took part in this Programme. It was a very enriching session where the Volunteers had greatly benefited.





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### **16.SWACCHH BHARAT ACT**

We conducted temple cleaning activities on 12.05.2023. All the Volunteers participated in this cleaning programme. The UBA Coordinator divided the Volunteers in several groups. Each group members were allocated with a particular area for cleaning.







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## **17.SAPLING PLANTATION**

On the occasion of World Environment Day, saplings plantation programme was organized by UBA of our College on 5<sup>th</sup> June 2023 at Karumapuram to create an awareness regarding climate change and its adverse effect on us. The Guests of Honor for this programme was Mr.Rajendran, Assistant Engineer, National Highway Department, Namakkal. A total of 180 saplings were planted. Around 50 Volunteers took part in this event.

