

## **WORLD POPULATION DAY**

**Rural Health and Training Centre – Raghunadhpaalem**

**Mamatha Medical College -Khammam**

**Introduction:** World population day is observed every year on July 11 to shift the focus of the world on population issues. Due to public holidays for educational institutions, world population day is observed on 22-07-22 at Government High School Raghunadhpaalem.

**Purpose:** To create awareness of all the negative impacts that population growth has on the steady development of nature among adolescent children.

**Participants:** High school students, Teachers, Interns and RHTC staff

**Theme of World Population Day 2022:** “A world of 8 billion: Towards a resilient future for all-Harnessing opportunities and ensuring rights and choices for all ‘

In the Introductory session students were explained about – Population growth, demography, family planning, gender equality, child marriage, right to health and mother and child health. Importance of reproductive health was discussed with adolescent children. It was told that over population results in leading to non-availability of natural resources. Students were told about need and importance of plantation of trees. It was told that rapid growth of population leads to problems like poverty, malnutrition, unequal distribution of wealth etc.



### **Activities Conducted**

**Poster making:** On this vocation Poster making competition was organised and students expressed concern over increase in population and its effects on environment through their posters. First, second, Third Prizes and consolation prizes were distributed to the participants.



**Speech Competition:** In order to improve the soft skills and assess their knowledge about increasing population, students from 8<sup>th</sup>, 9<sup>th</sup>, and 10<sup>th</sup> standard participated in the competition. The judges for the competition were Teachers and Interns of Mamatha Medical College. The participants delivered their speeches with great confidence and shared their knowledge about demography, reasons for population growth, and controlling measures. Best presenters received prizes for their efforts. All students were appreciated for their efforts.









**Programme organisation:** Programme was organised by Mrs. Sowmya, Rural Health Centre. Credit for success of the programme goes to Interns, All Staffs of Rural Health Centre. Students of Government high school were actively participated in the programme under the guidance of Teachers. Programme was conducted under Unnat Bharath Abhiyan Programme. Insights form Dr.Nithesh Kumar -Professor, UBA coordinator Department of Community Medicine, Mamatha Medical College truly appreciated. Heartfelt thank you to Headmistress and Teachers of Government high school Raghunadhapalem.

**Conclusion:** Overpopulation is serious problem in the present scenario. We all should work together to solve this problem. If not, in future we may need to face scarcity of resources and earth will no longer be liveable place.